

Perspective

Perspectives on ethnic and racial disparities in Alzheimer's disease and related dementias: Update and areas of immediate need

Ganesh M. Babulal^{a,1}, Yakeel T. Quiroz^{b,c,1}, Benedict C. Albenisi^{d,e}, Eider Arenaza-Urquijo^f, Arlene J. Astell^{g,h}, Claudio Babiloni^{i,j}, Alex Bahar-Fuchs^k, Joanne Bell^l, Gene L. Bowman^{m,n}, Adam M. Brickman^o, Gaël Chételat^p, Carrie Ciro^q, Ann D. Cohen^r, Peggye Dilworth-Anderson^s, Hiroko H. Dodge^t, Simone Dreux^u, Steven Edland^v, Anna Esbensen^w, Lisbeth Evered^x, Michael Ewers^y, Keith N. Fargo^z, Juan Fortea^{aa,bb}, Hector Gonzalez^{cc}, Deborah R. Gustafson^{dd}, Elizabeth Head^{ee}, James A. Hendrix^z, Scott M. Hofer^{ff}, Leigh A. Johnson^{gg}, Roos Jutten^{hh}, Kerry Kilbornⁱⁱ, Krista L. Lanctôt^{jj}, Jennifer J. Manly^o, Ralph N. Martins^{kk}, Michelle M. Mielke^{ll,mm}, Martha Clare Morrisⁿⁿ, Melissa E. Murray^{oo}, Esther S. Oh^{pp}, Mario A. Parra^{qq,rr,ss}, Robert A. Rissman^{tt}, Catherine M. Roe^a, Octavio A. Santos^{uu}, Nikolaos Scarmeas^{o,vv}, Lon S. Schneider^{ww}, Nicole Schupf^{xx}, Sietske Sikkes^{yy}, Heather M. Snyder^z, Hamid R. Sohrabi^{kk}, Yaakov Stern^{zz,aaa}, Andre Strydom^{bbb}, Yi Tang^{ccc}, Graciela Muniz Terrera^{ddd}, Charlotte Teunissen^{eee}, Debora Melo van Lent^{fff}, Michael Weinborn^{kk}, Linda Wesselman^{ggg}, Donna M. Wilcock^{eee}, Henrik Zetterberg^{hhh,iii,jjj,kkk}, Sid E. O'Bryant^{gg,*},
on behalf of the International Society to Advance Alzheimer's Research and Treatment,
Alzheimer's Association

^aDepartment of Neurology and Knight Alzheimer's Disease Research Center, Washington University School of Medicine, St. Louis, MO, USA

^bDepartment of Psychiatry, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA

^cDepartment of Neurology, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA

^dDivision of Neurodegenerative Disorders, St. Boniface Hospital Albrechtsen Research Centre, Winnipeg, Manitoba, Canada

^eDepartment of Pharmacology & Therapeutics, University of Manitoba, Winnipeg, Manitoba, Canada

^fDepartment of Radiology, Mayo Clinic, Rochester, MN, USA

^gDepartment of Occupational Sciences & Occupational Therapy, University of Toronto, CA

^hSchool of Psychology and Clinical Language Sciences, University of Reading, UK

ⁱDepartment of Physiology and Pharmacology "V. Erspamer", Sapienza University of Rome, Rome, Italy

^jDepartment of Neuroscience, IRCCS-Hospital San Raffaele Pisana of Rome and Cassino, Rome and Cassino, Italy

^kAcademic Unit for Psychiatry of Old Age, Department of Psychiatry, the University of Melbourne, Australia

^lSyneos Health, Wilmington, NC, USA

^mNutrition and Brain Health Laboratory, Nestlé Institute of Health Sciences, Lausanne, Switzerland

ⁿDepartment of Neurology, Layton Aging & Alzheimer's Disease Center, Oregon Health & Science University, Portland, OR, USA

^oTaub Institute for Research in Alzheimer's Disease and the Aging Brain, The Gertrude H. Sergievsky Center, Department of Neurology, Columbia University, New York, NY, USA

^pInserm, Inserm UMR-S U1237, Université de Caen-Normandie, GIP Cyceron, Caen, France

^qDepartment of Occupational Therapy Education, University of Kansas Medical Center, Kansas City, KS, USA

^rDepartment of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA, USA

^sGillings School of Global Public Health, University of North Carolina Chapel Hill, NC, USA

^tDepartment of Neurology, Layton Aging and Alzheimer's Disease Center, Oregon Health & Science University, Portland, OR, USA

^uUndergraduate Program of History and Science, Harvard College, Cambridge, MA, USA

^vDepartment of Family Medicine and Public Health, University of California, San Diego, CA, USA

¹Denotes co-first authors.

E-mail address: sid.obryant@unthsc.edu

*Corresponding author. Tel.: +1 817-735-2962; Fax: +1 817-735-0628.

- ^wDepartment of Pediatrics, University of Cincinnati College of Medicine & Division of Developmental and Behavioral Pediatrics, Cincinnati Children's Hospital Medical Center, Cincinnati, OH, USA
- ^xMelbourne Medical School, University of Melbourne, Australia
- ^yInstitute for Stroke and Dementia Research, Klinikum der Universität München, Munich, Germany
- ^zMedical & Scientific Relations, Alzheimer's Association, Chicago, IL, USA
- ^{aa}Memory Unit, Department of Neurology, Hospital de la Santa Creu i Sant Pau, Biomedical Research Institute Sant Pau, Universitat Autònoma de Barcelona, Barcelona, Spain
- ^{bb}Barcelona Down Medical Center, Fundació Catalana de Síndrome de Down, Barcelona, Spain
- ^{cc}Department of Neurosciences and Shiley-Marcos Alzheimer's Disease Research Center, University of San Diego, CA, USA
- ^{dd}Department of Neurology, Section for NeuroEpidemiology, State University of New York – Downstate Medical Center, Brooklyn, NY, USA
- ^{ee}Sanders Brown Center on Aging, University of Kentucky, Lexington, KY, USA
- ^{ff}Adult Development and Aging, University of Victoria, British Columbia, CA, USA
- ^{gg}Department of Pharmacology & Neuroscience, University of North Texas Health Science Center, Fort Worth, TX, USA
- ^{hh}VU University Medical Center, Department of Neurology, Amsterdam Neuroscience, Amsterdam, the Netherlands
- ⁱDepartment of Psychology, University of Glasgow, Glasgow, Scotland, UK
- ^{jj}Sunnybrook Research Institute of Psychiatry and Pharmacology, University of Toronto, Toronto, ON, Canada
- ^{kk}Aging and Alzheimer's Disease, School of Medical and Health Sciences, Edith Cowan University, Joondalup, Australia
- ^{ll}Department of Epidemiology, Mayo Clinic, Rochester, MN, USA
- ^{mm}Department of Neurology, Mayo Clinic, Rochester, MN, USA
- ⁿⁿDepartment of Internal Medicine, Rush University, Chicago, IL, USA
- ^{oo}Department of Neuroscience, Mayo Clinic, Jacksonville, FL, USA
- ^{pp}Department of Medicine, Johns Hopkins University School of Medicine, Baltimore, MD, USA
- ^{qq}School of Social Sciences, Department of Psychology, Heriot-Watt University, UK
- ^{rr}Universidad Autónoma del Caribe, Barranquilla, Colombia
- ^{ss}Neuroprogressive and Dementia Network, UK
- ^{tt}Department of Neurosciences, University of California San Diego School of Medicine, CA, USA
- ^{uu}Department of Psychiatry and Psychology, Mayo Clinic, Jacksonville, FL, USA
- ^{vv}Aiginition Hospital, 1st Neurology Clinic, Department of Social Medicine, Psychiatry and Neurology, National and Kapodistrian University of Athens, Athens, Greece
- ^{ww}Department of Psychiatry and The Behavioral Sciences, University of Southern California, CA, USA
- ^{xx}Department of Epidemiology, Mailman School of Public Health Columbia University, New York, NY, USA
- ^{yy}Massachusetts General Hospital, Department of Neurology, Boston, MA, USA
- ^{zz}Department of Neurology, Columbia University, New York, NY, USA
- ^{aaa}Department of Psychiatry, Columbia University, New York, NY, USA
- ^{bbb}Department of Forensic and Neurodevelopmental Science, Institute of Psychiatry Psychology and Neuroscience, King's College London, London, UK
- ^{ccc}Department of Neurology, Xuan Wu Hospital, Capital Medical University, Beijing, China
- ^{ddd}Centers for Clinical Brain Sciences and Dementia Prevention, University in Edinburgh, Scotland, UK
- ^{eee}Neurochemistry Laboratory and Biobank, Department of Clinical Chemistry, Amsterdam Neuroscience, Vrije Universiteit University Medical Center, Amsterdam, the Netherlands
- ^{fff}Department of Clinical Research, German Center for Neurodegenerative Diseases (DZNE), Bonn, Germany
- ^{ggg}Vrije Universiteit Amsterdam, Amsterdam, the Netherlands
- ^{hhh}UK Dementia Research Institute at UCL, London, UK
- ⁱⁱⁱDepartment of Molecular Neuroscience, UCL Institute of Neurology, Queen Square, London, UK
- ^{jjj}Clinical Neurochemistry Laboratory, Sahlgrenska University Hospital, Mölndal, Sweden
- ^{kkk}Department of Psychiatry and Neurochemistry, Institute of Neuroscience and Physiology, the Sahlgrenska Academy at the University of Gothenburg, Mölndal, Sweden

Abstract

Alzheimer's disease and related dementias (ADRDs) are a global crisis facing the aging population and society as a whole. With the numbers of people with ADRDs predicted to rise dramatically across the world, the scientific community can no longer neglect the need for research focusing on ADRDs among underrepresented ethnoracial diverse groups. The Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART; alz.org/ISTAART) comprises a number of professional interest areas (PIAs), each focusing on a major scientific area associated with ADRDs. We leverage the expertise of the existing international cadre of ISTAART scientists and experts to synthesize a cross-PIA white paper that provides both a concise "state-of-the-science" report of ethnoracial factors across PIA foci and updated recommendations to address immediate needs to advance ADRD science across ethnoracial populations.

© 2018 The Authors. Published by Elsevier Inc. on behalf of the Alzheimer's Association. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

Keywords: Alzheimer's disease; Alzheimer's related dementias; Diversity; Ethnoracial; Underserved; Translational; Ethnicity

1. Introduction

Alzheimer's disease and related dementias (ADRDs) are a global crisis facing the aging population and society as a whole. The number of people aged 65 years and older is more than 35 million in Japan (the world's fastest growing aging population) [1,2], approximately 48 million in the United States (U.S.) [3], nearly 120 million in China [4], and 104 million in India (≥ 60) [5], and these numbers are expected to grow rapidly over the next several decades [2–5]. With this growth, ADRDs are predicted to become the single greatest challenge facing health care and medical systems across the world [6]. This includes low- and middle-income countries [7]. It is anticipated that the nearly 47 million ADRD cases globally will increase by 10 million new cases each year [8]. Despite the fact that the global population is already ethnically and racially diverse [9–11], there remain substantial gaps in the scientific literature regarding the impact of ethnic and racial factors (herein referred to as *ethnoracial*) on ADRDs.

The extant literature supports the need for additional research into the impact of *ethnoracial* factors on ADRDs. *Ethnoracial* factors have been found to be important when considering biological (e.g., genetic, cerebrospinal fluid [CSF], and blood proteomics) [12–17] and medical risk factors for AD (e.g., hypertension, diabetes, obesity, depression) [14,18]. These factors may be related to previously demonstrated differences in incidence, timing of diagnosis, clinical presentation, and course of AD between different *ethnoracial* groups [14,19,20]. *Ethnoracial* factors, with regard to perceptions of the normality of cognitive changes [21,22], insurance coverage and access to health care [17,19], and agreement to participate in clinical trials [17,19,23], are also previously documented factors for consideration. Additional factors such as differing emphasis on family and respect for elders are important considerations when seeking to enroll diverse *ethnoracial* groups into research studies on ADRDs [17,21,24]. Oftentimes, scientists are not trained to effectively partner with diverse communities to build trust to facilitate recruiting, communicate strategies about health research to study potential participants, and develop culturally informed retention strategies. For example, there are oftentimes few, if any, researchers or staff from underrepresented groups on the research teams [25]. Study design resources and expertise barriers include insufficient budgets for recruitment costs, limited resources to translate documents or adapt literacy levels, inability to develop relationships with minority physicians [26], and limited expertise to culturally tailor and translate study documents. Participant-level barriers, more often cited than those regarding scientists and study design, reflect a myriad of concerns such as mistrust, and limited knowledge about clinical research that affect both recruitment and retention [27]. These factors are relevant to each topic area covered below. In the U.S., the 2012 National

Alzheimer's Project Act specifically calls for increased enrollment of diverse *ethnoracial* populations into ADRD research studies.

The Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART; alz.org/ISTAART) comprises a number of Professional Interest Areas (PIAs), each focusing on a major scientific topic associated with ADRDs. These PIAs include leading scientists from across the globe with substantial expertise covering crucial topics for ADRDs. Previous reviews have documented factors contributing to or associated with *ethnoracial* disparities in ADRD research [17,28,29]. To expand on prior work on the topic, we leveraged the expertise of an international group of ISTAART scientists to synthesize a cross-PIA white paper to accomplish the following goals:

1. Provide a concise “state-of-the-science” report of *ethnoracial* factors across PIA foci.
2. Provide recommendations regarding most immediate needs to advance ADRD science across *ethnoracial* populations.
3. Provide a working model that provides specific key foci for advancing the field of health disparities in ADRDs.

This white paper is organized into the following sections with specific contributions from each ISTAART PIA.

- Factors related to disease detection and biomarkers
 - Reserve, resilience, and protective factors PIA
 - Diversity and disparities PIA
 - Neuroimaging PIA
 - Electrophysiology PIA
 - Biofluid-based biomarkers PIA
 - Immunity and neurodegeneration PIA
- Factors related to interventions and methods
 - Clinical trials advancement and methods PIA
 - Nonpharmacological interventions PIA
- *Ethnoracial* factors related to subjective concerns and affect in ADRDs
 - Subjective cognitive decline PIA
 - Neuropsychiatric syndromes PIA
- *Ethnoracial* factors related to atypical AD and other ADRDs
 - Atypical Alzheimer's disease and associated syndromes PIA
 - Down syndrome and Alzheimer's disease PIA
 - Vascular cognitive disorders PIA
- Other factors related to cognitive impairment and dementia
 - Perioperative cognition and delirium PIA
 - Nutrition, metabolism, and dementia PIA
 - Technology PIA
- List of recommendations to collectively and collaboratively advance the gaps identified by the respective PIAs

- All PIAs, including specific methodological considerations from the design and data analytics PIA
- Advancing the Science of Health disparities in ADRDs
 - All PIAs

1.1. Factors related to disease detection and biomarkers in ADRDs

1.1.1. The influence of ethnoracial factors on reserve, resilience, and protective factors

Cognitive reserve is a heuristic to help explain individual differences in brain health and cognition relative to aging and brain disease [30–32]. These individual differences could reflect higher capital (higher to start with), better maintenance (lower decline), or greater resilience/tolerance and compensation capacities [30–32].

Very little research has assessed whether cognitive reserve differs across ethnoracial groups. Because ethnoracial groups are characterized by distinct social and behavioral practices and may have different genetic background, differences in reserve can be expected as a function of ethnoracial factors. Differences in cognitive reserve might in turn explain differences in the prevalence or incidence of AD or in the age at disease onset between ethnoracial groups [5,6,29,33]. For instance, some ethnoracial populations are characterized by a lack of formal education, which is strongly associated with lower cognitive reserve [34]. However, years of education has been shown to be a poor reflection of the value of educational experience and native ability among ethnoracial groups, whereas literacy levels may be more strongly associated with reserve in diverse cohorts [35,36].

Differences in reserve across ethnoracial groups may be reflected in differences in (1) the baseline capital (of brain health and cognition), (2) the maintenance of this capital over time, and (3) the resistance/resilience of cognitive performance to pathological brain changes. Empirical evidence for the two first cases (higher capital or better maintenance) may manifest both by differences in brain health markers and in cognitive performance in diverse ethnoracial populations. Difference in maintenance may be more accurately assessed longitudinally by measuring the rate of brain or cognitive changes over time in different groups. For instance, African Americans have been found to have a lower level of global cognition at baseline but a slower rate of cognitive decline over time, compared with non-African Americans [37]. An important goal that emerges is to understand the relative contributions of different genetic and sociobehavioral/lifestyle factors on the observed differences among ethnoracial groups in markers of brain health or cognition.

