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# Treatments targeting inotropy

## A position paper of the Committees on Translational Research and Acute Heart Failure of the Heart Failure Association (HFA) of the European Society of Cardiology (ESC)

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## Abstract

Acute heart failure and in particular, cardiogenic shock are associated with high morbidity and mortality. A therapeutic dilemma is that the use of positive inotropic agents, such as catecholamines or phosphodiesterase-inhibitors, is associated with increased mortality. Newer drugs, such as levosimendan or omecamtiv mecarbil, target sarcomeres to improve systolic function putatively without elevating intracellular  $\text{Ca}^{2+}$ . Although meta-analyses of smaller trials suggested that levosimendan is associated with a better outcome than dobutamine, larger comparative trials failed to confirm this observation. For omecamtiv mecarbil, phase II clinical trials suggest a favorable hemodynamic profile in patients with acute and chronic heart failure, and a phase III morbidity/mortality trial in patients with chronic heart failure has recently begun. Here, we review the pathophysiological basis of systolic dysfunction in patients with heart failure and the mechanisms through which different inotropic agents improve cardiac function. Since adenosine triphosphate and reactive oxygen species production in mitochondria are intimately linked to the processes of excitation-contraction coupling, we also discuss the impact of inotropic agents on mitochondrial bioenergetics and redox regulation. Therefore, this position paper should help identify novel targets for treatments that could not only safely improve systolic and diastolic function acutely, but potentially also myocardial structure and function over a longer term.

## Key words

Heart failure, acute decompensated heart failure, inotropes, cardiogenic shock, excitation-contraction coupling, calcium, sarcomeres, mitochondria, energetics, adrenergic receptors, contractility, levosimendan, omecamtiv mecarbil, nitroxy.

## Introduction

Heart failure (HF) is a leading cause for hospital admissions in developed countries worldwide,<sup>1</sup> and its incidence is further increasing as average life expectancy rises. While the prognosis of patients with *chronic* HF has improved over the last decades, the prognosis of *acute* HF is still poor. Although only a small percentage of patients with acute HF present with cardiogenic shock (~3%) and/or signs of hypoperfusion (~15%), their in-hospital mortality is much higher than of patients with acute HF without these severe conditions.<sup>2</sup> An important treatment option in these patients are inotropic agents to acutely increase cardiac output.<sup>3</sup> However, since the use of most inotropic agents (in particular, catecholamines and PDE-inhibitors) is complicated by adverse short- and long-term effects, their use is not recommended in the absence of hypotension or hypoperfusion.<sup>3</sup> On the other hand, the oldest inotropic agent (digitalis) can be safely applied to patients with chronic HF and improves morbidity.<sup>4</sup> [...] Here, we discuss the detailed mechanisms of inotropic agents to estimate which mechanisms of action may provide benefit in either acute or chronic HF.

In patients with HF with reduced ejection fraction (HFrEF), the inability of the heart to eject sufficient blood for the needs of peripheral tissues is caused by defects of excitation-contraction (EC) coupling in cardiac myocytes (**Figure 1**).<sup>5</sup> Traditionally, an acute increase in cardiac output is achieved with drugs that increase intracellular cyclic adenosine monophosphate (cAMP), such as catecholamines or phosphodiesterase (PDE) inhibitors (**Figure 2**). However, these agents increase myocardial oxygen (O<sub>2</sub>) consumption, predispose to life-threatening arrhythmias<sup>6</sup> and activate signaling pathways of hypertrophy and cell death,<sup>7,8</sup> which may explain why they are associated with adverse outcome.<sup>9</sup> Consequently, recent developments aimed at increasing contractility *without* increasing cAMP or Ca<sup>2+</sup> through Ca<sup>2+</sup>-sensitizing of myofilaments or myosin activation. Although meta-analyses with the Ca<sup>2+</sup> sensitizer levosimendan suggest an overall benefit,<sup>10,11</sup> larger comparative trials failed to show a survival benefit despite hemodynamic improvements.<sup>12-15</sup> The myosin activator omecamtiv mecarbil has passed phase II trials,<sup>16-20</sup> and a phase III trial was recently launched in patients with chronic HF (GALACTIC-HF; NCT0292932).

Considering the poor outcome of patients in cardiogenic shock and/or signs of hypoperfusion<sup>2</sup> and the mostly disappointing results of inotropic agents in patients with acute HF, novel strategies are urgently needed. To this end, the Committees on Translational Research and on Acute Heart Failure of the Heart Failure Association (HFA) of the European Society of Cardiology (ESC) developed this position paper that addresses the following **three key issues**:

- 1) Why have **classical inotropic agents** failed?
- 2) Is direct **targeting of sarcomere function** therapeutically advantageous?
- 3) Which **novel concepts** are promising?

To understand the mechanisms of traditional, current and future medicines, it is essential to understand the physiology of EC coupling and its pathological alterations in HF. We will also discuss the bioenergetic consequences of inotropic interventions, since these may impact the long-term prognosis of HF patients. Finally, we will give recommendations for basic and clinical research directed at developing novel strategies for inotropic interventions in acute HF.

## Physiology of excitation-contraction coupling

During each action potential,  $\text{Ca}^{2+}$  enters cardiac myocytes via L-type  $\text{Ca}^{2+}$  channels (LTCC), triggering even greater  $\text{Ca}^{2+}$  release from the  $\text{Ca}^{2+}$  stores of the cell, i.e., the sarcoplasmic reticulum (SR; **Figure 1**). This  $\text{Ca}^{2+}$  binds to troponin C, facilitating actin-myosin interaction that induces the contraction of the heart muscle. During diastole,  $\text{Ca}^{2+}$  diffuses away from troponin C, initiating relaxation. The  $\text{Ca}^{2+}$  that was released from the SR is taken back up by the SR  $\text{Ca}^{2+}$  ATPase (SERCA), whereas the amount of  $\text{Ca}^{2+}$  that entered the cell via LTCCs is exported by the  $\text{Na}^+/\text{Ca}^{2+}$  exchanger (NCX).<sup>4</sup>

Cardiac contractility is increased by three principle mechanisms:

- 1)  $\beta$ -Adrenergic stimulation,
- 2) the Frank-Starling mechanism and
- 3) the positive force-frequency relation (also known as “Bowditch-Treppe”).

Noradrenaline (NA) is released from sympathetic nerve endings in the myocardium and stimulates  $\beta_1$ -adrenergic receptors ( $\beta_1$ -ARs), which couple to the stimulatory G-protein ( $G_s$ ) and activate the adenylyl cyclase (AC) to produce cAMP (**Figures 1 and 2**). Cyclic AMP activates protein kinase A (PKA) which (through phosphorylation) activates LTCCs, accelerates SERCA, increases SR  $\text{Ca}^{2+}$  release via ryanodine receptors (RyRs) and decreases myofilament  $\text{Ca}^{2+}$  affinity. Furthermore, cAMP activates the *exchange protein directly activated by cAMP* (Epac), further activating  $\text{Ca}^{2+}$ /Calmodulin-dependent protein kinase II (CaMKII) which phosphorylates various  $\text{Na}^+$ - and  $\text{Ca}^{2+}$ -transporting proteins, mostly synergistic with PKA-mediated actions (**Figure 2**).<sup>21</sup> The net result is an increase and acceleration of force generation and relaxation (positive *inotropic* and *lusitropic* effects), maintaining the refilling of the ventricles at elevated heart rates (positive *chronotropic* effect).

In the human heart, the breakdown of cAMP is governed primarily by PDE3 and to a lesser extent by PDE4.<sup>22</sup>

Besides  $\beta$ -AR stimulation, the “Bowditch Treppe” increases cardiac contractility at elevated heart rates. This is explained by slower  $\text{Ca}^{2+}$ -efflux (via the NCX) than -influx kinetics (via LTCCs), which results in intracellular accumulation of  $\text{Ca}^{2+}$  at higher heart rates that is sequestered into the SR by SERCA, from where it is released in greater amounts on the ensuing beat. The Frank Starling mechanism is caused by a length-dependent increase of the  $\text{Ca}^{2+}$  affinity of the myofilaments, resulting in stronger contraction at unchanged cytosolic  $\text{Ca}^{2+}$  concentrations ( $[\text{Ca}^{2+}]_c$ ).

