

Wyper, G. M.A., Mackay, D. F., Fraser, C., Lewsey, J., Robinson, M., Beeston, C. and Giles, L. (2023) COVID-19 and commerce complicate assessing the impact of minimum unit pricing for alcohol on health outcomes in Scotland – Authors' reply. *Lancet*, 402(10399), pp. 368-369. (doi: 10.1016/S0140-6736(23)01251-5)

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https://eprints.gla.ac.uk/301119/

Deposited on: 20 June 2023

Invited correspondence – Authors' reply

1 COVID-19 and commerce complicate assessing the

2 impact of minimum unit pricing for alcohol on health

3 outcomes in Scotland – Authors' reply

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19 Word count

20 395 words

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We thank Dr Hsu for their correspondence on our study that evidenced the health 21 benefits of the implementation of alcohol minimum unit pricing (MUP) in Scotland.¹ 22 Dr Hsu highlights that the COVID-19 pandemic increases the uncertainty of our 23 study findings, a limitation we previously outlined. This is not a unique issue and is 24 one facing any policy implemented prior to the COVID-19 pandemic which is being 25 evaluated during the pandemic period. Due to the widespread pandemic shock, 26 27 there is no perfect way to account for all pandemic-related uncertainty. To reflect this, we avoided being selective and adopted several pre-specified sensitivity 28 analyses.² This inclusive approach allowed for triangulation over how each analysis 29 30 altered the measured health impact of the policy.

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Our main analysis incorporated how differences in pandemic-related restrictions varied across time and separately for Scotland and England, using the Oxford COVID-19 Government Response Tracker to adjust our statistical models.³ This allowed us to account for periods when alcohol could not be sold in on-trade premises, and periods of intense pressure on the National Health Service in Scotland and England. Previously it has been shown that the timing and scale of early pandemic restrictions, and their impact on alcohol sales, were similar in both Scotland and England.4 We previously acknowledged that whilst this accounts for some pandemic-related uncertainty, increased uncertainty during this period likely remains. We found that the first 32 months of the policy was associated with a significant 13.4% decrease (95% CI –18.4 to –8.3) in deaths wholly attributable to alcohol consumption. The cleanest approach to remove all pandemic-related uncertainty was to assess the policy impact using the pre-pandemic follow-up period only. Under this approach, MUP was associated with a significant 13.1% decrease (95% CI -18·9 to -6·8) in deaths wholly attributable to alcohol consumption in the first 20 months of the policy. Study findings were consistent across all of our different sensitivity analyses, thus increasing our confidence of the effect direction, and size, associated with the MUP policy.

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Dr Hsu also highlights that there were specific fluctuations in the rate of deaths wholly attributable to alcohol consumption. Our statistical modelling accounted for this, as adjustments for underlying temporal and seasonal trends were incorporated. Furthermore, we minimised any bias associated with temporal fluctuations through measuring outcomes over a long pre-intervention study period in both Scotland and England, and utilised the maximum follow-up time available.

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GMAW, CF, CB, and LG report funding from the Scottish Government. All other authors declare no competing interests.

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