



Escuer, J., Aznar, I., McCormick, C., Peña, E., McGinty, S. and Martínez, M. A. (2021) Influence of vessel curvature and plaque composition on drug transport in the arterial wall following drug-eluting stent implantation. *Biomechanics and Modeling in Mechanobiology*, 20, pp. 767-786. (doi: [10.1007/s10237-020-01415-3](https://doi.org/10.1007/s10237-020-01415-3)).

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Deposited on: 06 January 2021

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# Influence of Vessel Curvature and Plaque Composition on Drug Transport in the Arterial Wall following Drug-eluting Stent Implantation

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Received: date / Accepted: date

**Abstract** In the last decade, many computational models have been developed to describe the transport of drug eluted from stents and the subsequent uptake into arterial tissue. Each of these models has its own set of limitations: for example, models typically employ simplified stent and arterial geometries, some models assume a homogeneous arterial wall, and others neglect the influence of blood flow and plasma filtration on the drug transport process. In this study, we focus on two common limitations. Specifically, we provide a comprehensive investigation of the influence of arterial curvature and plaque composition on drug transport in the arterial wall following drug-eluting stent implan-

tation. The arterial wall is considered as a three-layer structure including the subendothelial space, the media and the adventitia, with porous membranes separating them (endothelium, internal elastic and external lamina). Blood flow is modelled by the Navier-Stokes equations while Darcy's law is used to calculate plasma filtration through the porous layers. Our findings demonstrate that arterial curvature and plaque composition have important influences on the spatio-temporal distribution of drug, with potential implications in terms of effectiveness of the treatment. Since the majority of computational models tend to neglect these features, these models are likely to be under- or over-estimating drug uptake and redistribution in arterial tissue.

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**Keywords** Drug transport · Drug-eluting stents · Arterial wall · Curvature · Atheroma plaque

## 1 Introduction

Coronary artery disease (CAD) is the leading cause of death globally [Roth et al., 2018]. Atherosclerosis is the major contributor of CAD and results from the abnormal accumulation of fat, cholesterol, macrophages, calcium and other substances inside the vessel, leading to the partial or total reduction of the blood flow through the coronary arteries to the heart muscle.

Coronary angioplasty with stenting has revolutionized the treatment of advanced atherosclerotic lesions in arteries. However, in-stent restenosis (ISR), a gradual luminal re-narrowing mainly due to the response to vessel wall injury induced by the device, is the major clinical limitation of this technique [Alfonso et al., 2014]. The advent of drug-eluting stents (DES), which release antiproliferative substances into the arterial tissue, and

improved stent designs, have contributed to substantially reduce the occurrence of ISR compared with bare metal stents (BMS). However, ISR still remains a significant clinical and technological challenge. Moreover, an increased risk of developing late or very-late stent thrombosis (LST/VLST) following DES implantation, which has been associated with high rates of mortality, has emerged as a major safety concern [Alfonso et al., 2014; Byrne et al., 2015].

Computational modelling and numerical simulation have risen as a fundamental tool in the investigation of medical devices, helping to address some of the limitations of often difficult, expensive and extremely variable experimental/clinical tests. In the particular case of DES, computational analysis has enhanced the understanding of the factors which govern drug release from the device and drug binding and redistribution within the arterial wall. Such efforts are helping in the development of a safer and more effective new generation of DES.

In the last decade, a large number of computational studies have been developed to describe the transport of drug eluted from stents in arteries (e.g. Vairo et al. [2010]; McGinty et al. [2010]; Tzafriri et al. [2012]; Bozsak et al. [2014]; McGinty and Pontrelli [2015, 2016]; Ferreira et al. [2017, 2018]; Mandal and Mandal [2018]; McKittrick et al. [2019]). These models generally consider a healthy straight vessel geometry with diffusive, advective and binding processes governing the transport of the drug within the blood flow and through the respective porous layers of the arterial wall. However, such models do not take into account the considerable geometric variability of the coronary artery (curved regions, branching, etc.) which is associated with alterations in the local hemodynamics, playing an important role in the localization of the atherosclerotic lesions [Frangos et al., 1999; Tarbell, 2003]. The influence of coronary arterial curvature on mass transport has previously been investigated for other macromolecules such as low-density lipoproteins (LDL), showing different average concentrations of LDL in curved arteries compared with straight arteries [Caputo et al., 2013; Wang and Vafai, 2015]. However, to the best of our knowledge, in terms of drug transport there are only a very limited number of computational approaches available in the literature that take into account complex arterial geometries [Hossain et al., 2012; Cutri et al., 2013], but they are not specifically focussed on the effect of the curvature of the vessel on tissue uptake and retention of drug.

Moreover, there is growing evidence that plaque composition may well have an impact on drug distribution within diseased tissue [McKittrick et al., 2016]. How-

ever, very few of the computational models of drug transport in arteries from the available literature incorporate the existence of disease state [Vairo et al., 2010; McGinty et al., 2010; Hossain et al., 2012; Ferreira et al., 2017, 2018; Mandal and Mandal, 2018]. Of the models that do, for instance, Vairo et al. [2010] assume a porous homogeneous plaque between the device and the healthy tissue in their 2D-axisymmetric geometry, but the process of binding is described in terms of equilibrium conditions. Hossain et al. [2012] perform several simulations on a 3D patient-specific geometry of a bifurcation of a two-layered coronary artery with a plaque in order to analyse the effect of both artery and plaque heterogeneity on drug transport. However, a first order reaction kinetics model was adopted to account for possible drug binding. Mandal and Mandal [2018] also present a 2D-axisymmetric model and take into consideration the binding and unbinding processes to describe the interaction of the drug with the healthy and unhealthy tissue, but the porous nature of the arterial wall is not fully taken into account. Finally, Ferreira et al. use different 2D geometries to investigate the impact of local plaque composition [Ferreira et al., 2017] and plaque eccentricity on drug distribution [Ferreira et al., 2018] but, like most other drug transport models [Vairo et al., 2010; Tzafriri et al., 2012; Cutri et al., 2013; McGinty and Pontrelli, 2015, 2016; Ferreira et al., 2017; Mandal and Mandal, 2018; Ferreira et al., 2018; McKittrick et al., 2019] the arterial wall is modelled as a single layer, limiting the interpretation of the results.

In this work, we provide a comprehensive computational study of the impact of the variability of the coronary artery geometry on drug transport in the blood flow and in the arterial wall. In particular, we perform a series of simulations to elucidate the effect of arterial curvature on spatio-temporal drug uptake within tissue. Computations are also carried out on an idealised curved coronary artery geometry under diseased conditions, simulated by the presence of an atherosclerotic plaque between DES and tissue, and the effect of the plaque heterogeneity on the overall drug distribution is investigated. Our model incorporates the generally accepted nonlinear saturable reversible binding model [Tzafriri et al., 2012; McGinty and Pontrelli, 2016; McKittrick et al., 2019] to describe the reversible reaction of the free drug molecules (ligands).

The paper is organised as follows. We start with a description of how we model blood flow in the lumen (Section 2.1.1), followed by plasma filtration through the tissue (Section 2.1.2). We then present equations to describe drug release from the stent and subsequent transport in the arterial wall under healthy and diseased conditions (Sections 2.1.3 and 2.1.4). A detailed

description of the computational geometry and the implementation of the model equations in a commercial finite element software is provided in Section 2.2. We then proceed to show the key results of the different simulations performed in Section 3. Finally, we present a discussion of the significance of the results in Section 4, highlighting the limitations and assumptions of the model.

## 2 Material and Methods

### 2.1 Governing equations

#### 2.1.1 Modelling blood flow

In this work, blood is modelled as an incompressible Newtonian fluid governed by the steady Navier-Stokes equations and the continuity equation:

$$\rho_b(\mathbf{u}_l \cdot \nabla)\mathbf{u}_l = -\nabla p_l + \mu_b \nabla^2 \mathbf{u}_l, \quad (1)$$

where  $\mathbf{u}_l$  and  $p_l$  are the velocity vector field and the pressure field of the blood flow in the lumen, respectively, and  $\rho_b$  and  $\mu_b$  are the density and the dynamic viscosity of the blood, respectively. At the inlet of the lumen,  $\Gamma_{l,inlet}$ , a fully developed parabolic velocity profile is prescribed:

$$w_{l,inlet} = u_{max} \left(1 - \left(\frac{r}{r_l}\right)^2\right), \quad (2)$$

where  $w_l$  is the axial component of the blood velocity in the lumen;  $u_{max}$  is the centerline velocity for a typical value of the Reynolds number ( $Re_l = \rho_b u_0 (2r_l) / \mu_b$ ) in the coronary artery of 400 corresponding to laminar flow [Formaggia et al., 2010];  $r$  is the radial position,  $u_0$  is the mean velocity and;  $r_l$  is the internal radius of the artery. A constant pressure of 100 mmHg is considered at the lumen outlet,  $\Gamma_{l,outlet}$  [Ai and Vafai, 2006]. Moreover, the no-slip condition ( $w_l = 0$ ) is prescribed at the endothelium,  $\Gamma_{et}$  [Vairo et al., 2010; Bozsak et al., 2014; Escuer et al., 2020]. We refer the reader to Fig. 1 for a schematic summarising the governing equations and the boundary conditions involved in the computational model.

#### 2.1.2 Modelling porous media

The healthy arterial wall is modelled as a multi-layered structure organised in three porous layers: sub-endothelial space (SES), media and adventitia. The plaque is also assumed to behave as a porous medium. Although it is well-known that atherosclerotic plaque composition is highly heterogeneous, in this work plaque is

idealized as a fibrous cap with a core which may be lipid, necrotic or calcified, depending on the lesion considered. Due to the porous nature of the tissue, the flow field through the different regions of the arterial wall is calculated using the classical Darcy's law and the continuity equation:

$$\mathbf{u}_i = \frac{K_i}{\mu_p} \nabla p_i, \quad \nabla \cdot \mathbf{u}_i = 0 \quad (3)$$

where the subscript  $i = \{i_1, i_2\}$  denotes the healthy and unhealthy tissue regions, respectively;  $i_1 = \{ses, m, a\}$  denotes the SES, the media and the adventitia, respectively;  $i_2 = \{pfc, pc\}$  denotes the plaque's fibrous cap and the core of the plaque, respectively;  $\mathbf{u}_i$  is the transmural velocity vector field;  $K_i$  is the Darcian permeability;  $\mu_p$  is the dynamic viscosity of the plasma and;  $p_i$  is the pressure field. The Endothelium (ET), internal and external elastic laminae (IEL and EEL, respectively) are treated as semipermeable membranes and the fluid flux across them,  $J_{v,j}$ , is described by the Kedem-Katchalsky equations [Kedem and Katchalsky, 1958]. Neglecting the osmotic contribution as an approximation [Formaggia et al., 2010; Bozsak et al., 2014; Escuer et al., 2020], the Kedem-Katchalsky equations for fluid flux can be simplified as:

$$J_{v,j} = L_{p,j} \Delta p_j, \quad (4)$$

where the subscript  $j = \{et, etp, iel, ielp, eel\}$  denotes the semipermeable membranes considered: the lumen-SES interface (et), the lumen-plaque interface (etp), the SES-media interface (iel), the plaque-media interface (ielp) and the media-adventitia interface (eel), respectively;  $L_{p,j}$  is the membrane hydraulic conductivity and;  $\Delta p_j$  the pressure drop across each semipermeable membrane. The equations for the flux  $J_v$ , corresponding to each boundary, are shown in the Supplementary Material.

Due to the stent implantation, the endothelium is assumed to be denuded between stent struts and in zones distal and proximal to the stent over a distance that is one half of the interstrut spacing (ISS) measured from the respective stent strut centres [Bozsak et al., 2014] (Fig. 2). Outside of these regions the endothelium is assumed to be intact. In denuded regions, the volume flux across the endothelium simplifies to continuity of pressure, i.e.  $p_l = p_{ses}$  under healthy conditions or  $p_l = p_{pfc}$  in the presence of plaque in the outer wall of the artery. At the longitudinal wall boundaries,  $\Gamma_{i_1,inlet}$  and  $\Gamma_{i_1,outlet}$ , in agreement with Bozsak et al. [2014]; Escuer et al. [2020], a zero-flow condition,  $-\mathbf{n}_{i_1} \cdot \mathbf{u}_{i_1} = 0$ , where  $\mathbf{n}_{i_1}$  is the unit outward normal vector to the corresponding exterior boundary, is imposed. This choice of boundary condition is justified by



the fact that we are interested in computing drug concentrations only within the therapeutic domain while these boundaries are imposed sufficiently far upstream and downstream of the stented region. Moreover, it is assumed that the plasma cannot penetrate the surface of the polymer coating. At the perivascular side,  $\Gamma_a$ , a constant pressure of 30 mmHg [Ai and Vafai, 2006] is applied in order to set a physiologically realistic pressure drop of 70 mmHg between the lumen and the outer surface of the tissue [Meyer et al., 1996].