Finally, differences in resilience/resistance to pathology among ethnoracial groups may reflect different relationships between brain health and cognitive performance, for example, higher levels of brain pathology for a given degree of cognitive impairment. This was found in one previous

study showing lower CSF phosphorylated-tau (p-tau₁₈₁) and total tau (t-tau) levels in African Americans compared with Caucasians, independent of cognition [15].

1.1.2. The influence of ethnoracial factors on diversity and disparities

Mungas (2006) presented a model illustrating how ethnoracial factors, aging, and disease may influence cognitive ability through the interplay of environment, genes, and brain structure [38]. Based on this model, the influence that ethnicity exerts on cognitive functioning would be modulated by the relationships of multiple factors. In this section, we address these factors from the perspectives related to the examinees (i.e., individuals with ADRDs and caregivers), the examiners, and the specific assessments used.

Cognitive testing is important for detecting, monitoring, and distinguishing differences among ADRDs. Most cognitive measures are influenced by linguistic, educational, or cultural factors, which affect the ability to accurately identify cognitive impairment and decline in diverse individuals. One of the challenges in assessing ethnoracial groups is limited formal education and/or high illiteracy rates and/or cultural nuances to learning and ways of thinking and solving problems. Lower education has consistently been associated with worse health status on a number of outcomes, including dementia. Reading measures created in one language do not necessarily translate well into other languages due to a variety of factors [39]. Translating tests across cultural boundaries may not capture the diverse impact that cultures have on cognition [40,41]; however, it has been reported that appropriate adjustment for ethnicity can improve validity of test findings [42,43]. Neuropsychologists need training to work with minority groups [17,44]; however, the number of neuropsychologists with competency to work with ethnoracial groups and/or possess proficiency in non-English languages is limited [44,45].

Finally, there are factors related to the cultural validity, cost-effectiveness, representativeness, and availability of reliable norms of neuropsychological testing itself. It remains unclear whether translated tests measure constructs retain a similar meaning within and across cultural groups. As Luria [46] noted, tests developed and validated for use in one culture frequently result in experimental failures and are invalid for use with other cultural groups. For instance, one study showed that relative difficulty of sub-items on the widely used Mini-Mental State Examination could differ due to cultural factors between the U.S. and Japan, which could affect sensitivity and specificity of identifying those with cognitive impairment [47]. Although many groups have attempted to generate appropriate normative data across ethnic groups [48–50], the numbers of such norms remain small and the availability of norms for individuals with little education remains limited [48,50]. Cost-effective screening tools that have little reliance on

background education would be of tremendous utility to large-scale longitudinal epidemiological studies of diverse ethn racial groups [45], which is preferable to different sites using different tests or different versions of the same tests.

1.1.3. *The influence of ethn racial factors on neuroimaging biomarkers*

The utilization of neuroimaging biomarkers in ADRDs has become increasingly important as structural, functional, and molecular imaging have led to earlier diagnosis [51–53]; disease staging, including prodromal and preclinical stages [54,55]; and identification of individuals for clinical trial participation [56]. However, although great strides have been made in the field of AD neuroimaging, relationships between biomarkers and ethn racial factors remain understudied. For example, the 2012 demographic report from the Alzheimer's Disease Neuroimaging Initiative (ADNI) describes the sample as comprising fewer than 5% African American or Hispanic participants [57]. As with ADNI, the Australian Imaging, Biomarkers, and Lifestyle (AIBL) study of aging [58] does not contain broad representation from ethn racial populations. However, the recently initiated Study of Latinos Investigation of Neurocognitive Aging (SOL/INCA) and Health & Aging Brain among Latino Elders (HABLE) studies will soon offer unique opportunities to study imaging markers related to cognitive aging among U.S. Latino adults and seniors.

Only a few studies have explored the link between ethn racial factors and brain structure along the AD continuum, and their findings have not been consistent. DeCarli et al. examined ethn racial differences in brain volume and cerebrovascular disease (CVD) and found greater total brain volume in Hispanics compared with non-Hispanic whites (nHWs) regardless of diagnosis and found no ethn racial differences in CVD measures [59]. Similarly, the Chicago Health and Aging Project did not find significant interactions between race and CVD [60]. Although the Washington Heights-Inwood Columbia Aging Project (WHICAP) demonstrated greater brain volume in Hispanics and African Americans than nHWs, they also demonstrated significantly higher CVD in these groups than nHWs [61]. The Atherosclerosis Risk in Communities (ARIC) study has similarly demonstrated that African American race was a predictor of an increased number of silent infarcts [62]. In addition, ARIC demonstrated higher rates of atrophy in African Americans at baseline and a greater worsening of atrophy over time [62]. Many of the ethn racial differences in CVD are linked to differences in clinical risk factors, but it is worth noting that some of these risk factors, such as smoking, conferred a more than 4-fold greater risk of CVD in African Americans compared to nHWs [63]. There are also inconsistencies in the research literature with some work failing to identify ethn racial differences in the relationships between brain function and cognition [59,64], whereas others have shown a significant relationship between cognitive dysfunction and structure [65,66]. WHICAP

demonstrated that magnetic resonance imaging predictors of cognition differed across ethn racial groups. For example, CVD was associated with worse language and executive performance in African Americans than nHWs [65].

Over the last decade, positron emission tomography imaging has played a seminal role in the field of AD neuroimaging, allowing for accurate *in vivo* detection of β -amyloid pathology in the brain [67], advancing the field significantly. However, few published studies have systematically explored ethn racial differences in amyloid positron emission tomography, and no studies have been published to date in ethn racial diverse populations that assess the more recently developed tau imaging agents. The ARIC study demonstrated significantly increased odds of elevated brain amyloid in African Americans, after adjusting for other risk factors such as apolipoprotein E (*APOE*) ϵ 4, age, and CVD [68]. Interestingly, the effect size was similar to the well-established increased risk of amyloid positivity in *APOE* ϵ 4 carriers [69]. In addition, when examining a multi-ethnic group of nondemented older adults ($n = 116$), baseline cognitive scores were not associated with amyloid burden. However, higher amyloid levels were associated with faster longitudinal cognitive decline among African Americans and *APOE* ϵ 4 carriers [66]. These data highlight the need for not only neuroimaging studies with more diverse samples but also a better understanding of the interaction between ethn racial factors, risk factors, genetics, and neuroimaging biomarkers in these populations.

1.1.4. *The influence of ethn racial factors on EEG/event-related potentials-based biomarkers*

Compared with structural, molecular, and functional neuroimaging techniques, measurements of brain electroencephalographic activity (EEG) during sleep, resting state (rsEEG), and sensory and cognitive-motor events (event-related potentials [ERPs]) are less invasive, more readily accessible, and cost-effective. EEG also has the unique temporal resolution (i.e., milliseconds) to explore abnormal oscillatory or dynamical neurophysiological mechanisms of brain neural synchronization and functional connectivity in individuals with neurological disease and animal models of diseases [70].

EEG biomarkers are promising candidates for an instrumental assessment of neurophysiological brain functions across disease progression and intervention in AD populations [71]. Previous EEG biomarker research with ethn racial groups is inconclusive. A study carried out in 236 patients with AD reported a higher risk of unprovoked seizures and epileptiform EEG activity in African Americans than nHWs [72]; however, this ethn racial effect was not replicated in a larger number of individuals diagnosed with AD ($N = 453$) [73].

Motivation for future EEG investigations testing possible ethn racial differences in AD rests on previous evidence. An EEG study on sleep spindles in healthy individuals

(N = 11,630) reported differences between nHWs and African Americans in several EEG features characteristic of sleep architecture, though these differences decrease with advanced age [74]. Recent reports have unveiled abnormal sleep and circadian rhythms with cognitive change and AD [75], suggesting race/ethnic factors may translate to differences in AD phenotypes. These studies suggest that ethnora- cial and genetic factors impact EEG activity.

1.1.5. The influence of ethnora- cial factors on biofluid-based biomarkers

The impact of ethnora- cial factors on biofluid-based bio- markers is well documented across numerous disease pro- cesses [76–88]. Despite the extensive literature on biofluid-based biomarkers in other areas, the study of the link between ethnora- cial factors and biofluid-based bio- markers in ADRDs is nearly nonexistent [89,90]. A meta- analysis of genome-wide allelic association study data from several cohorts that included over 500 Hispanics AD cases to cross-validate four of the top previously identified AD genes found that the *APOE* $\epsilon 4$ genotype was signifi- cantly associated with AD status among all ethnic groups. However, *CLU*, *CR1*, and *PICALM* were only associated with AD status among nHWs [89]. In addition, *APOE* $\epsilon 4$ has been found to be *less frequent* among Mexican Ameri- cans diagnosed with mild cognitive impairment (MCI) and AD [14,91]. The ARIC study reported overlapping and race-specific genetic markers linked to plasma β -amyloid levels when comparing African Americans and European Americans [92]. Ting et al. presented data on a novel *PSEN1* mutation associated with early-onset AD in African American women [93], whereas a different mutation for early-onset AD among Caribbean Hispanics has been iden- tified [94]. Regarding nongenetic blood-based biomarkers, plasma biomarkers of $A\beta_{40}$, $A\beta_{42}$, and tau were recently examined among an ethnically diverse sample of females clinically diagnosed with amnesic mild cognitive impair- ment (aMCI) [95]. Although increased $A\beta_{42}$ levels were associated with incidence of aMCI among Hispanics, this as- sociation did not hold for nHWs or African Americans. Plasma $A\beta_{40}$ levels were significantly higher among Hispani- c aMCI cases than Hispanic controls; this difference was not found among African Americans. However, plasma total tau levels were significantly decreased among African Ameri- can aMCI cases but was not found among nHWs or His- panics [95]. C-reactive protein (CRP) levels have been found to be significantly elevated among Mexican Ameri- cans diagnosed with AD and MCI as compared with non- Hispanics [96]. Furthermore, the overall proteomic profile indicative of AD has been found to be different between Mexican Americans and nHWs [16,97].

Despite the extensive literature on diagnostic biomarkers of AD in CSF, there has been only one study specifically examining the impact of ethnora- cial factors on these diag- nostic markers. Howell et al. [15] recently recruited 135 older adults (n = 65 African Americans and n = 70

nHWs) spanning normal cognition, MCI, and AD, all of whom underwent lumbar puncture for an assay of CSF- based AD pathological markers. The ethnora- cial groups were not significantly different with regard to age, gender, or education. African Americans had lower levels of CSF p-tau₁₈₁, t-tau, and $A\beta_{40}$ levels when compared with nHWs, whereas $A\beta_{42}$ levels did not vary by the ethnora- cial groups [15]. These results suggest that absolute cut-scores on these markers may be impacted by ethnora- cial factors and highlight the need for additional work examining the impact of such factors on CSF biomarkers of ADRDs.

1.1.6. The influence of ethnora- cial factors on immunity and neurodegeneration

Although ethnora- cial factors have not been explored with specific reference to the immune system in AD, there is a significant body of data that have explored immune differ- ences across ethnora- cial groups in other disorders and sug- gest further investigation. In vascular disease, for instance, ethnora- cial factors impact expression of adhesion mole- cules, known to attract lymphocytes to the endothelium contributing to the formation of atherosclerotic plaques. Elevated soluble levels of many factors including ICAM-1 and VCAM-1 are associated with increased risk of coronary artery disease and, more generally, atherosclerosis. Surpris- ingly, lower levels of soluble ICAM-1 and soluble VCAM-1 were found in individuals of African origin than nHW or South Asian populations [98,99]. Importantly, these results remained significant when controlled for homocysteine and socioeconomic status. These findings were replicated [100] where soluble ICAM-1 and soluble VCAM-1 were decreased in African Americans as opposed to nHW Ameri- cans. The results are counter-intuitive given the increased risk of heart disease in the African American population.

CRP has long been used as a determinant of systemic inflammation and is frequently measured in the study of many diseases including CVD, AD, and vascular dementia [101]. CRP has been shown to be significantly elevated in the non-Hispanic African American population as opposed to nHWs [102]. In another study, the CRP elevations in Afri- can Americans were attenuated significantly when control- ling for sociodemographic and health variables [103].

Inflammatory cytokines have been explored with respect to ethnora- cial differences. Circulating levels of IL-6 have been shown to be elevated in African Americans compared with nHWs in a cross-sectional study of 508 men and women with 38% African American participants. The IL-6 elevation remained when controlling for sociodemographic and health variables. In the same study, IL-10 and TNF α were found to be unchanged when comparing African Americans and nHWs [102]. Other studies examining cytokines present disparate findings, most likely attributable to the extremely small sample sizes; some as low as n = 10 per group. A good example is IL-1 β , where a study concluded IL-1 β levels were elevated in African Americans, but there were 83 African Americans and 24 nHWs in this study [104].

Another study found a *nonsignificant* increase in IL-1 β in African Americans as opposed to nHWs, which was in a sample size of only 10 per group [105]. Finally, a study with 48 nHWs and 47 African Americans found that there was no difference in IL-1 β levels [106]. These disparate findings speak to the need to have sufficiently powered and controlled studies to achieve reliable data and strong conclusions.

A recent study explored the impact of income and educational attainment in ethnorracial disparities in inflammatory risk as it relates to cardiovascular disease [103]. The results showed that higher CRP levels in non-Hispanic African Americans and Mexican Americans, compared with nHWs, were explained entirely by educational attainment. The authors concluded that studies should move beyond examining income to include other socioeconomic factors, with education level being a key part of this. There are no studies examining neuroinflammation in the brain, and therefore, we understand very little regarding ethnorracial microglial differences. The systemic inflammatory differences, and the immune changes related to cardiovascular disease, highlight the potential for significant differences that could have implications for disease progression and treatment in ADRDs.

1.2. Factors related to interventions and methods

1.2.1. Ethnorracial factors related to clinical trials

There is a well-established widespread failure to successfully enroll diverse ethnorracial populations into clinical trials for such ADRD trials. One review found that fewer than 1% of volunteers recruited into AD trials (over 11,000 patients) were of Hispanic ethnicity and 2% were African Americans [107]. In general, enrollment of diverse ethnorracial groups remains less than 5% of the trial subjects [108]; however, in the U.S., NIH-funded trials appear to have higher representation of diverse populations when compared with industry-sponsored trials [107]. Despite this, novel approaches for recruitment are urgently needed [109]. In addition to lack of representation in clinical trials, underrepresented individuals diagnosed with AD are less likely than nHWs to be prescribed regulatory-approved (e.g., U.S. Food & Drug Administration, European Medicines Agency) therapeutics [110].

Ethnorracial factors are frequently covaried in statistical analyses rather than outcomes being reported by subgroups [111,112]. These factors alone make understanding the impact of ethnorracial factors on therapeutic response difficult. ADNI and AIBL studies are frequently used for estimating sample size for clinical trials, but as noted earlier, they lack ethnorracial diversity and the estimates might not be valid if trials were conducted among non-HWs. Lack of diversity could also mask potential ethnorracial differences in efficacy due to different biological mechanisms as discussed earlier, in addition to different rates of attrition/dropout and medication adherence across

groups. One study, which investigated the structural magnetic resonance imaging regions of interest associated with MCI, showed that once the attrition bias is controlled using propensity score models, fewer regions were found significant [113]. This study underlines the potentially large bias in study results if attrition bias is neglected and suggests that documenting rate of attrition for ethnorracial groups in trials is important.

Utilizing technologies to monitor disease progression (potential trial outcomes) or identify those who develop cognitive impairment (study enrichment) has generated great interest in ADRDs. It is not well known whether ethnorracial differences may explain willingness in volunteering for trials that involve modern technologies and naturalistic methodologies for data collection (e.g., in-home and in-vehicle monitoring, wearable devices, Internet/webcam). One study found a volunteer bias for the randomized clinical trial, where Internet, webcam, and personal computers are being used intensively [114]. Identifying potential volunteer bias before the study recruitment begins by closely assessing past studies or distributing questionnaires, which allows for assessment of the characteristics of potential participants, could aid diversification of study participants, especially when specific types of technologies are involved.

