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1 Thermal and mechanical performance of a novel 3D printed macro- 2 encapsulation method for phase change materials

3
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9 10 11 **Abstract**

12 The mechanical and thermal properties of a novel 3D-printed macro-encapsulation method for
13 Phase Change Materials (PCMs) was investigated and compared to mixtures that contain
14 commercially available micro-encapsulated PCMs. Two types of cement-based mixtures, a mortar
15 mix with a density of 2,161 kg/m³ and a lightweight mix with a density of 1,351 kg/m³, were
16 utilized for both the micro- and macro-encapsulated samples. The micro-encapsulated mortar and
17 lightweight samples contain 0 vol%, 10 vol%, and 20 vol% of PCMs with a melting point of 28 °C.
18 The macro-encapsulated samples contain 20 vol% of the same PCMs but in this case the PCMs
19 were incorporated into a hollow 3D-printed polymer lattice which is embedded in the cement-
20 based matrices. This lattice not only serves as macro-encapsulation but also as reinforcement to
21 enhance the ductility of cement-based materials. The results revealed that the lattice specimens
22 developed the lowest panel temperature during heating and showed a significant reduction of the
23 indoor temperature. The mechanical properties of the lattice specimens were improved and
24 resulted in a change from a brittle to strain-hardening behavior. This research shows the potential
25 of the developed system to be used for thermal retrofitting or as wall elements to lower the indoor
26 temperature and save energy in tropical climates.

27
28 **Keywords:** Phase Change Materials; Thermal energy storage; Cenospheres; Concrete; 3D-printing;
29 macro-encapsulation;

30 **1 Introduction**

31 Building envelopes are designed to carry structural loads and protect people from the
32 environmental climate including diurnal thermal changes. To address the diurnal thermal impact
33 on a building and on people different systems have been developed to hinder the thermal
34 exchange between the inside and outside of the building. These building envelope systems vary
35 greatly in terms of wall design (e.g. different layer systems, insulation layers and/or ventilated
36 facades etc.) and, therefore, in a wide range of construction effort and costs. A monolithic design
37 of the exterior walls is a cost- and time-effective construction method and of common practice
38 especially when cementitious materials are used. Concrete facades benefit from higher
39 mechanical strength and low maintenance costs but, unfortunately, lack in thermal performance.
40 This results either in high diurnal temperature change within the building or in high energy
41 consumption for heating or cooling. For instance, in Singapore 60 % of the electricity consumption
42 is used by air-conditioning to cool space in residential and non-residential buildings [1]. On the
43 other hand, most of Singapore's schools are mechanically ventilated by fans and not air-
44 conditioned which results in classroom temperatures up to 27-32 °C [2]. To address these issues,
45 methods have been investigated to enhance the thermal performance of concrete by developing
46 new concrete mixtures for monolithic construction. One such approach is the incorporation of
47 Phase Change Materials (PCMs) into concrete mixtures. The melting and freezing process of PCMs

48 stores and releases energy within a narrow temperature range. This behavior has the potential to
49 decrease the temperature fluctuation within a building and, therefore, save heating and cooling
50 costs and has caught the interest of several research groups [3-15].

51
52 The majority of the PCMs consists of paraffin that are available in a wide range of melting
53 temperatures [16-18]. But there are two major challenges when PCMs are used in cementitious
54 mixtures - the PCMs low thermal conductivity of about 0.21 – 0.23 W/mK [19] and the leakage of
55 the liquid paraffin phase into the cement based mixtures. Several researchers enhanced the
56 thermal conductivity by incorporating carbon fibers or expanded graphite which promotes the
57 heat diffusion into the paraffin [20-24]. Additional research addressed the leakage challenge by
58 developing encapsulation methods for paraffins which range from imbuing of porous materials
59 with PCMs to provide micro- and/or macro-encapsulation of the paraffin [25-30].

60
61 Macro-encapsulated methods are mostly referred to paraffin filled into pockets, balls or plates
62 and are incorporated into the wall system as layers. This requires additional effort compared to
63 monolithic designed walls [31-35]. Micro-encapsulation, on the other hand, is a method where
64 PCM particles are covered with a thin polymeric film to avoid leakage during its phase change [5,
65 36-40] but this thin film lacks in mechanical strength and is therefore sensitive to damage when
66 mixed into concrete and mortar [41, 42]. Several micro-encapsulation methods were developed
67 to enhance the mechanical strength of the PCMs and, therefore, allow higher amounts of PCMs to
68 be incorporated for a better thermal performance of the mixtures [4, 43-46]. For instance, Hunger
69 et al. [43] investigated the thermal performance of cementitious materials with various volume
70 fractions of micro-encapsulated PCMs. Their study revealed that the PCM mixture with the highest
71 volume % (e.g. with 5% PCMs by volume) exhibited a compressive strength loss of 69%. In their
72 research, Hunger et al. concluded that the loss of compressive strength is due to the substantial
73 gap-difference in the intrinsic strength of the micro-encapsulated PCMs and the concrete matrix
74 as well as due to the damage of micro-encapsulation of the PCMs during the mixing and fabrication
75 process of the concrete members.

76
77 In this paper a novel 3-D printed macro-encapsulation method is being introduced with the aim
78 of providing a mechanically stable and durable encapsulation method for monolithic exterior wall
79 systems. For this purpose, a hollow 3D-printed lattice was filled with paraffin and embedded in a
80 cement-based matrix to investigate thermal and mechanical properties of this novel system. The
81 beneficial mechanical properties of the 3D-printed lattice reinforced system were already shown
82 by the researchers in [47]. Focus was placed on the mechanical and thermal assessment of two
83 cement-based mixtures, a mortar mixture and a lightweight mixture. The developed system has
84 the potential to be used as a monolithic exterior wall system with improved thermal performance
85 or as panel elements to retrofit existing buildings with the aim to lower the electricity
86 consumption and indoor temperature for buildings in tropical climates.

87

88 **2 Materials and Methods**

89 **2.1 Materials**

90 Two mixtures were prepared, an ordinary mortar mixture with fine sand and a lightweight
91 mixture with cenospheres instead of sand aggregates. Ordinary Portland cement, CEM I, according
92 to Singapore Standard SS EN 197-1 was used for both the mortar and lightweight mixtures. The
93 composition of the cement is listed in Table 1.

94

95
96

Table 1 Composition of CEM I

Composition	Cem I [%]
SiO ₂	20-25
Al ₂ O ₃	5-6
Fe ₂ O ₃	2-3
CaO	60-65
MgO	1-2
Na ₂ O	0.2-0.3
K ₂ O	0.4-0.5
Free lime as CaO	0.5-1.0
C ₃ A	5-10

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Fine sand with a maximum grain size of 2 mm and a fineness modulus of 3.2 was used for the mortar mixtures. The grain size distribution of the fine sand is shown in Figure 1.

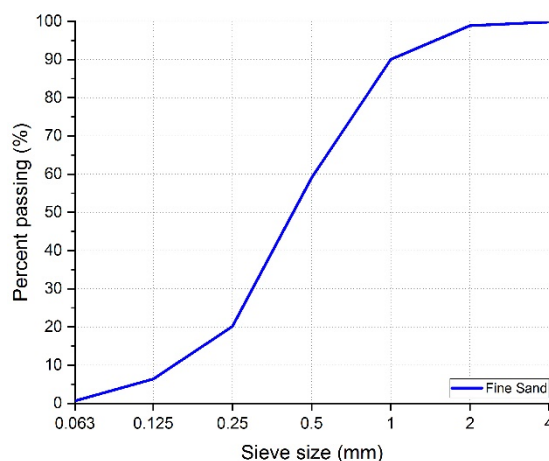


Figure 1: Sieve curve of the fine aggregates

102
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104

105 For the lightweight mixtures, silica fume and cenospheres which are lightweight, hollow spheres
106 made largely of silica and alumina were utilized. The properties of the cenospheres are given in
107 Table 2.

108
109
110

Table 2 Technical Data of Cenospheres

Cenosphere QK300	
True Density [kg/m ³]	850
Bulk Density [kg/m ³]	450
Crush Strength [MPa]	17.2
Size range [μm]	45-300
Particle size D10 [microns] ¹	75
Particle size D50 [microns] ¹	180
Particle size D90 [microns] ¹	275
Therm. conductivity [W/mK]	0.18
Melting point [°C]	1300

Softening point [°C]	1250
Moisture rate [%]	<0.5%
pH-Value [-]	7-8

111 10% (D10) and 90% (D90) of the particles are smaller than 75 and 275 microns
 112 respectively. D50, 50% of the particles are smaller than 180 microns. D50 represents
 113 the median diameter
 114

115 A polycarboxylate ether-based superplasticizer was used for the lightweight mixtures. A micro-
 116 encapsulated paraffin with a melting point of 28 °C and particle size in the range of 15 to 30
 117 microns was incorporated into both cement-based mixtures. In comparison, pure paraffin wax
 118 with the same melting temperature was used for the novel encapsulation method introduced in
 119 this research. All PCMs were obtained from the same manufacturer. The selection of a phase
 120 change temperature of 28 °C was to ensure that the PCM can be fully discharged during the night
 121 in Singapore as confirmed by research in [48].
 122

123 2.2 Mix proportion

124 Both the mortar mixtures and the cenosphere mixtures contain 0, 10% and 20% of PCMs by
 125 volume. All mortar mixtures have a water-to-cement ratio of 0.5 and contain sand as fine
 126 aggregates. The control mixture contains 52.8 vol% of sand and the sand was then partially
 127 replaced by PCMs according to their volume fractions. The lightweight mixtures consist of cement,
 128 silica fume, and cenospheres with a water-to-cement ratio of 0.36 resulting in 40.6 vol% of
 129 cenospheres for the control mixture. The cenospheres were partially replaced by the PCMs
 130 according to their volume fractions. Additionally, the mixtures with 0 vol% of PCMs served as
 131 matrices for the 3D-printed hollow lattice encapsulation. The hollow octet lattice, 3D-printed with
 132 ABS, is shown in Figure 2. The lattice was filled with pure PCM-paraffin. The selected lattice
 133 geometry was able to contain 20 vol% of paraffin by volume of concrete resulting in an overall
 134 volume, PCM plus ABS lattice, of 37%. Table 3 and Table 4 show the composition of the mortar
 135 and the cenosphere mixtures, respectively. The notation used in the following are xxP28 where
 136 the xx represent the volume percentage of the incorporated microencapsulated PCMs and P28 the
 137 melting point of the phase change materials. M represents mortar specimens whereas C
 138 represents cenosphere samples, therefore C20P28 represents a cenosphere mix with 20 vol% of
 139 PCMs.