### 2.1.3 Modelling drug release from the stent coating

Drug release from a DES with non-erodible polymeric coating is modelled as a diffusion dominated process satisfying a simple diffusion equation [McGinty, 2014]:

$$\frac{\partial c_c}{\partial t} = \nabla \cdot (\mathbf{D}_c \nabla c_c), \quad (5)$$

where  $c_c(r, z, t)$  is the volume-averaged concentration of free drug eluted from the stent coating and;  $\mathbf{D}_c$  represents the diffusivity of the considered drug in the polymer. At  $t = 0$ , the drug is assumed to be completely contained within the polymer coating in dissolved phase (free drug) at uniform concentration,  $C_0$ . Continuity of drug concentration and mass flux is prescribed across the outer boundary of the polymeric stent coating,  $\Gamma_{ck}$ :

$$c_c = c_k, \quad (6)$$

$$(-\mathbf{D}_c \nabla c_c) \cdot \mathbf{n}_c = -(-\mathbf{D}_k \nabla c_k + \mathbf{u}_k c_k) \cdot \mathbf{n}_k, \quad (7)$$

where the subscript  $k = \{l, pfc, m\}$  represents the lumen, the fibrous cap of the plaque and the media, respectively. Finally, we assume that the metallic strut is impermeable to the drug and therefore, a zero flux condition,  $-\mathbf{n}_c \cdot (-\mathbf{D}_c \nabla c_c) = 0$ , through the boundary surface between the metallic strut and the polymer coating, is imposed.

### 2.1.4 Modelling drug transport within the lumen and the arterial wall

Drug transport inside the arterial lumen is modelled as a time-dependent advection-diffusion process:

$$\frac{\partial c_l}{\partial t} + \mathbf{u}_l \cdot \nabla c_l = \nabla \cdot (\mathbf{D}_l \nabla c_l), \quad (8)$$

where  $c_l(r, z, t)$  is the drug concentration within the fluid domain;  $\mathbf{D}_l$  is the isotropic diffusivity of the drug in the blood and;  $\mathbf{u}_l$  is the blood flow velocity calculated

by Eq. (1). Likewise, drug transport processes in the SES and the adventitia may be written as:

$$\frac{\partial c_{ses}}{\partial t} + \frac{\gamma_{ses}}{\phi_{ses}} \mathbf{u}_{ses} \cdot \nabla c_{ses} = \nabla \cdot (\mathbf{D}_{ses} \nabla c_{ses}), \quad (9)$$

$$\frac{\partial c_a}{\partial t} + \frac{\gamma_a}{\phi_a} \mathbf{u}_a \cdot \nabla c_a = \nabla \cdot (\mathbf{D}_a \nabla c_a). \quad (10)$$

where the subscripts  $ses$  and  $a$  denote the SES and the adventitia, respectively, and;  $\gamma$ ,  $\phi$ ,  $\mathbf{u}$ ,  $\mathbf{D}$  and  $c(r, z, t)$  refer to the hindrance coefficients, porosities, transmural fluid velocities calculated by Eq. (3), diffusion coefficients and dissolved drug concentrations within the respective domains. In the media and plaque regions, drug dynamics are governed by the advection-diffusion-reaction equation:

$$\frac{\partial c_m}{\partial t} + \frac{\gamma_m}{\phi_m} \mathbf{u}_m \cdot \nabla c_m = \nabla \cdot (\mathbf{D}_m \nabla c_m) - \frac{\partial b_m^{ns}}{\partial t} - \frac{\partial b_m^s}{\partial t}, \quad (11)$$

$$\frac{\partial b_m^{ns}}{\partial t} = k_{on}^{ns} c_m (b_{max,m}^{ns} - b_m^{ns}) - k_{off}^{ns} b_m^{ns}, \quad (12)$$

$$\frac{\partial b_m^s}{\partial t} = k_{on}^s c_m (b_{max,m}^s - b_m^s) - k_{off}^s b_m^s. \quad (13)$$

$$\frac{\partial c_{i_2}}{\partial t} + \frac{\gamma_{i_2}}{\phi_{i_2}} \mathbf{u}_{i_2} \cdot \nabla c_{i_2} = \nabla \cdot (\mathbf{D}_{i_2} \nabla c_{i_2}) - \frac{\partial b_{i_2}}{\partial t}, \quad (14)$$

$$\frac{\partial b_{i_2}}{\partial t} = k_{on}^{ns} c_{i_2} (b_{max,i_2} - b_{i_2}) - k_{off}^{ns} b_{i_2}, \quad (15)$$

where the subscripts  $m$  and  $i_2$  denote parameters and variables with respect to the media and plaque layers, respectively, and superscripts  $s$  and  $ns$  denotes specific and non-specific binding, respectively. Eqs. (12) and (13) describe a nonlinear saturable reversible binding model to adequately account for the drug binding process in the media [Tzafiriri et al., 2012; McGinty and Pontrelli, 2016; McKittrick et al., 2019]. This reaction model is able to define three different states of the drug in the media layer: drug dissolved in the plasma,  $c_m(r, z, t)$ , drug bound to specific binding sites (target receptors),  $b_m^s(r, z, t)$ , and drug bound to non-specific binding sites (general ECM sites),  $b_m^{ns}(r, z, t)$ . Due to the lack of binding data available in the literature for the plaque, we have considered a single phase nonlinear saturable reversible binding model in these regions, Eq. (15), and only two different states of the drug can be defined: drug dissolved in the plasma,  $c_{i_2}(r, z, t)$  and drug bound to components of plaque,  $b_{i_2}(r, z, t)$ . The binding rate constants (forward reaction rates) are given by  $k_{on}^s$  and  $k_{on}^{ns}$  whereas the unbinding rate constants (reverse reaction rates) are given by  $k_{off}^s$  and  $k_{off}^{ns}$ . In the plaque regions, these are assumed to take the same values as the non-specific rates in the media. The rate constants are related through the equilibrium dissociation constants,  $K_d^s$  and  $K_d^{ns}$ , which are defined as

329  $K_d^s = k_{off}^s/k_{on}^s$  and  $K_d^{ns} = k_{off}^{ns}/k_{on}^{ns}$ . The parameters  
 330  $b_{max,m}^s$ ,  $b_{max,m}^{ns}$  and  $b_{max,i_2}$  are the maximum density  
 331 of binding sites in the media (specific, non-specific) and  
 332 in the plaque region, respectively. Discontinuity of so-  
 333 lute flux across the semipermeable membranes,  $J_{s,j}$ , is  
 334 governed by the Kedem-Katchalsky equations [Kedem  
 335 and Katchalsky, 1958]:

$$336 \quad J_{s,j} = P_j \Delta c_j + s_j \bar{c}_j J_{v,j} \quad (16)$$

337 where  $P_j$  is the permeability of each semipermeable  
 338 membrane;  $\Delta c_j$  is the solute concentration difference;  
 339  $s_j$  is the sieving coefficient and;  $\bar{c}_j$  is the weighted av-  
 340 erage concentration on either side of the corresponding  
 341 membrane [Levitt, 1975]. The equations for the flux  $J_s$   
 342 corresponding to each boundary are shown in the Sup-  
 343 plementary Material. Continuity of flux and concentra-  
 344 tion is assumed on the fibrous cap-plaque core interface,  
 345  $\Gamma_p$ . Note that when a calcified lesion is considered in the  
 346 simulations, the plaque core is assumed to be imper-  
 347 meable to all species present in adjacent regions. This  
 348 assumption is in agreement with Ferreira et al. [2017]  
 349 and echoes Tzafiriri et al. [2017] where it was found that,  
 350 at least for paclitaxel, diffusion in dense and calcified  
 351 plaque is significantly hindered, potentially up to 300-  
 352 fold. In the lumen, a zero drug concentration boundary  
 353 condition is applied at the inlet,  $c_l = 0$ , and an out-  
 354 flow condition,  $-\mathbf{n}_l \cdot (-\mathbf{D}_l \nabla c_l) = 0$ , is applied at the  
 355 outlet. Following Vairo et al. [2010], the upstream and  
 356 downstream boundaries of the tissue are subjected to  
 357 a zero-flux condition:  $-\mathbf{n}_{i_1} \cdot (-\mathbf{D}_{i_1} \nabla c_{i_1} + \mathbf{u}_{i_1} c_{i_1}) = 0$ .  
 358 Finally, a perfect sink condition for the free drug is ap-  
 359 plied at the perivascular side,  $c_a = 0$  [Bozsak et al.,  
 360 2014; Escuer et al., 2020].

361 [Fig. 1 about here.]

## 362 2.2 Computational model

### 363 2.2.1 Geometry of the model

364 Several 2D computational models corresponding to  
 365 idealised longitudinal sections of segments of coronary  
 366 arteries have been considered in this work as a first step  
 367 for performing a comprehensive analysis of the influence  
 368 of arterial curvature and plaque composition on drug  
 369 transport within the arterial wall. To study the effect  
 370 of the arterial curvature, six different geometries of a  
 371 healthy coronary artery containing a DES have been  
 372 analysed: one corresponding to a straight segment and  
 373 the remaining five corresponding to curved segments  
 374 of varying curvature. The curvature of a vessel can be

defined by the curvature ratio,  $\kappa$ , which is calculated as  
 [Santamarina et al., 1998]:

$$\kappa = \frac{r_l}{R} \quad (17)$$

where  $r_l$  is the lumen radius and  $R$  is the curvature  
 radius of the vessel measured in the centreline of the  
 artery. The average curvature ratio of a coronary artery  
 is approximately 0.1 [Jayarama, 2006], but varies greatly  
 depending on the particular location, lying in the range  
 of 0.02-0.5 [Santamarina et al., 1998]. In Fig. 2a, the  
 geometry for the case with average curvature ratio is  
 shown. Moreover, to investigate the impact of plaque  
 composition, a stenosed curved segment (with  $\kappa = 0.1$ )  
 of a coronary artery with an eccentric atherosclerotic  
 plaque located between the DES and the media layer  
 within the inner wall of the vessel have been taken into  
 account (Fig. 2b). The length of the arterial segments  
 remains constant in all cases studied. A schematic show-  
 ing the geometry of all investigated cases is shown in  
 Fig. 3. The healthy arterial wall is modelled as a three-  
 layered structure with the subendothelial space (SES),  
 the media and the adventitia defined as distinct do-  
 mains ( $\Omega_{ses}$ ,  $\Omega_m$  and  $\Omega_a$ , respectively), while the en-  
 dothelium,  $\Gamma_{et}$ , the internal elastic lamina,  $\Gamma_{iel}$ , and the  
 external elastic lamina,  $\Gamma_{eel}$ , are modelled as semiper-  
 meable membranes of negligible thickness between these  
 layers. The plaque is composed of two different do-  
 mains: fibrous cap,  $\Omega_{pfc}$ , and core,  $\Omega_{pc}$ . The length  
 of the plaque (approximately 6 mm) and the percent-  
 age of diameter stenosis (20 %) correspond to values  
 within the range found in the literature [Hossain et al.,  
 2012; Rozie et al., 2009; Kosa et al., 1999; Kern et al.,  
 1999]. The device is represented by ten circular struts  
 half-embedded the tissue in all simulations. The ISS in  
 each case will change with the curvature of the segment,  
 with the centre of each strut being projected radially.  
 This means that the ISS will be different for the inner  
 and outer wall and will be also affected by the pres-  
 ence of the plaque. The lumen geometry was extended  
 at both ends (not shown in Figs. 2 and 3) by a length  
 equivalent to five diameters, in order to obtain a fully-  
 developed flow near the DES and to avoid effects asso-  
 ciated with the constraints applied at the inlet and the  
 outlet boundaries, thereby reducing their influence on  
 the results [Chiastra et al., 2014]. Parameters related to  
 the computational geometry such as the internal artery  
 radius,  $r_l$ ; layer thicknesses,  $\delta_i$ ; metallic strut diameter,  
 $d_{strut}$ , and; polymer thickness,  $\delta_p$ , are taken from the  
 existing literature and are listed in Table 1.