Significant barriers to enrollment of diverse groups into trials must be addressed. For example, recent work has found that African Americans are less likely to agree to participate in preclinical or asymptomatic AD trials [23] and have higher dropout rates in AD trials when compared with nHWs [115]. Regardless of these barriers, it is important that the research community continues to improve recruitment of diverse populations into clinical trials of ADRDs. This will increase the generalizability of study results as well as investigate potential biological differences across ethnorracial groups and their effects on drug efficacy, adverse events, and drop out/adherence. Recent efforts by the National Institute on Aging, with support of the Alzheimer's Association, are developing a national strategy for clinical study recruitment and retention, with a direct emphasis on local and diverse recruitment and retention strategies [116].

1.2.2. The influence of ethnorracial factors on nonpharmacological interventions

Nonpharmacological intervention research examines the effect of therapeutic interventions such as cognitive training, exercise, functional retraining, and psychological supports (e.g., counseling or meditation), to delay and/or prevent the onset of ADRD symptoms or remediate their impact [117,118]. Relative to pharmacological treatments, nonpharmacological interventions are more likely to target not only primary symptoms (e.g., cognitive and functional decline) but also secondary symptoms that may not be caused directly by disease but that lead to excess disability (e.g., stigma, anxiety, reduced self-esteem). In this vein, nonpharmacological interventions also seek to maintain the individual's autonomy and the highest quality of life

possible during dementia-related cognitive and functional decline. Researchers working with distinct ethnoraical population groups have developed successful nonpharmacological interventions for these groups such as the “Six Arts” framework developed from a Confucian philosophy that emphasizes art, music, and math to improve everyday function [119]. However, less understood is the generalization of nonpharmacological intervention studies from one subgroup to others, especially those with different access, experiences, and beliefs about medical care.

Sociocultural factors may have an impact on differential outcomes in nonpharmacological intervention research at different methodological levels. These factors might hinder the ability of nonpharmacological intervention researchers to *recruit* participants and caregivers from diverse ethnoraical groups. Sociocultural factors might influence the *retention* of participants in activities, in particular when activities are less suitable for diverse groups, and in consequence might influence the *outcome* of the effectiveness of such interventions. In an analysis of the Resources for Enhancing Alzheimer's Caregiver Health (REACH II) trials, researchers concluded that the negative effects of ethnoraical factors on primary outcomes were diminished after controlling for demographic variables such as level of education and relationship of the caregiver to the person with dementia [120]. Furthermore, evidence suggests that beliefs, expectations, quality of life, and even intent-to-participate in nonpharmacological interventions are impacted by ethnoraical factors in some chronic conditions [118,121,122], thereby providing support for the need to study the impact of ethnoraical factors in nonpharmacological interventions in ADRDs.

1.3. Ethnoraical factors related to subjective concerns and neuropsychiatric symptoms in ADRDs

1.3.1. Subjective cognitive decline across ethnoraical groups

One of the primary challenges ahead of prevention and treatment interventions in ADRDs is the ability to screen those at higher risk of developing dementia. The concept of subjective cognitive decline (SCD; sometimes restricted to memory only and referred to as subjective memory complaints [SMCs]) has been proposed to unify the research conceptualization of the earliest nonclinical stage, with potential significance for prevention trials in those with higher risk of AD [123]. In fact, SCD has been associated with AD-related neuropathological processes in nonclinical cohorts [124] and has been identified in individuals aged 30 years and above [125], which provides a 20- to 30-year window for potential prevention approaches.

SCD prevalence, incidence, and final outcomes in ethnoraical groups are areas that have received little attention. One of the very first yet largest studies of older African Americans (n = 1250) showed that 48.3% of these individuals reported memory problems [126]. The authors concluded that

memory complaints in this group could be explained by health problems, stressful life events, hearing loss, or depressive signs and symptoms [126]. A more recent publication on a smaller cohort of African Americans (n = 150) reported that a third of participants complained about their memory and cognitive abilities, and their reported cognitive difficulties were mostly associated with increased health problems, depression, and social problems [127]. Interestingly, a previous publication reported a discrepancy between objective cognitive abilities and SMCs reported by African Americans, where they seemed to report lower numbers of SMCs in the presence of objectively more impaired abilities [128]. This finding was reported by a more recent study reporting “unique patterns of variability” in SMCs of African Americans and the relationship between SMCs and psychological wellbeing [129]. However, it seems that in nondepressed African Americans, SMCs are more related to cerebrovascular risk factors [130].

The prevalence and incidence, as well as the outcomes of SCD in other ethnoraical groups, have also been less investigated. For example, in a memory clinic cohort, Hispanic individuals reported more cognitive complaints than their nHW peers [131]. In a recent study of cognitively normal, community-dwelling Mexican Americans (n = 319), it was found that those with SCD exhibited poorer cognition and were more likely to endorse affective dysfunction [132]. A qualitative study of SCD in six different ethnic groups including African Americans, American Indians, Chinese Americans, Latinos, Vietnamese Americans, and nHWs indicated that most of the participants were concerned about their cognitive functioning as they age [133]. However, this study did not provide detailed information on the prevalence, incidence, and follow-up outcomes for the different ethnoraical groups.

1.3.2. Neuropsychiatric symptoms of AD in ethnoraical groups

Neuropsychiatric symptoms (NPSs), which include symptoms such as depression, agitation, and psychosis, are common in dementia and are associated with faster disease progression, diminished quality of life, and early institutionalization [134]. Racial and ethnic disparities in prevalence and knowledge of NPSs exist in the U.S.; however, few studies of these disparities of NPSs in AD exist, and they primarily focus on NPS prevalence [135,136]. Because NPSs create much distress for caregivers and care recipients, it is critical to determine their impact on different ethnoraical groups.

The Neuropsychiatric Inventory Questionnaire (NPI-Q) is the most common measure of NPSs used in AD studies [137–140]. Existing literature suggests incidence disparities of NPSs in AD among different ethnoraical groups. African Americans may experience hallucinations more frequently [135,136], and noninstitutionalized African Americans and Latino Americans with dementia have more frequent behavioral symptoms than nHWs

[137]. Another study found that being from a member of some ethnorracial minority groups was associated with psychosis as well [138]. A higher presence and severity of NPS have been found among Latinos diagnosed with MCI and AD [14,20,139], which suggests that they may seek treatment at more advanced stages of AD [137,140]. However, nHWs have been found to exhibit higher levels of apathy [135,138]. Asian Americans diagnosed with AD showed frequent emotional disinhibition in one study [135], but more literature on NPSs in that demographic is needed. No studies on the prevalence of NPSs in American Indians with AD currently exist.

Regarding knowledge of AD-related NPSs, Korean Americans knew less about AD behavioral changes than about cognitive changes, and Latino caregivers (not specified by ethnicity) could not attribute NPSs to AD specifically [141,142]. No literature exists on African Americans' knowledge of NPSs in AD, but this group appears to view NPSs as a source of stress in caregiving [143]. African Americans may cope with NPSs through their faith and assistance from loved ones and may find behavioral interventions centered on emotional distress to be less useful [144,145]. No studies were found on access to AD care for NPS specifically, but minority elders have lower access to mental health care relative to nHWs and are institutionalized for AD less frequently [146,147]. Nevertheless, a cultural emphasis on family, respect for elders, and perceptions of AD symptoms as "natural" parts of aging may cause members of those minority groups to take more time before seeking external care for NPSs [21,24]. African Americans are less frequently prescribed medications overall for AD and discontinue AD medication more frequently [148–150]. The only study to look specifically at medication use for NPSs in AD (antipsychotics) among different racial groups found that the usage was higher among Hispanic Americans, likely due to the higher prevalence of NPSs in that population [151].

Bridging gaps in NPS prevalence, knowledge, and care should involve creating tailored interventions for a group delivered by interventionists who understand (and ideally come from) cultural dynamics [145,152,153], as well as through bettering educational outreach to populations with a lower understanding of NPSs. In addition, much more research is needed to understand the ethnorracial, systematic, and possible genetic influences on NPSs occurrence, neuropathology, and treatment.

1.4. Ethnorracial factors related to atypical ADRDs

1.4.1. The impact of ethnorracial factors in atypical AD and associated syndromes

Atypical AD was acknowledged in the revised diagnostic guidelines for AD in 2011 [53] and has since become an umbrella term encompassing nonamnestic clinical presentations, early-onset (young) AD, and neuropathologically defined subtypes of AD (i.e., hippocampal sparing or limbic

predominant) [154–158]. Clinical and neuropathologic studies suggest that younger age and absence of an *APOE* $\epsilon 4$ allele are associated with greater likelihood of atypical AD [156,159–161]. Regardless of etiology, approximately 5%–10% of individuals present with nonamnestic mild cognitive impairment (naMCI) [162–164] and 20%–33% of individuals present with atypical AD [158,165,166]. Compared with typical AD, clinical diagnosis of atypical AD is often delayed and very little is known about its pathogenesis, risk factors, natural history, and response to treatments [167,168] overall, and more so across ethnorracial groups.

The estimated prevalence and incidence of naMCI in non-Hispanic African Americans are approximately 16%–18% [162,169] and 3–4 per 100 person-years [162,170], respectively, with up to a two-fold increased risk compared with nHWs even after controlling for sex and education [162,171]. The two-fold increased risk is suspected to be driven by higher rates of cardiovascular risk factors among African Americans [172–174], suggesting a primary or superimposed vascular etiology. A large cross-sectional study of community-dwelling Colombian adults showed that naMCI was more common in young-onset dementias and in individuals with lower education [175]. Another study investigating the dysexecutive variant of AD identified that after controlling for covariates (vascular risk, *APOE* $\epsilon 4$, and global cognition), the MCI dysexecutive subgroup was older, less educated, and more likely identified as African Americans than the aMCI subgroup. In contrast, the AD dysexecutive subgroup was younger than the amnestic AD subgroup and did not differ in education or ethnicity [176]. These results suggest there may be an even more nuanced aspect related to clinical progression that may need to be accounted for in ethnorracial studies.

With respect to associated syndromes that may or may not be related to AD pathology, the prevalence of dementia among 2011–2013 Medicare beneficiaries ages ≥ 68 years showed that frontotemporal dementia (FTD) was clinically diagnosed in 0.6% of African Americans, 0.7% of Hispanics, 0.8% of Asian/Pacific Islanders, 0.6% of American Indians or Alaska Natives, and 1.1% in other/unknown nonwhite groups [177]. A study examining a community sample of Hispanics ages ≥ 55 years found that approximately 9% had clinical diagnosis of FTD and 3% had a diagnosis of dementia with parkinsonian features [178]. A study investigating African Americans clinically diagnosed with FTD revealed AD pathology along with *PSEN1* (M139V) and *MAPT* polymorphism in exon 7 (A178T) mutations, suggesting that M139V may present differently among different ethnorracial groups [179]. Studies also show that *PSEN2* is closely involved in FTD [180,181] and is also found in Asian [182–184] and African populations [184–187]. Low-frequency coding variants for genetic susceptibility to AD and FTD have also been reported in African Americans, Asians, and Hispanics [188,189].

Overall, studying clinicopathologic differences in atypical AD poses great challenges due to their low disease prevalence, as well as to the interrelated biopsychosocial and cultural factors affecting participation in clinical studies and health outcomes in ethn racial groups. A paradigm incorporating those factors is necessary to better understand and improve dementia treatments in these historically underserved, ethn racial populations [190].

1.4.2. *The influence of race and ethnicity in Down syndrome*

Individuals with Down syndrome (DS) are at high risk for developing AD compared with the general population [191]. All individuals with trisomy 21 show AD neuropathology by the age of 40 years, and over 90% show dementia in the seventh decade [192]. The International Workgroup suggests DS may be a genetically determined atypical AD [154].

There are numerous barriers to early diagnosis of dementia in DS that reflect an interaction between ethn racial and health disparities. For example, symptoms of dementia may be missed or not identified [193]. Often, there are differing symptom presentations in people with DS relative to sporadic AD, and there are concerns about the appropriateness of the diagnostic tools [194]. Challenges of dementia diagnosis in DS within the context of intellectual disability require specialized expertise and tools [195].

In a preliminary analysis, the incidence of MCI and of AD was 6% higher among African Americans with DS than among nHW adults with DS (data from the Aging and Dementia in Adults with Down Syndrome Study, W. Silverman). Age at onset of MCI did not differ between African American and nHW adults with DS, whereas age at onset of AD was slightly earlier among African Americans, suggesting a more rapid decline in cognitive function after onset of MCI. In the general population, the higher rates of AD among African Americans than among nHWs have been related to an increased prevalence of cardiovascular risk factors and CVD, which in turn may elevate risk for AD. These factors are less likely to influence risk among adults with DS [191]. Current cohorts under study have relatively few minority participants, and few studies have examined ethn racial disparities in risk factors for dementia.

Mortality rates also vary across ethnic groups in DS; disproportionately more African Americans with DS die as young adults [196]. The ability to determine contributors to the age of onset of dementia in individuals with DS is confounded by differences in age at death across different ethn racial groups. Disparities are also present in the care of individuals with DS and dementia. In the U.S., access to group homes (related to intellectual disability) rather than dementia special care units is common as group homes are reported to provide care in a home-like environment, with more economical costs [197,198]. However, gaps in services and unmet service needs are reported for adults with DS in rural/remote settings and their caregivers rely on informal support [199–201]. In the United Kingdom, aging-in-place models are encouraged if appropriate support

is available. Most adults with intellectual disability in the U.S. live at home, and this is more common among diverse ethn racial groups (e.g., African Americans, Hispanics) with DS [202–204]. These differences in care models impact the caregivers, with poorer health reported for caregivers of individuals with DS who are also minorities [203,205,206], which in turn could be a reflection of socioeconomic status and possibly cultural practices. Collaborative studies with combined and harmonized cohorts of older adults with DS are needed to determine differences in risk factor profiles and to provide accurate estimates of any differences in risk for AD and rates of progression after onset.

1.4.3. *Ethn racial factors and vascular cognitive disorders*

Vascular cognitive disorders are caused and exacerbated by health disparities experienced by ethn racial groups. Globally, these disparities can be attributed partially to burgeoning obesity, combinations of lifestyle factors associated with poor vascular health, and unknown genetic and lifestyle susceptibilities among increasing immigrant populations. Being overweight and obese are cornerstones of vascular risk, leading to hypertension, type 2 diabetes, CVD, cardiovascular disease, and stroke, as well as cognitive impairment and multiple etiologies dementias.

The prevalence of overweight and obesity is over 50% among adults in the U.S. and Europe, and within certain global urban centers such as the Brooklyn Borough of New York City, the prevalence is over 70%. Of the top 10 causes of death worldwide in 2015 [207], half are related to obesity, and account for approximately 1/3 of all deaths. These include ischemic heart disease, CVD/stroke, type 2 diabetes, and ADRDs [207]. Vascular risk is a costly burden. In Brooklyn, hospitalizations and deaths from heart disease, diabetes, and disabilities are higher than the New York City average. Part of the reason is that ethn racial minority adults typically present late, at more advanced stages of disease, and in nontraditional settings, such as the emergency department. Given adults from diverse ethn racial groups also present with high vascular risk, they are even more compromised.

Stress is a major facilitator of vascular risk in ethn racial minority groups. Stress is a cause, correlate, and consequence of obesity. Not only do stress and obesity lead to downstream adverse vascular events, they are often accompanied by discrimination and unfair treatment, leading to additional stress responses [208]. Health disparities-related stress is also associated with ethn racial differences, older age, family, employers, stigma due to ethn race, sexual orientation, infectious disease status, employment status and/or sex/gender, poor access to health care services, built environment, lack of social support, depression, and anxiety [209]. Cumulatively, these stressors challenge social interactions and may manifest as inability to work, difficulties with personal relationships [210], and challenges to social inclusion [211]. Over the life course, the cost of chronic exposure

to fluctuating or heightened neuroendocrine responses resulting from repeated or chronic environmental challenges and social burden that an individual react to as being particularly stressful [211,212] directly affects neural mechanisms contributing to cognitive function [213,214].

