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2 **Review Article**

3 **A review of bovine colostrum preservation techniques**

4 Katharine Denholm<sup>a\*</sup>

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6 <sup>a</sup> *Scottish Centre for Production Animal Health and Food Safety, University of Glasgow School*  
7 *of Veterinary Medicine, 464 Bearsden Road, Bearsden, Glasgow, G61 1QH, Scotland*

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11 \*Corresponding author. Tel.: +44 141 330 1829

12 *Email address:* [Katie.denholm@glasgow.ac.uk](mailto:Katie.denholm@glasgow.ac.uk) (K. Denholm).

13

14 **Abstract**

15            Preservation of colostrum for neonatal dairy calves has been seldom studied in  
16 recent years with much of the peer reviewed literature published in the 1970s and 80s. First  
17 milking colostrum is high in bioactive immune enhancers such as immunoglobulins,  
18 lactoferrins, lysozymes and cytokines and is vital to confer passive immunity to newborn  
19 dairy calves to promote their health, welfare and productivity. Bovine colostrum is  
20 advisedly limited from bulk milk supply for the first 8 milkings post calving due to high  
21 somatic cell counts and the risk of antimicrobial residues. As such, many producers refer to  
22 ‘colostrum’ as not only the first milking post calving, but also the aforementioned ‘transition’  
23 milk. Colostrum is preserved in order to protect supply for feeding when production may be  
24 poor or where there is a glut of colostrum such as in seasonal calving systems. There are  
25 multiple reasons for newborn calves not to have access to their dam’s colostrum, including:  
26 multiple births, acute mastitis or maladapted maternal behaviour, especially in first lactation  
27 heifers. Shortages in colostrum may also be precipitated by purposive discarding of  
28 colostrum from cows infected with *Mycobacterium avium subsp paratuberculosis* and  
29 *Mycoplasma bovis*. Broadly, colostrum may be preserved using low temperature  
30 (refrigeration or freezing) or chemical preservatives. The aim of this scoping review article  
31 was to identify options for preservation and gaps in research and to propose best practice  
32 for colostrum preservation.

33 *Keywords: preservation, colostrum, bovine, review*

34

35 **Introduction**

36 Calves are born agammaglobulinaemic, and are dependent on the timely consumption of  
37 maternal colostrum in sufficient volume and quality to confer immunity in the first few  
38 weeks of life through passive transfer (Godden *et al.* 2019).

39 There are multiple reasons for newborn calves not to have access to their dam's  
40 colostrum, including: multiple births, acute mastitis or maladapted maternal behaviour,  
41 especially in first lactation heifers (Wereme *et al.* 2001). Shortages in colostrum may also be  
42 precipitated by purposive discarding of colostrum from cows infected with *Mycobacterium*  
43 *avium subsp paratuberculosis* and *Mycoplasma bovis* (McGuirk and Collins, 2004).

44 According to published literature, 90% of Irish dairy producers store colostrum, while  
45 colostrum is routinely stored on 89% of large dairy farms in North America (Cummins *et al.*  
46 2017). Data on colostrum storage in the UK is limited, but recent survey data from Scottish  
47 farms found that 24/35 (68.6%) of farms stored colostrum and 22/24 (91.7%) of these used  
48 freezers to store colostrum (Haggerty *et al.* 2021).

49 In the UK, colostrum is often harvested and fed to calves later, most usually left in  
50 uncovered buckets at room temperature for extended periods (Haggerty *et al.* 2021).  
51 Bacterial species double in numbers every 30 minutes at room temperature (21°C) and as  
52 such unpreserved colostrum feeding to neonatal calves should not be delayed (Stewart *et*  
53 *al.* 2005).

54 A high proportion (36-42%) of individual colostrum samples exceeded TBC  
55 thresholds (>100,000 CFU/ml) in international literature (Fecteau *et al.* 2002; Morrill *et al.*  
56 2012; Phipps *et al.* 2016), while approximately 90% of pooled colostrum samples were

57 highly contaminated (Denholm *et al.* 2017b). McAloon *et al.* (2016) demonstrated that 56%  
58 of colostrum samples collected from Irish dairy farms were above the standard TBC and TCC  
59 thresholds; while in Scottish samples 31% and 27% failed to meet TBC and TCC thresholds  
60 respectively (Haggerty *et al.* 2021). This is comparable to estimates from Canadian dairy  
61 herds where 36% of samples exceeded TBC thresholds (Fecteau *et al.* 2002).

62 Bacterial contamination comes from the cows' udder, milking equipment, storage  
63 and feeding equipment (Donahue *et al.* 2012; Godden *et al.* 2019). As such, every effort  
64 should be made by producers to minimise bacterial contamination of colostrum through  
65 scrupulous hygiene practices, including: cleaning of cows' teats; thorough scrubbing of  
66 buckets and feeders with hot water and use of a detergent to break down the fatty residues  
67 deposited by colostrum. Some farmers also use sterile bags to collect and store colostrum  
68 and these may also be pasteurised (<https://dairytechinc.com/perfect-udder>).

