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1 **TITLE PAGE**

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3 **LDL-Cholesterol Lowering for the Primary Prevention of Cardiovascular**
4 **Disease Among Men with primary elevations of LDL-cholesterol levels of 190**
5 **mg/dL or above**

6 **Analyses from the WOSCOPS 5-year Randomised Trial and 20-year Observational Follow-**
7 **Up**

8

9 **Running title:** LDL-C Lowering for Primary Prevention in LDL-C \geq 190

10

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42 **KEY POINTS**

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44 **Question:** Is the lowering of LDL-cholesterol in the primary prevention of patients with LDL-
45 cholesterol ≥ 190 mg/dL beneficial?

46 **Findings:** in this post-hoc analysis from the WOSCOPS randomised trial of 2560 men with
47 primary elevations of LDL-cholesterol ≥ 190 mg/dL but without vascular disease, pravastatin
48 (vs. placebo) reduced the risk of coronary heart disease (CHD) by 27% and of major adverse
49 cardiovascular events by 25% over 4.9-years. Randomisation to pravastatin significantly
50 reduced the risk of CHD death (28%), cardiovascular death (25%) and all-cause mortality
51 (18%) over a total of 20-years (extended observational long-term follow-up) among those
52 with LDL-cholesterol ≥ 190 mg/dL.

53 **Meaning:** we provide for the first time evidence from a randomised trial demonstrating the
54 benefit of LDL-cholesterol lowering for the primary prevention of individuals with primary
55 elevations of LDL-cholesterol ≥ 190 mg/dL.

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63 **ABSTRACT**

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65 **Background:** Patients with primary elevations of LDL-C ≥ 190 mg/dL are at a higher risk of
66 atherosclerotic cardiovascular disease as a result of long-term exposure to markedly
67 elevated LDL-C levels. Therefore, initiation of statin therapy is recommended for these
68 individuals. However, there is a lack of randomised trial evidence supporting these
69 recommendations in primary prevention. In the present analysis we provide hitherto
70 unpublished data on the cardiovascular effects of LDL-C lowering among a primary
71 prevention population with LDL-C ≥ 190 mg/dL.

72 **Methods:** we aimed to assess the benefits of LDL-C lowering on cardiovascular outcomes
73 among individuals with primary elevations of LDL-C ≥ 190 mg/dL without pre-existing vascular
74 disease at baseline. We carried out post-hoc analyses from the West Of Scotland Coronary
75 Prevention Study (WOSCOPS) randomised, placebo-controlled trial, and observational post-
76 trial long-term follow-up, after excluding individuals with evidence of vascular disease at
77 baseline. WOSCOPS enrolled 6595 men aged 45-64 years, who were randomised to
78 pravastatin 40 mg/d or placebo. In the present analyses, 5529 participants without evidence
79 of vascular disease were included, stratified by LDL-C levels into those with LDL-C < 190
80 mg/dL (n=2969; mean LDL-C 178 ± 6 mg/dL) and those with LDL-C ≥ 190 mg/dL (n=2560;
81 mean LDL-C 206 ± 12 mg/dL).

82 The effect of pravastatin versus placebo on coronary heart disease (CHD) and major adverse
83 cardiovascular events (MACE) were assessed over the 4.9-year randomised-controlled trial
84 phase and on mortality outcomes over a total of 20-years of follow-up.

85 **Results:** among 5529 individuals without vascular disease, pravastatin reduced the risk of
86 CHD by 27% (p=0.002) and MACE by 25% (p=0.004) consistently among those with and
87 without LDL-C \geq 190 mg/dL (p-interaction >0.9). Among individuals with LDL-C \geq 190 mg/dL,
88 pravastatin reduced the risk of CHD by 27% (p=0.033) and MACE by 25% (p=0.037) during
89 the initial trial phase and the risk of CHD death, cardiovascular death and all-cause mortality
90 by 28% (p=0.020), 25% (p=0.009) and 18% (p=0.004), respectively, over a total of 20-years of
91 follow-up.

92 **Conclusions:** the present analyses provide robust novel evidence for the short and long-
93 term benefits of lowering LDL-C for the primary prevention of cardiovascular disease among
94 individuals with primary elevations of LDL-C \geq 190 mg/dL.

95

96 **[* Note: Trial Registration:** the original WOSCOSP trial was carried out between 1988 and
97 1995 and so it preceded the formal trial registration era. Nevertheless, the protocol and
98 statistical analysis plan related to the original WOSCOPS trial was pertinently published in an
99 international peer-reviewed journal and can be consulted as follows: *J Clin Epidemiol*
100 1992;45(8):849-60. The results we are reporting in the present manuscript are post hoc
101 analyses not envisaged in the original protocol; therefore, we provide in the present
102 manuscript a detailed description of the post hoc analyses design, methods and statistical
103 analyses carried out.]

104

105 **Keywords:** lipids and lipoproteins; statin therapy; primary prevention; cardiovascular
106 disease prevention

107 **CLINICAL PERSPECTIVE**

108 **1) What is new?**

- 109 • The present analysis from the WOSCOPS trial reports for the first time new
110 information on over 2500 men with LDL-cholesterol ≥ 190 mg/dL without pre-existing
111 vascular disease (a group lacking randomised trial evidence for statin therapy) and
112 their subsequent risk of cardiovascular events.
- 113 • Individuals with a LDL-Cholesterol ≥ 190 mg/dL have a 2-fold higher observed risk of
114 major cardiovascular events than would be predicted from a risk calculator.
- 115 • We provide compelling novel evidence from a randomised trial supporting the
116 benefit of LDL-cholesterol lowering on cardiovascular events among a primary
117 prevention population with LDL-Cholesterol ≥ 190 mg/dL.

118 **2) What are the clinical implications?**

- 119 • The present analysis provides novel supporting evidence from a randomised trial to
120 reinforce current recommendations of initiation of lipid-lowering therapy in the
121 primary prevention of individuals with primary elevations of LDL-C ≥ 190 mg/dL
122 without the need for risk estimation.
- 123 • Although these analyses are post-hoc, this approach is the only one that allows us to
124 address this question currently, since (i) nowadays it would be unethical to perform
125 a placebo-controlled trial in the population with LDL-C ≥ 190 mg/dL, and (ii) there is
126 no other randomised trial in primary prevention with statins including such a
127 significant proportion of patients with an LDL-C ≥ 190 mg/dL.

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129 **MAIN TEXT**

130

131 **Introduction**

132 Patients with primary elevations of low-density lipoprotein cholesterol (LDL-C) ≥ 190 mg/dL
133 (to convert values for cholesterol to mmol/L, multiply by 0.02586) are at a higher risk of
134 atherosclerotic cardiovascular disease (ASCVD) as a result of a long-term exposure to
135 markedly elevated LDL-C levels, even in the absence of pre-existing ASCVD (i.e. primary
136 prevention).^{1,2} This has been recently further supported by observations from the
137 Cardiovascular Lifetime Risk Pooling Project where these individuals, who were even
138 referred to as “FH phenotype” (eTable 1 in the Supplement), were observed to have an
139 accelerated risk of coronary heart disease (CHD) and ASCVD compared to individuals with
140 “average” levels of LDL-C.³ As such, initiation of statin therapy (and more recently also of
141 proprotein convertase subtilisin/kexin type 9 (PCSK9) inhibitors to further reduce LDL-C
142 levels) is recommended for individuals with primary elevations of LDL-C ≥ 190 mg/dL without
143 the need for risk assessment.^{1,2,4} However, there is a lack of published randomised trial
144 evidence supporting these recommendations in primary prevention with available evidence
145 extrapolated from the Cholesterol Treatment Trialist (CTT) meta-analyses (where lower LDL-
146 C cut-off points were used and patients with established vascular disease were included in
147 the high LDL-C category).^{5,6}

148 Currently it would be unethical to perform a placebo-controlled trial of LDL-C lowering
149 therapy among individuals with LDL-C ≥ 190 mg/dL. Nonetheless, we can address this
150 question using data from the West Of Scotland Coronary Prevention Study (WOSCOPS),
151 which aimed to assess the benefits of statin therapy among men with

152 hypercholesterolaemia and enrolled a significant proportion of patients with LDL-C \geq 190
153 mg/dL (mean LDL-C 192 mg/dL).^{7,8} Although WOSCOPS excluded individuals with apparent
154 myocardial infarction (MI), a proportion of participants still had evidence of other vascular
155 diseases at baseline.

156 In the present analysis, we provide hitherto unpublished data on the cardiovascular effects
157 of LDL-C lowering among a population with primary elevation of LDL-C \geq 190 mg/dL after
158 restricting analyses to participants without evidence of vascular disease at baseline.

159 Furthermore, clinical guidelines have differed on whether to recommend percentage
160 reductions in LDL-C or specific LDL-C levels among such patients^{1,9,10}. To provide practical
161 insights into desirable reductions in LDL-C among these individuals, we also conducted an
162 observational analysis which assessed the relationship between reductions in LDL-C (in
163 relative or absolute terms) and on-treatment LDL-C levels with subsequent clinical events.

164 **Methods**

165 **Randomised trial**

166 Details of the design of WOSCOPS have been described in detail elsewhere.^{7,8} Briefly,
167 WOSCOPS enrolled 6595 men aged 45-64 years (mean age 55 years) without evidence of
168 prior MI and with a LDL-C \geq 155 mg/dL not receiving lipid lowering therapy (mean LDL-C 192
169 mg/dL). Patients likely to have an elevated LDL-C due to secondary causes or with LDL-C
170 $>$ 232 mg/dL on two fasting lipid measurements during the screening phase were excluded
171 (supplementary eMethods, eFigure 1). Subjects were then randomised (double-blind) to
172 pravastatin 40 mg once daily or placebo. Mean follow-up was 4.9 years (range 3.1-6.1).

