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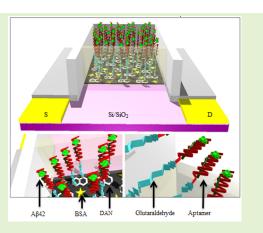
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# Graphene Field Effect Transistor Biosensors based on Aptamer for Amyloid-β Detection

Mostafa Salehirozveh, Parisa Dehghani, Milan Zimmermann, Vellaisamy A. L. Roy, and Hadi Heidari

Abstract— The development of cost-efficient, sensitive and specific methods to detect amyloid-beta 42 (A $\beta$ 42) biomarkers in cerebrospinal fluid and serum-samples is of considerable interest to enable early and reliable diagnosis of Alzheimer's disease as a precondition for future disease-modifying therapies. This paper presents a reduced graphene oxide field effect transistor (r-GO FET) for label free ultrasensitive detection of an A $\beta$ 42-biomarker with RNA aptamer. The channel in the device was formed by reduction of graphene oxide nanosheets by self-assembly process. As a result, the interaction between A $\beta$ 42 and RNA aptamer on the surface of r-GO channel caused a linear response in the shift of the gate voltage (V<sub>TG</sub>) where the minimum conductivity occurs. The r-GO FET can detect the biomarker in range of 1ng/ml to 1pg/ml at pH 7.4 with high specificity. The developed r-GO FET is a low-cost, highly sensitive and selective



method for detecting tiny concentrations of A $\beta$ 42, which would also enable measurements in serum-samples.

Index Terms-Alzheimer's disease, Amyloid beta, RNA, aptamer, label-free detection, bio field-effect transistor, graphene oxide

#### I. Introduction

**OVER** 35 million people around the world suffered from dementia in 2013 [1]. This number is estimated to double every 20 years reaching a value of 65.7 million in 2030, and of 115.4 million in 2050 [2]. The most common cause of senile dementia is the Alzheimer's disease (AD), with currently over 17 million patients worldwide [3]. The AD is often associated with deposition and aggregation of misfolded proteins such as amyloid-beta (A $\beta$ ) peptide in brain and forms plaques in the central neural system [4][5][6]. These aggregates can be observed in fibrillar and non-fibrillar forms. A $\beta$  has two isoforms, A $\beta$ 40 and A $\beta$ 42, which have different rates in spontaneous self-association into oligomers and producing fibrils and plaques [7][8]. Since the generation of A $\beta$ 42 aggregates is faster than A $\beta$ 40, it can be more neurotoxic [9].

AD diagnostic biosensors *e.g.* semiconductor-based field effect transistor (FET) can miniaturize current bulky and

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costly hospital-based tools such as Nuclear Magnetic Resonance [10][11], by enabling highly-sensitive technology to identify the specific proteins *e.g.*  $A\beta40$  [12][13][14]. Two-dimensional hexagonal network materials like graphene attract further attention in the field of diagnostic biosensors because of the high mobility of the carrier. For example, detection of proteins by electrochemical graphene biosensors were reported [15][16][17][18][19][20]. Research on Graphene field effect transistor (G-FET) which is based on graphene oxide or reduced graphene oxide has gradually increased in the detection of biomolecules like DNA [21], RNA [22], proteins [23], insulin [24] and bacteria [25][26]. In this context, to improve the performance of G-FET by increasing the mobility of the carrier in a graphene channel, a single layer of graphene is the best candidate [27].

Recognition elements play a key role in a performance of biosensors. Aptamer as a receptor is a short single strand oligonucleotide of DNA or RNA that bind to specific targets. Aptamers offer several advantages like easy to design, cost-efficient to produce, high affinity to targets, and more stable than antibodies [28]. During the past decade, several works of amyloid-binding aptamer have been reported. Ylera *et al.* was reported one of the first works on the design specific RNA aptamer with high affinity to A $\beta$ 40 and diagnosed amyloid-peptide as a risk factor in AD [29]. Multiple studies for developing the aptamer against A $\beta$  have been reported based on SELEX and aptamer functionalization like fluorescently tagged anti-A $\beta$  RNA aptamer [30][31][32][33].