## Pathophysiological changes of excitation-contraction coupling in heart failure

The central deficit of EC coupling in myocytes from failing hearts is a decreased  $\text{Ca}^{2+}$  load of the SR. This is primarily the result of reduced SERCA expression and activity and a  $\text{Ca}^{2+}$  leak from the SR via RyRs, reducing systolic SR  $\text{Ca}^{2+}$  release and thereby the activator  $\text{Ca}^{2+}$  at the myofilaments (**Figure 1**).<sup>5</sup> The reduced rate of SERCA-mediated  $\text{Ca}^{2+}$  re-uptake into the SR also slows relaxation. Furthermore, the cytosolic  $\text{Na}^+$  concentration ( $[\text{Na}^+]_i$ ) is elevated in failing cardiac myocytes through changes in the “late  $\text{Na}^+$  current”,  $\text{Na}^+/\text{H}^+$  exchanger (NHE) and  $\text{Na}^+/\text{K}^+$ -ATPase (NKA) activities.<sup>23</sup> While this facilitates  $\text{Ca}^{2+}$ -influx via the reverse-mode of the NCX during the action potential,<sup>5</sup> partly compensating for decreased systolic SR  $\text{Ca}^{2+}$  release,<sup>24</sup> relaxation is further slowed by hampering diastolic  $\text{Ca}^{2+}$  extrusion via the forward-mode NCX. This is particularly problematic at higher heart rates, when diastole progressively shortens. Consequently, the normally positive force-frequency relationship is blunted or even negative in failing human hearts, mediated by a variable combination of elevated diastolic  $[\text{Ca}^{2+}]_c$  and tension as well as decreased SR  $\text{Ca}^{2+}$  load and release.<sup>25,26</sup> This decreases left ventricular ejection fraction (LVEF) and cardiac output at higher heart rates *in vivo*.<sup>27</sup> Finally, elevated diastolic  $[\text{Ca}^{2+}]_c$  and increased open probability of RyRs increases the probability of spontaneous SR  $\text{Ca}^{2+}$  release events, which (by subsequent  $\text{Ca}^{2+}$  extrusion via the electrogenic NCX) can induce delayed after-depolarizations, a well-defined trigger of ventricular arrhythmias.

In addition to the defects in ion handling and the ensuing inversion of the force-frequency relationship, continuous stimulation of cardiac  $\beta_1$ -ARs through activation of the sympathetic nervous system desensitizes and downregulates  $\beta_1$ -ARs (**Figure 2**),<sup>7,8</sup> blunting their

response to endogenous or exogenous catecholamines. Consequently, phosphorylation of several  $\text{Ca}^{2+}$  handling proteins is reduced. In failing hearts, the  $\text{Ca}^{2+}$  affinity of the myofilaments is increased as a result of decreased PKA-mediated phosphorylation of troponin I,<sup>28,29</sup> although this issue is not fully settled yet.<sup>30</sup>

## Energetic aspects

EC coupling requires high amounts of energy in the form of ATP, which is replenished by oxidative phosphorylation in mitochondria. During  $\beta$ -adrenergic stimulation, mitochondria take up  $\text{Ca}^{2+}$  to stimulate the Krebs cycle, which produces NADH as the main electron donor for ATP production at the respiratory chain (**Figure 3**).<sup>31</sup> Mitochondrial function is impaired in HF, resulting in energetic deficit and oxidative stress (**Figure 3**).<sup>31-33</sup> Mitochondrial dysfunction is linked to defects in EC coupling, since the Krebs cycle requires stimulation of its key enzymes by  $\text{Ca}^{2+}$ , and decreased SR  $\text{Ca}^{2+}$  release hampers mitochondrial  $\text{Ca}^{2+}$  uptake via the uniporter (MCU). In addition, elevated  $[\text{Na}^+]_i$  accelerates mitochondrial  $\text{Ca}^{2+}$  efflux via the mitochondrial  $\text{Na}^+/\text{Ca}^{2+}$  exchanger (NCLX; **Figure 3**). Impaired Krebs cycle activity limits NADH-dependent ATP production at the respiratory chain and provokes excess emission of reactive oxygen species (ROS) through depletion of the NADPH-dependent anti-oxidative capacity, causing oxidative stress.<sup>31</sup> Reduced ATP production can limit the contractile reserve of the LV,<sup>34</sup> and most  $\text{Na}^+$  and  $\text{Ca}^{2+}$  transporting mechanisms are sensitive to redox-dependent modifications.<sup>35</sup> Thus, the tight interplay between EC coupling and mitochondrial energetics (**Figure 3**) can set in motion a vicious cycle of deteriorated ion handling, energetic deficit and oxidative stress to aggravate systolic and diastolic dysfunction in HF.

In patients with HF, iron deficiency (ID) predicts adverse outcome,<sup>36</sup> while iron supplementation improves functional capacity and quality of life.<sup>37</sup> In failing hearts, myocardial iron content is reduced and associated with reduced activity of Krebs cycle dehydrogenases and expression of antioxidative enzymes.<sup>38</sup> In preclinical models, severe cardiac or skeletal muscle ID perturbs mitochondrial function and induces systemic metabolic derangements and cardiomyopathy.<sup>39,40</sup> Accordingly, ID may further aggravate energy supply and demand mismatch and oxidative stress in HF. However, since plasma ID does not directly correlate with myocardial ID, these issues require further investigation (for more in-depth discussion see Ref.<sup>41</sup>).

## “Classical” inotropic agents

### Digitalis

Digitalis-derived cardiotropic glycosides (CTG) are the oldest inotropic drugs and increase  $[Na^+]_i$  in cardiomyocytes by inhibiting  $Na^+$  export via the NKA (**Figure 4**).  $[Na^+]_i$  accumulation hampers diastolic  $Ca^{2+}$  extrusion via the NCX and supports  $Ca^{2+}$  influx via the reverse mode NCX during systole, thereby increasing diastolic  $[Ca^{2+}]_i$ ,  $Ca^{2+}$  transient amplitudes and consequently, inotropy (**Figure 4**). On the other hand, elevated  $[Na^+]_i$  accelerates mitochondrial  $Ca^{2+}$  efflux via the NCLX, reducing  $Ca^{2+}$ -activation of the Krebs cycle and its regeneration of NADH and NADPH. Since NADPH is required for anti-oxidative enzymes to detoxify ROS (**Figure 3**), CTG-induced NADPH oxidation increases mitochondrial ROS emission and thereby arrhythmias (**Figure 4**).<sup>42</sup> The pro-arrhythmic actions of CTG narrow its therapeutic range.<sup>43</sup>

In patients with HFrEF, digoxin may be considered in symptomatic patients in sinus rhythm despite treatment with an ACE-inhibitor (or angiotensin receptor blocker), a  $\beta$ -blocker and a mineralocorticoid antagonist to reduce the risk of hospitalizations (class IIb, B<sup>3</sup>). However, the Digitalis Investigation Group (DIG) Trial<sup>4</sup> was conducted before  $\beta$ -blockers became a mainstay of HF therapy, and digoxin did not improve all-cause mortality, but reduced hospitalization due to HF worsening. At the lower dosages used in current practice, digitalis may be preferentially a modulator of autonomic tone and less inotropic stimulator.<sup>44</sup> The ongoing DIGIT-HF study prospectively investigates the role of digitoxin in patients with HFrEF already on current guideline-adherent therapy (<http://digit-hf.de>). In atrial fibrillation, clinical evidence is limited to small and observational studies, and there is an ongoing debate on potentially increased mortality.<sup>45</sup> However, prescription bias in the retrospective analyses likely mimics the perceived digoxin driven mortality.<sup>46</sup> According to the current HF Guidelines, an intravenous bolus of digoxin should be considered in digoxin-naïve-patients in New York Heart Association (NYHA) class IV and rapid ventricular rate to slow heart rate (Class IIa, B).<sup>3</sup>