[Table 1 about here.]

[Fig. 2 about here.]

[Fig. 3 about here.]

### 2.2.2 Numerical methods

The commercial finite element (FE) package COMSOL Multiphysics 5.3a (COMSOL AB, Burlington, MA, USA) was used to build the mesh and to numerically solve the governing equations described in Section 2 for the different cases considered. The computational analysis was conducted in two steps: (1) a stationary analysis of blood flow dynamics and plasma filtration and; (2) a time-dependent drug transport analysis coupled with the solutions of luminal and transmural flow computed in the previous step. A sensitivity analysis was carried out in order to evaluate the influence of the mesh and time-step size on the solution. Mesh density and time-step independence was assumed when there was less than 1% difference in the time varying profiles of normalised mean concentration (NMC) in the media layer after several mesh and time-step refinements. The computational domains were discretized in space using triangular elements, resulting in an overall mesh with approximately 885,000 elements in case of healthy conditions (geometries without plaque) and more than 950,000 elements under pathological conditions. The discretization employs Lagrange P3-P2 elements for the blood dynamics problem and quadratic Lagrange elements for the porous media and drug dynamics problems, respectively. Details of the mesh used in the different regions of the computational model are illustrated in Fig. 2c. A direct linear solver (MUMPS) was used to solve the stationary step with a tolerance for the relative error of the solution of  $10^{-3}$ . The backward differentiation formula (BDF) method was used for the time discretization of the transient step, with variable order of accuracy between 1 and 5 and variable time-step size. The relative and absolute tolerance was set to  $10^{-3}$  and  $10^{-4}$ , respectively. The resulting system of time-dependent partial differential equations (PDEs) is solved using a direct linear solver (PARDISO) with a nested dissection reordering algorithm. Using 14 cores of an Intel® Core™ i9-10940X CPU @ 3.30 GHz processor, the computation time for each of the 9 cases varies between 15 and 20 hours.

### 2.2.3 Model parameters

To date, the drugs most widely used in drug-eluting stents are sirolimus and its analogues such as everolimus or zotarolimus. Sirolimus and derivatives are antiproliferative agents that target the FK506 binding protein 12 (FKBP12). This complex subsequently binds to the mammalian target of rapamycin (mTOR) and thereby interrupts the cell cycle from the G1 to the S phase [Martin and Boyle, 2011]. In the numerical sim-

ulations, sirolimus has been considered. Wherever possible, transport and binding parameters for sirolimus and physiological parameters related with the blood flow and porous media have been obtained from existing published experimental data. The values of these model parameters have been included in Table 2.

[Table 2 about here.]

### 2.2.4 Summary of investigated cases

We start by simulating the straight artery model (corresponding to  $\kappa = 0$ ) and then we simulate five different curvature ratios ranging from  $\kappa = 0.025$  to  $\kappa = 0.4$ . Finally, in order to analyse the impact of atherosclerotic plaques on curved vessels on drug transport, three different types of plaque, varying the composition of the core (fibrotic, lipid or calcified core), are compared for the case of average arterial curvature ( $\kappa = 0.1$ ). The list of cases simulated are summarised in Table 3. In all cases we assume an initial drug concentration in the stent coating,  $C_0$ , of  $100 \text{ mol m}^{-3}$  [Bozsak et al., 2014].

[Table 3 about here.]

## 2.3 Analysis of the results

In order to effect comparisons between the different cases (Table 3), we will show the time-varying profiles of normalised mean concentration (NMC) and spatially-varying profiles of normalised local concentration (NLC). These results are typically shown over the first 12 - 24 hours since this is where the largest differences have been observed for the parameter values simulated. However, we also show 2D results over 7 days. In the Supplementary Material we extend the results to 30 days. Furthermore, we also calculate the percentage of binding sites that are saturated as a function of time, a quantity strongly linked with efficacy, and display the results over 30 days. The results presented in this work are focussed on the drug distribution in the arterial wall since the drug concentration in the blood is typically 3-4 orders of magnitude lower than in the tissue (Fig. S23 of the Supplementary Material).

### 2.3.1 Normalised mean concentration (NMC)

The total NMC in each region of the curved artery at any time point is evaluated by averaging the total concentration over its respective spatial domain as follows:

$$\text{Total NMC}_i(t) = \frac{1}{A_i \cdot C_0} \int_{A_i} (c_i + b_i^s + b_i^{ns}) dA, \quad (18)$$

where  $A_i$  is the area of the region  $i$ , that falls within the therapeutic domain considered. The free and bound NMC (both specific and non-specific) of drug in each domain of the arterial wall at any time point are evaluated by averaging the free and bound (specific, S, and non-specific, NS) concentration over its respective spatial domain as follows:

$$\text{Free NMC}_i(t) = \frac{1}{A_i \cdot C_0} \int_{A_i} c_i dA, \quad (19)$$

$$\text{S Bound NMC}_i(t) = \frac{1}{A_i \cdot C_0} \int_{A_i} b_i^s dA. \quad (20)$$

$$\text{NS Bound NMC}_i(t) = \frac{1}{A_i \cdot C_0} \int_{A_i} b_i^{ns} dA. \quad (21)$$

### 2.3.2 Normalised local concentration (NLC)

The total, free and bound NLC in each region of the curved artery are calculated as follows:

$$\text{Total NLC}_i = (c_i + b_i^s + b_i^{ns})/C_0, \quad (22)$$

$$\text{Free NLC}_i = c_i/C_0, \quad (23)$$

$$\text{S Bound NLC}_i = b_i^s/C_0, \quad (24)$$

$$\text{NS Bound NLC}_i = b_i^{ns}/C_0. \quad (25)$$

### 2.3.3 Binding sites % saturation (% BSS)

The binding site % saturation as a function of time is calculated as [McKittrick et al., 2019]:

$$\% \text{SBSS}(t) = \frac{100}{A_i \cdot b_{max,i}^s} \int_{A_i} b_i^s dA_i. \quad (26)$$

$$\% \text{NSBSS}(t) = \frac{100}{A_i \cdot b_{max,i}^{ns}} \int_{A_i} b_i^{ns} dA_i. \quad (27)$$

Note that the interaction between the drug and the tissue is only considered in the media and in the plaque regions, therefore the bound NMC, the bound NLC and the % BSS in the SES and in the adventitia are zero by definition. Moreover, binding is not modelled as separated phases in the plaque, therefore in these regions the bound NMC and the bound NLC refer to total bound drug and % BSS refers to general binding sites.

## 3 Results

### 3.1 Effect of arterial curvature

The temporal variation of NMC of sirolimus within each layer of the arterial wall, obtained for the simulations corresponding to the straight artery ( $\kappa = 0$ ) and five different degrees of curvature ( $\kappa = 0.025 - 0.4$ ) under healthy conditions (without plaque) is displayed in Fig. 4. Firstly, our results show that the inner wall is more sensitive to changes in  $\kappa$  than the outer wall. Specifically, there is a greater difference between NMC profiles when  $\kappa$  is varied in the inner wall compared with the outer wall. Interestingly, in the inner wall the total NMC in each layer increases with increasing  $\kappa$ , yet in the outer wall the reverse trend is observed.

[Fig. 4 about here.]

Since binding is only considered in the media, in Fig. 5 we separate-out free NMC from bound NMC (specific and non-specific) in this layer. From these plots it is evident that, for both the inner and outer wall, differences in total NMC as  $\kappa$  is varied are primarily as a result of differences in free NMC, i.e. there is little variation in bound drug NMC as  $\kappa$  is varied. However, there is a clear trend for higher binding site saturation levels in the inner wall with increasing  $\kappa$ , with the opposite trend observed in the outer wall (Fig. 6).

[Fig. 5 about here.]

[Fig. 6 about here.]

In Fig. 7 we display spatially-varying profiles of total NLC of sirolimus in the arterial wall at four different times after stent implantation in a radial section between the middle struts (struts 5 and 6 in each wall). Similar trends are observed as with NMC, i.e. an increase in NLC concentrations with increasing  $\kappa$  in the inner wall and the reverse trend in the outer wall. At early times (10 mins), the differences are most notable in the media layer, while at intermediate times (1-4 hours), where the drug has reached the adventitia, these trends are observed across the entire arterial wall. Interestingly, at later times (24 hours) the NLC concentrations are virtually indistinguishable. In Fig. 8 we also show 2D results over 7 days for curvature ratios of  $\kappa = 0.1$  (average curvature) and  $\kappa = 0.4$  (maximum curvature). The corresponding plots for the spatially-varying profiles of free and bound (specific and non-specific) NLC and binding site % saturation levels, supporting the idea that differences between the inner and outer wall are driven by differences in free drug concentrations, may be found in the Supplementary Material (Figs. S3-S7).

[Fig. 7 about here.]

In Fig. 8 we plot the spatial variation of total NLC across the inner wall tissue domain and compare  $\kappa = 0.1$  with  $\kappa = 0.4$  for the first 7 days. This plot shows clear differences in drug deposition, with the higher curvature leading to higher NLC of drug, with the effect most prominent at early times.

[Fig. 8 about here.]

### 3.2 Effect of plaque composition

The time-varying profiles of total NMC of drug for four regions of the inner wall (fibrous cap, plaque core, media and adventitia) of a stented curved segment of an artery ( $\kappa = 0.1$ ) under pathological conditions are illustrated in Fig. 9. The results are shown for three different plaque core compositions: fibrotic, lipid and calcified. Fig. 9a displays the total NMC in the fibrous cap, assuming different compositions of plaque core. We observe that the NMC profile is similar regardless of whether the plaque core is fibrotic or lipid, but when the core is considered calcified the peak NMC is approximately 13% greater and the NMC profile tracks slightly below the fibrotic and lipid core cases beyond day 5. This is likely due to the impenetrable nature of the calcification. Fig. 9b clearly shows that the plaque composition impacts on the total NMC of drug within the plaque, with a lipid core giving rise to higher NMC levels than a fibrotic core. When we probe the split between free and bound drug (Figs. S14b - S15b) we find that the higher NMC in the lipid core is primarily as a result of the higher levels of bound drug, following the higher density of drug binding sites. Since the model assumes that calcified plaque is impenetrable to drug, the total NMC is zero by definition. Fig. 9c and 9d show not only that the presence of plaque significantly influences the time-varying total NMC of drug within the media and adventitia, respectively, but also that the composition of the plaque core leads to modest variation in the total NMC of drug within these layers. The presence of the plaque leads to a delay and reduction in magnitude of the peak NMC of drug in the media; however, the plaque appears to act as source for drug, ensuring that NMC drug levels in the media are maintained at higher levels for longer. Whilst there is a slight delay in peak bound drug NMC in the media (Figs. S15c - S15d), receptors and ECM binding sites are saturated at higher levels for longer in the case of the presence of plaque (Fig. S16). The corresponding spatially-varying profiles of total NLC of sirolimus within the plaque and arterial wall at four different times after stent implantation are shown in Fig. 10. The rest of the figures for

the temporal profiles of NMC and binding site % saturation (Figs. S14 - S16) and for the spatially-varying profiles of NLC (Figs. S17 - S21) may be found in the Supplementary Material.

[Fig. 9 about here.]

[Fig. 10 about here.]