Potentially modifiable vascular risk factors contribute to cognitive aging and risk and progression of ADRDs through their effects on cerebral vasculature. The accumulation of small vessel cerebral vascular disease that results from years of exposure to vascular risk is best visualized on T2-weighted magnetic resonance imaging as white matter hyperintensities. Increased white matter hyperintensity burden is associated with risk for development of ADRDs [215–217] and progression of symptoms in ADRDs [218] and is even evident in individuals with autosomal dominant AD up to 20 years before expected symptom onset [219]. The severity of white matter hyperintensities differs across racial and ethnic groups [61] and relates differentially to specific cognitive outcomes as a function of race/ethnicity [220,221]. Given the well-documented disparities in vascular risk factors, differences in CVD, and differential relationships with cognition between racial and ethnic groups, vascular disease is a major topic of focus with respect to racial and ethnic disparities in ADRDs.

1.5. Other factors related to cognitive impairment and dementia

1.5.1. Ethnoracial factors related to perioperative cognition and delirium

Delirium is a focus for both research investigation and clinical care around the world. For example, one of the delirium screening tools, the Confusion Assessment Method (CAM), has been translated into 19 languages and used in over 4000 original publications, demonstrating an active clinical and research interest in delirium [222]. Perioperative cognitive disorders may contribute to further cognitive decline and are known to be associated with poor outcomes. Despite this, there are few studies examining ethnoracial factors in either delirium or perioperative cognitive disorders, with studies being predominantly restricted to those who are fluent in English.

Campbell et al. [223] evaluated 1275 older adults aged ≥ 65 years who were admitted to general medical hospital services. The goal of the study was to determine if race is a factor in the agreement between clinical documentation and screening results for delirium and cognitive impairment. The authors compared clinical documentation with scores on a screening measure (the Short Portable Mental Status Questionnaire) and found that there were no differences in delirium documentation rates between African Americans and non-African Americans. However, African Americans had a higher adjusted odds ratio than non-African Americans for clinical documentation of cognitive impairment among those who screened positive for impairment on the Short Portable Mental Status Questionnaire, as well as

among those who screened negative on the Short Portable Mental Status Questionnaire.

One study examining the recorded diagnosis of delirium in acute inpatient units found that African Americans were more likely to receive a confusional diagnosis or an organic psychoses diagnosis as opposed to a diagnosis of delirium [224]. Individuals who received the diagnosis of organic psychoses had longer lengths of stay and higher rate of discharge to nursing homes. One of the potential explanations for these differences was that elderly African American individuals are significantly more likely to receive diagnosis of psychotic disorders than nHw [225]. Another study examining the prevalence of delirium among older adults presenting with psychiatric complaints to an emergency department, it was found that although minority individuals (African American and Hispanic) comprised 55.8% of the study cohort, 74.1% of delirium visits were comprised of minority individuals [226].

The most frequent etiology of delirium in sub-Saharan Africa (SSA) reported in the literature is infection including HIV, typhoid fever, and malaria. However, the number of older adults is expected to increase by 64% in Africa in the next 15 years [227], and it is unknown whether the available expertise of diagnosing and treating delirium by health care providers in Sub-Saharan Africa can meet the increasing demand. In addition, with increasing access to higher levels of care in Sub-Saharan Africa, clinical entities such as ICU delirium, which is a new concept to many physicians in these regions, are also emerging.

Cognitive decline associated with anesthesia and surgery is known to occur in more than 10% of individuals 3 months postoperatively [228] and has been termed postoperative cognitive dysfunction (POCD). POCD has been limited to predominantly English speakers due to limitations of existing neuropsychological tests, with some limited European languages included as part of the International Study of POCD [229]. POCD studies have been undertaken in some Asian populations, but most of these are limited to very short follow-up of days rather than weeks, months, or years [230]. It is unclear if POCD precipitates long-term cognitive decline, but it is known that POCD is associated with poor outcomes including increased risk of mortality as far as 7.5 years after surgery [231]. Thus, it is important for future research to focus on ethnoracial factors that may contribute to perioperative cognitive disorders. The recent recommendations for new nomenclature should assist in facilitating this research agenda.

1.5.2. Ethnoracial factors related to diet and nutrition

Diet is complex and varies considerably by ethnicity and socioeconomic status [232–234]. It is well established that some ethnoracial groups experience diet-related disparities and consequently have poorer nutrient profiles relative to nHw [235,236]. According to the U.S. Behavioral Risk Factor Surveillance Survey (BRFSS) [237], only 21.3% of African Americans consume fruits and vegetables ≥ 5 times

per day, the lowest of any U.S. ethnorracial group. Similarly, in the third National Health and Nutrition Examination Survey, NHANES (1999–2002), non-Hispanic African Americans were 43% less likely than nHWs to meet fruit and vegetable guidelines [238]. These racial disparities differ by geographic region. For example, Hispanic groups consumed lower-quality diets than nHWs, including more refined carbohydrates and fewer vegetables and fruits [232,233,239], whereas in other studies, Hispanics had higher-quality diets than either nHWs or African Americans [234].

Poor diets and malnutrition are important contributors to cognitive impairment [240–242]. Nutritional deficiencies in older people, particularly in minority groups, are common, but studies across diverse ethnorracial populations are limited [242–245]. Randomized trials of nutritional supplements are needed to examine their impact on ethnorracial groups (e.g., African Americans) that have known nutritional deficiencies. Unfortunately, most randomized clinical trials of dietary supplements have not targeted populations with low nutrient status, and trial results have been null overall [246]. Conducting dietary supplement trials in diverse ethnorracial populations with nutrient insufficiencies has the potential to close some of the ethnorracial disparities in ADRDs.

The few studies that have examined dietary associations with AD and other brain neurodegenerative outcomes in multiethnic participants in most cases do not present their findings by race or ethnic group [241,247–257]. Rather, these studies have reported *P* values (usually null) for tests of effect modification by race/ethnicity [247,248,250,251,253,257,258]. This is inadequate as there are clear examples of nutrition having different cognitive effects by ethnorracial groups as shown in the Healthy Aging in Neighborhoods of Diversity Across the Lifespan Study (vitamin E with various cognitive domains) and the Health, Aging, and Body Composition study (the Mediterranean diet with cognitive decline) [259,260].

Cultural differences in dietary practices pose methodological challenges in dietary assessment. Many food frequency questionnaires have not been designed and tested to accurately capture the foods, serving sizes, and meal preparations of different cultural groups [261]. Consequently, the dietary assessments from these studies likely produce biased estimates of nutrient relations with dementia, particularly for ethnorracial minority populations. To adequately address ethnorracial disparities in diet, nutrition, and ADRDs, it is imperative that greater attention is devoted to cultural validation of the dietary assessment methods.

1.5.3. *Ethnorracial factors related to the development of technologies*

Technology for dementia has developed in several main areas: assessment of cognitive functions [262] and daily activities [263]; direct cognitive [264] or behavioral support

[265]; monitoring [266]; and direct caregiving [267] and supporting caregivers [268]. Different ethnorracial groups have been involved in the creation and testing of technologies, but the potential impact of these differences has not been explored. The focus of most research has been on the effectiveness or impact of the technology, with a lack of consideration of the role ethnorracial factors may play in utilization or impact potential.

Two key issues in development of technology for dementia relate to cognitive function and accessibility of technology. Understanding cognitive function is central to developing technology for individuals with dementia and this is where the lack of ethnorracial consideration is most apparent. Much technology development has focused on improving cognitive assessment [269] to enhance or improve dementia diagnosis. However, these studies have not reported on possible inclusion or on differences in cognitive performance and profiles [270] and rate of decline [271] in ethnorracial minority groups.

There is also limited information available on access to technology in ADRDs. The “digital divide” is an issue that reflects socioeconomic factors, whereby lower-income groups have less access to technologies. There are no existing survey data on access and use of technologies by people with dementia that consider ethnorracial factors. However, we can gain some insight from two large U.S. surveys that looked at the use of assistive technologies (ATs) by different racial groups. Reed et al. [272] conducted the Community Research for Assistive Technology Survey in California. They divided ATs into three categories: high-tech (e.g., computers), medium-tech (e.g., scooters), and low-tech (e.g., magnifiers). The proportion of white respondents (23%) using high-tech devices was higher than Asian Americans (16%), African Americans (13%), and double the number of Latinos (11%) suggesting unequal access to the same technology [272]. This lack of access and awareness was echoed in a 2009 U.S. National Health Survey, which looked at ATs usage across groups with mobility, visual, auditory, and emotional disabilities [273]. Their findings suggested that income status, particularly receiving Medicaid or veteran’s benefits, and mental impairment reduced the likelihood of people using ATs [273]. To address these challenges, they proposed a list of changes including more cultural competency training, ensuring the attitudes and values are included in evaluating AT needs among underrepresented groups and designing effective outreach and health marketing appropriately tailored to different ethnorracial populations. In relation to dementia technology specifically, a survey of American and German family caregivers found low awareness of what technology is available for themselves or the people they care for [274]. In addition, lack of access to broadband Internet and limited availability of specialized technologies have been identified as key barriers to technology for dementia [275]. However, there are signs that the growing need to address these problems is starting to take hold through recent efforts to meet the needs of ethnic minority dementia

caregivers through apps [276], online education [277], YouTube [278], and a survey of their preferences for technology [279].

Overall, there remains a significant dearth in research specifically designed to understand and address health disparities in ADRDs. Diverse ethnoraical populations remain underrepresented in studies across all areas covered by the PIAs. However, given the substantial amount of work that has been accomplished across these respective areas, there remain tremendous opportunities to rapidly advance the state of the science. Broad areas of immediate need, based on the information provided above, are provided below.

1.6. Recommendations for advancing the field of health disparities in ADRDs

As highlighted across each of the major topic areas and expert groups listed, there remain substantial knowledge gaps regarding the ADRDs among diverse ethnoraical groups globally. The science of ADRDs has advanced considerably over the last few decades, and the same can be accomplished regarding an understanding of ADRDs among diverse populations. First and foremost, the expertise of the various PIAs and global experts across fields needs to be leveraged to design and implement research programs to address the gaps identified in a rapid fashion.

Primary recommendations proposed by the working group are as follows:

- Develop specific health disparities models/frameworks and implement data-driven strategies for targeted recruitment and retention of diverse ethnoraical populations into ADRD observational studies and clinical trials.
- Identify differing perspectives and views held by ethnoraical groups regarding ADRD research and interventions, to tailor appropriate methodologies for addressing gaps identified here as well as widely disseminating findings.
- Uniformly, examine the prevalence of specific life experiences/status (e.g., poverty, war/conflict, stigma, disability, sex, gender) and whether they play a role in ADRD disparities among diverse ethnoraical groups across countries.
- Create training modules, webinars, and related educational opportunities for researchers, payors, funders, community members, and even research participants to learn how to effectively develop diverse and inclusive study designs and recruitment and retention strategies in ADRD studies.
- Train practitioners and researchers (e.g., neuropsychologists, neurologists, geriatricians), including those from diverse ethnoraical groups, to implement culturally appropriate research methodologies (e.g., assessments, interviews, interventions) across different ethnoraical groups.
- Develop and validate appropriate research tools along with appropriate use and interpretative guidelines (e.g., normative references). This can include generation of instruments that can be used across groups, development of novel tools that are group-specific, and the development of appropriate analytic methods for working across tools when needed.
- Establish collaborative infrastructure across existing longitudinal registries and cohorts that include diverse ethnoraical populations to address gaps identified here. Also, leverage existing infrastructures and knowledge-base for the establishment of additional targeted research cohorts to advance the field of health disparities in ADRDs.
- Implement methodological strategies that enable post hoc analyses across diverse groups, comparisons across longitudinal cohorts; consistently report ethnoraical subgroup data even when not analyzed; and include refreshment samples in cohort studies to maintain statistical power—including addition of replacement for attrition in ongoing studies that are not representative of ethnoraical groups with diverse populations.
- Implement analytic methods to weigh observations from underrepresented groups to attenuate the impact of small sample size; investigate the impact of ethnoraical disparities on retention, attrition, and mortality; and consistently report ethnoraical subgroup data, even if such differences are not analyzed due to low group sample sizes.
- Develop and validate statistical models of risk and protective factors germane to ethnoraical groups, including complex interaction terms to better refine prevalence and incidence of ADRDs between different groups.
- Employ structured “precision medicine” and “precision public health” approaches to combine, translate, and share findings from ADRDs research including ethnoraical groups across the world to target and continually refine diagnostics, disease monitoring, treatment, and development of new therapeutics.
- Include diverse ethnoraical groups in studies examining sociocultural, biomarker, biological mechanism, and all other aspects of ADRD science.
- Develop and disseminate educational materials regarding ADRDs specifically focused on caregivers from diverse groups; include caregivers from diverse ethnoraical groups in scientific inquiries addressing caregiver and family needs.

1.7. Advancing the Science of Health disparities in ADRDs

As previously discussed, there are several gaps in the extant literature in many of the key areas of science currently being examined in ADRDs. Aside from the large gap in

literature examining ethnoracial factors in ADRDs documented by this working group, there is also no comprehensive framework to address the gaps. Specifically, the vast majority of the science conducted in the articles reviewed addressed one question at a time without the end in mind (i.e., a comprehensive understanding of the full complexity of ADRDs, including ethnoracial factors). To advance the understanding of ethnoracial factors in ADRDs, the field needs to not only directly test importance of ethnoracial factors but also test these constructs within the context of the “big picture” including, but not limited to, factors such as gender, neuropathology (e.g., the 2018 NIA-AA research criteria for AD explicitly for testing of these new concepts in diverse populations), molecular biology, environmental factors, and more.

If the comprehensive framework is to explicitly test and understand the complexity of ADRDs, then more advanced analytic modeling approaches are needed as is longitudinal data. Studies that iteratively propose a unique hypothesis, test the hypothesis, refine the question, and start-over using large-scale longitudinal data are needed. Multiscale modeling, advanced artificial intelligence learning tools, and structural equation modeling are some of the tools that are explicitly designed to manage such large-scale and complex questions. The statistical/bioinformatics models can grow and expand iteratively as the hypotheses are tested, refined, and reanalyzed. Many of these tools were refined in the human genome project but have been applied to life sciences at large scale. The translational work in ADRDs has begun to break down silos; however, the questions posed do not directly test the complexity of the problem faced. If these more complex tools are utilized, the complexity of ethnoracial factors, within the context of ADRDs more broadly will become more in focus. This approach can lead to a precision medicine approach to treating and preventing AD.

To continue the momentum of this working group and other ongoing efforts, we propose that a formal meeting occur in conjunction with the National Alzheimer's Project Act meeting (or other meeting), specifically to address the advancement of health disparities in ADRDs. This meeting would serve as a “think tank” on how to move the field forward rather than a venue for individuals to present their recent (or remote) findings. Experts from diverse backgrounds (epidemiology, health disparities, neuropathology, sociology, etc.) would be invited to discuss and provide strategies for next steps to advance the field.

Acknowledgments

Research reported in this publication was supported by the National Institute On Aging of the National Institutes of Health under Award Number R01AG054073 (SEO), R01AG058537 (S.E.O.), R01AG046543 (K.L.L.), R01AG056466 (G.M.B. and C.M.R.), R03AG055482 (G.M.B.), R01AG054449, DP5OD019833 (Y.T.Q.), HDR064993 (E.H.), P01HD035897 (N.S.), U54 HD079123

(N.S.), R01AG014673 (N.S.), P50AG05142 (L.S.S.), and R01AG057684 (L.S.S.). Other support included UK National Institute for Health Research (NIHR) (grant RP-DG-0611-10003-AS), Florida Department of Health, Ed and Ethel More Alzheimer's Disease Research Program (6AZ01, 8AZ06), Alzheimer Drug Discovery Fund (K.L.L.), AARFD-16-439140 (G.M.B.), Canadian Institutes for Health Research (PJT153079 to K.L.L.), Alzheimer's Association 2017 Part the Cloud (K.L.L.), Carlos III Institute of Health, Spain (grants PI14/01126 and PI17/01019 to J.F.), partly funded by Fondo Europeo de Desarrollo Regional (FEDER), Unión Europea, “Una manera de hacer Europa”, a “Marató TV3” grant (20141210 to J.F.), Generalitat de Catalunya (2014SGR-0235), the Fundació Bancaria La Caixa, and T21 Research Society Clinical Committee (A.S.).

