# Creating atom-nanoparticle quantum superpositions 

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#### Abstract

A nanoscale object evidenced in a nonclassical state of its center of mass will hugely extend the boundaries of quantum mechanics. To obtain a practical scheme for the same, we exploit a hitherto unexplored coupled system: an atom and a nanoparticle coupled by an optical field. We show how to control the center of mass of a large $\sim 500-\mathrm{nm}$ nanoparticle using the internal state of the atom so as to create, as well as detect, nonclassical motional states of the nanoparticle. Specifically, we consider a setup based on a silica nanoparticle coupled to a cesium atom and discuss a protocol for preparing and verifying a Schrödinger-cat state of the nanoparticle that does not require cooling to the motional ground state. We show that the existence of the superposition can be revealed using the Earth's gravitational field using a method that is insensitive to the most common sources of decoherence and works for any initial state of the nanoparticle.


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Introduction. Quantum mechanics has been probed experimentally over a vast range of energies and scales. On the one side, it has been probed down to subatomic distances using accelerators, while on the other side, spatial superpositions in the mesoscopic regime are being explored via quantum optomechanics. The former is ultimately expected to shed light on the basic building blocks of our universe, while the latter addresses the quantum-to-classical transition in the mesoscopic regime, a problem already highlighted by Schrödinger [1].

The field of optomechanics, and, in particular, levitated optomechanics [2], where the system is well isolated from deleterious effects of decoherence from the environment, has now reached the quantum regime $[3,4]$ and is expected to soon test ideas from quantum foundations [5] and the nature of gravity [6-8]. Nonetheless, a challenge still remains as to how to prepare nonclassical motional states of the nanoparticle, such as the Schrödinger-cat state [9].

Possible approaches for nonclassical state preparation in levitated optomechanics are based on nonlinearities in the potential [10], as well as coupling to quantized fields along with possible usage of measurements [11-16]. Difficulties of these approaches include small single-photon nonlinearities and/or detecting the effect of nonlinearities in the regime of small oscillations, where the motion is typically well described by a linear theory. Another promising strategy is to embed impurities in the nanoparticle and use that to control the nanoparticle [17-21]. However, the placement, control, and coherence of such impurities are experimentally very

[^0]challenging. Hence any alternatives which are not susceptible to the above limitations are highly desirable.

Here, we propose combining two hitherto disparate fields in an optimal way for the nonclassical state preparation of nano-objects: the long acquired ability to control the exceptionally coherent internal levels of trapped atoms (ions), and through them, their motional states [22], and the recently acquired expertise of controlling, to an exceptional level, the center of mass of nano-objects $[3,4]$. We show how the addition of the highly controllable atom opens up feasible opportunities for the preparation of Schrödinger-cat states in the latter field. We consider the situation where the nanoparticle is trapped in a Paul trap and illuminated by a plane-wave optical field. The reflected light from the nanoparticle interferes with the incoming light and creates a series of dipole traps where atoms can be trapped. In particular, we consider one atom placed in a stiff trap such that displacing it also moves the center of mass of the atom-nanoparticle system. The induced effective coupling between the motional state of the nanoparticle and the internal state of the atom allows one to directly apply the technical abilities from atomic physics to prepare nonclassical states of the nano-object. Moreover, the switchability of the coupling (simply by controlling the intensity of the optical field) enables release and recapture so as to exploit free-fall nondecoherent evolutions. This latter ability, for example, is absent in atom-micromechanical coupled systems [23-26]. We show that one can generate a small spatial superposition of the nanoparticle so that it is well protected from environmental decoherence, and yet such a small superposition can be revealed using the Earth's gravitational field [19,27]. Moreover, we find that the protocol is insensitive to the initial state of the nanoparticle, which will greatly facilitate the realization.

Atom-nanoparticle coupling. The experimental setup consists of a nanoparticle trapped in a Paul trap which is illuminated by a plane-wave optical field (see Fig. 1). We choose the light wavelength $\lambda_{l}$ to be comparable to or smaller


FIG. 1. Scheme of the experimental setup. A nanoparticle of mass $m_{n}$ is trapped in the Paul trap. A plane-wave optical field illuminates the nanoparticle, and the backscatter interferes to create intensity maxima at distance $d$ below the nanoparticle, where we trap an atom. For a very stiff atomic trap we obtain an effective coupling between the internal state of the atom and the nanoparticle. The initial height of the nanoparticle in the trap can be controlled by changing the power of the trapping laser, which can be switched off quickly, together with softening the Paul trap to very low frequencies, approximately obtaining a free-fall regime for a time $\Delta t$. We create and control the spatial superposition of the nanoparticle using additional lasers coupled to hyperfine transitions, labeled as controlling lasers, with the superposition size denoted by $\Delta x$. At the end we perform a readout of the accumulated gravitational phase $\phi_{\text {grav }} \sim m_{n} g \Delta x \Delta t / \hbar$ using a cycling transition of the internal state, where $g$ is the Earth's gravitational acceleration.
than the nanoparticle radius $r$, effectively making the nanoparticle a mirrorlike object. The backscattered light from the nanoparticle interferes with the incoming light to form a standing wave in the rest frame of the nanoparticle (see Fig. 2), and the resulting intensity minima and maxima rigidly follow the motion of the nanoparticle. In one of the maxima we trap an atom exploiting an internal electronic transition in the red-detuned regime. Specifically, the potential is given by

$$
\begin{equation*}
\hat{H}_{\text {trap }}=\frac{m_{n} \omega_{n}^{2}}{2} \hat{x}_{n}^{2}+\frac{m_{a} \omega_{a}^{2}}{2}\left[\hat{x}_{a}-\left(\hat{x}_{n}+d\right)\right]^{2}, \tag{1}
\end{equation*}
$$

where $\omega_{n}\left(\omega_{a}\right)$ is the frequency of the Paul (atomic) trap, $m_{n}$ ( $m_{a}$ ) is the mass of the nanoparticle (atom), $\hat{x}_{n}\left(\hat{x}_{a}\right)$ is the nanoparticle (atom) position, and $d$ is the distance between the two traps.

The motional frequency of the atom is given by [28]

$$
\begin{equation*}
\omega_{a}=\sqrt{\frac{6 \pi c^{2}}{m_{a} w^{2} \omega_{e}^{3}} I \frac{\Gamma}{\Delta}}, \tag{2}
\end{equation*}
$$



FIG. 2. Simulated intensity using finite-difference time-domain methods [29,30]. We consider a nanoparticle of radius $r=500 \mathrm{~nm}$ and an optical field with wavelength $\lambda_{l}=1000 \mathrm{~nm}$ propagating in the positive $x$-axis direction. The incoming field is polarized along the $y$ axis; other vertical planes shows a similar intensity profile. The color bar shows the enhancement in the square of the electric field. The large blue circle denotes the nanoparticle; the incoming field propagating from the bottom interferes with the backscattered field from the nanoparticle, which creates dipole traps below the nanoparticle. The strongest dipole trap is located at $d \sim$ $0.75 \mu \mathrm{~m}$ below the center of the nanoparticle (first yellow patch below the blue circle).
where $I$ is the intensity of light at the trap center, $w \sim \lambda_{l} / 2$ is the trap width, $\omega_{e}$ is the electronic transition frequency, $\Gamma$ is the decay rate from the excited state, $\Delta=\omega_{e}-\omega_{l}$ is the detuning of the light field, $\omega_{l}=\frac{2 \pi c}{\lambda_{l}}$, and $c$ is the speed of light. To obtain high trapping frequencies, we can decrease the detuning $\Delta$ at the cost of reducing the trapping time $\tau_{\text {trap }}=$ $\frac{m_{a} c^{2}}{\hbar \omega \omega_{l}^{2}} \frac{\Delta}{\Gamma}$.

The trapped atom offers a new handle on motion of the nanoparticle. Particularly interesting is the situation when the atom is placed in a strong dipole trap, resulting in a rigid atomnanoparticle coupling. We then expect that any displacement of the atom will drag the whole atom-nanoparticle system, with only negligible excitation of the relative motion between the two. Mathematically, this translates to requiring that (i) the atom is placed in the motional ground state and (ii) the zero-point motion of the atom, $\delta_{a}$, is small with respect to that of the nanoparticle, $\delta_{n}$, such that when the nanoparticle is excited, the atom remains in the ground state, i.e., we can write $\hat{x}_{a} \approx \hat{x}_{n}-d$.