173 To assess a purely primary prevention population the present analyses adopted more
174 rigorous criteria than those used in the main WOSCOPS trial and additionally excluded those

175 individuals with any evidence of vascular disease at baseline (n=1066) namely, evidence of
176 angina, intermittent claudication, stroke, transient ischemic attack, and minor ECG
177 abnormalities (classified by Minnesota code).^{7,8,11} Patients were then stratified by LDL-C
178 levels at baseline into those with LDL-C <190 mg/dL and those with LDL-C ≥190 mg/dL,
179 eFigure 1, eTable 1. The following principal endpoints were considered for the present
180 analysis in order to maximise power (given the smaller sample size resulting from the
181 stricter exclusion criteria and further restricting analysis to approximately half of the
182 remaining individuals, i.e. participants with LDL-C ≥190 mg/dL): (i) the composite of definite
183 or suspected non-fatal MI plus definite or suspected CHD death, hereinafter referred to as
184 CHD (same co-principal endpoint as the original WOSCOPS trial); (ii) the composite of
185 cardiovascular death, non-fatal MI (definite or suspected) and non-fatal stroke (major
186 adverse cardiovascular events [MACE]). Endpoint definitions including definite and
187 suspected coronary events are shown in the supplementary methods. Other outcomes
188 explored include the principal endpoints but restricted to definite-only coronary events,
189 MACE including coronary revascularisation, mortality endpoints (CHD death, cardiovascular
190 death and all-cause mortality), coronary revascularization, and cerebrovascular events
191 (fatal/non-fatal stroke and transient ischemic attack).

192 **Extended observational long-term follow-up**

193 After completion of the randomised trial phase an extended observational follow-up of the
194 WOSCOPS cohort is now ongoing, through linkage to national mortality and electronic
195 hospital discharge records held by the National Health Service for Scotland.^{12,13} Further
196 details are available in the supplementary methods, but briefly at 5 years after the initial
197 trial finished approximately one third of individuals originally allocated to pravastatin or

198 placebo were on statins. In the present analysis we compared long-term mortality outcomes
199 (including deaths from CHD, cardiovascular causes, and any-cause) between those originally
200 randomised to pravastatin compared with placebo among individuals without evidence of
201 vascular disease at baseline stratified by hypercholesterolaemia status.

202 **Ethics**

203 The ethics committees from the University of Glasgow and participating health boards in
204 Scotland approved the original WOSCOPS trial. The corresponding committees from the
205 Glasgow Royal Infirmary and Privacy Advisory Committee of the National Health Service for
206 Scotland approved the extended follow-up study. The participants in each phase of
207 WOSCOPS provided informed consent to partake in the trial and review of their medical
208 records.

209 **Statistical analysis**

210 **Effect of statin therapy on outcomes**

211 The effect of therapy (pravastatin vs. placebo) among those with and without LDL-C ≥ 190
212 mg/dL was calculated for both the initial trial period and the extended follow-up. Estimates
213 of hazard ratios and 95% confidence intervals with corresponding p-values were obtained by
214 means of Cox proportional-hazards model with randomised therapy as the only covariate. A
215 test for interaction was performed to assess whether the effect of therapy was consistent
216 across the LDL-C strata pre-specified for this analysis. The p-value obtained from the
217 treatment by LDL-C subgroup interaction term was reported. Time-to-event curves were
218 estimated using the Kaplan-Meier method based on the original treatment arm and LDL-C
219 strata. Tests were 2-sided and statistical significance defined as $p < 0.05$.

220 **Changes in LDL-C and outcomes**

221 To elucidate the extent to which the magnitude of LDL-C reduction from pravastatin therapy
222 influenced outcomes among those with LDL-C \geq 190 mg/dL, observational analyses were
223 performed. Therefore, we assessed changes in LDL-C levels and pravastatin effect during the
224 randomised trial restricted to those subjects with LDL-C \geq 190 mg/dL at baseline. The
225 placebo group was taken as the reference category for the models. The relationship
226 between absolute LDL-C fall (mean baseline level minus mean on-treatment value) or
227 percentage LDL-C reduction and risk of events were assessed using multivariable Cox
228 regression models (Wald test) for the different groups (placebo and pravastatin subgroups),
229 accounting for the following covariates: age, smoking, blood pressure, history of
230 hypertension, diabetes mellitus, and body mass index, as previously published.^{5,14} LDL-C
231 reductions were modelled as categorical variables based on previous WOSCOPS and CTT
232 publications.^{5,6,14} For the assessment of the relative fall in LDL-C, above and below 30% was
233 used (consistent with the perceived average potency of pravastatin 40 mg/day: moderate-
234 intensity statin therapy).¹

235 **On-treatment LDL-C and outcomes**

236 The relationship between on-treatment LDL-C levels achieved with therapy on the risk of
237 events was studied following similar analyses to those described above. Consistent with
238 previous WOSCOPS analyses,¹⁴ “on-treatment lipid levels” were defined as the mean of all
239 lipid values measured after randomisation until the patient had an event or reached the end
240 of the trial. On-treatment LDL-C analyses excluded individuals with events in the first 6
241 months of the trial as first on-treatment lipid measurements were at 6 months after
242 randomisation.

243 **Participants with a predicted 10-year ASCVD risk below 7.5% and no diabetes**

244 Finally, we performed additional analyses among participants without an indication of statin
245 therapy based on global cardiovascular risk estimation and who were free from diabetes in
246 whom LDL-C was ≥ 190 mg/dL (and for comparison below 190 mg/dL), to specifically assess
247 the impact of LDL-C related-cardiovascular risk. To assess global cardiovascular risk we
248 applied the Pooled Cohort Risk Equations¹⁵ to the WOSCOPS cohort who were free from
249 ASCVD and diabetes, restricted to those with a predicted 10-year ASCVD risk below 7.5%. To
250 maximise power we focused on MACE during the 5-year on-trial period and 20-year
251 extended follow-up.

252 The statistical analyses were performed using SAS v9.2 (SAS Institute Inc., USA).

253 **Results**

254 A total of 5529 patients without prior evidence of vascular disease were included in the
255 present analyses; of these, 2560 individuals had LDL-C ≥ 190 mg/dL (placebo n=1274;
256 pravastatin n=1286). The baseline characteristics, stratified by presence or absence of LDL-C
257 ≥ 190 mg/dL, comparing pravastatin to placebo treatment groups are shown in table 1.

258 Overall, patients had a mean age of 55 years and there were no significant differences
259 between placebo and pravastatin treated groups in any of the characteristics.

260 **Lipid levels**

261 LDL-C levels at baseline, 1 year and end of trial, as well as percentage changes from baseline
262 to year 1 and to end of trial, are shown in table 1. Mean (\pm SD) LDL-C at baseline was 206 ± 12
263 mg/dL among patients with LDL-C ≥ 190 mg/dL, and 178 ± 6 mg/dL among those with LDL-C
264 < 190 mg/dL. LDL-C levels at year 1 and end of trial were significantly lower among

265 pravastatin treated subjects compared to placebo across cohorts ($p < 0.001$). The percentage
266 reduction in LDL-C from baseline with pravastatin (accounting for the effect of placebo)
267 among those with and without LDL-C ≥ 190 mg/dL was of a similar magnitude
268 (approximately 23% at year 1 and 19.5-20% at end of trial), eFigure 2. The effects on other
269 lipids are shown in eTable 2.

270 **Initial trial phase**

271 The effect of pravastatin versus placebo on cardiovascular outcomes over 4.9 years
272 stratified by LDL-C < 190 or ≥ 190 mg/dL is shown in figure 1, table 2 and eTable 3. Overall,
273 both CHD and MACE were reduced in the 5529 patients without vascular disease. Analyses
274 stratified by LDL-C status showed no evidence of heterogeneity between cohorts for the
275 principal endpoints or for the additional outcomes explored (interaction p-value all > 0.2)
276 (interaction results did not materially change when using LDL-C as a continuous measure
277 rather than categorical, eTable 4). The corresponding Kaplan-Meier curves are shown in
278 figures 2-3 and eFigures 3-5. Among individuals with LDL-C ≥ 190 mg/dL, pravastatin
279 significantly reduced the risk of CHD by 27% ($p = 0.033$) with a 25% risk reduction in MACE
280 ($p = 0.037$).

281 **Long-term follow-up**

282 The effect of initial randomisation to pravastatin or placebo on mortality endpoints during a
283 total of 20-years of follow-up (from randomisation to end of extended follow-up) is shown
284 in figure 4, and eFigures 6-8. Overall, amongst all subjects initially allocated to pravastatin
285 CHD death, cardiovascular death and all-cause mortality were significantly reduced by 22%,
286 17% and 12% respectively (table 2). Long-term risk of CHD death, cardiovascular death and
287 all-cause mortality were significantly reduced by 28%, 25% and 18%, respectively, among

288 those with LDL-C \geq 190 mg/dL originally randomised to pravastatin. The absolute reduction
289 in the risk (ARR) of death at 20 years from CHD, cardiovascular causes and from any-cause
290 was at least two-fold greater among patients with LDL-C \geq 190 mg/dL (ARR 2.34%, 3.25% and
291 5.39%, respectively) compared with those with LDL-C $<$ 190 mg/dL (Table 2). Analysis
292 considering specifically the post-trial period only (15-year end of randomised trial to end of
293 extended follow-up period) did not materially change the results (eTable 5).

294 **Change in LDL-C and outcomes**

295 Among individuals with LDL-C \geq 190 mg/dL, reduction in LDL-C of greater than 30% or 39
296 mg/dL (1 mmol/L) were associated with a lower risk of CHD and MACE compared to placebo
297 (figure 5, eTables 6-7). In contrast, those individuals allocated to pravastatin whose LDL-C
298 reduction was less than 30% or 39 mg/dL were not significantly different from placebo.
299 Consistent with earlier publications from WOSCOPS, we did not observe a continuous
300 relationship between lower achieved LDL-C and outcomes (figure 5, eTables 6-8).