RESEARCH IN CONTEXT

1. Systematic review: The authors reviewed the literature using traditional sources (e.g., PubMed) and meeting abstracts and presentations. Several recent publications have described the role of ethnoracial factors on the incidence, diagnosis, and clinical presentation of Alzheimer's disease and related dementias (ADRD). These relevant citations are appropriately cited.
2. Interpretation: The manuscript clearly identifies the study of ethnoracial factors in key topic areas of ADRD science as substantially lacking. Despite the global search for improved diagnostic and therapeutic understandings of ADRD, research is needed on these topics across ethnoracial populations.
3. Future directions: Experts from Professional Interest Areas of ISTAART provide specific immediate needs on ethnoracial research across a wide range of topic areas that, when dealt with, will greatly advance the field of ADRD. Addressing these needs will be key to implementing culturally-appropriate interventions, as well as improving access to care for ethnoracial groups.

References

- [1] Montgomery W, Ueda K, Jorgensen M, Stathis S, Cheng Y, Nakamura T. Epidemiology, associated burden, and current clinical practice for the diagnosis and management of Alzheimer's disease in Japan. *Clinicoecon Outcomes Res* 2018;10:13–28.
- [2] Suzuki T. Health status of older adults living in the community in Japan: Recent changes and significance in the super-aged society. *Geriatr Gerontol Int* 2018;18:667–77.

- [3] US_Census_Bureau. Facts for Features: O'der Americans Month: May 2017; 2017.
- [4] Li F, Otani J. Financing elderly people's long-term care needs: Evidence from China. *Int J Health Plann Manage* 2018;33:479-88.
- [5] George LS, Deshpande S, Krishna Kumar MK, Patil RS. Morbidity pattern and its sociodemographic determinants among elderly population of Raichur district, Karnataka, India. *J Fam Med Prim Care* 2017;6:340-4.
- [6] Livingston G, Sommerlad A, Orgeta V, Costafreda SG, Huntley J, Ames D, et al. Dementia prevention, intervention, and care. *Lancet* 2017;390:2673-734.
- [7] Prince M, Wimo A, Guerchet M, Gemma-Claire Ali M, Wu Y-T, Prina M. World Alzheimer Report 2015: The global impact of dementia an analysis of prevalence, incidence, cost and trends 2015. London: A.S.D. International; 2015.
- [8] Anstey KJ, Peters R, Clare L, Lautenschlager NT, Dodge HH, Barnes DE, et al. Joining forces to prevent dementia: The International Research Network On Dementia Prevention (IRNDP). *Int Psychogeriatr* 2017;29:1757-60.
- [9] Patsiurko N, Campbell JL, Hall JA. Measuring cultural diversity: ethnic, linguistic and religious fractionalization in the OECD. *Ethnic Racial Stud* 2012;35:195-217.
- [10] Alesina A, Ferrara EL. Ethnic Diversity and Economic Performance. *J Econ Lit* 2005;43:762-800.
- [11] Fearon JD. Ethnic and Cultural Diversity by Country*. *J Econ Growth* 2003;8:195-222.
- [12] Yu L, Lutz MW, Wilson RS, Burns DK, Roses AD, Saunders AM, et al. APOE epsilon4-TOMM40 523 haplotypes and the risk of Alzheimer's disease in older Caucasian and African Americans. *PLoS One* 2017;12:e0180356.
- [13] Roses AD, Lutz MW, Saunders AM, Goldgaber D, Saul R, Sundseth SS, et al. African-American TOMM40 523-APOE haplotypes are admixture of West African and Caucasian alleles. *Alzheimers Dement* 2014;10:592-601.e2.
- [14] O'Bryant SE, Johnson L, Balldin V, Edwards M, Barber R, Williams B, et al. Characterization of Mexican Americans with mild cognitive impairment and Alzheimer's disease. *J Alzheimers Dis* 2013;33:373-9.
- [15] Howell JC, et al. Race modifies the relationship between cognition and Alzheimer's disease cerebrospinal fluid biomarkers. *Alzheimers Res Ther* 2017;9:88.
- [16] Howell JC, Watts KD, Parker MW, Wu J, Kollhoff A, Wingo TS, et al. Biomarkers of Alzheimer's disease among Mexican Americans. *J Alzheimers Dis* 2013;34:841-9.
- [17] Chin AL, Negash S, Hamilton R. Diversity and disparity in dementia: the impact of ethnoracial differences in Alzheimer disease. *Alzheimer Dis Assoc Disord* 2011;25:187-95.
- [18] Alzheimer's Association. 2017 Alzheimer's Disease Facts And Figures. *Alzheimer's & Dementia*, 2017. Available from: http://www.alz.org/documents_custom/2017-facts-and-figures.pdf. Accessed November 12, 2018.
- [19] Cooper C, Tandy AR, Balamurali TB, Livingston G. A systematic review and meta-analysis of ethnic differences in use of dementia treatment, care, and research. *Am J Geriatr Psychiatry* 2010;18:193-203.
- [20] O'Bryant SE, Humphreys JD, Schiffer RB, Sutker PB. Presentation of Mexican Americans to a memory disorder clinic. *J Psychopathology Behav Assess* 2007;29:137-40.
- [21] Gray HL, Jimenez DE, Cucciari MA, Tong HQ, Gallagher-Thompson D. Ethnic differences in beliefs regarding Alzheimer disease among dementia family caregivers. *Am J Geriatr Psychiatry* 2009;17:925-33.
- [22] Rovner BW, Casten RJ, Arenson C, Salzman B, Kornsey EB. Racial differences in the recognition of cognitive dysfunction in older persons. *Alzheimer Dis Assoc Disord* 2012;26:44-9.
- [23] Zhou Y, Elashoff D, Kremen S, Teng E, Karlawish J, Grill JD. African Americans are less likely to enroll in preclinical Alzheimer's disease clinical trials. *Alzheimers Dement* 2017;3:57-64.
- [24] Roberts LR, Schuh H, Sherzai D, Belliard JC, Montgomery SB. Exploring experiences and perceptions of aging and cognitive decline across diverse racial and ethnic groups. *Gerontol Geriatr Med* 2015;1.
- [25] Dilworth-Anderson P, Cohen MD. Beyond diversity to inclusion: recruitment and retention of diverse groups in Alzheimer research. *Alzheimer Dis Assoc Disord* 2010;24:S14-8.
- [26] Amorortu RP, Arevalo M, Vernon SW, Mainous AG 3rd, Diaz V, McKee MD, et al. Recruitment of racial and ethnic minorities to clinical trials conducted within specialty clinics: an intervention mapping approach. *Trials* 2018;19:115.
- [27] George S, Duran N, Norris K. A systematic review of barriers and facilitators to minority research participation among African Americans, Latinos, Asian Americans, and Pacific Islanders. *Am J Public Health* 2014;104:e16-31.
- [28] Dilworth-Anderson P, Hendrie HC, Manly JJ, Khachaturian AS, Fazio S. Social, Behavioral and Diversity Research Workgroup of the Alzheimer's Association, Diagnosis and assessment of Alzheimer's disease in diverse populations. *Alzheimers Dement* 2008;4:305-9.
- [29] Weiner MF. Perspective on race and ethnicity in Alzheimer's disease research. *Alzheimers Dement* 2008;4:233-8.
- [30] Stern Y. An approach to studying the neural correlates of reserve. *Brain Imaging Behav* 2017;11:410-6.
- [31] Stern Y. Cognitive reserve. *Neuropsychologia* 2009;47:2015-28.
- [32] Arenaza-Urquijo EM, Wirth M, Chetelat G. Cognitive reserve and lifestyle: moving towards preclinical Alzheimer's disease. *Front Aging Neurosci* 2015;7:134.
- [33] Chen HY, Panegyres PK. The Role of Ethnicity in Alzheimer's Disease: Findings From The C-PATH Online Data Repository. *J Alzheimers Dis* 2016;51:515-23.
- [34] de Souza-Talarico JN, de Carvalho AP, Brucki SM, Nitrini R, Ferretti-Rebustini RE. Dementia and Cognitive Impairment Prevalence and Associated Factors in Indigenous Populations: A Systematic Review. *Alzheimer Dis Assoc Disord* 2016;30:281-7.
- [35] Manly JJ, Schupf N, Tang MX, Stern Y. Cognitive decline and literacy among ethnically diverse elders. *J Geriatr Psychiatry Neurol* 2005;18:213-7.
- [36] Manly JJ, Touradji P, Tang MX, Stern Y. Literacy and memory decline among ethnically diverse elders. *J Clin Exp Neuropsychol* 2003;25:680-90.
- [37] Barnes LL, Wilson RS, Li Y, Aggarwal NT, Gilley DW, McCann JJ, Evans DA. Racial differences in the progression of cognitive decline in Alzheimer disease. *Am J Geriatr Psychiatry* 2005;13:959-67.
- [38] Dan M. Neuropsychological assessment of Hispanic elders: Challenges and psychometric approaches. In: Gallagher-Thompson D, Yeo G, eds. *Ethnicity and the Dementias*. 2nd ed. Washington, DC: Routledge; 2006.
- [39] Black R, et al. Scales as outcome measures for Alzheimer's disease. *Alzheimers Dement* 2009;5:324-39.
- [40] Parra MA. Overcoming barriers in cognitive assessment of Alzheimer's disease. *Dement Neuropsychol* 2014;8:95-8.
- [41] Mungas D, Reed BR, Farias ST, Decarli C. Age and education effects on relationships of cognitive test scores with brain structure in demographically diverse older persons. *Psychol Aging* 2009;24:116-28.
- [42] Leibling A, Cohen L. *Thinking About Dementia: Culture, Loss, and the Anthropology of Senility* 2018. Piscataway, NJ: Rutgers University Press; 2018.
- [43] Corriveau RA, Koroshetz WJ, Gladman JT, Jeon S, Babcock D, Bennett DA, et al. Alzheimer's Disease-Related Dementias Summit 2016: National research priorities. *Neurology* 2017;89:2381-91.
- [44] Rivera MM BD, Saez P, Manly J. Increasing culturally competent neuropsychological services for ethnic minority populations: A call to action. *Clin Neuropsychol* 2010;24:429-53.
- [45] Parra MA, Baez S, Allegri R, Nitrini R, Lopera F, Slachevsky A, et al. Dementia in Latin America: Assessing the present and envisioning the future. *Neurology* 2018;90:222-31.
- [46] AR L. *Cognitive Development: Its Cultural and Social Foundations* 1976. Cambridge, MA: Harvard University Press; 1976.

- [47] Dodge HH, Meguro K, Ishii H, Yamaguchi S, Saxton JA, Ganguli M. Cross-cultural comparisons of the Mini-mental State Examination between Japanese and U.S. cohorts. *Int Psychogeriatr* 2009; 21:113–22.
- [48] Marcopulos B, McLain C. Are our norms “normal”? A 4-year follow-up study of a biracial sample of rural elders with low education. *Clin Neuropsychol* 2003;17:19–33.
- [49] Lucas JA, Ivnik RJ, Smith GE, Ferman TJ, Willis FB, Petersen RC, Graff-Radford NR. Mayo’s Older African Americans Normative Studies: norms for Boston Naming Test, Controlled Oral Word Association, Category Fluency, Animal Naming, Token Test, Wrat-3 Reading, Trail Making Test, Stroop Test, and Judgment of Line Orientation. *Clin Neuropsychol* 2005;19:243–69.
- [50] O’Byrant SE, Edwards M, Johnson L, Hall J, Gamboa A1, O’jile J. Texas Mexican American adult normative studies: Normative data for commonly used clinical neuropsychological measures for English- and Spanish-speakers. *Dev Neuropsychol* 2018;43:1–26.
- [51] Reiman EM, McKhann GM, Albert MS, Sperling RA, Petersen RC, Blacker D. Clinical impact of updated diagnostic and research criteria for Alzheimer’s disease. *J Clin Psychiatry* 2011;72:e37.
- [52] Reiman EM, McKhann GM, Albert MS, Sperling RA, Petersen RC, Blacker D. Alzheimer’s disease: implications of the updated diagnostic and research criteria. *J Clin Psychiatry* 2011;72:1190–6.
- [53] McKhann GM, Knopman DS, Chertkow H, Hyman BT, Jack CR Jr, Kawas CH, et al. The diagnosis of dementia due to Alzheimer’s disease: recommendations from the National Institute on Aging-Alzheimer’s Association workgroups on diagnostic guidelines for Alzheimer’s disease. *Alzheimers Dement* 2011;7:263–9.
- [54] Dubois B, Padovani A, Scheltens P, Rossi A, Dell’Agnello G. Timely Diagnosis for Alzheimer’s Disease: A Literature Review on Benefits and Challenges. *J Alzheimers Dis* 2016;49:617–31.
- [55] Dubois B, Hampel H, Feldman HH, Scheltens P, Aisen P, Andrieu S, et al. Preclinical Alzheimer’s disease: Definition, natural history, and diagnostic criteria. *Alzheimers Dement* 2016;12:292–323.
- [56] Weiner MW, Veitch DP, Aisen PS, Beckett LA, Cairns NJ, Green RC, et al. The Alzheimer’s Disease Neuroimaging Initiative 3: Continued innovation for clinical trial improvement. *Alzheimers Dement* 2017; 13:561–71.
- [57] ADNI Demographic Report 2012. http://adni.loni.usc.edu/wp-content/uploads/2012/08/ADNI_Enroll_Demographics.pdf. Accessed January 25, 2018.
- [58] Ellis KA, Bush AI, Darby D, De Fazio D, Foster J, Hudson P, et al. The Australian Imaging, Biomarkers and Lifestyle (AIBL) study of aging: methodology and baseline characteristics of 1112 individuals recruited for a longitudinal study of Alzheimer’s disease. *Int Psychogeriatrics* 2009;21:672–87.
- [59] DeCarli C, Reed BR, Jagust W, Martinez O, Ortega M, Mungas D. Brain behavior relationships among African Americans, whites, and Hispanics. *Alzheimer Dis Assoc Disord* 2008;22:382–91.
- [60] Aggarwal NT, Wilson RS, Bienias JL, De Jager PL, Bennett DA, Evans DA, et al. The association of magnetic resonance imaging measures with cognitive function in a biracial population sample. *Arch Neurol* 2010;67:475–82.
- [61] Brickman AM, Schupf N, Manly JJ, Luchsinger JA, Andrews H, Tang MX, et al. Brain morphology in older African Americans, Caribbean Hispanics, and whites from northern Manhattan. *Arch Neurol* 2008;65:1053–61.
- [62] Knopman DS, Penman AD, Catellier DJ, Coker LH, Shibata DK, Sharrett AR, et al. Vascular risk factors and longitudinal changes on brain MRI: the ARIC study. *Neurology* 2011;76:1879–85.
- [63] Liao D, Cooper L, Cai J, Toole J, Bryan N, Burke G, et al. The prevalence and severity of white matter lesions, their relationship with age, ethnicity, gender, and cardiovascular disease risk factors: the ARIC Study. *Neuroepidemiology* 1997;16:149–62.
- [64] Sencakova D, Graff-Radford NR, Willis FB, Lucas JA, Parfitt F, Cha RH, et al. Hippocampal atrophy correlates with clinical features of Alzheimer disease in African Americans. *Arch Neurol* 2001; 58:1593–7.
- [65] Zahodne LB, Stern Y, Manly JJ. Differing effects of education on cognitive decline in diverse elders with low versus high educational attainment. *Neuropsychology* 2015;29:649–57.
- [66] Gu Y, Razlighi QR, Zahodne LB, Janicki SC, Ichise M, Manly JJ, et al. Brain Amyloid Deposition and Longitudinal Cognitive Decline in Nondemented Older Subjects: Results from a Multi-Ethnic Population. *PLoS One* 2015;10:e0123743.
- [67] Klunk WE, Engler H, Nordberg A, Wang Y, Blomqvist G, Holt DP, et al. Imaging brain amyloid in Alzheimer’s disease with Pittsburgh Compound-B. *Ann Neurol* 2004;55:306–19.
- [68] Gottesman RF, Schneider AL, Zhou Y, Chen X, Green E, Gupta N, et al. The ARIC-PET amyloid imaging study: Brain amyloid differences by age, race, sex, and APOE. *Neurology* 2016;87:473–80.
- [69] Reiman EM, Chen K, Liu X, Bandy D, Yu M, Lee W, et al. Fibrillar amyloid- β burden in cognitively normal people at 3 levels of genetic risk for Alzheimer’s disease. *Proc Natl Acad Sci* 2009;106:6820–5.
- [70] Teipel S, Grothe MJ, Zhou J, Sepulcre J, Dyrba M, Sorg C, et al. Measuring Cortical Connectivity in Alzheimer’s Disease as a Brain Neural Network Pathology: Toward Clinical Applications. *J Int Neuropsychol Soc* 2016;22:138–63.
- [71] Babiloni C, Lizio R, Marzano N, Capotosto P, Soricelli A, Triggiani AI, et al. Brain neural synchronization and functional coupling in Alzheimer’s disease as revealed by resting state EEG rhythms. *Int J Psychophysiol* 2016;103:88–102.
- [72] Amatiuk JC, Hauser WA, DelCastillo-Castaneda C, Jacobs DM, Marder K, Bell K, et al. Incidence and predictors of seizures in patients with Alzheimer’s disease. *Epilepsia* 2006;47:867–72.
- [73] Scarmeas N, Honig LS, Choi H, Cantero J, Brandt J, Blacker B, et al. Seizures in Alzheimer disease: who, when, and how common? *Arch Neurol* 2009;66:992–7.
- [74] Purcell SM, Manoach DS, Demanuele C, Cade BE, Mariani S, Cox R, et al. Characterizing sleep spindles in 11,630 individuals from the National Sleep Research Resource. *Nat Commun* 2017;8:15930.
- [75] Musiek ES, Xiong DD, Holtzman DM. Sleep, circadian rhythms, and the pathogenesis of Alzheimer disease. *Exp Mol Med* 2015; 47:e148.
- [76] Kryvenko ON, Balise R, Soodana Prakash N, Epstein JI. African-American Men with Gleason Score 3+3=6 Prostate Cancer Produce Less Prostate Specific Antigen than Caucasian Men: A Potential Impact on Active Surveillance. *J Urol* 2016;195:301–6.
- [77] Kryvenko ON, Epstein JI, Cote RJ. Do Black NonHispanic Men Produce Less Prostate Specific Antigen in Benign Prostate Tissue or Cancer Compared to White NonHispanic Men with Gleason Score 6 (Grade Group 1) Prostate Cancer? *J Urol* 2016;196:1659–63.
- [78] China FM, Lyapichev K, Epstein JI, Kwon D, Smith PT, Pollack A, et al. Understanding PSA and its derivatives in prediction of tumor volume: Addressing health disparities in prostate cancer risk stratification. *Oncotarget* 2017;8:20802–12.
- [79] Cavagnoli G, Pimentel AL, Freitas PA, Gross JL, Camargo JL. Effect of ethnicity on HbA1c levels in individuals without diabetes: Systematic review and meta-analysis. *PLoS One* 2017;12:e0171315.
- [80] Selvin E. Are There Clinical Implications of Racial Differences in HbA1c? A Difference, to Be a Difference, Must Make a Difference. *Diabetes Care* 2016;39:1462–7.
- [81] Patton SM, Wang Q, Hulgan T, Connor JR, Jia P, Zhao Z, et al. Cerebrospinal fluid (CSF) biomarkers of iron status are associated with CSF viral load, antiretroviral therapy, and demographic factors in HIV-infected adults. *Fluids Barriers CNS* 2017;14:11.
- [82] Rinker JR 2nd, Trinkaus K, Naismith RT, Cross AH. Higher IgG index found in African Americans versus Caucasians with multiple sclerosis. *Neurology* 2007;69:68–72.
- [83] Veeranna V, Zalawadiya SK, Niraj A, Kumar A, Ference B, Afonso L. Association of novel biomarkers with future cardiovascular events is influenced by ethnicity: Results from a multi-ethnic cohort. *Int J Cardiol* 2012;166:487–93.

