



Potouroglou, M., Whitlock, D., Milatovic, L., MacKinnon, G., Kennedy, H., Diele, K. and Huxham, M. (2021) The sediment carbon stocks of intertidal seagrass meadows in Scotland. *Estuarine, Coastal and Shelf Science*, 258, 107442.

(doi: [10.1016/j.ecss.2021.107442](https://doi.org/10.1016/j.ecss.2021.107442))

This is the Author Accepted Manuscript.

There may be differences between this version and the published version. You are advised to consult the publisher's version if you wish to cite from it.

<https://eprints.gla.ac.uk/243657/>

Deposited on: 8 June 2021

1 **The sediment carbon stocks of intertidal seagrass meadows in** 2 **Scotland**

3 **Maria Potouroglou ^{1*}, Danielle Whitlock ¹, Luna Milatovic ², Gillian MacKinnon ³, Hilary**
4 **Kennedy ⁴, Karen Diele ¹ and Mark Huxham ¹**

5 ¹ School of Applied Sciences, Edinburgh Napier University, Edinburgh, UK.

6 ² Faculty of Biology, University of Belgrade, Belgrade, Serbia.

7 ³ Scottish Universities Environmental Research Centre, Rankine Avenue, East Kilbride, UK.

8 ⁴ School of Ocean Sciences, Bangor University, Anglesey, UK.

9 *** Correspondence**

10 Maria Potouroglou, m.potouroglou@gmail.com

11 Present address: World Resources Institute, London, UK.

12 **Abstract**

13 Seagrasses are highly productive ecosystems and hotspots for biodiversity, providing a plethora
14 of benefits to the environment and to people. Their value in sequestering and storing carbon is
15 increasingly being recognised, as the world searches for ways to mitigate the effects and slow the
16 pace of climate change. However, many uncertainties remain, with basic information such as
17 average carbon stocks, variability and species-specific differences missing for many regions.
18 This study evaluates, for the first time, the carbon storage capacity of *Zostera noltii* and *Zostera*
19 *marina* from intertidal seagrass meadows in Scotland. Sediment carbon stocks in the top 50cm
20 from vegetated and reference unvegetated plots were quantified at 10 estuaries distributed along
21 the Scottish east and west coasts. The organic carbon stocks in the top 50 cm of the seagrass
22 sediment ranged from a minimum of 14.94 Mg C ha⁻¹ at the Moray Firth to a maximum of
23 105.72 Mg C ha⁻¹ at the Firth of Forth, with a mean (\pm SD) of 54.79 \pm 35.02 Mg C ha⁻¹ across the
24 10 estuaries sampled. Moreover, seagrass areas showed enhanced carbon storage compared to
25 reference unvegetated ones, however this was highly variable across depth, and among sites and
26 estuaries. This paper addresses key gaps in knowledge concerning the role of intertidal Scottish
27 seagrass meadows as carbon sinks and discusses the implication of this emerging information for
28 their effective management and conservation.

29 **Keywords: blue carbon; *Zostera marina*; *Zostera noltii*; eelgrass; sediment**

30 **1. Introduction**

31 Seagrass meadows, along with mangrove forests and tidal marshes - collectively termed coastal
32 blue carbon habitats - are considered to be among the most productive and valuable ecosystems
33 on the planet (Barbier et al., 2011). These habitats provide a wide range of ecosystem services.
34 For example, they act as nursery sites, foraging grounds and predator refuges; they filter the
35 water by recycling nutrients and removing pathogens; and they improve coastal safety by
36 stabilising the sediment bed level (Costanza et al., 1997; Green and Short, 2003; Nordlund et al.,
37 2016; Potouroglou et al., 2017).

38 Despite their importance, these vegetated coastal habitats have suffered rapid and extensive loss
39 and degradation worldwide, with 29% of seagrass meadows, 50% of tidal marshes and >35% of
40 mangrove forests being lost over the last 20-50 years (Barbier et al., 2011; Mcleod et al., 2011;
41 Waycott et al., 2009). Of the known distribution of seagrasses, only one quarter (26 %) occurs
42 within Marine Protected Areas (MPAs). In contrast, 40 % of warm-water coral reefs, 43 % of
43 mangroves, 42 % of saltmarshes and 32 % of cold-water corals are found in MPAs, making
44 seagrasses the least protected major marine ecosystem (United Nations Environment
45 Programme, 2020). Most seagrass losses have been driven by poor coastal zone management
46 creating increases in nutrient concentrations and decreases in water clarity (Short and Wyllie-
47 Echeverria, 1996). In the British Isles, there is strong evidence that most seagrass meadows have
48 been detrimentally affected as a result of excess nutrients and turbid conditions, along with other
49 anthropogenic impacts, such as moorings and anchoring (Green et al., 2021; Jones and
50 Unsworth, 2016).

51 International climate and conservation discussions have recently focused on blue carbon habitats
52 due to the growing recognition of their role as sites of significant carbon sequestration and
53 storage (Himes-Cornell et al., 2018). Despite early evidence indicating that marine macrophytes
54 can act as global carbon sinks (Smith, 1981), little policy attention was paid to carbon storage in
55 these environments before Nellemann et al. (2009) defined ‘blue carbon’ as ‘the carbon stored
56 and sequestered in coastal and marine ecosystems, including tidal and estuarine salt marshes,
57 seagrass meadows, and mangrove forests’. Although estimates of the organic carbon stocks of
58 tidal salt marshes and mangroves have been readily available, there are still large uncertainties in

59 the figures for seagrass meadows. The large variation among datasets demonstrated by a range of
60 studies reveals the challenge of using global estimates, or those derived from other areas, as
61 proxies for assessing local carbon budgets (Dahl et al., 2016; Fourqurean et al., 2012; Lavery et
62 al., 2013; Miyajima et al., 2017; Röhr et al., 2018). In addition, unvegetated areas adjacent to
63 seagrass meadows are usually not included in such analyses. Including unvegetated areas in
64 sampling design is important, since large stocks of sedimentary organic carbon may occur in
65 coastal sediments free of vegetation. In assessing the current and potential contribution of
66 seagrass to carbon storage, their ‘net impact’ - the difference in storage between vegetated and
67 unvegetated sediments - is of most relevance.

68 The World Atlas of Seagrasses indicates that Scotland has more records of seagrass meadows
69 than much of the Western European coastline (Green and Short, 2003). These records typically
70 include only ‘presence’ data although two noteworthy exceptions provide additional information
71 on coverage (Davison and Hughes, 1998): firstly, the 1200 ha of intertidal meadows of *Zostera*
72 *marina* and *Zostera noltii* in the Moray Firth Special Area of Conservation (SAC) (east coast)
73 (RSPB, 1995), within which Cromarty Firth is considered to have the largest seagrass meadow in
74 the UK; secondly, the Solway Firth SAC (west coast) with a coverage of 200 ha (Hawker, 1993).
75 To date there are no complete estimates of the total areal extent in Scotland, with the most
76 conservative figure being 1600 ha (Burrows et al., 2014). In addition, a recent study reported a
77 seagrass area of 1316 ha (with moderate to high confidence) for the whole of the UK; however,
78 the authors acknowledge that inconsistencies and inaccuracies occur within the datasets, with as
79 much as a 30000-fold difference between documented and actual (ground-truthed) areas (e.g. in
80 Hawaii, USA) (McKenzie et al., 2020). The growing interest in developing a blue carbon
81 strategy in Scotland has led to an audit of the potential blue carbon resources in the coastal
82 waters around Orkney (Porter et al., 2020), which includes subtidal seagrass meadows, whereas
83 other published reports include seagrass values derived from the literature (e.g. average global
84 sequestration rates or standing stocks) (Burrows et al., 2014, 2017). The carbon stocks of
85 intertidal *Zostera* meadows for the whole of Scotland have yet to be quantified, and published
86 carbon stocks estimates for *Zostera noltii* globally are very limited. To fill a major gap in
87 available knowledge, the carbon storage capacity of the intertidal seagrasses *Zostera noltii* and
88 *Zostera marina* was evaluated in Scotland, to the best of our knowledge for the first time. Our
89 study aimed a) to quantify the sedimentary carbon stocks of intertidal seagrass meadows and of

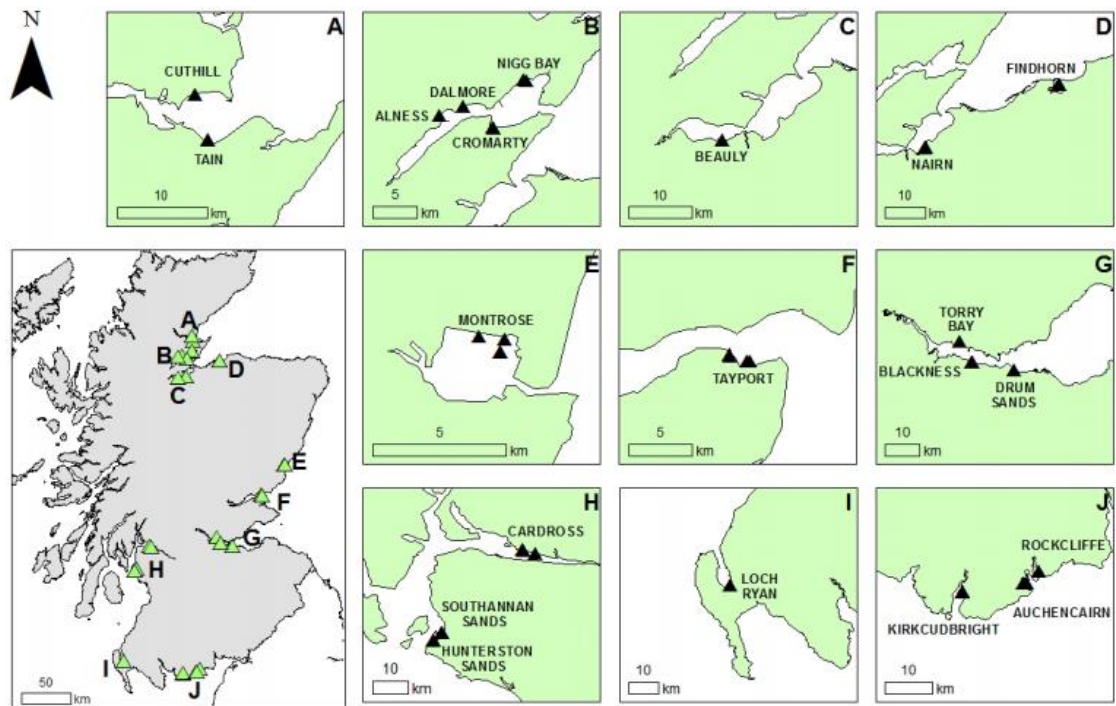
90 appropriate reference unvegetated areas, in order to infer the impact of seagrass on sediment
91 carbon storage in Scotland, and b) to describe the variability between a range of different
92 estuaries.