Nanoparticle motion control. In the considered regime we find the following interaction Hamiltonian between the motional state of the nanoparticle and the atomic hyperfine transition (in the interaction picture)

$$
\begin{align*}
\frac{\hat{H}_{\text {int }}}{\hbar}= & \frac{\Omega_{j k}}{2} \sigma_{+} \exp \left\{i\left[\eta\left(\hat{a} e^{-i \omega_{n} t}+\hat{a}^{\dagger} e^{-i \omega_{n} t}\right)-\delta t+\phi\right]\right\} \\
& + \text { H.c. }, \tag{3}
\end{align*}
$$

where we have introduced the nanoparticle mode $\hat{a}$, i.e., $\hat{x}_{n}=$ $\delta_{n}\left(\hat{a}^{\dagger}+\hat{a}\right) . \Omega_{j k}$ is the coupling of the stimulated Raman transition between the hyperfine states $|j\rangle$ and $|k\rangle, \sigma_{+}=|k\rangle\langle j|$, $\eta=k \delta_{n}$ is the Lamb-Dicke parameter, $k=\frac{2 \pi}{\lambda}=\frac{\omega}{c}$ with $\omega$ being the frequency of the laser, $\delta=\omega_{h}-\omega$ is the detuning that selects one of the sidebands or the carrier resonance, $\omega_{h}$ is the hyperfine transition frequency, and $\phi$ is a phase that includes $\frac{d}{\lambda}$. Here, we limit the discussion to $\eta \ll 1$, which puts a lower bound on the Paul trap frequency, i.e., $\frac{\hbar}{2 m_{n} \lambda^{2}} \ll \omega_{n}$. The coupling of the stimulated Raman transition is given by $\Omega_{j k} \equiv g_{j k}$, where $g_{j k}=\frac{q E}{\hbar} D_{j k}, q$ is the electron charge, $E$ is the amplitude of the electric field, and $D_{j k}$ is the transition dipole matrix element between the states $j$ and $k$.

We are interested in two types of interactions, (a) one that controls the internal state without affecting the motional state and (b) one that displaces the motional state without changing the internal one, both of which can be implemented in a $\Lambda$ type scheme using two lasers. In particular, using two-photon stimulated Raman transitions of types (a) and (b), we will consider three types of operations, where the coupling will be given by $\Omega_{j k} \equiv \frac{g_{j l}^{*} g_{l k}}{\Delta_{l}}$, and $\Delta_{l}$ is the detuning from the intermediate state $l[31]$. To create a superposition of the hyperfine states, we consider the carrier frequency, i.e., $\delta=0$, with a pulse of duration $t=\pi /\left(2 \Omega_{\uparrow \downarrow}\right)$ using scheme (a), namely, a $\pi / 2$ pulse. This generates a beam splitter transformation, i.e., the hyperfine states evolve in the following way: $|\uparrow\rangle \rightarrow(|\uparrow\rangle-|\downarrow\rangle) / \sqrt{2}$ and $|\downarrow\rangle \rightarrow(|\uparrow\rangle+|\downarrow\rangle) / \sqrt{2}$. Similarly, a $\pi$ pulse using scheme (a) at the carrier corresponds to $\Omega_{\uparrow \downarrow} t=\pi$ and $\delta=0$, which exchanges the hyperfine states, i.e., $|\uparrow\rangle \rightarrow-|\downarrow\rangle$ and $|\downarrow\rangle \rightarrow|\uparrow\rangle$. On the other hand, to displace the motional state without modifying the hyperfine state, we exploit scheme (b) at the first red sideband, i.e., $\delta=\omega_{n}$. This latter operation produces a displacement of the motional state by $\Omega_{\downarrow \downarrow} \eta t$, where $t$ is the duration of the pulse.

In summary, the discussed interactions have the same form as the ones exploited in atomic physics, where in place of the motional state of the atom we have the motional state of the nanoparticle. We can thus adopt the experimentally wellestablished protocols from atomic physics for the nanoscale [22,31,32].

Schrödinger's cat. Suppose the state of the system is $|\Psi\rangle=|\psi\rangle_{h}|\psi\rangle_{n}$, where $\left|\psi_{h}\right\rangle$ is the hyperfine state of the atom and $|\psi\rangle_{n}$ is the motional state of the nanoparticle. Ideally, one would like to prepare a state of the form $|\psi\rangle_{n} \sim$ $|\downarrow\rangle_{h}\left|\alpha_{\text {top }}\right\rangle_{n}+|\uparrow\rangle_{h}\left|\alpha_{\text {bottom }}\right\rangle_{n}$, where $\left|\alpha_{\text {top }}\right\rangle_{n}$ and $\left|\alpha_{\text {bottom }}\right\rangle_{n}$ denote states located at different heights in the Paul trap, i.e., a Schrödinger-cat state. Once such a state has been created, we then want to ascertain its existence using as the readout the hyperfine state $\left|\psi_{h}\right\rangle$.

A possible strategy is to cool the system to the ground state, i.e., $\left|\Psi_{\text {init }}\right\rangle=|\downarrow\rangle_{h}|0\rangle_{n}$, and to apply the procedure described by Monroe et al. [22], which consists of $\pi / 2, \pi$, and displacement pulses. To make such a scheme work, one would, however, need additional optical fields to control the motional state of the nanoparticle. In particular, cooling to the motional ground state can be achieved with a cavity-tweezer setup [3] and is expected to be soon available also in a tweezer setup [4,33].

However, a protocol that would not require cooling [26], but would rather work for a generic trapped state, such as the experimentally more readily available thermal state, is still desirable. A second attractive feature would be to have a reliable method to evidence that the nanoscale superposition has really been probed, for example, by relating the outcome of the experiment to one of its intrinsic properties such as the nanoparticle mass $m_{n}$. A possible strategy to address both of these requirements has been outlined in Ref. [19], parts of which we now adapt to the hybrid atom-nanoparticle system. For simplicity of presentation we first consider the initial state $\left|\psi_{\text {init }}\right\rangle=|\alpha\rangle \otimes|\downarrow\rangle$, where the nanoparticle is prepared in the coherent state $|\alpha\rangle$ (but we show below that it applies for any initial state). The protocol consists of the following steps.
(1) Trap a nanoparticle in the Paul trap at frequency $\omega_{1}$. Trap an atom in an intensity maximum below the nanoparticle using a plane wave and cool it to the ground state using resolved sideband cooling [31].
(2) Apply a $\pi / 2$ pulse to generate the state $|\psi\rangle \sim|\alpha\rangle \otimes$ $(|\downarrow\rangle+|\uparrow\rangle)$.
(3) Soften the Paul trap to frequency $\omega_{n}=\omega_{2} \ll \omega_{1}$.
(4) Apply a displacement beam for a time $\delta t$ to produce the state $|\psi\rangle \sim(|\alpha+\beta\rangle \otimes|\downarrow\rangle+|\alpha\rangle \otimes|\uparrow\rangle)$, where $\beta=\Omega_{g g} \eta \delta t$.
(5) Reduce the trapping laser power such that the radiation pressure force becomes small and the nanoparticle-atom system starts falling towards the Earth (matter-wave coherence is thus shielded from the deleterious effects of the laser photons, and the system becomes a matter-wave sensor for the local Earth's gravitational acceleration $\sim g$ ).
(6) Leave the system in free fall for a time $\Delta t$ such the gravitational field induces the phase $\phi_{\text {grav }}:|\psi\rangle \sim\left(e^{-i \phi_{\text {grav }}} \mid \alpha^{\prime}+\right.$ $\beta\rangle \otimes|\downarrow\rangle+\left|\alpha^{\prime}\right\rangle \otimes|\uparrow\rangle$ ), where $\left|\alpha^{\prime}\right\rangle$ is the time-evolved coherent state of $|\alpha\rangle$.
(7) Increase the trapping laser power back to its initial value. Apply a displacement beam for a time $\delta t$ to reverse the effect of step (4) and obtain a factorizable state $|\psi\rangle \sim$ $\left|\alpha^{\prime}\right\rangle \otimes\left(e^{-i \phi_{\text {grav }}}|\downarrow\rangle+|\uparrow\rangle\right)$.
(8) Apply a $\pi / 2$ pulse to create the final state $|\psi\rangle \sim$ $\left|\alpha^{\prime}\right\rangle \otimes|\phi\rangle$, where the hyperfine state is $|\phi\rangle=\cos \left(\frac{\phi_{\text {grav }}}{2}\right)|\downarrow\rangle-$ $\sin \left(\frac{\phi_{\text {grav }}}{2}\right)|\uparrow\rangle$.
(9) Apply a laser field to drive a cycling transition and find the probability of being in the ground state $P_{\downarrow}=\cos ^{2}\left(\frac{\phi_{\text {grav }}}{2}\right)$.
(10) After the measurement we recapture the nanoparticle by modulating the radiation pressure from the trapping laser and the Paul trap frequency.

