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# **Validation of plasma biomarker candidates for the prediction of eGFR decline in patients with type 2 diabetes mellitus**

**Running title:** Markers predicting chronic kidney disease in diabetes

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## **Abstract**

### **Objective**

The decline of estimated glomerular filtration rate (eGFR) in patients with type 2 diabetes is variable and early interventions would likely be cost effective. We elucidated the contribution of 17 plasma biomarkers to the prediction of eGFR loss on top of clinical risk factors.

### **Research Design and Methods**

We studied participants in PROVALID, a prospective multinational cohort study of patients with type 2 diabetes and a follow up of more than 24 months (n = 2560; baseline median eGFR 84 mL/min/1.73m<sup>2</sup>, UACR 8.1 mg/g). The 17 biomarkers were measured at baseline in 481 samples using Luminex technology and ELISA. The prediction of eGFR decline was evaluated by linear mixed modeling.

### **Results**

In univariable analyses nine of the 17 markers showed significant differences in median concentration between the two groups. A linear mixed model for eGFR obtained by variable selection exhibited an adjusted R<sup>2</sup> of 62%. A panel of twelve biomarkers was selected by the procedure and accounted for 34% of the total explained variability, of which 32% were due to five markers. Each biomarker's individual contribution to the prediction of eGFR decline on top of clinical predictors was generally low. When included into the model, baseline eGFR exhibited the largest explained variability of eGFR decline (R<sup>2</sup> of 79%) and the contribution of each biomarker dropped below 1%.

### **Conclusions**

In this longitudinal study of patients with type 2 diabetes and maintained eGFR at baseline, 12 of the 17 candidate biomarkers were associated with eGFR decline, but their predictive power was low.

**Keywords:** diabetes, progression, biomarkers, chronic kidney disease, omics, systems biology, prognosis

## Introduction

The incidence of patients with type 2 diabetes is increasing worldwide and diabetic kidney disease (DKD) is a major cause of premature disability and death. Interventions in later stage chronic kidney disease (CKD) can only limit the damage and thus it is necessary to risk-stratify incident patients according to their projected disease course (1; 2). Unfortunately, the prediction of an individual's loss of estimated glomerular filtration rate (eGFR) based on clinical and demographic parameters is poor (3). Thus, research in the last decade focused on the discovery of molecular markers for the refinement of individual CKD progression (4).

Several candidate markers have been discovered that showed statistical associations with eGFR decline or progression of proteinuria (5). However, kidney disease in type 2 diabetic patients is driven by a heterogeneous set of pathophysiological processes (6). Consequently, it is unlikely that a sole marker can capture all these different pathophysiological processes that lead to CKD progression. Thus investigators focused on parsimonious multi-marker panels. Such a molecular selection was derived and experimentally tested in the EU FP-7 project SysKid (Systems Biology toward Novel Chronic Kidney Disease Diagnosis and Treatment) (7). The biomarker panel added explained variability to a 'clinical variable only' model but has not yet been thoroughly validated in an independent cohort. In addition, several other prognostic biomarkers for kidney disease progression in patients with diabetes have been identified but were never validated as a combined marker panel in a specifically designed prospective cohort.

The aim of our study was to integrate high evidence biomarker candidates in a parsimonious panel of prognostic markers and to test their ability to predict eGFR loss when combined with commonly available clinical risk factors.

The BEAt-DKD consortium (Biomarker Enterprise to Attack DKD; <http://www.imi.europa.eu/projects-results/project-factsheets/beat-dkd>) was founded to identify targetable mechanisms and pathways underlying initiation and progression of DKD, as well as to identify and validate biomarkers of disease progression and treatment responses. One of its first tasks is the validation of the best available biomarker candidates in a prospective cohort of patients with type 2 diabetes and early stage kidney disease.

## **Research Design and Methods**

### **Biomarker Selection**

Biomarkers for the present study were selected from biomarker candidates generated by the SYSKID and SUMMIT consortia (8; 9). We integrated diverse sources of information relevant to the relationship with DKD including evidence from literature (4); transcriptomic analyses from microdissected renal tissue ascertained from subjects with DKD ([www.nephroseq.org](http://www.nephroseq.org)); whole blood methylation profiles from type 1 diabetic patients with and without DKD; and genetic association data. Priority biomarkers from this integration were assessed for availability of Luminex and ELISA assays and combined to maximize the number of markers that could be measured in a single sample aliquot. A listing of candidates from which the current 17 markers were selected is provided in supplement table 1.