69 Coliform species in particular have been shown to impair IgG absorption (Gelsing  
70 *et al.* 2015), through a number of mechanisms (Johnson *et al.* 2007). Firstly, physical binding  
71 of the IgG by microbes within the gastrointestinal lumen blocks their uptake across the  
72 enterocytes. Secondly, pathogenic bacteria may attach and damage intestinal cells meaning  
73 their permeability is reduced. Thirdly, when these pathogenic bacteria damage intestinal  
74 cells there is accelerated gut closure. Fourthly, bacteria physically block absorption  
75 channels of the immunoglobulin molecules (Corley *et al.* 1977; James *et al.* 1981; Staley and  
76 Bush, 1985). Bacterial contamination could also include specific disease-causing calf  
77 pathogens such as *E.coli*, *Salmonella* species, *Mycoplasma* species or *Mycobacterium avium*  
78 *paratuberculosis* (Stewart *et al.* 2005; McAloon *et al.* 2016).

79 If leaving colostrum or milk out for prolonged periods at ambient temperatures or if  
80 bacterial counts are high (as they have been shown to be) then there is a place for some  
81 sort of colostrum preservative. Colostrum preservatives may also act to minimise decline in  
82 IgG concentration in colostrum with time (Denholm et al. 2017a), but the mechanism by  
83 which this occurs has not been established.

84 The aim of this scoping review article was to identify options for preservation and  
85 gaps in research and to propose best practice for colostrum preservation.

### 86 **Measures of preserved colostrum quality**

87 Measures of performance for colostrum preservation include: colostrum composition  
88 (including fat and protein), immunoglobulin concentration (IgG >50g/L); bacterial counts  
89 (<100,000 CFU/ml TBC and <10,000 CFU/ml coliforms); pH; serum IgG concentrations in  
90 calves (IgG >10g/L); calf morbidity (<10%) and mortality (<2%); palatability and average daily  
91 gains (>0.9kg/calf/day).

### 92 **Colostrum pH and acidification**

93 Normal pH of colostrum is 5.59- 6.42 (Stewart *et al.* 2005; Cummins *et al.* 2017; Hyrslova *et*  
94 *al.* 2020). Lowering the pH of colostrum is thought to inhibit microbial proliferation,  
95 however most of the work on manual acidification by chemical additives has used milk or  
96 milk replacer, rather than colostrum.

97 Early work by Wheeler *et al.* (1980) showed that the palatability of colostrum was  
98 negatively influenced by increasing concentration of acid preservative. Calves refuse more  
99 milk replacer preserved at pH 4.2 than 5.2, since low pH colostrum and milk is unpalatable

100 (Hill *et al.* 2013). Collings *et al.* (2011) demonstrated rejection of milk replacer acidified to  
101 pH 4.3-4.4, however calves still seemed motivated to suck acidified milk (Todd *et al.* 2018).

102 Todd *et al.* (2016) also showed that milk replacer acidification tended to be  
103 associated with earlier solid feed consumption (presumably due to a palatability issue with  
104 the acidified liquid feed); while Coelho *et al.* 2020 showed no effect on feed intake when  
105 acidified milk, milk replacer and whole milk were compared. It is worth noting that in the  
106 same study, feeding acidified milk negatively affected calf weight gain compared with whole  
107 milk, however in other work, calves fed acidified milk and non-acidified milk did not show  
108 any differences in average daily gain (Ribeiro *et al.* 2009, Hill *et al.* 2013). Acidified milk has  
109 also been reported to increase the incidence of alopecia and diarrhoea in calves (Campos *et*  
110 *al.* 1986).

111 Previous research documented a reduction in immunoglobulin absorption in calves  
112 fed colostrum of low pH (pH = 4.65; Foley and Otterby 1978), but a more recent study  
113 suggested that a pH as low as 5.0 did not affect the absorption of IgG in calves (Quigley *et al.*  
114 2000). It has also been shown that colostrum total bacteria counts (TBC) were negatively  
115 correlated with pH (Pearson  $r = -0.87$ ), indicating that a greater TBC was associated with a  
116 lower pH (Cummins *et al.* 2017).

117 Separation of milk and colostrum occurs as pH is lowered to 4.2 and gentle agitation  
118 is needed to re-homogenise milk. There is little evidence that acidification affects nutrients  
119 in milk or milk replacer or utilisation of these by the calf. A balance must be struck as if pH  
120 is too low calves will not drink and if pH is too high, the milk will not be preserved leading to  
121 spoilage.

122

123 **What is colostrum preserved with?**

124 Colostrum may be preserved by the addition of chemical preservatives; low temperatures  
125 (freezing and refrigeration) or by addition of bacterial cultures. Colostrum may also be  
126 preserved by 'natural' aerobic or anaerobic fermentation.

127 Low temperatures and low pH have been shown to slow bacterial growth (Stewart et  
128 al. 2005). *Mycoplasma* species can survive at pH in excess of 5 and *Salmonella* and  
129 *Mycobacterium avium paratuberculosis* (MAP) at pH in excess of 6 and 7 respectively.  
130 Optimal pH for growth of various pathogenic bacterial species (including *Escherichia coli*,  
131 *Clostridia sp.* and *Salmonella sp.*) range from 6-7.5 (Anderson 2008).