- [84] Kant AK, Graubard BI. Race-ethnic, family income, and education differentials in nutritional and lipid biomarkers in US children and adolescents: NHANES 2003-2006. *Am J Clin Nutr* 2012;96:601-12.
- [85] Baldwin CM, Bell IR, Giuliano A, Mays MZ, Arambula P, Alexandrov A. Differences in Mexican American and non-Hispanic white veterans' homocysteine levels. *J Nurs Scholarship* 2007; 39:235-42.
- [86] Bu L, Salto LM, De Leon KJ, De Leon M. Polymorphisms in fatty acid binding protein 5 show association with type 2 diabetes. *Diabetes Res Clin Pract* 2011;92:82-91.
- [87] Damcott CM, Feingold E, Moffett SP, Barmada MM, Marshall JA, Hamman RF, et al. Variation in the FABP2 promoter alters transcriptional activity and is associated with body composition and plasma lipid levels. *Hum Genet* 2003;112:610-6.
- [88] Choi JC, Song SK, Lee JS, Kang SY, Kang JH. Diversity of stroke presentation in CADASIL: Study from patients harboring the predominant NOTCH3 mutation R544C. *J Stroke Cerebrovasc Dis* 2013;22:126-31.
- [89] Jun G, Naj AC, Beecham GW, Wang LS, Buros J, Gallins PJ, et al. Meta-analysis confirms CR1, CLU, and picalm as alzheimer disease risk loci and reveals interactions with apoe genotypes. *Arch Neurol* 2010;67:1473-84.
- [90] Bertoli Avella AM, Marcheco Teruel B, Llibre Rodriguez JJ, Gomez Viera N, Borrajeró Martínez I, Severijnen EA, et al. A novel presenilin 1 mutation (L174 M) in a large Cuban family with early onset Alzheimer disease. *Neurogenetics* 2002;4:97-104.
- [91] Haan MN, Mungas DM, Gonzalez HM, Ortiz TA, Acharya A, Jagust WJ. Prevalence of dementia in older latinos: the influence of type 2 diabetes mellitus, stroke and genetic factors. *J Am Geriatr Soc* 2003;51:169-77.
- [92] Simino J, Wang Z, Bressler J, Chouraki V, Yang Q, Younkin SG, et al. Whole exome sequence-based association analyses of plasma amyloid-beta in African and European Americans; the Atherosclerosis Risk in Communities-Neurocognitive Study. *PLoS One* 2017; 12:e0180046.
- [93] Ting SK, Benzinger T, Kepe V, Fagan A, Coppola G, Porter V, et al. A novel PSEN1 mutation (I238M) associated with early-onset Alzheimer's disease in an African-American woman. *J Alzheimers Dis* 2014;40:271-5.
- [94] Athan ES, Williamson J, Ciappa A, Santana V, Romas SN, Lee JH, et al. A founder mutation in presenilin 1 causing early-onset Alzheimer disease in unrelated Caribbean Hispanic families. *Jama* 2001;286:2257-63.
- [95] Grewal R, Haghghi M, Huang S, Smith AG, Cao C, Lin X, et al. Identifying biomarkers of dementia prevalent among amnesic mild cognitively impaired ethnic female patients. *Alzheimers Res Ther* 2016;8:43.
- [96] O'Bryant SE, Johnson L, Edwards M, Soares H, Devous MD, Ross S, et al. The link between c-reactive protein and alzheimer's disease among mexican americans. *J Alzheimers Dis* 2013;34:701-6.
- [97] O'Bryant SE, Xiao G, Barber R, Reisch J, Doody R, Fairchild T, et al. A serum protein-based algorithm for the detection of Alzheimer disease. *Arch Neurol* 2010;67:1077-81.
- [98] Miller MA, Sagnella GA, Kerry SM, Strazzullo P, Cook DG, Cappuccio FP. Ethnic differences in circulating soluble adhesion molecules: the Wandsworth Heart and Stroke Study. *Clin Sci (lond)* 2003;104:591-8.
- [99] Miller MA, Cappuccio FP. Ethnicity and inflammatory pathways - implications for vascular disease, vascular risk and therapeutic intervention. *Curr Med Chem* 2007;14:1409-25.
- [100] Hwang SJ, Ballantyne CM, Sharrett AR, Smith LC, Davis CE, Gotto AM Jr, et al. Circulating adhesion molecules VCAM-1, ICAM-1, and E-selectin in carotid atherosclerosis and incident coronary heart disease cases: the Atherosclerosis Risk In Communities (ARIC) study. *Circulation* 1997;96:4219-25.
- [101] McDade TW, Hawkey LC, Cacioppo JT. Psychosocial and behavioral predictors of inflammation in middle-aged and older adults: the Chicago health, aging, and social relations study. *Psychosom Med* 2006;68:376-81.
- [102] Paalani M, Lee JW, Haddad E, Tonstad S. Determinants of inflammatory markers in a bi-ethnic population. *Ethn Dis* 2011;21:142-9.
- [103] Dinwiddie GY, Zambrana RE, Doamekpor AL, Lopez L. The Impact of Educational Attainment on Observed Race/Ethnic Disparities in Inflammatory Risk in the 2001-2008 National Health and Nutrition Examination Survey. *Int J Environ Res Public Health* 2015;13(1). ijerph13010042.
- [104] Albandar JM, DeNardin AM, Adesanya MR, Winn DM, Diehl SR. Associations of serum concentrations of IgG, IgA, IgM and interleukin-1beta with early-onset periodontitis classification and race. *J Clin Periodontol* 2002;29:421-6.
- [105] Mwantembe O, Gaillard MC, Barkhuizen M, Pillay V, Berry SD, Dewar JB, et al. Ethnic differences in allelic associations of the interleukin-1 gene cluster in South African patients with inflammatory bowel disease (IBD) and in control individuals. *Immunogenetics* 2001;52:249-54.
- [106] Elkind MS, Cheng J, Boden-Albala B, Rundek T, Thomas J, Chen H, et al. Tumor necrosis factor receptor levels are associated with carotid atherosclerosis. *Stroke* 2002;33:31-7.
- [107] Faison WE, Schultz SK, Aerssens J, Alvidrez J, Anand R, Farrer LA, et al. Potential ethnic modifiers in the assessment and treatment of Alzheimer's disease: Challenges for the future. *Int Psychogeriatrics* 2007;19:539-58.
- [108] Olin JT, Dagerman KS, Fox LS, Bowers B, Schneider LS. Increasing ethnic minority participation in Alzheimer disease research. *Alzheimer Dis Assoc Disord* 2002;16:S82-5.
- [109] **ROAR, Recruiting Older Adults into Research (ROAR).**
- [110] Mehta KM, Yin M, Resendez C, Yaffe K. Ethnic differences in acetylcholinesterase inhibitor use for Alzheimer disease. *Neurology* 2005;65:159-62.
- [111] Goode RW, Styn MA, Mendez DD, Gary-Webb TL. African Americans in Standard Behavioral Treatment for Obesity, 2001-2015: What Have We Learned? *West J Nurs Res* 2017;39:1045-69.
- [112] Makhoul I, Todorova VK, Siegel ER, Erickson SW, Dhakal I, Raj VR, et al. Germline Genetic Variants in TEK, ANGPT1, ANGPT2, MMP9, FGF2 and VEGFA Are Associated with Pathologic Complete Response to Bevacizumab in Breast Cancer Patients. *PLoS One* 2017;12:e0168550.
- [113] Ganguli M, Lee CW, Hughes T, Snitz BE, Jakubcak J, Duara R, et al. Who wants a free brain scan? Assessing and correcting for recruitment biases in a population-based sMRI pilot study. *Brain Imaging Behav* 2015;9:204-12.
- [114] Dodge HH, Katsumata Y, Zhu J, Mattek N, Bowman M, Gregor M, et al. Characteristics associated with willingness to participate in a randomized controlled behavioral clinical trial using home-based personal computers and a webcam. *Trials* 2014; 15:508.
- [115] Kennedy RE, Cutter GR, Wang G, Schneider LS. Challenging Assumptions About African American Participation in Alzheimer Disease Trials. *Am J Geriatr Psychiatry* 2017;25:1150-9.
- [116] Knopman DS, Haeblerlein SB, Carrillo MC, Hendrix JA, Kerchner G, Margolin R, et al. The National Institute on Aging and the Alzheimer's Association Research Framework for Alzheimer's disease: Perspectives from the Research Roundtable. *Alzheimers Dement* 2018;14:563-75.
- [117] Olazarán J, Reisberg B, Clare L, Cruz I, Peña-Casanova J, Del Ser T, et al. Nonpharmacological Therapies in Alzheimer's Disease: A Systematic Review of Efficacy. *Dement Geriatr Cogn Disord* 2010; 30:161-78.
- [118] Maly RC, Stein JA, Umezawa Y, Leake B, Anglin MD. Racial/Ethnic Differences in Breast Cancer Outcomes among Older Patients: Effects of Physician Communication and Patient Empowerment. *Health Psychol* 2008;27:728-36.
- [119] Wong GH, Ng CK, Lai CK, Lee MN, Lum TY, Jiang N, et al. Development of Six Arts, a Culturally Appropriate Multimodal

