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1 Running head: *Photography for studies of moult*

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3 **Photography is an efficient method to study avian moult**

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12
13 Methods to obtain moult data from wild birds have not changed much over the
14 last century and most studies still depend on checking museum specimens or
15 capturing birds. Here we assess the applicability of systematic photography for
16 detecting and scoring moult in adult Black Skimmers from southern Brazil. Moult
17 data from photographs have a high within- ($R_{GLMM} = 0.98$) and between- (R_{GLMM}
18 $= 0.97$) observer repeatability and show very good fit to current moult Underhill-
19 Zucchini models ($R^2 = 0.75$). Photography has advantages of being less
20 invasive, requiring less equipment and human effort, being feasible in areas
21 where captures may not be possible, and causing less disturbance so
22 enhancing the number of sampled individuals.

23
24 **Keywords:** non-invasive moult assessment, Underhill-Zucchini moult model,
25 feathers, Black Skimmers

26 Moulting in birds is an evolutionary strategy of feather renewal that influences flight
27 efficiency, thermoregulation and seasonal appearance, and therefore has
28 fitness consequences at key stages in birds' lifecycles, such as breeding and
29 migration (Newton 2009). Assessing the moult process can provide better
30 understanding of individuals' choice and use of resources and thus also of
31 breeding, migratory and foraging strategies (Newton 2009). Methods to obtain
32 moult data from wild birds did not change much in the last century and largely
33 depend on scoring feathers or verifying the presence/absence of moult of
34 museum specimens and/or captured birds (e.g. Newton 1966, Underhill &
35 Zucchini 1988, Newton & Rothery 2009, Scherer *et al.* 2013, Morrison *et al.*
36 2015).. However, such data may also be acquired with other methods such as
37 photography, a method that has been used to study moult in marine mammals
38 (McConkey *et al.* 2002).

39 Opportunistically taken photographs of birds in moult have been used to
40 complement information based on conventional methods (Snyder *et al.* 1987,
41 Ryan 2013, Zuberogitia *et al.* 2016). Keijl (2011) suggested that photography
42 would be a promising way to study moult in pelagic seabirds that are difficult to
43 catch. Bugoni *et al.* (2015) studied seabird moult by catching birds at sea, and
44 they also presented photographs to show whether feathers were moulted or not.
45 González-Solís *et al.* (2011) used photographs from websites to confirm the
46 moulting patterns described in the literature to determine what feathers to use
47 for stable isotope analysis. However, few studies have yet used photography as
48 a systematic method to study moult nor compared its performance with other
49 methods. We took photographs of Black Skimmers (*Rynchops niger*) from
50 southern Brazil during the moulting period and scored their moult from the
51 photographs. Here we assess the repeatability of photographic moult scoring
52 and compare its performance in typically used moult models to data acquired
53 from the same and other species using traditional methods. This study thus
54 explores the value of systematic use of photography as a method to study moult
55 in birds.

56

57 **METHODS**

58 We studied Black Skimmers on the Island of Santa Catarina in southern Brazil
59 during the moulting period. From October 2015 to April 2016, photographs of
60 flocks were taken with a Canon© EOS Rebel T1i SLR camera using fast shutter
61 speed ($\geq 1/4000$ s) and a 75-300mm lens during two sessions each month in the
62 estuary of Ponta das Canas (27°24'26"S, 48°25'41"W). Each session lasted two
63 hours and involved walking systematically along two parallel 650 m long line
64 transects 100 m apart from each other, covering all habitats suitable for Black
65 Skimmers. Limiting each session to two hours was intended to minimize the
66 chances that individuals were photographed more than once during the same
67 session. We took 2,054 photographs with most of them containing one bird, yet
68 photographs could contain up to 130 individuals with open wings while flying,
69 landing, taking off or stretching (Fig. 1A-D). Whenever possible we viewed the
70 upper-wings of birds, although under-wings were also suitable (Fig. 1B).