### Catecholamines

The three endogenous catecholamines dopamine, adrenaline and noradrenaline stimulate  $\beta_1$ -ARs, and to variable degrees also  $\alpha_1$ - and  $\beta_2$ -ARs and dopaminergic D<sub>1</sub>- and D<sub>2</sub>-receptors (**Table 1**).<sup>6</sup> Thus, their hemodynamic actions are not limited to increasing cardiac contractility via  $\beta_1$ -ARs (**Figure 2**). In fact,  $\alpha_1$ -AR-mediated vasoconstriction by adrenaline and



noradrenaline (**Table 1**) renders them useful in patients with septic shock where vasodilation underlies hypotension. The hemodynamic profile of dopamine, the immediate precursor to noradrenaline in the synthetic pathway, is dominated by vasodilation at low concentrations at which binding to dopaminergic D<sub>1</sub>- and D<sub>2</sub>-receptors increases blood flow to the heart, brain, kidney and various other organs. Its traditional use to increase renal blood flow, however, was discouraged after neutral effects in trials on patients with acute decompensated heart failure, with or without renal dysfunction.<sup>47-49</sup> At higher doses, dopamine increases blood pressure by vasoconstriction via  $\alpha_1$ -ARs and positive inotropic and chronotropic effects via  $\beta$ -ARs, respectively.

Since in patients with cardiogenic shock, neuroendocrine activation induces vasoconstriction and tachycardia, the ideal drug should be positive inotropic without further increasing systemic vascular resistance (SVR). Dobutamine fulfils these requirements.<sup>50</sup> It is a full agonist at  $\beta_1$ -ARs, inducing a positive inotropic effect with similar efficacy as isoproterenol, a synthetic  $\beta_1$ - and  $\beta_2$ -AR agonist without any  $\alpha$ -AR agonism (**Table 1**). The affinity of dobutamine for  $\beta_2$ -AR is ~10-fold lower than for  $\beta_1$ -ARs and in particular, its agonist efficacy at  $\beta_2$ -ARs and  $\alpha_1$ -ARs much weaker than at  $\beta_1$ -ARs.<sup>51</sup> Through its dominating inotropic effect and mutually offsetting vascular effects of  $\alpha_1$ - and  $\beta_2$ -AR agonism, the decrease of SVR at intermediate and higher doses is mediated by reflex withdrawal of the endogenous sympathetic tone.<sup>52</sup> For any given increase in cardiac contractility, the increase of heart rate and blood pressure is lower with dobutamine than with dopamine or noradrenaline, further reflecting dobutamine's selectivity for  $\beta_1$ - over  $\beta_2$ - and  $\alpha_1$ -ARs.<sup>50</sup> However, this favorable hemodynamic profile comes at the cost of elevated myocardial O<sub>2</sub> consumption<sup>50,52</sup> and arrhythmias.

Noradrenaline may be considered in patients who have cardiogenic shock despite treatment with another inotrope to increase blood pressure and vital organ perfusion.<sup>3</sup> The combination of adrenaline with dobutamine, however, portends a particular risk for adverse outcome.<sup>53</sup> In a recent meta-analysis, adrenaline was associated with a three-fold increase in mortality,<sup>54</sup> and in patients with cardiogenic shock after acute myocardial infarction, refractory shock was five-fold more frequent with adrenaline than with noradrenaline.<sup>55</sup> For a similar effect on blood pressure, adrenaline (but not noradrenaline) increased heart rate (due to its strong  $\beta_2$ -AR activation; **Table 1**) and myocardial oxygen consumption (derived from the cardiac double product), increasing lactate as a sign of metabolic compromise.<sup>55</sup> These data underscore that adrenaline should be avoided in patients with cardiogenic shock.

In patients with HF, elevated plasma noradrenaline levels predict adverse outcome.<sup>56</sup> Chronic  $\beta$ -AR stimulation desensitizes and downregulates  $\beta$ -ARs via PKA, GRK2 (also known as  $\beta$ -

ARK1) and  $\beta$ -arrestin.<sup>7,8,57</sup> Furthermore,  $\beta$ -arrestin activates CaMKII which sustains contractility despite desensitization of  $\beta$ -ARs from PKA-mediated inotropy (**Figure 2**).<sup>21</sup> CaMKII activation, however, is a major driver of cardiac arrhythmias.<sup>58</sup> The net functional consequence of all these processes is a decreased responsiveness of the human failing heart to  $\beta$ -AR stimulation. Therefore, despite its favourable short-term hemodynamic profile that improves symptoms,<sup>9</sup> dobutamine treatment is associated with tolerance,<sup>59</sup> arrhythmias and mortality, respectively.<sup>60,61</sup>

## PDE Inhibitors

To overcome desensitization and downregulation of cardiac  $\beta$ -ARs as well as their blockade through  $\beta$ -blockers, PDE-inhibitors were developed. In human failing myocardium, inhibition of PDE3, but not PDE4 potentiates  $\beta$ -AR mediated positive inotropic effects.<sup>62</sup> Conversely, in human atrial myocardium, inhibition of PDE4 potentiates arrhythmias induced by both  $\beta_1$ - and  $\beta_2$ -AR stimulation, while PDE3 inhibition only potentiates  $\beta_1$ -AR-induced arrhythmias.<sup>63</sup> PDE-inhibitors also decrease SVR through cAMP-mediated vasodilation, which is beneficial in patients with acute HF and high SVR, but limits its application in patients with cardiogenic shock due to reductions in blood pressure. In patients with HF treated with  $\beta$ -blockers, the efficacy and potency of PDE-inhibitors is maintained, while the effects of dobutamine are blunted.<sup>64</sup>

## Why have classical inotropes failed?

Currently, dobutamine, dopamine and PDE-inhibitors are recommended in patients with hypotension (SBP <90 mmHg) and/or signs/symptoms of hypoperfusion despite adequate filling status to increase cardiac output and blood pressure and to improve peripheral perfusion and maintain end-organ function (IIb, C).<sup>3</sup> However, while in analyses that evaluated cAMP-dependent inotropes in general, their short-term use yielded neutral effects, longer-term use was associated with adverse outcome in patients hospitalized for acute HF despite improved quality of life.<sup>60,65,66</sup> Therefore, inotropic agents are explicitly restricted to patients that fulfil the above mentioned criteria and are not recommended for any other patients (class IIIA).<sup>3</sup> The adverse long-term effects may be related to PKA- and CaMKII-induced maladaptive cardiac remodeling through inducing hypertrophy, apoptosis and fibrosis (**Figure 2**).<sup>7,8</sup> In particular, activation of  $\beta_1$ -ARs induces apoptosis,<sup>67</sup> which is an important mechanism for LV remodelling and dysfunction in HF.<sup>68,69</sup> Furthermore,  $\beta$ -adrenergic activation alters myocardial substrate utilization and thereby, may trigger energetic deficit and oxidative stress.<sup>61</sup> These data indicate that despite their favourable acute hemodynamic profile, the use of adrenergic agonists and PDE-inhibitors leads to adverse outcome by triggering maladaptive cardiac remodelling and arrhythmias, while *vice*

*versa*, antagonizing  $\beta_1$ -ARs can reverse remodelling, improve LV function and prolong survival.<sup>7</sup> Therefore, a new generation of inotropes had to be developed to avoid activation of adrenergic pathways and increase contractility without raising  $\text{Ca}^{2+}$ , which is pro-arrhythmic and causes higher energy consumption through activation of  $\text{Ca}^{2+}$  transporting systems.