For exploit r-GO FET in medical application, Debye length is the most considerations parameter, which defines as distance from mobile carriers in r-GO FET channel for screening the surplus charge in the solution. Hence, the charged molecules located out of this distance cannot be detected by the system. Accordingly, the reactions between targets and aptamer should occur within this sensing area. For example, a typical Debye length in 5-10 mM buffer at room temperature is about 5 nm [21]. The r-GO FET biosensors have been exploited for biological application by using DNA [34], enzyme [35] and antibody [17] as a receptor. In this work, we use aptamer (N2), which has a high affinity to bind to the amyloid protein [33].

We aim to develop a cost-efficient, sensitive and specific method for detecting  $A\beta42$  by using a r-GO FET based on RNA aptamer, which was modified on the surface of its channel. Herein, graphene oxide synthesized by modified hummer method and confirmed with atomic force microscopy (AFM) and Fourier-transform infrared spectroscopy (FTIR). After self-assembly of GO on an aminated Si/SiO<sub>2</sub> wafer, RNA aptamers were immobilized on r-GO channel by linkers and characterized by field emission scanning electron microscopy (FESEM) and AFM. Electrical measurements were used to investigate the sensitivity and selectivity of the fabricated device.

## II. Materials and methods

#### A. Materials

Si/SiO2 wafer was obtained from Singapore, graphite powder, 3-aminopropyltriethoxysilane (APTES), 1,5diaminonaphthalene (DAN) and buffer phosphate saline (PBS), Glutaraldehyde, H2O2 (30%), ethanolamine, hydrazine monohydrate (85%) purchased from Sigma-Aldrich. sequence of aptamer probe designed by Takapoozist, the sequence of RNA probe is (5'-NH2-(CH2)4- UAGCGUAUGCCACUC UCCUGGGACCCCCCGCCGGAUGGCCA-CAUCC-3'. All chemical was of analytical grade and used without high purity nitrogen (99/99% purity) prior to the experiment. DI water was used throughout the work.

#### Apparatus

AFM images were obtained with VEECO (America) electron microscope. FESEM images were obtained with a Vega\_Tescan electron microscopy. FTIR spectroscopic measurements were carried out with a Tensor 27 FT-IR spectrometer (Bruker). All electrochemical measurements were carried out with an Autolab PGSTAT 302N (Eco Chemie, Utrecht, the Netherlands; driven with NOVA software).

#### Synthesis of GO

GO nanosheets were synthesized by modified Hummer's method [36]. In order to reduce the size of nanosheets and achieve a single layer of GO, sonication was used. In the end, to prepare 1mg/ml concentration of GO and remove the large size of nanosheets, dispersion of GO in DI water was sonicated for 24 hours and centrifuged at 8,000 rpm for 45

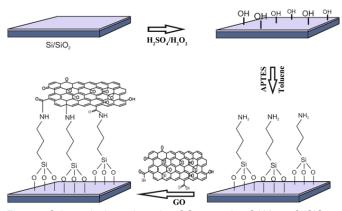


Fig. 1. Schematic formation of a GO on amine-SAM on Si/SiO<sub>2</sub> wafer. Silanization of Si/SiO<sub>2</sub> wafer by APTES after cleaning the surface by piranha solution. Monolayer of silane creates on the surface of substrate. Self-assembly of GO-nanosheets on amine SAM substrate.

min. AFM and FTIR were used to indicate the thickness and qualification of GO nanosheets.

## B. Fabrication of G-FET device

Fig. 1 shows the schematic steps of a surface modification of graphene FET. The Si/SiO<sub>2</sub> substrate was cleaned by piranha solution ( $3H_2SO_4$ : $1H_2O_2$ ) for 20 min, then rinsed with DI water and toluene. The Si/SiO<sub>2</sub> wafer was silanized with 0.1% (v/v) APTES in anhydrous toluene for 4 hours [37]. After silanization, the remaining APTES molecules were washed with toluene to organize self-assembled monolayer of ATPES [38]. Then, the aminated Si/SiO<sub>2</sub> wafer was immersed into GO dispersion for 6 h. After that, GO nanosheets were strongly bound to the aminated substrate. At last, the selfassemble of GO nanosheets on the surface of the aminated substrate was reduced by hydrazine vapor for 18 h at 50 °C and heated at 220 °C for 12 h to produce r-GO.