93 **2. Materials and Methods**

94 **2.1 Study sites and samples collection**

95 The study was conducted at 22 sites in 10 estuaries, distributed along the east - from the Firth of
96 Forth in the south to Dornoch Firth in the north - and the west - from Solway Firth in the south to
97 Clyde Firth in the north - coastlines of Scotland (Fig.1; Table 1). The sites were chosen to be
98 representative of intertidal seagrass meadows around Scotland that are normally located in
99 protected, muddy to sandy bed types. Out of the 22 sites, 11 contained only *Zostera noltii* or
100 *Zostera marina* (monospecific meadows) and 11 contained both species (dispecific meadows)
101 (Table 1). At each site, 1-5 sediment cores were taken from vegetated and unvegetated areas (in
102 the interior of the meadow) from June to September (peak seagrass growing season) at low tide,
103 sampling all the seagrass species present to capture all potential variability. A total of 92 cores
104 were collected, 51 from vegetated plots and 41 from adjacent unvegetated areas within the
105 seagrass meadow (Table 1). Unvegetated areas were identified as reference sites for vegetated
106 areas on the basis of proximity; in some cases, a single unvegetated area was used as a reference
107 for more than one vegetated area where it was equidistant. All east coast sediment cores and
108 those at Rockcliffe (west coast) were collected by driving a Russian peat corer into the sediment
109 to a depth of 50cm or until refusal was reached. The sites along the west coast, except
110 Rockcliffe, were sampled using 0.5 m and 1m PVC pipes (internal diameter 53 mm). The pipes
111 were pushed down gradually until refusal. If the pipe was not submerged to 40 cm, it was
112 hammered to 50cm, where possible. The cores were then removed using suction created by
113 rubber stoppers. Due to the potential disturbance of the PVC method, the samples were
114 continually measured to provide accurate depth values before and after extraction from the study
115 sites, and then before being removed from the pipes at the laboratory to produce an accurate
116 compaction factor (ranging from 0.78 to 0.94) (Howard et al., 2014). After collection, each
117 sediment core was carefully packed by opening the corer chamber and moving the sediment onto
118 a longitudinally sliced piece of plastic tubing of suitable internal diameter. The sediment was
119 covered with cling film and stored at ambient temperature to protect it from compaction and

120 desiccation during transport to the laboratory. The cores sampled with PVC pipes were
 121 transported to the lab upright to reduce potential mixing and disturbance. GPS coordinates and a
 122 50 × 50 cm photo quadrat were taken at each core location. Seagrass cover (%) and species
 123 composition in each quadrat were obtained through visual estimates (Table 1).



124
 125 **Figure 1.** Location of seagrass meadow sampling sites along the East and West coasts of
 126 Scotland (A: Dornoch Firth, B: Cromarty Firth, C: Beaully Firth, D: Moray Firth, E: Montrose
 127 Basin, F: Tay Estuary, G: Firth of Forth, H: Clyde Firth, I: Loch Ryan, J: Solway Firth).

128 **Table 1.** Summary of the cores collected from both vegetated and unvegetated sediments across
 129 Scotland. (Zn: *Zostera noltii*; Zm: *Zostera marina*; Seagrass cover is presented as a range of
 130 minimum and maximum values)

Coast	Estuary	Sites	Type of seagrass meadow/species	Number of cores		Seagrass cover %	
				Vegetated	Unvegetated		
East Coast	Forth	Blackness	Dispecific	3	2	50-98	
		Drum Sands	Monospecific- Zn	2	2	3-25	
		Torry Bay	Monospecific- Zn	2	1	50-55	
	Tay	Tayport (1)	Monospecific- Zn	2	2	45-60	
		Tayport (2)	Monospecific- Zn	3	3	15-70	
	Montrose	Montrose	Dispecific	5	5	30-100	
	Beaully	Beaully	Dispecific	4	2	30-60	
	Moray	Findhorn	Monospecific- Zn	2	2	60-70	
		Nairn	Dispecific	3	2	25-65	
	Cromarty	Nigg Bay	Dispecific	2	2	15-45	
		Dalmore	Dispecific	2	1	30-70	
		Alness	Monospecific- Zn	1	1	25	
	Dornoch	Cromarty	Dispecific	2	2	30-55	
		Tain	Dispecific	3	1	15-65	
		Cuthill	Dispecific	3	1	5-10	
	West Coast	Solway	Auchencairn	Dispecific	3	3	-
			Rockcliffe	Dispecific	2	2	-
Kirkcudbright			Monospecific- Zn	1	1	-	
Loch Ryan		Loch Ryan	Monospecific- Zn	1	1	-	
		Clyde	Southannan Sands	Monospecific- Zn	1	1	-
Hunterston Sands			Monospecific- Zn	1	1	-	
Cardross			Monospecific- Zn	3	3	-	
Total		10	22	Dispecific (11); Monospecific-Zn (10); Monospecific-Zm (1)	51	41	

131

132 2.2. Sediment processing and analysis

133 On arrival at the laboratory, the samples were sliced into 1 cm sections for the first 6cm, 2 cm
134 sections down to 30 cm and then into 5cm sections down to 50 cm. Subsamples of 5 cm³ of each
135 slice, taken with a volumetric spoon, were used for the determination of dry bulk density (DBD),
136 organic matter (OM) and organic carbon content (OC). Each sediment subsample was dried at 60
137 °C until constant weight was reached. DBD was calculated as follows and expressed in g cm⁻³.

$$DBD = \frac{\text{Dry weight}}{\text{Volume of sample}}$$

138 Organic matter was measured by Loss on Ignition (LOI). Aliquots (ca. 1 g) of each dried
139 sediment sample were transferred to pre-weighed porcelain crucibles which were put in a muffle
140 furnace and subjected to a temperature of 500°C for 6 hours (Howard et al., 2014; Oreska et al.,
141 2017). The crucibles were transferred to a desiccator to prevent moisture re-uptake. When the
142 samples had cooled down to room temperature, their weight was recorded. LOI was used to
143 calculate the % OM as follows.

$$\% \text{ OM} = \frac{\text{Initial Dry Weight} - \text{Weight remaining after furnacing}}{\text{Initial Dry Weight}} \times 100$$

144 The most accurate method to calculate OC is by using an elemental analyser for each sample.
145 Based on a seagrass global dataset, two equations that strongly correlate organic matter (% OM)
146 to organic carbon content (% OC) have been suggested (Fourqurean et al., 2012; Howard et al.,
147 2014). As there is a large range of values reported in the scientific literature, the standard ratios
148 deriving from these equations could still introduce errors to the calculations. To improve the
149 accuracy for our dataset, a subset of samples (26 in total) was used to measure total organic
150 carbon content, using an automated elemental analyser (Fisons NA1500). An aliquot (ca. 60mg)
151 of the dried sediment was first acidified with weak HCl (1-2M) to remove carbonates (Carabel et
152 al., 2006). % OC values were plotted against % OM of the same subset of samples. The resulting
153 linear regression equation

$$\% OC = (0.41 \times \% OM) - 0.13$$

154 ($r^2=0.59$, $p<0.001$, $SE_{intercept} = 0.07$, $SE_{slope} = 0.18$) was applied to all % OM values to convert
155 them to % OC. Although we recognise that converting % OM to % OC does not overcome
156 uncertainty introduced by the variation in OM composition, using LOI followed by conversion to
157 % OC allowed for much higher replication (because of low cost) in our study and thus may give
158 a better integrated estimate of notoriously spatially variable data.

159 The organic carbon density ($g\ C\ cm^{-3}$) was calculated by multiplying the dry bulk density by
160 organic carbon content at a specific depth. A series of linear regression analyses of the change in
161 organic carbon density as a function of sediment depth were run for both vegetated and
162 unvegetated cores. The depth profiles were categorised as ‘decreasing’ when the slope was
163 negative and significant (at $\alpha = 0.05$), ‘increasing’ when the slope was positive and significant, or
164 ‘mixed’ for non-significant profiles, following the methods described in Kindeberg et al.(2019).

165 **2.3. Organic carbon stocks calculations and downcore difference in organic carbon density** 166 **between vegetated and unvegetated cores**

167 The sediment organic carbon stock ($g\ C\ cm^{-2}$) per sampled depth interval was calculated as
168 follows:

169 *Organic carbon stock* = sediment thickness or depth interval \times *Organic carbon density*

170 The total sediment organic carbon stock from one core was determined by summing up the
171 values of organic carbon stock at all depth intervals from the obtained samples (Howard et al.,
172 2014). To allow comparison with other seagrass studies that have reported stocks to 100 cm
173 depth, the CC100 stock was calculated by multiplying the CC50 stock by two, clearly indicated
174 as projected organic carbon stock (Mg C ha^{-1}).

175 While the difference in stocks between vegetated and unvegetated cores can be achieved through
176 simple subtraction, this does not provide any indication about the depth distribution of any OC
177 enhancement in the vegetated sediments. To estimate the downcore distribution of any
178 enhancement of organic carbon density in the vegetated cores, we subtracted the average
179 ‘background’ organic carbon density from the organic carbon density profile measured in each
180 depth interval of vegetated cores. The background density has been referred to as the ‘reference
181 plane’, and its use is recommended by the Verified Carbon Standard methodology for
182 determining the greenhouse gas offset potential of seagrass restoration projects (Emmer et al.,
183 2015), and applied as a method for determining the organic carbon enhancement of sediment that
184 can be attributed to seagrasses in a restored meadow (Oreska et al., 2020). While none of the
185 sites in this study were restored sites, we have used the same methodology to assess any
186 enhancement of carbon storage downcore in the vegetated sediments. The ‘background’ organic
187 carbon density was calculated as the average of organic carbon density of all unvegetated cores
188 within a site (Table S1). Deducting a single average ‘background’ density value from the entire
189 seagrass organic carbon downcore profile allowed us to estimate any enhancement in the organic
190 carbon that could be attributed to the presence of seagrass.

191 **2.4. Data analysis**

192 Statistical analyses were performed using Minitab 18. All data were checked for normality and
193 homogeneity of variances. When assumptions were not met the data were \log_{10} or $\log_{10}(x+1)$
194 transformed. General Linear Models were used to test differences in sedimentary DBD and %
195 OC between vegetated and unvegetated areas and estuaries. General Linear Models were used to
196 test differences in sedimentary organic carbon stocks between vegetated and unvegetated areas,
197 sites, estuaries, and types of meadow. Tukey HSD post hoc tests were used to determine
198 significant differences and grouping. Regression analysis was performed to assess the

199 relationship between the dry bulk density of the surface sediment (5cm and 10cm) and the
200 average organic carbon stock of each vegetated core.

201 **3. Results**

202 **3.1. Dry bulk density, organic carbon content and organic carbon density variation**

203 The average (\pm SD) dry bulk density of the seagrass sediment across all sites was 1.31 ± 0.25 g
204 cm^{-3} , and ranged from 1.00 ± 0.10 (Alness) to 1.55 ± 0.09 g cm^{-3} (Loch Ryan) (Table 2). DBD of
205 adjacent unvegetated areas ranged from 0.88 ± 0.15 (Alness) to 1.63 ± 0.10 g cm^{-3} (Southannan
206 Sands), with an average of 1.29 ± 0.24 g cm^{-3} , and was not significantly different than that of
207 seagrass areas ($F_{1,1964}=2.46$; $p=0.117$).

208 The average organic carbon content (OC) % of dry weight (DW) of seagrass sediment across all
209 sites was 0.88 ± 0.90 , and ranged from 0.26 ± 0.26 (Nairn) to 2.52 ± 2.69 (Tayport 1) (Table 2). The
210 OC of adjacent unvegetated areas ranged from 0.16 ± 0.12 (Cuthill) to 1.87 ± 0.57 % of DW (Drum
211 Sands), with an average of 0.71 ± 0.55 % of DW (Table 2). Overall, the OC was significantly
212 higher in seagrass sediments than adjacent unvegetated areas ($F_{1,1964}= 24.38$; $p<0.001$). OC of
213 seagrass sediments varied significantly among sites ($F_{21,1065}=27.34$; $p<0.001$) and estuaries
214 ($F_{9,1077}= 30.62$; $p<0.001$). The highest OC was found in the Firth of Forth, with an average (\pm SD)
215 of 1.61 ± 0.55 % DW and the lowest in Moray Firth with 0.27 ± 0.24 % DW (Table 2).