## Treatments targeting sarcomeres

### $\text{Ca}^{2+}$ sensitizers

$\text{Ca}^{2+}$  sensitizers shift the relationship between  $[\text{Ca}^{2+}]_c$  and force development of sarcomeres (i.e., the pCa-force relationship) to the left, increasing force at any given  $[\text{Ca}^{2+}]_c$ . They were developed in the early 1980s as cardiotoxic agents with a number of theoretical advantages over catecholamines and PDE-inhibitors:

- (i)  $\text{Ca}^{2+}$  sensitizers should neither increase trans-sarcolemmal influx of  $\text{Ca}^{2+}$  nor alter SR  $\text{Ca}^{2+}$  fluxes during systole or diastole. This should be less pro-arrhythmic and less energy consuming.
- (ii)  $\text{Ca}^{2+}$  sensitizers should not affect heart rate or blood pressure if a compound was selective for cardiac myofilaments, which may have positive effects on energetics.
- (iii)  $\text{Ca}^{2+}$  sensitizers should be independent of the desensitized  $\beta$ -AR/cAMP system in HF and should themselves not induce tolerance.

Examples of this class of drugs are EMD-57033, CGP-48506, pimobendan and levosimendan. The mechanisms of  $\text{Ca}^{2+}$  sensitization differ between  $\text{Ca}^{2+}$  sensitizers. While levosimendan and pimobendan increase the affinity of troponin C to bind  $\text{Ca}^{2+}$ ,<sup>70-72</sup> CGP-48506 acts downstream of troponin C, and EMD-57033 affects the actin-myosin interaction by direct binding to the myosin motor domain.<sup>73,74</sup> Independent of the mechanism, the shift of the pCa-force curve to the left increases systolic force generation for any given  $[\text{Ca}^{2+}]_c$ , but on the other hand impedes relaxation following the decrease in  $[\text{Ca}^{2+}]_c$ . The slowing of relaxation is an inherent property of pure  $\text{Ca}^{2+}$  sensitizers and may be the reason why most pharmaceutical companies stopped their development. In this context, mutations in sarcomeric proteins that cause hypertrophic cardiomyopathy (HCM) commonly increase myofilament  $\text{Ca}^{2+}$  sensitivity as a unifying disease mechanism.<sup>75,76</sup> Moreover, both HCM mutations and drugs that increase  $\text{Ca}^{2+}$  sensitivity are arrhythmogenic, presumably by providing a sink for  $\text{Ca}^{2+}$  that is released during diastole, causing depolarisations via the electrogenic NCX.<sup>77,78</sup>

## Levosimendan

In contrast to CGP-48506, levosimendan does not prolong relaxation time or compromise diastolic relaxation. Thus, it does not have the same profile as pure  $\text{Ca}^{2+}$  sensitizers. The most likely reason is that levosimendan is not only a  $\text{Ca}^{2+}$  sensitizer binding to troponin C,<sup>71</sup> but also a potent and selective PDE3-inhibitor with an  $\text{IC}_{50}$  in the nanomolar range, but ~1000-fold lower affinity for PDE4.<sup>79,80</sup> Accordingly, levosimendan increases cAMP with similar potency as it increases force.<sup>81</sup> Furthermore, its positive inotropic effect is abolished by the muscarinic receptor agonist carbachol, which acts through inhibiting cAMP generation. Also in human myocardium, the inotropic effects of levosimendan require  $\beta$ -adrenergic pre-stimulation and/or elevations of  $[\text{Ca}^{2+}]_c$  and can be prevented by PDE3-, but not PDE4-inhibition.<sup>82-84</sup>

Levosimendan's clinical activity during long-term treatment is mainly governed by its active metabolite OR-1896, which has a much longer half-life (81 vs. 1 h<sup>85</sup>). OR-1896 stimulated contractile force with a roughly similar potency as levosimendan, had a 4.5-fold lower potency as a  $\text{Ca}^{2+}$  sensitizer and a 38-fold lower potency as a PDE3 inhibitor.<sup>80</sup> Yet, even the inotropic effect of OR-1896 is sensitive to carbachol and therefore likely mediated by PDE3 inhibition.<sup>86</sup> Therefore, also for OR-1896, a combination of PDE3-inhibition with  $\text{Ca}^{2+}$  sensitization is the mechanism that is responsible for positive inotropy.

A common alternative explanation why levosimendan does not prolong relaxation (other than through PDE3-inhibition) is that levosimendan's binding to troponin C is  $\text{Ca}^{2+}$ -dependent. However, it is currently unclear – if not rather unlikely – whether levosimendan can bind and unbind troponin C on a beat-to-beat basis in a millisecond and micromolar range, as would be required to explain the lack of relaxation prolongation by this mechanism (see the [Online Supplement](#) for a detailed discussion of this issue). Besides its effects on EC coupling, levosimendan also activates glibenclamide-sensitive *sarcolemmal* ATP-dependent  $\text{K}^+$ -currents ( $I_{\text{KATP}}$ ), which may add to its vasodilating activity and potentially provide cardioprotective effects through activation of *mitochondrial*  $I_{\text{KATP}}$  (see [Online Supplement](#) for a more detailed discussion).

These data indicate that for levosimendan, PDE3 inhibition synergizes with  $\text{Ca}^{2+}$  sensitization for its inotropic action ([Figure 5](#)), which may be particularly relevant to human failing myocardium in which PDE3 plays the dominant role for controlling intracellular cAMP.<sup>62</sup> From this it can be predicted that the more  $\beta$ -ARs are pre-activated by endogenous or exogenous catecholamines, the more pronounced is the inotropic effect of levosimendan, and the more this effect is mediated by PDE3-inhibition rather than  $\text{Ca}^{2+}$  sensitization. Conversely, at low  $\beta$ -

AR pre-activation (such as during pharmacological  $\beta$ -blockade), the  $\text{Ca}^{2+}$  sensitization effect of levosimendan may become more important for inotropy. In this context, it is interesting to observe that in the SURVIVE trial, patients with (but not without)  $\beta$ -blocker pre-treatment had improved short-term survival with levosimendan compared to dobutamine.<sup>87,88</sup> Conversely, in patients with septic shock who were all co-treated with catecholamines, levosimendan was associated with higher rates of supraventricular tachycardia and a numerical, but non-significant increase in mortality (hazard ratio 1.24,  $p=0.17$ ).<sup>89</sup> Therefore, although the clinical evidence for these considerations is limited, levosimendan's PDE3-inhibitory effect may be potentiated through pre-activation of  $\beta$ -ARs by endogenous or exogenous catecholamines also under *in vivo* conditions, and such potentiated adrenergic signaling may potentially contribute to arrhythmias and adverse consequences for cardiomyocyte biology (**Figure 2**).

### **Clinical trials**

Several clinical trials tested the effects of levosimendan in patients with HF, comparing it to either placebo or dobutamine. In the LIDO trial, levosimendan improved hemodynamics more effectively than dobutamine and was associated with lower mortality than dobutamine after 180 days.<sup>90</sup> In the SURVIVE trial, however, mortality after 180 days (the primary endpoint) was not different between dobutamine and levosimendan despite a more favourable hemodynamic profile (BNP reduction) in the first 5 days after randomization.<sup>12</sup> As mentioned above, pre-treatment with a  $\beta$ -blocker was associated with improved short-term outcome at day 5 in a posthoc analysis.<sup>87</sup>

In the REVIVE trial,<sup>13</sup> levosimendan (compared to placebo) was associated with more frequent hypotension and cardiac arrhythmias during the infusion period, and a numerical (but insignificant) risk of death despite improved symptoms and reduced plasma BNP levels. In a meta-analysis on 5,480 patients in 45 randomized clinical trials, however, levosimendan was associated with a 20% relative risk reduction of mortality, and this reduction was confirmed in studies with placebo (-18%;  $p<0.05$ ) or dobutamine as comparator (-32%;  $p<0.005$ ).<sup>10</sup> These trends were confirmed by another meta-analysis.<sup>11</sup> However, in these meta-analyses, trials on patients with acute cardiac events were combined with trials on patients undergoing elective cardiac surgery. Furthermore, in the recent CHEETAH<sup>14</sup> and LEVO-CTS<sup>15</sup> trials, levosimendan did not improve outcome of patients with systolic HF undergoing cardiac surgery, although the use of inotropes 24 hours after surgery was reduced with levosimendan in LEVO-CTS.<sup>15</sup>

Several smaller trials evaluated the usefulness of repeated doses of levosimendan for patients with advanced HF in outpatient settings. Posthoc- and meta-analyses of these

mostly underpowered trials suggest that levosimendan may have favourable effects on hemodynamics, symptoms, rehospitalisation and biomarkers.<sup>91</sup> In the recent LION-HEART study on 69 patients with advanced HF, biweekly infusions of levosimendan for 12 weeks reduced NT-proBNP, improved quality of life and reduced hospitalization without adverse effects.<sup>92</sup> Therefore, the initiation of a larger trial to test this treatment strategy for advanced HF patients is warranted.