### 132 **Preserving colostrum using chemical additives**

133 Acid preservatives present a number of safety concerns. Some acids are available in  
134 powdered form making them easier to handle than caustic liquids. However, dust can  
135 irritate the eyes, nose and throat. Dry products will also absorb moisture so need to be kept  
136 in an airtight container, which has practical implications for on farm storage. Gloves,  
137 protective goggles and long sleeves are recommended as well as careful handling and  
138 immediate hand washing.

139 Numerous acids have been tested in colostrum and in cheese making to limit microbial  
140 growth. Acids can be short chain organic acids including citric, acetic formic, propionic and  
141 lactic acids. This approach may be complemented by the addition of low concentrations of  
142 specific lipid-soluble weak acids, for example, benzoic and sorbic acids. The combined effect  
143 of a low pH plus a high weak-acid concentration leads to acidification of the cytoplasm,  
144 which is usually sufficient to restrict microbial growth, but may also have other specific  
145 effects on cell activity (Booth and Stratford 2003). Acidification of colostrum may be  
146 problematic due to the decomposition of lactose, which reduces digestibility. Puppel *et al.*



147 (2019) showed that the absorbability of all colostral elements of acidified colostrum is  
148 reduced (in comparison with fresh colostrum). IgG absorption is also depressed in  
149 an acidic environment as the mechanism of non-selective pinocytosis by which IgG is  
150 transported across the intestinal epithelium is pH-dependent (Heinrichs and Elizondo-  
151 Salazar, 2009). Acid tolerant yeasts and moulds may contribute to poor palatability of  
152 colostrum and degradation of nutrients (Drevjany *et al.* 1980).

153 Many of the trials conducted in the 1970s and 1980s advocated dilution of acidified  
154 colostrum with water, which adversely affects calf growth rates by diluting the nutrients in  
155 the feed. The efficiency of feeding pasteurized and acidified waste milk were comparable in  
156 some work, and the acidification of waste milk was deemed an acceptable labour-saving and  
157 diarrhoea-preventing feed for young calves (Zho *et al.* 2017).

#### 158 *Citric acid*

159 Although citric acid is a well-recognised preservative in food, the effectiveness of citric acid  
160 as a preservative in feeding stuffs and water for drinking has not been sufficiently  
161 demonstrated (Matsuda *et al.* 1994). Inhibition of a wide range of bacteria and fungi  
162 occurred only at concentrations above 25 000 mg citric acid/L, which are greater than the  
163 recommended use concentration of citric acid in feed and corresponding concentration in  
164 water for drinking (European Food Safety authority (EFSA). Citric acid is safe (according to  
165 USFDA (United States Food and Drug Administration) and EFSA) and can be used legally  
166 without restriction in the USA at rates of 15000mg/kg in feed and 5000mg/L in water in  
167 Europe.

168 Canning *et al.* 2009 added citric acid to whole milk and pH was maintained at 4.5 for  
169 about 4 days. In addition to the antimicrobial effect of citric acid (by lowering pH), studies

170 have indicated that the chelating effect of citric acid also inhibits bacteria. By chelating or  
171 binding metal ions, the substrate for bacterial growth is diminished in the food, thus  
172 influencing growth (Søltoft-Jensen and Hansen 2005).

173 The New Zealand livestock industry has been concerned with the eradication of  
174 *Mycoplasma* species (sp.), first identified in New Zealand in 2017. There are a number of  
175 practical guidelines developed by New Zealand industry bodies (Beef and Lamb NZ and  
176 DairyNZ) on the acidification of milk using citric acid to mitigate *Mycoplasma* sp. (see Figure  
177 1).

#### 178 *Propionic acid*

179 Using propionic acid (available in liquid form) to acidify milk at a concentration of 1% and a  
180 rate of 35-40ml/gallon resulted in a variation in pH of milk from 4.1 to 5. Milk acidified with  
181 propionic acid was not well accepted by calves as it has a pungent, rancid odour. There are  
182 safety concerns for liquid propionic acid, including burning of the skin and irritation of  
183 mucous membranes. The acid is also corrosive to most metals. Despite this, propionic acid  
184 is safe (according to USFDA and EFSA) and can be used legally without restriction in the USA  
185 and at rates of 10-30g/kg in feed.

186 Muller and Syhre (1975) found that propionic acid maintained pH after 23 days of  
187 fermentation, in comparison with lactic acid and 3 bacterial cultures (*Streptococcus lactis*,  
188 *Streptococcus tbernopbilus*, and *Lactobacillus bulgaricus*, 1%).

189 Jenny *et al.* (1984) compared sodium benzoate, propionic acid, and formaldehyde as  
190 preservatives for colostrum and found that titratable acidity was highest for propionic acid  
191 preserved colostrum, with potential detrimental effects on palatability. In addition, first  
192 milking colostrum preserved with 1% propionic acid or 0.3% formic acid and stored for 4

193 weeks had lower IgG concentrations than aerobically fermented or frozen (-4°C) colostrum  
194 (Schipper *et al.* 1981).