## 4 Discussion

This study has yielded a number of interesting points that we wish to emphasize. Our results clearly demonstrate that curvature leads to the asymmetric distribution of drug in the arterial wall, with the level of asymmetry highly dependent on the level of curvature. Specifically, with increasing curvature, more of the drug ‘partitions’ into the inner wall. We have established (Supplementary Material) that the total mass of drug delivered to the wall is consistent, regardless of level of curvature, and that the level of curvature does not influence the drug release rate. To probe this further, we calculated the Dean number ( $De_l = Re_l \sqrt{\kappa}$ ) for the flow in the curved vessel and Peclet number for transport in the wall under healthy conditions. There is a nonlinear increase in Dean number with curvature and consequent asymmetry in the fluid flow pattern in the lumen (Figs. S24 and S25 of the Supplementary Material, respectively). In Fig. S26 of the Supplementary Material we plot the magnitude of the radial component of the plasma filtration velocity and the radial Peclet number ( $Pe_{r,i1} = u_{r,i1} \delta_{i1} / D_{r,i1}$ ) across the inner and outer walls of the artery, respectively, for the different cases of curvature. These plots suggest that curvature has the effect of increasing the radial Peclet number in the inner wall more than in the outer wall, as a result of increased plasma filtration. This asymmetric distribution, as a result of fluid forces, is likely to be exacerbated in more realistic patient-specific geometries. The implication of this finding for stent manufacturers is that care should be taken when considering the drug loading on the stent, since this asymmetric drug distribution could, in theory at least, result in insufficient drug concentrations reaching the outer wall, while the concentrations reaching the inner wall could be too high. The consequence for the patient could well be asymmetric neointimal growth as part of the healing process. While it is now possible to reconstruct patient-specific 3D lumen geometries [Chiastra et al., 2018], further work is required to develop robust methods for accurate reconstruction of the wall that discriminates between different components of tissue and plaque. Even when such methodologies are available, a severe limitation is accurate characterization of tissue and plaque properties.

700 Plaque core composition greatly influences drug con-  
701 centrations within the plaque core itself, owing to the  
702 differing density of binding sites. Our results suggest  
703 that lipidic plaques give rise to higher drug concentra-  
704 tions than fibrotic plaques, while calcified plaques are  
705 impenetrable to drug as per our model assumptions.  
706 The impenetrability of calcified plaque has potentially  
707 important implications and if large enough in extent,  
708 may act as a significant barrier to drug reaching the  
709 arterial tissue where proliferating and migrating cells  
710 reside. Indeed, Tzafiriri et al. [2017] demonstrated that  
711 calcified plaque limits intravascular drug delivery and  
712 found that controlled orbital atherectomy can lead to  
713 improved drug delivery. Our results suggest that the  
714 presence of plaque, regardless of the composition of the  
715 core, can slightly delay receptor saturation in the me-  
716 dia, a quantity that has widely been associated with  
717 efficacy (e.g. Tzafiriri et al. [2012] and McKittrick et al.  
718 [2019]). Perhaps more importantly, our results indicate  
719 that plaque can act as a source of drug ensuring that de-  
720 cline in receptor saturation is significantly reduced com-  
721 pared with the healthy case. This is in agreement with  
722 the somewhat simpler one-dimensional model devised  
723 by McGinty et al. [2010] who noted that the plaque  
724 may act as a reservoir for drug. The implication is that  
725 in diseased states, binding sites may well be saturated  
726 for longer, i.e. patients receive an effective drug dose  
727 for longer. However, these findings differ from those  
728 reported in the work of Tzafiriri et al. [2010], where  
729 it was found, somewhat counter-intuitively, that drug  
730 content in human aortae inversely correlated with lipid  
731 content. One potential explanation provided, specifi-  
732 cally for paclitaxel, was the displacement of tubulin-  
733 expressing cells by lipid pools, potentially important  
734 given paclitaxel's ability to bind specifically to tubulin.  
735 Since our findings reveal that drug distribution and re-  
736 tention is dependent on plaque composition, stent man-  
737 ufacturers are advised to consider that a 'one-size-fits-  
738 all' stent drug dose may not be adequate for all pa-  
739 tients, and could, at least in part, be contributing to  
740 differences in outcome from patient-to-patient that are  
741 observed clinically.

#### 742 4.1 Limitations of this work

743 We should emphasize that the results in the present  
744 paper are heavily dependent on the model parameter  
745 values and binding model employed for the different  
746 types of plaque. This is primarily because there is a lack  
747 of data available in the literature for the different com-  
748 ponents of plaque to fully parametrize such a model.  
749 We have taken the majority of our plaque parameter  
750 values from the literature, but necessarily have had to

estimate some of them (Table 2). Given the paucity  
of data on drug transport and binding properties of  
atherosclerotic plaque, despite the obvious importance  
and relevance to the condition being treated by stents,  
there is an urgent need for further research in this area  
so that models such as the one presented here may be  
furnished with the most realistic and reliable parameter  
values. This is the key limitation of the present work,  
although we now comprehensively discuss the remain-  
ing limitations.

We have employed a simplified 2D coronary artery  
model with curvature in this study. Our plaque geome-  
try is also a simplification. The geometry we have cho-  
sen is based on Lee and Libby [1997] and incorporates  
the general features of human atherosclerotic plaque: a  
core that can be either lipid, fibrous or calcified, sur-  
rounded by fibrous tissue. What tends to be observed  
clinically are plaques consisting of multiple material  
components, in often complex geometrical configura-  
tions, with vulnerable plaques in particular typically  
displaying a thin fibrous cap separating a lipid rich core  
from the lumen. The plaque composition, structure and  
geometry in reality is patient-specific, with each of these  
likely to affect drug distribution.

While 3D patient-specific models are now common  
when considering haemodynamics in stented arteries,  
these models often neglect, or do not adequately con-  
sider the state-of-the art in terms of modelling drug  
release and retention. There are many aspects related  
to drug release and subsequent redistribution in tissue  
that we do not fully understand, which is why the ma-  
jority of models focussing on the drug kinetics are still  
considering lower-dimensional models. In this work we  
focussed on two of these aspects, curvature and plaque  
composition, with our results providing evidence to sup-  
port the investigation of a 3D patient-specific model in  
the future.

In this work, the complex geometry of the stent is  
simplified to ten equally spaced circular struts. We have  
verified that using square struts with the same coating  
area and drug loading gives rise to results that are al-  
most indistinguishable. We appreciate that there are a  
variety of stents on the market of varying strut size,  
coating thickness and drug loading. Comparing these  
aspects was not the focus of this study, although we  
note that varying each of these aspects will have an  
impact on the results.

In terms of modelling drug release from the stent  
coating, a simple diffusion model is considered in this  
work in line with a large number of mathematical and  
computational models in the existing literature. The  
diffusion coefficient we have selected is at the upper  
end of the range considered in the literature, and im-

804 plies fast release kinetics. However, depending on the  
 805 particular stent, drug and coating under consideration,  
 806 a more complex nonlinear model that accounts for the  
 807 combined effects of diffusion, dissolution and solubil-  
 808 ity in the polymer coating may be required in order  
 809 to describe drug release from the device [McGinty and  
 810 Pontrelli, 2015].

## 811 4.2 Conclusions

812 In this paper we have provided a comprehensive  
 813 study of the influence of the vessel curvature and plaque  
 814 composition on drug transport within the arterial wall,  
 815 described as a multi-layer anisotropic structure, un-  
 816 der healthy and pathological conditions. We have per-  
 817 formed 2D idealized simulations to quantify the im-  
 818 pact of such geometrical and compositional variation  
 819 on spatio-temporal uptake of drug in tissue. Our find-  
 820 ings demonstrate that arterial curvature and plaque  
 821 composition have important influences on the spatio-  
 822 temporal distribution of drug, with potential implica-  
 823 tions in terms of effectiveness of the treatment. Since  
 824 the majority of computational models tend to neglect  
 825 these features, these models are likely to be under- or  
 826 over-estimating drug uptake and redistribution in arte-  
 827 rial tissue.

828 **Acknowledgements** This work was funded by the Spanish  
 829 Ministry of Economy, Industry and Competitiveness through  
 830 research project number DPI2016-76630-C2-1-R and grant  
 831 number BES-2014-069737; the Department of Industry and  
 832 Innovation (Government of Aragon) through research group  
 833 grant number T24-17R (Fondo Social Europeo) and research  
 834 project number LMP121-18 and; the Carlos III Health In-  
 835 stitute (ISCIII) through the CIBER initiative. Dr. McGinty  
 836 acknowledges funding provided by EPSRC (Grant number  
 837 EP/S030875/1).

838 **Conflict of interest** The authors declare that they have no  
 839 conflict of interest.

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**Table 1** List of the geometrical parameters related to the computational models.

Parameter	Description	Value	Reference
$r_l$	Lumen radius	1.5 mm	Mongrain et al. [2005]
$\delta_{ses}$	Intima thickness	0.01 mm	Karner et al. [2001]
$\delta_m$	Media thickness	0.5 mm	Vairo et al. [2010]
$\delta_a$	Adventitia thickness	0.4 mm	Creel et al. [2000]
$d_{strut}$	Metallic strut diameter	0.15 mm	Mongrain et al. [2005]
$\delta_p$	Polymeric coating thickness	0.05 mm	Mongrain et al. [2005]