Fig. 2 illustrates the fabrication steps of the proposed r-GO FET. The Au source and drain (S/D) electrodes and Al<sub>2</sub>O<sub>3</sub>, which was capping the electrodes in order to barricade interaction of biomolecules to Au S/D were formed by thermal evaporating on r-GO layer using metal shadow mask on substrate. The width and length of r-GO channel which is located between the S/D electrodes are 40 µm and 3.2 mm respectively. Au electrodes were coated on the substrate by sputtering and using a metal mask to pattern and the PDMS layer was directly pasted on the Al<sub>2</sub>O<sub>3</sub> capped S/D electrodes to remove the electrode-electrolyte leakage. Encapsulation of the electrode area by two Al<sub>2</sub>O<sub>3</sub> and PDMS layers was important to keep level of the leakage current between gate and source electrodes undetectable during electrical measurements. At last, in order to isolate and seal the channel, acrylic fixture with the length of 4 mm, the height of 100 µm and width of 200 um was used and top gate was located at top of the fixture that is in contact with the analyte which is illustrated in Fig. 3a. Here, for transport the AB solution, two syringes were designed at top of the fixture as input and output pump to circulate the sample solution through the channel, as shown in Fig. 3.

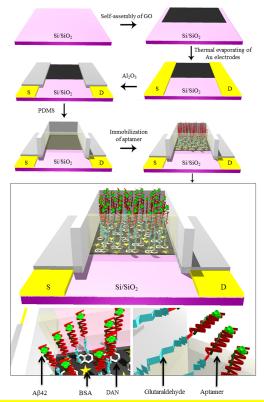


Fig. 2. Schematic of r-GO FET device fabrication and detection of Aβ-Aptamer complex. Formation of Au S/D electrode, covering the electrode by  $Al_2O_3$  and using PDMS layers to isolate the device. Functionalization of channel by DAN and glutaraldehyde and immobilization of Aptamer to linkers on surface of r-GO channel and blocking the surface by BSA for non-specific binding.

# C. Immobilization of Aptamer

RNA aptamer oligonucleotide of Alzheimer with 5' amino modification was synthesized by Takapoozist. The base sequence: (5'-UAGCGUAUGCCACUCUCCUGGGA CCCCCGGCGGAUGGCCA-CAUCC-3'). For preparing 100  $\mu$ M concentration, the aptamer was dissolved in 100 mM phosphate-buffered saline (PBS) (pH 7.4). The aptamer was immobilized on r-GO to work as a receptor for A $\beta$ 42 by using 1,5diaminonaphthalene (DAN) and glutaraldehyde linkers.

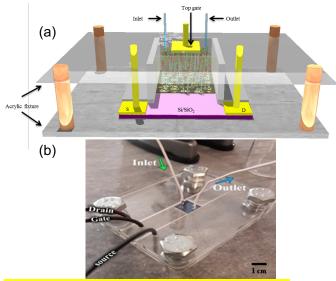


Fig. 3. (a) Schematic and (b) optical images of acrylic fixture.

The Polydimethylsiloxane (PDMS) well was filled with 100  $\mu$ M DAN in 40  $\mu$ L methanol for 1 h. Then it was rinsed with methanol and DI water. The DAN component was bound to r-GO by  $\pi$ - $\pi$  stacking between a network of r-GO and a pyrenyl group. 20  $\mu$ L of 2% glutaraldehyde in PBS (pH 7) was used for conjugating to DAN for 2 h and then washed with PBS. The well was incubated with 100 nM of Alzheimer aptamer in PBS in pH 7 for 15 h at room temperature. After the incubation, the substrate was washed with PBS at pH 7. The transfer curve of r-GO FET was observed after immobilization (Fig. 8).

After immobilization of aptamer and introducing A $\beta$ 42, AFM and FESEM were used to confirm the processes.