The induced gravitational phase difference is given by

$$
\begin{equation*}
\phi_{\mathrm{grav}}=\frac{m_{n} g \Delta x \Delta t}{\hbar} \tag{4}
\end{equation*}
$$

where $\Delta x=\delta_{n} \beta=\frac{\hbar k}{2 m_{n} \omega_{2}} \Omega_{g g} \delta t$ is the superposition size of the nanoparticle and $\Delta t$ is the duration of the transient free-fall motion. Since the nanoparticle mass $m_{n}$ is large, we can have $\phi_{\text {grav }} \sim 1$ already for small superposition sizes $\Delta x$ and for short free-fall times $\Delta t$-a regime which is interesting on its own.

Let us now consider a generic initial state $\rho_{\text {init }}=\rho_{n} \otimes$ $|\downarrow\rangle\langle\downarrow|$, where $\rho_{\mathrm{n}}=\int d^{2} \alpha P_{n}(\alpha)|\alpha\rangle\langle\alpha|$, and $P$ is Glauber's P quasiprobability distribution. Here, we only require that the nanoparticle is initially trapped in the Paul trap, but the mo-
tional state can be otherwise completely generic. Steps (1)-(7) now result in the final state $\rho_{\text {final }} \sim \rho_{n}^{\prime} \otimes|\phi\rangle\langle\phi|$, where $\rho_{n}^{\prime}$ is the final motional state of the nanoparticle, yet $|\phi\rangle$ is the same internal state obtained by considering an initial coherent motional state. Remarkably, the transient free-fall dynamics entangles the motional and internal states in a simple way which can be readily disentangled at any time: This is a direct consequence of the uniform nature of the universal gravitational coupling, a feature which is absent already with a harmonic potential. Creating a superposition of an arbitrary motional state (such as of a thermal state) still fully retains its coherent properties, and once the gravitational phase is transferred to the internal state it can be then read out again using steps (8) and (9).

Discussion. We can estimate the requirements to achieve $\phi_{\text {grav }} \sim 1$ for a typical tabletop experiment using a nanoparticle of radius $r=500 \mathrm{~nm}$ and mass $m_{n} \sim 10^{-15} \mathrm{~kg}$ in a Paul trap [34,35]. As discussed, we first trap an atom in a dipole trap near the nanoparticle, which induces a coupling between the two, while other interactions between the atom and the charged nanoparticle are negligible. For concreteness we consider a Cs atom and the $D_{2}$ transition $6^{2} S_{\frac{1}{2}} \rightarrow 6^{2} P_{\frac{3}{2}}$ which has a transition dipole matrix element of $\sim 4 \times 10^{-29} \mathrm{C} \mathrm{m}$ and decay rate $\Gamma \sim 3 \times 10^{7} \mathrm{~Hz}$.

We set the detuning of the trapping laser to $\Delta \sim 5 \times$ $10^{11} \mathrm{~Hz}$ to generate a far-red-detuned dipole trap: We find a trap lifetime $\tau_{\text {trap }} \sim 1 \mathrm{~s} \gg \Delta t$, and using Fig. 2, we estimate the atomic trap frequency to be $\omega_{a} \sim 5 \times 10^{6} \mathrm{~Hz}$ generated by an incoming (backscattered) intensity of $\sim 5 \times 10^{12} \mathrm{~W} / \mathrm{m}^{2}$ $\left(\sim 3 \times 10^{7} \mathrm{~W} / \mathrm{m}^{2}\right)$. Such an intensity can be obtained using an unfocused laser beam at moderate power; at this intensity the radiation pressure force cancels the gravitational one (while not cotrapping the nanoparticle). We consider a short free-fall time $\Delta t \sim \omega_{a}^{-1} \sim 1 \mu \mathrm{~s}$ in order to retain the atom's motional state, which corresponds to a displacement of $\sim 5 \mathrm{pm}$. The condition to excite the nanoparticle motion constrains the Paul trap frequency $\omega_{n}$ from above, $\omega_{n} \ll 5 \times 10^{-4} \mathrm{~Hz}$, and the Lamb-Dicke condition from below, $\omega_{n} \gg 5 \times 10^{-8} \mathrm{~Hz}$. Specifically, we set the initial Paul trap frequency to $\omega_{1}=$ 0.1 kHz , which is then softened to $\omega_{2}=5 \times 10^{-6} \mathrm{~Hz}$. After the Paul trap is softened we create a spatial superposition of the nanoparticle by illuminating the atom with a short laser pulse of duration $\sim 100 \mathrm{ps}$ and detuning $\Delta_{3} \sim 10^{11} \mathrm{~Hz}$. The requirement of unit phase, $\phi_{\text {grav }} \sim 1$, fixes the intensity of the beam to $I \sim 1 \mathrm{~W} / \mathrm{m}^{2}$, resulting in a tiny nanoparticle superposition of size $\Delta x \sim 10^{-14} \mathrm{~m}$. The control beam will illuminate also the nanoparticle (given its close proximity $d \sim 0.75 \mu \mathrm{~m}$ ), but such a tiny intensity will, however, not lead to any measurable dephasing. Larger as well as smaller superpositions can be created by varying the parameters of the setup; for example, by controlling the intensity and duration of the displacement beam, one is expected to achieve superpositions of the size of the nanoparticle. Additionally, to further enlarge the size of the superposition--without extending the duration of the experiment-one could also introduce a boosting potential by adaptation of the coherent inflation method to the Paul trap [36].

The decoherence times for superposition sizes $\Delta x \sim 10^{-14} \mathrm{~m}$ exceed the duration of the experimental time
$\Delta t \sim 1 \mu \mathrm{~s}$ at readily available pressures and temperatures: For concreteness we consider the vacuum chamber with pressure $p \sim 10^{-2} \mathrm{mbar}$ and temperature $T \sim 300 \mathrm{~K}$. Given the modest laser intensities, and the relatively high pressure, we can assume that both the center of mass and internal temperature of the nanoparticle remain below $T \sim 1000 \mathrm{~K}$ [37] (for cooling the internal temperature, see Ref. [38]). At such pressures and temperatures we find that gas collisions limit the coherence time to $\sim 6 \mu \mathrm{~s}$, while decoherence due to photon emission or absorption remains negligible: At $T \sim 300 \mathrm{~K}$ the available coherence time is further extended [39-41].