## **Study Cohort and Selection of Study Participants**

The study cohort was derived from PROVALID, a prospective multinational cohort study of patients with type 2 diabetes and incident or early CKD (10-12). A flow chart of patient selection is provided in supplement figure 1. In total 4065 subjects were recruited in five countries. From those, 2560 subjects from Austria, Hungary and Scotland were available for this study. After excluding subjects with less than 720 days of follow up (FU), patients were grouped by CKD stage and broken up into quintiles based on their individual eGFR slopes (supplement table 2). PROVALID recruited subjects at the primary healthcare level and thus the number of patients in stages G4 and G5 is low. For the remaining stages (G1 to G3b), samples in the fourth quintile (eGFR slope [-0.79, 1.39] ml/min/year) and first quintile (eGFR slope [-24.9, -5.2] ml/min/year) were deemed to be stable and fast progressors, respectively. Within the first quintile, stage G3 was underrepresented compared to the stable group and was therefore supplemented from the second quintile [-5.2, -2.58]. This selection yielded 258 patients in the stable group (median eGFR slope 0.1 mL/min/year) and 223 patients in the fast progressors group (median eGFR slope -6.75 mL/min/year). The two groups were closely matched for age, gender, BMI, blood pressure and baseline eGFR. Demographics of the study population and medication details are provided in table 1 and supplement table 3, respectively.

## **Outcome of Interest**

The outcome of interest was renal function decline over time, which was determined annually by eGFR, estimated according to the CKD-EPI equation (13).

## **Clinical Risk Factors**

The following baseline clinical risk factors served as candidate predictors: age, gender, serum cholesterol, UACR, HbA1C, MAP and BMI. eGFR at baseline was either part of the dependent variable or included as predictor. Since anemia does not present a problem in early stage CKD, hemoglobin levels were omitted from the models.

## **Biomarker Selection and Measurement**

All markers were measured in K3 EDTA plasma. A custom Human Premixed Multiplex Luminex (catalog no. CUST0I704; R&D Systems, Minneapolis, MN) was used to measure eleven markers with 1:2 sample dilution: Chitinase-3-like protein 1 (CHI3L1), Chemokine receptor ligand 2 (CCL2), Growth hormone (GH), Hepatocyte growth factor (HGF), Matrix metalloproteinase 1 (MMP1), Matrix metalloproteinase 7 (MMP7), Matrix metalloproteinase 8 (MMP8), Sclerostin (SOST), Tyrosine-Protein Kinase Receptor (TIE2), Tumor necrosis factor receptor 1 (TNFR1) and Vascular cell adhesion molecule 1 (VCAM1). A second Human Premixed Multiplex Luminex Kit (catalog no. LXSAH-03; R&D Systems) was used to measure three markers with 1:50 sample dilution: Uromodulin (UMOD), Endostatin and Cystatin C. Samples were diluted using the calibrator diluent provided in the kit, processed according to manufacturer specification and measured on a Luminex 200 (Luminex Corporation, Austin, TX) with xPONENT software (version 3.1.971.0). Instrument settings were set according to assay protocol.

For the calibration and verification of the Luminex a Luminex 200 Performance Verification Kit and Calibration Kit (catalog no 40-276 and 40-275, Merck Millipore, Billerica, MA) were used.

Kidney injury molecule-1 (KIM1) was measured by ELISA (catalog no. DSKM100, R&D Systems). Samples were diluted 1:2, processed according to assay procedure and

measured on a TriStar<sup>2</sup> LB 942 Modular Multimode Microplate Reader (Berthold Technologies, Bad Wildbad, Germany) using wavelength settings as instructed in the assay procedure. Absolute concentrations were determined using MikroWin2010 v5.21 software (Berthold Technologies).

For quality control, Pooled Normal Human Plasma K3 EDTA (catalog no. IPLA-N-100ml-K3 EDTA, Innovative Research, Novi, MI) was spiked with recombinant proteins (R&D Systems) to create low, medium and high-level controls.

All samples were measured as two technical replicates and required to have a coefficient of variation (%CV) below 12%. In addition, 10% of all samples were remeasured on a different plate to perform FDA recommended incurred sample reanalysis. More than 72% of incurred sample reanalysis showed a percentage difference below 20% and measurements were therefore in concordance with FDA guidelines (supplement table 4). Values out of quantifiable range were set to 0.5 and 1.5 times the lower and upper quantification limits, respectively (supplement table 5 and supplement figure 2).