140 To reduce the damage to the micro-encapsulated PCMs, the dry constituents of the mortar mixture
 141 were first stirred for 90 seconds to ensure a well-mixed blend. The PCMs were then added and
 142 stirred for 60 seconds, followed by water addition and 3 minutes of mixing.
 143

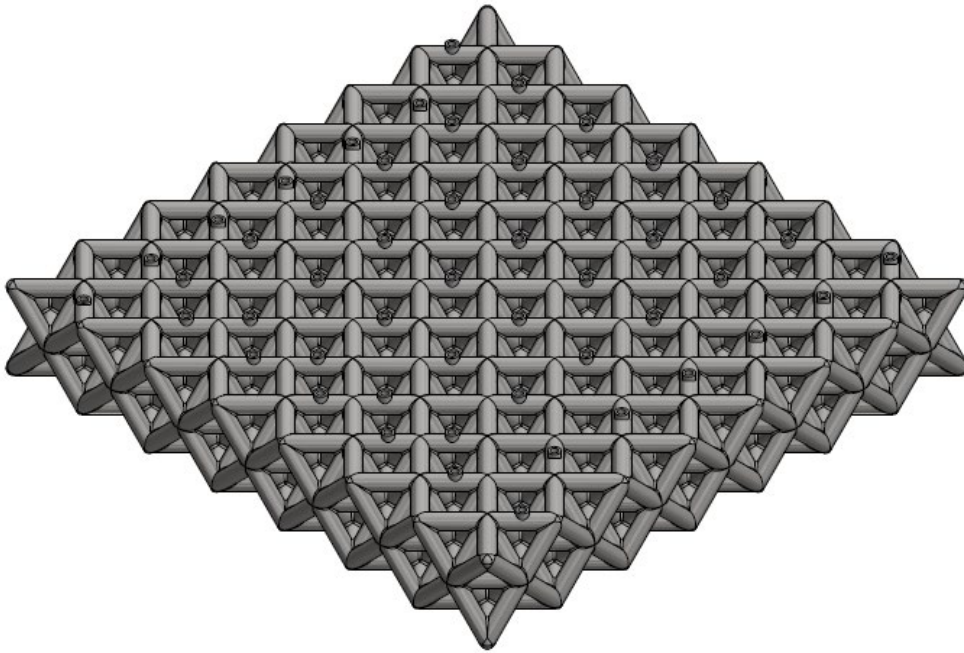


Figure 2: 3D-printed octet lattice that serves both as encapsulation for the PCMs and as matrix reinforcement.

Table 3: Composition of the mortar mixture with varying amount of PCMs

Batch notation Mortar	Density	Mortar Control mixture	M10P28 10 Vol % PCM-28	M20P28 20 Vol % PCM-28	Mortar Lattice mixture
Cement: CEM I [kg/m ³]	3100	550	550	550	550
Sand: 0-2 mm [kg/m ³]	2700	1424	1155	885	1424
Water [kg/m ³]	1000	275	275	275	275
PCM - 28 °C [kg/m ³]	900	--	90	180	--
W/B ratio [-]	--	0.50	0.50	0.50	0.50
SP-ACE8538 [% of CEM]	--	0.10	0.29	1.16	0.10
Flow table test [mm]	--	130	140	125	130

Table 4: Composition of the lightweight mixture with varying amount of PCMs

Batch notation Cenospheres	Density	Ceno- Control mixture	C10P28 10 Vol % PCM-28	C20P28 20 Vol % PCM-28	Ceno Lattice mixture
Cement: CEM I [kg/m ³]	3100	775	775	775	775
Silica Fume [kg/m ³]	2200	67	67	67	67
Cenospheres [kg/m ³]	850	325	245	165	325
Water [kg/m ³]	1000	303	303	303	303
PCM - 28 °C [kg/m ³]	900	--	90	180	--
W/B ratio [-]	--	0.36	0.36	0.36	0.36
SP-ACE8538 [% of Binder]	--	0.13	0.26	0.93	0.13
Flow table test [mm]	--	155	145	145	155

153 2.3 Experimental method and equipment

154 2.3.1 Mechanical characterization

155 The mechanical properties were evaluated by performing compression and bending tests at the
156 age of 28 days. For compression tests, 5 cm cubes were prepared and tested with a loading rate of
157 55 kN/min. Four-point bending tests on beams with 50 × 50 × 300 mm were performed to
158 evaluate the bending capacity and post cracking behavior. A loading rate of 0.2 mm/min was
159 chosen for all tests. At least 3 samples of each mixture were prepared for each test.

160

161 2.3.2 Thermal performance

162 In addition to the mechanical characterization, the thermal properties were assessed by means of
163 Differential Scanning Calorimetry and a so called “Hot Box” test setup.

164

165 2.3.3 Differential Scanning Calorimetry

166 Differential Scanning Calorimetry (DSC) measurements were performed on pure PCMs and on
167 encapsulated PCMs. Pure PCMs refers here to PCMs that has been filled into the 3D printed lattice
168 whereas the encapsulated PCMs were mixed into the cement-based matrix. The samples were
169 tested within a temperature range of 10 to 60 °C with a heating and cooling rate of 1 °C at nitrogen
170 atmosphere.

171

172 2.3.3.1 Hot Box Test

173 To evaluate the thermal performance of the different mixtures and encapsulation methods, panels
174 with dimensions of $L \times H \times T = 30 \times 30 \times 5 \text{ cm}^3$ were prepared and tested with a Hot-Box setup.
175 The Hot-Box setups, shown in Figure 3, consisted of two chambers, a reflective hollow tunnel
176 chamber and a test chamber, separated by the test specimen as shown in Figure 4. The test
177 specimens were heated by three radiant heat panels. The inner dimension of the two chambers
178 is 30 x 30 x 30 mm³. The walls of the chambers are made of 100 mm thick expanded polystyrene
179 boards. In addition, the inner surfaces of the walls of the reflective hollow tunnel chamber were
180 covered with reflective paper to ensure a uniform temperature field for the test panel. The length
181 of the tunnel is 35 cm. Three radiant heat panels supplied the heat for the testing and were placed
182 15 cm in front of the tunnel. The intensity of the heat panel could be adjusted with a connected
183 dimmer. Similar experimental setups have been used by other researchers [19, 49-53].

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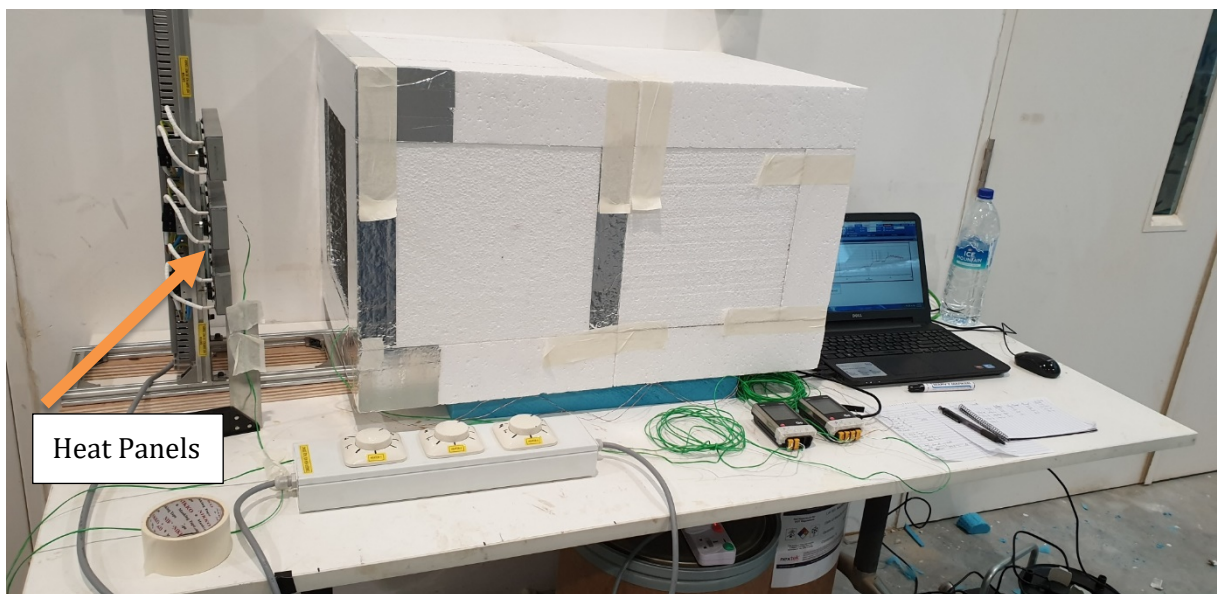