216 Out of the 51 seagrass cores, 9 displayed a ‘decreasing’, 8 an ‘increasing’ and 34 a ‘mixed’ depth
217 profile of organic carbon density (Table S2; see also Fig. 2 for the depth profiles on a per site
218 basis). The cores with a decreasing depth profile had the lowest mean (\pm SE) organic carbon
219 density (6.04 ± 1.24 mg C cm^{-3}) followed by the cores with mixed depth profile (11.71 ± 1.24 mg C
220 cm^{-3}), whereas the cores with an ‘increasing’ profile had the highest organic carbon density
221 (13.28 ± 1.99 mg C cm^{-3}). Out of the 41 unvegetated cores, 8 displayed a ‘decreasing’, 12 an
222 ‘increasing’ and 21 a ‘mixed’ depth profile (Table S3; see also Fig. S1 for the depth profiles on a
223 per site basis). The average organic carbon density of the cores displaying ‘decreasing’ and
224 ‘mixed’ depth profiles were almost equal (8.07 ± 1.83 and 8.00 ± 1.04 mg C cm^{-3} , respectively),
225 whereas the cores with an ‘increasing’ profile had the highest organic carbon density (10.5 ± 1.50
226 mg C cm^{-3}).

227 **3.2. Sediment organic carbon stocks**

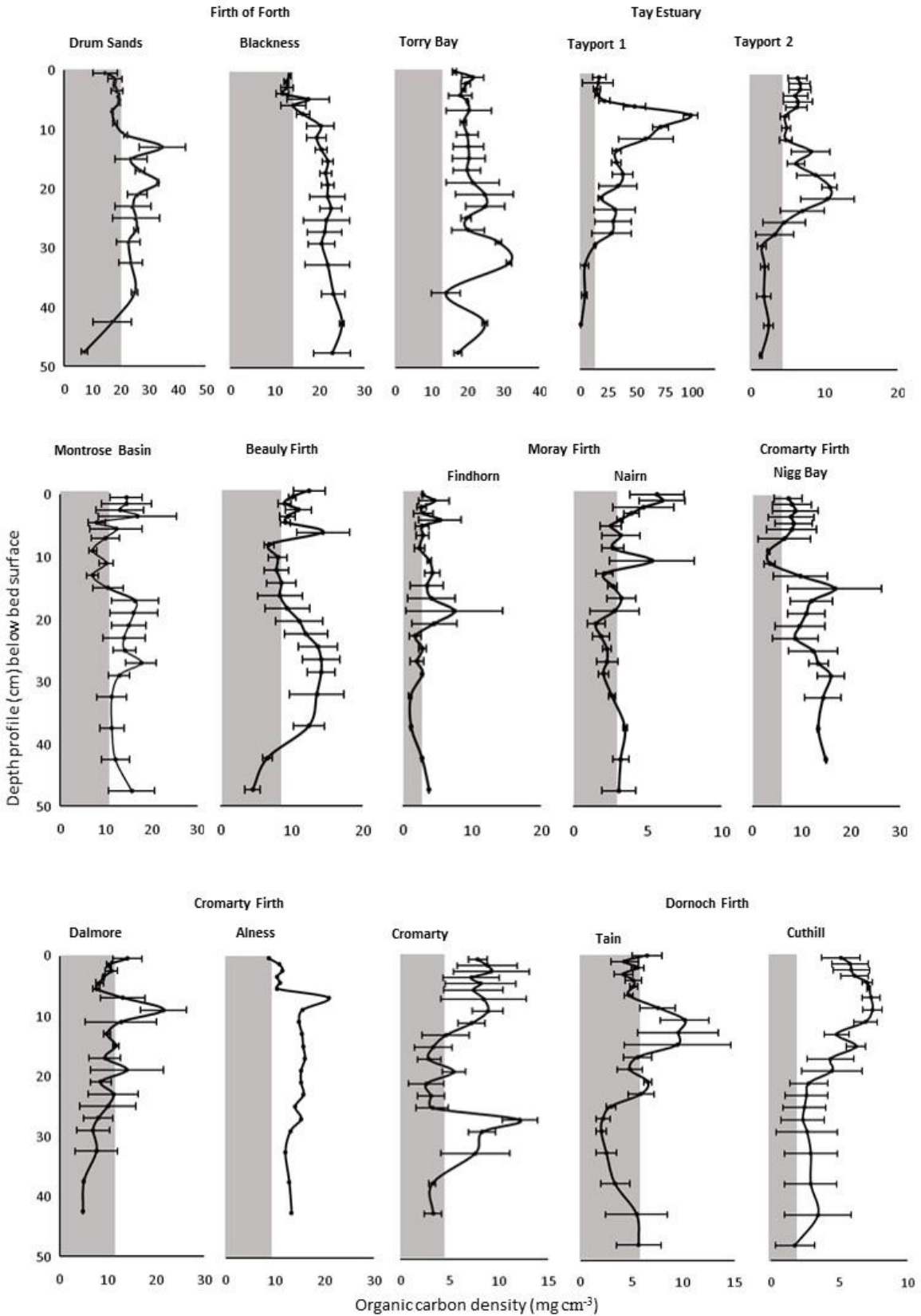
228 The organic carbon stocks over the 50cm (CC50) for each site, estuary and coast for seagrass and
229 respective unvegetated sediments are shown on Table 2. The average organic carbon stock CC50
230 (\pm SD) for the seagrass sediments across the 10 estuaries sampled was 54.79 (\pm 35.02) Mg C
231 ha^{-1} , with 55.23 (\pm 37.96) Mg C ha^{-1} and 53.38 (\pm 24.42) Mg C ha^{-1} for the East and West coast,
232 respectively. The CC50 of seagrass sediments varied significantly among estuaries ($F_{9,41}= 6.18$;
233 $p<0.001$) (Fig. 3; Table 2). The Firth of Forth had twofold to sevenfold higher CC50 ($105.72 \pm$
234 13.13 Mg C ha^{-1}) than the rest of the studied estuaries across both coasts, whereas CC50 was the
235 lowest in Moray Firth (14.94 ± 3.83 Mg C ha^{-1}). The range of variation in seagrass carbon stocks
236 between sites, from 14.55 ± 6.25 (Findhorn) to 134.73 ± 23.12 Mg C ha^{-1} (Tayport 1), was also
237 substantial (Table 2) ($F_{21,29}=10.07$; $p<0.001$). The CC50 of monospecific *Z. noltii* meadows
238 (68.90 ± 42.10 Mg C ha^{-1}) was higher than monospecific *Z. marina* meadows (23.11 ± 8.17 Mg C
239 ha^{-1}) and dispecific meadows (50.69 ± 26.69 Mg C ha^{-1}) (Fig. 4), although not significantly
240 different ($F_{2,48}=2.97$; $p=0.061$). The CC50 of the seagrass cores was neither related to the
241 sediment dry bulk density of the top 5 cm ($R^2=0.03$, $F_{1,49}=1.7$, $p=0.198$), nor the top 10cm
242 ($R^2=0.01$, $F_{1,49}=0.56$, $p=0.460$), indicating that the grain size distribution of the surface sediment
243 might not play an important role in the magnitude of organic carbon. The average CC50 of
244 unvegetated sediments across all estuaries (44.58 ± 26.32 Mg C ha^{-1}) was lower but not
245 significantly different than that of seagrass sediments ($F_{1,90}=2.40$; $p=0.125$). On the estuaries
246 level, vegetated areas had overall higher CC50 than unvegetated areas, except in Loch Ryan
247 (Table 2; Fig. 4). Tay estuary exhibited the highest difference in CC50 between vegetated and
248 unvegetated areas, of 36.81 Mg C ha^{-1} , while Moray Firth the lowest difference of 0.89 Mg C
249 ha^{-1} . On a per site basis, in 5 out of 22 sites, the unvegetated areas had higher CC50 than
250 vegetated ones (Table 2; Drum Sands, Dalmore, Tain, Rockcliffe and Loch Ryan). Of the
251 remaining 17 sites, 8 exhibited differences in CC50 of less than 10 Mg C ha^{-1} , while there were
252 only 4 sites with differences in CC50 of more than 30 Mg C ha^{-1} (Table 2).

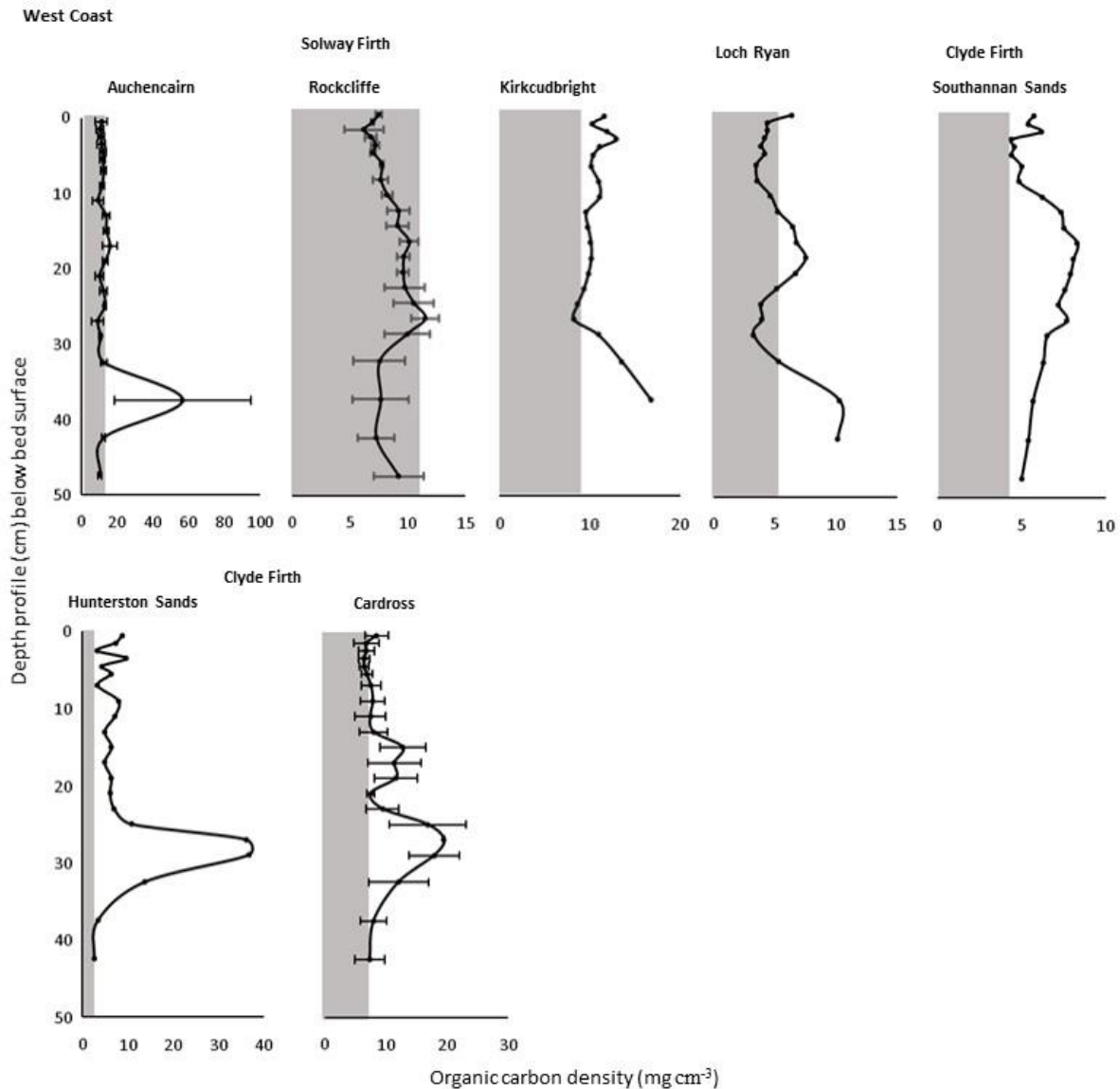
253 **3.3. Organic carbon density enhancement over depth**