Fibroblast growth factor 23 (FGF23) was measured using a FGF-23 (C-Term) ELISA (catalog no. 60-610, Quidel San Diego, CA) with a dilution of 1:2 according to manufacturer's recommendations. Signal was measured using EnVision plate reader (Perkin elmer, Waltham, MA) using optical density wavelength instructed by the procedure. N-terminal prohormone of brain natriuretic peptide (NTproBNP) was measured using an NTproBNP ELISA (catalog no. K151JKC, Mesoscale Discovery, Gaithersburg, MD) with a dilution of 1:10. Samples were processed according to manufacturer recommendations, and electrochemiluminescence signal was measured on a MESO QuickPlex SQ 120 (Mesoscale Discovery). Samples were measured in technical replicates. Interassay %CV was estimated using internal controls. Due to

limited available sample volume NTproBNP and FGF23 concentrations were determined in only 480 and 437 out of the 481 samples respectively and for 86 samples FGF23 concentration could only be determined in single measurements. %CV were required to be less than 20% and average inter- and intra-assay %CV for FGF23 and NTproBNP were 5.5 and 3.2 and 13.2 and 7.0, respectively.

### **Samples Size Estimate**

As all 17 biomarkers were pre-selected from previous projects, it was estimated that 500 samples would be sufficient to reach more than 80% power to detect at least a single biomarker with a statistically significant effect on the outcome renal function decline (supplement figure 4). Key assumptions were derived from (7).

### **Statistical Analysis**

Patient characteristics were described by mean and standard deviation, median and 1<sup>st</sup> and 3<sup>rd</sup> quartile or frequency and percentage for continuous and binary variables, respectively. Biomarker levels between the stable and fast progressing patient groups were compared by means of Mann-Whitney U tests. To estimate the effects of clinical risk factors and protein biomarkers on the outcome we employed univariable and multivariable linear mixed models. eGFR baseline measurements take on a special role in such analysis as they can be understood as part of the outcome or as a clinical covariate. Our main goal was to validate the biomarkers as predictors for renal function decline; therefore, eGFR levels at baseline were considered as part of the outcome and thus included in the dependent variable as they are subject to the same random variation as later values. To compare the contribution of biomarkers and baseline eGFR to the prediction of future eGFR levels we repeated the same modeling procedure as described in the following but added baseline eGFR to the set of covariates and removed it from the dependent variable. Random intercepts and

random slopes were used to model the patient specific eGFR trajectories, imposing no restrictions on their covariance. Interaction terms with time were included to model the effect on the eGFR slope.

Results are reported as coefficients and associated p-values. The baseline coefficient (main effect) can be interpreted as association with mean eGFR levels; the slope coefficient (interaction effect) as association with the eGFR change over time. We investigated the importance of predictors by applying backward elimination based on Akaike's Information Criterion (AIC) on a model containing all protein biomarkers and clinical predictors. Hierarchy of interactions and main effects were kept intact: a baseline effect was only dropped if no associated slope effect was present in the model.

The adjusted  $R^2$  of the fixed effects part was obtained by multiplying the unadjusted  $R^2$  with a correction factor of  $(N-K-1)/(N-1)$ , where  $N$  and  $K$  denote the number of patients and the number of fixed effects in the model, respectively. To further assess the contribution of specific covariates to the prediction of the outcome, we decomposed the adjusted  $R^2$  by computing the drop in  $R^2$  when excluding a specific covariate from the model, scaling the resulting values to add up to the total adjusted model  $R^2$ .

Biomarker levels were log2 transformed to normalize their distributions. The model results presented here were pooled by Rubin's rules from multiply imputed datasets to account for uncertainty due to missing data in predictors. Thus, in each model all 481 samples were included. By applying the variable selection procedure to each imputation we obtained selection frequencies facilitating assessment of model instability due to missing data. Our final model comprised predictors chosen in at least half of the imputations. Model instability due to general sampling variation was assessed by drawing bootstrap resamples in each imputed dataset.

Complete-case only analyses, the number of available samples per predictor and a description of the multiple imputation procedure is provided in the supplementary material.

Logistic regression models were applied to obtain classification models for progression status based on the predictor values.

P-values less than 0.05 were considered statistically significant and all p-values are two-sided. We used the R statistical software (<https://www.r-project.org/foundation>, Vienna, AT) for all analyses.

## **Results**

In total, 481 patient baseline plasma samples were measured for 17 biomarkers. A detailed breakdown of availability by marker is provided in supplement table 6. Figure 1 shows biomarker levels grouped by speed of progression of renal function decline. When comparing median levels using Mann-Whitney U tests, several markers showed a significant difference between the two groups of patients (no adjustment for multiple testing). However, the marker level distributions overlap and the observed differences are small with an average of 25%. Non-parametric Spearman correlation coefficients between biomarkers and clinical data are visualized as heatmap in supplement figure 3.

Supplement table 7 shows the results from univariable mixed model analysis. Reported baseline coefficients correspond to the prediction of mean eGFR levels at timepoint zero; slope coefficients to the prediction of the change of eGFR levels over time. Except for SOST, MMP8 and CCL2, all markers show a significant association with eGFR levels via the baseline coefficients. Most of these associations remain

significant, even after adjustment for clinical risk factors (supplement table 8). Only few biomarkers show a significant association with eGFR change over time via their slope coefficients.