Figure 3: Hot Box test setup

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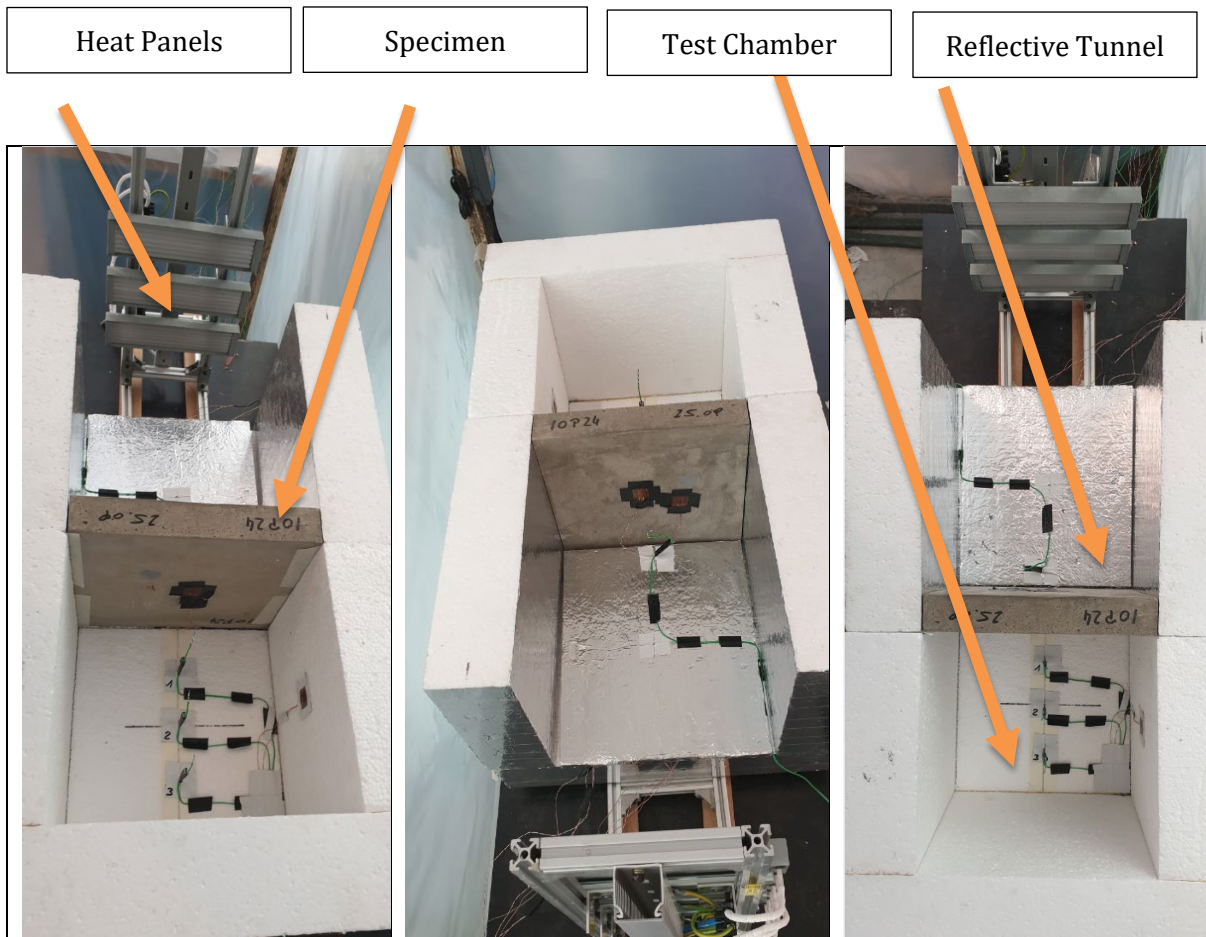


Figure 4: Hot Box test setup details

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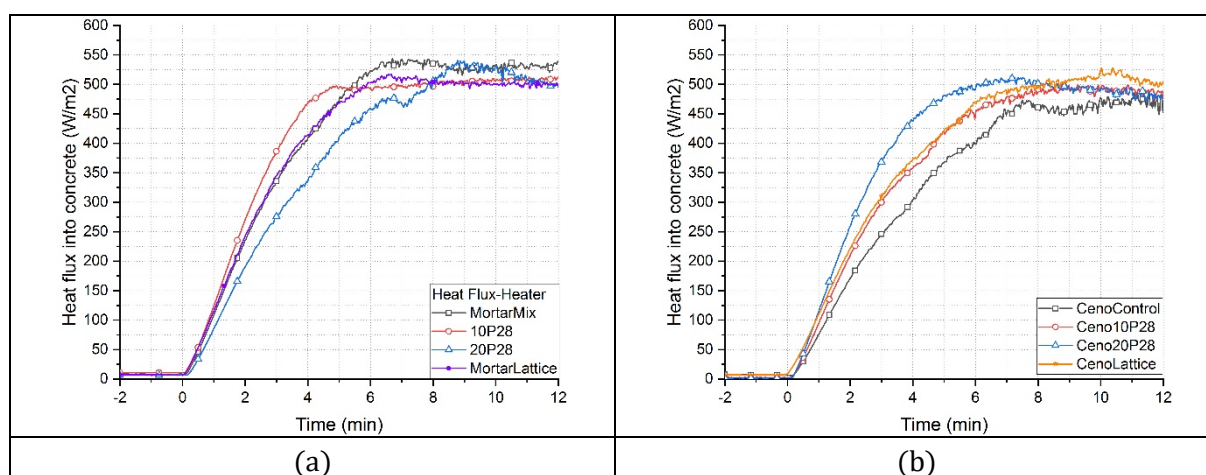
194 2.3.3.2 Temperature and heat flux measurement

195 The test specimen was instrumented with four heat flux sensors and four Type K thermocouples.
196 Two of the heat flux sensors and two thermocouples were placed on the exterior, heated surface
197 to monitor the heat flux into the test specimen and its exterior surface temperature. The
198 remaining two heat flux sensors and thermocouples were placed on the interior surface of the

199 specimen to monitor the heat flux into the test chamber as well as its interior surface temperature.
 200 The air temperature in the test chamber was recorded by three type K thermocouples at a height
 201 of 15 cm from the bottom surface and a distance of 7.5 cm, 15 cm, and 22.5 cm from the test
 202 specimen. In addition to that, the air temperature in the reflective tunnel was measured at a 2 cm
 203 distance from the heated surface of the test specimen.
 204

205 2.3.3.3 Thermal loading

206 The test duration was chosen to be 180 minutes. Each test specimen was heated for 90 min which
 207 was followed by natural cooling of 90 minutes. The heat flux into the different specimens was
 208 regulated for the first 10 minutes of testing by adjusting the radiant heat panels. This ensured a
 209 constant heat flux of approx. 500 W/m² after 10 minutes for each specimen (see Figure 5). The
 210 radiant heat of 500 W/m² is close to the mean daily solar irradiance of Singapore and was also
 211 used by several researchers in [48-50].
 212



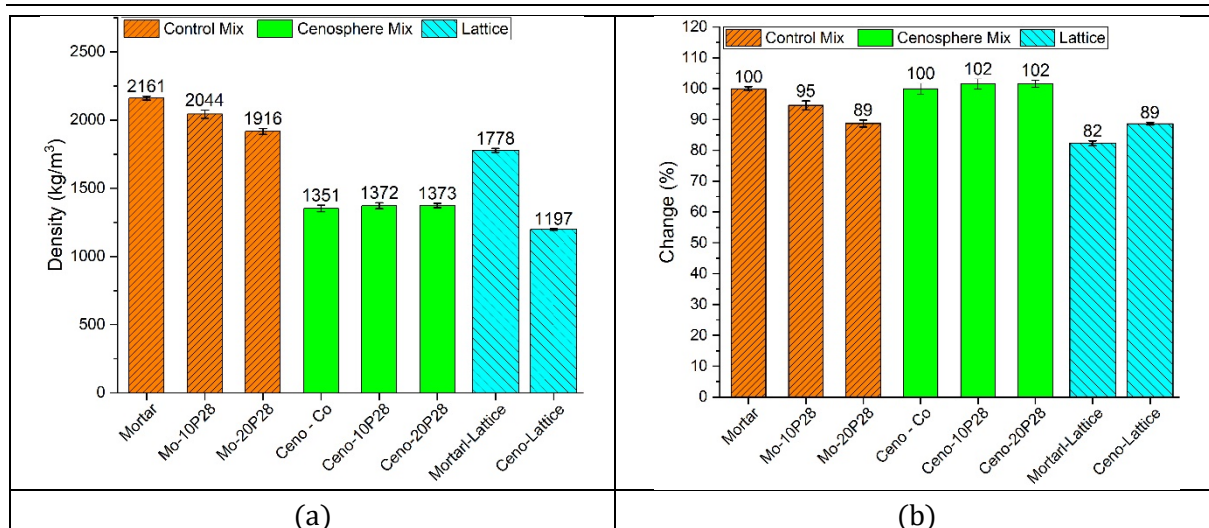
213 Figure 5: Cumulative Heat flux density applied to each test specimen, a) Mortar mixture, b)
 214 Cenosphere mixtures
 215