71 The 2,054 photographs contained a total of 2,278 skimmers and we
72 could record a moult score for 1,418 individuals, representing 62% of all birds
73 detected. We used the traditional scoring system allocating a score between 0
74 and 5 for each of the ten primary feathers (Fig. 1E, Newton 1966, Underhill &
75 Zucchini 1988). Moult differs from incidental feather replacement by having the
76 same pattern on both wings (Pyle 2008). Because moult pattern is similar for
77 both wings (Pyle 2008) the score was given to the more visible wing. Old
78 feathers scored as 0 were recognised by full length, dull colour and at least
79 some wear (Fig. 1E). Feathers missing or in small pin stage were scored as 1
80 while feathers in large pin or brush stage grown up to a third of their full length
81 when compared to old feathers were scored as 2. Feather brushes grown half
82 of their full length were scored as 3. Feathers grown to half to three-quarters of
83 their full length were scored as 4, and feathers grown more than three-quarters
84 of their full length with bright colour and no wear were scored as 5 (Fig. 1E).
85 The moult scores of all individual primaries of one wing were summed and then
86 divided by the maximum score possible (= 50). The resulting moult index
87 ranged between 0 and 1 and was used as response variable in the moult
88 model.

89 To test within- and between-observer repeatability of moult scoring we
90 re-sampled 20 randomly selected photographs containing on average 4.5
91 individuals per photograph that could be scored, yielding a total of 91 moult

92 indices. For the within-observer repeatability the second scoring was performed
93 around five months after the first scoring by the same person without checking
94 any information relating to those photos. To assess the between-observer
95 repeatability the same 20 photographs were also scored by three additional
96 people that had no previous information on any of the photographs. Each of the
97 within- and the between-observer repeatability was tested using a general linear
98 mixed model (R_{GLMM}) with original scale, 100 bootstraps and 100 permutations
99 using the *rptR* package (Nakagawa & Schielzeth 2010) in R 3.2.4 (R Core
100 Development Team 2016). As moult indices were not normally distributed we
101 used a logarithmic transformation and applied a Bland-Altman plot of estimates
102 against each other using the *MethComp* package in R 3.2.4 (Carstensen *et al.*
103 2013). The Bland-Altman plots the mean difference of the indices against the
104 average value of these indices to test significance of bias between measures. It
105 also considers the limits of agreement to assess how much variation occurs
106 within the 95% interval of one scoring compared to the other. An ideal within- or
107 between-observer repeatability is expected to present a mean difference of zero
108 and all estimates within the limits of agreement (Bland & Altman 1999).

109 From the moult indices derived from the photographs we estimated the
110 duration and timing of moult by plotting the moult index (response variable)
111 against date and applying the Underhill-Zucchini (UZ) model that uses a
112 likelihood approach to estimate timing and duration of moult in a population
113 assuming independent observations (Underhill & Zucchini 1988) implemented in
114 the *moult 2.0* package in R 3.2.4 (Erni *et al.* 2013). Date was considered the
115 number of days from 30th September (1st October = day 1) when the photograph
116 was taken. We specified type 3 data considering only individuals in moult,
117 therefore excluding individuals scored as 0 and 1 (Underhill *et al.* 1990), so that
118 519 moult indices were considered in this analysis.

119 We compared our photographic moult indices with conventionally derived
120 indices from captures from other studies. The comparison between the methods
121 was based on standard error values from the UZ models and the R^2 -values of
122 the estimated moult trajectories. The model explains variation in the moult index
123 in relation to date, but additional variation may occur due to individual
124 differences in moult dynamics, for example due to age, sex or body condition.
125 Assuming different populations have a similar composition, any differences in

126 the accuracy of scoring between methods could introduce additional variation.
127 Thus, if the R^2 -value from the photographic moult scoring falls within the range
128 of models using conventional data, it is unlikely that the photographic method
129 has introduced additional variation. We compared our photographic moult
130 indices with capture data for the same species in Scherer *et al.* (2013). Raw
131 data were obtained from the authors for 58 Black Skimmers mist-netted at
132 Lagoa do Peixe (31°21'18"S, 51°03'03"W) in southern Brazil during the non-
133 breeding seasons between October 2010 and April 2012. We also compared
134 the R^2 -value of our data set to those from other studies that analysed temporal
135 variation in moult using the same scoring principle,) although unfortunately few
136 studies published the performance of their data (Underhill & Zucchini 1988,
137 Newton & Rothery 2009).