MMP8 (66% of samples below limit of quantification) and SOST (30% missing) were removed from all further multivariable analyses due to the high number of missing values and no apparent association with eGFR decline in univariable analysis. The results from the final model obtained from backward elimination are reported in table 2. Overall the biomarker predictors account for 34.4% of the explained variability of eGFR levels. According to their contribution to explained variability, the biomarkers can be split into two groups (supplement table 9). Biomarkers in the first group are mainly useful for prediction of mean eGFR values via their baseline coefficients; their effect stays constant over time. The second group also adds to the prediction of eGFR change over time via their slope coefficients. However, the contribution of the second group to the model  $R^2$  is comparatively small (30.9% and 3.5% for group one and two, respectively) indicating that the biomarkers contribute primarily through the prediction of mean eGFR levels. Figure 2 shows the model fit via predicted median eGFR trajectories for stable and fast progressing patients from the final mixed model together with observed eGFR distributions at each FU visit. An additional bootstrap procedure shows that almost all predictors from our final model are selected with high frequency, indicating satisfactory model stability (supplement table 10). Furthermore, multivariable models without variable selection including clinical covariates only and biomarkers on top of clinical covariates give an indication of the achievable predictive performance in this cohort (supplement tables 11 and 12).

The weak association with eGFR slopes is further demonstrated by low discriminative power when using logistic regression models to discriminate between stable and fast

progressing patients. The resulting low Area Under the Curve (AUC) values corroborate our findings that the biomarkers are mainly associated with mean eGFR baseline levels (supplement table 13 and 14).

Results from the analysis including baseline eGFR levels as covariate further indicate that the added value of the biomarkers on top of these measurements is low with regards to prediction of future eGFR levels. In corresponding univariable analyses, only six biomarkers remained significantly associated with mean eGFR levels, when baseline eGFR was included in the models (supplement table 15).

The final model selected by backward elimination from the pool of candidate predictors including baseline eGFR is provided in supplement table 16. Compared to the model without baseline eGFR as covariate, further four biomarkers are eliminated from the model; otherwise biomarker selection remains similar (supplement table 17). The dominating influence of baseline eGFR levels on prediction of eGFR levels after baseline is expressed by their high adjusted  $R^2$  measure, which is essentially equal to the model's  $R^2$  – dropping any other predictor leaves the model's predictions virtually unchanged. However, even for baseline eGFR levels, the predictive power is mostly due to prediction of mean eGFR levels after baseline, rather than through the prediction of the eGFR slope.

Corresponding complete-case only analyses and the number of available samples per predictor are provided in the supplement tables 18 and 19. The results remained largely unchanged with an adjusted  $R^2$  of 62% of the mixed model for eGFR prediction, thus supporting the validity of the results of the multiply imputed analysis.



## Conclusions

We performed a validation study of 17 pre-selected plasma protein markers with reported high evidence for the prediction of eGFR decline in patients with type 2 diabetes and incident or early stage CKD. We showed that in an univariable analysis nine of the markers had significantly different concentration levels between patients with stable eGFR and fast progression of eGFR decline. Fourteen biomarkers significantly contributed to the prediction of eGFR levels. However, most of the predictive ability was attributable to the association with baseline GFR. In the multivariable analysis of eGFR decline over time only five markers (KIM1, FGF23, NTproBNP, HGF, MMP1) remained significant but exhibited only a modest predictive power on top of clinical covariates. Furthermore, if the longitudinal analysis was adjusted for baseline eGFR, none of the biomarkers were able to contribute a relevant portion of explained variability, suggesting that baseline eGFR is the key variable in prediction of renal function at a very early CKD stage. Interestingly urinary albumin excretion was only of limited value for predicting eGFR loss which may be explained by the minute amount of albuminuria in the patients investigated.

Other studies of patients with type 2 diabetes and incident or early stage CKD have shown that even well-established clinical risk factors of later stage disease do not perform well in discriminating progressors at early stages. Dunkler and colleagues have shown by using only clinical variables that the discrimination for the progression of CKD in patients with type 2 diabetes is actually very low on an individual basis (14). eGFR and to some extent albuminuria were the most important factors for predicting progression but their predictive ability in total was modest.