254 The depth profile of the seagrass-enhanced sediment organic carbon density varied considerably
255 among sites (Fig. 2). There were meadows where the presence of seagrass consistently enhanced
256 the sediment organic carbon density over the 50cm depth profile (e.g. Torry Bay in the Firth of

257 Forth); enhanced the surface sediment (0-10cm) (e.g. Cuthill in Dornoch Firth); enhanced the
258 mid-layer (10-30cm) (e.g. Tayport 1&2 in Tay Estuary, Nigg Bay in Cromarty Firth, Southannan
259 Sands in Clyde Firth); or enhanced the deeper layer (>30cm) (e.g. Auchencairn in Solway Firth,
260 Hunterston Sands and Cardross in Clyde Firth).
261

East Coast





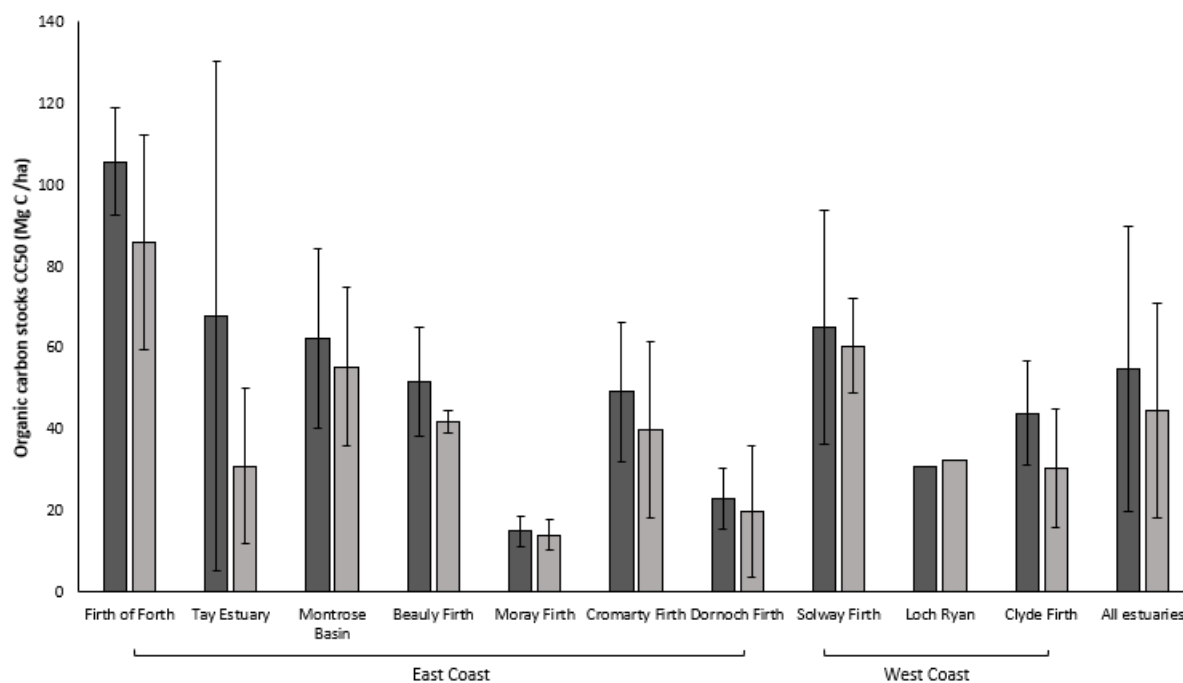
263

264 **Figure 2.** The seagrass-enhanced sediment organic carbon density at all sampled sites along the
 265 east and west coasts of Scotland. The black line is the seagrass organic carbon density integrated
 266 across depth intervals of the sampled vegetated cores per site. The grey area is the ‘background’
 267 organic carbon density at a given site (Table S1). Error bars represent standard error. Note the
 268 variations in x axis among the sites.

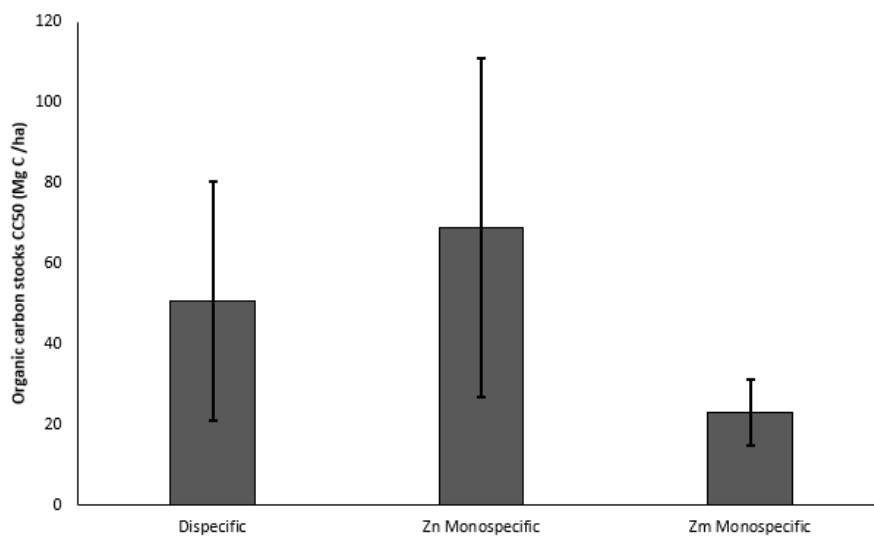
269 **Table 2.** Average sediment characteristics for vegetated and unvegetated areas across all sampled sites, estuaries and coasts. [DBD =
 270 dry bulk density, g cm⁻³; %OC = organic carbon content, % of dry weight; CC50 = organic carbon stock in the top 50cm, Mg C ha⁻¹;
 271 Difference in CC50 between vegetated and unvegetated areas, Mg C ha⁻¹].

Sites	Vegetated						Unvegetated						Difference in CC50
	DBD	SD	% OC	SD	CC50	SD	DBD	SD	% OC	SD	CC50	SD	
East Coast	1.26	0.26	0.93	0.94	55.23	37.96	1.21	0.23	0.75	0.60	44.11	28.99	11.12
Firth of Forth	1.30	0.24	1.61	0.55	105.72	13.13	1.19	0.18	1.41	0.60	85.86	26.34	19.86
Blackness	1.33	0.27	1.51	0.56	104.26	17.88	1.18	0.23	1.15	0.46	72.93	6.80	31.33
Drum Sands	1.16	0.12	1.89	0.63	106.41	10.53	1.13	0.09	1.87	0.57	109.68	27.97	-3.28
Torry Bay	1.41	0.24	1.49	0.32	107.22	16.48	1.33	0.14	1.02	0.25	64.04	-	43.18
Tay Estuary	1.31	0.25	1.26	1.96	67.76	62.49	1.38	0.19	0.51	0.46	30.95	19.15	36.81
Tayport (1)	1.43	0.33	2.52	2.69	134.73	23.12	1.54	0.13	0.78	0.62	49.80	14.09	84.93
Tayport (2)	1.23	0.14	0.46	0.35	23.11	8.17	1.28	0.14	0.34	0.18	18.38	6.44	4.73
Montrose Basin	1.21	0.27	1.05	0.65	62.21	21.97	1.12	0.19	0.97	0.53	55.37	19.55	6.84
Montrose	1.21	0.27	1.05	0.65	62.21	21.97	1.12	0.19	0.97	0.53	55.37	19.55	6.84
Beaully Firth	1.37	0.32	0.81	0.38	51.62	13.25	1.19	0.32	0.76	0.27	41.76	2.86	9.86
Beaully	1.37	0.32	0.81	0.38	51.62	13.25	1.19	0.32	0.76	0.27	41.76	2.86	9.86
Moray Firth	1.31	0.30	0.27	0.24	14.94	3.83	1.25	0.21	0.24	0.11	14.05	3.80	0.89
Findhorn	1.14	0.17	0.28	0.20	14.55	6.25	1.21	0.13	0.25	0.11	13.56	0.66	0.99
Nairn	1.43	0.31	0.26	0.26	15.20	3.08	1.30	0.27	0.22	0.11	14.54	6.47	0.66
Cromarty Firth	1.19	0.25	0.88	0.55	49.27	17.15	1.13	0.24	0.67	0.49	39.85	21.55	9.42
Nigg Bay	1.12	0.20	1.00	0.65	58.01	3.97	1.21	0.16	0.56	0.57	40.13	26.25	17.88
Dalmore	1.23	0.32	0.88	0.42	50.89	17.74	1.30	0.16	0.89	0.27	65.88	-	-14.98
Ainess	1.00	0.10	1.39	0.32	69.50	-	0.88	0.15	1.10	0.46	52.68	-	16.82
Cromarty	1.32	0.17	0.51	0.33	28.78	5.16	1.09	0.26	0.45	0.27	20.14	3.68	8.64
Dornoch Firth	1.20	0.11	0.43	0.28	23.00	7.61	1.16	0.09	0.35	0.32	19.76	16.08	3.25
Tain	1.17	0.10	0.47	0.33	25.90	5.04	1.12	0.08	0.54	0.35	31.13	-	-5.23
Cuthill	1.23	0.11	0.38	0.22	20.11	9.70	1.20	0.08	0.16	0.12	8.38	-	11.72
West Coast	1.45	0.14	0.72	0.76	53.38	24.42	1.49	0.13	0.62	0.39	45.70	19.43	7.67
Solway Estuary	1.41	0.10	0.83	0.80	64.98	28.81	1.44	0.11	0.84	0.37	60.52	11.62	4.46
Auchencairn	1.41	0.10	0.99	1.09	82.55	32.70	1.38	0.10	1.00	0.45	68.53	7.92	14.02
Rockcliffe	1.45	0.10	0.58	0.12	42.56	4.22	1.54	0.06	0.71	0.17	56.87	7.15	-14.31
Kirkcudbright	1.35	0.06	0.81	0.16	57.11	-	1.43	0.04	0.64	0.11	43.80	-	13.31
Loch Ryan	1.55	0.09	0.35	0.15	30.75	-	1.58	0.11	0.36	0.19	32.58	-	-1.84
Loch Ryan	1.55	0.09	0.35	0.15	30.75	-	1.58	0.11	0.36	0.19	32.58	-	-1.84
Clyde Firth	1.47	0.18	0.66	0.75	43.98	12.72	1.52	0.13	0.40	0.26	30.55	14.50	13.43
Southannan Sands	1.54	0.09	0.41	0.09	31.10	-	1.63	0.10	0.27	0.13	22.61	-	8.50
Hunterston Sands	1.52	0.32	0.88	1.50	45.77	-	1.55	0.09	0.19	0.07	13.11	-	32.65
Cardross	1.42	0.12	0.67	0.37	47.67	14.79	1.47	0.12	0.51	0.27	39.00	11.39	8.67
Scotland	1.31	0.25	0.88	0.90	54.79	35.02	1.29	0.24	0.71	0.55	44.58	26.32	10.22

272



273
 274 **Figure 3.** Organic carbon stocks in the top 50cm CC50 (Mg C ha⁻¹) in vegetated (dark grey) and
 275 unvegetated (light grey) areas from all sampled estuaries. Error bars represent SD.