216 3 Results

217 3.1 Mechanical and physical properties

218 3.1.1 Density

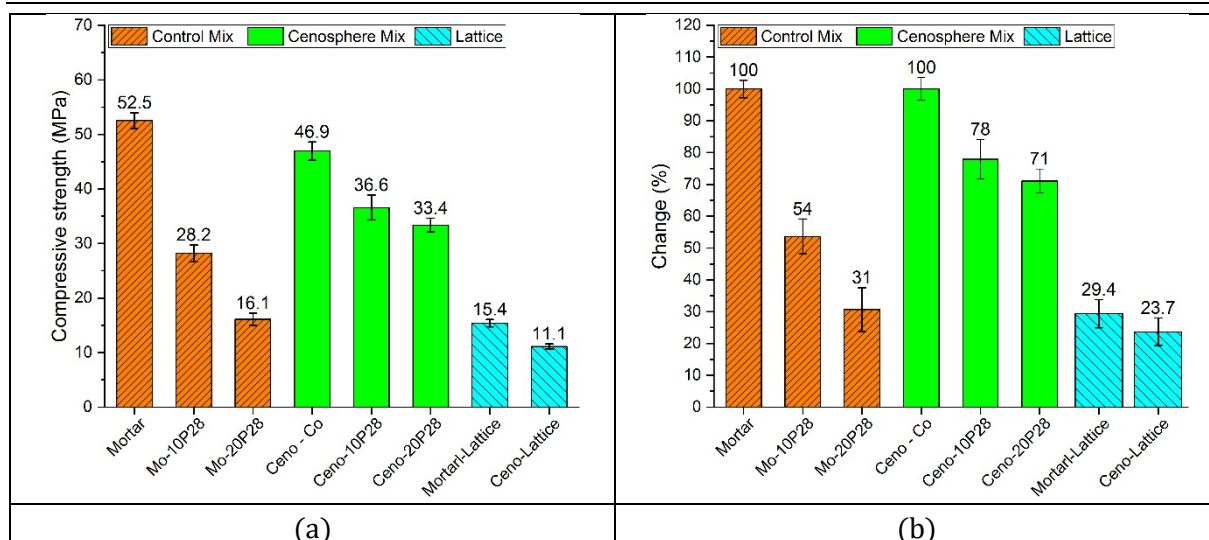
219 The density of the mortar and lightweight mixtures are shown in Figure 6a, whereas the change
 220 in density, referring to the control mixes without PCMs, is shown in Figure 6b. The density was
 221 measured at an age of 7 weeks after storage of the samples for 28 days in a high humidity
 222 environment (90-98 % rel. humidity) followed by 3 weeks of laboratory storage at about 24 °C
 223 and approx. 70% rel. humidity. The density of the mortar control mixture is 2,161 kg/m³ and
 224 decreases with increasing PCM content due to the difference in density of aggregates (2,700
 225 kg/m³) and PCMs (900 kg/m³). The lightweight mixture shows a density of 1,351 kg/m³ for the
 226 control mixture and no significant change in density is measurable with increasing PCM content
 227 due to the similar densities of PCMs (900 kg/m³) and cenospheres (850 kg/m³). The lowest
 228 density is observed for the specimens with the incorporated lattice which exhibits 1,778 kg/m³
 229 and 1,197 kg/m³ for the mortar-lattice and cenosphere-lattice mixture, respectively.
 230



231 Figure 6: Density of mortar and lightweight mixture with 0 vol% (control mixes), 10 vol%, 20
 232 vol% of PCM and the lattice specimens, a) density in kg/m³, b) change of density compared to
 233 the mortar control and cenosphere control mixes in %.
 234

235 3.1.2 Compressive strength

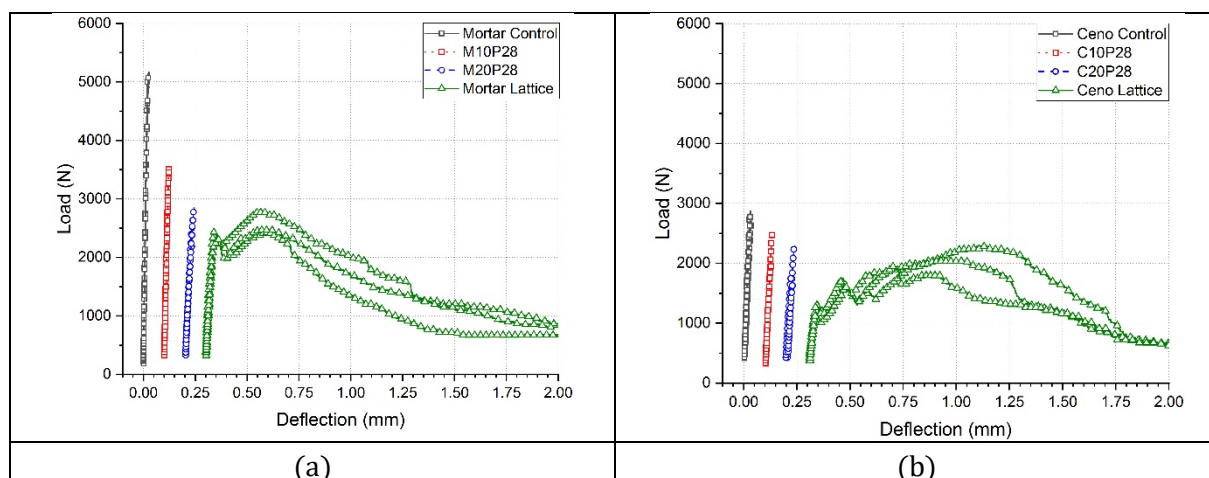
236 The compressive strength of the mixtures at 28 days and the change in strength compared to the
 237 control samples is given in Figure 7a and 7b, respectively. The mortar control mixture shows an
 238 average compressive strength of 52.5 MPa and this strength decreases with increasing PCM
 239 content (see Figure 7a). The addition of 10 vol% of PCMs to the mortar mixture reduces the
 240 compressive strength to 28.2 MPa. A 20 vol% of PCMs results in a compressive strength of 16.1
 241 MPa. The mixture with the incorporated lattices exhibited a compressive strength of 15.4 MPa.
 242 The cenosphere control mix shows a compressive strength of 46.9 MPa and the addition of PCMs
 243 has significant lower impact on the compressive strength compared to the mortar mixture (see
 244 Figure 7a). The addition of 10 vol% of PCM reduces the compressive strength to 36.6 MPa, 20
 245 vol% of PCMs results in a compressive strength of 33.4 MPa. The specimens with PCM-filled
 246 lattices exhibited a compressive strength of 11.1 MPa. It should be noted that the 3D printed lattice
 247 with the incorporated PCMs results in an overall volume of 37% of the cubes geometry. This
 248 results in 17% lower concrete matrix compared to cubes containing 20 vol% of micro-
 249 encapsulated PCMs and therefore to the lower compressive strength. New evolving techniques
 250 will allow stronger materials to be used to fabricate these lattices and therefore can improve the
 251 strength of the samples. Furthermore, an optimization of the lattice geometry has the potential to
 252 improve the bulk strength.
 253



254 Figure 7: Compressive strength of mortar and lightweight mixture with 0 vol% (control mixes),
 255 10 vol%, 20 vol% of PCMs and the lattices specimens a) compressive strength in MPa, b) change
 256 of compressive strength compared to the mortar and cenosphere control mixes in %.
 257

258 3.1.3 Flexural strength

259 The load-deflection curves of the specimens with and without PCMs are given in Figure 8. Three
 260 specimens were tested for each mixture and PCM content. The control samples and the samples
 261 with 10 vol% and 20 vol% of PCMs showed a linear elastic behavior up to the peak load followed
 262 by an abrupt brittle failure as shown in Figure 8a and 8b. These figures include the results of all
 263 three tested samples per mix and the overlapping of the results up to failure revealed their similar
 264 elastic behavior of the control samples and the micro-encapsulated samples. Regarding the lattice
 265 samples, all specimens revealed the same behavior up to the crack initiation load but then vary in
 266 their post cracking behavior. Additionally, the specimens with the incorporated lattices revealed
 267 strain-hardening behavior followed by a smooth post cracking behavior. The most pronounced
 268 strain-hardening behavior was observed by the cenosphere lattice samples as shown in Figure 8b.
 269 Hence, the lattice reinforcement is very effective in rendering the brittle cement-based samples
 270 into quasi-brittle materials.
 271



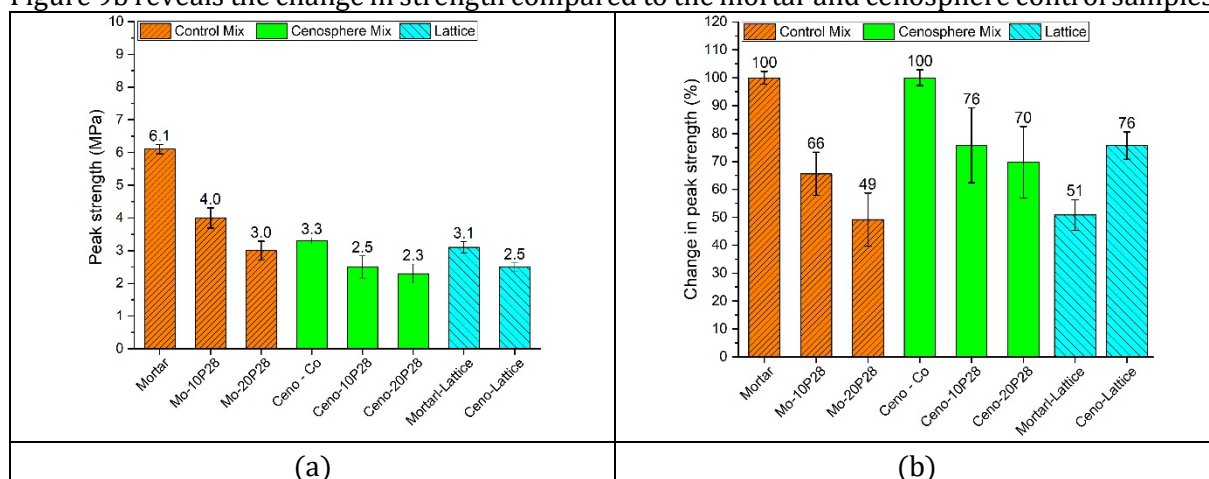
272 Figure 8: Load deflection curve of a) Mortar samples, b) Cenosphere samples
 273

274 The peak strength was calculated by the following expression.
 275

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285

$$\sigma = F_{\max} L / (b h^2) \quad (1)$$

where F_{\max} is the maximum load in MPa and b , h and L are the width, height and span length of the tested specimens, being equal to 50 mm, 50 mm and 150 mm respectively. The highest peak strength was found for the mortar control mixture (e.g. 6.1 MPa). The addition of 10 vol% and 20 vol% of PCMs reduced the peak strength to 4.0 MPa and 3.0 MPa, respectively, as shown in Figure 9a. The cenosphere control mixture exhibited a strength of 3.3 MPa with a reduction to 2.5 MPa for 10 vol% and a reduction to 2.3 MPa for 20 vol% of incorporated PCMs. The lattice samples showed a strength of 3.1 MPa and 2.5 MPa for the mortar and cenosphere mixture, respectively. Figure 9b reveals the change in strength compared to the mortar and cenosphere control samples.