138

139 RESULTS

140 The within-observer repeatability showed photography allows for consistent
141 scoring of primary moult ($R_{GLMM} = 0.983 \pm 0.015$ (SE), 95% confidence interval
142 = 0.903 – 0.995, $P = 0.01$). The mean difference between the two repeated
143 moult indices by the same observer was -0.02, limits of agreement: -0.20, 0.17
144 (Fig. 2A). The between-observer repeatability was also high ($R_{GLMM} = 0.969 \pm$
145 0.062, 95% confidence interval = 0.939 – 0.986, $P = 0.01$) with a mean
146 difference between the four observers' indices of -0.009, limits of agreement: -
147 0.012, 0.006 (Fig. 2B). The number of moult indices out of the limits of
148 agreement was higher for the between- than for the within-observer
149 repeatability (Fig. 2).

150 The photographic moult indices provided a larger sample size and
151 showed a better fit to the UZ model than the data collected from the nearby
152 Black Skimmer population scored conventionally in the hand. The UZ models
153 applied to data from Scherer *et al.* (2013) provided estimates of timing and
154 duration of moult with large standard errors (duration = 270.2 ± 182 days; mean
155 start date = 5 ± 92.2). Our estimates for duration and mean start date of moult
156 based on the UZ model (Fig. 3) had narrower standard errors and fell within the
157 band of estimates derived from the conventionally collected data by Scherer *et*
158 *al.* (2013): duration = 194.2 ± 6.5 days, mean start date = 28 ± 4.5 . Comparing
159 across the few studies that reported a fit of the model relating moult index to

160 date, the R^2 -value of our photographic study is within the range found in studies
161 using birds in the hand (Table 1).

162

163 **DISCUSSION**

164 We found that photography is a convenient method to study moult reliably and
165 remotely, and yields results that are comparable in accuracy to results from
166 studies handling birds. Data based on photographs allowed us to determine the
167 timing and duration of Black Skimmers' primary moult in southern Brazil. The
168 species starts moulting primary feathers in October and their complete moult
169 takes around 194 days from austral spring to summer.

170 Advantages of systematic photography include its feasibility in areas and
171 situations where birds in flight can be readily photographed but their capture
172 might be difficult, for instance due to intense human disturbance, type of
173 landscape, and license restrictions on capturing birds. Although these factors
174 can make captures more difficult, they do not affect photography to a similar
175 extent. There are, however, some limitations in systematic photography.
176 Though the method works for flight feathers, recording moult of body feathers is
177 much more difficult because those feathers are normally hidden. Photographs
178 do not normally allow individual recognition as capturing and marking
179 individuals does, unless the study species was already marked in another
180 season or has distinct natural markers such as specific bill or iris patterns.
181 Photography cannot be applied to all birds and conditions since data depend on
182 a clear view of at least one open wing. Nonetheless, systematic photography
183 can be adapted, for example using bait and playback to attract and photograph
184 birds in certain positions. Photography may reduce disturbance to birds, thus
185 enhancing sample sizes that can be obtained. This method also needs less
186 equipment and less fieldwork effort compared to catching birds.

187 This is the first study we are aware of systematically using photographs
188 to assess moult in birds and evaluate the method for within- and between-
189 observer repeatability. The repeatability was high in both cases. The mean
190 difference being almost zero, with most differences between the measurements
191 within estimated narrow limits of agreement, suggests that moult of primary
192 feathers can be consistently scored by the same or different observers using
193 photography. However, as in any other scoring method depending on human

194 observations, variability in results exists and might be related to the observer's
195 experience in detecting feathers moulting in a certain species. A further strength
196 of the photographic approach is that it can provide a permanent archive
197 available for future research uses.