301 **Participants with a predicted 10-year ASCVD risk below 7.5% and no diabetes**

302 Using the Pooled Cohort Risk Equations¹⁵ participants were stratified into those free from
303 diabetes and with a 10-year predicted risk of MACE at baseline of $<$ 7.5% but with a LDL-C \geq
304 190 mg/dl (n=1714), representing 67% of the initial primary prevention cohort with LDL-C \geq
305 190 mg/dl (table 3). During the 5-year trial period MACE was significantly reduced to 4.8%
306 among those allocated to pravastatin in contrast to a rate of 7.5% among placebo,
307 representing a 38% reduction in risk (HR 0.62, 95%CI 0.42, 0.92), p=0.018). During the 20-
308 year extended follow up the corresponding rates were 18.76% vs 24.18%, representing a
309 risk reduction of 27% (HR 0.73, 95%CI 0.60, 0.90, p=0.003). There was no evidence of

310 heterogeneity among those with LDL-C less than 190 mg/dL and a predicted 10-year risk less
311 than 7.5% treated with pravastatin (table 3 and eTable 9).

312 **Discussion**

313 Observational data support the assertion that having a LDL-C ≥ 190 mg/dL is associated with
314 increased cardiovascular risk, even in the absence of other risk factors.³ However, current
315 guidelines recognise the paucity of evidence for primary prevention among these individuals
316 and, specifically, the lack of evidence from randomised trials which include only patients
317 with LDL-C ≥ 190 mg/dL.¹ Instead, indirect evidence derived from the extrapolation of other
318 data is used to support this viewpoint.¹ Indeed, the largest evidence base is derived from the
319 CTT meta-analyses, where a significant reduction in major coronary events and major
320 vascular events per 39 mg/dL reduction in LDL-C with statins were observed across different
321 categories of baseline LDL-C, including those with LDL-C ≥ 135 mg/dL⁵ or with LDL-C > 174
322 mg/dL⁶; but these groups included patients with established vascular disease. Thus, while
323 the primary prevention of adults with primary LDL-C ≥ 190 mg/dL is identified as one of the
324 groups where the benefit of statin therapy exceeds the risk of adverse events the data
325 currently available from randomised clinical trials are still limited.^{1,2}

326 The present analyses from the WOSCOPS study provide for the first time, evidence from a
327 randomised trial supporting the benefit of LDL-C reduction in the primary prevention of
328 ASCVD in those with LDL-C ≥ 190 mg/dL. Specifically, we provide three lines of evidence for
329 the benefit of LDL-C lowering with statins in these patients: (i) randomised trial evidence
330 that LDL-C reduction by approximately one quarter with statins reduces the risk of CHD by
331 27% and of MACE by 25%; (ii) extended follow-up evidence that the early benefits extend to
332 reductions in CHD death by 28%, cardiovascular death by 25%, and all-cause mortality by

333 18% over 20 years; the greater absolute benefit and smaller numbers needed-to-treat in
334 patients with LDL-C \geq 190 mg/dL likely reflect the higher lifetime cardiovascular risk due to
335 the cumulative atherosclerotic burden compared with those with LDL-C <190 mg/dL; (iii)
336 observational data showing that reductions above 30% or 39 mg/dL are associated with
337 lower risk of CHD and MACE compared to placebo. Another consideration of our results is
338 that LDL-C does not appear to be an effect modifier of outcomes at either 5 years or at 20
339 years of follow-up (all interaction p-values >0.18); in addition, there is not much difference
340 in event rates based on LDL-C cut-off of 190 mg/dL during the initial 5 year trial period.
341 While these data provide support for statin therapy for primary prevention in subject with
342 LDL-C \geq 190 mg/dL, the data also provide support for the use of statin therapy for those with
343 LDL-C <190 mg/dL (lower limit for inclusion being 155 mg/dL).

344 To assess the importance of LDL-C to cardiovascular risk we conducted an analysis among
345 the primary prevention cohort in WOSCOPS who were free from diabetes at baseline and
346 who on the basis of the current Pooled Cohort Risk Equations would be considered at low
347 risk (i.e. 10-year predicted risk below 7.5%) and otherwise would be ineligible for statin
348 therapy (approximately two thirds). Among placebo-treated patients with LDL-C \geq 190 mg/dL
349 the observed risk of MACE at 5 years was already 7.5%, i.e. double what would have been
350 predicted using a risk calculator. In comparison, among those with a LDL-C between 155 and
351 190 mg/dL the 5-year risk of MACE was 5.7% in the placebo group. These data reinforce the
352 notion that among patients with a LDL-C \geq 190 mg/dL the observed risk is much greater than
353 would be predicted through a risk calculator, and thus global risk estimation is not
354 necessary. During the 5-year randomised trial period patients with a LDL-C \geq 190 mg/dL but
355 with a 10-year predicted risk below 7.5% derived a statistically significant 2.7% ARR in MACE
356 with pravastatin (relative risk reduction 38%).

357 We studied a primary prevention population with a LDL-C \geq 190 mg/dL, also defined by some
358 guidelines as primary severe hypercholesterolaemia¹. Some have also referred to patients
359 with LDL-C \geq 190 mg/dL as FH phenotype^{3,4} (eTable 1). However, FH does not have a “gold
360 standard” definition and its prevalence may ultimately depend on the LDL-C threshold and
361 the presence of a pathogenic gene variant.^{16,4} Notwithstanding this, individuals with LDL-C
362 \geq 190 mg/dL are more likely to have FH by clinical and/or genetic criteria (eTable 1).^{9,17-19}
363 However, according to a recent study, only a small proportion of people with severe
364 hypercholesterolaemia in the community have an identifiable FH mutation.¹⁶ In the present
365 study we lacked genetic data and indeed relevant clinical information to help define FH in
366 the WOSCOPS population according to accepted diagnostic criteria;⁹ however, the number
367 of individuals who fulfil the strict clinical or genetic criteria for FH in the present analyses is
368 likely to have been small, as WOSCOPS excluded patients with LDL-C $>$ 232 mg/dL or with
369 prior MI.⁷ Hence, a number of patients with more severe manifestations of FH (in terms of
370 higher LDL-C levels or coronary disease at an earlier age) might have been excluded.
371 Nevertheless, our results are applicable to the broader FH population, based on (i) that
372 there was no heterogeneity in treatment effect between patients with and without LDL-C
373 \geq 190 mg/dL, (ii) our observation that individuals with primary elevation of LDL-C \geq 190
374 mg/dL and likely greater lifetime burden from elevated LDL-C derive significant risk
375 reductions from LDL-C lowering, (iii) a number of observational studies that suggest FH
376 patients benefit of statins.²⁰⁻²³

377 The ACC/AHA cholesterol guidelines recommend high-intensity statin therapy for individuals
378 with LDL-C \geq 190 mg/dL¹ and whilst the present analyses provide direct evidence for the
379 benefits for approximately a 23% reduction in LDL-C (i.e. a low-intensity statin regimen),
380 there are no trials presently capable of providing similar evidence for the benefit of even

381 greater percentage reductions or higher intensity statin therapy in this population. Whilst
382 the current paradigm is that lower on-treatment LDL-C levels and/or greater reductions in
383 LDL-C are associated with a lower risk of ASCVD,²⁴⁻²⁶ we did not find evidence for a
384 continuous relationship between on-treatment LDL-C and better outcomes, which is
385 consistent with earlier analyses from the overall WOSCOPS cohort.¹⁴ To what degree this
386 reflects studies of pravastatin and its relevance to more contemporary statin use is
387 uncertain. Since the inclusion criteria was an LDL-C of 155-232 mg/dL and the average LDL-C
388 reduction at 1 year was approximately 23%, we did not have the data to validate or refute
389 the current recommendation for a LDL-C target of 100 mg/dL in some guidelines.^{9,10}

390 When LDL-C reductions in the pravastatin group were analysed as a binary trait, the present
391 analyses suggested that those individuals who derived >30% reduction or >39 mg/dL
392 absolute lowering in LDL-C, appeared to derive significant benefit compared to placebo. It
393 should however be recognised that there was considerable overlap in the observed benefits
394 between this group and those achieving lesser reductions on pravastatin. We also need to
395 acknowledge that a fair number of people in the lower effect group never took the
396 treatment or withdrew from treatment. We know that 9% of the original WOSCOPS cohort
397 never took the treatment and about 30% were off treatment by 5 years (no significant
398 difference in the withdrawal rates between pravastatin and placebo arms).⁸ Many of these
399 people attended the annual visits and got their lipids assessed because they saw the study
400 doctor and had ECGs recorded. Hence, we cannot say that any trends to differences seen
401 are differences in statin response.