276
 277 **Figure 4.** Organic carbon stocks in the top 50cm CC50 (Mg C ha⁻¹) in monospecific (Zn:
 278 *Zostera noltii* or Zm: *Zostera marina*) and dispecific meadows across all sampled estuaries. Error
 279 bars represent SD.

280 4. Discussion

281 The current study quantified the sedimentary organic carbon stocks for intertidal seagrass
282 meadows on the Scottish coast. To compare to the global and regional seagrass carbon stocks,
283 when extrapolated to 100 cm depth, the projected organic carbon stocks CC100 of the seagrass
284 sediments averaged 109.59 ± 70.05 (SD) Mg C ha^{-1} and 89.15 ± 52.64 Mg C ha^{-1} in unvegetated
285 'bare' sediments. Whilst this is low compared to the global seagrass average of 194.2 ± 20.2 (CI)
286 Mg C ha^{-1} , it is well above the average for the seagrass meadows occurring in the temperate
287 North Atlantic bioregion, at 48.7 ± 14.5 (CI) Mg C ha^{-1} (Fourqurean et al., 2012). The average
288 sediment organic carbon stocks reported here are similar to worldwide estimates for *Z. marina*, at
289 108.9 Mg C ha^{-1} (Röhr et al., 2018), and twice as high as the projected carbon stocks for eelgrass
290 meadows previously reported for the Western and Eastern Atlantic, at 54.0 and 55.4 Mg C ha^{-1}
291 respectively, although the values for the Eastern Atlantic derive from only three short cores (25
292 cm) (2 from Porth Dinllaen, Wales, UK and 1 from Culatra, Portugal) (Röhr et al., 2018).

293 Across the UK, seagrass sediment carbon stocks have been published for subtidal *Z. marina*
294 meadows along the southwest coast of England (Green et al., 2018), intertidal multispecific
295 meadows (Lima et al., 2020) in South England, and subtidal *Z. marina* meadows in Northeast
296 Scotland (Porter et al., 2020) (Fig. 5). The projected organic carbon stocks CC100 reported here
297 are lower than those of subtidal *Z. marina* meadows in South England (140.98 ± 73.32 Mg C ha^{-1})
298 (mean \pm SD) (Green et al., 2018), but higher than those documented for subtidal *Z. marina*
299 meadows for Orkney in Scotland (77.94 Mg C ha^{-1}) (Porter et al., 2020). The mean organic
300 carbon stocks in multispecific intertidal seagrass meadows (*Z. marina* / *Z. angustifolia* / *Z. noltii*
301 / *Ruppia spp*) in Solent, Southwest England, reported for the top 30cm, are 33.80 ± 18.40 (SD)
302 Mg C ha^{-1} , similar to those reported here 32.87 ± 22.81 Mg C ha^{-1} (direct conversion to 30cm
303 stocks for this comparison).

304 *Z. noltii* carbon stocks in the top 100 cm reported in the global dataset from an unpublished
305 source, ranged from 46 to 152 Mg C ha^{-1} (Fourqurean et al., 2012), representing a lower
306 variability than those presented in this study for monospecific *Z. noltii* meadows, ranging from
307 20 to 302 Mg C ha^{-1} . The sediment organic carbon stocks for monospecific *Z. noltii* meadows
308 here were over 8 times higher (1.38 ± 0.8 kg C m^{-2} ; direct conversion to 10cm stocks) than those

309 obtained for *Z. noltii* in Ria de Aveiro, Portugal ($162.8 \pm 10.9 \text{ g m}^{-2}$ for the top 10cm) (Sousa et
310 al., 2019).

311 *Z. marina* meadows in the temperate Northern Hemisphere exhibit substantial regional and local
312 variation in carbon storage (over eightfold differences between the organic carbon stocks in the
313 Mediterranean Sea and Kattegat-Skagerrak compared to the Baltic Sea) (Röhr et al., 2018).
314 Three sedimentary variables (mud content, sediment density, and degree of sediment sorting),
315 and two environmental variables (water depth and salinity) explained over 62% of this variation
316 in the study by Röhr et al. (2018). Earlier studies in other regions with *Z. marina* meadows (Dahl
317 et al., 2016; Dahl et al., 2020; Miyajima et al., 2015; Röhr et al., 2016) or other species of
318 seagrass (Macreadie et al., 2013 Serrano et al., 2016) have also indicated that sediment
319 characteristics, specifically the sediment grain size distribution and sediment density, appear to
320 be the most important predictors for seagrass carbon stocks. However, the seagrass organic
321 carbon stocks here were not related to the sediment dry bulk density (top 5cm or 10cm). While
322 we did not obtain explicit measures of sediment grain size, we overlaid our sampling locations
323 with previously published contour maps showing the distribution of median grain size along the
324 whole UK coastline (Bricheno et al., 2015). On the east coast, the sampled estuaries appearing to
325 have larger sediment grain size are related to lower carbon stocks (e.g. Dornoch Firth: grain size
326 $0.3 < 0.5 \text{ mm}$), and vice versa. However, on the west coast, this pattern was not observed, with the
327 Firth of Clyde having only the seventh highest carbon stocks across all sampled estuaries (Table
328 2), despite having the smallest grain size ($0.0 < 0.1 \text{ mm}$; (Bricheno et al., 2015)).

329 Variability in organic carbon stocks among and within estuaries could additionally be attributed
330 to differences in hydrodynamics (e.g. turbidity and water flow), which also influence
331 sedimentary characteristics (Dahl et al., 2020). Local hydrodynamics and turbulence can also
332 affect export rates of the organic matter produced in the meadows to further adjacent locations.
333 ~25% of the net primary production in seagrass meadows can be exported to some distance
334 beyond the meadow (Duarte and Cebrián, 1996), even into shelf and deep-sea sediments (Duarte
335 and Krause-Jensen, 2017). A recent study conducted in Port Curtis, a macrotidal estuary in
336 Australia, demonstrated that seagrass organic carbon stocks were five times higher in the upper
337 regions than in the lower regions of the estuary (Ricart et al., 2020). *Z. marina*, a generally
338 subtidal species, can also occur in the eulittoral zone of an estuary, growing in the lower and

339 middle part, and co-existing with *Z. noltii*, which grows in the middle and upper zones (Green
340 and Short, 2003). Although there were no significant differences in the organic carbon stocks
341 between monospecific (*Z. noltii* or *Z. marina* alone) and dispecific meadows (core sampling in
342 different zones of the estuary) in the present study, the variability within some estuaries was
343 large (e.g. average CC50 was 67.8 ± 62.5 Mg C ha⁻¹ in the Tay estuary, where the only
344 monospecific *Z. marina* meadow of our study exists), suggesting that environmental settings can
345 influence carbon deposition. Larger seagrass species have taller canopies making them more
346 effective at trapping and facilitating the settling of suspended matter and burial of allochthonous
347 carbon (Mazarrasa et al., 2018). Despite having thinner and shorter leaves, *Z. noltii* meadows
348 have been shown to have similar influences on near-bed flow dynamics and energy reduction
349 with those of *Z. marina* (Wilkie et al., 2012). Previous studies in the Firth of Forth and Tay
350 estuary have shown that *Z. noltii* meadows enhance the retention of underlying sediments and
351 decrease the resuspension of large particles compared to bare sediments (Potouroglou et al.,
352 2017; Wilkie et al., 2012). However, it seems more probable that the higher organic carbon
353 stocks observed in *Z. noltii* meadows can be attributed to the fact that this species is adapted to
354 living in naturally depositional environments subject to low wave energy, compared to *Z. marina*
355 that generally occurs further offshore and thus is exposed to additional hydrodynamic forces (e.g.
356 tidal flow and riverine currents). In addition to these drivers of variability causing differences
357 between geomorphological settings, other sources of variability may operate at smaller scales.
358 For example, the composition (plot/patch size and type of vegetation), the configuration (spatial
359 arrangement) and the immediate surrounding environmental conditions may influence the
360 functioning of mosaically structured habitats such as seagrasses (Gullström et al., 2018; Ricart et
361 al., 2017). There is evidence that such smaller scale variability may be particularly pertinent in
362 coastal or aquatic systems in comparison with terrestrial carbon storage. For example, terrestrial
363 soil carbon showed no difference along a gradient of landscape heterogeneity (Williams and
364 Hedlund, 2013). In terrestrial forests, fragmentation and edge effects had no influence on carbon
365 sequestration in temperate regions (Ziter et al., 2014) (although tropical areas did show effects;
366 de Paula et al., (2011)). In contrast, carbon stocks in coastal and marine ecosystems are routinely
367 shown to exhibit spatial variability, with this non-uniform distribution being attributed to several
368 seascape-scale factors. As seagrasses can occur either as continuous meadows or in the form of
369 patches of various compositions, shapes and sizes, variables such as structural complexity

370 (Gullström et al., 2018; Samper- Villarreal et al., 2016; Trevathan-Tackett et al., 2015), small-
371 scale patch heterogeneity (Ricart et al., 2015), size of the meadow (Gullström et al., 2018; Ricart
372 et al., 2017) and edge proximity (Oreska et al., 2017) may all significantly affect their carbon
373 storage capacity and the rates of fluxes and transfers of material between habitat patches (Hyndes
374 et al., 2014). Carbon stocks have been shown to be significantly higher in innermost seagrass
375 patches compared with seagrass-edge patches (Ricart et al., 2015) and continuous meadows store
376 more carbon than patchy ones (Gullström et al., 2018; Ricart et al., 2017). Hence, the structure
377 of seagrass meadows can also be a potentially important predictor for the magnitude and source
378 of seagrass carbon stocks. All these factors might contribute to the high variability that we found
379 among the sites within an estuary, as well as among different estuaries (Table 2), and we
380 highlight the importance for obtaining them in future studies.