**Table 2** List of model parameters.

Parameter	Description	Value	Reference
$\Delta p$	Pressure difference across the arterial wall	70 mmHg	Meyer et al. [1996]
$Re_l$	Luminal Reynolds number	400	Formaggia et al. [2010]
$\rho_b$	Blood density	1060 kg m <sup>-3</sup>	LaDisa et al. [2003]
$\rho_p$	Plasma density	1060 kg m <sup>-3</sup>	Bozsak et al. [2014]
$\mu_b$	Blood dynamic viscosity	$3.5 \cdot 10^{-3}$ Pa s	Karner and Perktold [2000]
$\mu_p$	Plasma dynamic viscosity	$7.2 \cdot 10^{-4}$ Pa s	Zunino [2004]
$\phi_{ses}$	Porosity of the intima	0.983	Ai and Vafai [2006]
$\phi_m$	Porosity of the media	0.258	Ai and Vafai [2006]
$\phi_a$	Porosity of the adventitia	0.85	Lovich and Edelman [1996]
$\phi_{pfc}$	Porosity of the fibrous cap	0.75	Ferreira et al. [2017]
$\phi_{pc}$	Porosity of the plaque core (fibrotic)	0.75	Ferreira et al. [2017]
$\phi_{pc}$	Porosity of the plaque core (lipid)	0.5	Naghipoor and Rabczuk [2017]
$\phi_{pc}$	Porosity of the plaque core (calcified)	0	Ferreira et al. [2017]
$\gamma_{ses}$	Hindrance coefficient in the intima	1	Escuer et al. [2020]
$\gamma_m$	Hindrance coefficient in the media	0.845	Escuer et al. [2020]
$\gamma_a$	Hindrance coefficient in the adventitia	1	Escuer et al. [2020]
$\gamma_{i2}$	Hindrance coefficient in the plaque	1	Estimated
$\kappa_{ses}$	Darcy permeability in the intima	$2.2 \cdot 10^{-16}$ m <sup>2</sup>	Ai and Vafai [2006]
$\kappa_m$	Darcy permeability in the media	$2 \cdot 10^{-18}$ m <sup>2</sup>	Zunino [2004]
$\kappa_a$	Darcy permeability in the adventitia	$2 \cdot 10^{-18}$ m <sup>2</sup>	Vairo et al. [2010]
$\kappa_{pfc}$	Darcy permeability in the fibrous cap	$10^{-20}$ m <sup>2</sup>	Ferreira et al. [2018]
$\kappa_{pc}$	Darcy permeability in the plaque core (fibrotic)	$10^{-20}$ m <sup>2</sup>	Ferreira et al. [2018]
$\kappa_{pc}$	Darcy permeability in the plaque core (lipid)	$10^{-20}$ m <sup>2</sup>	Ferreira et al. [2018]
$\kappa_{pc}$	Darcy permeability in the plaque core (calcified)	0 m <sup>2</sup>	Ferreira et al. [2017]
$L_{p,et}$	Hydraulic conductivity of endothelium	$2.2 \cdot 10^{-12}$ m <sup>2</sup> s kg <sup>-1</sup>	Bozsak et al. [2014]
$L_{p,iel}$	Hydraulic conductivity of IEL	$2.2 \cdot 10^{-9}$ m <sup>2</sup> s kg <sup>-1</sup>	Bozsak et al. [2014]
$L_{p,eel}$	Hydraulic conductivity of EEL	$2.2 \cdot 10^{-9}$ m <sup>2</sup> s kg <sup>-1</sup>	Escuer et al. [2020]
$C_0$	Initial concentration in the polymeric coating	100 mol m <sup>-3</sup>	Bozsak et al. [2014]
$D_c$	Effective diffusion coefficient in the coating	$10^{-13}$ m <sup>2</sup> s <sup>-1</sup>	Mongrain et al. [2005]
$D_l$	Effective diffusion coefficient in the lumen	$4.1 \cdot 10^{-12}$ m <sup>2</sup> s <sup>-1</sup>	Bozsak et al. [2014]
$D_{ses}$	Effective diffusion coefficient in the intima	$1.67 \cdot 10^{-11}$ m <sup>2</sup> s <sup>-1</sup>	Bozsak et al. [2014]
$D_{m,r}$	Effective radial diffusion coefficient in the media	$7 \cdot 10^{-12}$ m <sup>2</sup> s <sup>-1</sup>	Levin et al. [2004]
$D_{m,z}$	Effective axial diffusion coefficient in the media	$4 \cdot 10^{-11}$ m <sup>2</sup> s <sup>-1</sup>	Levin et al. [2004]
$D_a$	Effective diffusion coefficient in the adventitia	$4 \cdot 10^{-12}$ m <sup>2</sup> s <sup>-1</sup>	Escuer et al. [2020]
$D_{pfc}$	Effective diffusion coefficient in the fibrous cap	$6.23 \cdot 10^{-12}$ m <sup>2</sup> s <sup>-1</sup>	Hossain et al. [2012]
$D_{pc}$	Effective diffusion coefficient in the plaque core (fibrotic)	$6.23 \cdot 10^{-12}$ m <sup>2</sup> s <sup>-1</sup>	Hossain et al. [2012]
$D_{pc}$	Effective diffusion coefficient in the plaque core (lipid)	$6.23 \cdot 10^{-12}$ m <sup>2</sup> s <sup>-1</sup>	Hossain et al. [2012]
$D_{pc}$	Effective diffusion coefficient in the plaque core (calcified)	0 m <sup>2</sup> s <sup>-1</sup>	Ferreira et al. [2017]
$P_{et}$	Permeability of ET	$3.6 \cdot 10^{-6}$ m s <sup>-1</sup>	Bozsak et al. [2014]
$P_{iel}$	Permeability of IEL	$9.6 \cdot 10^{-6}$ m s <sup>-1</sup>	Bozsak et al. [2014]
$P_{eel}$	Permeability of EEL	$9.6 \cdot 10^{-6}$ m s <sup>-1</sup>	Escuer et al. [2020]
$s_{et}$	Sieving coefficient in the ET	0.855	Bozsak et al. [2014]
$s_{iel}$	Sieving coefficient in the IEL	1	Bozsak et al. [2014]
$s_{eel}$	Sieving coefficient in the EEL	1	Escuer et al. [2020]
$K_d^{ns}$	Non-specific equilibrium dissociation constant	$2.6 \cdot 10^{-3}$ mol m <sup>-3</sup>	Tzafriri et al. [2009]
$k_{on}^{ns}$	Non-specific drug binding rate constant	$2$ m <sup>3</sup> mol <sup>-1</sup> s <sup>-1</sup>	Tzafriri et al. [2009]
$k_{off}^{ns}$	Non-specific drug unbinding rate constant	$5.2 \cdot 10^{-3}$ s <sup>-1</sup>	McGinty and Pontrelli [2016]
$b_{max,m}^{ns}$	Non-specific binding site density in the media	0.363 mol m <sup>-3</sup>	Tzafriri et al. [2012]
$K_d^s$	Specific equilibrium dissociation constant	$2 \cdot 10^{-7}$ mol m <sup>-3</sup>	Bierer et al. [1990]
$k_{on}^s$	Specific drug binding rate constant	$800$ m <sup>3</sup> mol <sup>-1</sup> s <sup>-1</sup>	Wear and Walkinshaw [2007]
$k_{off}^s$	Specific drug unbinding rate constant	$1.6 \cdot 10^{-4}$ s <sup>-1</sup>	McGinty and Pontrelli [2016]
$b_{max,m}^s$	Specific binding site density in the media	0.0033 mol m <sup>-3</sup>	Tzafriri et al. [2012]
$b_{max,pfc}$	Total binding site density in the fibrous cap	0.03 mol m <sup>-3</sup>	Ferreira et al. [2018]
$b_{max,pc}$	Total binding site density in the plaque core (fibrotic)	0.03 mol m <sup>-3</sup>	Ferreira et al. [2018]
$b_{max,pc}$	Total binding site density in the plaque core (lipid)	0.366 mol m <sup>-3</sup>	Estimated
$b_{max,pc}$	Total binding site density in the plaque core (calcified)	0 mol m <sup>-3</sup>	Estimated

**Table 3** Summary of the different cases considered in the simulations. In each case, the initial concentration of drug in the polymeric coating of the stent is fixed to  $100 \text{ mol}\cdot\text{m}^{-3}$  [Bozsak et al., 2014].

Case	Radius of curvature ( $R$ )	Curvature ( $\kappa$ )	Plaque?
Case 1	$\infty$	0	No
Case 2	60 mm	0.025	No
Case 3	30 mm	0.05	No
Case 4	15 mm	0.1	No
Case 5	7.5 mm	0.2	No
Case 6	3.75 mm	0.4	No
Case 7	15 mm	0.1	Yes (Fibrotic core)
Case 8	15 mm	0.1	Yes (Lipid core)
Case 9	15 mm	0.1	Yes (Calcified core)

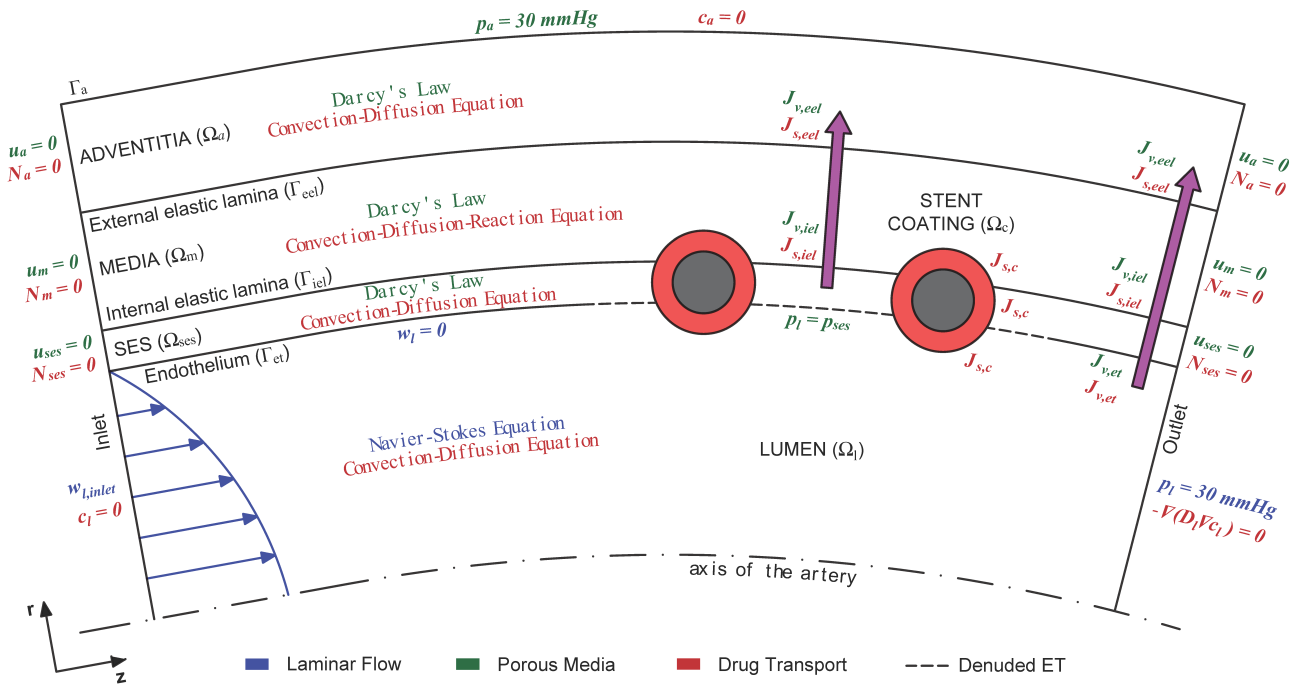
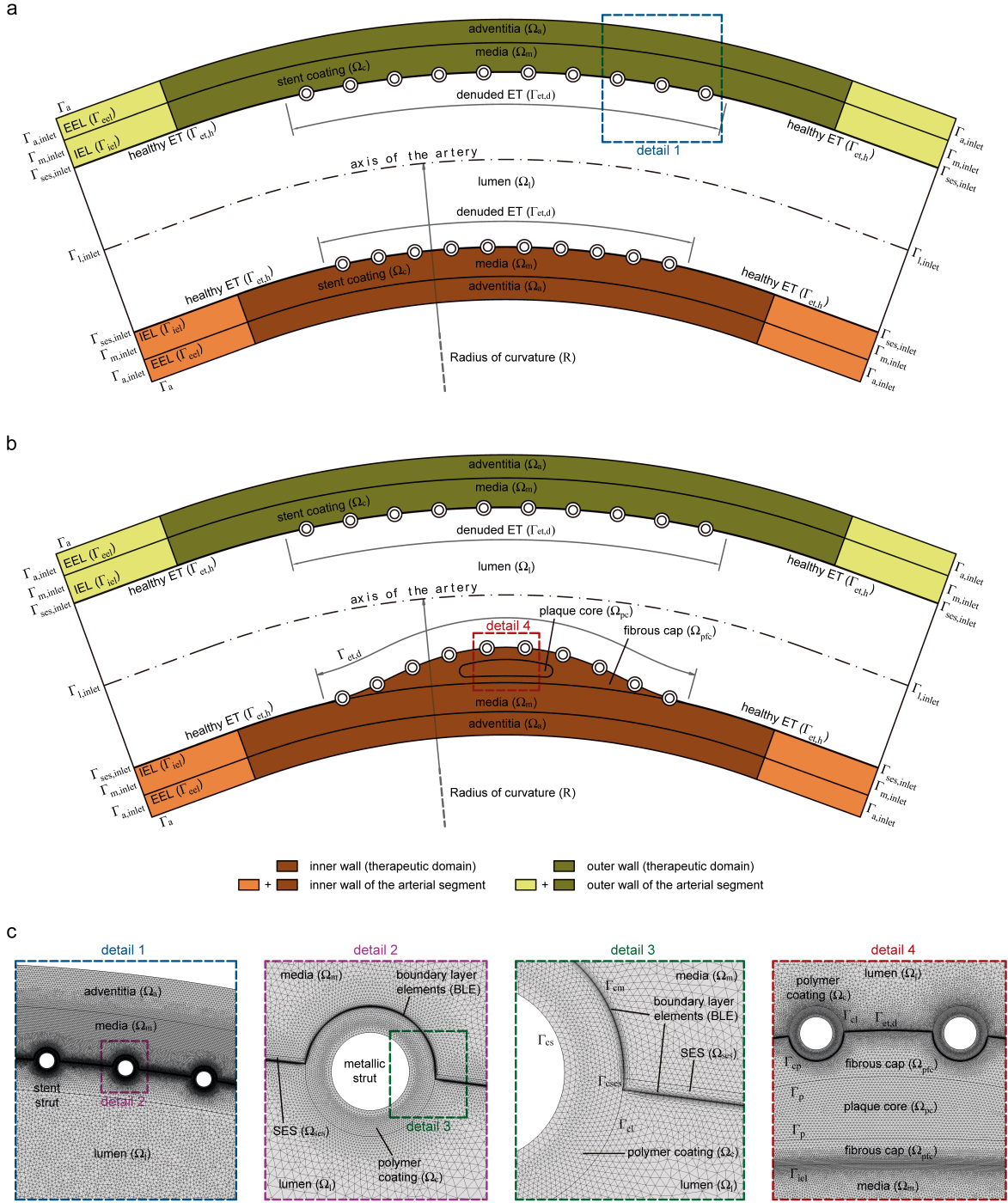
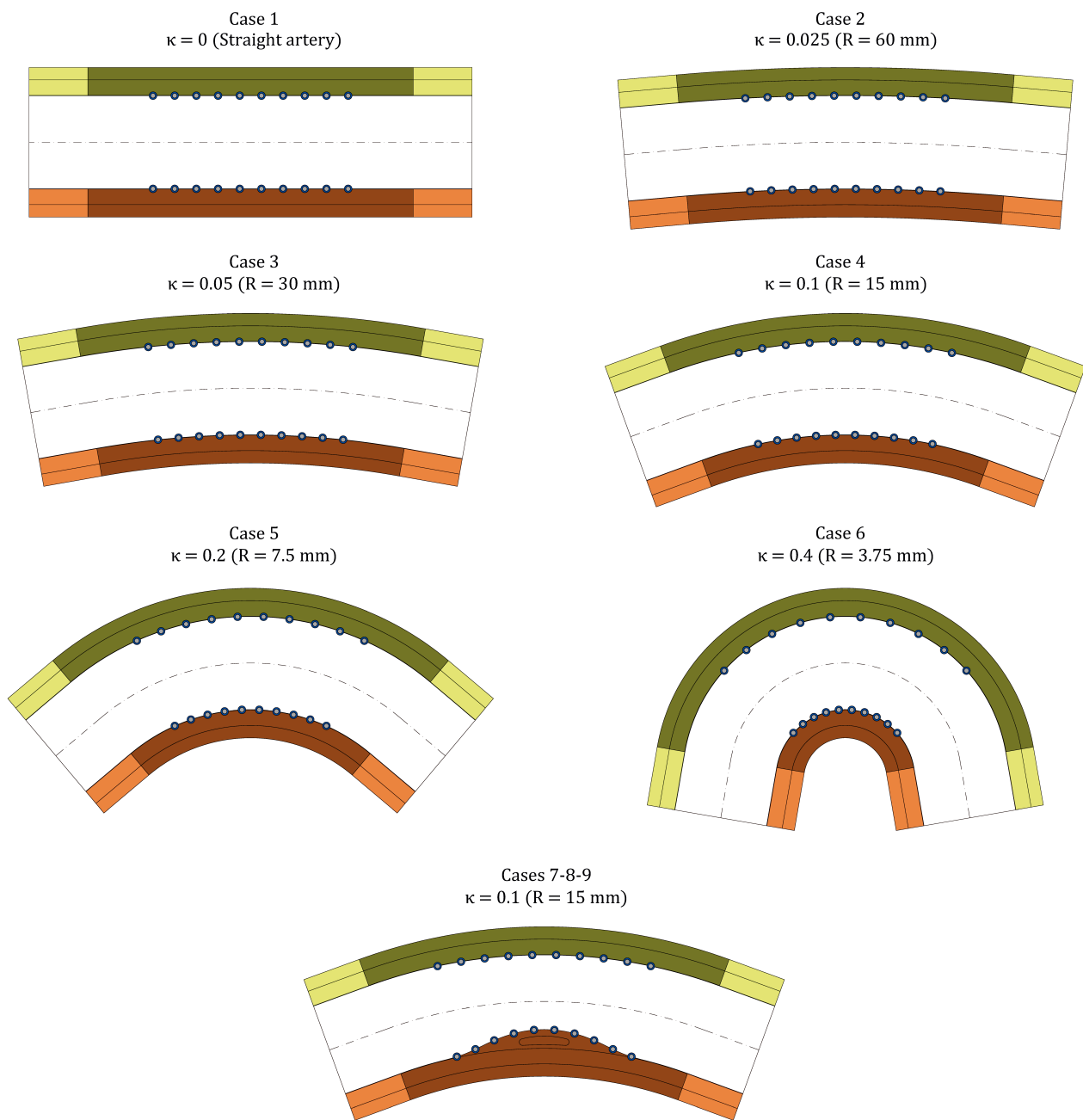