- Nonpharmacological Intervention in Dementia. *Gerontologist* 2015; 55:865–74.
- [120] Graham-Phillips A, et al. Differences by Race/Ethnicity in the Delivery of the Resources for Enhancing Alzheimer's Caregiver Health (REACH II) Dementia Caregiver Intervention. *J Am Geriatr Soc* 2016;64:1662–7.
- [121] Gavin JR, Fox KM, Grandy S. Race/Ethnicity and gender differences in health intentions and behaviors regarding exercise and diet for adults with type 2 diabetes: A cross-sectional analysis. *BMC Public Health* 2011;11:533.
- [122] Dean LT, Brown J, Coursey M, Schmitz KH. Great expectations: racial differences in outcome expectations for a weight lifting intervention among black and white breast cancer survivors with or without lymphedema. *Psychooncology* 2016;25:1064–70.
- [123] Jessen F, Amariglio RE, van Boxtel M, Breteler M, Ceccaldi M, Chételat G, et al. A conceptual framework for research on subjective cognitive decline in preclinical Alzheimer's disease. *Alzheimers Dement* 2014;10:844–52.
- [124] Barnes LL, Schneider JA, Boyle PA, Bienias JL, Bennett DA. Memory complaints are related to Alzheimer disease pathology in older persons. *Neurology* 2006;67:1581–5.
- [125] Mendes T, Ginó S, Ribeiro F, Guerreiro M, de Sousa G, Ritchie K, et al. Memory complaints in healthy young and elderly adults: reliability of memory reporting. *Aging Ment Health* 2008;12:177–82.
- [126] Bazargan M, Barbre AR. The effects of depression, health status, and stressful life-events on self-reported memory problems among aged blacks. *Int J Aging Hum Development* 1994;38:351–62.
- [127] Ficker LJ, Lysack CL, Hanna M, Lichtenberg PA. Perceived cognitive impairment among African American elders: Health and functional impairments in daily life. *Aging Ment Health* 2014;18:471–80.
- [128] Blazer DG, Hays JC, Fillenbaum GG, Gold DT. Memory complaint as a predictor of cognitive decline: a comparison of African American and White elders. *J Aging Health* 1997;9:171–84.
- [129] Sims RC, Whitfield KE, Ayotte BJ, Gamaldo AA, Edwards CL, Allaire JC. Subjective memory in older African Americans. *Exp Aging Res* 2011;37:220–40.
- [130] Sperling SA, Tsang S, Williams IC, Park MH, Helenius IM, Manning CA. Subjective Memory Change, Mood, and Cerebrovascular Risk Factors in Older African Americans. *J Geriatr Psychiatry Neurol* 2017;30:324–30.
- [131] Harwood D, Barker W, Ownby R, Duara R. Memory complaints in the elderly: A comparative analysis of informant and subject reports among Hispanics and White non-Hispanics. *Clin Gerontol* 1998; 18:56–60.
- [132] Hall WA JR, Johnson LA, Edwards M, O'Bryant SE. Characteristics of cognitively normal Mexican-Americans with cognitive complaints. *J Alzheimer's Dis* 2018;61:1485–92.
- [133] Laditka JN, Laditka SB, Liu R, Pric AE, Wu B, Friedman DB, et al. Older adults' concerns about cognitive health: commonalities and differences among six United States ethnic groups. *Ageing Soc* 2011;31:1202–28.
- [134] Lyketsos CG. Neuropsychiatric Symptoms in Dementia: Overview and Measurement Challenges. *J Prev Alzheimers Dis* 2015;2:155–6.
- [135] Apostolova LG, Di LJ, Duffy EL, Brook J, Elashoff D, Tseng CH, et al. Risk factors for behavioral abnormalities in mild cognitive impairment and mild Alzheimer's disease. *Dement Geriatr Cogn Disord* 2014;37:315–26.
- [136] Bassiony MM, Steinberg MS, Warren A, Rosenblatt A, Baker AS, Lyketsos CG. Delusions and hallucinations in Alzheimer's disease: prevalence and clinical correlates. *Int J Geriatr Psychiatry* 2000; 15:99–107.
- [137] Sink KM, Covinsky KE, Newcomer R, Yaffe K. Ethnic differences in the prevalence and pattern of dementia-related behaviors. *J Am Geriatr Soc* 2004;52:1277–83.
- [138] Nagata T, Nakajima S, Shinagawa S, Plitman E, Graff-Guerrero A, Mimura M, et al. Psychosocial or clinico-demographic factors related to neuropsychiatric symptoms in patients with Alzheimer's disease needing interventional treatment: analysis of the CATIE-AD study. *Int J Geriatr Psychiatry* 2017;32:1264–71.
- [139] Salazar R, Dwivedi AK, Royall DR. Cross-Ethnic Differences in the Severity of Neuropsychiatric Symptoms in Persons With Mild Cognitive Impairment and Alzheimer's Disease. *J Neuropsychiatry Clin Neurosci* 2017;29:13–21.
- [140] Salazar R, Royall DR, Palmer RF. Neuropsychiatric symptoms in community-dwelling Mexican-Americans: results from the Hispanic Established Population for Epidemiological Study of the Elderly (HEPESE) study. *Int J Geriatr Psychiatry* 2015;30:300–7.
- [141] Lee SE, Casado BL. Assessment of Alzheimer's disease symptom recognition in Korean Americans and psychometric analysis of Alzheimer's Disease Symptom Recognition Scale (ADSRS). *J Gerontol Soc Work* 2015;58:289–305.
- [142] Hinton L, Chambers D, Velasquez A. Making sense of behavioral disturbances in persons with dementia: Latino family caregiver attributions of neuropsychiatric inventory domains. *Alzheimer Dis Assoc Disord* 2009;23:401–5.
- [143] Wells BA GR, Bernabe D, Kazmer MM, Schettini G, Springer J, Sharma D, et al. African American Dementia Caregiver Problem Inventory: Descriptive analysis and initial psychometric evaluation. *Rehabil Psychol* 2017;61:25–35.
- [144] Toth-Cohen S. Factors influencing appraisal of upset in black caregivers of persons with Alzheimer disease and related dementias. *Alzheimer Dis Assoc Disord* 2004;18:247–55.
- [145] Graham-Phillips A, Roth DL, Huang J, Dilworth-Anderson P, Gitlin LN. Racial and Ethnic Differences in the Delivery of the Resources for Enhancing Alzheimer's Caregiver Health II Intervention. *J Am Geriatr Soc* 2016;64:1662–7.
- [146] Sorkin DH, Pham E, Ngo-Metzger Q. Racial and ethnic differences in the mental health needs and access to care of older adults in California. *J Am Geriatr Soc* 2009;57:2311–7.
- [147] Miller EA, Schneider LS, Rosenheck RA. Predictors of nursing home admission among Alzheimer's disease patients with psychosis and/or agitation. *Int Psychogeriatr* 2011;23:44–53.
- [148] Rattinger GB, Mullins CD, Zuckerman IH, Onukwugha E, Delisle S. Clinic visits and prescribing patterns among Veterans Affairs Maryland Health Care System dementia patients. *J Nutr Health Aging* 2010;14:677–83.
- [149] Hernandez S, McClendon MJ, Zhou XH, Sachs M, Lerner AJ. Pharmacological treatment of Alzheimer's disease: effect of race and demographic variables. *J Alzheimers Dis* 2010;19:665–72.
- [150] Thorpe CT, Fowler NR, Harrigan K, Zhao X, Kang Y, Hanlon JT, et al. Racial and ethnic differences in initiation and discontinuation of antiedementia drugs by medicare beneficiaries. *J Am Geriatr Soc* 2016;64:1806–14.
- [151] Xiong GL, Filshstein T, Beckett LA, Hinton L. Antipsychotic use in a diverse population with dementia: A retrospective review of the National Alzheimer's Coordinating Center Database. *J Neuropsychiatry Clin Neurosci* 2015;27:326–32.
- [152] Gonyea JG, Lopez LM, Velasquez EH. The Effectiveness of a Culturally Sensitive Cognitive Behavioral Group Intervention for Latino Alzheimer's Caregivers. *Gerontologist* 2016;56:292–302.
- [153] Henderson JN. Cultural Construction of Dementia Progression, Behavioral Aberrations, and Situational Ethnicity: An Orthogonal Approach. *Care Manag J* 2015;16:95–105.
- [154] Dubois B, Feldman HH, Jacova C, Hampel H, Molinuevo JL, Blennow K, et al. Advancing research diagnostic criteria for Alzheimer's disease: the IWG-2 criteria. *Lancet Neurol* 2014;13:614–29.
- [155] Hyman BT, Phelps CH, Beach TG, Bigio EH, Cairns NJ, Carrillo MC, et al. National Institute on Aging-Alzheimer's Association guidelines for the neuropathologic assessment of Alzheimer's disease. *Alzheimers Dement* 2012;8:1–13.
- [156] Murray ME, Graff-Radford NR, Ross OA, Petersen RC, Duara R, Dickson DW. Neuropathologically defined subtypes of Alzheimer's disease with distinct clinical characteristics: a retrospective study. *Lancet Neurol* 2011;10:785–96.

- [157] Ossenkoppele R, Schonhaut DR, Schöll M, Lockhart SN, Ayakta N, Baker SL, et al. Tau PET patterns mirror clinical and neuroanatomical variability in Alzheimer's disease. *Brain* 2016;139:1551–67.
- [158] van der Flier WM, Pijnenburg YA, Fox NC, Scheltens P. Early-onset versus late-onset Alzheimer's disease: the case of the missing APOE varepsilon4 allele. *Lancet Neurol* 2011;10:280–8.
- [159] Dickerson BC, Wolk DAA.s.D.N. Initiative. Dysexecutive versus amnesic phenotypes of very mild Alzheimer's disease are associated with distinct clinical, genetic and cortical thinning characteristics. *J Neurol Neurosurg Psychiatry* 2011;82:45–51.
- [160] Wolk DA, Dickerson BC, Alzheimer's Disease Neuroimaging Initiative. Apolipoprotein E (APOE) genotype has dissociable effects on memory and attentional–executive network function in Alzheimer's disease. *Proc Natl Acad Sci* 2010;107:10256–61.
- [161] Barnes J, Dickerson BC, Frost C, Jiskoot LC, Wolk D, van der Flier WM. Alzheimer's disease first symptoms are age dependent: evidence from the NACC dataset. *Alzheimers Dement* 2015;11:1349–57.
- [162] Katz MJ, Lipton RB, Hall CB, Zimmerman ME, Sanders AE, Verghese J, et al. Age-specific and sex-specific prevalence and incidence of mild cognitive impairment, dementia, and Alzheimer dementia in blacks and whites: A report from the Einstein Aging Study. *Alzheimer Dis Assoc Disord* 2012;26:335–43.
- [163] Petersen RC, Roberts RO, Knopman DS, Geda YE, Cha RH, Pankratz VS, et al. Prevalence of mild cognitive impairment is higher in men. *The Mayo Clinic Study of Aging. Neurology* 2010;75:889–97.
- [164] Lee LK, Shahar S, Chin AV, Mohd Yusoff NA, Rajab N, Aziz SA. Prevalence of gender disparities and predictors affecting the occurrence of mild cognitive impairment (MCI). *Arch Gerontol Geriatr* 2012;54:185–91.
- [165] Koedam EL, Lauffer V, van der Vlies AE, van der Flier WM, Scheltens P, Pijnenburg YA. Early-versus late-onset Alzheimer's disease: More than age alone. *J Alzheimer's Dis* 2010;19:1401–8.
- [166] Balasa M, Gelpi E, Antonell A, Rey MJ, Sánchez-Valle R, Molinuevo JL, et al. Clinical features and APOE genotype of pathologically proven early-onset Alzheimer disease. *Neurology* 2011;76:1720–5.
- [167] Warren JD, Fletcher PD, Golden HL. The paradox of syndromic diversity in Alzheimer disease. *Nat Rev Neurol* 2012;8:451–64.
- [168] Dickerson BC, McGinnis SM, Xia C, Price BH, Atri A, Murray ME, et al. Approach to atypical Alzheimer's disease and case studies of the major subtypes. *CNS Spectr* 2017;22:439–49.
- [169] Gamaldo AA, Allaire JC, Sims RC, Whitfield KE. Assessing mild cognitive impairment among older African Americans. *Int J Geriatr Psychiatry* 2010;25:748–55.
- [170] Manly JJ, Tang MX, Schupf N, Stern Y, Vonsattel JP, Mayeux R. Frequency and course of mild cognitive impairment in a multiethnic community. *Ann Neurol* 2008;63:494–506.
- [171] He J, Farias S, Martinez O, Reed B, Mungas D, Decarli C. Differences of Brain volume, Hippocampal volume, Cerebrovascular risk factors and APOE4 among MCI subtypes. *Arch Neurol* 2009;66:1393–9.
- [172] Cushman M, Cantrell RA, McClure LA, Howard G, Prineas RJ, Moy CS, et al. Estimated 10-year stroke risk by region and race in the United States: geographic and racial differences in stroke risk. *Ann Neurol* 2008;64:507–13.
- [173] Reitz C, Tang MX, Manly J, Mayeux R, Luchsinger JA. Hypertension and the risk of mild cognitive impairment. *Arch Neurol* 2007;64:1734–40.
- [174] Roberts RO, Knopman DS, Geda YE, Cha RH, Roger VL, Petersen RC. Coronary heart disease is associated with non-amnesic mild cognitive impairment. *Neurobiol Aging* 2010;31:1894–902.
- [175] Pedraza OL, Montes AMS, Sierra FA, Montalvo MC, Muñoz Y, Díaz JM, et al. Mild cognitive impairment (MCI) and dementia in a sample of adults in the city of Bogota. *Dement Neuropsychol* 2017;11:262–9.
- [176] Mez J, Cosentino S, Brickman AM, Huey ED, Manly JJ, Mayeux R. Dysexecutive versus amnesic Alzheimer disease subgroups: analysis of demographic, genetic, and vascular factors. *Alzheimer Dis Assoc Disord* 2013;27:218–25.
- [177] Goodman RA, Lochner KA, Thambisetty M, Wingo TS, Posner SF, Ling SM. Prevalence of dementia subtypes in United States Medicare fee-for-service beneficiaries, 2011–2013. *Alzheimers Dement* 2017;13:28–37.
- [178] Fitten LJ, Ortiz F, Ponton M. Frequency of Alzheimer's disease and other dementias in a community outreach sample of Hispanics. *J Am Geriatr Soc* 2001;49:1301–8.
- [179] Rippon GA, Crook R, Baker M, Halvorsen E, Chin S, Hutton M, et al. Presenilin 1 mutation in an african american family presenting with atypical alzheimer dementia. *Arch Neurol* 2003;60:884–8.
- [180] Brouwers N, Slegers K, Van Broeckhoven C. Molecular genetics of Alzheimer's disease: an update. *Ann Med* 2008;40:562–83.
- [181] Bernardi L, Maletta RG, Tomaino C, Smirne N, Di Natale M, Perri M, et al. The effects of APOE and tau gene variability on risk of frontotemporal dementia. *Neurobiol Aging* 2006;27:702–9.
- [182] Youn YC, Bagyinszky E, Kim H, Choi BO, An SS, Kim S. Probable novel PSEN2 Val214Leu mutation in Alzheimer's disease supported by structural prediction. *BMC Neurol* 2014;14:105.
- [183] Bai Y, Tian J, Quan W, Maeda K. Association of Mutations of Presenilin-2 Gene and Sporadic Alzheimer's Disease. *J China Med Univ* 2011;40:357–9.
- [184] Zatti G, Ghidoni R, Barbiero L, Binetti G, Pozzan T, Fasolato C, et al. The presenilin 2 M239I mutation associated with familial Alzheimer's disease reduces Ca²⁺ release from intracellular stores. *Neurobiol Dis* 2004;15:269–78.
- [185] Zatti G, Burgo A, Giacomello M, Barbiero L, Ghidoni R, Sinigaglia G, et al. Presenilin mutations linked to familial Alzheimer's disease reduce endoplasmic reticulum and Golgi apparatus calcium levels. *Cell Calcium* 2006;39:539–50.
- [186] Walker ES, Martinez M, Brunkan AL, Goate A. Presenilin 2 familial Alzheimer's disease mutations result in partial loss of function and dramatic changes in Abeta 42/40 ratios. *J Neurochem* 2005;92:294–301.
- [187] Li D, Parks SB, Kushner JD, Nauman D, Burgess D, Ludwigsen S, et al. Mutations of presenilin genes in dilated cardiomyopathy and heart failure. *Am J Hum Genet* 2006;79:1030–9.
- [188] Chen JA, Wang Q, Davis-Turak J, Li Y, Karydas AM, Hsu SC, et al. A Multiancestral Genome-Wide Exome Array Study of Alzheimer Disease, Frontotemporal Dementia, and Progressive Supranuclear Palsy. *JAMA Neurol* 2015;72:414–22.
- [189] Ringman JM, Monsell S, Ng DW, Zhou Y, Nguyen A, Coppola G, et al. Neuropathology of Autosomal Dominant Alzheimer Disease in the National Alzheimer Coordinating Center Database. *J Neuropathol Exp Neurol* 2016;75:284–90.
- [190] Ighodaro ET, Nelson PT, Kukull WA, Schmitt FA, Abner EL, Caban-Holt A, et al. Challenges and Considerations Related to Studying Dementia in Blacks/African Americans. *J Alzheimer's Dis* 2017;60:1–10.
- [191] Lott IT, Dierssen M. Cognitive deficits and associated neurological complications in individuals with Down's syndrome. *Lancet Neurol* 2010;9:623–33.
- [192] McCarron M, McCallion P, Reilly E, Dunne P, Carroll R, Mulryan N. A prospective 20-year longitudinal follow-up of dementia in persons with Down syndrome. *J Intellect Disabil Res* 2017;61:843–52.
- [193] Strydom A, Livingston G, King M, Hassiotis A. Prevalence of dementia in intellectual disability using different diagnostic criteria. *Br J Psychiatry* 2007;191:150–7.
- [194] Sheehan R, Sinai A, Bass N, Blatchford P, Bohnen I, Bonell S, et al. Dementia diagnostic criteria in Down syndrome. *Int J Geriatr Psychiatry* 2015;30:857–63.
- [195] Zis P, Strydom A. Clinical aspects and biomarkers of Alzheimer's disease in Down syndrome. *Free Radic Biol Med* 2018;114:3–9.
- [196] Miodrag N, Silverberg SE, Urbano RC, Hodapp RM. Deaths among children, adolescents, and young adults with Down syndrome. *J Appl Res Intellect Disabil* 2013;26:207–14.