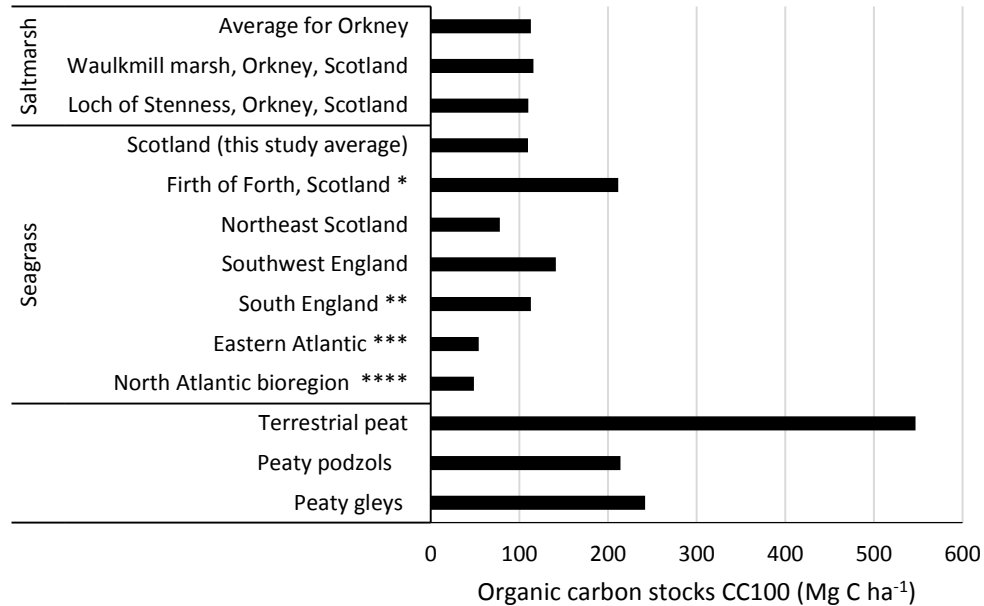
381 Differences were observed in the OC content between vegetated and unvegetated sediments,
382 with higher OC content on average in vegetated (0.88 % DW) than unvegetated (0.71 % DW).
383 Although the difference here is similar to that reported globally (0.17 % DW), the absolute OC
384 content in Scottish sediments was much lower than that globally (1.8 % DW) (Kennedy et al.,
385 2010). The majority of the cores, whether vegetated or not, displayed no particular trend with
386 depth ('mixed pattern'), indicating that the environmental settings did not provide locations with
387 temporally constant fluxes of organic and mineralogical matter, and/or little post depositional
388 disturbance. Small changes in the delivery of allochthonous material derived either from the
389 catchment or other parts of the coast, will alter the downcore distribution of dry bulk density and
390 carbon density, as they would by erosion and reworking of the sediments (Kindeberg et al., 2019;
391 Röhr et al., 2016). The depths at which changes in organic carbon density occur, were generally
392 different for vegetated and unvegetated cores at the same location (Fig.2 and Fig. S1), indicating
393 that the processes leading to carbon sediment delivery, supply and storage differed between the
394 two 'settings', even though they were located adjacent to each other. This emphasises the
395 significant role of sediment mixing and remineralisation, which can result in spatio-temporal
396 heterogeneity between and within sites, settings and species (Johannessen and Macdonald,
397 2016). It further emphasises the need for regular mapping and monitoring, as these patterns
398 would have been better explained if such information existed, e.g. unvegetated areas having been
399 previously vegetated, or disturbances leading to seagrass declines. Better understanding would
400 be obtained through intense downcore sampling of physical parameters such as grain size,

401 measurement of tracers that differentiate between allochthonous and autochthonous OC, and
402 measurement of sediment carbon sequestration rates.

403 Recognition of the role of vegetated coastal ecosystems as carbon sinks has led to the
404 development of blue carbon strategies which aim to help mitigate and adapt to climate change
405 through the conservation and restoration of these ecosystems (United Nations Environment
406 Programme, 2020). One approach to increasing our understanding of the relative importance of
407 seagrasses to blue carbon is to compare ecosystem service delivery between seagrass and other
408 coastal and marine habitats (Huxham et al., 2018). A small but growing literature compares
409 seagrass carbon stocks with those of other coastal habitats, at local, regional and global scales
410 (e.g. Fourqurean et al., 2012; Hyndes et al., 2014; Luisetti et al., 2013). However, these
411 comparisons are usually only with other vegetated coastal ecosystems such as mangrove forests
412 and tidal marshes, whose carbon stocks have been more widely reported in the literature.
413 Comparison with non-vegetated areas is also of interest; importantly we found that sediment
414 organic carbon content in seagrass areas was higher than that in the reference unvegetated areas
415 (except for Loch Ryan; Fig. 3), adding to the argument that the presence of seagrass enhances
416 sediment carbon stocks. On average, Scottish seagrass areas retained 20% (or 1.24 times) more
417 organic carbon (% DW) than unvegetated areas, but this ‘seagrass multiplier’ was as high as 2.5
418 times at one estuary (the Tay). Similarly, Jankowska et al. (2016) reported 1.5-4.8 times higher
419 organic carbon densities in seagrass areas compared to unvegetated ones in the Baltic Sea.
420 Enhancements in organic matter and organic carbon contents in seagrass compared with
421 unvegetated plots have also been documented in other regions (e.g. Githaiga et al., 2017;
422 Kennedy et al., 2010; Postlethwaite et al., 2018; Ricart et al., 2017). The presence of seagrasses
423 in the Firth of Forth has been shown to result in an average difference in surface elevation rate of
424 9.01 mm/year, compared to adjacent unvegetated sediments (Potouroglou et al., 2017). Hence
425 much of the enhanced carbon in Scottish seagrass is likely to come from more efficient trapping
426 and storing of allochthonous sources. It is worth noting that although higher organic carbon
427 content was observed in seagrass sediments in 9 out of 10 studied estuaries, in Loch Ryan,
428 unvegetated areas had marginally higher organic carbon content than nearby seagrass areas. Due
429 to the lack of historical information on seagrass distribution at the local scale, we recognise that
430 current conditions can only provide a single snapshot of the seascape configuration. Thus, these
431 unvegetated areas might have been previously vegetated, and as previously identified, future

432 work should obtain isotopic data to determine sources and their relative contribution to sediment
433 carbon stocks. There is a clear pattern emerging of enhanced carbon storage compared with
434 unvegetated reference sites (e.g. Dahl et al., 2016; Githaiga et al., 2017; Novak et al., 2020;
435 Prentice et al., 2020), although such comparisons remain surprisingly rare in the seagrass
436 sediment carbon stocks literature.

437 Conserving and enhancing carbon stocks in seagrass meadows should form one part of the
438 Scottish government's response to the climate change challenge. Our results reveal that the
439 magnitude of sedimentary carbon stocks in intertidal seagrass meadows in Scotland is
440 comparable not only to previously published values from the wider region, but also to other
441 carbon rich habitats, such as saltmarshes and terrestrial peatlands within the country (see Fig. 5).
442 Seagrass sediments from the Forth (where our highest carbon stocks of 211 Mg C ha⁻¹ were
443 found) are similar in their carbon concentrations to the carbon-rich Scottish soils peaty gleys
444 (242 Mg C ha⁻¹) and peaty podzols (214 Mg C ha⁻¹) (Rees et al., 2018). However, terrestrial
445 peat itself, at 547 Mg C ha⁻¹, is more than 2.5 times as carbon dense as Forth sediments or 5
446 times as carbon dense as the average seagrass sediments found here. This comparison
447 emphasises the exceptional carbon density of peat, and the importance of preserving this
448 terrestrial Scottish store, rather than denigrates the possible contribution of seagrass. Also, the
449 mean organic carbon stock of seagrasses is similar to that reported for saltmarshes in Scotland
450 (113 Mg C ha⁻¹), although this value was derived from only two sites in Orkney (Porter et al.,
451 2020). Taking the conservative estimate of 1600 ha of seagrass in Scotland (including only the
452 known records) and using the mean value for carbon stocks found here, Scottish intertidal
453 seagrasses store ~175,360 Mg of organic carbon in the upper 100cm of their sediments. This
454 represents around 10 % of the total annual emissions from the Scottish residential sector (after
455 conversion to CO₂ (eq); Scottish Government, 2019), and although we acknowledge the different
456 time scales in these two processes, we argue that seagrass conservation and/or restoration could
457 provide opportunities for enhancing carbon storage (and/or avoid CO₂ emissions) in addition to
458 maintaining or enhancing additional ecosystem services.



459

460 **Figure 5.** Organic carbon stocks in the top 100cm CC100 of soil in terrestrial and coastal and
 461 marine ecosystems in Scotland (terrestrial peat, peaty podzols, peaty gleys, saltmarshes and
 462 seagrasses), and seagrass carbon stocks from the UK and wider region (North Atlantic seagrass
 463 bioregion and Eastern Atlantic). * The highest carbon stocks reported in Scotland (from the
 464 present study). ** Direct conversion from 30 to 100cm to allow comparison with the rest of the
 465 studies. *** This includes 3 sediment cores from *Zostera marina* (n=2 from Porth Dinllaen,
 466 Wales, UK and n=1 from Culatra, Portugal) (Röhr et al., 2018). **** This includes *Ruppia*
 467 *maritima*, *Zostera marina*, *Zostera noltii*, *Cymodocea nodosa* (Fourqurean et al., 2012).
 468 Saltmarsh values from Porter et al., 2020. Peat values from Rees et al., 2018.

469 To ensure seagrasses can thrive in the future, it is vital to maintain high water quality with low
 470 mean turbidity and low levels of eutrophication. Seagrass meadows have been identified as
 471 Priority Marine Features in Scottish territorial waters, with 64% of the known records being in
 472 marine protected areas (Howson et al., 2012). This figure, however, is likely to overestimate the
 473 degree of protection afforded to Scottish seagrass, because of the limited number of mapping or
 474 monitoring efforts within the country. Acknowledging the possible contribution of seagrasses to
 475 maintaining and enhancing natural carbon stores in Scotland is just one more argument for the
 476 conservation of these important habitats.

477 **Ethics Statement**

478 The authors declare that the research was conducted in the absence of any commercial or
479 financial relationships that could be construed as a potential conflict of interest.

480 **Author Contributions**

481 Conceived and designed the study: MP, MH, KD, HK. Led the study and drafted the manuscript:
482 MP and MH. Contributed data: MP, LM (East coast of Scotland) and DW, GM (West Coast of
483 Scotland). Analysed the data: MP, LM and DW. All co-authors commented on and provided
484 edits to the original manuscript.

485 **Acknowledgements**

486 MP was supported by the Natural Environment Research Council NE/K501207/1. DW was
487 supported by grant GSS56 from Scottish Natural Heritage/the Marine Alliance for Science and
488 Technology Scotland. Additional funding was received under the Marine Alliance for Science
489 and Technology for Scotland (MASTS) Small Grant Scheme (grant reference SG116), and its
490 support is gratefully acknowledged.

491 **References**

492 Barbier, E.B., Hacker, S.D., Kennedy, C., Koch, E.W., Stier, A.C., Silliman, B.R., 2011. The
493 value of estuarine and coastal ecosystem services. *Ecol. Monogr.* 81, 169–193.

494 Bricheno, L.M., Wolf, J., Aldridge, J., 2015. Distribution of natural disturbance due to wave and
495 tidal bed currents around the UK. *Cont. Shelf Res.* 109, 67–77.

496 Burrows, M.T., Hughes, D.J., Austin, W.E.N., Smeaton, C., Hicks, N., Howe, J.A., Allen, C.,
497 Taylor, P., Vare, L.L., 2017. Assessment of blue carbon resources in Scotland's inshore
498 marine protected area network. *Scottish Nat. Herit. Comm. Rep.* 957.

499 Burrows, M.T., Kamenos, N.A., Hughes, D.J., Stahl, H., Howe, J.A., Tett, P., 2014. Assessment
500 of carbon budgets and potential blue carbon stores in Scotland's coastal and marine
501 environment.

502 Carabel, S., Godínez-Domínguez, E., Verísimo, P., Fernández, L., Freire, J., 2006. An
503 assessment of sample processing methods for stable isotope analyses of marine food webs.
504 J. Exp. Mar. Bio. Ecol. 336, 254–261.