Niewczas and colleagues showed that, on top of clinical covariates, elevated concentrations of serum TNFR1 in 410 patients with later stage disease and long term FU was strongly associated with baseline GFR and predicted ESRD that happened in 59 patients after a median FU of twelve years (15). This is in line with our current and previous findings that TNFR1 exhibited the highest explained variability in the longitudinal analysis for eGFR loss. However, death as a competing risk factor in analysis of the progression of kidney disease needs to be considered here. It is possible that differences in lead-time bias between studies explain the discrepancies in biomarker prediction of eGFR decline between the present and other studies (15). For example, patients that reached ESRD in the Niewczas study exhibited macroalbuminuria of 623  $\mu\text{g}/\text{min}$  already at baseline compared to very low grade albuminuria of 20  $\mu\text{g}/\text{min}$  in patients without progression. Additionally, supporting the argument of a lead-time is the fact that patients who progressed to ESRD over 12 years exhibited an eGFR reduction by almost half to 61  $\text{mL}/\text{min}/1.73\text{m}^2$  at baseline compared to non-progressors.

A multinational consortium from France investigated serum TNFR1 as predictor of eGFR slope in 522 patients (median FU of four years) with type 2 diabetes at later CKD stages, i.e. albuminuria of more than 30  $\text{mg}/\text{mmol}$  creatinine (16). The investigators applied logistic regression and found a statistically significant increase of ESRD discrimination in each TNFR1 baseline quartile, but parameter estimates for a multivariable model with clinical covariates were missing.

Similar as in our previous study and in Saulnier et al. we used linear mixed models to separate the marker contributions into association with baseline eGFR and eGFR change over time (17). Our finding of higher levels of TNFR1 and NTproBNP in the fast

progressor group are in line with the association with renal function loss observed by Saulnier et al.

Ban and colleagues reported serum MMP7 association with proteinuria and GFR in a cross-sectional analysis (18).

In 2017, a group from Denver investigated the test characteristics of selected plasma biomarkers for predicting eGFR below 60 mL/min/year and albuminuria above 30 mg/g creatinine in patients with type 1 diabetes using principal component analysis and Cox proportional-hazards models (19). The main finding was that after adjustment for traditional risk factors only KIM1 and Cystatin C exhibited a significant but modest improvement in discrimination. The principal component holding the most promising markers increased the AUC by only two percent. These results are well in line with our finding that in patients with type 2 diabetes candidate biomarkers may not be useful for eGFR slope prediction.

Recently, Garlo et al. observed results similar to our findings in their biomarker evaluation in over 5000 enrolled patients with type 2 diabetes (20). eGFR decline occurred in 98 patients over a median of 1.5 years. Established markers such as Cystatin C or biomarkers of tubular injury did not substantially improve the prediction of eGFR loss on top of clinical predictors.

Our previous analysis of nine biomarkers in two cohorts of patients with different baseline eGFR showed that explained variability of eGFR loss in patients with eGFR below 60 mL/min was mainly driven by MMP7 and TNFR1 (7). In patients with baseline eGFR above 60 mL/min contribution of all markers was modest with an adjusted  $R^2$  of

15% and 35% for a combination of biomarkers and clinical predictors. The inclusion of further eight well investigated biomarkers did not substantially increase the predictability of eGFR loss in our current analysis. However, the fact that nine out of the 17 markers showed statistically significant differences in concentration levels between the group of patients with stable kidney function and the group with fast renal function decline supports the initial marker selection for this study. Yet, our analysis showed that the main contribution of these biomarkers is their association with baseline eGFR values rather than eGFR slopes.

The individual slope of eGFR loss is highly variable in patients with diabetes and may be modified by medication. However, the aim of the present study was to predict the slope from baseline biomarkers independently of subsequent interventions such as comedication, lifestyle changes or any other factors. Therefore, we did not use medication in our main model on purpose, because it would be a baseline-adjustment for interventions that occurred afterwards, hence using information not available at time of prediction. In addition, all patients in the PROVALID study were optimally treated according to guidelines for patients with diabetes (21; 22). An analysis including treatment status at baseline, corroborating the negligible effect of medication on the performance of the biomarkers can be found in supplement tables 20 and 21.

A key strength of PROVALID is that the study was specifically designed for the validation of biomarkers in patients with type 2 diabetes (10). However, our study has a few limitations. The selection of patients from the PROVALID cohort was based on the outcome of eGFR. While this likely leads to over-optimistic results, our rationale was to maximize power to validate the candidate biomarkers utility to predict eGFR loss independently of clinical parameters. Since it turned out that even with the

preselection marker performance was poor in this cohort of early stage CKD patients this limitation is irrelevant. A potential limitation is the relative short FU of three years. However, all patients had baseline and annual eGFR determinations which led to a robust slope estimation and thus stable marker performance estimates.