For completeness we also estimate the emitted thermal radiation from the nanoparticle and its effect on the atom. Assuming black-body radiation from the nanoparticle with internal temperature $T \sim 1000 \mathrm{~K}$, we find a radiated intensity of $\sim 10^{5} \mathrm{~W} / \mathrm{m}^{2}$, which is two orders below the intensity generating the atom's dipole trap (see above). Furthermore, the intensity of the thermal radiation in the narrow frequency range of the internal transition $\operatorname{Cs} D_{2}\left(6^{2} S_{\frac{1}{2}} \rightarrow 6^{2} P_{\frac{3}{2}}\right)$ is $\sim 10^{-6}$ $\mathrm{W} / \mathrm{m}^{2}$, which has to be compared with ${ }^{2}$ the intensity of the controlling lasers, $\sim 1 \mathrm{~W} / \mathrm{m}^{2}$. We have to, however, rescale the two intensities by the ratio of the duration of the experiment ( $\sim 1 \mu \mathrm{~s}$ and of the controlling pulse and $\sim 100 \mathrm{ps}$ ), which nonetheless still results in the coherent laser radiation dominating by two orders of magnitude over the thermal one. If instead one assumes an internal temperature $T \sim 300 \mathrm{~K}$, the effect of thermal radiation becomes dwarfed by the controlling beams by $\sim 20$ orders of magnitude and can thus be again neglected.

Finally, we estimate the effect of voltage noise, $S_{V}$, which gives rise to a force noise, $S_{f}^{(\mathrm{vol})} \sim q S_{V} / D$, where $q$ is the net charge on the nanoparticle and $D$ is a characteristic distance to the electrodes. Specifically, assuming $S_{V} \sim 10 \mu \mathrm{~V} / \mathrm{Hz}^{1 / 2}$, $q \sim 80 e$ (we note that the charge on the nanoparticle can be controlled to a high degree [34]), and $D \sim 2.3 \mathrm{~mm}$, we find $S_{f}^{(\text {vol })} \sim 10^{-23} \mathrm{~N} / \mathrm{Hz}^{1 / 2}$ [35]. By comparison the force noise due to gas collisions is $S_{f}^{\text {(gas) }} \sim \sqrt{2 k_{b} T m_{n} \gamma}$, where $\gamma=4 \pi m_{g} r^{2} v_{t} p /\left(3 k_{b} T m_{n}\right)(1+\pi / 8)$ is the gas damping rate $[42,43], m_{g}$ is the molecular mass, and $v_{t}=\sqrt{8 k_{b} T /\left(\pi m_{n}\right)}$ is the thermal gas velocity: Using $T \sim 300 \mathrm{~K}$ and $p \sim$ $10^{-2} \mathrm{mbar}$, we find $S_{f}^{\text {(gas) }} \sim 10^{-16} \mathrm{~N} / \mathrm{Hz}^{1 / 2}$. As discussed above, the thermal noise does not impede the witnessing of interference, and hence voltage noise can be also safely neglected.

The insensitivity of the ten-step protocol to the environment can be explained by the fact that the characteristic wavelength of gas particles, as well as the wavelengths associated with laser and environmental photons, is much larger than $\Delta x$, making the associated decoherence times long compared with the short free-fall time.

In summary, we have shown that it is possible to create motional superposition of massive objects (a $\sim 500$-nm-radius nano-object) by introducing a coupled atom-nanoparticle hybrid system and have discussed how to detect such a superposition. The atom-nanoparticle system will extend the demonstration of the superposition principle to regimes of mass $10^{8}$ times the current record [44]. The method has several appealing features. It works for a generic initial state,
the control and readout of the motional state is through well-established versatile atomic protocols, and the created superposition is very well protected from deleterious decoherence effects.

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## APPENDIX A: ATOM-NANOPARTICLE MOTION AND INTERNAL TRANSITIONS

We discuss the center-of-mass variables (Appendix A 1), which allow us to reduce the problem to the effective interaction between the motional state of the nanoparticle (Appendix A 2) and the internal hyperfine state of the atom (Appendix A 3).

## 1. Center-of-mass motion

We introduce the center-of-mass (c.o.m.) variables

$$
\begin{equation*}
\hat{R}=\frac{m_{n} \hat{x}_{n}+m_{a} \hat{x}_{a}}{m_{n}+m_{a}}, \quad \hat{r}=\hat{x}_{n}-\hat{x}_{a}, \tag{A1}
\end{equation*}
$$

where $\hat{R}(\hat{r})$ is the c.o.m. (relative) position. The corresponding zero-point motions are given by $\delta_{n}=\sqrt{\frac{\hbar}{2 M \omega_{n}}}$ and $\delta_{a}=$ $\sqrt{\frac{\hbar}{2 \mu \omega_{a}}}$, where we have introduced the total mass $M=m_{n}+$ $m_{a} \sim m_{n}$ and the reduced mass $\mu=\frac{m_{a} m_{n}}{M} \sim m_{a}$. We define the mechanical modes as

$$
\begin{equation*}
\hat{R}=\delta_{n}\left(\hat{a}+\hat{a}^{\dagger}\right), \quad \hat{r}-d=\delta_{a}\left(\hat{b}+\hat{b}^{\dagger}\right) \tag{A2}
\end{equation*}
$$

and using Eq. (1), we readily find the nanoparticle-atom Hamiltonian:

$$
\begin{equation*}
H_{\text {nano-atom }}=\hbar \omega_{n} \hat{a}^{\dagger} \hat{a}+\hbar \omega_{a} \hat{b}^{\dagger} \hat{b} \tag{A3}
\end{equation*}
$$

We will be primarily interested in controlling the c.o.m. mode $\hat{a}$ which to good approximation coincides with the motion of the nanoparticle. We consider the rigid-coupling regime discussed in the main text; that is, we prepare the atom in the motional ground state and require $\delta_{n} \gg \delta_{a}$. More specifically, we require that the displacement beam will not excite the atom's motional state, while sufficiently exciting the nanoparticle.

Some remarks about the approximations involved are in order. In Eq. (A3) we have neglected terms of order $\sim O\left(m_{a} / m_{n}\right)$, which for typical atomic and nanoscale masses would correspond to a correction of 1 part in $\sim 10^{8}$. The analysis was also based on a semiclassical approximation, where the internal motion responsible for the atomic polarizability is assumed to reach a steady state on a timescale faster than the motional timescale of the atom in the trap [45]. The full dynamics would require simultaneous integration of the optical Bloch equations together with the atom-nanoparticle motional dynamics as described by the quantum kinetic equations [46-48]. In the following we will also consider additional lasers for controlling the motional state of the atom; we will suppose that the atom remains stably trapped for the duration of the experiment $[49,50]$.

## 2. Nanoparticle potential

The potential of the nanoparticle in the Paul trap is given by

$$
\begin{equation*}
\hat{H}_{\mathrm{nano}}=\frac{m_{n} \omega_{n}^{2}}{2} \hat{x}_{n}^{2}+m_{n} g_{E} \hat{x}_{n}-F \hat{x}_{n}, \tag{A4}
\end{equation*}
$$

where we have introduced the gravitational force $m_{n} g_{E}$ as well as the radiation pressure force $F$ generated by the trapping laser for the atom (see Fig. 1).

We first trap the nanoparticle in a relatively stiff Paul trap $\omega_{n}=\omega_{1}$ with the radiation pressure force $F$ constrained by the requirement of stable trapping in the Paul trap. The latter is controlled by light intensity $I$, which also sets the atomic trap frequency $\omega_{a}$ in Eq. (2). Given the large mass of the nanoparticle in comparison with the atom's mass, we can have both a small radiation pressure force $F \sim m_{n} g_{E}$ and a high trapping frequency $\omega_{a}$ for the atom: The latter is required to introduce a handle on the nanoparticle's motion.

We then release the nanoparticle by (i) softening the Paul trap frequency from $\omega_{n}=\omega_{1}$ to $\omega_{n}=\omega_{2}$ as well as (ii) reducing the radiation pressure such that $F \ll m_{n} g_{E}$. The net result is a change in equilibrium position, and for a transient period the nanoparticle is in free fall evolving according to the potential

$$
\begin{equation*}
\hat{H}_{\mathrm{nano}} \approx m_{n} g_{E} \hat{x}_{n} \tag{A5}
\end{equation*}
$$

In a nutshell, the idea is to suddenly release the nanoparticle from the trap and use laser fields to create a spatial superposition exploiting the atom-nanoparticle coupling. We effectively create a Mach-Zehnder-type interferometer for the nanoparticle: We exploit the Earth's gravitational acceleration, $\sim g_{E}$, to impart a phase difference on the spatial parts of the superposition, which is then transferred to the internal state and read out.