198 Considering the studies that made R^2 -values available, photographic
199 data yielded a similarly good fit as conventional studies, suggesting that the
200 photographic method has not introduced significant additional variation to the
201 intra-individual variation present in such data sets. However, further evaluations
202 of the photographic method on other species and populations would be
203 desirable.

204 Conventional moult scoring of birds in the hand (Scherer *et al.* 2013) and
205 our photographic results indicated Black Skimmers in southern Brazil began
206 their primary moult in October and that primary moult lasted from austral spring
207 to summer. The results indicate a consistent pattern for the species in southern
208 Brazil which is clearly distinct from the timing of moult observed in North
209 America where moult occurs during boreal autumn to spring (Pyle 2008).

210 Snyder *et al.* (1987) and Keijl (2011) advocate the use of photographs to
211 assess moult scores and we show the potential value of systematic
212 photography for the study of moult. We believe this method could also be
213 extended to assess moult centres in secondaries as well as timing and duration
214 of the moult of secondaries, tertials and rectrices. Studies on single populations
215 could be extended to cost effective studies of geographic variation in moult
216 patterns in widespread species. Moreover, photographs can benefit from
217 associations with the citizen science movement to cover wider geographic
218 areas. The photographic method can also be carried out in association with
219 other imaging techniques such as thermal imaging cameras to monitor stress
220 levels under challenging conditions (Jerem *et al.* 2015).

221

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227

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 274 the Redshank *Tringa totanus*. *Ibis* **132**: 118-123.

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 279

280 **Table 1:** R² values related to studies using photography (this study) and
 281 examining individuals in the hand (Underhill & Zucchini 1988, Newton & Rothery
 282 2009 and Scherer *et al.* 2013) to score molt in birds. Sampling size refers to the
 283 total number of molt scores analysed. Type data refers to classification in
 284 Underhill *et al.* (1990) in which type 2 requires molt scores of all sampled
 285 individuals; type 3 only includes individuals in molt; and type 5 uses scores of
 286 the population pre-moulting and in molt.

	Species	sample size	type data	R² value
This study	Black Skimmer (<i>Rynchops niger</i>)	519	3	0.755
Scherer <i>et al.</i> (2013) ¹	Black Skimmer (<i>Rynchops niger</i>)	53	3	0.246
Underhill & Zucchini (1988)	Sanderling (<i>Calidris alba</i>)	164	3	0.847
Newton & Rothery (2009)	European Goldfinch (<i>Carduelis carduelis</i>)	108	5	0.966

287 ¹ R^2 -value calculated from raw data provided by the authors.

288

289 **Figure 1:** Black Skimmers flying with fully open wings (A, B) give a good view of
 290 moulting patterns yet birds landing or taking off (C), or even flying at some other
 291 angles (D) can also allow for moult scoring of primaries. Detail of Black
 292 Skimmer's right wing and the moult scoring system used in this study (E).
 293 Primaries are identified from inner (P1) to the outermost feather (P10 in this
 294 species). Double counting the primaries from inner to outermost feather and
 295 vice-versa plus special attention to gaps between feathers is recommended
 296 because pins can be hidden. Old feathers have a dull colour, some wear and
 297 often lighter edges such as the P4 to P10 shown in (E); thus, these seven
 298 feathers were scored as 0. New feathers are brighter, darker, and have no
 299 wear, such as the P1 shown in (E); thus, scored as 5. P2 shown in (E) is half-
 300 grown compared to old feathers and scored as 3 whereas the P3 shown in (E)
 301 is less than a third of the full length of old feathers and thus scored as 2. Note
 302 that primaries with scores of 2 or 3 (P2 and P3 in this example) are partially
 303 visible while feathers with score 1 are hardly seen yet the gap of a missing
 304 feather can be detected. Thus, the moult score of the right wing of this individual
 305 shown in (E) is 10. This sum is then divided by the maximum possible score (=
 306 50) to result in the moult index of 0.2 (= 10/50) used in the analysis. Photo by
 307 BVP.