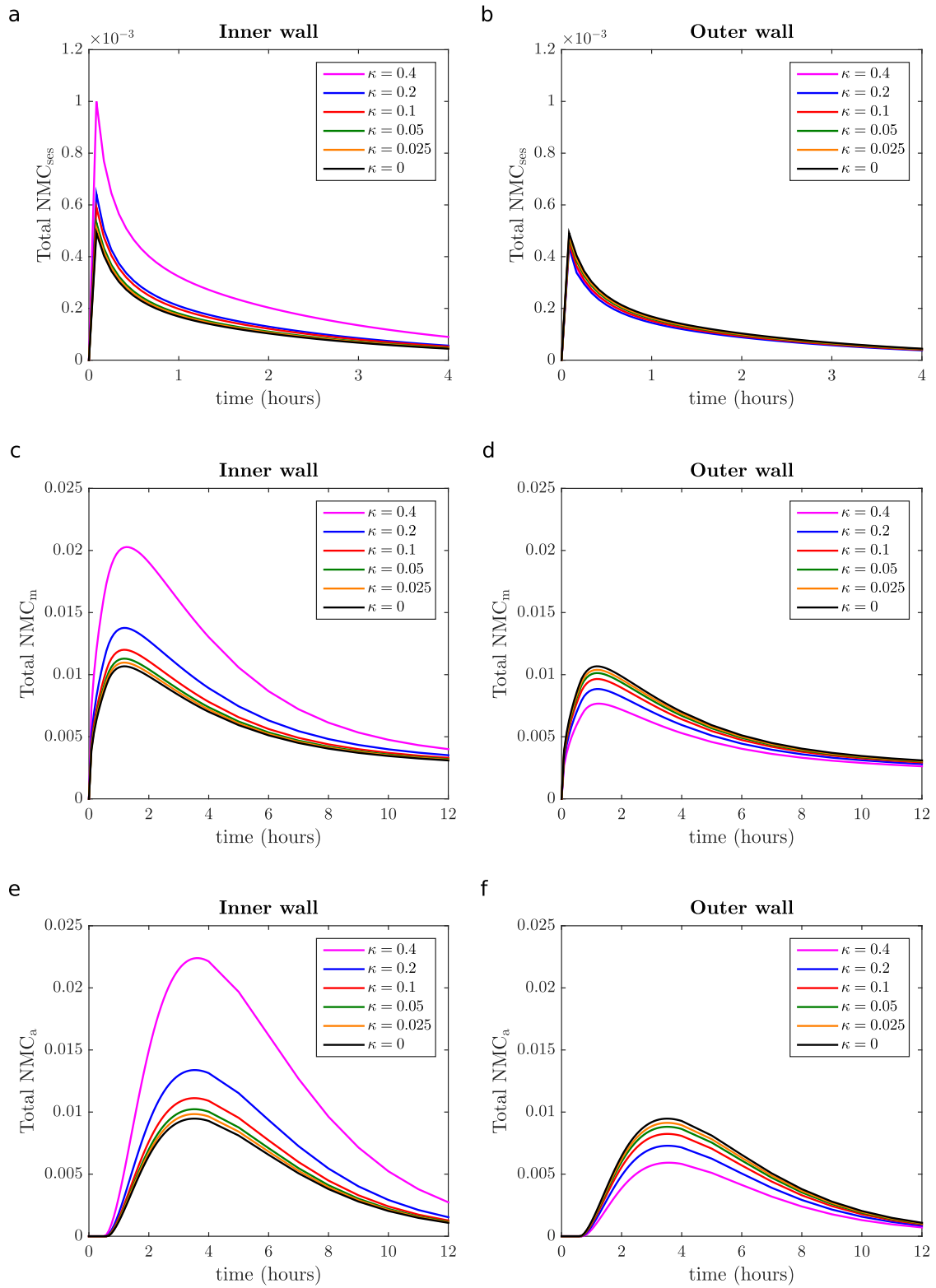
Fig. 1 Schematic summarising the governing equations and the boundary conditions of the computational model.



**Fig. 2** (a) Overall longitudinal section view of a curved segment of a coronary artery with average curvature ( $\kappa = 0.1$ ) where a DES was implanted. (b) Overall longitudinal section view of a stenosed curved segment of a coronary artery with average curvature ( $\kappa = 0.1$ ) [Jayarama, 2006]) with an atherosclerotic plaque located between the DES and the media. In both cases (healthy and unhealthy) the stent struts are assumed to be half-embedded in the tissue. The target areas for drug transport, also called therapeutic domains, considered to compute all the variables involved in the model are shaded in dark green for the outer wall and in dark brown for the inner wall. These domains are defined as three times the interstrut distance measured in the centerline of the artery (2.1 mm) [Bozsak et al., 2014; Escuer et al., 2020] and then projected radially to each wall. (c) Detailed view of the finite element (FE) mesh used in the computations. As shown in the figure, domains are represented by  $\Omega$  and boundaries by  $\Gamma$ . Domains are:  $\Omega_l$  defines the arterial lumen;  $\Omega_{ses}$  the SES;  $\Omega_m$  the media layer;  $\Omega_a$  the adventitia;  $\Omega_{pfc}$  the fibrous cap of the plaque;  $\Omega_{pc}$  the plaque core and;  $\Omega_c$  the polymeric coating of the stent. Boundaries are:  $\Gamma_{et}$  defines the endothelium;  $\Gamma_{iel}$  the internal elastic lamina;  $\Gamma_{eel}$  the external elastic lamina;  $\Gamma_a$  the perivascular side of the vessel;  $\Gamma_{cl}$  the stent coating-lumen interface;  $\Gamma_{cses}$  the coating-SES interface;  $\Gamma_{cm}$  the coating-media interface;  $\Gamma_{cs}$  the coating-metallic strut interface;  $\Gamma_{l,inlet}$  and  $\Gamma_{l,outlet}$  the inlet and outlet boundaries of the lumen, respectively;  $\Gamma_{i_1,inlet}$  and  $\Gamma_{i_1,outlet}$  the inlet and outlet boundaries of the healthy tissue, respectively.