402 The high baseline LDL-C and the limited potency of pravastatin 40 mg/day limit the extent of
403 the analyses which can be performed in WOSCOPS. Direct evidence for the benefit of even

404 greater reductions in LDL-C among patients with LDL-C ≥ 190 mg/dL in primary prevention
405 may be inferred indirectly from the recently reported “Studies of PCSK9 Inhibition and the
406 Reduction of Vascular Events” (SPIRE)-2 trial,²⁷⁻²⁹ evaluating the efficacy of PCSK9 inhibition
407 with bococizumab in reducing the risk of major cardiovascular events in subjects with LDL-C
408 ≥ 100 mg/dL despite maximally tolerated statin therapy. With a mean baseline LDL-C level of
409 134 mg/dL and assuming a 50% reduction in LDL-C from intensive-statin therapy it suggests
410 that many participants in the SPIRE-2 trial likely started with untreated LDL-C levels ≥ 190
411 mg/dL. Therapy with bococizumab led to a reduction in LDL-C levels of around 55% and 40%
412 at 14 and 52 weeks, respectively.²⁹ Although the trial was prematurely stopped due to the
413 development of high rates of antidrug antibodies and attenuation of the cholesterol
414 lowering effect over time, a significant 21% risk reduction of cardiovascular events was
415 observed in those treated with bococizumab (compared to placebo) after a median follow-
416 up of 12 months, with no significant differences in analyses stratified by the presence or
417 absence of clinical evidence of cardiovascular disease.²⁹ Of note, the USA National Lipid
418 Association has recently recommended that therapy with PCSK9 inhibitors may be
419 considered to further reduce LDL-C in patients with LDL-C ≥ 190 mg/dL.⁴

420 A major strength of the present analysis is that it explores a group of higher risk individuals
421 (LDL-C ≥ 190 mg/dL) specifically highlighted in guidelines, but one in which clinical trial
422 evidence is lacking.¹ Thus, the present results from a randomised trial provide novel
423 information and evidence to support guideline recommendations. Additionally, since high
424 lipid levels like those included in WOSCOPS (LDL-C ≥ 155 mg/dL) may be present in a
425 significant proportion of the population, the results of the present study may impact on the
426 care of a significant number of patients; for instance, recent surveys from USA have
427 estimated a prevalence of 16%-33% for LDL-C ≥ 155 -160 mg/dL and of 5.6%-10.4% for LDL-C

428 ≥ 190 mg/dL (depending on the characteristics of the population scrutinised) in the adult
429 population.^{30,31} That said, some aspects of the present analyses warrant further discussion.
430 This is an analysis of a subgroup of the overall WOSCOPS cohort which was not pre-specified
431 and, whilst the findings are consistent with the original trial publications,^{8,12-14} the present
432 findings remain post-hoc. The lack of statistically significant reductions in additional
433 endpoints in the group with LDL-C ≥ 190 mg/dL (figure 1) may reflect a limited power
434 resulting from restricting the original sample size. In addition, it should be noted that the
435 LDL-C levels in those with LDL-C < 190 mg/dL were still high (mean LDL-C at baseline 178
436 mg/dL overall; at year 1: 177 and 135 mg/dL in placebo and pravastatin arms, respectively)
437 and not markedly different than in those with LDL-C ≥ 190 mg/dL (mean LDL-C at baseline
438 206 mg/dL overall; at year 1: 199 and 157 mg/dL in placebo and pravastatin arms,
439 respectively); as such, the difference in absolute risk reduction between these groups may
440 not have been as wide as could be observed in current populations where mean LDL-C levels
441 (in those with LDL-C < 190 mg/dL) are significantly lower.

442 The extended long-term follow-up reports data among individuals enrolled in the original
443 trial and, although the comparisons provided are for the original randomised groups, it
444 should be recognised that the data from the additional 15 years of follow-up after the
445 original trial was completed are observational and might be confounded by the lack of
446 ongoing information regarding medication use. For instance, those participants with LDL-C
447 ≥ 190 mg/dL may have been more likely kept on treatment than those with lower LDL-C
448 levels after the completion of the trial. Nevertheless, it provides valuable information on
449 what a period of treatment may confer in terms of long-term risk reduction benefit (“legacy
450 effect” or “reset of the atherosclerotic event clock” based on the original trial).

451 Nevertheless, without excluding the possibility of confounding factors it is not possible to

452 fully characterize the long-term follow-up estimates as either underestimates or
453 overestimates since it cannot be assumed that the outcomes are only modulated by statin
454 use or non-use. Notwithstanding this, we consider the former is more likely due to the fact
455 that (i) many actively treated patients during the trial phase may have no longer received
456 statin therapy and (ii) the expected increased cross-over in the original placebo arm to statin
457 therapy during follow-up; as such, the results of the extended follow-up may likely
458 underestimate the benefits of longer-term therapy due to reduced differential statin use
459 over time, and so likely the benefit for those ≥ 190 mg/dL may be larger than that implied by
460 the trial (especially if one were to use a statin regimen of greater potency to that used in
461 WOSCOPS). On the other hand, the high prevalence of smokers in the WOSCOPS population
462 might mean that a similar study today might not show as strong an effect with a statin
463 regimen of similar potency.

464 Regarding the exploratory analyses evaluating LDL-C change on treatment versus outcome
465 (compared with placebo), it cannot completely rule out the influence of non-compliance to
466 medication. That said, to be included in the analysis men had to attend to have their blood
467 sample taken; many non-compliers did not do so (which is why the achieved LDL-C rose
468 slightly over time). Thus, there is some allowance for non-compliance in the analysis as
469 performed. Finally, the analyses of reductions in LDL-C on pravastatin and outcomes are
470 observational in nature and should be interpreted as such as residual confounding cannot
471 be excluded despite statistical adjustment.

472 **Conclusion**

473 Among men with primary elevations of LDL-C levels ≥ 190 mg/dL, primary prevention with
474 pravastatin reduced the risk of cardiovascular events. Thus, the present analyses from a

475 randomised clinical trial provides for the first time evidence for the benefits of LDL-C
476 lowering for the primary prevention of individuals with primary elevations of LDL-C ≥ 190
477 mg/dL, which may help reinforce current recommendations for this group of patients.

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507

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682 **FIGURE LEGENDS**

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684 **Figure 1. Endpoints during the randomised trial period, overall and stratified by LDL-**
685 **cholesterol levels at baseline.**

686 Effect of therapy (vs. placebo) shown as hazard ratio (HR) and corresponding 95%
687 confidence interval (95% CI). (*) Including coronary events (i.e. non-fatal MI and CHD death)
688 as definite only. CHD: coronary heart disease. LDL-C: low-density lipoprotein cholesterol.
689 MACE: major adverse cardiovascular events, defined as the composite of cardiovascular
690 death, non-fatal myocardial infarction and non-fatal stroke. TIA: transient ischemic attack.
691 To convert values for cholesterol to mmol/L, multiply by 0.02586.

692

693 **Figure 2. Coronary heart disease risk: Kaplan-Meier curves during the randomised trial**
694 **period stratified by LDL-cholesterol levels at baseline and treatment allocation.**

695 5-year follow-up Kaplan-Meier analysis for coronary heart disease (CHD) endpoint, stratified
696 by LDL-cholesterol at baseline (<190 or ≥190 mg/dL) and treatment allocation at
697 randomisation (pravastatin or placebo). Number of events in each group were as follows:
698 placebo, LDL-C <190 mg/dL: n=104; pravastatin, LDL-C <190 mg/dL: n=75; placebo, LDL-C
699 ≥190 mg/dL: n=107; pravastatin, LDL-C ≥190 mg/dL: n=80. CI: confidence interval. HR:
700 hazard ratio. To convert values for cholesterol to mmol/L, multiply by 0.02586.

701

702 **Figure 3. Major adverse cardiovascular events risk: Kaplan-Meier curves during the**
703 **randomised trial period stratified by LDL-cholesterol levels at baseline and treatment**
704 **allocation.**

705 5-year follow-up Kaplan-Meier analysis for major adverse cardiovascular disease events
706 (MACE) endpoint, stratified by LDL-cholesterol levels at baseline (<190 or ≥190 mg/dL) and
707 treatment allocation at randomisation (pravastatin or placebo). Number of events in each
708 group were as follows: placebo, LDL-C <190 mg/dL: n=119; pravastatin, LDL-C <190 mg/dL:
709 n=90; placebo, LDL-C ≥190 mg/dL: n=121; pravastatin, LDL-C ≥190 mg/dL: n=93. MACE:
710 major adverse cardiovascular events, defined as the composite of cardiovascular death,
711 non-fatal myocardial infarction and non-fatal stroke. CI: confidence interval. HR: hazard
712 ratio. To convert values for cholesterol to mmol/L, multiply by 0.02586.

713

714 **Figure 4. Long-term mortality endpoints at 20 years of follow-up, overall and stratified by**
715 **LDL-cholesterol levels at baseline.**

716 Effect of therapy (vs. placebo) shown as hazard ratio (HR) and corresponding 95%
717 confidence interval (95% CI). CHD: coronary heart disease. LDL-C: low-density lipoprotein
718 cholesterol. To convert values for cholesterol to mmol/L, multiply by 0.02586.

719

720 **Figure 5. Principal endpoints during the randomised trial period based on different**
721 **categories of LDL-C levels with pravastatin in subjects with LDL-cholesterol ≥190 mg/dL at**
722 **baseline.**

723 Effect of therapy (vs. placebo) shown as hazard ratio (HR) and corresponding 95%
724 confidence interval (95% CI). Note that MACE plus coronary revascularisation endpoint was
725 used here instead of MACE alone in order to increase the number of events in each stratum
726 and so the power of the analysis in an otherwise restricted sample to those with LDL-C \geq 190
727 mg/dL allocated to pravastatin further stratified in different groups as shown in the table.
728 HR are adjusted for age, history of hypertension, history of diabetes, smoking status, systolic
729 and diastolic blood pressure, and body mass index. On-treatment LDL-C levels are defined as
730 the mean of all LDL-C values measured after randomisation until the patient had an event or
731 reached the end of the study. On-treatment LDL-C analyses excluded individuals with events
732 in the first 6 months of the trial as first on-treatment LDL-C measurement was at 6 months
733 after randomisation. LDL-C: low-density lipoprotein cholesterol. MACE: major adverse
734 cardiovascular events, defined as the composite of cardiovascular death, non-fatal
735 myocardial infarction and non-fatal stroke. To convert values for cholesterol to mmol/L,
736 multiply by 0.02586.