Taken together, the principle of Ca<sup>2+</sup> sensitization alone was no breakthrough in the treatment of the common forms of HF, because it is associated with worsening of diastolic relaxation, which is already compromised in HF in the first place. The ancillary PDE-inhibitory effect of levosimendan improves its hemodynamic profile compared to other, more pure Ca<sup>2+</sup> sensitizers, although this may come at the cost of cAMP-related side effects (e.g., arrhythmias). So far, there is no clear evidence that levosimendan improves survival compared to placebo or a comparator drug.

Based on its clinical profile, the current HF Guidelines make the following recommendations for the use of levosimendan:

- Short-term intravenous infusion of levosimendan may be considered in patients with hypotension (SBP <90 mmHg) and/or signs/symptoms of hypoperfusion despite adequate filling status to increase cardiac output and improve peripheral perfusion and maintain end-organ function (similar to dobutamine, dopamine and PDE-inhibitors; IIb, C).<sup>3</sup>
- When mean arterial pressure needs pharmacological support, a vasopressor (preferably noradrenaline) may be used in combination with levosimendan.<sup>3</sup>
- An intravenous infusion of levosimendan (or a PDE inhibitor) may be considered to reverse the effect of  $\beta$ -blockade if  $\beta$ -blockade is thought to be contributing to hypotension with subsequent hypoperfusion (IIb, C).<sup>3</sup>
- Levosimendan is not recommended unless the patient is symptomatically hypotensive or hypoperfused because of safety concerns (IIIA).<sup>3</sup>

### **Omecamtiv mecarbil**

Omecamtiv mecarbil (OM) is a small-molecule, selective cardiac myosin activator whose therapeutic rationale and discovery were described elsewhere.<sup>93,94</sup> OM binds to the catalytic domain of cardiac myosin, stabilizing the pre-powerstroke state,<sup>95</sup> thus increasing the transition rate of myosin into the strongly actin-bound force-generating state (**Figure 6A**)<sup>96</sup> and thus increasing cardiac contractility. The pharmacodynamic signature of OM is an

increase in the systolic ejection time (SET). This is a consequence of the increase in the number of myosin heads interacting with actin filaments, facilitating a longer duration of systole, even as  $[Ca^{2+}]_c$  already decays. OM prolongs the time and increases the amplitude, but not the rate of cell shortening, and does not interfere with  $[Ca^{2+}]_c$  transients (**Figure 6B**).<sup>96</sup>

A number of dose-finding studies with an intravenous formulation of OM were performed in a dog model of HF,<sup>97</sup> healthy men<sup>17</sup> and patients with acute<sup>19</sup> and chronic HF,<sup>16</sup> respectively. In the dog HF model, OM prolonged SET and increased stroke volume (SV; **Table 2**).<sup>96, 97</sup> Consequently, cardiac output increased, thereby decreasing SVR and heart rate, presumably through reducing endogenous sympathetic activation.<sup>96,97</sup> Although OM might increase ATP turnover at the level of the sarcomere,<sup>96</sup> this increase appears to be counterbalanced by the reduction in heart rate, SVR (reducing cardiac afterload) and end diastolic volume (reducing myocardial wall stress), resulting in no significant change of cardiac O<sub>2</sub> consumption despite the increase of cardiac output.<sup>96,97</sup> Consequently, cardiac efficiency should improve.

In healthy men and patients with stable HF, at comparable increases in SET, however, the net increases in SV, cardiac output and the ensuing decreases in heart rate were overall smaller than in the preclinical studies, perhaps reflecting the broader range of baseline conditions found in human studies (**Table 2**). In these early studies, OM was studied over a broad range of plasma concentrations, in some cases exceeding 1200 ng/ml. Increases in SET are noted at plasma concentrations as low as 100-200 ng/ml, while the effect on SV appeared to plateau at 400-500 ng/ml. In some individuals, myocardial ischemia developed with chest pain, ECG changes and/or troponin rises at plasma concentrations beyond 1200 ng/ml.<sup>16,17</sup> This may be explained by an excessive increase in SET, prolonging cardiac contraction, and progressively shortening diastole (during which coronary perfusion takes place).<sup>16,17</sup> In a trial of patients with ischemic cardiomyopathy and angina in daily life, however, OM at target plasma concentrations of 295 ng/ml and 550 ng/ml, respectively, did not affect symptom-limited exercise capacity in treadmill tests or plasma troponin I levels.<sup>18</sup> Subsequent trials focused on dose regimens that constrain exposure to less than 1000 ng/ml.

In the ATOMIC-AHF study on patients with AHF and an LVEF  $\leq 40\%$ , the primary endpoint of dyspnea relief was not reached by 3 ascending doses of intravenous infusion of OM versus placebo.<sup>19</sup> However, in the highest dose group (n=202), more patients responded with dyspnea relief to OM (51%) than to placebo (37%; p=0.034). In an echocardiographic substudy, OM prolonged SET and decreased LV end-systolic dimension, although LV stroke volume was not increased.<sup>19</sup> Additionally, slight decreases in heart rate (-2 bpm) and increases in systolic blood pressure were noted (**Table 2**).

In the COSMIC-HF trial, *oral* OM at either a fixed dose (25 mg twice daily) or dosing based on a pharmacokinetic titration protocol was tested against placebo in patients with *stable* (not acute) systolic HF receiving standard of care therapy.<sup>20</sup> After 20 weeks, moderate increases in SET and SV and a slight reduction in heart rate were noted in the pharmacokinetic titration group (**Table 2**). The latter effect may reflect slightly reduced endogenous sympathetic activity.<sup>98</sup> Furthermore, the LV end-diastolic volume decreased by 11 ml and NT-proBNP levels dropped by 970 pg/ml compared to placebo, respectively. As in ATOMIC-AHF,<sup>19</sup> there was a small increase in cardiac troponin I that did not correlate with OM plasma concentrations.<sup>16,17</sup> The frequency of deaths, arrhythmias, hospital admissions or adverse events was not different between groups, suggesting safety.

Overall, the hemodynamic profile of OM appears promising within its therapeutic range. The increase in cardiac contractility and subsequent prolongation of SET increases LV stroke volume in patients with chronic HF and consequently, blood pressure should rise initially which then may reduce endogenous sympathetic activation. This is indicated by the slight, though consistent lowering of heart rate in human and animal studies. As a result, cardiac output in humans appears largely unchanged despite the modest decrease in heart rate, suggesting improved cardiac efficiency. Furthermore, the decrease in LV filling pressures, as indicated by the decrease in NT-proBNP in COSMIC-HF or the decrease of LV end-diastolic pressures in acute studies in the dog indicate LV unloading that may facilitate reverse remodeling of the LV. The now initiated GALACTIC-HF trial (NCT02929329), which aims to include 8000 patients with chronic HF will eventually clarify the long-term outcome by OM. Meanwhile, some uncertainties remain regarding the mechanisms of action of OM and their implications for cardiac function and long-term outcome.