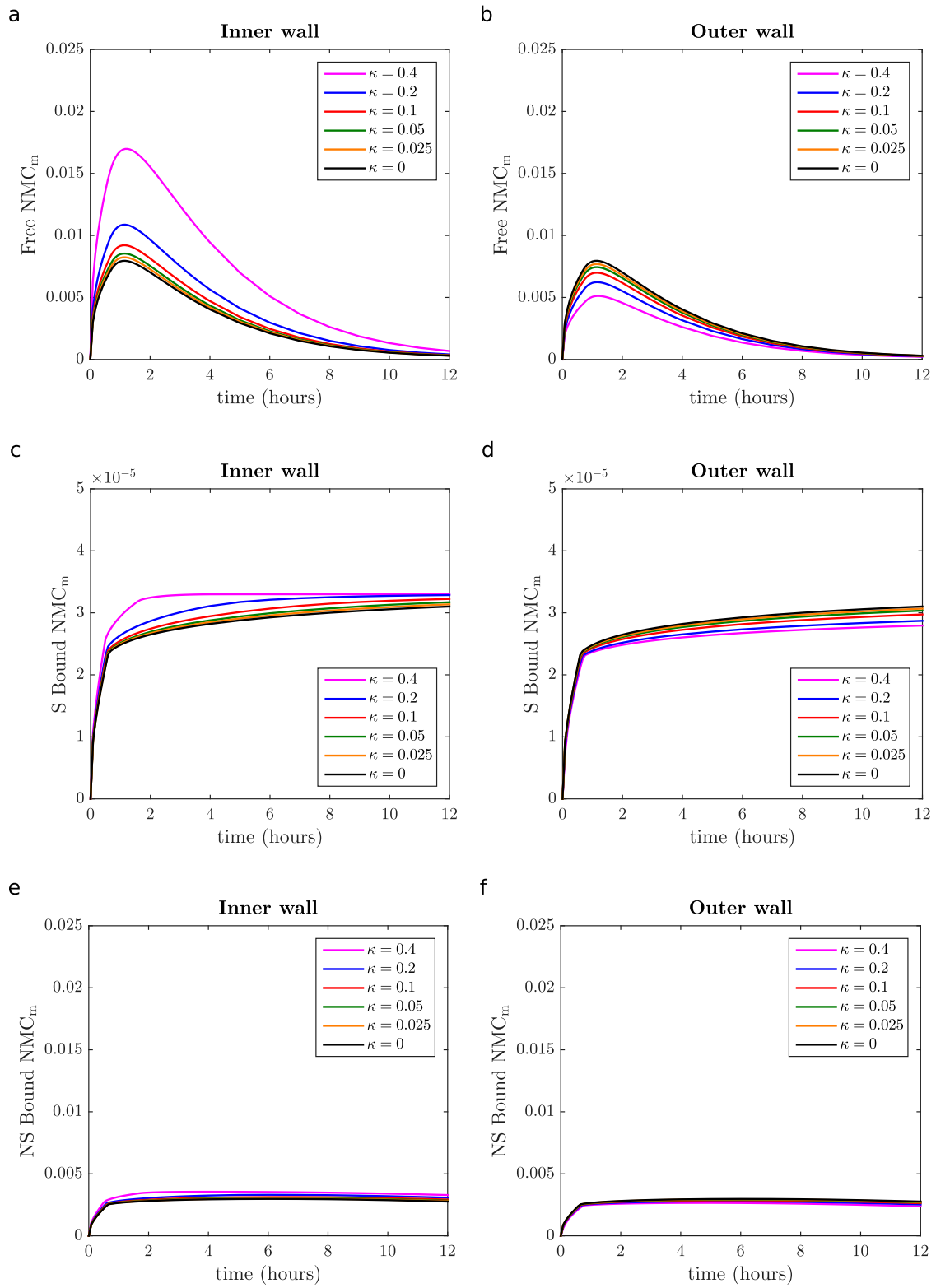


**Fig. 3** Schematic showing the geometry of all investigated cases.

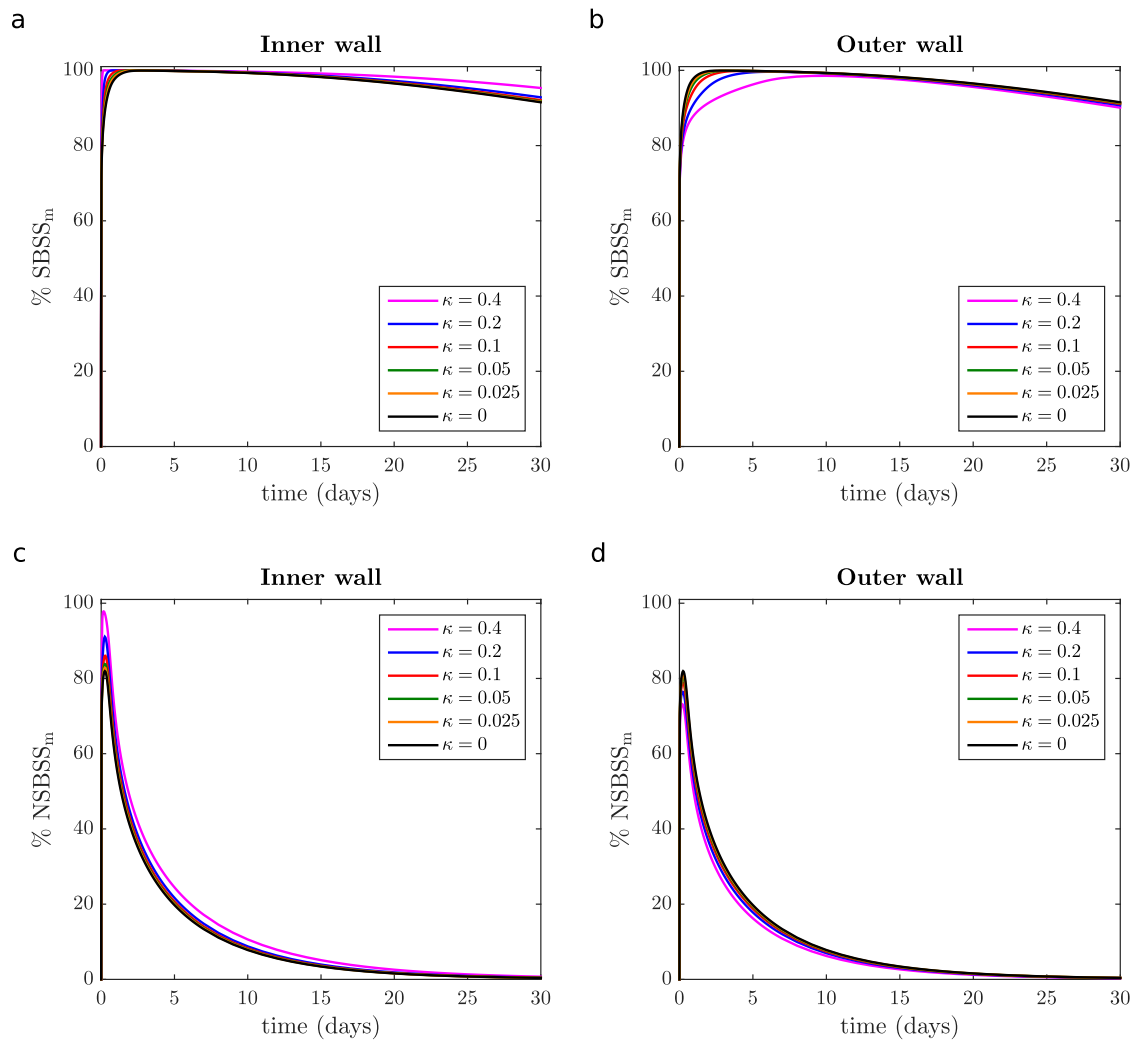


**Fig. 4** Time-varying profiles of total normalised mean concentration (NMC) of sirolimus in each layer of the inner and outer wall of the artery: SES (a, b); media (c, d) and adventitia (e, f). The results are shown for the straight model ( $\kappa = 0$ ) and for five different degrees of arterial curvature ( $\kappa = 0.025 - 0.4$ ). Notice that the scales of x- and y-axes for the NMC in the SES (a, b) are different from the rest of the subfigures.

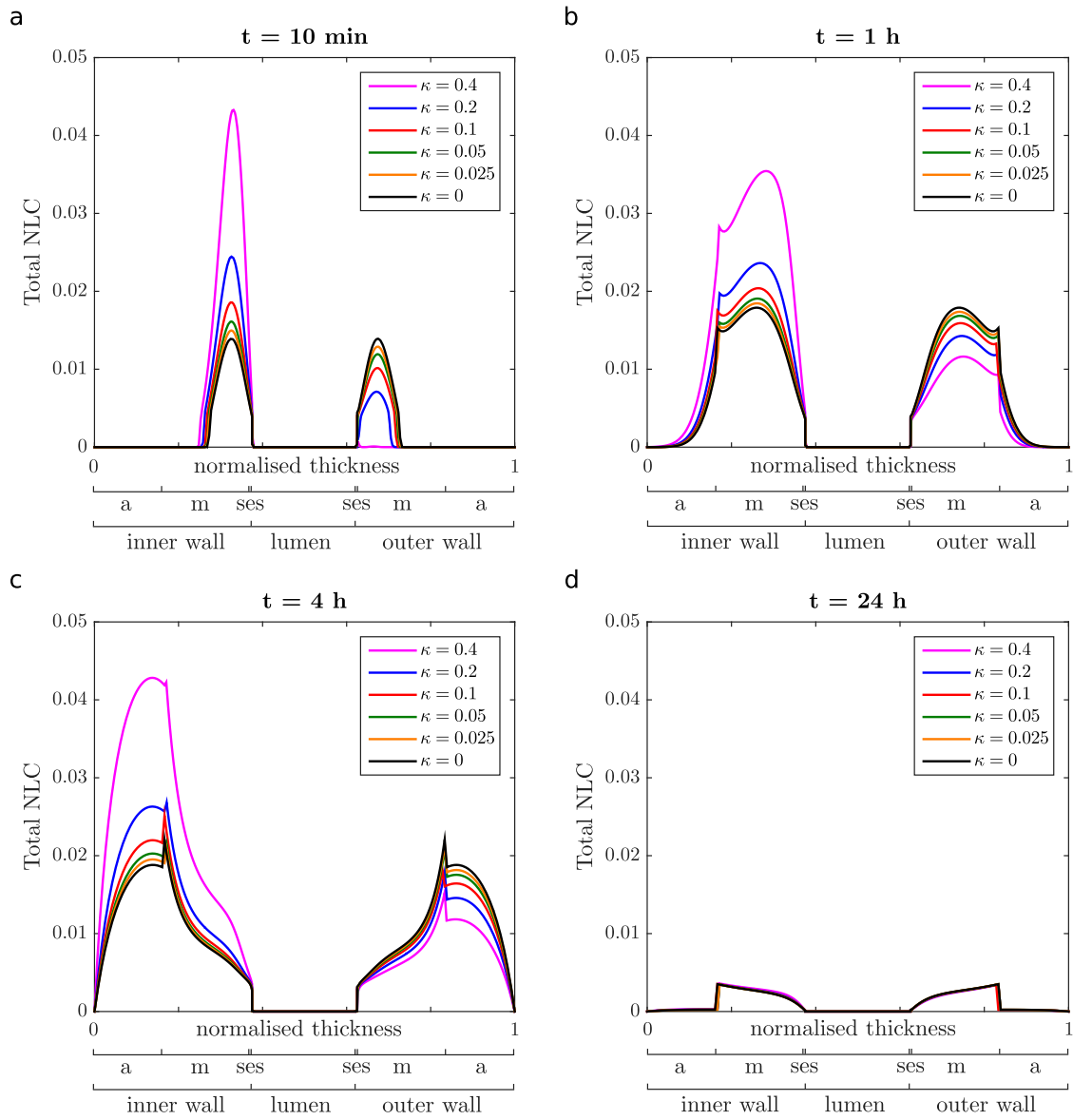




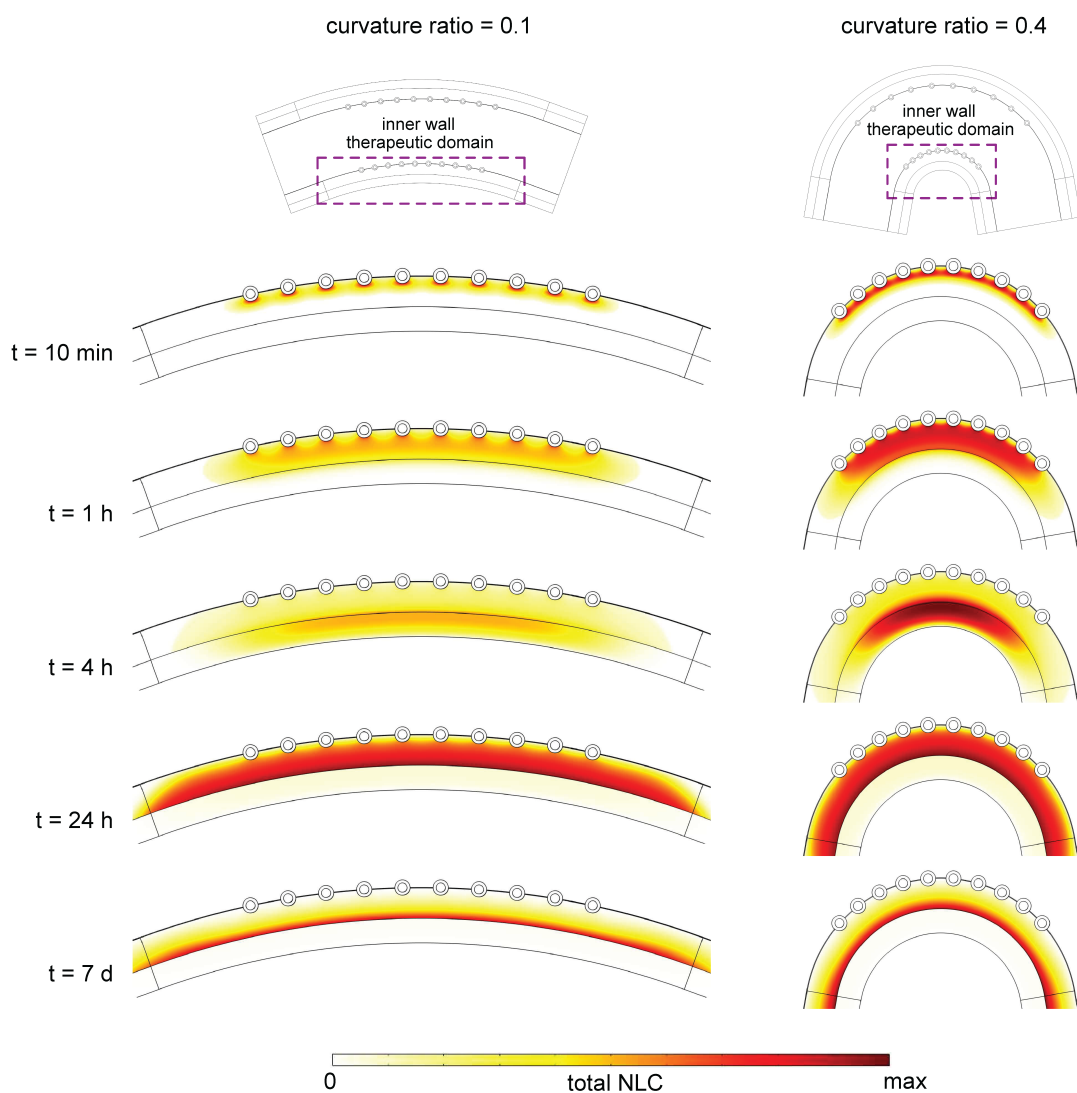
**Fig. 5** Time-varying profiles of free NMC (a, b), specific (S) bound NMC (c, d) and non-specific (NS) bound NMC (e, f) of sirolimus in the media layer of the inner and outer wall of the artery, respectively. The results are shown for the straight model ( $\kappa = 0$ ) and for five different degrees of arterial curvature ( $\kappa = 0.025 - 0.4$ ). Notice that the scales of y-axes for the specific (S) bound NMC (c, d) are different from the rest of the subfigures.