195 Rindsig and Bodoh (1977) observed more refusals of liquid diets by calves fed  
196 colostrum treated with propionic acid than when calves were fed whole milk, naturally  
197 aerobically fermented colostrum or colostrum treated with formaldehyde. Refusals were  
198 attributed to a combination of odour, taste and low pH. Conversely, Polzin *et al.* (1977)  
199 observed no refusals of colostrum containing propionic or formic acids.

#### 200 *Formic acid*

201 Formic acid is not currently approved by the USFDA due to skin and eye contact irritation  
202 and serious eye damage. Formic acid is volatile, and exposure via inhalation for those  
203 handling the additive is considered to present a risk to unprotected workers. Turnover of  
204 formic acid is, however, rapid with no evidence of accumulation in body tissues and use in  
205 animal nutrition is not expected to contribute to human exposure.

206 Formic acid is used as a preservative and antibacterial agent in livestock feed in the  
207 UK at a rate of 10,000mg/kg complete feed. According to Canadian experience,  
208 preservation with formic acid (based on a Finnish model) could facilitate storage of milk or  
209 colostrum at room temperature. However, during warm seasons, refrigeration will ensure  
210 optimal preservation for up to 20 days (Anderson, 2008). There is some dispute as to  
211 necessary contact time for formic acid with some producers acidifying and feeding  
212 immediately, and others leaving milk for 6-12 hours before feeding. Formic acid quickly kills  
213 coliforms in 1-2 hours contact time. (Anderson 2008). Formic acid also kills about 90% of  
214 MAP in 8 hours contact time at pH 4.0 and 100% of MAP at 48 hours (Mutharia *et al.* 2007).  
215 Other acids (including hydrochloric and an orthophosphoric acid mix) vary in their effects on

216 MAP with better results at 48 hours contact time than 8 hours contact time (Anderson,  
217 2008).

218 It has been demonstrated that calves fed acidified waste milk (using formic acid)  
219 consumed more starter grain (potentially due to poor milk palatability) than calves fed  
220 untreated waste milk (Zho *et al.* 2017), but these animals did not have as high serum IgG  
221 concentrations and did not grow well.

222 Acidification with formic acid (0.5% and 0.1 %) did not lead to significant changes in  
223 crude protein or total solids in colostrum from Sahiwal cows after 28 days at ambient  
224 temperatures (Mbuthia *et al.* 2002)

225 Finlanders stress the importance of using skim milk powder (rather than whey  
226 source milk powder) in their free-access formic acid acidified milk feeding systems, however  
227 these are expensive in the UK and the amount of skim milk powder in the product is difficult  
228 to determine from product labelling. Anecdotally, feeding acidified milk preserved with  
229 formic acid reported fewer clinical cases of diarrhoea and fewer treatment interventions  
230 were observed in calves fed acidified milk (Anderson *et al.*, 2008), however palatability and  
231 safety issues have led some researchers to declare that formic acid is not a practical  
232 preservation agent for colostrum (Collings *et al.* 2011).

### 233 *Formaldehyde and hydrogen peroxide*

234 Formaldehyde has been used historically as a preservative (Mbuthia *et al.* 1997), but its  
235 carcinogenic properties mean it is no longer approved by the USFDA and while it may still be  
236 used in Europe (at concentrations of between 200 and 1000mg/kg feed) its use is not  
237 encouraged. Hydrogen peroxide is similarly problematic.

238 Early research by Muller and Smallcomb (1977) showed that 0.25% formaldehyde  
239 maintained original colostrum pH for 18 days. Bush et al., (1980) applied formalin and  
240 fermentation to extend the shelf life of colostrum and reported a slower reduction in pH  
241 (from 6.2 to 5.6) for 24 days (at ambient conditions of 20-26°C) at 0.1% formalin than  
242 untreated colostrum. Literature pertaining to the effects of this type of chemical  
243 preservative on colostrum immunoglobulins is not available (Borad and Singh, 2018)

#### 244 *Potassium sorbate*

245 Potassium sorbate has been used extensively as a 'stabiliser' in wine production. Unlike acid  
246 agents potassium sorbate only limits bacterial growth in colostrum. Bey *et al.* (2007) found  
247 that in refrigerated colostrum, preservation with potassium sorbate (0.5% final solution)  
248 reduced bacteria counts initially (1 log difference *versus* raw non-preserved colostrum),  
249 then delayed growth rate. Potassium sorbate is more effective at prohibiting growth of  
250 moulds and yeasts than acids. Potassium sorbate preserved colostrum may last up to 7  
251 days, preferably at refrigeration temperatures (4°C) (Stewart *et al.* 2005); although some  
252 work in seasonal calving systems demonstrated its effectiveness to maintain IgG  
253 concentration and minimise bacterial proliferation even at ambient temperatures (Denholm  
254 *et al.* 2017a).

255 Potassium sorbate is available in powdered form and is generally recognised as safe  
256 by USFDA and the EFSA. It is added at a rate of 1% by volume of a 50% solution (EFSA safe  
257 concentration 11mg/kg body weight).