## 3. Two-photon stimulated Raman transitions

We consider two types of interactions, (a) one that controls the internal state without affecting the motional state and (b) one that displaces the motional state of the nanoparticle without changing the internal one [31].

In the former case, case (a), one links the ground and excited hyperfine states, i.e., the states $|\uparrow\rangle$ and $|\downarrow\rangle$, respectively, through a third hyperfine state $|3\rangle$ using lasers of frequencies $\omega_{1}$ and $\omega_{2}$ : On resonance we would have $\left|\omega_{1}-\omega_{2}-\Delta_{3}\right|=$ $\omega_{h}$ with $\Delta_{3}$ being a suitably chosen detuning from the state $|3\rangle$. Furthermore, we assume that the corresponding wave vectors, $\boldsymbol{k}_{1}$ and $\boldsymbol{k}_{2}$, are such that their difference $\delta \boldsymbol{k}=\boldsymbol{k}_{1}-$ $\boldsymbol{k}_{2}$ is parallel to the vertical $x$ axis with the projection denoted by $\delta k$. Formally, the interaction Hamiltonian is again given by Eq. (3), where $\eta=\delta k \delta_{n}$, and the coupling is given by $\Omega_{\uparrow \downarrow} \equiv \frac{g_{\uparrow 3}^{*} g_{3 \downarrow}}{\Delta_{3}}$. If we work at the carrier frequency, i.e., $\delta t=0$, the dominant term in the Hamiltonian is insensitive to $\delta k$, and the motional state remains unaffected, i.e., we only change the hyperfine state. In the latter case, case (b), one instead stimulates the transitions $|\downarrow\rangle \rightarrow|3\rangle$ and $|3\rangle \rightarrow|\downarrow\rangle$, resulting in a coupling $\Omega_{\downarrow \downarrow} \equiv \frac{g_{\downarrow, 3}^{*} g_{3 \downarrow}}{\Delta_{3}}$. Here, we want to induce big displacements of the nanoparticle, for which large values of $\delta k$ are preferable, e.g., $\delta k \sim\left|\boldsymbol{k}_{1}\right|,\left|\boldsymbol{k}_{2}\right|$. The Hamiltonian is still the one in Eq. (3) with the formal replacement $\sigma_{+} \rightarrow \mathbb{I}$,
where $\mathbb{I}$ is the identity matrix: Now the hyperfine state is unaffected, and the motional state changes, i.e., a displacement beam.

## APPENDIX B: CLASSICAL EVOLUTION

We consider the motion of a point particle of mass $m$ in a harmonic trap with frequency $\omega$ in the Earth's gravitational field. In particular, the total Hamiltonian of the problem is given by

$$
\begin{equation*}
H_{1}=\frac{p_{1}^{2}}{2 m}+\frac{1}{2} m \omega^{2} x_{1}^{2}+m g_{E} x_{1} \tag{B1}
\end{equation*}
$$

where $x_{1}\left(p_{1}\right)$ denotes the position (momentum) observable and $g_{E}$ is the gravitational acceleration. Here, we will denote the Earth's gravitational acceleration by $g_{E}$ while reserving the symbol $g$ for the corresponding coupling which depends on $\omega_{n}$ [see Eq. (B12)]. In Eq. (B1) the subscript 1 labels the reference frame. We also introduce a shifted reference, i.e., reference frame 2, where the positions and momenta are given by

$$
\begin{equation*}
x_{2}=x_{1}+\frac{g_{E}}{\omega^{2}}, \quad p_{2}=p_{1} \tag{B2}
\end{equation*}
$$

and the Hamiltonian is

$$
\begin{equation*}
H_{2}=\frac{p_{2}^{2}}{2 m}+\frac{1}{2} m \omega^{2} x_{2}^{2} \tag{B3}
\end{equation*}
$$

We are ultimately interested in the evolution described in reference frame 1, i.e., the evolution arising from Eq. (B1). However, as we will see when discussing the quantum case, it is instructive to compare it with the description in the shifted reference (reference frame 2), i.e., the evolution arising from Eq. (B3). Specifically, in reference frame 2 we find the solution to be a simple harmonic motion:

$$
\begin{gather*}
x_{2}=x_{2}(0) \cos (\omega t)+\frac{p_{2}(0)}{m \omega} \sin (\omega t),  \tag{B4}\\
p_{2}=-m \omega x_{2}(0) \sin (\omega t)+p_{2}(0) \cos (\omega t) . \tag{B5}
\end{gather*}
$$

Using Eq. (B2), we then immediately find the solution in reference frame 1:

$$
\begin{align*}
x_{1}= & x_{1}(0) \cos (\omega t)+\frac{p_{1}(0)}{m \omega} \sin (\omega t) \\
& +\frac{g_{E}}{\omega^{2}}[\cos (\omega t)-1],  \tag{B6}\\
p_{1}=- & m \omega x_{1}(0) \sin (\omega t)+p_{1}(0) \cos (\omega t) \\
- & m \omega \frac{g_{E}}{\omega^{2}} \sin (\omega t) . \tag{B7}
\end{align*}
$$

We now consider two different limits. We note that by taking the limit $g_{E} \rightarrow 0$ we recover simple harmonic motion: For example, the whole experiment, including the trap, is in free fall; that is, we recover Eqs. (B4) and (B5) with the formal replacement $x_{2} \rightarrow x_{1}, p_{2} \rightarrow p_{1}$. On the other hand, in the limit $\omega \rightarrow 0$ (i.e., we switch off the trap) we find

$$
\begin{gather*}
x_{1}=x_{1}(0)+\frac{p_{1}(0)}{m} t-\frac{g_{E} t^{2}}{2}  \tag{B8}\\
p_{1}=p_{1}(0)-m g_{E} t \tag{B9}
\end{gather*}
$$

as expected for free fall.

To relate the results to a quantum analysis, we introduce the zero-point motions, $\delta_{x}=\sqrt{\frac{\hbar}{2 m \omega}}$ and $\delta_{p}=\sqrt{\frac{\hbar m \omega}{2}}$, and the adimensional position and momentum,

$$
\begin{equation*}
X_{1}=\frac{x_{1}}{\delta_{x}}=a+a^{*}, \quad P_{1}=\frac{p_{1}}{\delta_{p}}=i\left(a^{*}-a\right) . \tag{B10}
\end{equation*}
$$

The gravitational potential becomes

$$
\begin{equation*}
U=\hbar g X_{1}, \tag{B11}
\end{equation*}
$$

where the gravitational coupling is

$$
\begin{equation*}
g=g_{E} \sqrt{\frac{m}{2 \hbar \omega}} \tag{B12}
\end{equation*}
$$

The transition from harmonic to free-fall motion depends on the strength of the frequencies $\omega$ and $g$, which we now explore. We rewrite Eqs. (B6) and (B7) using Eqs. (B10):

$$
\begin{align*}
X_{1}= & X_{1}(0) \cos (\omega t)+P_{1}(0) \sin (\omega t) \\
& +2 \frac{g}{\omega}[\cos (\omega t)-1],  \tag{B13}\\
P_{1}= & -X_{1}(0) \sin (\omega t)+P_{1}(0) \cos (\omega t) \\
& -2 \frac{g}{\omega} \sin (\omega t) . \tag{B14}
\end{align*}
$$

Taking the limit $g \rightarrow 0$ amounts to vanishing third terms on the right-hand side in Eqs. (B13) and (B14), which is the expected result as discussed above. On the other hand, naively taking the limit $\omega \rightarrow 0$ in Eqs. (B13) and (B14) does not give the free-fall evolution: The reason is that these have been derived from Eqs. (B13) and (B14) by dividing or multiplying by $\delta_{x}$ and $\delta_{p}$, which depend on the harmonic frequency $\omega$. A similar problem is encountered also by using the modes

$$
\begin{equation*}
a_{1}=\frac{X_{1}+i P_{1}}{2}, \quad a_{1}^{*}=\frac{X_{1}-i P_{1}}{2} \tag{B15}
\end{equation*}
$$

Specifically, from Eqs. (B13) and (B14) we find

$$
\begin{equation*}
a_{1}=a_{1}(0) e^{-i \omega t}+\frac{g}{\omega}\left(e^{-i \omega t}-1\right), \tag{B16}
\end{equation*}
$$

where we are again confronted on how to consider the limiting free-fall case.