286 Figure 9: Flexural peak strength a) for all samples in MPa, b) change in peak strength compared
287 to the mortar and cenosphere control samples in %.
288

289 3.2 Differential Scanning Calorimetry (DSC)

290 Table 5 lists the results of the DSC for the pure and encapsulated paraffin. The pure paraffin is the
291 paraffin that was incorporated into the hollow 3D-printed lattices. The sample mass of each test
292 is given in Table 5. The heat storage capacity given in Table 5 is the result of the integral of the
293 heat capacity in $J/(g \text{ } ^\circ\text{C})$ shown in Figure 10. The encapsulated PCM shows a higher heat storage
294 capacity compared to the pure paraffin. It would be expected that the pure paraffin shows a higher
295 heat storage capacity than the micro-encapsulated PCM. However, the exact composition of both
296 PCM products (Nextek 28D and PCM28) was not revealed by the supplier (Microtek Laboratories
297 in Dayton, USA) and therefore it is assumed that the paraffin used for the encapsulated product
298 differs from the pure product and therefore a lower heat capacity is measured for the pure
299 paraffin.

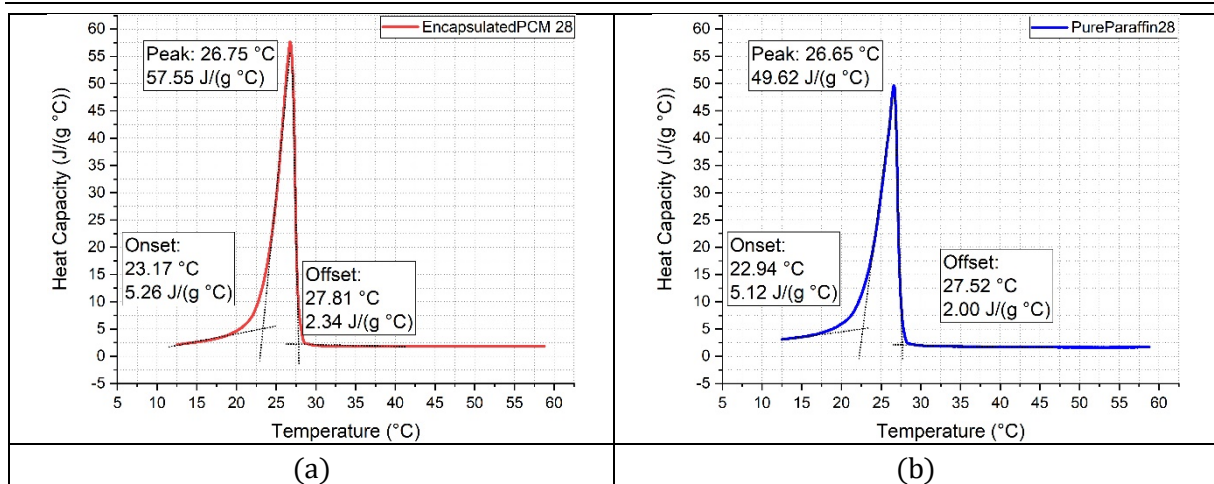
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Table 5: DSC results obtained within a temperature range of 10 to 60 $^\circ\text{C}$

Sample	Sample mass	Heat storage capacity ¹	Peak Temperature	Heat Capacity at peak temperature
	mg	J / g	$^\circ\text{C}$	J/g $^\circ\text{C}$
PureParaffin28	67.5	206.4	26.65	49.62
Encapsulated Paraffin	66.2	216.2	26.75	57.55

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303

¹Combination of latent heat and sensible heat measured in a temperature range of 15 to 40 $^\circ\text{C}$

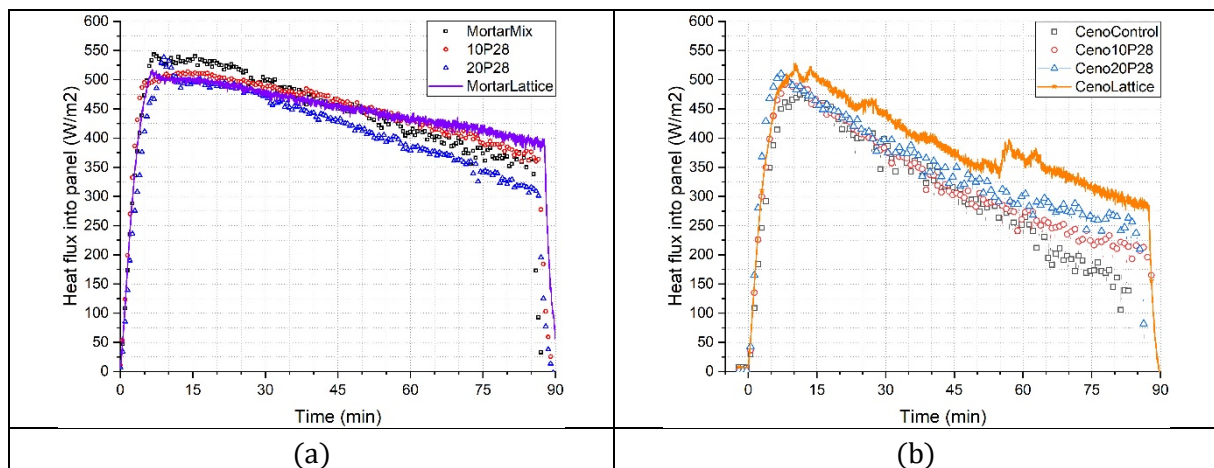


304 Figure 10: Heat capacity of tested specimens in J/(g °C), a) Encapsulated PCM for concrete
 305 mixtures, b) pure paraffin for hollow lattice
 306

307 3.3 Thermal performance of panels – Hot Box Test

308 3.3.1 Heat flux measurement

309 The heat flux into the mortar and cenosphere samples during the 90-minute heating period is
 310 shown in Figure 11. While both samples reached the desired heat flux of 500W/m² after 10
 311 minutes, the cenosphere samples exhibited a faster drop in heat flux during the remaining heating
 312 period. A detailed discussion of the thermal behavior and correlation of heat flux and temperature
 313 developments are given in the following section.
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 315

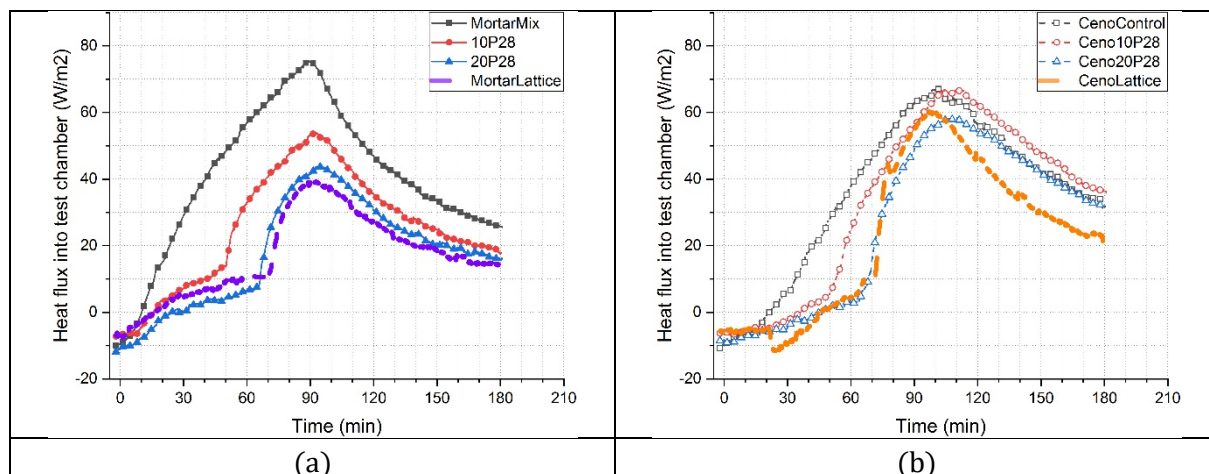


316 Figure 11: Heat flux from the radiant heater into the panels over the heating period of 90 min in
 317 W/m² a) heat flux into the Mortar panels, b) heat flux into the cenosphere panels
 318

319 The heat flux of the mortar and cenosphere samples into the test chamber over the test period of
 320 180 min are shown in Figure 12. The control samples show a steady increase over the heating
 321 period which is followed by a decrease thereafter. Mixtures with incorporated PCMs show a
 322 reduced heat flux path as well as the time shift of its peak. Furthermore, mixtures with PCMs show
 323 a slower increase within the first 70 minutes of the heating period which turns into a steeper
 324 increase thereafter. Mixtures containing 10% PCMs show this steep increase earlier than mixtures
 325 with 20% PCM or the lattice mixtures. This can be attributed to the charging phase of the PCMs.
 326 The heat flux increases slowly during the time where the PCMs melt but as soon as the PCMs are
 327 fully melted and cannot store any more energy the heat flux starts to sharply increase. It should

328 be noted that the cenosphere samples exhibit a small variation in the heat flux peak. This stems
 329 from the variation of the heat flux into the panels over the heating period, as shown in Figure 11,
 330 where the control panel exhibited the lowest heat flux during the heating period and the lattice
 331 sample the highest. More details about the cumulative heat flux and the performance of the lattice
 332 samples will be given in Section 4.