258 Potassium sorbate can also be used in conjunction with heat treatment but needs to  
259 be added afterwards to avoid curd formation during the heat treatment process. According

260 to DairyNZ potassium sorbate is not effective at elimination *Mycoplasma sp.* in colostrum in  
261 the 'required time frame', although proper referencing is not provided.

262 Drevjany *et al.* 1980 showed that potassium sorbate treated colostrum (applied at  
263 day 4 to fermented colostrum) resulted in increased calf starter consumption and greater  
264 weight gains in warm temperatures. Colostrum also retained palatability through 21 days of  
265 storage with little surface mould growth compared with untreated colostrum. Effective  
266 antimicrobial threshold for potassium sorbate is pH 6.5 (Drevjany *et al.* 1980).

### 267 *Sodium benzoate*

268 Sodium benzoate (benzoic acid) may be added to milk but at a maximum limit of 0.1%.  
269 Jenny *et al.* (1984) added sodium benzoate at 0.5% with acceptable preservative results  
270 (milk pH held at 5.1 for 10 days and 5.5 at 20°C or higher). The same study demonstrated  
271 that colostrum treated with sodium benzoate was slightly higher in fat and pH (due to  
272 buffering capacity) and lower in protein than other colostrum treatments (propionic acid  
273 and formaldehyde).

274 In 1977 Muller and Smallcomb studied a number of chemicals: sodium benzoate  
275 (0.5%), sodium propionate, sodium formate, sodium acetate, benzoic acid, sorbitol, and  
276 gluconic acid lactone. Additions of sodium benzoate and benzoic acid resulted in a slower  
277 decrease in pH and maintenance of a more constant pH for 21 days than the control and  
278 colostrum with other additives. However, preservation with sodium benzoate altered  
279 physicochemical properties and destroyed nutritional components of colostrum (Borad and  
280 Singh 2018).

### 281 **Preserving colostrum using low temperatures**

282 According to some literature: 'Chemical preservatives cannot preserve colostrum  
283 satisfactorily; chilling and freezing are the most preferred methods' (Borad and Singh 2018).  
284 Warmer temperatures lead to proliferation of bacteria and highly contaminated colostrum  
285 resulted in lower serum IgG concentrations in calves (Elizondo-Salazar and Heinrichs 2009).

286 Morrill *et al.* (2012) recommended that colostrum should be fed fresh from the dam  
287 or frozen immediately. Frozen colostrum (-20°C) may be stored for up to 1 year without  
288 affecting IgG concentration (Stewart *et al.*, 2005). Proper labelling is recommended with  
289 cow identification number and date of collection; and storage in containers of no more than  
290 2 litre capacity to aid thawing (Robbers *et al.* 2021).

291 Fresh or frozen first milking colostrum can be used to feed dairy calves, without the  
292 latter affecting the diversity in the colonization of the intestinal tract. No significant  
293 differences in serum IgG concentration between calves fed frozen and thawed colostrum  
294 and calves fed fresh colostrum (Holloway *et al.* 2001; Donovan *et al.* 2007).

295 Colostrum should be thawed in a hot water bath heated to 40°C (Robbers *et al.*  
296 2021). Avoid microwaving frozen colostrum as this will create hot 'pockets' (>60°C) which  
297 may denature IgG molecules. A higher power of microwave has been associated with a loss  
298 of IgG; and heating above 60°C in a hot water bath resulted in a significant (26%) reduction  
299 in IgG1 (Balthazar *et al.* 2015). Repeated freeze thaw cycles will cause denaturation of  
300 colostrum IgG molecules, so a single thaw is advised. Compared with fresh colostrum,  
301 repeated freeze/thawing resulted in a significant decrease in IgG concentration of 7.8 and  
302 7.7% for two and three freeze/thaw cycles respectively (Robbers *et al.* 2021). A log  
303 reduction in *Mycoplasma sp.* through freezing has also been demonstrated (Gillie *et al.*  
304 2018).

305 Refrigeration (at 4°C) may be employed for short term storage of colostrum, but  
306 colostrum stored in this way should be fed within 2 days of harvest (Cummins *et al.* 2017).  
307 In this work colostrum stored at ambient temperatures (i.e., 22°C) had more than 42 times  
308 more bacteria present; a pH 0.85 units lower and serum IgG concentration 2 times lower  
309 than colostrum stored at 4°C for 2 days (Cummins *et al.* 2017). While colostrum stored at  
310 4°C for 2 days had more bacteria present than pasteurized and fresh colostrum, this did not  
311 result in reduced calf serum IgG concentrations in this study. Langel *et al.* (2015) noted that  
312 refrigeration (4°C) up to 8 h did not affect cell viability, but effects of refrigeration for a  
313 longer period are yet unclear.

314 The main disadvantage to using refrigeration or freezing facilities to preserve  
315 colostrum is the associated capital cost and the space required. Furthermore, many farmers  
316 don't have or don't check thermometers on refrigerators and freezers or have broken  
317 equipment (poorly maintained, dirty) (Haggerty *et al.* 2021).