The problem of taking the limit $\omega \rightarrow 0$ can be avoided by considering small adimensional expansion parameters $g t$ and $\omega t$ : To study the free-fall case, we choose to expand to quadratic order. Following the latter procedure, we find from Eq. (B16)

$$
\begin{equation*}
a_{1} \approx a_{1}(0)\left[1-i \omega t-\frac{1}{2} \omega^{2} t^{2}\right]+i g t-\omega \frac{g t^{2}}{2} \tag{B17}
\end{equation*}
$$

If we move back to the position-momentum description, we find

$$
\begin{gather*}
x_{1}=x_{1}(0)+\frac{p_{1}(0)}{m} t+x_{1}(0) \frac{\omega^{2} t^{2}}{2}-\frac{g_{E} t^{2}}{2},  \tag{B18}\\
p_{1}=p_{1}(0)-m \omega^{2} x_{1}(0) t+p_{1}(0) \frac{\omega^{2} t^{2}}{2}-m g_{E} t \tag{B19}
\end{gather*}
$$

Equations (B18) and (B19) have extra $\omega$-dependent terms which were absent in the $\omega \rightarrow 0$ limit [see Eqs. (B8) and


FIG. 3. We consider the vertical motion of a particle in a Paul trap in an Earth-bound laboratory. (a) The nanoparticle is initially confined in a trap with frequency $\omega_{1}$ and kept close to the origin of the trap; the gravitational force $m g_{E}$, where $m$ is the mass of the nanoparticle and $g_{E}$ is the gravitational acceleration, is counterbalanced by a radiation pressure force. (b) We change the frequency to $\omega_{2} \ll \omega_{1}$ and create a small superposition of size $\Delta x=\sqrt{\frac{\hbar}{2 m \omega_{2}}} \Delta X$.
(c) We decrease the radiation pressure force making it negligible with respect to the gravitational one; this changes the equilibrium position to $g_{E} / \omega_{2}^{2}=\sqrt{\frac{\hbar}{2 m \omega_{2}}} \delta h$. (d) We let the system evolve for a short time $t$ such that the motion of the particle is governed by the uniform gravitational field. This transient free-fall regime can be understood graphically: We note that the small arc drawn at radius $\delta h$ with subtended angle $\omega_{2} t$ can be well approximated by the initial part of a parabolic curve
(B9)]. Unlike the former $\omega \rightarrow 0$ calculation, the approximation procedure is not state independent, but depends on the values of $x_{1}(0)$ and $p_{1}(0)$. In order to recover exactly the freefall one, it is implicitly assumed that the initial position and momentum, $x_{1}(0)$ and $p_{1}(0)$, are small enough when taking the $\omega \rightarrow 0$ limit.

However, as we will explicitly see in Appendixes C and D , we can retain the additional $\omega$-dependent terms as they do not change the induced gravitational phase-as long as $\omega t$ remains small. Furthermore, higher-order harmonic termsbeyond the free-fall approximation-are interesting on their own and could be used to ascertain the spatial superposition of large nanoparticles without resorting to a dynamical equilibrium change (see Appendix E).

## APPENDIX C: QUANTUM EVOLUTION

In this section we consider the quantum dynamics of a particle of mass $m$ harmonically trapped and subject to the Earth's gravitational potential (Fig. 3). We continue to use the notation of Appendix B where the observables, e.g., $O$, are promoted to operators, e.g., $O \rightarrow \hat{O}$. The classical analysis of the transition from harmonic to free-fall motion-in particular, the approximations involved-carry over also to the quantum case. To simplify the notation, we will omit the
subscript 1 for quantities related to reference frame 1 most of the time.

## 1. Change in equilibrium

We consider the operator version of the Hamiltonian in Eq. (B1), which we rewrite as

$$
\begin{equation*}
\hat{H}=\hbar \omega \hat{a}^{\dagger} \hat{a}+\hbar g\left(\hat{a}^{\dagger}+\hat{a}\right) \tag{C1}
\end{equation*}
$$

and an initial coherent state $|\alpha\rangle$ associated with the $\hat{a}$ mode.
We first recall the definition of the displacement operator

$$
\begin{equation*}
\hat{D}(\alpha)=e^{\alpha \hat{a}^{\dagger}-\alpha^{*} \hat{a}} \tag{C2}
\end{equation*}
$$

and the multiplication rule

$$
\begin{equation*}
\hat{D}(\alpha) \hat{D}(\beta)=e^{\frac{1}{2}\left(\alpha \beta^{*}-\alpha^{*} \beta\right)} \hat{D}(\alpha+\beta) \tag{C3}
\end{equation*}
$$

To find the time evolution, we restate the problem in a displaced frame:

$$
\begin{gather*}
|\alpha\rangle \xrightarrow{\hat{D}}|\chi\rangle_{2}=\hat{D}(\delta)|\alpha\rangle,  \tag{C4}\\
\hat{H} \xrightarrow{\hat{D}} \hat{H}_{2}=\hat{D}(\delta) \hat{H} \hat{D}(\delta \alpha)^{\dagger}, \tag{C5}
\end{gather*}
$$

where $\delta \equiv \frac{g}{\omega}$. In particular, we find $\hat{H}_{2}=\hbar \omega \hat{a}^{\dagger} \hat{a}$, and using Eqs. (C2) and (C3), we find the time-evolved state

$$
\begin{equation*}
|\chi\rangle_{2} \rightarrow\left|\chi_{t}\right\rangle_{2}=e^{\frac{g}{2 \omega}\left(\alpha^{*}-\alpha\right)}\left|\left(\alpha+\frac{g}{\omega}\right) e^{-i \omega t}\right\rangle \tag{C6}
\end{equation*}
$$

We now go back to the original frame using the inverse transformation

$$
\begin{equation*}
\left|\chi_{t}\right\rangle_{2} \xrightarrow{\hat{D}^{\dagger}} \hat{D}^{\dagger}(\delta)\left|\chi_{t}\right\rangle_{2} . \tag{C7}
\end{equation*}
$$

Using again Eqs. (C2) and (C3), we finally find the time evolution of the state in the original frame:

$$
\begin{equation*}
|\alpha\rangle \rightarrow e^{\frac{g}{2 \omega}\left[\alpha^{*}\left(1-e^{i \omega t}\right)-\alpha\left(1-e^{-i \omega t}\right)\right]}\left|\alpha e^{-i \omega t}+\frac{g}{\omega}\left(e^{-i \omega t}-1\right)\right\rangle, \tag{C8}
\end{equation*}
$$

We expand to order $O\left(t^{2}\right)$ analogously as in the classical case:

$$
\begin{align*}
|\alpha\rangle \rightarrow & e^{-\frac{i}{2}\left(\alpha^{*}+\alpha\right) g t} e^{\frac{1}{2}\left(\alpha^{*}-\alpha\right) \omega \frac{g t^{2}}{2}} \\
& \times\left|\alpha\left(1-i \omega t-\frac{1}{2} \omega^{2} t^{2}\right)-i g t-\frac{\omega g t^{2}}{2}\right\rangle \tag{C9}
\end{align*}
$$

where we recognize in the first and second prefactors on the right-hand side a boost and a translation, respectively. In particular, using Eq. (B12), the phase factors expressed become

$$
\begin{align*}
-i \frac{\left(\alpha^{*}+\alpha\right) g t}{2} & =-i \frac{1}{2} \frac{x}{\hbar} \frac{g_{E} t}{2}  \tag{C10}\\
\frac{1}{2}\left(\alpha^{*}-\alpha\right) \omega \frac{g t^{2}}{2} & =-i \frac{1}{2} \frac{p}{\hbar} \frac{g_{E} t^{2}}{2} \tag{C11}
\end{align*}
$$

where $x=\delta_{x}\left(\alpha^{*}+\alpha\right)$ and $p=i \delta_{p}\left(\alpha^{*}-\alpha\right)$. Similarly, the state of the system $|\alpha\rangle$ has now been been boosted by $-g t$ as well as displaced by $-\frac{\omega g t^{2}}{2}$ in accordance with the classical evolution in Eq. (B17).