333



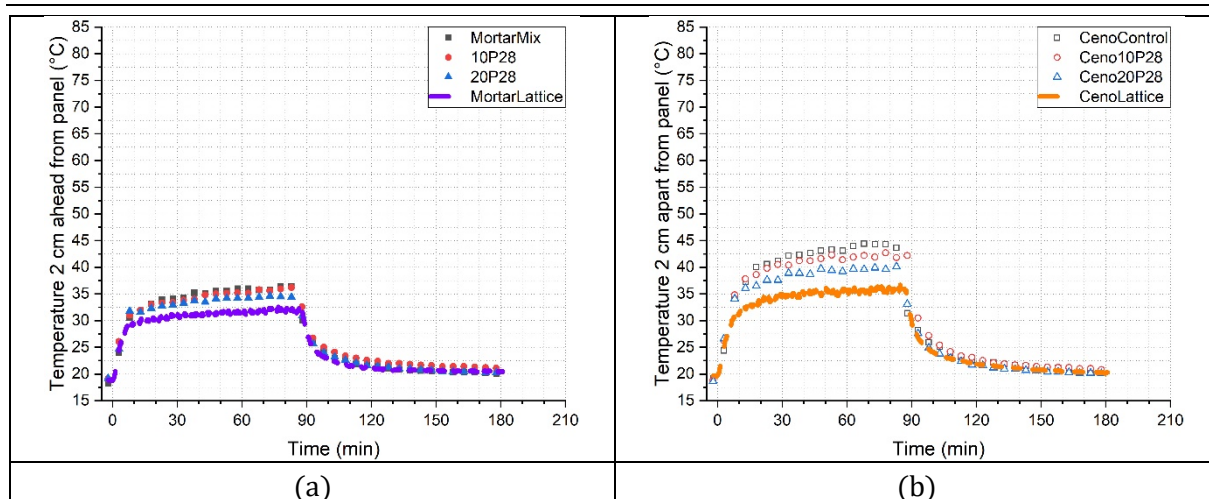
334 Figure 12: Heat flux from the panel into the test chamber a) Mortar mixtures; b) Cenosphere
 335 mixtures
 336

337 3.3.2 Temperature development

338 3.3.2.1 Temperature within the reflective tunnel

339 The ambient temperature was recorded within the reflective tunnel at a distance of 2 cm from the
 340 heated surface of the specimens and are presented in Figure 13. The cenosphere mixtures exhibit
 341 overall higher ambient temperatures than the mortar mixtures. The higher ambient temperatures
 342 for the cenosphere mixtures compared to the mortar mixtures are also in compliance with the
 343 measured higher surface temperature as shown in Figure 14 which results in a higher emitted
 344 radiation of the cenosphere panels back to the temperature sensor. This emitted radiation
 345 contributes to the urban heat island effect which increases the daytime temperature of the
 346 surrounding area and therefore reduced the nighttime cooling of a metropolitan area. This
 347 becomes a concerning matter in cities with a high number of reflecting surfaces. The presented
 348 results show that a higher amount of PCMs result in a lower ambient temperature whereas the
 349 specimens with the incorporated lattices show the lowest ambient temperatures. A further
 350 reduction of the high radiation and surface temperature could be provided with a cool color
 351 coating of the panels as investigated in [49] and could further reduce the urban heat island effect.

352



353 Figure 13: Temperature history on the heated side, measured at a distance of 2 cm in front of the
 354 heated surface of the panel a) temperature development for the mortar samples, b) temperature
 355 development for the cenosphere samples
 356

357 3.3.2.2 Surface temperatures

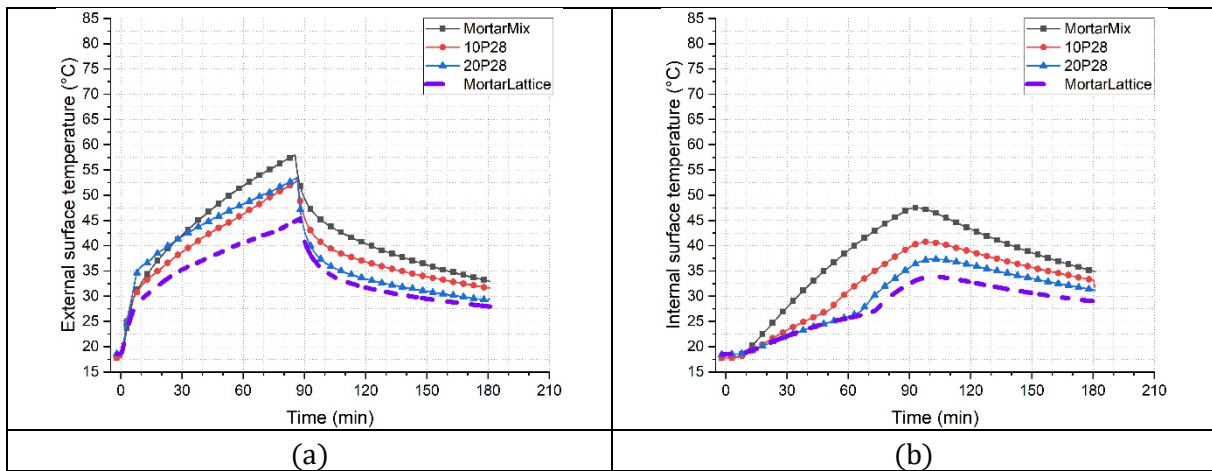
358 The surface temperature of the mortar and cenosphere panels facing the heating panel (exterior
 359 surface of the panels) are shown in Figure 14a and Figure 15a, respectively. The surface
 360 temperature of the mortar and cenosphere panels facing the test chamber (interior surface of the
 361 panels) are shown in Figure 14b and Figure 15b, respectively.

362 The mortar control mixture shows a surface temperature of 57.9 °C after a heating period of 90
 363 min and an interior surface temperature of 47.6 °C, hence exhibiting a temperature gradient of
 364 10.3 °C within the 5 cm thick sample (see Figure 14). The PCMs reduce the interior surface
 365 temperatures with increasing amount. 10 vol% of PCMs result into 40.8 °C, 20 vol% into 37.4 °C
 366 for the interior surfaces. The lowest interior surface temperature is recorded for the lattice
 367 specimen with 33.8 °C (see Figure 14b). The exterior surface temperature does not show the same
 368 behavior for the micro-encapsulated panels. Addition of 10 and 20 vol % shows similar surface
 369 temperatures of 52.9 °C and 53.5 °C respectively but the lattice sample shows a significant lower
 370 surface temperature of 45.3 °C (see Figure 14a). This effect will be discussed later on in section 4.
 371

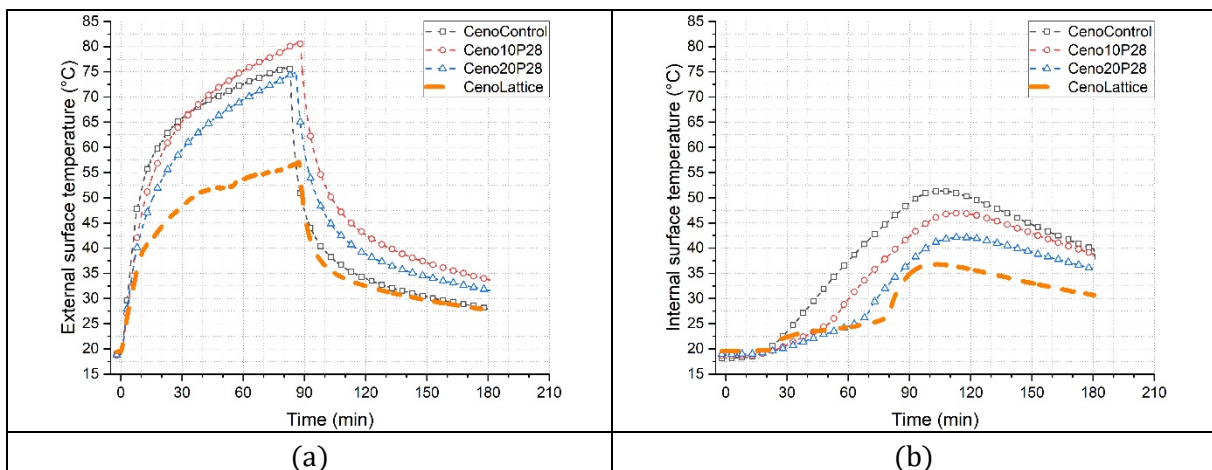
372 The cenosphere mixtures show a similar behavior where the internal surface temperature
 373 decreased with increasing amount of PCMs. 10 vol % result into an interior surface temperature
 374 of 51.4 °C, 20 vol % into 42.2 °C (see Figure 15b). The lowest interior surface temperature was
 375 recorded for the lattice sample showing 36.8 °C. The exterior surface temperature however shows
 376 somewhat controversial results with the highest temperature for the 10 vol% of PCM (81.1 °C)
 377 followed by the control mixture (76.1 °C) and the 20 vol % PCM mixture (75.0 °C). This could be
 378 an effect of the varying cumulative heat flux applied to the panels where the control mix exhibited
 379 the lowest cumulative heat flux. Further details will be discussed in section 4.
 380

381 The heat storage effect of the PCMs can be seen on the internal surface temperature (Figure 12).
 382 The control mixes show a steady increase during the heating period whereas the mixtures
 383 containing PCMs show a slower increase of the internal surface temperature due to the heat
 384 absorption of the PCMs. At the point where the PCMs are melted the surface temperature
 385 increases significantly faster. This inflection point appears first for the 10 vol % PCM mixture
 386 followed by the 20 vol % and the lattice sample (see Figure 14b and Figure 15b). Additionally, the
 387 heat storage effect results in a shift of the peak surface temperature at the internal surface. The
 388 mortar mixtures with 10 and 20 vol % show a shift of 4.8 and 9.2 minutes respectively. The mortar

389 lattice mixture shows as peak shift of 12.0 minutes compared to the control mixture. A shift of 7.8
 390 and 9.5 minutes for 10 and 20 vol % was observed for the cenosphere mixtures. Due to the steep
 391 increase of surface temperature of the cenosphere lattice panel a shift in the peak temperature of
 392 only 1.0 minutes could be recorded (see and Figure 15b).
 393



394 Figure 14: Surface temperature of the panels a) external (heated) side, b) internal side (inside test
 395 chamber)
 396



397 Figure 15: Surface temperature of the panels a) external (heated) side, b) internal side (inside test
 398 chamber)
 399