### 318 **Lactobacillus and yoghurt culture inoculations**

319 Ellinger *et al.* (1980) inoculated whole milk with *Lactobacillus acidophilus* and demonstrated  
320 a linear decrease in coliforms suggesting an antagonistic action towards coliforms. A similar  
321 effect has also been demonstrated in pigs (Muralidhara *et al.* 1977). *Lactobacillus*  
322 *acidophilus* may be fed as viable cultures or a dried preparation and has been shown to  
323 decrease the incidence of diarrhoeal disease in calves in some work, but not in others  
324 (Ellinger *et al.* 1980).

325 While it has been suggested that fermentation of bovine colostrum by suitable  
326 strains might be helpful in the prevention of diarrhoea in calves or to increase colostrum  
327 quality by inhibition of pathogenic and spoilage microbiota, a comparison of 'Easiyo'



328 yoghurt cultures and untreated colostrum showed no difference in bacterial growth in  
329 pooled colostrum samples from seasonal calving herds (Denholm *et al.* 2017a).

330 Bush *et al.* (1980) found that 0.1% formalin was more effective in preserving  
331 colostrum than either *Streptococcus lactis* or yoghurt culture. Drevjany *et al.* (1975)  
332 reported that colostrum inoculated with *Lactobacillus acidophilus* was unacceptable to  
333 calves due to a pH of less than 4.0.

### 334 **Fermentation**

335 Fermentation may be an alternative to low temperature or chemical storage and may be  
336 aerobic or anaerobic. Fermentation causes the development of beneficial microorganisms,  
337 such as lactic acid bacteria, and the concomitant pH reduction preserves colostrum at room  
338 temperature (Otterby *et al.* 1980).

#### 339 *Aerobic fermentation*

340 Much of the work from the late 1970s and early 1980s found that fermenting  
341 colostrum under aerobic conditions resulted in a rapid drop in pH particularly when  
342 colostrum was stored at higher temperatures (Muller and Syhre 1977; Bush *et al.* 1980).  
343 Jenny *et al.* (1977) also reported a putrid odour and mould development when colostrum  
344 was stored at 27°C or at higher temperatures. This was corroborated by Rindsig and Bodoh  
345 (1977), when colostrum was stored at temperatures between 32 and 39°C. The authors  
346 suggested discarding colostrum under these conditions since its voluntary intake by calves  
347 was also low.

348 Carlson and Muller (1977) showed that naturally fermented colostrum had more  
349 nutrient breakdown during storage than did propionic acid (1%) treated, with formaldehyde  
350 (0.05%) treated colostrum intermediate. Aerobic bacteria counts (particularly coliform

351 counts) were still high after 21 days of storage in some work (Thompson and Marth 1975),  
352 discounting the theory that the fermentation process produces sufficient lactic acid to  
353 eliminate *E. coli* from colostrum so the calf does not ingest these organisms in large  
354 numbers and hence does not develop scours. (Thompson and Marth 1975). Furthermore, it  
355 has been suggested in much of the published work that aerobically fermented colostrum  
356 should be fed diluted with water such as not to induce scouring (Thompson and Marth  
357 1975), which is inadvisable as previously mentioned.

358         Foley *et al.* (1978) went on to assert that aerobically fermented colostrum is a  
359 potential source of antibodies for newborn calves when maternal colostrum is not available,  
360 but it is difficult to form colostrum banks since storage periods are short. Feed costs were  
361 estimated to be reduced by 90% with a fermented colostrum feeding program compared  
362 with a whole milk feeding program (Yu *et al.* 1976).

### 363 *Anaerobic fermentation*

364         Ferreira *et al.* (2013) experimented with anaerobic fermentation, making 'colostrum  
365 silage' and found that the pH quickly decreased when ensiled colostrum was stored at  
366 higher temperatures (32.5°C). Their results indicated that the temperature at which  
367 colostrum was fermented directly influenced the speed and intensity of microbial  
368 population development and degradation of the main nutritional parameters, such as casein  
369 and lactose; although Saalfield *et al.* (2013) did not find such detrimental effects of higher  
370 temperatures.

371         Saalfield *et al.* (2013) stored colostrum in sealed bags at room temperature for 21  
372 days. Physicochemical evaluation of colostrum silage revealed a tendency to maintain  
373 protein, dry matter and fat values, but lactose percentage decreased. pH of anaerobically  
374 fermented colostrum fell after 7 days of fermentation with a concurrent increase in lactic

375 acid percentage, but 'colostrum silage' fed calves gained more weight than the control milk  
376 fed calves indicating that the drop in lactose in the anaerobically fermented colostrum was  
377 not detrimental to calf growth (0.7kg/day versus 0.6kg/day) . The presence of the bacteria  
378 *Lactobacillus*, *Staphylococcus*, *Escherichia*, *Klebsiella*, *Bacillus* and *Candida* yeast species.  
379 was observed in 'colostrum silage' for up to 14 days, but from 21 days of fermentation only  
380 bacteria of the genus *Lactobacillus* spp was isolated. This indicated that the pH of the  
381 colostrum fermented anaerobically does not support the proliferation of pathogenic  
382 organisms which may otherwise have been transmitted via colostrum to calves (Stewart *et*  
383 *al.* 2005). Further work by Saalfield *et al.* (2014) showed that colostrum immunoglobulin  
384 concentration was not compromised by anaerobic fermentation (compared with frozen  
385 colostrum) stored for 12 months and passive immunity was adequately transferred to  
386 newborn calves.