The strengths of our study are the careful analysis of biomarkers according to EMA and FDA standards in a multinational prospective study (<http://academy.gmp-compliance.org/guidemgr/files/UCM368107.PDF>). Sample aliquots were stored at minus 80°C immediately after collection and never thawed until analysis. The percentage difference between reruns was well within the FDA recommended range. A further asset is the thorough statistical analysis in which we dissociated the effects of markers on the prediction of baseline eGFR and slope alone and in combination with clinical covariates known to be key risk factors for CKD progression.

In conclusion, the prediction of eGFR slope using baseline circulating biomarkers in combination with clinical parameters was modest. Most of the predictive power was generated by the association of markers with baseline eGFR, which was by far the strongest predictor of future eGFR levels. Given the inferior performance of this highly selected biomarker set in early stage CKD patients to predict future eGFR loss, it is unlikely that these markers will be useful for clinical decision making. Nevertheless, their assessment might be useful to identify individual biological processes that may contribute to the progression of very early stage renal disease.

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A full list of BeatDKD partners may be found on the website

(<http://www.imi.europa.eu/projects-results/project-factsheets/beat-dkd>).

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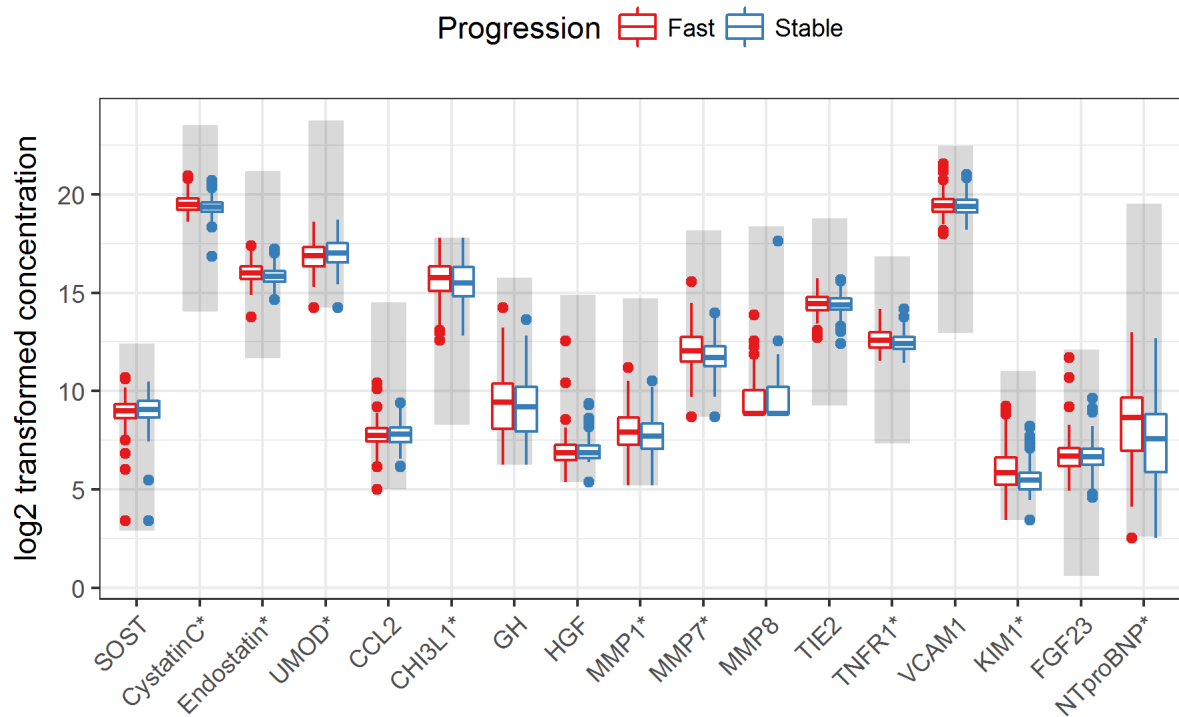
## **Duality of Interest**

No potential conflicts of interest relevant to this article were reported.