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2**TABLE 1. Characteristics of the participants without vascular disease at enrolment stratified by LDL-cholesterol levels at baseline.**

	Participants LDL-C <190 mg/dL		Participants With LDL-C ≥190 mg/dL	
	Placebo	Pravastatin	Placebo	Pravastatin
	n = 1493	n = 1476	n = 1274	n = 1286
Demographics at baseline				
Age (years)	54.8 ± 5.5	55.0 ± 5.6	54.7 ± 5.5	54.8 ± 5.5
Body mass index (kg/m ²)	25.9 ± 3.1	25.8 ± 3.2	25.8 ± 3.1	25.8 ± 3.0
Systolic BP (mmHg)	134.8 ± 16.3	134.6 ± 17.0	135.2 ± 17.1	134.5 ± 17.4
Diastolic BP (mmHg)	83.8 ± 10.2	83.5 ± 10.5	83.8 ± 9.9	83.6 ± 10.4
History of hypertension, n (%)	194 (13.0)	199 (13.5)	164 (12.9)	188 (14.6)
History of diabetes, n (%)	13 (0.9)	12 (0.8)	13 (1.0)	21 (1.6)
Current smoker, n (%)	634 (42.5)	594 (40.2)	563 (44.2)	583 (45.3)
Lipid levels at baseline				
LDL-Cholesterol (mg/dL)	178.5 ± 6.5	178.2 ± 6.7	206.6 ± 12.8	206.7 ± 12.7
Total cholesterol (mg/dL)	258.0 ± 15.3	257.7 ± 15.7	286.6 ± 19.1	286.3 ± 18.9
HDL-Cholesterol (mg/dL)	44.3 ± 9.6	44.7 ± 9.7	44.4 ± 9.6	44.1 ± 8.9
Non-HDL-Cholesterol (mg/dL)	213.8 ± 16.2	213.0 ± 16.5	242.2 ± 19.5	242.3 ± 19.2
Triglycerides (mg/dL)	143.9 (108.5, 194.9)	139.5 (106.3, 190.4)	150.6 (115.1, 197.1)	148.4 (115.1, 192.6)
LDL-Cholesterol levels during the follow-up				
LDL-C Year 1 (mg/dL)	177.8 ± 21.7	135.8 ± 29.2	199.8 ± 26.0	152.7 ± 33.3
LDL-C End of trial (mg/dL)	179.1 ± 24.3	142.9 ± 32.0	199.6 ± 28.7	158.4 ± 35.4
Percentage change from baseline to 1 year	-0.4 ± 11.9	-23.8 ± 16.2	-3.1 ± 11.8	-26.1 ± 15.5
Percentage change from baseline to end of trial	0.4 ± 13.4	-19.8 ± 17.7	-3.2 ± 13.1	-23.3 ± 16.7

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Data shown as absolute and relative (%) number of subjects for categorical variables and as mean ± standard deviation or median (interquartile range) for continuous parameters. BP: blood pressure. HDL: high-density lipoprotein. LDL-C: low-density lipoprotein cholesterol. To convert values for cholesterol to mmol/L, multiply by 0.02586. To convert values for triglycerides to mmol/L, multiply by 0.01129.

TABLE 2. Principal and mortality endpoints during the randomised trial period, and long-term mortality endpoints from randomisation to 20 years of follow-up, stratified by LDL-cholesterol levels at baseline.

	Overall cohort	Participants with LDL-C <190 mg/dL			Participants With LDL-C ≥190 mg/dL			Interaction p-value between LDL-C grouping at baseline and randomised treatment
	HR (95% CI), p-value	Events [n (%)]		HR (95% CI), p-value	Events [n (%)]		HR (95% CI), p-value	
		Placebo (n=1493)	Pravastatin (n=1476)		Placebo (n=1274)	Pravastatin (n=1286)		
5-year randomised trial								
CHD	0.73 (0.59, 0.89), 0.002	104 (6.97%)	75 (5.08%)	0.72 (0.54, 0.97), 0.032	107 (8.40%)	80 (6.22%)	0.73 (0.55, 0.98), 0.033	0.960
MACE	0.75 (0.62, 0.91), 0.004	119 (7.97%)	90 (6.10%)	0.76 (0.58, 1.00), 0.048	121 (9.50%)	93 (7.23%)	0.75 (0.57, 0.98), 0.037	0.958
CHD death	0.91 (0.56, 1.48), 0.704	18 (1.21%)	17 (1.15%)	0.95 (0.49, 1.85), 0.887	16 (1.26%)	14 (1.09%)	0.86 (0.42, 1.76), 0.684	0.838
Cardiovascular death	0.84 (0.54, 1.30), 0.434	24 (1.61%)	20 (1.36%)	0.84 (0.46, 1.52), 0.568	20 (1.57%)	17 (1.32%)	0.84 (0.44, 1.60), 0.590	0.992
All-cause mortality	0.87 (0.64, 1.17), 0.356	52 (3.48%)	46 (3.12%)	0.89 (0.60, 1.33), 0.576	40 (3.14%)	34 (2.64%)	0.84 (0.53, 1.32), 0.446	0.835
20-year long-term follow-up								
CHD	0.74 (0.65, 0.84), <0.001	268 (17.95%)	201 (13.62%)	0.73 (0.61, 0.88), <0.001	261 (20.49%)	203 (15.79%)	0.74 (0.61, 0.89), 0.001	0.942
MACE	0.79 (0.71, 0.88), <0.001	383 (25.65%)	306 (20.73%)	0.77 (0.66, 0.89), <0.001	344 (27.00%)	295 (22.94%)	0.81 (0.69, 0.94), 0.007	0.642
CHD death	0.78 (0.64, 0.94), 0.011	115 (7.70%)	96 (6.50%)	0.84 (0.64, 1.10), 0.193	115 (9.03%)	86 (6.69%)	0.72 (0.54, 0.95), 0.020	0.453
Cardiovascular death	0.83 (0.71, 0.96), 0.015	177 (11.86%)	161 (10.91%)	0.91 (0.73, 1.13), 0.382	182 (14.29%)	142 (11.04%)	0.75 (0.60, 0.93), 0.009	0.211
All-cause mortality	0.88 (0.80, 0.96), 0.005	513 (34.36%)	477 (32.32%)	0.93 (0.82, 1.05), 0.247	460 (36.11%)	395 (30.72%)	0.82 (0.72, 0.94), 0.004	0.184

Effect of therapy (vs. placebo) shown as hazard ratios (HR) and corresponding 95% confidence intervals (95% CI) and p value. 5-year randomised trial: from randomisation to end of randomised trial (on-trial period). 20-year long-term follow-up: from randomisation to end of extended follow-up (on-trial plus post-trial periods). Results for the 15-year post-trial period only (from end of randomised trial to end of extended follow-up) did not materially differ from those in the 20-year long-term follow-up and are presented in eTable 5 in supplementary material. CHD: coronary heart disease. LDL-C: low-density lipoprotein cholesterol. MACE: major adverse cardiovascular events, defined as the composite of cardiovascular death, non-fatal myocardial infarction and non-fatal stroke. See main text and supplementary material for endpoints definitions. To convert values for cholesterol to mmol/L, multiply by 0.02586.

1 **TABLE 3. Risk of major adverse cardiovascular events in the subgroup of patients without diabetes and with a predicted 10-year ASCVD risk* below**
 2 **7.5% at baseline.**

3

Participants with predicted 10-year ASCVD risk <7.5%* and no diabetes	LDL-C <190 mg/dL			LDL-C ≥190 mg/dL			Interaction p-value between LDL-C grouping at baseline and randomised treatment
	Placebo (n=1085)	Pravastatin (n=1064)	HR (95% CI), p-value	Placebo (n=856)	Pravastatin (n=858)	HR (95% CI), p-value	
5-year randomised trial period							
MACE	62 (5.7%)	48 (4.5%)	0.79 (0.54, 1.15), 0.21	64 (7.5%)	41 (4.8%)	0.62 (0.42, 0.92), 0.018	0.404
20-year long-term follow-up							
MACE	230 (21.20%)	178 (16.73%)	0.76 (0.62, 0.92), 0.005	207 (24.18%)	161 (18.76%)	0.73 (0.60, 0.90), 0.003	0.832

4

5 * ASCVD risk according to the Pooled Cohort Equations risk calculator (ref. 15). Effect of therapy (vs. placebo) shown as hazard ratios (HR) and corresponding 95% confidence intervals (95% CI) and p value. 5-
 6 year randomised trial: from randomisation to end of randomised trial (on-trial period). 20-year long-term follow-up: from randomisation to end of extended follow-up (on-trial plus post-trial periods). ASCVD:
 7 atherosclerotic cardiovascular disease. LDL-C: low-density lipoprotein cholesterol. MACE: major adverse cardiovascular events, defined as the composite of cardiovascular death, non-fatal myocardial infarction and
 8 non-fatal stroke. To convert values for cholesterol to mmol/L, multiply by 0.02586.