## D. Blocking the surface of r-GO for specific detection

After immobilization of aptamers on the surface of r-GO, bare areas that were not covered with receptors were blocked by immersing the substrate in 10  $\mu$ g/ml bovine serum albumin (BSA) solution for 10 min at 4 °C in order to prevent non-specific attachment of targets with the bare surface.

# E. Aptamer sensing characteristic

Electrical measurements were performed by observing the changes in drain current while different concentration of A $\beta$ 42 in PBS (10mM Na<sub>2</sub>HPO<sub>4</sub> and 10mM NaH<sub>2</sub>PO<sub>4</sub>) from 1ng/ml to 1pg/ml were injected. Voltage was applied to the reference electrode.

 $A\beta42$  was prepared with 20 mM NaOH to a final concentration of 0.5 mM. The solution was then sonicated for

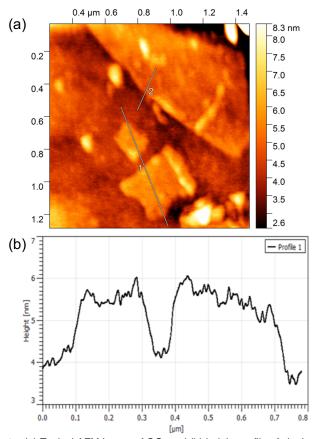


Fig. 4. (a) Typical AFM image of GO, and (b) height profile of single to bi-layer of GO nanosheet.

1 min and kept at room temperature for 5 min to completely dissolved the sample. This was followed by centrifuging at 13,000 rpm for 20 min to remove any aggregates that might have formed in the solution. The supernatant was used as the stock solution. Prior to each experiment, aliquots of the 0.5 mM stock solution were diluted with 10 mM phosphate buffer (pH 7.4) to 25  $\mu$ M [39].

# III. RESULTS AND DISCUSSION

# A. Characterization of GO

Nanosheets of GO were visualized by AFM. Fig. 4a depicts the typical image of GO and Fig. 4b shows the thickness of GO sheets. The thickness of GO sheets were in a rage of 1.3–1.7 nm, which indicates the presence of hydroxyl, epoxy and carboxyl groups on surface and side of GO sheets and the existence of single to bi-layer of GO [40][41][42][43].

FTIR analysis of GO (Fig.5) shows the following characteristic peaks of functional groups. Stretching peak for C-O-C (~1060 cm<sup>-1</sup>), vibration peaks for C-O (~1185 cm<sup>-1</sup>) and C=C (~1618 cm<sup>-1</sup>), bending vibration peaks for O-H (~1370 cm<sup>-1</sup>) and stretching vibration for C=O (~1720 cm<sup>-1</sup>), and O-H ( 3200-3500 cm<sup>-1</sup>), which is about residual water between GO sheets and hydroxyl and carboxyl groups of GO nanosheets. The results demonstrates the large amounts of oxygen-containing groups exposed on the surface of GO [44][45][46].

# B. Characterization of the modified r-GO channel

First, we functionalized the r-GO by DAN and glutaraldehyde as linkers. Then topography from the surface of the r-GO channel was analyzed by AFM after immobilization of Alzheimer aptamer and adding A $\beta$ 42. As shown in Fig.6, AFM results demonstrate immobilization of aptamer on the surface of the modified r-GO channel with a room-mean-squared (RMS) roughness of 1.7 nm. After adding A $\beta$ 42 the RMS was 4.68 nm. The small spots in the illustration demonstrate the high density of aptamer-binding to the r-GO channel.

In order to confirm the immobilization of aptamer on the surface of r-GO channel, FESEM was used. The results from aptamer immobilization indicate densely distributed Alzheimer aptamer on the r-GO channel (Fig. 7a). Fig. 7b and 7c show the middle of the r-GO channel and the edge of electrode respectively. As shown in figure 7c, the upper and

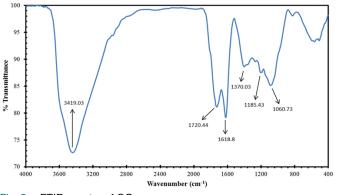


Fig. 5. FTIR spectra of GO.