## 2. Change in equilibrium and frequency

We consider the time-dependent Hamiltonian:

$$
\begin{equation*}
\hat{H}(t)=\frac{\hat{p}^{2}}{2 m}+\frac{m \omega(t)^{2}}{2} \hat{x}^{2}+m \omega(t)^{2} d(t) \hat{x} \tag{C12}
\end{equation*}
$$

where $\hat{x}$ and $\hat{p}$ are the operators associated with the reference frame centered at the Paul trap origin, i.e., reference frame 1. In particular, we have a sudden change in equilibrium position $d(t)$ and in the Paul trap frequency $\omega(t)$, i.e.,

$$
\begin{align*}
& \omega(t)= \begin{cases}\omega_{1} & t \leqslant 0 \\
\omega_{2} & t>0,\end{cases}  \tag{C13}\\
& d(t)= \begin{cases}0 & t \leqslant 0 \\
\frac{g_{E}}{\omega_{2}^{2}} & t>0 .\end{cases} \tag{C14}
\end{align*}
$$

For $\omega_{2}=\omega_{1}$, one finds the problem already discussed in Appendix C 1.

Here, we consider the full dynamics with the Hamiltonian defined in Eqs. (C12)-(C14). We consider an initial coherent state $|\alpha\rangle$ associated with the mode $\hat{a}=\sqrt{\frac{\hbar}{2 m \omega_{1}}}(\hat{x}+i \hat{p})$ prepared at time $t=0$. The time evolution for $t>0$ can be explicitly computed [51] as

$$
\begin{equation*}
|\alpha\rangle \rightarrow \hat{S}(z) \hat{D}(\epsilon) \hat{R}(\phi)|\alpha\rangle, \tag{C15}
\end{equation*}
$$

where the operators are given by

$$
\begin{gather*}
\hat{S}(z)=e^{\frac{1}{2}\left(z \hat{a}^{\dagger 2}-z^{*} \hat{a}^{2}\right)},  \tag{C16}\\
\hat{D}(\epsilon)=e^{\frac{1}{2}\left(\epsilon \hat{a}^{\dagger}-\epsilon^{*} \hat{a}\right)},  \tag{C17}\\
\hat{R}(\phi)=e^{+i \phi \hat{a}^{\dagger} \hat{a}} \tag{C18}
\end{gather*}
$$

and the time-dependent parameters are defined as follows:

$$
\begin{gather*}
e^{i \theta} \tanh |z|=\frac{\left(e^{-2 i \omega_{2} t}-1\right) \tanh r}{1-e^{-2 i \omega_{2} t} \tanh ^{2} r},  \tag{C19}\\
\epsilon=\delta e^{i \phi}\left(1-e^{i \omega_{2} t}\right)\left(\cosh r+e^{-i \omega_{2} t} \sinh r\right),  \tag{C20}\\
e^{i \phi}=\frac{1-e^{2 i \omega_{2} t} \tanh ^{2} r}{\left|1-e^{2 i \omega_{2} t} \tanh ^{2} r\right|} e^{-i \omega_{2} t} . \tag{C21}
\end{gather*}
$$

We have two squeezing parameters: The customary one is given by $r=\frac{1}{2} \ln \left(\frac{\omega_{2}}{\omega_{1}}\right)$, and the dynamical one is given by $z=|z| e^{i \theta}$. The equilibrium position in adimensional units is given by $\delta=\frac{g_{2}}{\omega_{2}}$, which is contained in the time-dependent parameter $\epsilon$, where $g_{2}=g_{E} \sqrt{\frac{m}{2 \hbar \omega_{2}}}$ is the coupling induced by the gravitational acceleration.

We want to expand Eq. (C15) to order $O\left(t^{2}\right)$, during which the system is approximately in free fall as discussed in the previous sections. However, Eq. (C15) is not yet in a suitable form as displacement and rotation operators precede the squeezing one; $\hat{S}(z)$ applied on a displaced coherent state also changes its displacement. To avoid this problem, we adapt the analysis from Ref. [51] to commute the operators:

$$
\begin{equation*}
\hat{S}(z) \hat{D}(\xi)=\hat{D}(\gamma) \hat{S}(z) \tag{C22}
\end{equation*}
$$

where

$$
\begin{gather*}
\xi=\epsilon+\alpha e^{i \phi}  \tag{C23}\\
\gamma=\xi \cosh |z|-\xi^{*} \sinh |z| e^{i(\theta+\pi)} \tag{C24}
\end{gather*}
$$

We can thus rewrite Eq. (C15) using Eqs. (C3) and (C22) as

$$
\begin{equation*}
|\alpha\rangle \rightarrow e^{\frac{1}{2}\left(\epsilon \alpha^{*} e^{-i \phi}+\epsilon^{*} \alpha e^{i \phi}\right)} \hat{D}(\gamma) \hat{S}(z)|0\rangle . \tag{C25}
\end{equation*}
$$

We first note that the dynamical squeezing parameter $z$ in Eq. (C19) is only of order $O\left(\omega_{1} t\right)$ :

$$
\begin{equation*}
z=\frac{i t\left(\omega_{1}^{2}-\omega_{2}^{2}\right)}{2 \omega_{1}} \approx i \omega_{1} t \tag{C26}
\end{equation*}
$$

where we have assumed $\omega_{2} \ll \omega_{1}$. Hence we can neglect squeezing and set $\hat{S}(z) \sim \mathbb{I}$ by assuming $\omega_{1} t \ll 1$ (and hence also $\omega_{2} t \ll 1$ ). Performing a series expansion, keeping only the relevant terms, we obtain from Eq. (C15) the following evolution:

$$
\begin{align*}
|\alpha\rangle \rightarrow & e^{-\frac{i}{2}\left(\alpha^{*}+\alpha\right) \sqrt{\frac{\omega_{2}}{\omega_{1}}}} g_{2} t \\
e & \frac{1}{2}\left(\alpha^{*}-\alpha\right) \omega_{2} \sqrt{\frac{\omega_{1}}{\omega_{2}} \frac{g_{2} t^{2}}{2}}  \tag{C27}\\
& \times\left|\alpha_{h}-i \sqrt{\frac{\omega_{2}}{\omega_{1}}} g_{2} t-\frac{\omega_{2} g_{2} t^{2}}{2} \sqrt{\frac{\omega_{1}}{\omega_{2}}}\right\rangle,
\end{align*}
$$

where the harmonic contribution to the eigenvalue is given by

$$
\begin{align*}
\alpha_{h}= & \alpha+\alpha\left(-i \frac{\omega_{1}^{2}+\omega_{2}^{2}}{2 \omega_{1}} t-\frac{1}{2} \omega_{2}^{2} t^{2}\right) \\
& +\alpha^{*}\left(i \frac{\omega_{1}^{2}-\omega_{2}^{2}}{2 \omega_{1}} t+\frac{1}{4} \frac{\omega_{2}^{2}-\omega_{1}^{2}}{\omega_{1}^{2}} t^{2}\right) . \tag{C28}
\end{align*}
$$

It is instructive to introduce the gravitational coupling $g_{1}=$ $g_{E} \sqrt{\frac{m}{2 \hbar \omega_{1}}}$ associated with the modes $\hat{a}_{1}$; in particular, we note that $g_{2}=\sqrt{\frac{\omega_{1}}{\omega_{2}}} g_{1}$. From (C27) we then readily obtain the final result:

$$
\begin{equation*}
|\alpha\rangle \rightarrow e^{-\frac{i}{2}\left(\alpha^{*}+\alpha\right) g_{1} t} e^{\frac{1}{2}\left(\alpha^{*}-\alpha\right) \omega_{1} \frac{g_{1} t^{2}}{2}}\left|\alpha_{h}-i g_{1} t-\frac{\omega_{1} g_{1} t^{2}}{2}\right\rangle . \tag{C29}
\end{equation*}
$$

Relabeling $\omega 1$ and $g_{1}$ as $\omega$ and $g$, respectively, we recovered the result in Eq. (C9). In particular, we note that the phase evolution depends only on $g_{E}$ and not on the frequencies $\omega 1$ or $\omega 2$; see Eqs. (C10) and (C11).