505 Costanza, R., d’Arge, R., De Groot, R., Farber, S., Grasso, M., Hannon, B., Limburg, K., Naeem,
506 S., O’neill, R. V., Paruelo, J., 1997. The value of the world’s ecosystem services and natural
507 capital. Nature 387, 253.

508 Dahl, M., Asplund, M.E., Björk, M., Deyanova, D., Infantes, E., Isaeus, M., Sandman, A.N.,
509 Gullström, M., 2020. The influence of hydrodynamic exposure on carbon storage and
510 nutrient retention in eelgrass (*Zostera marina* L.) meadows on the Swedish Skagerrak coast.
511 Sci. Rep. 10, 1–13.

512 Dahl, M., Deyanova, D., Gütschow, S., Asplund, M.E., Lyimo, L.D., Karamfilov, V., Santos, R.,
513 Björk, M., Gullström, M., 2016. Sediment properties as important predictors of carbon
514 storage in *Zostera marina* meadows: a comparison of four European areas. PLoS One 11,
515 e0167493.

516 Davison, D.M., Hughes, D.J., 1998. *Zostera* Biotopes: An overview of dynamics and sensitivity
517 characteristics for conservation management of marine SACs. UK Marine SACs Project.

518 de Paula, M.D., Costa, C.P.A., Tabarelli, M., 2011. Carbon storage in a fragmented landscape of
519 Atlantic forest: the role played by edge-affected habitats and emergent trees. Trop. Conserv.
520 Sci. 4, 349–358.

521 Duarte, C.M., Cebrián, J., 1996. The fate of marine autotrophic production. Limnol. Oceanogr.
522 41, 1758–1766.

523 Duarte, C.M., Krause-Jensen, D., 2017. Export from seagrass meadows contributes to marine
524 carbon sequestration. Front. Mar. Sci. 4, 13.

525 Emmer, I., von Unger, M., Needelman, B., Crooks, S., Emmett-Mattox, S., 2015. Coastal blue
526 carbon in practice: a manual for using the VCS methodology for tidal wetland and seagrass
527 restoration. VM0033 1.

528 Fourqurean, J.W., Duarte, C.M., Kennedy, H., Marbà, N., Holmer, M., Mateo, M.A., Apostolaki,
529 E.T., Kendrick, G.A., Krause-Jensen, D., McGlathery, K.J., 2012. Seagrass ecosystems as a
530 globally significant carbon stock. *Nat. Geosci.* 5, 505.

531 Githaiga, M.N., Kairo, J.G., Gilpin, L., Huxham, M., 2017. Carbon storage in the seagrass
532 meadows of Gazi Bay, Kenya. *PLoS One* 12, e0177001.

533 Green, A., Chadwick, M.A., Jones, P.J.S., 2018. Variability of UK seagrass sediment carbon:
534 Implications for blue carbon estimates and marine conservation management. *PLoS One* 13,
535 e0204431.

536 Green, A.E., Unsworth, R.K.F., Chadwick, M.A., Jones, P.J.S., 2021. Historical analysis exposes
537 catastrophic seagrass loss for the United Kingdom. *Front. Plant Sci.* 12, 261.

538 Green, E., Short, F., 2003. *World Atlas Of Seagrasses*. University of California Press.

539 Gullström, M., Lyimo, L.D., Dahl, M., Samuelsson, G.S., Eggertsen, M., Anderberg, E.,
540 Rasmusson, L.M., Linderholm, H.W., Knudby, A., Bandeira, S., 2018. Blue carbon storage
541 in tropical seagrass meadows relates to carbonate stock dynamics, plant–sediment
542 processes, and landscape context: insights from the western Indian Ocean. *Ecosystems* 21,
543 551–566.

544 Hawker, D., 1993. *Eelgrass (Zostera) in the Solway Firth*. Report for Scottish Natural Heritage.

545 Himes-Cornell, A., Pendleton, L., Atiyah, P., 2018. Valuing ecosystem services from blue
546 forests: A systematic review of the valuation of salt marshes, sea grass beds and mangrove
547 forests. *Ecosyst. Serv.* 30, 36–48.

548 Howard, J., Hoyt, S., Isensee, K., Telszewski, M., Pidgeon, E., 2014. Coastal blue carbon:
549 methods for assessing carbon stocks and emissions factors in mangroves, tidal salt marshes,
550 and seagrasses.

551 Howson, C.M., Steel, L., Carruthers, M., Gillham, K., 2012. Identification of Priority Marine
552 Features in Scottish territorial waters. *Scottish Nat. Herit. Comm. Rep. No.* 388.

- 553 Huxham, M., Whitlock, D., Githaiga, M., Dencer-Brown, A., 2018. Carbon in the coastal
554 seascape: How interactions between mangrove forests, seagrass meadows and tidal marshes
555 influence carbon storage. *Curr. For. reports* 4, 101–110.
- 556 Hyndes, G.A., Nagelkerken, I., McLeod, R.J., Connolly, R.M., Lavery, P.S., Vanderklift, M.A.,
557 2014. Mechanisms and ecological role of carbon transfer within coastal seascapes. *Biol.*
558 *Rev.* 89, 232–254.
- 559 Jankowska, E., Michel, L.N., Zaborska, A., Włodarska- Kowalczyk, M., 2016. Sediment carbon
560 sink in low- density temperate eelgrass meadows (Baltic Sea). *J. Geophys. Res.*
561 *Biogeosciences* 121, 2918–2934.
- 562 Johannessen, S.C., Macdonald, R.W., 2016. Geoengineering with seagrasses: is credit due where
563 credit is given? *Environ. Res. Lett.* 11, 113001.
- 564 Jones, B.L., Unsworth, R.K.F., 2016. The perilous state of seagrass in the British Isles. *R. Soc.*
565 *open Sci.* 3, 150596.
- 566 Kennedy, H., Beggins, J., Duarte, C.M., Fourqurean, J.W., Holmer, M., Marbà, N., Middelburg,
567 J.J., 2010. Seagrass sediments as a global carbon sink: Isotopic constraints. *Global*
568 *Biogeochem. Cycles* 24.
- 569 Kindeberg, T., Röhr, E., Moksnes, P.-O., Boström, C., Holmer, M., 2019. Variation of carbon
570 contents in eelgrass (*Zostera marina*) sediments implied from depth profiles. *Biol. Lett.* 15,
571 20180831.
- 572 Lavery, P.S., Mateo, M.-Á., Serrano, O., Rozaimi, M., 2013. Variability in the carbon storage of
573 seagrass habitats and its implications for global estimates of blue carbon ecosystem service.
574 *PLoS One* 8, e73748.
- 575 Lima, M. do A.C., Ward, R.D., Joyce, C.B., 2020. Environmental drivers of sediment carbon
576 storage in temperate seagrass meadows. *Hydrobiologia* 847, 1773–1792.
- 577 Luisetti, T., Jackson, E.L., Turner, R.K., 2013. Valuing the European ‘coastal blue
578 carbon’ storage benefit. *Mar. Pollut. Bull.* 71, 101–106.

579 Mazarrasa, I., Samper-Villarreal, J., Serrano, O., Lavery, P.S., Lovelock, C.E., Marbà, N.,
580 Duarte, C.M., Cortés, J., 2018. Habitat characteristics provide insights of carbon storage in
581 seagrass meadows. *Mar. Pollut. Bull.* 134, 106–117.

582 McKenzie, L., Nordlund, L.M., Jones, B.L., Cullen-Unsworth, L.C., Roelfsema, C.M.,
583 Unsworth, R., 2020. The global distribution of seagrass meadows. *Environ. Res. Lett.*

584 Mcleod, E., Chmura, G.L., Bouillon, S., Salm, R., Björk, M., Duarte, C.M., Lovelock, C.E.,
585 Schlesinger, W.H., Silliman, B.R., 2011. A blueprint for blue carbon: toward an improved
586 understanding of the role of vegetated coastal habitats in sequestering CO₂. *Front. Ecol.*
587 *Environ.* 9, 552–560.

588 Miyajima, T., Hori, M., Hamaguchi, M., Shimabukuro, H., Yoshida, G., 2017. Geophysical
589 constraints for organic carbon sequestration capacity of *Zostera marina* seagrass meadows
590 and surrounding habitats. *Limnol. Oceanogr.* 62, 954–972.

591 Nellemann, C., Corcoran, E., 2009. Blue carbon: the role of healthy oceans in binding carbon: a
592 rapid response assessment. UNEP/Earthprint.

593 Nordlund, L.M., Koch, E.W., Barbier, E.B., Creed, J.C., 2016. Seagrass ecosystem services and
594 their variability across genera and geographical regions. *PLoS One* 11, e0163091.

595 Novak, A.B., Pelletier, M.C., Colarusso, P., Simpson, J., Gutierrez, M.N., Arias-Ortiz, A.,
596 Charpentier, M., Masque, P., Vella, P., 2020. Factors influencing carbon stocks and
597 accumulation rates in eelgrass meadows across New England, USA. *Estuaries and Coasts*
598 43, 2076–2091.

599 Oreska, M.P.J., McGlathery, K.J., Aoki, L.R., Berger, A.C., Berg, P., Mullins, L., 2020. The
600 greenhouse gas offset potential from seagrass restoration. *Sci. Rep.* 10, 1–15.

601 Oreska, M.P.J., McGlathery, K.J., Porter, J.H., 2017. Seagrass blue carbon spatial patterns at the
602 meadow-scale. *PLoS One* 12, e0176630.

603 Porter, J., Austin, W., Burrows, M., Clarke, D., Davies, G., Kamenos, N., Riegel, S., Smeaton,
604 C., Page, C., Want, A., 2020. Blue carbon audit of Orkney waters.

605 Postlethwaite, V.R., McGowan, A.E., Kohfeld, K.E., Robinson, C.L.K., Pellatt, M.G., 2018.
606 Low blue carbon storage in eelgrass (*Zostera marina*) meadows on the Pacific Coast of
607 Canada. PLoS One 13, e0198348.

608 Potouroglou, M., Bull, J.C., Krauss, K.W., Kennedy, H.A., Fusi, M., Daffonchio, D., Mangora,
609 M.M., Githaiga, M.N., Diele, K., Huxham, M., 2017. Measuring the role of seagrasses in
610 regulating sediment surface elevation. Sci. Rep. 7, 11917.

611 Prentice, C., Poppe, K.L., Lutz, M., Murray, E., Stephens, T.A., Spooner, A., Hessing- Lewis,
612 M., Sanders- Smith, R., Rybczyk, J.M., Apple, J., 2020. A synthesis of blue carbon stocks,
613 sources, and accumulation rates in eelgrass (*Zostera marina*) meadows in the Northeast
614 Pacific. Global Biogeochem. Cycles 34, e2019GB006345.

615 Rees, B., Chapman, S., Matthews, R., Lilly, A., Perks, M., Morison, J., 2018. Soil Carbon and
616 Land Use in Scotland - Final report.

617 Ricart, A.M., Pérez, M., Romero, J., 2017. Landscape configuration modulates carbon storage in
618 seagrass sediments. Estuar. Coast. Shelf Sci. 185, 69–76.

619 Ricart, A.M., York, P.H., Bryant, C. V, Rasheed, M.A., Ierodiaconou, D., Macreadie, P.I., 2020.
620 High variability of Blue carbon storage in seagrass meadows at the estuary scale. Sci. Rep.
621 10, 1–12.

