Excess adiposity present for LONGER & LATER IN LIFE in progressively more people with one condition (a) Progressive ↑ over time in excess adiposity across all age groups 
(b) Excess adiposity ‘weighting’ for many diseases progressively increasing as also e.g., less smoking 
(c) Better treatment of conditions e.g., HF, RA => less unintentional weight loss => excess adiposity increasingly evident 
(d) ↑ survival in many chronic conditions as substantial reductions in CV mortality 
GREATER risks of 2nd, 3rd, subsequent comorbidities (& symptoms, e.g., pain, fatigue) due to:
- Metabolic
- Physical
- Haemodynamic
- Inflammatory
- Cellular, and
- Other impacts of excess adiposity 

Solution 
Target weight management much earlier in many chronic conditions + Upscale preventative policies 

Graph:
- Blue line – present times 
- Red line – 20-40 years ago