### *Diastolic dysfunction*

In cardiac myocytes, the increase in systolic function by OM comes at the cost of increased diastolic tension (**Figure 6C**), indicated by shortening of diastolic cell length. At low [OM] of 200-400 nM, systolic improvement outweighs the diastolic deficit in rat cardiac myocytes, while at 800 nM, this relation reverses. In an *in vivo* pig model of myocardial stunning after ischemia/reperfusion, OM reduced both end-diastolic and end-systolic volumes to similar extents (**Figure 6E**) at concentrations that prolonged SET by 20% (**table 2**). Thereby LVEF pseudo-increased, while SV did not.<sup>99</sup> Furthermore, the OM-induced increase in cardiac output was smaller in humans with or without HF compared to the dogs with HF (**table 2**). In light of the results on post-ischemic pigs,<sup>99</sup> it needs to be considered whether an improvement of SET (and therefore, SV) by OM may have been (partly) offset by decreases in end-diastolic



volume or filling. The improvement of NT-proBNP by long-term OM in COSMIC-HF,<sup>20</sup> however, rather argues against a meaningful deterioration of diastolic function by these doses of OM.

### *Bioenergetic aspects*

In dogs with HF, OM did not increase O<sub>2</sub> consumption<sup>97</sup> although in the post-ischemic pig model, O<sub>2</sub> consumption tended to increase.<sup>99</sup> In isolated mouse hearts, OM impaired myocardial efficacy by increasing O<sub>2</sub> consumption in working hearts and during basal (resting) metabolism, which was abolished by a myosin-ATPase inhibitor.<sup>99</sup> These data suggest that OM increases (tonic) myosin ATPase activity<sup>100</sup> and thereby O<sub>2</sub> consumption, which however contrasts with the effect of OM to inhibit the basal ATPase of myosin *in vitro*.<sup>101</sup> In skinned rat cardiac myocytes, OM shifted the pCa/force relationship to the left, indicative of sensitizing myofilaments to Ca<sup>2+</sup> (**Figure 6F**).<sup>102</sup> In human myocardium, OM increased the myosin duty ratio which resulted in enhanced Ca<sup>2+</sup> sensitivity, but slower force development.<sup>103</sup> In a mouse model of dilated cardiomyopathy with *decreased* myofilament Ca<sup>2+</sup> sensitivity, OM resensitized myofilaments towards control levels.<sup>104</sup> However, in the majority of patients with HF, the Ca<sup>2+</sup> affinity of the myofilaments is *increased* rather than *decreased*,<sup>28-30,105,106</sup> and in LV myocardium of patients with terminal HF, increased *diastolic* tension consumes as much ATP and O<sub>2</sub> as *systolic* tension, and elevated diastolic tension is a substantial energetic burden in failing hearts especially at higher heart rates.<sup>107</sup>

In conclusion, whether OM has a neutral or even net energy-sparing effect on myocardial bioenergetics, or whether the drug's net effect on myosin could increase O<sub>2</sub>-consumption is a question future research should continue to address. Furthermore, the development of small molecules targeting sarcomeric motor proteins is an emerging field that is discussed in more detail in the **Online Supplement**.

## Alternative treatments targeting EC coupling

### Nitroxyl

Nitroxyl (HNO) is produced by NO synthase under conditions of oxidative or nitrosative stress. HNO donated by Angeli's salt (AS) improves cardiac function in normal and failing dogs, independently of  $\beta$ -AR signaling, with no change in cGMP levels.<sup>108,109</sup> In cardiac myocytes, HNO increases fractional shortening (FS) and  $\text{Ca}^{2+}$  transients with no involvement of cAMP/PKA or cGMP/protein kinase G signaling.<sup>110</sup> Instead, HNO modifies cysteine residues to enhance  $\text{Ca}^{2+}$  handling and increase myofilament  $\text{Ca}^{2+}$  sensitivity. In particular, HNO alters the inhibitory interaction between phospholamban and SERCA2a in a redox-dependent manner, improving SR  $\text{Ca}^{2+}$  uptake and release in isolated myocytes/hearts (**Figure 7**).<sup>111,112</sup> In addition, HNO modifies the actin-tropomyosin and myosin heavy chain-myosin light chain 1 interactions, increasing  $\text{Ca}^{2+}$  sensitivity and force generation in intact and skinned muscles (**Figure 7**).<sup>113</sup>

Whereas beneficial effects of NO signaling to cGMP may be lost in conditions of cardiac oxidative stress (by the high reactivity of NO with ROS), this does not occur with HNO, whose efficacy is preserved in conditions with altered redox balance.<sup>114,115</sup> Novel HNO donors (e.g. CXL-1020) are long-lasting and more specific. CXL-1020 has HNO-dependent positive inotropic and lusitropic effects in isolated cardiac myocytes *in vitro* and in whole animal studies *in vivo*, in both normal and failing conditions. Human phase I-IIa clinical trials were recently completed (NCT01092325, NCT01096043). In patients with systolic HF, CXL-1020 reduced both left and right heart filling pressures and SVR, while increasing SV. Heart rate was unchanged, and arterial pressure declined modestly.<sup>116</sup> Currently, an improved second-generation HNO donor, CXL-1427, is tested in Phase I and II trials on healthy volunteers and patients with HF (NCT02157506, NCT02819271).

### Other compounds and interventions

The mechanisms and, where appropriate, clinical results of Istaroxime, SERCA2a gene therapy and EF hand proteins are discussed in the **Online Supplement**.

## Energetic considerations

Taken together, inotropic agents have three principal modes of action:

- 1) Activation of the adrenergic system,
- 2) sensitization of myofilaments to  $\text{Ca}^{2+}$  and
- 3) reconstitution of cytosolic  $\text{Ca}^{2+}$  handling independent of adrenergic activation.

The modes of action of inotropic drugs have important energetic consequences. Most cellular ATP is consumed by SERCA, NKA and myosin ATPase.<sup>117</sup> A central mechanism to match ATP supply to demand is “parallel activation” by  $\text{Ca}^{2+}$ ,<sup>31</sup> where  $\text{Ca}^{2+}$  activates both ATP consumption and -regeneration (**Figures 3 and 8**): Increases in  $[\text{Ca}^{2+}]_c$  accelerate ATP consumption by EC coupling, hastening respiration via ADP which oxidizes NADH and  $\text{FADH}_2$  at the respiratory chain. On the other hand,  $\text{Ca}^{2+}$  enters mitochondria to activate Krebs cycle dehydrogenases, accelerating NADH and  $\text{FADH}_2$  regeneration (**Figure 8**).<sup>31</sup> Consequently, hormones or drugs that increase  $\text{Ca}^{2+}$  handling (e.g., catecholamines) in the short term induce this “parallel activation” of respiration, maintaining the redox state of NADH and  $\text{FADH}_2$  in *normal* hearts (**Figure 8**).<sup>31</sup> In the failing heart, however, mitochondrial  $\text{Ca}^{2+}$  uptake is impaired, resulting in NADH oxidation during  $\beta$ -adrenergic stimulation.<sup>31,33</sup> Since NADH is coupled to the NADPH pool, and NADPH required for ROS detoxification (**Figures 3 and 8**), a mismatch between cardiac work and mitochondrial  $\text{Ca}^{2+}$  uptake induces oxidative stress.<sup>31,33</sup> This may contribute to arrhythmias, systolic dysfunction and maladaptive remodeling through necrosis and other redox-sensitive signaling pathways.<sup>33</sup> Therefore, improving SR  $\text{Ca}^{2+}$  content and release, as has been observed with AAV1/SERCA2a<sup>118</sup> or HNO<sup>110</sup> in animal models of HF, may improve the efficiency of mitochondrial  $\text{Ca}^{2+}$  uptake and make the failing heart less sensitive towards  $\beta$ -AR-mediated oxidative stress and damage. In patients with improved LVEF in response to  $\beta$ -blockers, SERCA gene expression was strongly upregulated,<sup>119</sup> suggesting that also  $\beta$ -blockers may improve mitochondrial redox regulation through restoring defective EC coupling in the long term.