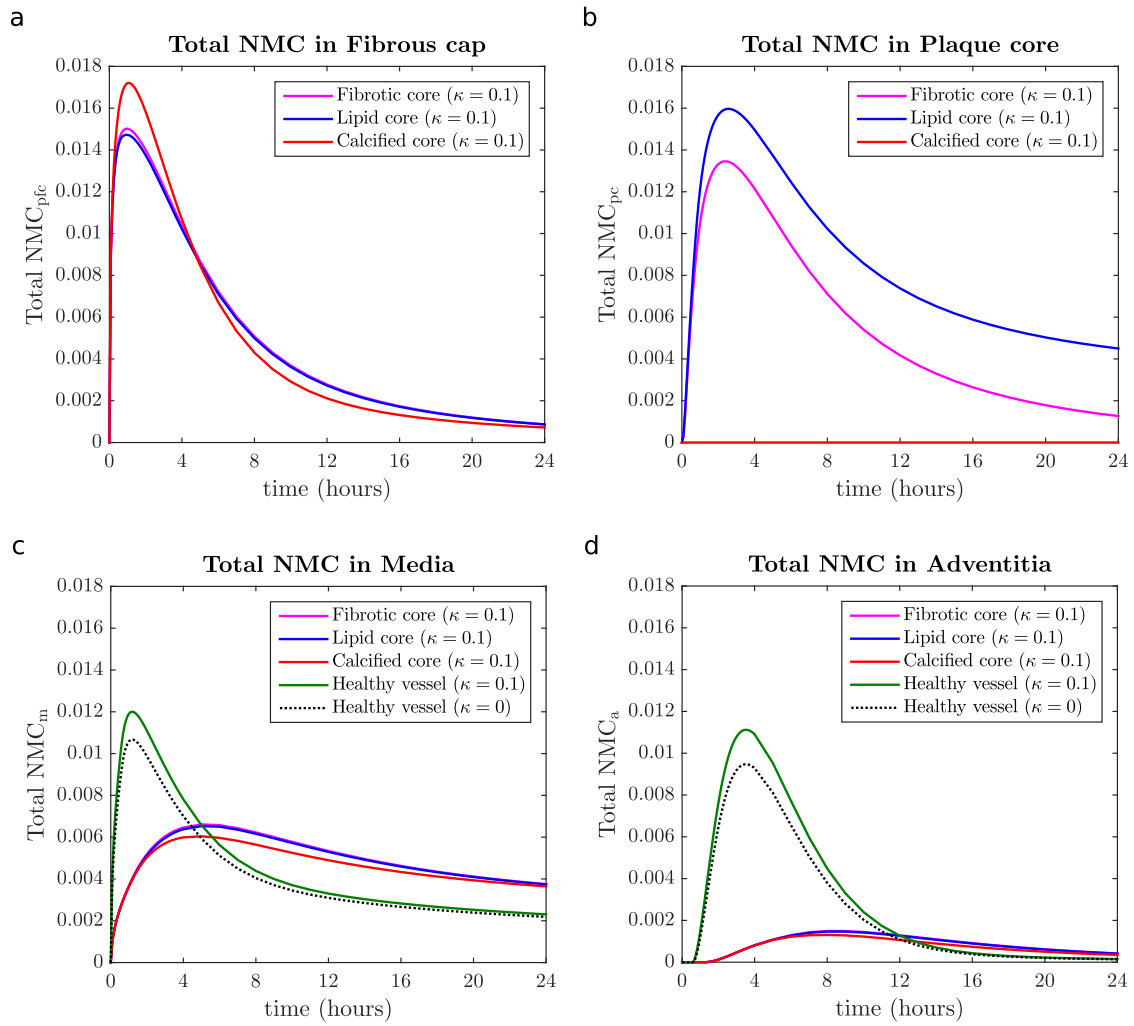
**Fig. 6** Specific (target receptor) and non-specific (ECM) binding site % saturation in the media layer of the inner and outer wall of the artery as a function of time, respectively. The results are shown for the straight model ( $\kappa = 0$ ) and for five different degrees of arterial curvature ( $\kappa = 0.025 - 0.4$ ).



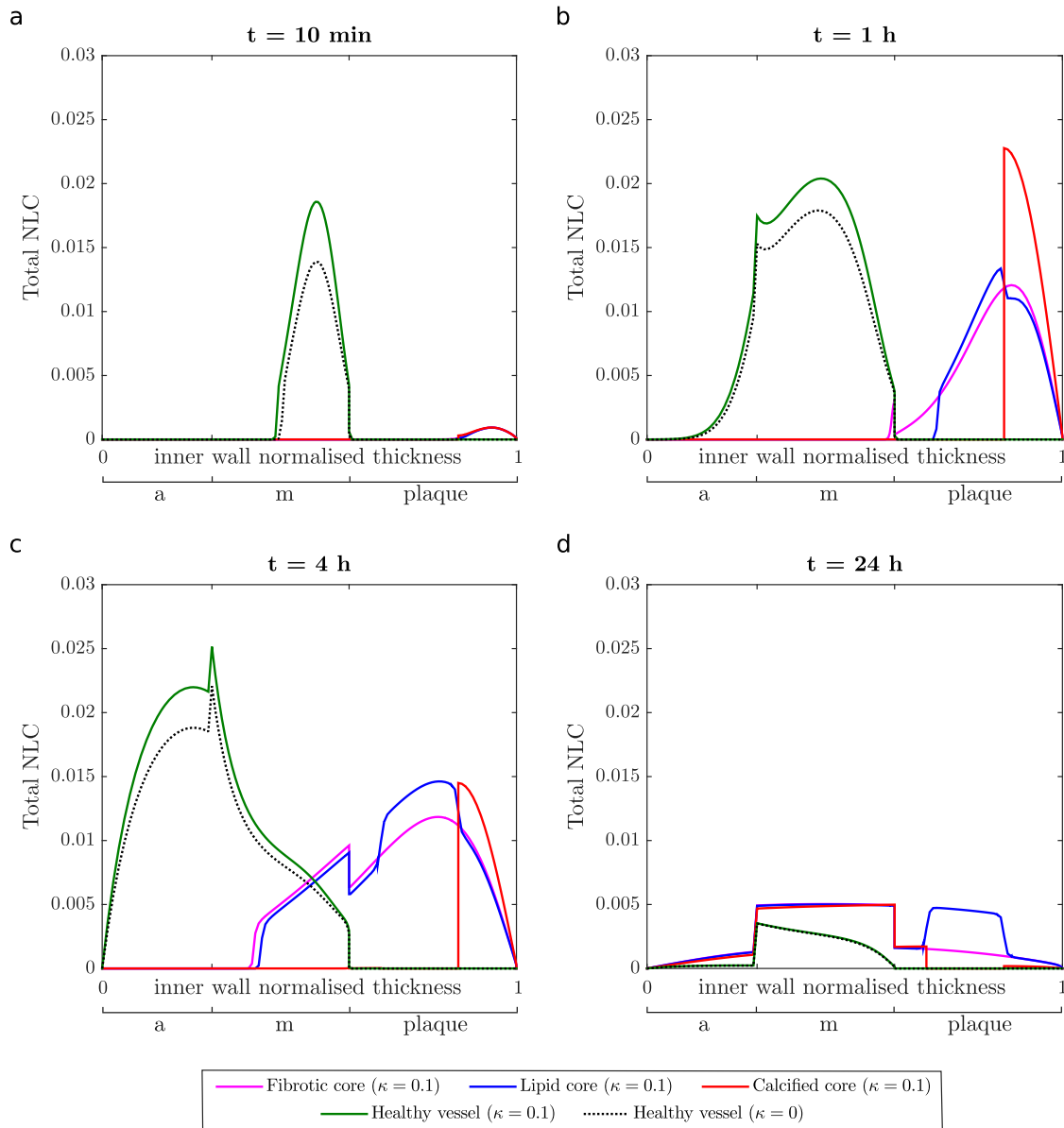
**Fig. 7** Spatially varying profiles of total normalised local concentration (NLC) of sirolimus in the tissue, calculated as  $(c_i + b_i^s + b_i^{ns})/C_0$ , at 10 min (a), 1 hour (b), 4 hours (c) and 1 day (d) after stent implantation. The results are shown for the straight model ( $\kappa = 0$ ) and for five different degrees of arterial curvature ( $\kappa = 0.025 - 0.4$ ) in a radial section between the middle stent struts. Note that lumen diameter is not drawn to scale.



**Fig. 8** Spatial variation of total NLC of sirolimus, calculated as  $(c_i + b_i^s + b_i^{n.s})/C_0$ , within the inner wall of the artery at five different time points ( $t = 10 \text{ min}$ ,  $t = 1 \text{ hour}$ ,  $t = 4 \text{ hours}$ ,  $t = 24 \text{ hours}$  and  $t = 7 \text{ days}$ ) for curvature ratios of  $\kappa = 0.1$  (average curvature ratio) and  $\kappa = 0.4$ , respectively. For each time point the same colour scale is used for both cases of curvature. The maximum values of total NLC of drug chosen for each time point are the following:  $\text{max} = 6.23 \cdot 10^{-2}$  at  $t = 10 \text{ min}$ ;  $\text{max} = 4.16 \cdot 10^{-2}$  at  $t = 1 \text{ h}$ ;  $\text{max} = 4.56 \cdot 10^{-2}$  at  $t = 4 \text{ h}$ ;  $\text{max} = 3.65 \cdot 10^{-3}$  at  $t = 24 \text{ h}$  and;  $\text{max} = 1.74 \cdot 10^{-3}$  at  $t = 7 \text{ d}$ . Tables with the maximum values at each time point may be found in Section S4 of the Supplementary Material.



**Fig. 9** Time-varying profiles of the total NMC of sirolimus in the fibrous cap (a), plaque core (b), media (c) and adventitia (d) within the inner wall of the artery for a curvature ratio of  $\kappa = 0.1$  (average curvature ratio). The results are shown for three different plaque core compositions: fibrotic, lipid and calcified. In case of the media and adventitia, the results are also shown for the straight model ( $\kappa = 0$ ) and for a curvature ratio of  $\kappa = 0.1$ , both under healthy conditions (i.e. healthy vessel without plaque).



**Fig. 10** Spatially varying profiles of total NLC of sirolimus, calculated as  $(c_i + b_i^s + b_i^{ns})/C_0$ , in the inner wall of the artery at 10 min (a), 1 hour (b), 4 hours (c) and 1 day (d) after stent implantation in a radial section between the middle stent struts. The results are shown for three different plaque core compositions: fibrotic, lipid and calcified for a curvature ratio of  $\kappa = 0.1$  (average curvature ratio). Moreover, the results for the straight model ( $\kappa = 0$ ) and for a curvature ratio of  $\kappa = 0.1$ , both under healthy conditions (i.e. healthy vessel without plaque) are shown.