400 3.3.2.3 Test Chamber Temperature

401 Results of the mortar and cenosphere chamber temperature are shown in Figure 16 where a
 402 reduction of the chamber temperature with increasing PCM amount can be seen. Mortar mixtures
 403 without PCMs exhibit a temperature of 47.6 °C whereas the inclusion of 10 vol% and 20 vol%
 404 PCMs reduced the temperature to 40.8 °C and 37.4 °C, respectively. A significant lower peak
 405 temperature of 30.6 °C during the test period was recorded for the mortar lattice specimen and
 406 proves the beneficial effect of this macro-encapsulation method. Similar characteristics are
 407 observed for the cenosphere mixtures with a peak chamber temperature of 47.0 °C and 42.2 °C
 408 for 10 vol% and 20 vol% of PCMs and 31.2 °C for the lattice specimen compared to the cenosphere
 409 control mixture with a maximum chamber temperature of 51.4 °C.
 410

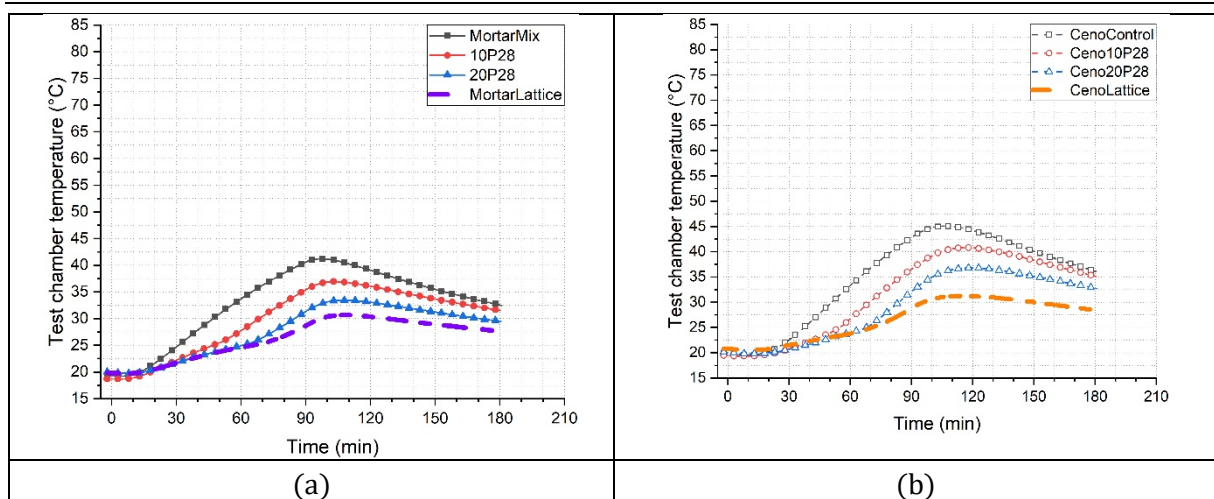


Figure 16: Test chamber temperature a) mortar mixtures b) cenosphere mixtures

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413 4 Discussion

414 4.1 Surface temperature

415 The external surface temperature measurements revealed a significant higher temperature for
 416 the cenosphere control panels (max. temp. of 81.1 °C) than for the mortar control panels (max.
 417 temp. of 57.9°C) as shown in Figure 17a, even though the initial conditions for all samples were
 418 kept at 500 W/m² for the first 10 minutes of the heating period. To compare the heat fluxes into
 419 the panel the cumulative heat flux over the heating period is calculated and shown in Figure 17b.
 420 The cumulative heat flux represents the integral of the heat flux (W/m²) (Figure 12) and is
 421 presented in (W/m²) hr. The results show very similar heat fluxes during the first 20 minutes of
 422 the heating period but varies for the different mixtures thereafter. These varying cumulative heat
 423 fluxes contribute to the different evolution of the surface temperature and to some extent can be
 424 related to the discussed external surface temperatures within a mixture. E.g. the cenosphere panel
 425 with 10 vol % PCMs shows a higher surface temperature than the control panel after 90 minutes
 426 of heating since the panel with 10 vol % of PCMs exhibits a higher cumulative heat flux at this time
 427 instant (see Figure 17a and b). Further parameters influencing the differences in surface
 428 temperature and heat fluxes are discussed below.
 429

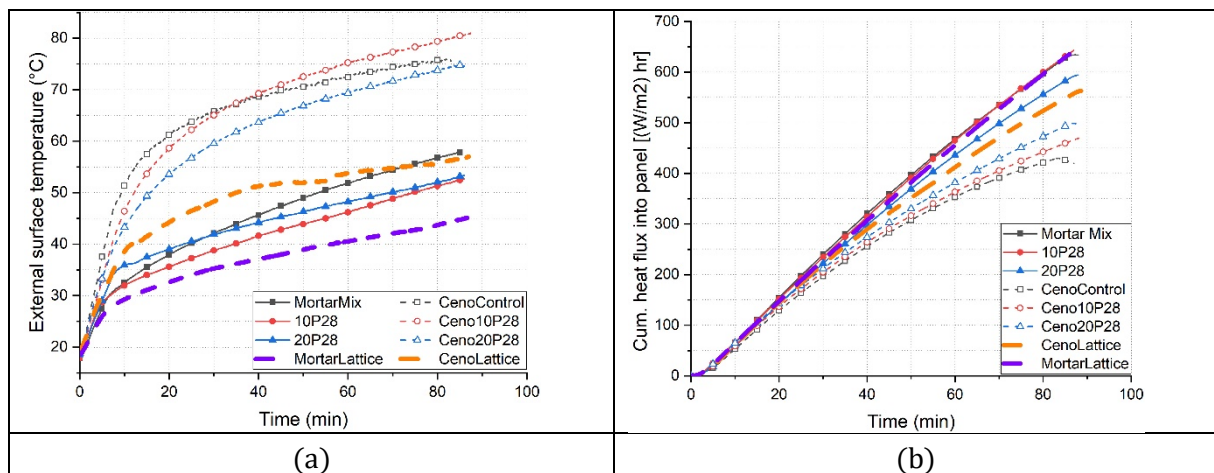


Figure 17: a) Development of external surface temperature and b) cumulative heat flux from the radiant heater into the panels within the heating period of 90 minutes

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434 A reason for the difference in the maximum surface temperatures between the cenosphere panels
 435 and the mortar panels (which contain sand as fine aggregates) is the difference in thermal
 436 conductivity of the constituents. Table 6 lists the thermal conductivity of the mix constituents and
 437 reveals the significant difference in thermal conductivity for sand (4.0 W/mK) and cenospheres
 438 (0.18 W/mK). A lower thermal conductivity of the cenosphere panels is caused by the lack of sand
 439 in these mixtures.

440
 441 Table 6: Thermal conductivity of constituents and sources

Constituent	Thermal conductivity [W/mK]	Source
Water	0.60	Ramires et al. [54]
Cement	1.55	Bentz [55]
Sand	4.00	Robertson [56]
Cenosphere	0.18	Datasheet [57]
PCM	0.21-0.23	Cui et al.[19]
ABS	0.17	Compton et al. [58]
Lightweight concrete density 1280 kg/m ³	0.48-0.59	Tara et al. [59]
Concrete Density 2080-2250 kg/m ³	1.0-2.0	Tara et al. [59] Shafigh [60]et al.

442
 443 Due to the temperature difference between the external and internal surface during heating a non-
 444 steady state is achieved within the panels and transient conduction takes place. The heat
 445 conduction is described by Fourier's law which describes the heat transfer through a material as:

$$446 \quad q = -k \nabla T \quad (2)$$

447
 448 where q is the heat flux in (W/m²), k the thermal conductivity in (W/m K) and ∇T the temperature
 449 gradient in Kelvin/meter. For a constant temperature difference (e.g. constant external to internal
 450 temperature) the heat flux into a material depends on its thermal conductivity (see equation 2).
 451 The higher the thermal conductivity, the higher the heat flux into the specimen. This behavior is
 452 observed for the investigated panels and shown by the cumulative heat flux in Figure 17b where
 453 all mortar panels (with and without PCMs) exhibit a higher heat flux over the 90 min heating
 454 period compared to the cenosphere panels. Furthermore, a material with a higher thermal
 455 conductivity is able to transport the heat at the surface faster into the material which results in a
 456 lower surface temperature. This effect was observed for all mortar panels which exhibited lower
 457 surface temperatures compared to the cenosphere panels and is in compliance with experimental
 458 results found by Ng et. al. in [61]. Quin [62] numerically investigated the surface temperature of
 459 concrete pavements and their correlation to the thermal conductivity. Quin's results also revealed
 460 lower surface temperatures with increasing thermal conductivity. The lowest surface
 461 temperatures were observed for the lattice panels which would, based on the discussions above,
 462 indicate that their thermal conductivities are higher than those of the control mixes. However,
 463 replacing 22 % of the cementitious matrices by the ABS lattice (which has a much lower k as
 464 shown in Table 6) should decrease, not increase the thermal conductivity. Hence, besides the
 465 thermal conductivity, other parameters must influence the external temperature of the panels.

467 4.1.1 Effect of volumetric heat capacity

468 Besides the thermal conductivity, the volumetric heat capacity, C_v , in kJ/(m³ K) was found by [62,
 469 63] to additionally influence the surface temperature of a material where a higher C_v results in a
 470 lower surface temperature. The volumetric heat capacity is defined as

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$$C_V = \rho \cdot c_p \quad (3)$$

where ρ is the density in kg/m^3 and C_p the specific heat in $\text{J}/(\text{kg K})$. A difference in density was indeed observed between each mixture due to the replacement of aggregates by cenospheres and PCMs (see Table 8). The mortar panels exhibit a reduction in density whereas the cenosphere panels exhibit a slight increase in density with increasing replacement of cenospheres by PCMs due to the slightly higher densities of PCMs compared to cenospheres. According to a literature review done by Shafigh et al. [60] the specific heat capacity of mortar and lightweight concrete is in the range of 0.932-0.951 and 0.840-0.951 respectively. Taking the mean values of C_p and considering the measured density of the mortar and cenosphere control mixtures the volumetric heat capacity of the matrix can be calculated according to equation 3 and shows a higher C_v for the mortar matrix compared to the cenosphere matrix as shown in Table 7. This results also strengthen the hypothesis that the combination of the higher thermal conductivity and the higher volumetric heat capacity results in a lower surface temperature for the mortar panels. It should be noted that for this comparison only the control mixtures were assessed since those do not contain PCMs which would increase the heat capacity of the sample.