308

309 **Figure 2:** Bland-Altman plots of within- (A) and between-observer repeatability
 310 (B) of the photographic moult index . Horizontal solid and dotted lines are the
 311 mean difference and limits of agreement, respectively. The within- (mean = -
 312 0.02, limits of agreement = -0.20, 0.17) and the between-observer differences
 313 (mean = -0.009, limits of agreement = -0.012, 0.006) are based on
 314 logarithmically transformed data.

315

316 **Figure 3:** Photographic moult index in relation to date (day 1 is October 1)
 317 based on photographs of moulting Black Skimmers with open wings. The line
 318 represents the estimated moult trajectory beginning at the mean start date
 319 based on Type 3 data (Underhill & Zucchini 1988).

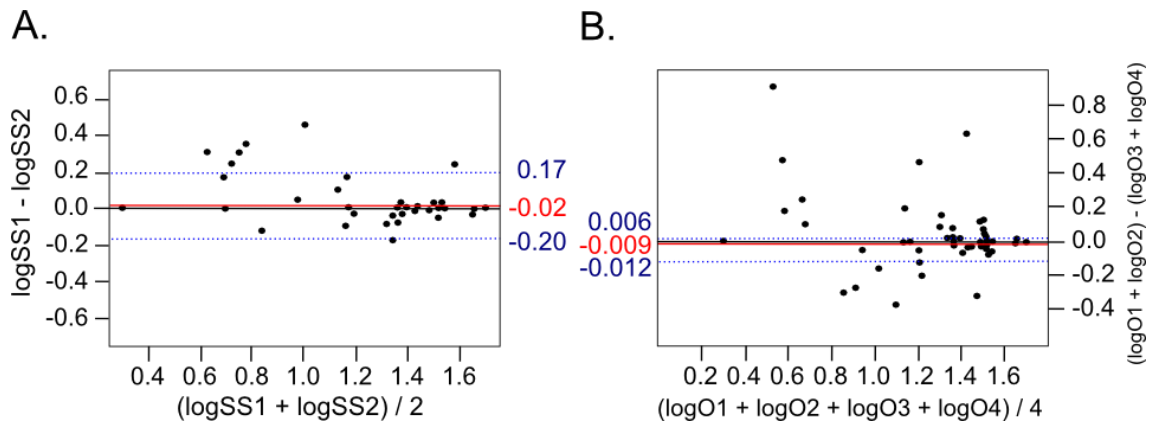
320



321

322 **Figure 1.**

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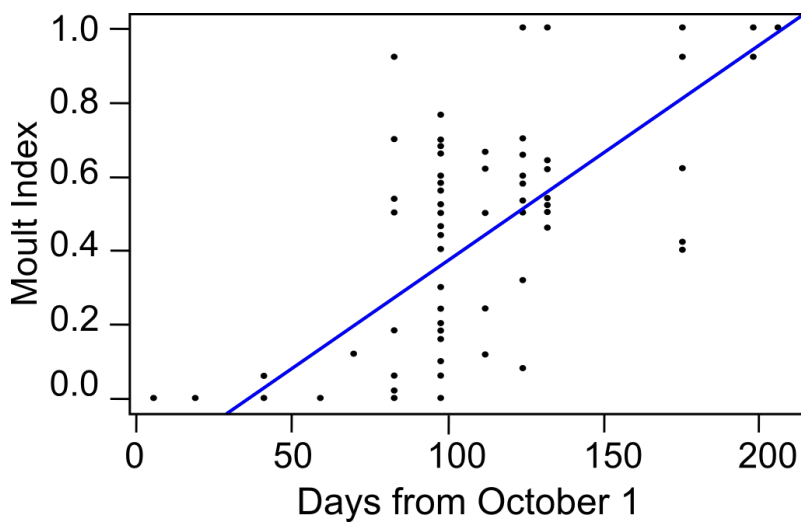


324

325

Figure 2.

326



327

Figure 3.

328