## APPENDIX D: SUPERPOSITION STATE

We consider the time evolution of the state $|\alpha\rangle$ and of the displaced state $|\alpha+\beta\rangle$, where $\beta \in \mathbb{R}$ according to Eq. (C29). We readily find

$$
\begin{gather*}
|\alpha\rangle \rightarrow e^{i \xi}\left|\alpha^{\prime}\right\rangle  \tag{D1}\\
|\alpha+\beta\rangle \rightarrow e^{-i \phi_{\mathrm{grav}}} e^{i \xi}\left|\alpha^{\prime}+\beta e^{i \phi}\right\rangle \tag{D2}
\end{gather*}
$$

where $\xi=\frac{1}{2}\left(\alpha^{*}-\alpha\right) \omega \frac{g t^{2}}{2}, \alpha^{\prime}=\alpha_{h}-i g t-\frac{\omega g t^{2}}{2}$, and the accumulated phase difference is given by

$$
\begin{equation*}
\phi_{\text {grav }} \equiv g t \beta \tag{D3}
\end{equation*}
$$

By making the further approximation $\beta e^{i \phi} \approx \beta$ we recover the analysis from the main text; the validity of this approximation can be checked by evaluating Eq. (C21). Note, however, that this latter assumption is not necessary and one could still apply the protocol by modifying only step (7).

We now express the gravitational phase in terms of the physical quantities. We first recall that $\beta=\Delta x / \delta_{R}$, where the zero-point motion is $\delta_{R}=\sqrt{\frac{\hbar}{2 m \omega}}$. Using Eq. (B12), we then
readily recover Eq. (4) from the main text, i.e.,

$$
\begin{equation*}
\phi_{\mathrm{grav}}=\frac{m_{n} g_{E} \Delta x \Delta t}{\hbar} \tag{D4}
\end{equation*}
$$

where we have set $t=\Delta t$. For a fixed $\Delta x$ this result is independent of the Paul trap frequency as expected for the transient free-fall motion.

On the other hand, the superposition size given by $\Delta x$ depends on the Paul trap frequency $\omega_{n}$. In particular, applying the displacement beam before or after we change the Paul trap frequency from $\omega_{n}=\omega_{1}$ to $\omega_{n}=\omega_{2}$ can make a big difference. This can be seen by recalling that $\Delta x=\delta_{R} \beta$, where $\delta_{R}=\sqrt{\frac{\hbar}{2 m \omega_{n}}}$ is the zero-point motion, $\beta=\Omega_{g g} \eta \delta t$ is the displacement generated by the controlling lasers, and $\eta=k \delta_{R}$ is the Lamb-Dicke parameter (see main text). In particular, combining the formulas, we readily find

$$
\begin{equation*}
\Delta x=\frac{\hbar k}{2 m \omega_{n}} \Omega_{g g} \delta t, \tag{D5}
\end{equation*}
$$

where we explicitly see the $\sim \frac{1}{\omega_{n}}$ dependency of the superposition size. In other words, applying the same displacement beam in a weaker Paul trap leads to larger displacements as both the zero-point motion $\delta_{R}$ and the Lamb-Dicke parameter $\eta$ contribute a factor $\frac{1}{\sqrt{\omega}}$.

The $O\left(t^{3}\right)$ correction to gravitational phase in Eq. (D3) is given by

$$
\phi^{(3)}=-\frac{1}{6} g \omega_{2}^{2} t^{3} \beta .
$$

If we require $\left|\phi^{(3)}\right| \ll\left|\phi_{\text {grav }}\right|$, we find the simple condition $\omega_{2} t \ll 1$.

## APPENDIX E: PHASE DIFFERENCE

It is instructive to discuss the accumulated phase difference for spatial superpositions in harmonic traps for long times. We have already discussed the accumulation during the transient free-fall motion in case there is a change in equilibrium position. We now ask, What is the accumulated phase difference when the motion can no longer be approximated as free fall, for example, when the system undergoes a full harmonic oscillation? We perform these calculations using the semiclassical approximation [52].

Using the notation of Appendix B, we consider the description from reference frame 2, i.e., the dynamics is purely harmonic with the Hamiltonian given in Eq. (B3). Here, for simplicity, we consider the case $\omega=\omega_{1}=\omega_{2}$. The accumulated phase is given by the classical action

$$
\begin{equation*}
\phi\left[x_{2}(0), p_{2}(0)\right]=\frac{1}{\hbar} \int_{0}^{t}\left[\frac{p_{2}^{2}(s)}{2 m}-\frac{m \omega^{2}}{2} x_{2}^{2}(s)\right] d s \tag{E1}
\end{equation*}
$$

where $x_{2}$ and $p_{2}$ are given in Eqs. (B4) and (B5). Evaluating the integral, we readily find

$$
\begin{align*}
\phi\left[x_{2}(0), p_{2}(0)\right]= & \frac{\sin \left(2 \omega t_{f}\right)\left\{\left[p_{2}(0)\right]^{2}-\left[m \omega x_{2}(0)\right]^{2}\right\}}{4 m \omega \hbar} \\
& -\frac{p_{2}(0) x_{2}(0)}{\hbar} \sin ^{2}(\omega t) . \tag{E2}
\end{align*}
$$

We now consider the phase difference at different heights

$$
\begin{equation*}
\Delta \phi=-\left\{\phi\left[x_{2}(0)+\Delta x, p_{2}(0)\right]-\phi\left[x_{2}(0), p_{2}(0)\right]\right\} . \tag{E3}
\end{equation*}
$$

Using Eq. (E2), we immediately find

$$
\begin{align*}
\Delta \phi_{\text {harmonic }}= & \frac{\Delta x m \omega\left[\Delta x+2 x_{2}(0)\right]}{4 \hbar} \sin (2 \omega t) \\
& +\frac{\Delta x p_{2}(0)}{\hbar} \sin ^{2}(\omega t) \tag{E4}
\end{align*}
$$

Let us expand the expression for small $\Delta x$ compared with $x_{2}(0)$ and with $O(t)$; that is, we are interested in the free-fall regime of tiny superpositions. We readily find

$$
\begin{equation*}
\Delta \phi_{\text {grav }} \approx \frac{\Delta x x_{2}(0) m \omega^{2} t}{\hbar} \tag{E5}
\end{equation*}
$$

Using $g_{e}=x_{2}(0) \omega^{2}$, we again recover Eq. (D4) obtained from a more refined analysis. We have plotted in Fig. 4 a comparison between $\Delta \phi_{\text {harmonic }}$ and $\Delta \phi_{\text {grav }}$.


FIG. 4. (a) Accumulated phase difference $\Delta \phi$ for one oscillation period $t_{f}=\frac{2 \pi}{\omega}$. The blue dashed line corresponds to $\Delta \phi_{\text {harmonic }}$ in Eq. (E4), which oscillates at frequency $2 \omega$ completing two full oscillations in the trap oscillation period $t_{f}$. The red dotted line denotes the transient free-fall phase $\Delta \phi_{\text {grav }}$ in Eq. (E5). We have considered typical values considered in the main text: the nanoparticle mass $m=m_{n} \sim 10^{-15} \mathrm{~kg}$, Paul trap frequency $\omega \sim 5 \times 10^{-6} \mathrm{~Hz}$, initial position $x_{2}(0)=g_{e} / \omega^{2} \sim 4 \times 10^{11} \mathrm{~m}$, initial momentum to $p_{2}(0) \sim$ 0 , and superposition size $\Delta x=10^{-14} \mathrm{~m}$. We find that one period of oscillation is $t_{f} \sim 10^{6} \mathrm{~s}$. (b) Relative error between the full harmonic solution and the free-fall approximation. The free-fall transient is a good approximation for $t \lesssim t_{f} / 10 \sim 10^{5} \mathrm{~s}$, much longer than the timescale of the experiment.
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