387 Anaerobically fermented colostrum may potentially be stored for much longer  
388 periods (up to 12 months) than aerobically fermented colostrum. Natural aerobic  
389 acidification, with and without preservatives, makes colostrum preservation feasible for  
390 only between 28 (Gonzales *et al.* 1978) and 90 (Thompson and Marth 1975) days.

### 391 **Pasteurisation**

392 While pasteurisation is not strictly speaking a method of preservation, it is a useful tool in  
393 storage and managing the shelf life of colostrum.

394 As early as 1981, James *et al.* suggested that a greater bacterial concentration in the  
395 calf's gut may adversely affect the passive transfer of IgG. Numerous studies have  
396 demonstrated that heat treatment and consequent decreased bacterial counts in colostrum  
397 lead to improved immunity and weight gain in dairy calves (Johnson *et al.* 2007; Elizondo-  
398 Salazar and Heinrichs, 2009; Gelsinger *et al.* 2015). However, IgG molecules may be

399 destroyed if colostrum is heated to greater than 60°C. This is because immunoglobulins are  
400 mono- or polymeric proteins, formed by two light and two heavy polypeptide chains which  
401 are connected by disulfide bonds into a Y-shaped particle (Puppel *et al.* 2019) and excessive  
402 heating leads to an initially reversible unfolding of this native structure, with loss of globular  
403 configuration, which can proceed further to irreversible denaturation and aggregation via  
404 hydrophobic and disulphide interactions (Indyk *et al.*, 2008).

405 Cummins *et al.* 2017 investigated the effects of colostrum, stored under various  
406 conditions, fed to Irish spring born calves and found that pasteurised colostrum resulted in  
407 serum IgG concentrations two times higher than colostrum stored in warm conditions  
408 (22°C). Pasteurisation also effectively destroys MAP, *Salmonella* and *Mycoplasma* species.  
409 in milk deliberately spiked with these organisms (Stabel *et al.*, 2004). Pasteurisation units  
410 are not commonplace on UK dairy farms due to the high capital cost involved.

#### 411 **Goat colostrum preservation**

412 In some countries, dairy goats are prevalent and international research has focussed on  
413 colostrum additives for preservation. Spanish researchers found no difference in aerobic  
414 mesophilic bacteria counts between either 10 or 14% glycerol and propylene glycol  
415 additives. These additions reduced bacterial count to a greater extent than untreated  
416 colostrum, and 2 or 6% additions of these compounds. They concluded that glycerol  
417 addition to goat colostrum before heat treatment is suitable to enhance bacterial reduction  
418 (Morales-delaNuez *et al.* 2020).

419 Sodium dodecyl sulfate (1%) was found to be an efficient colostrum biocide that,  
420 unlike pasteurization, does not affect immune passive transfer or goat kid health. (Morales-  
421 delaNuez *et al.* 2011). Neither of these compounds have been tested in bovine colostrum  
422 and this could be an area for further research.

423 **New technologies for colostrum preservation for human consumption or for neonatal**  
424 **calves**

425 Many of the following colostrum processing treatments would be difficult to practically  
426 perform on farm and are more suited to the processing of colostrum in a laboratory or  
427 controlled setting. They are included here for completeness and may be the future of on-  
428 farm colostrum preservation with advances in technology.

429

430 *UV light radiation*

431 Teixeira *et al.* (2013) found that IgG and lactoferrin concentrations were significantly lower  
432 in UV light treated colostrum than in raw colostrum, however there were no significant  
433 differences in serum IgG concentrations among calves fed heat or UV treated or untreated  
434 colostrum. It is important to note that UV light treatment may not work as well in thick  
435 colostrum as in milk (Teixeira *et al.* 2013) and that the presence of dissolved and suspended  
436 solids can scatter UV light and provide a site for bacterial aggregation, attenuating the  
437 bactericidal activity of this form of radiation (Koutchma *et al.* 2004; Ye *et al.* 2007). UV light  
438 radiation did not reduce bacterial counts as effectively as heat treatment (63°C for 6  
439 minutes) and resulted in a greater reduction in colostrum IgG concentrations (for unknown  
440 reasons) (Teixeira *et al.* 2013). UV irradiation of milk spiked with MAP also did not result in  
441 an adequate reduction in infectivity (Donaghy *et al.* 2009).

442         Pereira *et al.* (2014) also studied the effect of UV light on colostrum IgG and bacterial  
443 contaminants and observed a negative linear relationship between duration UV treatment  
444 and IgG concentration.

445 Puppel *et al.* (2019) cite that preserving colostrum using UV irradiation, membrane  
446 filtration, pulsating electric field (PEF) and concentrated microwave fields (CMF) resulted in  
447 a number of changes in the chemical composition of the colostrum.