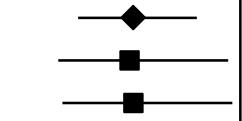
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Principal Endpoints

Coronary Heart Disease

Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



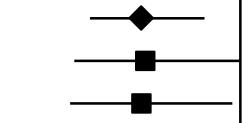
Interaction

p-value **HR (95% CI), p-value**

0.73 (0.59, 0.89), p = 0.002
p = 0.960 0.72 (0.54, 0.97), p = 0.032
0.73 (0.55, 0.98), p = 0.033

MACE

Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL

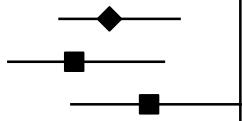


0.75 (0.62, 0.91), p = 0.004
p = 0.958 0.76 (0.58, 1.00), p = 0.048
0.75 (0.57, 0.98), p = 0.037

Additional Endpoints explored

Coronary Heart Disease *

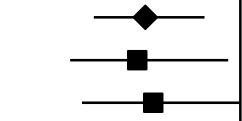
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



0.67 (0.54, 0.85), p < 0.001
p = 0.219 0.58 (0.41, 0.81), p = 0.001
0.77 (0.57, 1.05), p = 0.103

MACE plus coronary revascularisation

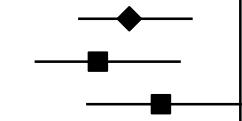
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



0.76 (0.63, 0.91), p = 0.004
p = 0.805 0.74 (0.57, 0.97), p = 0.028
0.78 (0.60, 1.00), p = 0.052

MACE * plus coronary revascularisation

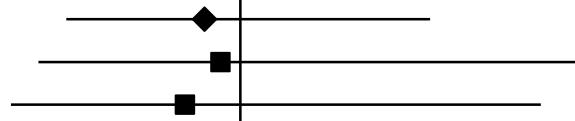
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



0.72 (0.59, 0.88), p < 0.001
p = 0.274 0.64 (0.48, 0.85), p = 0.002
0.80 (0.61, 1.04), p = 0.095

Coronary Heart Disease Death

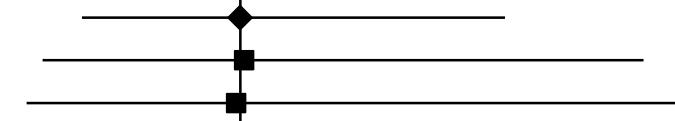
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



0.91 (0.56, 1.48), p = 0.704
p = 0.838 0.95 (0.49, 1.85), p = 0.887
0.86 (0.42, 1.76), p = 0.684

Coronary Heart Disease Death *

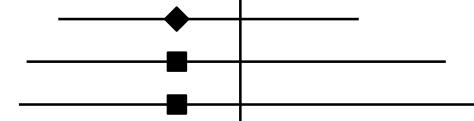
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



1.00 (0.60, 1.67), p = 0.994
p = 0.963 1.01 (0.50, 2.02), p = 0.980
0.99 (0.46, 2.12), p = 0.969

Cardiovascular Death

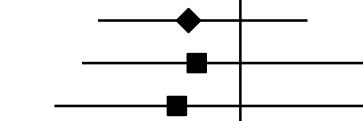
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



0.84 (0.54, 1.30), p = 0.434
p = 0.992 0.84 (0.46, 1.52), p = 0.568
0.84 (0.44, 1.60), p = 0.590

All-cause Mortality

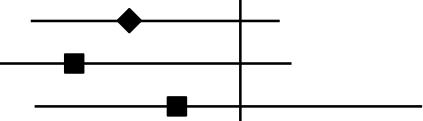
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



0.87 (0.64, 1.17), p = 0.356
p = 0.835 0.89 (0.60, 1.33), p = 0.576
0.84 (0.53, 1.32), p = 0.446

Coronary Revascularisation

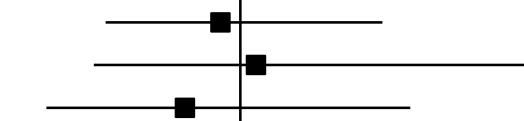
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



0.72 (0.47, 1.10), p = 0.132
p = 0.416 0.58 (0.30, 1.13), p = 0.108
0.84 (0.48, 1.46), p = 0.527

Fatal or Non-fatal Stroke or TIA

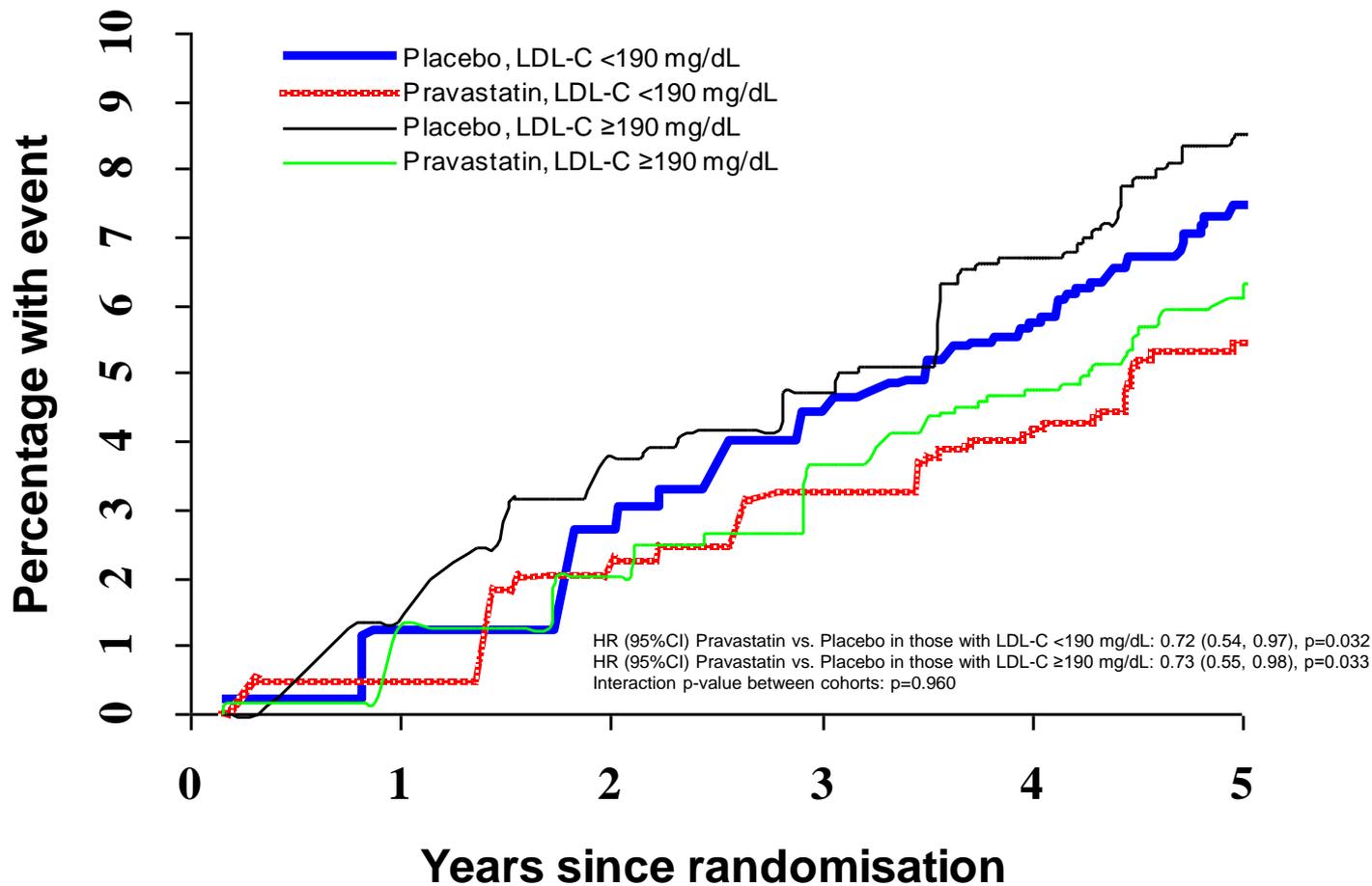
Overall primary prevention cohort
- LDL-C <190 mg/dL
- LDL-C ≥190 mg/dL



0.95 (0.66, 1.36), p = 0.773
p = 0.587 1.04 (0.63, 1.72), p = 0.868
0.86 (0.51, 1.43), p = 0.555