## **Author Contributions**

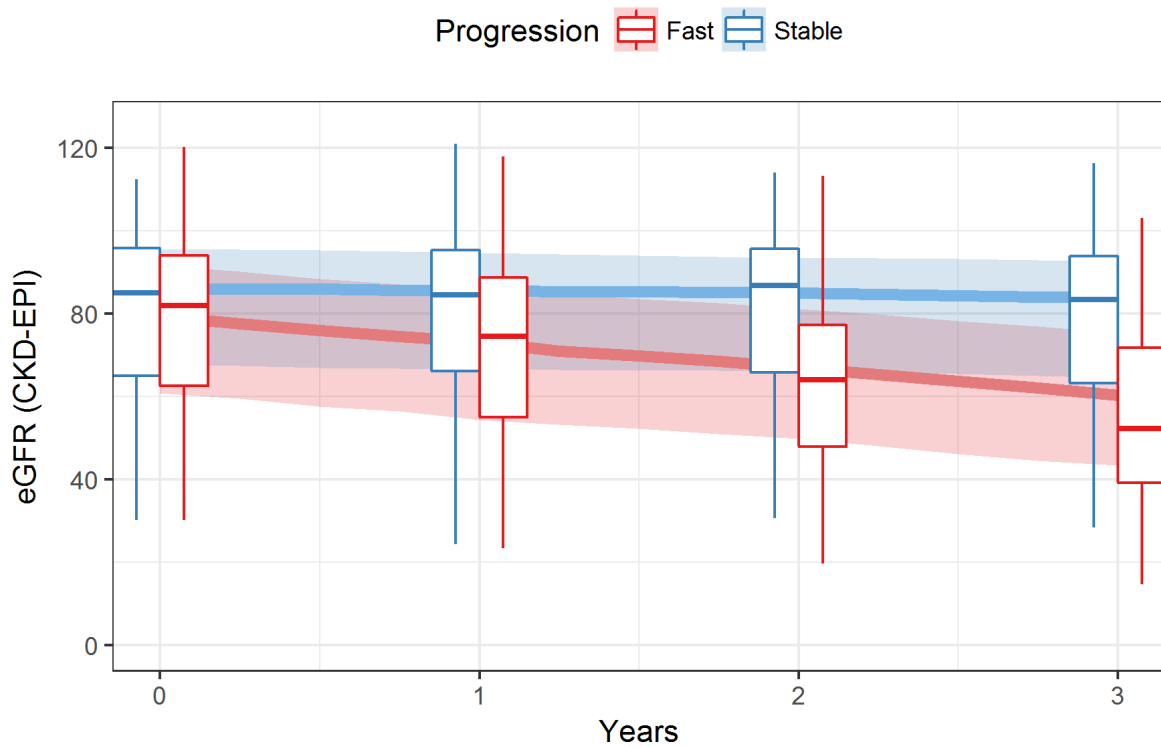
R.O. wrote the draft of the manuscript. A.H. supervised data acquisition, contributed to interpretation of data and writing of the manuscript. M.Ka. performed data processing and analysis and contributed to writing of the manuscript. G.M. conceived the design of the study cohort and contributed data. R.R. contributed to analysis of the data. K.H. performed most laboratory measurements and contributed to data quality control. P.P. contributed to study design and writing of the manuscript. K.D. and J.W. contributed additional laboratory measurements. S.E. contributed to data acquisition. M.A. contributed to initial biomarker selection. L.R., P.M., W.J., M.Kr., P.G., M.McC., H.H., A.W., M.F.G. and all other authors revised the manuscript for important intellectual content. R.O. is the guarantor of this work and, as such, had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.





**Figure 1.** Concentration levels (log2 transformed) for all 17 biomarkers grouped by speed of progression of renal function decline. All concentrations are given in pg/ml except for FGF23 which is given in relative units. Quantifiable range of assays is indicated by areas shaded in grey. Biomarkers marked with an \* show a significant difference in median levels between the two groups (Mann-Whitney U test, no p-value adjustment for multiple testing).





**Figure 2.** Predicted median eGFR trajectories from the multivariable linear mixed model for eGFR levels (with baseline eGFR as part of the dependent variable) obtained by AIC-based backward elimination (solid line). Shaded areas indicate the interquartile range of predictions. Superimposed boxplots show the observed values summarized at each yearly FU visit.

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**Table 1.** Baseline characteristics of the study cohort, overall and stratified by stable or fast progression of eGFR decline. Data are reported as mean  $\pm$  standard deviation, median (1st quartile, 3rd quartile) and absolute frequency (relative frequency) where appropriate. Supplement table 3 gives more details on medication of the study patients. None of the differences between the two groups are significant after adjusting for multiple comparisons by Holm's method (except for eGFR decline, which is the outcome of the study). We compared medians of continuous variables with Mann-Whitney U tests and proportions of categorical variables with Chi-squared tests.