- [197] Janicki MP, Dalton AJ, McCallion P, Baxley DD, Zendell A. Adults with Down syndrome and Alzheimer's disease: Comparison of services received in group homes and in special care units. *Gerontological Social Work* 2002;38:197–211.
- [198] Janicki MP, Dalton AJ, McCallion P, Baxley DD, Zendell A. Group home care for adults with intellectual disabilities and Alzheimer's disease. *Dementia* 2005;4:361–85.
- [199] Innes A, Morgan D, Kosteniuk J. Dementia care in rural and remote settings: a systematic review of informal/family caregiving. *Maturitas* 2011;68:34–46.
- [200] Bedard M, Koivuranta A, Stuckey A. Health impact on caregivers of providing informal care to a cognitively impaired older adult: rural versus urban settings. *Can J Rural Med* 2004;9:15–23.
- [201] Montoro-Rodriguez J, Kosloski K, Montgomery RJ. Evaluating a practice-oriented service model to increase the use of respite services among minorities and rural caregivers. *Gerontologist* 2003;43:916–24.
- [202] Heller T, Markwardt R, Rowitz L, Farber B. Adaptation of Hispanic families to a member with mental retardation. *Am J Ment Retard* 1994;99:289–300.
- [203] Magana S, Smith MJ. Health outcomes of midlife and older Latina and black American mothers of children with developmental disabilities. *Ment Retard* 2006;44:224–34.
- [204] Braddock D, Emerson E, Felce D, Stancliffe RJ. Living circumstances of children and adults with mental retardation or developmental disabilities in the United States, Canada, England and Wales, and Australia. *Ment Retard Dev Disabil Res Rev* 2001;7:115–21.
- [205] Blacher J, Shapiro J, Lopez S, Diaz L. Depression in Latina mothers of children with mental retardation: a neglected concern. *Am J Ment Retard* 1997;101:483–96.
- [206] Magana S, Seltzer MM, Krauss MW. Cultural context of caregiving: differences in depression between Puerto Rican and non-Latina White mothers of adults with mental retardation. *Ment Retard* 2004;42:1–11.
- [207] Organization, W.H.. *Top Ten Causes of Death*; 2017.
- [208] UNAIDS report for 2003: most deaths and new infections ever; some good news. *AIDS Treat News* 2003;396:3.
- [209] Fiscella K, Williams DR. Health disparities based on socioeconomic inequities: implications for urban health care. *Acad Med* 2004;79:1139–47.
- [210] O'Brien KK, Davis AM, Strike C, Young NL, Bayoumi AM. Putting episodic disability into context: a qualitative study exploring factors that influence disability experienced by adults living with HIV/AIDS. *J Int AIDS Soc* 2009;12:5.
- [211] Ludwig J, Sanbonmatsu L, Gennetian L, Adam E, Duncan GJ, Katz LF, et al. Neighborhoods, obesity, and diabetes—a randomized social experiment. *N Engl J Med* 2011;365:1509–19.
- [212] McEwen BS, Stellar E. Stress and the individual. Mechanisms leading to disease. *Arch Intern Med* 1993;153:2093–101.
- [213] Sinha R, Jastreboff AM. Stress as a common risk factor for obesity and addiction. *Biol Psychiatry* 2013;73:827–35.
- [214] McEwen BS, Wingfield JC. What is in a name? Integrating homeostasis, allostasis and stress. *Horm Behav* 2010;57:105–11.
- [215] Brickman AM. Contemplating Alzheimer's disease and the contribution of white matter hyperintensities. *Curr Neurol Neurosci Rep* 2013;13:415.
- [216] Brickman AM, Provenzano FA, Muraskin J, Manly JJ, Blum S, Apa Z, et al. Regional white matter hyperintensity volume, not hippocampal atrophy, predicts incident Alzheimer disease in the community. *Arch Neurol* 2012;69:1621–7.
- [217] Brickman AM, Zahodne LB, Guzman VA, Narkhede A, Meier IB, Griffith EY, et al. Reconsidering harbingers of dementia: progression of parietal lobe white matter hyperintensities predicts Alzheimer's disease incidence. *Neurobiol Aging* 2015;36:27–32.
- [218] Brickman AM, Honig LS, Scarmeas N, Tatarina O, Sanders L, et al. Measuring cerebral atrophy and white matter hyperintensity burden to predict the rate of cognitive decline in Alzheimer disease. *Arch Neurol* 2008;65:1202–8.
- [219] Lee S, Viqar F, Zimmerman ME, Narkhede A, Tosto G, Benzinger TL, et al. White matter hyperintensities are a core feature of Alzheimer's disease: Evidence from the dominantly inherited Alzheimer network. *Ann Neurol* 2016;79:929–39.
- [220] Zahodne LB, Manly JJ, Narkhede A, Griffith EY, DeCarli C, Schupf NS, et al. Structural MRI Predictors of Late-Life Cognition Differ Across African Americans, Hispanics, and Whites. *Curr Alzheimer Res* 2015;12:632–9.
- [221] Meier IB, Manly JJ, Provenzano FA, Louie KS, Wasserman BT, Griffith EY, et al. White matter predictors of cognitive functioning in older adults. *J Int Neuropsychol Soc* 2012;18:414–27.
- [222] Oh ES, Fong TG, Hshieh TT, Inouye SK. Delirium in Older Persons: Advances in Diagnosis and Treatment. *Jama* 2017;318:1161–74.
- [223] Campbell NL, Cantor BB, Hui SL, Perkins A, Khan BA, Farber MO, et al. Race and documentation of cognitive impairment in hospitalized older adults. *J Am Geriatr Soc* 2014;62:506–11.
- [224] Kales HC, Kamholz BA, Visnic SG, Blow FC. Recorded delirium in a national sample of elderly inpatients: potential implications for recognition. *J Geriatr Psychiatry Neurol* 2003;16:32–8.
- [225] Kales HC, Blow FC, Bingham CR, Copeland LA, Mellow AM. Race and inpatient psychiatric diagnoses among elderly veterans. *Psychiatr Serv* 2000;51:795–800.
- [226] Tang S, Patel P, Khubchandani J, Grossberg GT. The psychogeriatric patient in the emergency room: focus on management and disposition. *ISRN Psychiatry* 2014;2014:413572.
- [227] DoEaSA, U.N.P.D.. *World Population Ageing Reports*; 2015.
- [228] Evered L, Scott DA, Silbert B, Maruff P. Postoperative cognitive dysfunction is independent of type of surgery and anesthetic. *Anesth Analg* 2011;112:1179–85.
- [229] Moller JT, Cluitmans P, Rasmussen LS, Houx P, Rasmussen H, Canet J, et al. Long-term postoperative cognitive dysfunction in the elderly ISPOCD1 study. ISPOCD investigators. *International Study of Post-Operative Cognitive Dysfunction*. *Lancet* 1998;351:857–61.
- [230] Xu T, Bo L, Wang J, Zhao Z, Xu Z, Deng X, et al. Risk factors for early postoperative cognitive dysfunction after non-coronary bypass surgery in Chinese population. *J Cardiothorac Surg* 2013;8:204.
- [231] Evered LA, Silbert BS, Scott DA, Maruff P, Ames D. Prevalence of Dementia 7.5 Years after Coronary Artery Bypass Graft Surgery. *Anesthesiology* 2016;125:62–71.
- [232] Siega-Riz AM, Sotres-Alvarez D, Ayala GX, Ginsberg M, Himes JH, Liu K, et al. Food-group and nutrient-density intakes by Hispanic and Latino backgrounds in the Hispanic Community Health Study/Study of Latinos. *Am J Clin Nutr* 2014;99:1487–98.
- [233] Lin H, Bermudez OI, Tucker KL. Dietary patterns of Hispanic elders are associated with acculturation and obesity. *J Nutr* 2003;133:3651–7.
- [234] Hiza HA, Casavale KO, Guenther PM, Davis CA. Diet quality of Americans differs by age, sex, race/ethnicity, income, and education level. *J Acad Nutr Diet* 2013;113:297–306.
- [235] Satia JA. Diet-related disparities: understanding the problem and accelerating solutions. *J Am Diet Assoc* 2009;109:610–5.
- [236] Salihi HM, Adegoke KK, Das R, Wilson RE, Mazza J, Okoh JO, et al. Community-based fortified dietary intervention improved health outcomes among low-income African-American women. *Nutr Res* 2016;36:771–9.
- [237] Aksan N, Dawson JD, Emerson JL, Yu L, Uc EY, Anderson SW, et al. Naturalistic distraction and driving safety in older drivers. *Hum Factors* 2013;55:841–53.
- [238] Casagrande SS, Wang Y, Anderson C, Gary TL. Have Americans increased their fruit and vegetable intake? The trends between 1988 and 2002. *Am J Prev Med* 2007;32:257–63.
- [239] D'Alessandro C, Piccoli GB, Cupisti A. The "phosphorus pyramid": a visual tool for dietary phosphate management in dialysis and CKD patients. *BMC Nephrol* 2015;16:9.

- [240] Torres SJ, Lautenschlager NT, Wattanapenpaiboon N, Greenop KR, Beer C, Flicker L, et al. Dietary patterns are associated with cognition among older people with mild cognitive impairment. *Nutrients* 2012; 4:1542–51.
- [241] Morris MC, Tangney CC, Wang Y, Sacks FM, Barnes LL, Bennett DA, et al. MIND diet slows cognitive decline with aging. *Alzheimers Dement* 2015;11:1015–22.
- [242] Alzheimer's Disease International. Nutrition and Dementia: A Review of Available Research; 2014.
- [243] Franx BAA, Arnoldussen IAC, Kiliaan AJ, Gustafson DR. Weight Loss in Patients with Dementia: Considering the Potential Impact of Pharmacotherapy. *Drugs Aging* 2017;34:425–36.
- [244] Fielding RA, Gunstad J, Gustafson DR, Heymsfield SB, Kral JG, Launer LJ, et al. The paradox of overnutrition in aging and cognition. *Ann N Y Acad Sci* 2013;1287:31–43.
- [245] Gustafson DR, Clare Morris M, Scarmeas N, Shah RC, Sijben J, Yaffe K, et al. New Perspectives on Alzheimer's Disease and Nutrition. *J Alzheimers Dis* 2015;46:1111–27.
- [246] Morris MC, Tangney CC. A potential design flaw of randomized trials of vitamin supplements. *JAMA* 2011;305:1348–9.
- [247] Gu Y, Brickman AM, Stern Y, Habeck CG, Razlighi QR, Luchsinger JA, et al. Mediterranean diet and brain structure in a multiethnic elderly cohort. *Neurology* 2015;85:1744–51.
- [248] Gu Y, Scarmeas N, Short EE, Luchsinger JA, DeCarli C, Stern Y, et al. Alcohol intake and brain structure in a multiethnic elderly cohort. *Clin Nutr* 2014;33:662–7.
- [249] Gu Y, Schupf N, Cosentino SA, Luchsinger JA, Scarmeas N. Nutrient intake and plasma beta-amyloid. *Neurology* 2012;78:1832–40.
- [250] Morris MC, Evans DA, Schneider JA, Tangney CC, Bienias JL, Aggarwal NT. Dietary folate and vitamins B-12 and B-6 not associated with incident Alzheimer's disease. *J Alzheimers Dis* 2006; 9:435–43.
- [251] Tangney CC, Aggarwal NT, Li H, Wilson RS, Decarli C, Evans DA, et al. Vitamin B12, cognition, and brain MRI measures: a cross-sectional examination. *Neurology* 2011;77:1276–82.
- [252] Tangney CC, Tang Y, Evans DA, Morris MC. Biochemical indicators of vitamin B12 and folate insufficiency and cognitive decline. *Neurology* 2009;72:361–7.
- [253] Miller JW, Harvey DJ, Beckett LA, Green R, Farias ST, Reed BR, et al. Vitamin D Status and Rates of Cognitive Decline in a Multiethnic Cohort of Older Adults. *JAMA Neurol* 2015; 72:1295–303.
- [254] Morris MC, Tangney CC, Wang Y, Sacks FM, Bennett DA, Aggarwal NT. MIND diet associated with reduced incidence of Alzheimer's disease. *Alzheimers Dement* 2015;11:1007–14.
- [255] Gu Y, Luchsinger JA, Stern Y, Scarmeas N. Mediterranean diet, inflammatory and metabolic biomarkers, and risk of Alzheimer's disease. *J Alzheimers Dis* 2010;22:483–92.
- [256] Beydoun MA, Kaufman JS, Sloane PD, Heiss G, Ibrahim J. n-3 Fatty acids, hypertension and risk of cognitive decline among older adults in the Atherosclerosis Risk in Communities (ARIC) study. *Public Health Nutr* 2008;11:17–29.
- [257] Gu Y, Vorburger RS, Gazes Y, Habeck CG, Stern Y, Luchsinger JA, et al. White matter integrity as a mediator in the relationship between dietary nutrients and cognition in the elderly. *Ann Neurol* 2016; 79:1014–25.
- [258] Wright RS, Waldstein SR, Kuczmarski MF, Pohlig RT, Gerassimakis CS, Gaynor B, et al. Diet quality and cognitive function in an urban sample: findings from the Healthy Aging in Neighborhoods of Diversity across the Life Span (HANDLS) study. *Public Health Nutr* 2017;20:92–101.
- [259] Beydoun MA, Fanelli-Kuczmarski MT, Kitner-Triolo MH, Beydoun HA, Kaufman JS, Mason MA, et al. Dietary antioxidant intake and its association with cognitive function in an ethnically diverse sample of US adults. *Psychosom Med* 2015;77:68–82.
- [260] Koyama A, Houston DK, Simonsick EM, Lee JS, Ayonayon HN, Shahar DR, et al. Association between the Mediterranean diet and cognitive decline in a biracial population. *J Gerontol A Biol Sci Med Sci* 2015;70:354–9.
- [261] Almiron-Roig E, Aitken A, Galloway C, Ellahi B. Dietary assessment in minority ethnic groups: a systematic review of instruments for portion-size estimation in the United Kingdom. *Nutr Rev* 2017; 75:188–213.
- [262] Ritchie K, Allard M, Huppert FA, Nargeot C, Pinek B, Ledesert B. Computerized cognitive examination of the elderly (ECO): the development of a neuropsychological examination for clinic and population use. *Int J Geriatr Psychiatry* 1993;8:899–914.
- [263] Manera V, Petit PD, Derreumaux A, Orvieto I, Romagnoli M, Lyttle G, et al. 'Kitchen and cooking,' a serious game for mild cognitive impairment and Alzheimer's disease: a pilot study. *Front Aging Neurosci* 2015;7:24.
- [264] Alm N AA, Ellis M, Dye R, Gowans G, Campbell JA. A cognitive prosthesis and communication support for people with dementia. *Neuropsychol Rehabil* 2004;14:117–34.
- [265] Meiland FJ BA, Savenstedt S, Bentvelzen S, Davies RJ, Mulvenna MD, et al. Usability of a new electronic assistive device for community-dwelling persons with mild dementia. *Aging Ment Health* 2012;16:584–91.
- [266] Akl A CB, Mattek N, Kaye J, Austin D, Mihailidis A. Clusterin home activity distributions for automatic detection of mild cognitive impairment in older adults. *J Ambient Intell Smart Environ* 2016; 8:437–51.
- [267] Inoue K, Sakuma N, Okada M, Sasaki C, Nakamura M, Wada K. Effective application of PALRO: A humanoid type robot for people with dementia. *ICCHP 2014: Computers helping people with special needs*; 2014;. p. 451–4.
- [268] Kim H. Understanding Internet Use Among Dementia Caregivers: Results of Secondary Data Analysis Using the US Caregiver Survey Data. *Interact J Med Res* 2015;4:e1.
- [269] Jodrell P, Astell AJ. Studies Involving People With Dementia and Touchscreen Technology: A Literature Review. *JMIR Rehabil Assist Technol* 2016;3:e10.
- [270] Romero HR, Lageman SK, Kamath V, Irani F, Sim A, Suarez P. Challenges in the neuropsychological assessment of ethnic minorities: summit proceedings. *Clin Neuropsychol* 2009;23:761–79.
- [271] Vasquez E, Botosaneanu A, Bennett JM, Shaw BA. Racial/Ethnic Differences in Trajectories of Cognitive Function in Older Adults. *J Aging Health* 2016;28:1382–402.
- [272] Reed M, Kaye S, Yeager P. The Community Research for Assistive Technology Survey 2005. Available from: https://abilitytools.org/about/docs/AT_Race_Data_FINAL.pdf. Accessed January 19, 2018.
- [273] Tshiswaka DI, Loggings C, Chiu C-Y, Alston R, Lewis A. Assistive technology use by disability type and race: Exploration of a population-based health survey. *Assist Technology* 2016;11:124–32.
- [274] Kramer B, DaDalt O, Burstein AA, D'Ambrosio LA, Wahl H-W, Coughlin JF. Technology in dementia care: A cross-cultural study of acceptance. *Alzheimers Dement*. 11: p. P236.
- [275] Jones L, Jacklin K, O'Connell ME. Development and Use of Health-Related Technologies in Indigenous Communities: Critical Review. *J Med Internet Res* 2017;19:e256.
- [276] Lee JA, Nguyen H, Park J, Tran L, Nguyen T, Huynh Y. Usages of Computers and Smartphones to Develop Dementia Care Education Program for Asian American Family Caregivers. *Healthc Inform Res* 2017;23:338–42.
- [277] An N CH, Shahir JY, Levkoff S. A self-directed learning (SDL) system for Chinese dementia caregivers. *Innovation in Aging* 2017; 1:42.
- [278] Zheng X, Woo BK. E-mental health in ethnic minority: A comparison of youtube and talk-based educational workshops in dementia. *Asian J Psychiatr* 2017;25:246–8.
- [279] Xiong C, Astell A, Colantonio A, Mihailidis A, Sixsmith A, Liu L. Needs and preferences of technology among Chinese family caregivers of persons with dementia: A sex and gender perspective. *Innovation in Aging* 2017;1:14.