0 0.5 1 1.5 2 2.5

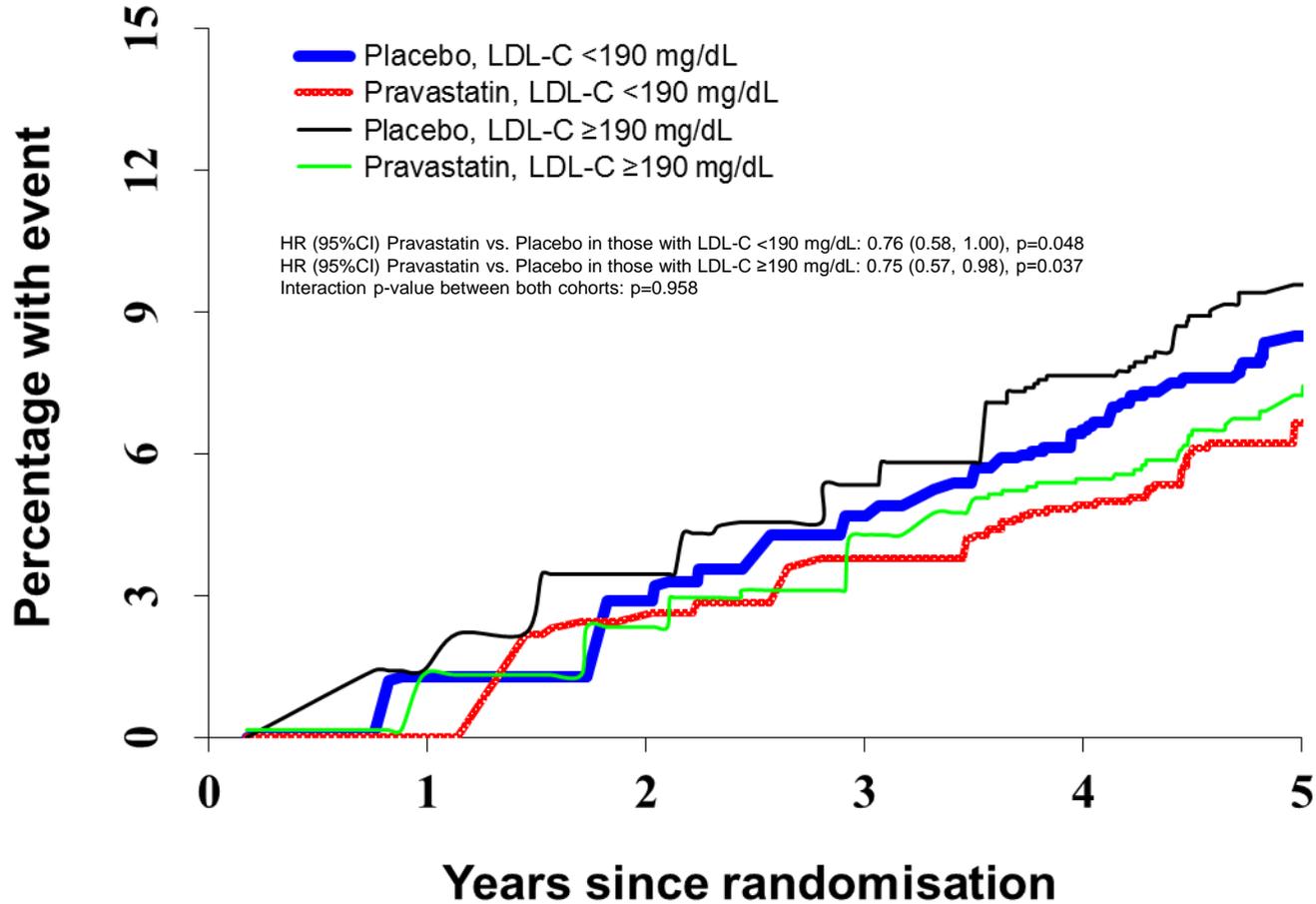
Coronary Heart Disease



Numbers at risk

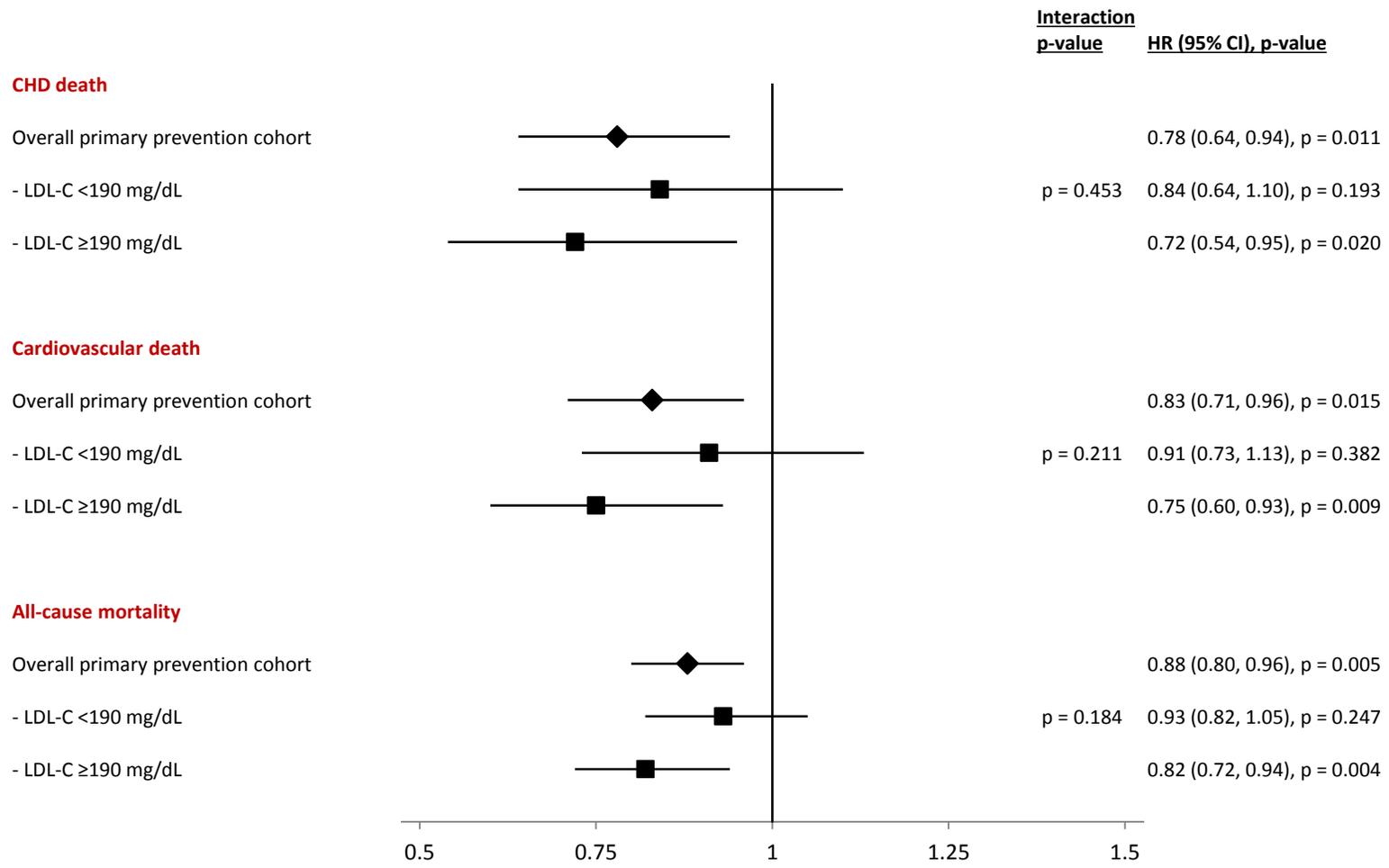
Placebo, LDL-C <190:	1493	1469	1446	1415	1222	564
Pravastatin, LDL-C <190:	1476	1457	1440	1415	1242	591
Placebo, LDL-C ≥190:	1274	1248	1219	1201	1044	478
Pravastatin, LDL-C ≥190:	1286	1267	1253	1231	1088	489

Major Adverse Cardiovascular Events



Numbers at risk

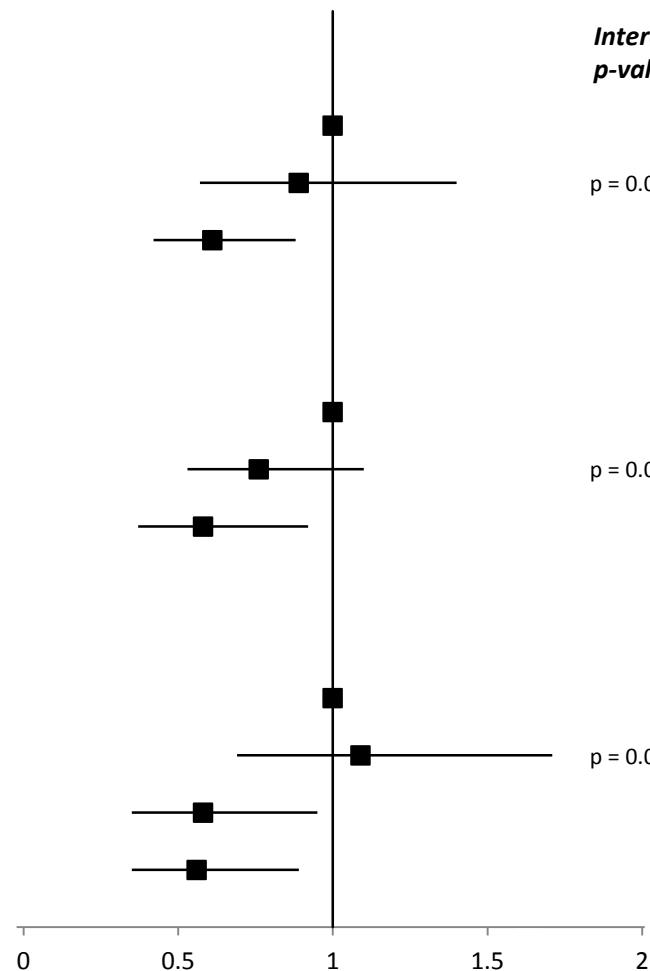
Placebo, LDL-C <190:	1493	1468	1444	1413	1216	560
Pravastatin, LDL-C <190:	1476	1453	1435	1409	1235	585
Placebo, LDL-C ≥190:	1274	1246	1217	1194	1036	474
Pravastatin, LDL-C ≥190:	1286	1266	1247	1223	1080	486