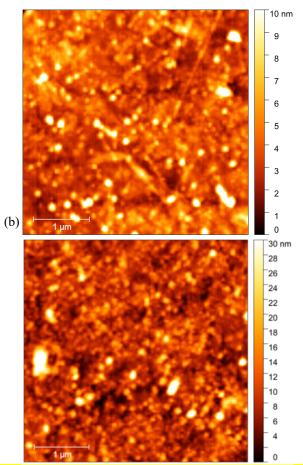


Fig. 6. AFM images of channel modified with aptamer and Aβ42. (a) Topography from the surface after immobilization of aptamer and (b) introducing Aβ42.

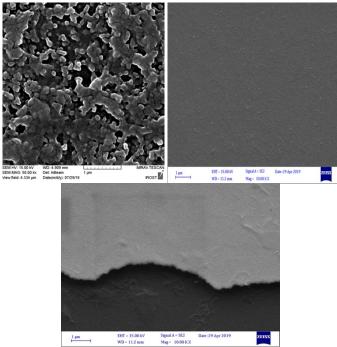


Fig. 7. FESEM images of showing immobilization of aptamer on modified r-GO. (a) Aptamers were densely assembled on surface of channel. (b) Image from show the middle of the r-GO channel and (c) from the electrode's edge that the upper part of image is Au electrode and the downside is a r-GO channel.

lighter part of the image is Au electrode and the other dark side is an r-GO channel.

# C. Protein detection

The effect of Alzheimer aptamer immobilization on the surface of r-GO channel was investigated by electrical measurements. Fig. 8 shows the transfer curve of the drain current (I<sub>D</sub>) versus top gate voltage ( $V_{TGS}$ ) of bare r-GO FET (black line) in comparison to r-GO FET (red line) with immobilized aptamer at a drain voltage ( $V_D$ ) of 10 mV in PBS. As shown in Fig. 8, I<sub>D</sub> increased after immobilization. This results from an increase in density of negative charge due to binding of aptamer on the r-GO channel. This indicates the successful immobilization of Alzheimer aptamer on the surface of the r-GO channel. It should be noted that the same slope of I<sub>D</sub>- V<sub>TGS</sub> curves express no defects were presented on the surface of r-GO by immobilization.

The transfer curves of aptamer-modified r-GO FET in response to the different concentrations of A $\beta$ 42 ranging from 1ng/ml to 1pg/ml at a drain voltage (V<sub>D</sub>) of 70 mV in PBS depicted in Fig. 9. The positive shift of the transfer curve is due to the negative charge of A $\beta$ 42 (pI=5.5), which induces p-doping to aptamer-modified r-GO FET. On the other hand,

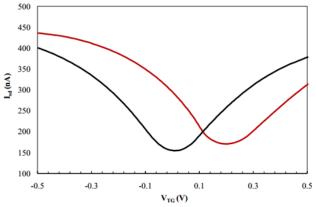


Fig. 8. Transfer curve, before and after modifying r-GO with aptamer. The black demonstrates the drain current ( $I_D$ ) versus top gate voltage ( $V_{TGS}$ ) of bare r-GO FET and the red line belongs to r-GO FET after immobilization of aptamer.

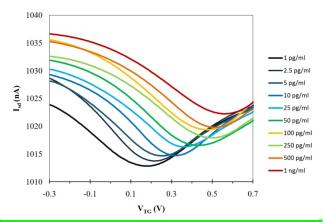


Fig. 9. Detection of A $\beta$ 42 aggregation by aptamer-modified r-GO FET. The change of transfer curve of aptamer-modified r-GO FET were recorded for 4h by introducing different concentration of A $\beta$ 42 solution at pH 7.4. The gradual aggregation of the negatively charged A $\beta$ 42 (pl=5.5) induced a p-doping to aptamer-modified r-GO FET.

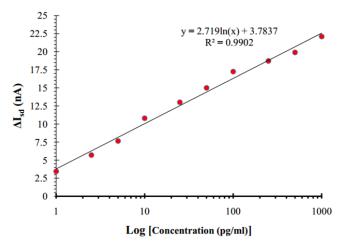


Fig. 10. Calibration curve of drain current as a function of different concentration of A $\beta$ 42.