Table 7: Specific and volumetric heat capacity of mortar and cenosphere control samples

Specimen	Density	C_p^1	C_v
	Kg/m^3	kJ/kg K	$\text{kJ/m}^3 \text{K}$
Mortar matrix	2161	0.941	2.03
Cenosphere matrix	1351	0.895	1.21

¹Mean values taken from reference [60]

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Due to the minor differences observed in the surface temperatures within the mortar and cenosphere panels with and without micro-encapsulated PCMs one may conclude that the micro-encapsulated PCMs have little effect on the surface temperature of the panels. This may to some extent be due to a lower volume fraction of PCMs on the surface (i.e. due to the wall effect which forms a thin layer of cement paste due to the vibration process). Therefore, micro-encapsulated PCMs may not significantly enhance the heat capacity of the surface layers (see Table 8) but further investigation of the influence of micro-encapsulated PCMs on the surface temperature is needed but was not within the scope this project.

Table 8: Density and surface temperature of the mortar and cenosphere samples with and without PCMs

Specimen	Mass [kg]	Density [kg/m^3]	Peak surface external ¹ [$^{\circ}\text{C}$]
MortarMix	9.7	2161	57.9
10P28	9.2	2044	52.9
20P28	8.6	1916	53.5
MortarLattice	8.0	1778	45.3
CenoControl	6.1	1351	76.1
Ceno10P28	6.2	1372	81.1
Ceno20P28	6.2	1373	75.0
Ceno Lattice	5.4	1197	57.1

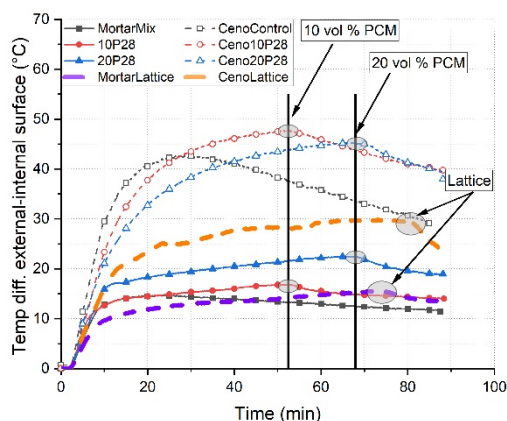
¹Surface exposed to heating

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505 It should be noted that the numerical investigations performed by [62, 63] showed that the change
 506 in reflectivity of the material has a higher influence on the surface temperature than a change in
 507 the volumetric heat capacity. However, in this study the investigated panels have very similar
 508 color, therefore, a difference in surface temperature is not expected due to this effect.
 509

510 4.2 Temperature development

511 The temperature difference of the specimens external and internal surface is shown in Figure 18.
 512 The cenosphere mixtures exhibit higher temperature differences which can be explained by the
 513 lower thermal conductivity and volumetric heat capacity of the lightweight concrete compared to
 514 the mortar panels as discussed earlier. All panels in Figure 18 show a linear increase of the
 515 temperature difference at the beginning of the heating period which is followed by a decrease of
 516 the gradient till a maximum is reached. Thereafter a decrease in the temperature difference
 517 between external and internal surface is recorded. The time at which the temperature difference
 518 starts to decrease occurs at the earliest for the control mixtures, at 25 minutes for the mortar and
 519 at 30 minutes for the cenosphere mixture. For the samples containing 10 vol % of PCM the point
 520 in time where the decrease of the temperature difference starts is at 52-53 minutes for both, the
 521 mortar and the cenosphere panels. A matching point in time for the decrease was also found for
 522 the 20 vol % PCM panels at 67-69 minutes. The lattice samples show their start of the linear
 523 decrease very close to the end of the heating period at 75 and 80 minutes for the mortar and
 524 cenosphere mix, respectively (see Figure 18). At this time instants the heat starts to pass faster
 525 through the panels and is related to the amount of PCMs. The higher the amount of PCM the more
 526 heat can be absorbed which results in a time delay where the heat passes faster through the
 527 panels. As a result, the interior room temperature will increase slower.
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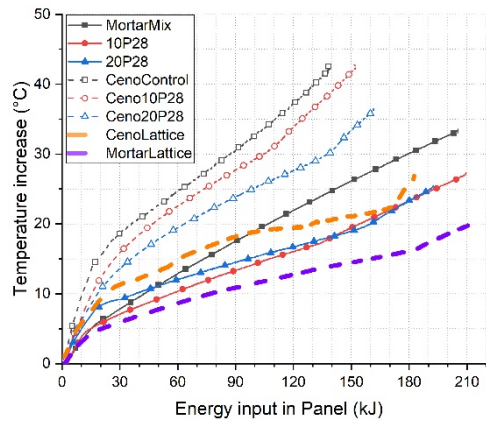


529
 530 Figure 18: Temperature difference between external and internal surfaces of the panels
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532 The panel's performance can be assessed by comparing the temperature increase of the panels,
 533 T_{inc} , to the applied energy on the exterior surface (see Figure 19). The temperature increase of the
 534 panels is calculated by

$$535 \quad 536 \quad T_{inc} = \Delta T - T_{initial} \quad (4)$$

537 where ΔT is the temperature difference of the external to internal surface and $T_{initial}$ the
 538 temperature of the unheated specimen at the beginning of the test. This presentation allows the
 539 evaluation of the panel's temperature increase for each given input energy and shows the lowest
 540 temperature increase for the lattice panels at any input energy.
 541

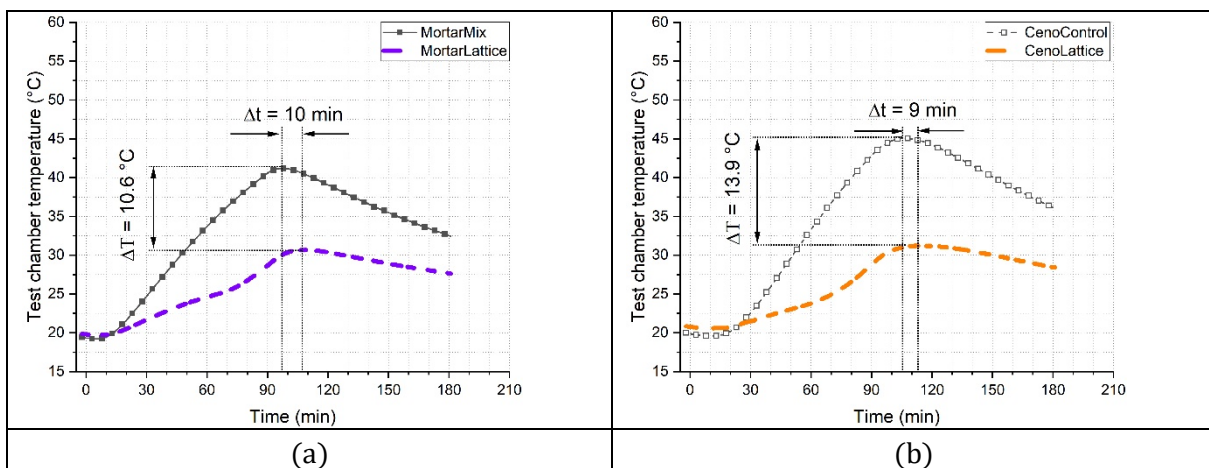


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Figure 19: Temperature increase of the panels due to the applied energy to the external surface

546 4.3 Chamber temperature and time lag

547 Figure 20 compares the peak temperature and their peak time difference of the lattice samples to
548 the control panels of the mortar and cenosphere mixture. A temperature decreases of 10.6°C and
549 13.9°C and a time lag of 10 min and 9 min for the 50 mm thick panels is recorded for the mortar
550 and cenosphere mixture respectively and shows the beneficial effect of the lattice sample filled
551 with pure paraffin.
552



553 Figure 20: Comparison of the time lag and peak temperature difference of the lattice and control
554 panels measured within the test chamber for a) the mortar panels and b) the cenosphere panels
555

556 5 Conclusion

557 A 3D printed hollow lattice was developed to serve as macro-encapsulation for Phase-Change-
558 Materials (PCMs). Panels containing the lattices were prepared with either a mortar mixture or a
559 lightweight mixture containing cenospheres as aggregates. To evaluate the benefit of the PCM-
560 lattice, control specimens without PCM and with micro-encapsulated PCMs were fabricated and
561 tested. The thermal properties were investigated by means of Differential Scanning Calorimetry
562 (DSC) analysis and Hot Box tests. The mechanical properties were evaluated by performing
563 compression and bending test.

564 The indoor temperature of the test chamber could be reduced by 13.9 °C and 10.6 °C with a 50
565 mm thick PCM filled lattice panel compared to the control panels. This reveals the potential of this
566 system to be used for thermal retrofitting of existing houses. Furthermore, the PCM filled lattice
567 panels showed the highest energy absorption and develop the lowest panel temperatures during

568 heating. Therefore, the lattice system can reduce the urban heat island effect which contributes to
 569 an increase of the surrounding air temperature of a metropolitan area. The PCM-lattice samples
 570 significantly improved the post cracking behavior of the specimens. The PCM-lattice specimens
 571 show a ductile and strain-hardening behavior instead of a brittle failure mode which was observed
 572 for the control mixtures. This study reveals the benefits of a PCM-filled lattice incorporated into
 573 cement-based matrices on the thermal and flexural performance which can be used either for
 574 retrofitting or as new exterior wall systems to reduce the indoor temperature and electricity
 575 consumption for space cooling. Furthermore, the developed 3D printed lattice structure allows an
 576 optimization of the location and amount of the used PCMs. The mechanical and thermal
 577 performance of the lattice can be improved by using different materials and optimizing the lattice
 578 geometry and is subject of ongoing research.

579
 580

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582

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