## LOCAL HEALTH

NILANJANA MANNARPRAYIL RYAN MURRAY CLAIRE LOBBAN SEAN SMYTH

We define the future of *local* as the immediate interactions and connectivity of an individual with their phygital world and *health* as an ongoing, ever-changing, ever-evolving ecosystem of shared knowledge and connectivity.

We built a new system to help support us into a new age in 2030, away from the Anthropocene and into the Symbioscene, where existing together means being one with the environment surrounding us. A true partnership between human and ecological understanding, blending to regenerate. Our future world deals with viewing the life cycle of a human being to be transformative. How do we view rituals of birth and death in 2030? What if you were eternalAlsed?

In our eco-authoritarian post-Anthropocene world, it is imperative for humanity as a collective to realign their values to form hyperlocal communities which tie into a more extensive system of intermodal networks.

These communities have controlled symbiotic management, where collective intelligence creates a proactive system to reinforce regeneration. The values and needs of the system are accumulated through key stakeholders: humans, nature and the symbioscene, to maintain a regenerative health continuum ecosystem.







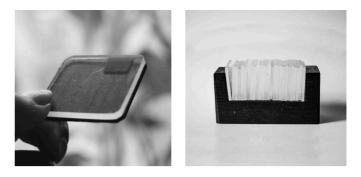
# **MEMORY MAP**

NILANJANA MANNARPRAYIL

#### People are dynamic, and so are their memories. They deserve to be showcased likewise.

In our future world, people are more likely to move cities frequently. The age-old question of where you are from becomes increasingly tricky to answer. Memory Map comes to your aid by showcasing your past through a new format. Unlike traditional methods of describing your past rooted in a location, Memory Map places your memories on different tangents beyond just location by segregating them through people, places, objects, and feelings. With every new experience, the proximity-based map shifts.

By placing this data within Holistic Health Records, patients may easily convey difficult experiences, making them feel comfortable within new communities. Synthesising Holistic Health Records can also lead to a more robust collective experience than a standalone memory, creating new dynamic methods of communication. This data can also be transferable, leading to new interactions with other people and a collective memory bank within communities.

















CU CA - *Cultures of Care* - is a collective intelligence system that aims to forecast, model, predict, test and prototype cultures of care in effort to globalise local health. Thanks to CUCA, Primary Health Care practices across the globe will have the opportunity to receive guidance on how to better the experience of care for them and its patients.

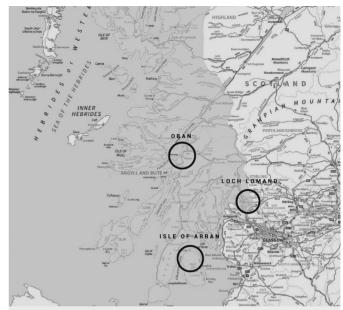
CU CA is able to measure parameters of localised care practices globally and generate methods of care it feels an area could benefit from. CU CA has the ability to run, track, test and prototype it's propositions in real time to see if it's suggestions on better, more efficient care practice has been effective or not. It can examine care culture and regenerate it's prototypes for individual community needs. CU CA is aimed at being accessed by primary health care professionals, the public will benefit as the system is working to continually improve their culture of care.

### **JORD** CLAIRE LOBBAN

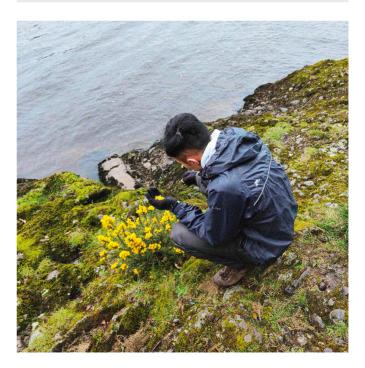
*JORD* is a live program, symbolising human and nature indicator species in which their behaviours indicate nearby environmental health.

Within this project, I am analysing the synthesis of a new ecosystem understanding, investigating deeper how we can work collaboratively with nature rather than simply taking inspiration. This ultimately will benefit communities, giving them an opportunity to grow stronger with connection to their heritage and local folklore.

By working together with the environment through foraging local flora in order to create natural ink - JORD encourages engagement and contribution to a lineage database, tracking illustrations produced using other rare flora.



MATERIAL LOCATION MAP











### BACK 2 BASICS SEAN SMYTH

In the UK, most people consume more calories than the government suggests. Whether it be as a result of convenience or an inability to prepare nutritionally balanced foods, the consumption of too much sugar, unhealthy fats and salt is staggering. Often this is down to the general public being unable to comprehend the nutritional information often found on products. The traffic light system on a product to indicate its nutritional value is a great way to allow people to easily understand the 'healthiness' of a product, although, it has been argued it is a mere interpretation of the quality.

Working closely with experts in a variety of fields falling under the umbrella of 'health' was extremely helpful and insightful which in turn drove the outcome of this project. I found that due to the nature of drawing attention to calories, it can lead to obsession over how many one consumes, and this then overshadows the quality of the food or drink. For example, eating something less calorific but nutritionally weak, is likely to be the preferred choice to something high calorie whilst being highly nutritious.

*Back 2 Basics*' is a middle ground and sustainable alternative to the current food packaging, it keeps the simplistic colour-coding system but eliminates the numerical values. Although speculative, I predict in the year 2032 obsessive calorie counting being a real epidemic mostly brought on by the unrealistic beauty standards found on the likes of social media.