		Baseline value		
	Missing	Overall	Stable	Fast
Number of patients		481	258	223
Age (Years)	0	64 ± 9.3	64 ± 10	65 ± 9
Gender (Female)	0	232 (47%)	117 (45%)	115 (50%)
Smoking status (Never)	0	250 (51%)	134 (52%)	116 (50%)
Duration of diabetes (Years)	0	10.8 ± 8.8	10 ± 8	12 ± 9
BMI (kg/m <sup>2</sup> )	0	31 ± 5.5	31 ± 5	32 ± 6
Systolic blood pressure (mmHg)	0	138 ± 17.4	138 ± 16	139 ± 19
Diastolic blood pressure (mmHg)	0	79 ± 10.3	79 ± 10	79 ± 10
HbA1c (%; mmol/mol)	4 (<1%)	6.8 (6.3 / 7.6); 51 (45 / 60)	6.8 (6.3 / 7.7); 51 (45 / 61)	6.8 (6.2 / 7.6); 51 (44 / 60)
Hemoglobin (mmol/l)	9 (1%)	8.6 (8.1 / 9.3)	8.8 (8.2 / 9.3)	8.5 (7.9 / 9.1)
Serum glucose (mmol/l)	1 (<1%)	7.4 (6.2 / 9)	7.5 (6.3 / 9)	7.4 (6 / 8.9)
Serum cholesterol (mmol/l)	1 (<1%)	4.6 (4 / 5.5)	4.6 (4 / 5.4)	4.6 (4 / 5.6)
Serum creatinine (μmol/l)	0	77 (66 / 95)	77 (67 / 95)	77 (65 / 95)
UACR* (mg/g)	14 (3%)	8.8 (4.7 / 26.5)	8.2 (4.6 / 21)	9.2 (5 / 36.5)
Glucose lowering agents <sup>†</sup>	0			
None		59 (12%)	35 (14%)	24 (11%)
1 – 2 agents		355 (74%)	192 (74%)	163 (73%)
> 2 agents		67 (14%)	31 (12%)	36 (16%)
Blood pressure lowering agents <sup>‡</sup>	0			
None		77 (16%)	52 (20%)	25 (11%)
1 – 2 agents		195 (41%)	106 (41%)	89 (40%)
> 2 agents		209 (43%)	100 (39%)	109 (49%)

		Baseline value		
	Missing	Overall	Stable	Fast
ESA therapy <sup>§</sup>	0	11 (2%)	4 (2%)	7 (3%)
eGFR CKD-EPI (ml/min/1.73m <sup>2</sup> )	0	84 (64 / 94)	85 (65 / 96)	82 (63 / 94)
eGFR CKD-EPI decline per year (ml/min/1.73m <sup>2</sup> /year)	0	-0.71 (-6.3 / 0.2)	0.14 (-0.44 / 0.68)	-6.75 (-9.04 / - 5.48)

\*UACR: Urinary albumin to creatinine ratio

† Agent classes: Biguanides, Insulin, Sulfonylureas, DPPIV inhibitors/GLP1 agonists, Glinides, Glitazones, Alpha-Glucosidase-inhibitors, SGLT2

‡ Agent classes: ACE inhibitors / ARBs,  $\beta$ -blockers, Calcium antagonists (including direct vasodilators),  $\alpha$ -blockers, Diuretics (Thiazide diuretics / Loop diuretics)

§ Including Darbepoetin alfa, Epoetin alfa, Epoetin beta, Epoetin theta, Epoetin zeta, Others

**Table 2.** Multivariable linear mixed model for prediction of eGFR levels (with baseline eGFR as part of the dependent variable) obtained from AIC-based backward elimination on all candidate predictors (log2 transformed biomarker and clinical). The model had an adjusted R<sup>2</sup> of 62.5%. Biomarkers had a total contribution of 34.4%, clinical risk factors had a total contribution of 28.1%. The decomposition of the model R<sup>2</sup> combines the contributions of baseline and slope coefficients for each predictor.

Predictor	Baseline		Slope		R <sup>2</sup> decomposition
	Coefficient	p-value	Coefficient	p-value	
Constant	407.630	<0.001	-2.102	0.396	-
Cystatin C	-11.661	<0.001	n.s.	n.s.	9
Endostatin	-2.957	0.133	n.s.	n.s.	<1
UMOD	2.977	<0.001	n.s.	n.s.	4.3
CHI3L1	1.124	0.037	n.s.	n.s.	<1
HGF	0.047	0.949	0.463	0.044	<1
MMP1	0.731	0.187	-0.307	0.082	<1
MMP7	-1.233	0.064	n.s.	n.s.	<1
TIE2	4.622	<0.001	n.s.	n.s.	3.3
TNFR1	-10.888	<0.001	n.s.	n.s.	12.9
KIM1	-0.064	0.922	-1.084	<0.001	3
FGF23	-0.983	0.269	0.456	0.086	<1
NTproBNP	0.071	0.793	-0.253	0.006	<1
Age (Years)	-0.684	<0.001	0.048	0.039	27
Current or former smoker	2.460	0.024	n.s.	n.s.	<1
MAP	0.085	0.087	n.s.	n.s.	<1
Total cholesterol	-0.762	0.096	n.s.	n.s.	<1

n.s.: not selected