Conversely, when sensitizing myofilaments to  $\text{Ca}^{2+}$ , the increase in ATP consumption at the myofilaments may not be adequately matched by  $\text{Ca}^{2+}$ -induced Krebs cycle activation in mitochondria (**Figure 8**). In fact, pre-stretching cardiac trabeculae increases force production independent of an increase in  $\text{Ca}^{2+}$  via the Frank Starling mechanism, which is related to myofilament  $\text{Ca}^{2+}$  sensitization, and this oxidizes NADH.<sup>120</sup> Whether such energetic mismatch and possibly further downstream consequences such as energetic deficit and oxidative stress are also the result of  $\text{Ca}^{2+}$  sensitization through inotropic drugs (i.e., EMD-57033, levosimendan, OM, nitroxyl etc.), mutations occurring in patients with HCM<sup>75,76</sup> and/or post-

translational modifications occurring in patients with systolic HF<sup>106</sup> needs to be clarified by future research. In the context of inotropic drugs, however, a profile where Ca<sup>2+</sup> sensitization is coupled to restoration of Ca<sup>2+</sup> handling (i.e. nitroxy) or increases of Ca<sup>2+</sup> (i.e., levosimendan; [table 3](#)) may ameliorate energetic/redox mismatch occurring through Ca<sup>2+</sup> sensitization *per se*.

Finally, it should be considered whether targeting mitochondria may be an alternative indirect inotropic intervention, since in dogs with HF, elamipretide – which accumulates in mitochondria and improves mitochondrial function – *acutely* increased cardiac output by a similar extent (+25%)<sup>121</sup> as OM (+22 and +29%, respectively; [Table 2](#)).<sup>96, 97</sup> Furthermore, trimetazidine and perhexilline target substrate metabolism of mitochondria and improve LVEF, hemodynamics, cardiac energetics and symptoms in patients with HF (for more details on these compounds see [Online Supplement](#)).<sup>122-126</sup> Finally, cardiac myocyte-specific iron deficiency impaired the response to dobutamine in preclinical models of HF which could be restored by iron supplementation,<sup>127</sup> suggesting that pharmacological restoration of mitochondrial function may also regenerate the heart's response to inotropic stimulation.

## Summary

Catecholamines and PDE-inhibitors are associated with excess mortality presumably related to the induction of arrhythmias in the short term and the activation of signaling pathways that aggravate maladaptive remodelling of the failing heart in the long term. Although levosimendan has so far been viewed as a Ca<sup>2+</sup> sensitizer, its inotropic effect relies on PDE3-inhibition as well. As a myosin activator, OM improves systolic function without activating adrenergic signaling or increasing cytosolic Ca<sup>2+</sup>, but its therapeutic range is limited by diastolic dysfunction at higher doses. Nitroxy restores cytosolic Ca<sup>2+</sup> handling in failing hearts without activating cAMP-dependent signaling pathways and shows a promising hemodynamic profile, but its clinical usefulness awaits further clinical testing. Besides the impact of adrenergic signaling, bioenergetic aspects need to be considered to estimate the comprehensive profile and long-term consequences of any agent that affects inotropy.

## Statements and recommendations

Based on these preclinical and clinical data as well as the bioenergetic considerations, the Committees on Translational Research and on Acute Heart Failure of the HFA of the ESC make the following statements and recommendations:

- **Currently available** drugs primarily targeting inotropy are cardiotropic glycosides, catecholamines (in particular, dobutamine), PDE-inhibitors and levosimendan.
- According to the current HF Guidelines,<sup>3</sup> the use of catecholamines, PDE-inhibitors and levosimendan **should be limited to patients with hypotension** (SBP <90 mmHg) and/or signs/symptoms of **hypoperfusion** despite adequate filling status to **increase cardiac output** and **improve peripheral perfusion** to maintain end-organ function (IIb, C).
- PDE-inhibitors and levosimendan can **cause hypotension** due to vasodilatory actions.
- Vasopressors (preferably norepinephrine) may be considered to **increase blood pressure** and vital organ perfusion in patients with cardiogenic shock despite the use of inotropes (IIb, B).<sup>3</sup>
- So far, **all inotropic drugs** recommended for the use in patients with *acute* HF (including levosimendan) **activate adrenergic signaling** at least to some extent.
- Longer-term use of drugs that **exclusively target adrenergic signaling** (catecholamines, PDE-inhibitors) are associated with adverse outcome.
- Levosimendan, with its **hybrid Ca<sup>2+</sup> sensitization and adrenergic action** (PDE3 inhibition), could be **useful in selected patient populations**, which may include **patients treated with  $\beta$ -blockers** and patients with advanced HF in an **outpatient setting (repeated dosing)** to reduce hospitalization and improve quality of life, although this requires additional proof from larger trials.
- Since **mitochondrial function** is intimately linked to cellular Ca<sup>2+</sup> handling,<sup>31</sup> the bioenergetic consequences of treatments targeting inotropy need to be considered to understand their short- and long-term consequences.
- On theoretical grounds, treatments that **restore the defects of cytosolic Ca<sup>2+</sup> handling in the failing heart** *without* activating adrenergic signaling may be a promising avenue since they avoid diastolic dysfunction and potentially bioenergetic mismatch of pure Ca<sup>2+</sup> sensitization, but also adverse long-term consequences of adrenergic activation.
- **Future research** should be directed towards deepening our understanding of the **close interplay between EC coupling and mitochondrial energetics**, since only the integration of these aspects will resolve the net biological effects of drugs targeting inotropy in the short- and long-term.

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## Figure legends

### Figure 1: The physiology of excitation-contraction coupling and how this is altered in systolic heart failure.

AR, adrenergic receptor; PDE, phosphodiesterase; cAMP, cyclic adenosine monophosphate; PKA, protein kinase A; SR, sarcoplasmic reticulum; SERCA, SR Ca<sup>2+</sup> ATPase; RyR, ryanodine receptor; *I*<sub>Ca</sub> and *I*<sub>Na</sub>, Ca<sup>2+</sup> and Na<sup>+</sup> currents; NCX; Na<sup>+</sup>/Ca<sup>2+</sup>-exchanger; NKA, Na<sup>+</sup>/K<sup>+</sup>-ATPase; ETC, electron transport chain; T-tubule, transversal tubule. Red arrows (↑↓) indicate the direction of change in heart failure.

### Figure 2: Signal transduction of β<sub>1</sub>-adrenergic stimulation in cardiac myocytes and its impact on inotropy, but also arrhythmias, hypertrophy and apoptosis.

ADR, adrenaline; NA, noradrenaline; AR, adrenergic receptor; AC, adenylyl cyclase; cAMP, cyclic adenosine monophosphate; PDE, phosphodiesterase; PKA, protein kinase A; EPAC, exchange protein directly activated by cAMP; 5'-AMP, 5' adenosine monophosphate; CaMKII, Ca<sup>2+</sup>/calmodulin-dependent protein kinase II; GRK2, G-protein coupled receptor kinase 2; α, β, γ, α-, β- and γ-subunits of the stimulatory G-protein.

### Figure 3: Interplay between EC coupling and mitochondrial energetics.

Krebs cycle activity is controlled by Ca<sup>2+</sup>, and mitochondrial Ca<sup>2+</sup> uptake is diminished in heart failure by changes in cytosolic Ca<sup>2+</sup> and Na<sup>+</sup> handling. This provokes an energetic deficit and oxidative stress, which further impairs EC coupling and aggravates systolic and diastolic function.