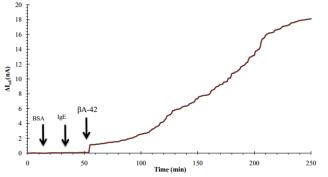


Fig. 11. The course time of normalized  $I_D$  for r-GO FET with aptamermodified channel. 100 pg/ml of BSA, IgE and A $\beta$ 42 in buffer phosphate at pH 7.4 were injected on to the aptamer-modified channel for 4h.

nteraction between aptamer and AB42 within the Debye Length, caused an increase in current because of the change in electrical composition of electrolyte after adding the Aβ42. Fig. 10 shows the calibration curve representing the relationship between the drain current on the one hand and the concentration of A $\beta$ 42 on the other hand. The upper detection limit was reduced from lng/ml to 1 pg/ml. It should be mentioned that, because of the formation of layer of  $A\beta 42$ fibril during 4h and near-full coverage of the channel surface due to the hydrogen bonding occurred between protofibril and fibril [47][48][49], the decreasing in ion permeation through this protein layer was occurred that leaded to reduce in gate capacitance [48]. Also, this formation of the AB42 layer, chemical structure of r-GO that consists of unreduced, covalently bonded oxygen groups, and absorbed BSA on r-GO, caused small reduction in mobility of carriers in a r-GO channel [48][50][51]. Therefore, the measurement was performed at V<sub>D</sub> of 70 mV to achieve the highest sensitivity and limit of detection in these ranges of concentrations.

To investigate the specificity of the aptamer-modified r-GO FET, different proteins were added. Fig. 11 shows the time course of normalized I<sub>D</sub> for aptamer-modified r-GO FET. 100 pg/ml BSA, IgE and A $\beta$ 42 were added to the aptamer-modified channel for 4h. I<sub>D</sub> slightly increased after adding BSA. On the other hand, I<sub>D</sub> decreased slightly after adding IgE. Fig. 11 shows a significant increase in I<sub>D</sub> after adding A $\beta$ 42. The discrepancy in the drain current change can be

explained by the difference in the isoelectric point of these proteins. The isoelectric points of BSA and A $\beta$ 42 are 5.3 and 5.5, respectively, which indicate that both proteins are negatively charged in phosphate-buffer solution at pH 7.4. The isoelectric point of IgE is 6.5~9.5. Since the I<sub>D</sub> decreased after adding the IgE molecules. Therefore, the results indicate that the Aptamer-modified r-GO FET was successfully responded to the A $\beta$ 42 specifically. All in all, this bio-FET can detect extremely small quantities of A $\beta$ 42 with high specificity.

## IV. Conclusion

We could develop a (1) cost efficient method for detecting (2) small concentrations of A $\beta$  ranging from 1ng/ml to 1pg/ml with (3) high specificity. Currently, diagnosis of Alzheimer's disease is supported by measurement of decreased CSFconcentrations of AB42 in CSF and increased concentrations of h-TAU and p-TAU in CSF by methods like ELISA. The sensitivity of the commercial ELISA is in the range of pM, while our device had a wide dynamic range from 1ng/ml to 1pg/ml [52][53][54]. Several research groups tried to also measure AB42 in plasma samples, which would be a faster and easier way with also more acceptance from the patient's point of view including immunoassay and xMAP [53][55]. Another prerequisite is a high specificity of such a method since there are a lot of plasma proteins leading to possible false positive results when also resulting into a detection signal or even to false negative results when preventing the binding of amyloidproteins. We could detect very small concentrations of Aβ42 in a range of lng/ml to lpg/ml with our reduced graphene oxide field effect transistor-method. Adding BSA or IgG did not lead to a significant change in drain current, too, thus enabling potential measurements in plasma samples with a high specificity.

As future work, we cover the limitation of this study and link it with clinical and imaging data. All in all, our new method might help to improve early diagnosis of  $A\beta$ pathology as a very important requirement for future diseasemodifying therapies or other medical drugs since this enables an early begin of therapy.

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