448

449 *Lyophilisation, spray drying or freeze drying*

450 Lyophilisation (drying in a lower temperature and vacuum) has been shown to negatively  
451 impact colostrum fat with consequent rapid spoilage. In addition, IgG absorption from  
452 lyophilised colostrum by the calf is 30% lower than fresh colostrum (Borad and Singh 2018)

453 Spray-drying produced a dried colostrum in which immunoglobulin quantity and  
454 function were preserved and was the most cost-effective at preserving the therapeutic  
455 potential of colostrum for human consumption (Chelack *et al.* 1993). Earlier investigations  
456 also showed that freeze-drying did not alter the concentration of immunoglobulins in  
457 colostrum (Klobasa *et al.* 1998).

458 Spray drying is the most commonly applied technology for the manufacture of dairy  
459 powders and other ingredients, but concerns about heat-induced damage to colostrum  
460 proteins limited the adoption of spray drying for colostrum powder preparation since much  
461 of the IgG activity is destroyed.

462 Freeze-drying is the most preferred dehydration method for heat-sensitive biological  
463 material, as the low processing temperature and rapid local transition of frozen material  
464 from hydrated to dehydrated state minimises nutrient and immunoglobulin losses. Chelack  
465 *et al.* (1993) reported a 10% loss in biological activity of immunoglobulins upon freeze-  
466 drying of colostrum, whereas Elfstrand *et al.* (2002) reported 34 and 25% losses in total  
467 immunoglobulins during freeze-drying of colostrum.

468 Data from first milking postpartum colostrum samples from 18 Egyptian buffaloes  
469 and 36 Holstein cows showed that freeze dried colostrum stored at 7°C for 3 months had  
470 significantly reduced IgG concentrations compared with frozen colostrum (Abd El-Fattah *et*  
471 *al.* 2014).

472 A study by Bartkiene *et al.* (2018) concluded that a combination of ultrasonication,  
473 fermentation, and dehydration could be used to reduce microbial contamination of bovine  
474 colostrum; however, more investigations are needed to evaluate the influence of these  
475 treatment methods on sensitive biologically active compounds in bovine colostrum.

#### 476 *High pressure processing*

477 Among novel technologies, high pressure processing has been found to be a promising  
478 preservation method for colostrum immunoglobulins (Borad and Singh 2018). High  
479 pressure processing retained 20% more bovine IgG in soy milk than heat treatment (at 75-  
480 78°C) (Li *et al.* 2006), but IgA molecules in human breast milk were destroyed by high  
481 pressure processing (Permanyer *et al.* 2010)

482 Masuda *et al.* (2000) reported effective suppression of bacterial growth for 9 days at  
483 4°C after treating colostrum at 300 and 400 megapascals (MPa) for 10min. Up to 300 MPa,  
484 IgG remained intact, but application of 400 MPa resulted in altered viscosity of the  
485 colostrum and denaturation of IgG. Indyk *et al.* (2008) and Foster *et al.* (2016) found  
486 colostrum IgG to be stable at treatments up to 400 MPa, as long as duration was limited to  
487 30min. Increasing pressure (500 or 600 MPa) or duration resulted in increased denaturation  
488 and aggregation.

#### 489 **Conclusion**

490 *Which preservation method is best for on farm preservation of bovine colostrum?*

491 Table 1 summarises each of the preservation options available. Limited work has been done  
492 on chemical acidification of colostrum, but work on milk replacer and milk would suggest  
493 that palatability and digestibility issues may prohibit its use. IgG absorption from acidified  
494 colostrum may also be impaired. *Lactobacillus* cultures added to colostrum are inefficacious.  
495 Controlled anaerobic fermentation of colostrum may provide an alternative to low  
496 temperature storage facilities where these are unavailable. Potassium sorbate additives  
497 could be useful where colostrum is left at ambient temperatures for more than 6 hours  
498 before feeding to newborn calves. Heat treatment of colostrum is useful to control  
499 pathogenic bacteria and reduce overall bacteria counts, but pasteurisation units are costly.

#### 500 *Opportunities for further research*

501 Little recent work has been published on alternative chemical preservatives or explored new  
502 technologies to preserve bovine colostrum on farm. Currently, the most promising avenues  
503 for future work include exploring user friendly on-farm technology for high pressure  
504 processing as this preserves IgG molecules more effectively than UV light and dehydration  
505 methods. There is also plenty of scope for more research into practical, on farm colostrum  
506 preservation techniques which preclude the requirement for large low temperature storage  
507 devices (such as refrigerators and freezers) and allow colostrum to be stored at room  
508 temperature. With more local focussed research, industry bodies, veterinarians and other  
509 agricultural professionals could collaborate to create a 'joined up' approach to extension  
510 messaging of use of preservatives such as potassium sorbate to best effect. In addition,  
511 extension messaging of local research on anaerobic fermentation, including how to optimise  
512 and practically perform this type of preservation are currently lacking. Seasonal, tropical and  
513 low income production systems would most benefit from employing this type of



514 preservation where colostrum is produced in abundance or low temperature storage  
515 options are in short supply.

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