Nnt, nicotinamide nucleotide transhydrogenase; ETC, electron transport chain; ATPase, F<sub>1</sub>F<sub>o</sub>-ATP synthase; IDP<sub>m</sub>, isocitrate dehydrogenase; Mn-SOD, mitochondrial superoxide dismutase; CK, creatine kinase; Cr, creatine; PCr, phosphocreatine; SERCA, SR Ca<sup>2+</sup> ATPase; RyR, ryanodine receptor; late *I*<sub>Na</sub>, late Na<sup>+</sup> current; NCLX, mitochondrial Na<sup>+</sup>/Ca<sup>2+</sup>-exchanger; MCU, mitochondrial Ca<sup>2+</sup> uniporter; CaMKII, Ca<sup>2+</sup>/calmodulin-dependent protein kinase II; AR, adrenergic receptor. Red arrows (↑↓) indicate the direction of change in heart failure.

**Figure 4: Mechanisms of action of cardiotonic glycosides (CTG) and istaroxime (ISTA).**

ROS, reactive oxygen species; SR, sarcoplasmic reticulum; SERCA, SR Ca<sup>2+</sup> ATPase; RyR, ryanodine receptor; *I*<sub>Ca</sub> and *I*<sub>Na</sub>, Ca<sup>2+</sup> and Na<sup>+</sup> currents; NCX; Na<sup>+</sup>/Ca<sup>2+</sup>-exchanger; NKA, Na<sup>+</sup>/K<sup>+</sup>-ATPase; NCLX, mitochondrial Na<sup>+</sup>/Ca<sup>2+</sup>-exchanger; TCA, tricarboxylic acid (Krebs) cycle. Red arrows (↑↓) indicate the direction of change in response to CTG.

**Figure 5: Mode of action of levosimendan and its active metabolite OR-1896.**

Both Ca<sup>2+</sup>-sensitization and PDE3-inhibition at nanomolar concentrations ([nM]) contribute to their inotropic and lusitropic effects. Activation of mitochondrial K<sub>ATP</sub> (mitoK<sub>ATP</sub>) channels at micromolar concentrations ([μM]) may provide protection against ischemia/reperfusion.

AR, adrenergic receptor; PDE, phosphodiesterase; cAMP, cyclic adenosine monophosphate; PKA, protein kinase A; SR, sarcomplasmic reticulum; SERCA, SR Ca<sup>2+</sup> ATPase; RyR, ryanodine receptor; *I*<sub>Ca</sub> and *I*<sub>Na</sub>, Ca<sup>2+</sup> and Na<sup>+</sup> currents; NCX; Na<sup>+</sup>/Ca<sup>2+</sup>-exchanger; NKA, Na<sup>+</sup>/K<sup>+</sup>-ATPase; ETC, electron transport chain; T-tubule, transversal tubule. Red arrows (↑↓) indicate the direction of change in heart failure, while green arrows (↑↓) indicate the direction induced by levosimendan.

**Figure 6: Mechanism of action and effects of omecamtiv mecarbil.**

**A**, The mechanochemical cycle of myosin. Yellow indicates myosin weakly bound to actin, while red indicates the myosin strongly bound to actin. Omecamtiv mecarbil (OM) accelerates the transition rate of myosin into the strongly actin-bound force-generating state. **B**, Representative tracings showing that OM (200 nM) increases the time and amplitude of myocyte shortening without any effect on the cytosolic Ca<sup>2+</sup> transient. In contrast, the β-AR agonist isoproterenol increases myocyte shortening through increasing cytosolic Ca<sup>2+</sup> transients. Fractional systolic sarcomere shortening and diastolic cell length (**C**) as well as time to peak and maximal relaxation velocity (**D**) in isolated rat cardiac myocytes in response to escalating concentrations of OM. **A-D** are from Malik et al. <sup>96</sup> with permission. **E**, Impact of OM (20 min infusion at a dose that prolonged SET by 20%) on LV pressure-volume loops in a pig model of myocardial stunning (termed “post-ischemic” heart). The volumes indicate LV stroke volume and end-diastolic volume, of which EF is calculated. Taken from Bakkehaug et al. <sup>99</sup> with permission. **F**, The impact of OM at 0.1 or 1 μM on normalized isometric force in response to increasing Ca<sup>2+</sup> concentrations (decreasing pCa) in skinned rat cardiac myocytes. Taken from Nagy et al. <sup>102</sup> with permission.

**Figure 7: Mechanisms of action of nitroxyl (HNO) in HF.** HNO affects redox-sensitive residues of various proteins involved in myocyte Ca<sup>2+</sup> handling. In particular, HNO increases SERCA activity and sensitizes myofilaments to Ca<sup>2+</sup>. In concert, these properties increase SR Ca<sup>2+</sup> load, systolic Ca<sup>2+</sup> transients and contraction. Red arrows (↑↓) indicate the direction of change in heart failure, while green arrows (↑↓) indicate the direction induced by HNO.

**Figure 8: Known and hypothesized bioenergetic consequences of inotropic interventions that either increase cytosolic Ca<sup>2+</sup> or myofilament Ca<sup>2+</sup> sensitivity.** ECC, excitation-contraction coupling; ETC, electron transport chain; MCU, mitochondrial Ca<sup>2+</sup> uptake.

### Summarizing Illustration:

In systolic HF, contractile dysfunction is primarily related to attenuated increases in cytosolic Ca<sup>2+</sup> during systole. This is the result of decreased activity of the sarcoplasmic reticulum (SR) Ca<sup>2+</sup> ATPase (SERCA) and leaky ryanodine receptors (RyR). Maximal contractility is further limited by decreased adenosine triphosphate (ATP) production in mitochondria. **Dobutamine** and **norepinephrine** activate β<sub>1</sub>-adrenergic receptors (β<sub>1</sub>-AR), increasing cAMP which phosphorylates protein kinase A (PKA). PKA in turn phosphorylates proteins involved in EC coupling and thereby accelerates the kinetics and amounts of cytosolic Ca<sup>2+</sup> during systole. The phosphodiesterase 3 (PDE3) inhibitors **enoximone** and **milrinone** potentiate β-AR-induced cAMP elevations and therefore, have similar effects on inotropy as dobutamine, increasing Ca<sup>2+</sup> fluxes. **Digitalis** inhibits the Na<sup>+</sup>/K<sup>+</sup>-ATPase (NKA) and thereby elevates intracellular Na<sup>+</sup>, which in turn elevates Ca<sup>2+</sup> by hampering cytosolic Ca<sup>2+</sup> export via the forward mode Na<sup>+</sup>/Ca<sup>2+</sup> exchanger (NCX) and may increase reverse mode NCX-mediated Ca<sup>2+</sup> influx during the early phase of the action potential. **Istaroxime** has similar effects as digitalis but also activates SERCA to accelerate diastolic Ca<sup>2+</sup> uptake into the SR. **SERCA2a gene therapy** increases the mRNA and protein levels of SERCA and thereby, potentiates SR Ca<sup>2+</sup> uptake and release. **Nitroxyl (HNO)** activates SERCA activity and increases myofilament Ca<sup>2+</sup> sensitivity. **Levosimendan** increases the affinity of troponin C to Ca<sup>2+</sup> and thereby, increases force generation for any given cytosolic Ca<sup>2+</sup> concentration. In addition, levosimendan inhibits PDE3, which elevates cAMP and PKA activity with subsequent effects on Ca<sup>2+</sup> handling as described above for catecholamines and PDE-inhibitors. **Omecamtiv mecarbil** is a myosin activator that prolongs actin-myosin interaction and thereby, results in a prolongation (but not acceleration) of contraction. **Elamipretide** (also known as **Bendavia** or **MTP-131**) binds to cardiolipin in the inner mitochondrial membrane, increasing ATP production and reducing the generation of reactive oxygen species (ROS). **Trimetazidine** and **perhexilline** optimize substrate utilization and thereby, improve cardiac energetics. **Iron** restores iron deficiency and thereby, may improve function of Krebs cycle enzymes and possibly, the electron transport chain (ETC).