Coronary Heart Disease

Absolute reduction in LDL-C levels

Placebo
 Absolute fall <39 mg/dL
 Absolute fall ≥39 mg/dL



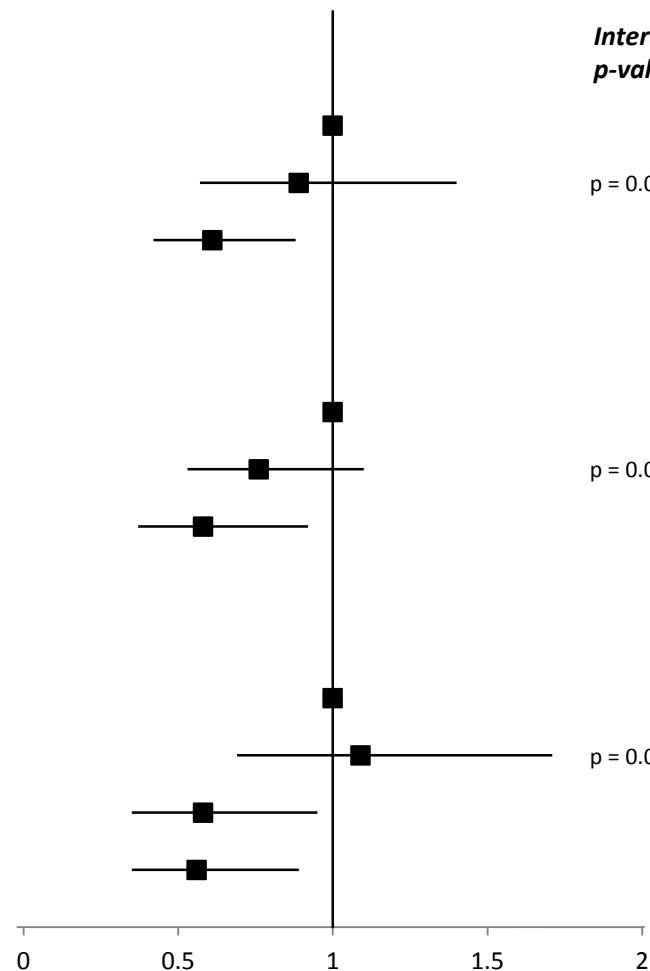
Interaction

p-value **HR (95% CI), p-value**

Ref. group
 p = 0.030 0.89 (0.57, 1.40), p = 0.612
 0.61 (0.42, 0.88), p = 0.008

Relative reduction in LDL-C levels

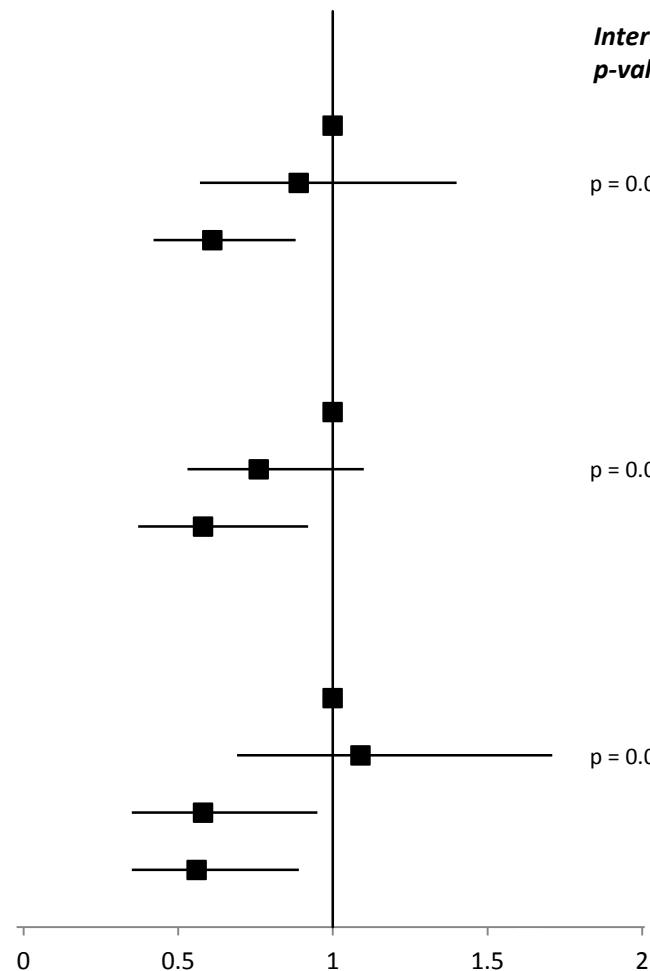
Placebo
 Percentage reduction <30%
 Percentage reduction ≥30%



p = 0.047 0.76 (0.53, 1.10), p = 0.148
 0.58 (0.37, 0.92), p = 0.021

On-treatment LDL-C levels

Placebo
 On-treatment ≥174 mg/dL
 On-treatment 145 to <174 mg/dL
 On-treatment <145 mg/dL

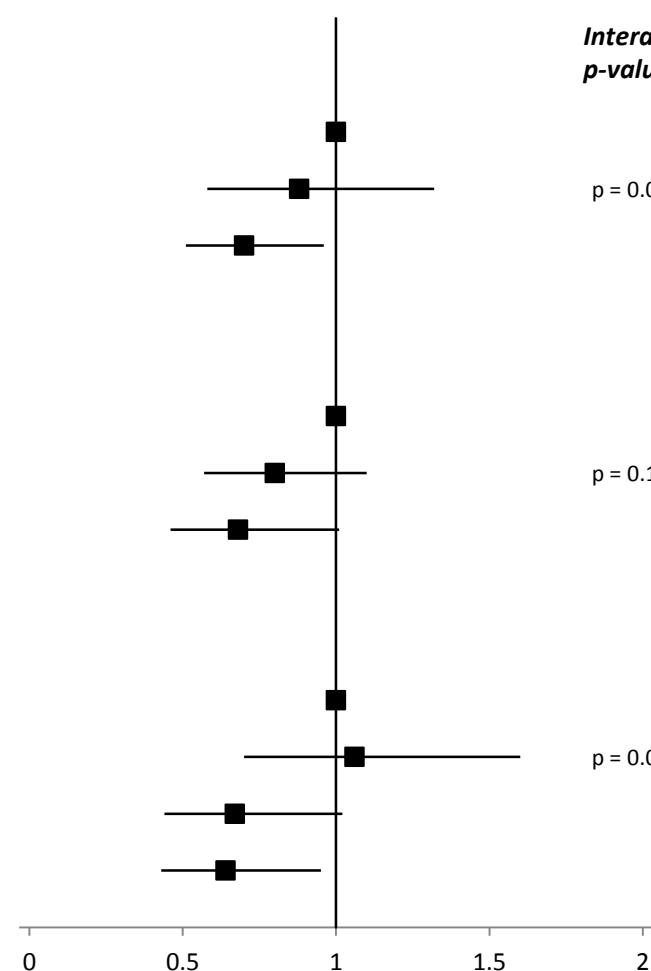


p = 0.015 1.09 (0.69, 1.71), p = 0.724
 0.58 (0.35, 0.95), p = 0.030
 0.56 (0.35, 0.89), p = 0.014

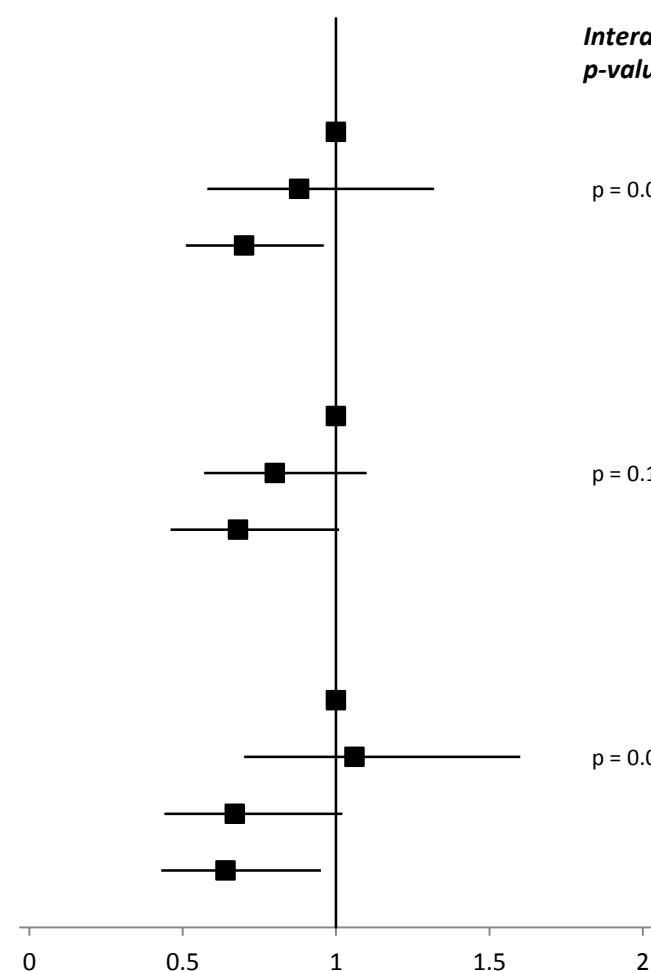
MACE plus coronary revascularisation

Interaction

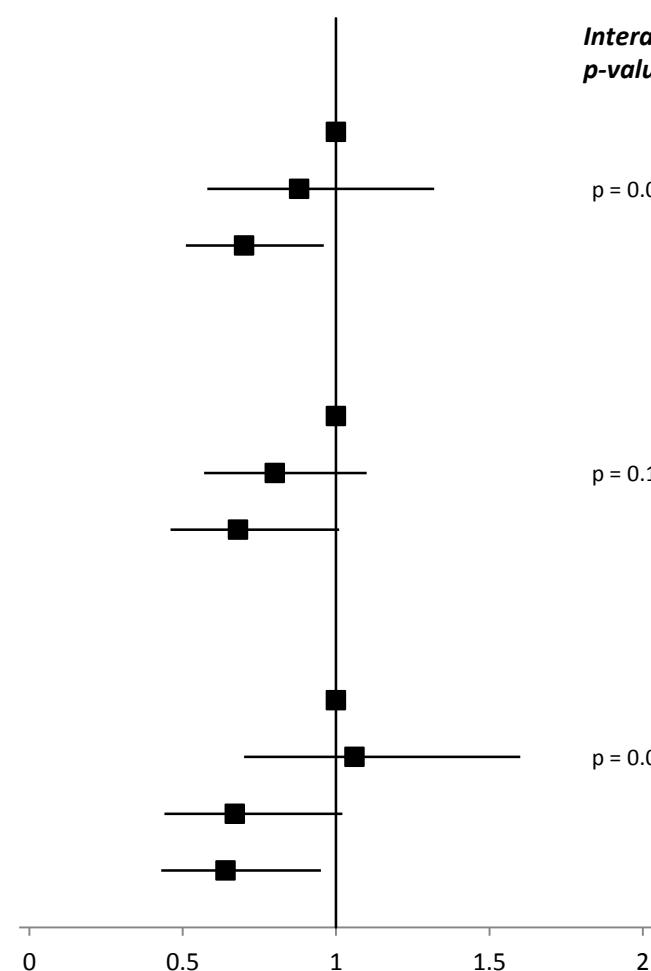
p-value **HR (95% CI), p-value**



Ref. group
 p = 0.086 0.88 (0.58, 1.32), p = 0.524
 0.70 (0.51, 0.96), p = 0.027



p = 0.106 0.80 (0.57, 1.10), p = 0.171
 0.68 (0.46, 1.01), p = 0.054



p = 0.046 1.06 (0.70, 1.60), p = 0.772
 0.67 (0.44, 1.02), p = 0.064
 0.64 (0.43, 0.95), p = 0.027