622 Ricart, A.M., York, P.H., Rasheed, M.A., Pérez, M., Romero, J., Bryant, C. V, Macreadie, P.I.,
623 2015. Variability of sedimentary organic carbon in patchy seagrass landscapes. Mar. Pollut.
624 Bull. 100, 476–482.

625 Röhr, M.E., Boström, C., Canal-Vergés, P., Holmer, M., 2016. Blue carbon stocks in Baltic Sea
626 eelgrass (*Zostera marina*) meadows. Biogeosciences 13, 6139–6153.

627 Röhr, M.E., Holmer, M., Baum, J.K., Björk, M., Boyer, K., Chin, D., Chalifour, L., Cimon, S.,
628 Cusson, M., Dahl, M., 2018. Blue carbon storage capacity of temperate eelgrass (*Zostera*
629 *marina*) meadows. Global Biogeochem. Cycles 32, 1457–1475.

630 RSPB, 1995. Annual Report of the Royal Society for the Protection of Birds. RSPB, Sandy,

631 Bedfordshire.

632 Samper- Villarreal, J., Lovelock, C.E., Saunders, M.I., Roelfsema, C., Mumby, P.J., 2016.
633 Organic carbon in seagrass sediments is influenced by seagrass canopy complexity,
634 turbidity, wave height, and water depth. *Limnol. Oceanogr.* 61, 938–952.

635 Scottish Government, 2019. Scottish greenhouse gas emissions 2017.

636 Short, F.T., Wyllie-Echeverria, S., 1996. Natural and human-induced disturbance of seagrasses.
637 *Environ. Conserv.* 23, 17–27.

638 Smith, S. V, 1981. Marine macrophytes as a global carbon sink. *Science* (80-.). 211, 838–840.

639 Sousa, A.I., da Silva, J.F., Azevedo, A., Lillebø, A.I., 2019. Blue Carbon stock in *Zostera noltei*
640 meadows at Ria de Aveiro coastal lagoon (Portugal) over a decade. *Sci. Rep.* 9, 1–13.

641 Trevathan-Tackett, S.M., Kelleway, J., Macreadie, P.I., Beardall, J., Ralph, P., Bellgrove, A.,
642 2015. Comparison of marine macrophytes for their contributions to blue carbon
643 sequestration. *Ecology* 96, 3043–3057.

644 United Nations Environment Programme, 2020. Out of the blue: The value of seagrasses to the
645 environment and to people. UNEP, Nairobi.

646 Waycott, M., Duarte, C.M., Carruthers, T.J.B., Orth, R.J., Dennison, W.C., Olyarnik, S.,
647 Calladine, A., Fourqurean, J.W., Heck, K.L., Hughes, A.R., 2009. Accelerating loss of
648 seagrasses across the globe threatens coastal ecosystems. *Proc. Natl. Acad. Sci.* 106, 12377–
649 12381.

650 Wilkie, L., O’Hare, M.T., Davidson, I., Dudley, B., Paterson, D.M., 2012. Particle trapping and
651 retention by *Zostera noltii*: A flume and field study. *Aquat. Bot.* 102, 15–22.

652 Williams, A., Hedlund, K., 2013. Indicators of soil ecosystem services in conventional and
653 organic arable fields along a gradient of landscape heterogeneity in southern Sweden. *Appl.*
654 *soil Ecol.* 65, 1–7.

655 Ziter, C., Bennett, E.M., Gonzalez, A., 2014. Temperate forest fragments maintain aboveground

656 carbon stocks out to the forest edge despite changes in community composition. *Oecologia*
657 176, 893–902.

658

Table 1. Summary of the cores collected from both vegetated and unvegetated sediments across Scotland. (Zn: *Zostera noltii*; Zm: *Zostera marina*; Seagrass cover is presented as a range of minimum and maximum values)

Coast	Estuary	Sites	Type of seagrass meadow/species	Number of cores		Seagrass cover %	
				Vegetated	Unvegetated		
East Coast	Forth	Blackness	Dispecific	3	2	50-98	
		Drum Sands	Monospecific- Zn	2	2	3-25	
		Torry Bay	Monospecific- Zn	2	1	50-55	
	Tay	Tayport (1)	Monospecific- Zn	2	2	45-60	
		Tayport (2)	Monospecific- Zm	3	3	15-70	
	Montrose	Montrose	Dispecific	5	5	30-100	
	Beaully	Beaully	Dispecific	4	2	30-60	
	Moray	Findhorn	Monospecific- Zn	2	2	60-70	
		Nairn	Dispecific	3	2	25-65	
	Cromarty	Nigg Bay	Dispecific	2	2	15-45	
		Dalmore	Dispecific	2	1	30-70	
		Alness	Monospecific- Zn	1	1	25	
		Cromarty	Dispecific	2	2	30-55	
		Dornoch	Tain	Dispecific	3	1	15-65
			Cuthill	Dispecific	3	1	5-10
	West Coast	Solway	Auchencairn	Dispecific	3	3	-
Rockcliffe			Dispecific	2	2	-	
Kirkcudbright			Monospecific- Zn	1	1	-	
Loch Ryan		Loch Ryan	Monospecific- Zn	1	1	-	
Clyde		Southannan Sands	Monospecific- Zn	1	1	-	
		Hunterston Sands	Monospecific- Zn	1	1	-	
		Cardross	Monospecific- Zn	3	3	-	
Total		10	22	Dispecific (11); Monospecific-Zn (10); Monospecific-Zm (1)	51	41	

Table 2. Average sediment characteristics for vegetated and unvegetated areas across all sampled sites, estuaries and coasts. [DBD = dry bulk density, g cm⁻³; %OC = organic carbon content, % of dry weight; CC50 = organic carbon stock in the top 50cm, Mg C ha⁻¹; Difference in CC50 between vegetated and unvegetated areas, Mg C ha⁻¹].

Sites	Vegetated						Unvegetated						Difference in CC50
	DBD	SD	% OC	SD	CC50	SD	DBD	SD	% OC	SD	CC50	SD	
East Coast	1.26	0.26	0.93	0.94	55.23	37.96	1.21	0.23	0.75	0.60	44.11	28.99	11.12
Firth of Forth	1.30	0.24	1.61	0.55	105.72	13.13	1.19	0.18	1.41	0.60	85.86	26.34	19.86
Blackness	1.33	0.27	1.51	0.56	104.26	17.88	1.18	0.23	1.15	0.46	72.93	6.80	31.33
Drum Sands	1.16	0.12	1.89	0.63	106.41	10.53	1.13	0.09	1.87	0.57	109.68	27.97	-3.28
Torry Bay	1.41	0.24	1.49	0.32	107.22	16.48	1.33	0.14	1.02	0.25	64.04	-	43.18
Tay Estuary	1.31	0.25	1.26	1.96	67.76	62.49	1.38	0.19	0.51	0.46	30.95	19.15	36.81
Tayport (1)	1.43	0.33	2.52	2.69	134.73	23.12	1.54	0.13	0.78	0.62	49.80	14.09	84.93
Tayport (2)	1.23	0.14	0.46	0.35	23.11	8.17	1.28	0.14	0.34	0.18	18.38	6.44	4.73
Montrose Basin	1.21	0.27	1.05	0.65	62.21	21.97	1.12	0.19	0.97	0.53	55.37	19.55	6.84
Montrose	1.21	0.27	1.05	0.65	62.21	21.97	1.12	0.19	0.97	0.53	55.37	19.55	6.84
Beaully Firth	1.37	0.32	0.81	0.38	51.62	13.25	1.19	0.32	0.76	0.27	41.76	2.86	9.86
Beaully	1.37	0.32	0.81	0.38	51.62	13.25	1.19	0.32	0.76	0.27	41.76	2.86	9.86
Moray Firth	1.31	0.30	0.27	0.24	14.94	3.83	1.25	0.21	0.24	0.11	14.05	3.80	0.89
Findhorn	1.14	0.17	0.28	0.20	14.55	6.25	1.21	0.13	0.25	0.11	13.56	0.66	0.99
Nairn	1.43	0.31	0.26	0.26	15.20	3.08	1.30	0.27	0.22	0.11	14.54	6.47	0.66
Cromarty Firth	1.19	0.25	0.88	0.55	49.27	17.15	1.13	0.24	0.67	0.49	39.85	21.55	9.42
Nigg Bay	1.12	0.20	1.00	0.65	58.01	3.97	1.21	0.16	0.56	0.57	40.13	26.25	17.88
Dalmore	1.23	0.32	0.88	0.42	50.89	17.74	1.30	0.16	0.89	0.27	65.88	-	-14.98
Alness	1.00	0.10	1.39	0.32	69.50	-	0.88	0.15	1.10	0.46	52.68	-	16.82
Cromarty	1.32	0.17	0.51	0.33	28.78	5.16	1.09	0.26	0.45	0.27	20.14	3.68	8.64
Dornoch Firth	1.20	0.11	0.43	0.28	23.00	7.61	1.16	0.09	0.35	0.32	19.76	16.08	3.25
Tain	1.17	0.10	0.47	0.33	25.90	5.04	1.12	0.08	0.54	0.35	31.13	-	-5.23
Cuthill	1.23	0.11	0.38	0.22	20.11	9.70	1.20	0.08	0.16	0.12	8.38	-	11.72
West Coast	1.45	0.14	0.72	0.76	53.38	24.42	1.49	0.13	0.62	0.39	45.70	19.43	7.67
Solway Estuary	1.41	0.10	0.83	0.80	64.98	28.81	1.44	0.11	0.84	0.37	60.52	11.62	4.46
Auchencairn	1.41	0.10	0.99	1.09	82.55	32.70	1.38	0.10	1.00	0.45	68.53	7.92	14.02
Rockcliffe	1.45	0.10	0.58	0.12	42.56	4.22	1.54	0.06	0.71	0.17	56.87	7.15	-14.31
Kirkcudbright	1.35	0.06	0.81	0.16	57.11	-	1.43	0.04	0.64	0.11	43.80	-	13.31
Loch Ryan	1.55	0.09	0.35	0.15	30.75	-	1.58	0.11	0.36	0.19	32.58	-	-1.84
Loch Ryan	1.55	0.09	0.35	0.15	30.75	-	1.58	0.11	0.36	0.19	32.58	-	-1.84
Clyde Firth	1.47	0.18	0.66	0.75	43.98	12.72	1.52	0.13	0.40	0.26	30.55	14.50	13.43
Southannan Sands	1.54	0.09	0.41	0.09	31.10	-	1.63	0.10	0.27	0.13	22.61	-	8.50
Hunterston Sands	1.52	0.32	0.88	1.50	45.77	-	1.55	0.09	0.19	0.07	13.11	-	32.65
Cardross	1.42	0.12	0.67	0.37	47.67	14.79	1.47	0.12	0.51	0.27	39.00	11.39	8.67
Scotland	1.31	0.25	0.88	0.90	54.79	35.02	1.29	0.24	0.71	0.55	44.58	26.32	10.22

Highlights

- The sediment carbon stocks of intertidal seagrass meadows were assessed in Scotland
- Seagrass carbon density were highly variable across depth and among sites
- The sediment carbon stocks in the top 50cm ranged from 14.94 to 105.72 Mg C ha⁻¹
- Seagrass plots retained 20% more organic carbon (% DW) than unvegetated plots

Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: