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1 **Mutually honest? Physiological ‘qualities’ signaled by color ornaments in**
2 **monomorphic king penguins**

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17

18 **Author contributions**

19 Designed the study: VAV, FSD and PB. Did the fieldwork: BG, MK, SP, JPR and PB. Did
20 the lab work: VAV, AS, QS. Analyzed the data: VAV, CS and PB. Wrote the paper: VAV.
21 All authors contributed to its revision.

22

23 **Keywords:** body condition, king penguin, monomorphic seabird, mutual mate choice,
24 ornament, oxidative stress, sexual selection, UV-signals

25

26 **ABSTRACT**

27 In species for which successful reproduction relies strongly on shared and substantial parental
28 investment by males and females, mate choice is expected to be important to the fitness of
29 both sexes. Reciprocal selection may then favor the evolution of morphological signals
30 providing mutual information on the condition/quality of tentative partners. However,
31 because males and females often have differing physiological constraints, it is unclear which
32 proximate physiological pathways guarantee the honesty of male and female signals in
33 similarly ornamented species. We used the monomorphic king penguin (*Aptenodytes*
34 *patagonicus*) as a model to investigate the physiological qualities signaled by color and
35 morphological ornaments known to be under sexual selection (coloration of the beak spots
36 and size of auricular feather patches). In both sexes of this slow-breeding seabird, we
37 investigated the links between ornaments and multiple indices of individual quality; including
38 body condition, immunity, stress and energy status. In both sexes, individual innate immunity,
39 resting metabolic rate, and the ability to mount a stress response in answer to an acute
40 disturbance (capture) were similarly signaled by various aspects of beak coloration or
41 auricular patch size. However, we also reveal interesting and contrasting relationships
42 between males and females in how ornaments may signal individual quality. Body condition
43 and oxidative stress status were signaled by beak coloration, though in opposite directions for
44 the sexes. Over an exhaustive set of physiological variables, several suggestive patterns
45 indicated conveyance of honest information about mate quality in this monomorphic species.
46 However, sex-specific patterns suggest that monomorphic ornaments may signal different
47 information concerning body mass and oxidative balance of males and females, at least in
48 king penguins.

49

50

51 INTRODUCTION

52 The evolutionary explanation for conspicuous and similar ornaments in both sexes (i.e. in
53 sexually monomorphic ornamented species) has been a long-standing quandary in
54 evolutionary biology (reviewed by Kraaijeveld et al. 2007). Two main hypotheses have been
55 proposed to explain mutual ornamentation. The first suggests that female ornaments are non-
56 functional, but arise as a by-product of genetic correlations between the sexes (Lande 1980,
57 Price 1996). The second, mutual selection, suggests that functional ornaments may result
58 from selection on their expression in both sexes. Processes that may select for both male and
59 female ornaments include mimicry to conceal sexual identity (Burley 1981), mutual sexual
60 selection for high quality partners (Hooper and Miller 2008), or social competition over non-
61 mate resources in both sexes (West-Eberhard 1979, Tobias et al. 2012). As pointed out by
62 Kraaijeveld et al. (2007), these processes are not mutually exclusive, as traits may be used in
63 several contexts, for instance both in contests over resources (either mates or non-mate
64 resources) and mate choice (Berglund et al. 1996).

65 Mutual sexual selection is expected when variance in reproductive success is similar
66 between males and females, and when mate quality is an important predictor of variation in
67 male and female success (Trivers 1972, Clutton-Brock and Vincent 1991), such as in slow
68 breeding seabirds (e.g. Velando et al. 2001). Where both sexes should be choosy in their
69 pairing preferences, ornaments may be favored because they assist the individual expressing
70 them in acquiring a high quality mate, whereas preferences for ornaments may do the same
71 for receivers (Johnstone et al. 1996, Kokko and Johnstone 2002, Hooper and Miller 2008).
72 Furthermore, mating systems with extended mate-sampling periods are expected to lead to
73 reduced mutual ornamentation (“dull monomorphism”; Badyaev and Qvarnström 2002,
74 Badyaev and Hill 2003), whereas mating systems with short mate-sampling periods should
75 favor extravagant “bright” monomorphism (Fitzpatrick 1994). However, because males and

76 females often differ in physiological constraints, the aspects of individual quality signaled and
77 of interest to receivers may differ between the sexes (Alvarez et al. 2005, Lopez et al. 2008).
78 For instance, in goldfinches (*Spinus tristis*), monomorphic bill coloration is correlated with
79 acquired immunity in females but not males, probably linked to the different functional roles
80 of beak coloration in male and female social communication (Kelly et al. 2012).

81 King penguins (*Aptenodytes patagonicus*) are monomorphic seabirds, where both
82 sexes experience a highly energy demanding breeding cycle (Groscolas and Robin 2001) and
83 cooperate for as long as 14 months to successfully raise a single chick (Stonehouse 1960).
84 Both males and females display conspicuous color ornaments including auricular feather
85 patches that only reflect yellow-orange colors, a breast feather patch that reflects yellow to
86 rusty-brown colors (Pincemy et al. 2009), and keratin beak spots on their lower mandibles
87 that reflect yellow-orange *and* UV color (Jouventin et al. 2005). Although it has been
88 previously demonstrated that feather and beak spot colorations are used in mate choice
89 (Pincemy et al. 2009, Nolan et al. 2010), little is known on the information carried by those
90 ornaments. We tested whether the ornaments of king penguins convey similar information in
91 both sexes in order to determine whether the condition-dependence of ornamental features
92 occurs only in one sex, suggesting that selection operates primarily in that sex and that
93 monomorphism is the outcome of genetic correlation between the sexes; or whether
94 condition-dependence occurs in both sexes (though not necessarily on the same ornaments
95 nor related to the same qualities) supporting the idea of mutual sexual selection. We aimed at
96 providing an extensive list of quality measures choosing key mediators of vertebrate life
97 histories expected to exhibit important associations with fitness. Those included body
98 condition, immune status, energy expenditure, hormonal stress status, hormonal and heart rate
99 stress responsiveness, and oxidative status (e.g. Norris and Evans 2000, Monaghan et al.
100 2009).

101 Because beak UV is important to pairing decisions for both male and female king
102 penguins (Nolan et al. 2010), we expected it to reflect information on individual quality in
103 both sexes. In contrast, larger auricular patches are more important to females during mate
104 choice (Pincemy et al. 2009, Dobson et al. 2011), but have also been positively linked to
105 social aggressiveness in both sexes (Viera et al. 2008). Thus, we expected auricular patch size
106 to yield information on male quality, or non-exclusively to signal male and female abilities to
107 cope with their aggressive colonial environment, including via physiological stress responses
108 (e.g. Parker et al. 2002, Bortolotti et al. 2009). Social competition has been suggested to favor
109 the evolution of ornaments as ‘badges of status’ that are used in alternative contexts to mate
110 choice (West-Eberhard 1979, Kraaijeveld et al. 2007). King penguins are known to
111 aggressively compete over breeding sites, and thus colored ornaments might convey
112 information about social dominance or aggressiveness (Viera et al. 2008, Keddar et al.
113 2015a). Specifically, given that males perform the first and longest reproductive fast of the
114 breeding cycle (typically 1-mo. including courtship and incubation; Stonehouse 1960),
115 information on body condition should be more important to females. We predicted that
116 ornamental features should be associated with body condition, especially in males. In
117 contrast, information relating to immunity should be particularly relevant to both sexes in this
118 species, since ticks (*Ixodes uriae*) are prevalent in king penguin colonies and detrimentally
119 affect adult and offspring fitness (Mangin et al. 2003, Bize P., Schull Q., Pardonnet S.,
120 Handrich Y., Criscuolo F., Viblanc V.A., Robin J.P., unpubl. data). Finally, stress status
121 (including oxidative stress; von Schantz et al. 1999) in relation to mate choice (e.g. parental
122 breeding quality; Angelier and Chastel 2009) or social territory acquisition should be
123 mutually important to males and females, and associated with ornamental traits in both sexes.

124

125 **METHODS**

126 **Field site and study species**

127 This study was conducted in the king penguin colony of *La Baie du Marin* (Possession Island,
128 Crozet Archipelago; 46°25'S, 51°45'E) during the 2011-2012 breeding season (Dec.–Mar.).
129 After an initial courtship period (~15 days), male and female penguins alternate periods
130 fasting on-land and foraging at sea during incubation and chick-brooding (Stonehouse 1960).
131 Hatching occurs after approximately 54-days and both parents alternate feeding and guarding
132 duties on-land during most of the austral summer.

133 In early November (breeding onset), we captured 31 penguin pairs and marked them
134 with non-permanent animal dye (Porcimark; Kruuse, Langeskov, Denmark) and plastic
135 flipper-bands. Because of logistical constraints, all birds were caught after courtship, and had
136 already undergone the mate choice and the pairing processes. We assumed that ornaments at
137 mate choice were correlated with the moment at which we measured them, after birds had
138 paired (see below). Accordingly, the size of the ear patch is determined at molt and beak
139 measures at the start of breeding showed little within-individual variation compared to
140 between individual variation (Schull Q., Viblanc V.A., Dobson F.S., Bize P., unpubl. data).
141 Males ($N = 31$) were tagged during the first incubation shift, shortly after the female had
142 departed to feed at sea. Females ($N = 30$) were tagged upon return from their foraging trip.
143 Birds were observed daily from a distance, during the entire breeding season (Nov.–Mar.), to
144 monitor their breeding status and determine sex-specific breeding shifts. All plastic flipper-
145 bands were removed at the end of the study.

146

147 **Morphometric measures**

148 Flipper (± 1 mm) and beak length (± 0.1 mm) were measured using a solid metal ruler and
149 dial calipers (Stonehouse 1960). Body girth (thoracic circumference) was measured (± 1 mm)
150 with a flexible tape-ruler just below the upper articulation of the flippers to the body (Viblanc

151 et al. 2012a). Birds were measured at the onset of incubation shift 2 for females and
152 incubation shift 3 for males, to insure that both males and females had experienced similar
153 minimal fasting durations (2-3 days) on land.

154

155 **Ornament measures**

156 Standardized measures of the width and height of the right and left auricular feather patches
157 were performed using a flexible tape-ruler (see online supporting information S1). Left and
158 right distances were averaged and the surface of the patch was calculated as *width x height*
159 (mm^2).

160 Reflectance measurements of the beak spot were obtained using a portable JAZ
161 spectrophotometer (Ocean Optics Inc., Dunedin, FL, USA) with a spectral resolution of 0.3
162 nm across the spectral range 320-700 nm. The spectrophotometer contained a pulsed-xenon
163 light module and was calibrated against a white Spectralon standard. All measures were
164 performed using a 200 μm fiber probe with a 90° angle window. Measures were repeated 3
165 times across each bill plate (in the orange region from bill tip to base) and spectra were
166 averaged using an R script adapted from Montgomerie (2008). From spectral data, we
167 calculated tri-stimulus color variables: mean brightness, hue and chroma. We considered the
168 spectral range 320-700 nm, given the range of spectral sensitivity in birds (Cuthill 2006). The
169 reflectance of king penguin beak spots is characterized by a bimodal pattern including a
170 reflectance peak in UV and a peak/plateau in the yellow-orange (YO) portion of the spectrum
171 (see Fig. 1). Thus, we calculated color variables over wavelength sub-regions of interest. For
172 yellow-orange colors, we focused on the 500-700 nm portion of the spectrum. For the UV
173 peak, we focused on the range 320-450 nm. Although this region extends beyond UV
174 coloration *per se*, the choice was deliberate to account for the UV peak of king penguin beak
175 spots in its entirety (Jouventin et al. 2005). Mean brightness is a measure of spectral intensity

176 of the ornament, and yellow-orange and UV mean brightness were calculated by averaging
177 reflectance over wavelengths 500-700 nm and 320-450 nm, respectively (Montgomerie 2006).
178 Hue is a measure of color appearance (e.g. 'blue', 'yellow', etc.). For the YO plateau portion
179 of the spectrum, it was calculated as the wavelength at which the reflectance was halfway
180 between its maximum and minimum (Keddar et al. 2013). For the UV peak, hue was
181 calculated as the wavelength of maximum reflectance between 320 and 450 nm. Finally,
182 chroma is a measure of color purity and was calculated as the difference between maximum
183 and minimum reflectance over the mean reflectance for that particular region (formula S₈;
184 Montgomerie 2006).

185

186 **Body condition**

187 We used a principal component analysis to calculate a structural size index (SSI), which
188 explained 86% of the variation in beak size and flipper length ($SSI = 0.95 \times \text{flipper} + 0.31 \times$
189 beak). We then regressed body girth on this SSI ($F_{1,59} = 18.87, P < 0.001, R^2 = 0.24$) and used
190 the residuals as an index of body condition. This method yields condition indices very similar
191 to classical mass/size regressions (correlation, $r = 0.92$; Viblanc et al. 2012a), but is more
192 practical than weighing birds within the breeding colony.

193

194 **Immunity measures**

195 Immune status was assessed from blood samples collected during the second incubation shift
196 of males and females. Blood (1 mL) was collected within 3-minutes of capture (see stress
197 protocol below) from the marginal flipper vein using a 0.7*40 mm, 22G needle fitted to a 5
198 mL heparinized syringe. Within 10 min of sampling, blood was centrifuged at 3000xg for 5
199 min separating plasma and blood cells. Samples were kept at -18°C until the end of the day
200 before being transferred at -80°C until lab-analyses. Constitutive innate humoral immunity

201 was determined using the hemolysis-hemagglutination assay described for birds (including
202 seabirds) by (Matson et al. 2005). This assay evaluates natural antibody (NAb) levels and
203 associated complement activation potential in plasma. Briefly, NABs are innate non-specific
204 antibodies encoded by the germ line that react with virtually any antigen. They are naturally
205 present in antigen-naïve individuals, form a large portion of serum immunoglobulin, and
206 initiate the complement enzyme cascade that ends in cell lysis (Matson et al. 2005). We
207 exposed 25 μ L of penguin plasma (serially diluted from 1 to 1/1024) to 25 μ L of a 1% rabbit
208 blood cell suspension and scored lysis (Lysis titers) and agglutination (NAb titers) for each
209 sample. All assays were run on the same day and scored by the same observer (AS). Within
210 and among-assay variation was 2.4% and 7.5% for lysis, and 3.0% and 4.1% for agglutination
211 titers, respectively.

212

213 **Resting metabolic rate**

214 An estimate of bird's resting metabolic rate was obtained by measuring their daily resting
215 heart rate (rHR). The conversion of HR to VO₂ (the classic measure of metabolic rate) using
216 previously established calibrations is complicated by various issues including error
217 measurement (for a discussion see Green 2011). Thus, we used raw HR data as a qualitative
218 rather than quantitative index of metabolic rate in king penguins (Viblanç et al. 2014). We
219 attached external HR-loggers (Polar® RS800 and RS800CX, Polar Electro Oy, Kempele,
220 Finland) to breeding birds on the 6th day of their second incubation shift (shift 3 for males, N
221 = 26; shift 4 for females, N =24). Details on logger attachment, technology and accuracy of
222 HR measurement are provided elsewhere (Groscolas et al. 2010). Birds' HR was recorded for
223 48 hours (until day 8 of their incubation shift) at a rate of 1 value every 5 or 2 seconds
224 (depending on the logger model and memory). HR typically recovered to resting levels within
225 30 minutes of the initial capture stress (Viblanç et al. 2012b). We thus systematically

226 discarded the first 60 minutes of each recording to avoid confounding our calculations with
227 handling stress. We calculated daily rHR using moving averages to determine the 10
228 consecutive minutes where HR was lowest over 12-h periods. Daily rHR values were highly
229 repeatable ($r = 0.95$; Lessels & Boag 1987) and were averaged (Viblanco et al. 2014).

230

231 **Stress status**

232 We assessed penguins' stress status by measuring plasma total corticosterone (CORT), the
233 main glucocorticoid stress hormone in birds. We determined both basal total CORT levels
234 and acute total CORT increase to a standardized capture stress on the 8th day of second
235 incubation shift, at the same time that HR-loggers were removed. The capture stress was a
236 standardized approach starting > 25m away from the bird, before hooding and capturing it. At
237 the start of the approach, the experimenter insured that the bird was resting. The time at which
238 it became vigilant to the approaching experimenter was considered T_0 and a first blood
239 sample (as previously described) was made within the following 3-5 minutes. In king
240 penguins, plasma CORT levels do not significantly increase due to a capture-handling stress
241 within this time period (Ménard 1998). After initial blood sampling, the experimenter loosely
242 maintained the bird captive for 30 min and performed a second blood-sample at T_{30} .
243 Concentrations of plasma CORT were measured in duplicate using a quantitative competitive
244 sandwich enzyme immunoassay technique according to guidelines provided by the
245 manufacturer (ELISA Corticosterone kit, Enzo Life Sciences, Farmingdale, NY, USA, ADI-
246 900-097). Kit sensitivity was 27.0 pg/mL, intra- and inter-assay variation were 7.6% and
247 13.3%, respectively. The CORT response to acute stress was calculated as $100 * (CORT_{30} -$
248 $CORT_0) / CORT_0$.

249 During the standardized capture protocol we also measured HR response. We defined
250 the initial resting HR (HR_i) as the HR at the moment preceding a rapid constant increase in

251 HR due to the approaching experimenter (Viblanco et al. 2012b). Maximal HR (HR_{max}) in
252 response to the capture corresponded to the maximal HR achieved in the 3 minutes following
253 the onset of the stress. The maximum increase in HR was then calculated as $100 \cdot (HR_{max} -$
254 $HR_i) / HR_i$. HR-loggers were removed at the end of the stress.

255

256 **Oxidative status**

257 On the 8th day of the second incubation shift, we determined plasma oxidative status as
258 previously described for king penguins (Geiger et al. 2012). The antioxidant capacity of
259 penguin's plasma (OXY) and its concentration of reactive oxygen metabolites (ROM; a
260 measure of exposure to oxidative stress) were respectively measured using commercially
261 available OXY adsorbent and dROM kits (Diacron International srl, Grosseto, Italy). Intra-
262 and inter-assay variation was 7.4% and 7.0% for OXY, and 6.4% and 7.9% for ROM.

263

264 **Data analyses**

265 Analyses were performed using R v.3.0.2. All individuals only appeared once in the data set
266 and we had no repeated measures. First, we investigated male and female dimorphism by
267 considering the effect of sex on structural size, beak color variables and auricular patch
268 surface in linear models. For auricular patch surface, we also considered sexual dimorphism
269 controlling for structural size (specified as a covariate in the analysis). We then investigated
270 whether ornaments reflected physiological variables (*i.e.* could the birds “predict”
271 physiological quality from the ornaments) by running separate models for each physiological
272 trait and specifying beak color traits (hue, chroma and brightness) and auricular patch size as
273 predictor variables in our models. Sex was included as a cofactor in the analyses and its
274 interactions with beak coloration variables and auricular patch size were considered. The area
275 of the colony in which the bird was sampled (close to the beach or further up the valley) was

276 fixed as a cofactor in all analyses to account for known colony-related differences in parasites
277 and stress responses (Viblanco et al. 2012b). Independent variables were standardized prior to
278 analyses, so that model estimates were comparable (Schielzeth 2010). We used multi-model
279 inference with Akaike's Information Criterion corrected for small sample size to identify the
280 best model (AICc and AIC weights) for each physiological parameter considered ('dredge'
281 package in R; Bartoń 2015). We retained the most parsimonious model within potential
282 candidates ($\Delta AICc < 2$). Models were compared using Maximum Likelihood. Because most
283 color variables were correlated to some extent (see online supporting information S2), we
284 insured collinearity was not an issue before performing model selection in our analyses. We
285 checked for variance inflation factors (VIFs) in the full model (suggested cut-off = 5; Zuur et
286 al. 2007). Yellow hue was the only variable which appeared problematic in all models, with
287 $7.2 < VIF < 9.4$. Thus, we removed it from all analyses, and subsequent collinearity was low
288 ($1.2 < VIFs < 5.2$). Due to sampling and slight variations in success of laboratory analyses,
289 sample sizes varied across physiological measures. Diagnostic plots and the Shapiro-Wilk
290 normality test were used to inspect model residuals for normality and potential outliers. When
291 necessary (i.e. for resting HR and the acute CORT response), data were transformed prior to
292 analyses using Box-Cox power transformations (Viblanco et al. 2012b) to insure residual
293 normality. For each model, we calculated effect sizes (ES, Hedges' unbiased d and z -
294 transformed r) and their associated 95% confidence intervals based on respective t -statistics
295 using equations 10, 11, 14, 15, 17 and 19 from (Nakagawa and Cuthill 2007). We use the
296 benchmarks $r = 0.1, 0.3, 0.5$ and $d = 0.2, 0.5, 0.8$, to discuss small, medium and large effect
297 sizes (Nakagawa and Cuthill 2007).

298

299 **RESULTS**

300 **Male and female dimorphism in sexual ornaments**

301 Males were slightly but significantly larger than females (3-4% for flipper and beak,
302 respectively; Fig2; online supporting information S3), and had significantly larger auricular
303 patches (14%), even when accounting for structural size as a covariate in the model (Fig. 2).
304 Sexes did not differ significantly in terms of ornamental colors, except for UV chroma, which
305 was slightly higher in males (Fig. 2).

306

307 **Body condition and ornaments**

308 The most parsimonious model explaining body condition in breeding birds with the lowest
309 AICc and highest AIC weight retained beak UV brightness, yellow orange chroma, and their
310 interactions with sex as important factors (Table 1, see online supplementary material S4).
311 Patterns of association between beak UV brightness, yellow-orange chroma, and body
312 condition were different in males and females (Fig. 3, Table 1). Beak UV brightness was
313 weakly positively ($Zr = +0.29$; $CI_{95} = [-0.00, 0.58]$) related to body condition in males, but
314 moderately negatively in females ($Zr = -0.51$; $CI_{95} = [-0.22, -0.80]$) (Fig. 3A). Beak yellow-
315 orange chroma was moderately positively related to body condition in females ($Zr = +0.53$;
316 $CI_{95} = [0.24, 0.82]$), but not in males ($Zr = -0.06$; $CI_{95} = [-0.35, 0.23]$) (Fig. 3B).

317

318 **Oxidative status and ornaments**

319 UV hue, sex and their interaction were selected by AICc as important variables related to
320 ROM levels (Table 2, online supplementary material S5). In females, beak UV hue was
321 strongly negatively related to ROM levels ($Zr = -0.59$; $CI_{95} = [-0.20, -0.99]$), whereas the
322 association was positive in males, though the effect was weak as CI barely overlapped zero
323 ($Zr = +0.37$; $CI_{95} = [-0.02, 0.77]$) (Fig. 4). In contrast, OXY levels were not related to beak
324 coloration or auricular patch surface, *i.e.* only the intercept was retained in the best model
325 (online supplementary material S6).

326

327 **Immunity and ornaments**

328 The most parsimonious model retained YO beak chroma as a feature explaining variation in
329 lysis scores in both sexes, but no sex interaction (Table 3, online supplementary material S7).
330 YO chroma was weakly negatively ($Zr = -0.24$; $CI_{95} = [-0.54, 0.05]$) related to lysis titers
331 (Fig. 5A). NAb titers were moderately negatively ($Zr = -0.42$; $CI_{95} = [-0.72, -0.12]$) related to
332 patch surface in both sexes (again, no sex interaction) (Table 4, online supplementary material
333 S8) (see Fig. 5B).

334

335 **Resting metabolic rate and ornaments**

336 Model selection retained UV brightness as a variable related to daily resting HR, but no sex
337 interaction (Table 5, online supplementary material S9). UV brightness was moderately
338 positively ($Zr = +0.35$; $CI_{95} = [0.05, 0.66]$) associated with daily resting HR levels (Fig. 6).

339

340 **Stress and ornaments**

341 Beak and patch ornaments did not relate to basal total CORT levels, as the best and most
342 parsimonious model only retained colony area as an important factor explaining CORT levels
343 ($d_{unbiased} = +0.94$; $CI_{95} = [0.29, 1.59]$, see online supplementary material S10). Birds breeding
344 further up the valley had significantly higher basal CORT ($3.56 \pm 0.35 \text{ ng.mL}^{-1}$) levels than
345 birds breeding close to the beaches ($2.15 \pm 0.23 \text{ ng.mL}^{-1}$). For the birds' acute CORT
346 response to a standardized 30-min capture, model selection retained UV hue as a variable
347 explaining variation in the CORT response, but no sex interaction (Table 6; see online
348 supplementary material S11). UV hue ($Zr = -0.37$; $CI_{95} = [-0.69, -0.06]$) was moderately
349 negatively related to the acute CORT response (Fig. 7). Finally, birds' HR response to capture
350 did not appear to be related to beak or auricular patch ornaments. Indeed, the best and most

351 parsimonious model only retained colony area as an important factor explaining variation in
352 birds' acute HR response to stress ($d_{\text{unbiased}} = +0.59$; $CI_{95} = [-0.09, 1.26]$; see online
353 supplementary material S12). Birds breeding up the valley had slightly higher HR responses
354 to captures (132.6 ± 8.1 %) than birds breeding close to the beaches (113.8 ± 11.6 %).

355

356 **DISCUSSION**

357 The two main hypotheses proposed to explain the evolution of elaborate ornamentation in
358 males and females are the 'genetic correlation' and the 'mutual selection' hypotheses
359 (Kraaijeveld et al. 2007). The former proposes that showy ornaments are functional in males,
360 but evolve as non-functional by-products of genetic correlations between the sexes in females
361 (Lande 1980). Selection then operates in males and the condition-dependence of ornaments
362 should be primarily related to the male sex. The latter proposes that ornaments are functional
363 in both sexes, evolving as honest signals of individual quality related to sexual or other, not
364 mutually-exclusive, forms of social selection (e.g. social competitiveness for breeding sites)
365 (Johnstone et al. 1996, Kokko and Johnstone 2002, Hooper and Miller 2008, Tobias et al.
366 2012). Although the genetic correlation hypothesis predicts that ornaments should convey
367 information mostly in males, the mutual selection hypothesis predicts that ornament should
368 convey information in both sexes.

369 In agreement with the mutual selection hypothesis, in king penguins we found that the
370 showy ornaments used in mate choice were related to various aspects of physiological quality
371 in both sexes. Successful breeding in this species involves obligate bi-parental care over an
372 extended 14-mo. period (Stonehouse 1960). Adults experience high annual divorce rates (up
373 to 81%; Olsson 1998) and courting birds encounter prospective mates at a high rate. Such
374 conditions provide scope for mutual choosiness (Johnstone et al. 1996, Kokko and Johnstone
375 2002) and are indeed expected to favor the evolution of ornamental signals reflecting

376 individual quality in both sexes (Kraaijeveld 2003, Kraaijeveld et al. 2007). However, we also
377 found that not all facets of physiological quality were similarly related to ornamentation in
378 both sexes, suggesting that mutual ornamentation may be maintained by varying selective
379 pressures in males and females (e.g. Murphy 2007).

380

381 **Mutual ornamentation and immunity**

382 One important cost of colonial breeding is parasitism (Mangin 2003). The
383 immunocompetence hypothesis predicts that, given limited resources (energy, nutrients,
384 protein), trade-offs occur between energy allocations to immunity or to the production and
385 maintenance of ornamentation (Saino et al. 1997, Verhulst et al. 1999). Consistently, we
386 found weak to moderate negative associations between measures of innate immunity and
387 ornamental features in both sexes. Lysis and NAb titers were negatively related to YO beak
388 chroma and auricular patch surface respectively suggesting that investing into larger auricular
389 patches and more YO beaks may incur a cost in terms of immunity. Interestingly, Nolan et al.
390 (2006) previously documented a link between the PHA skin test and breast coloration in
391 males, although they failed to detect an association with beak coloration or auricular patch
392 size. Unlike the PHA-test that measures a wide range of immune responses involving both
393 innate and acquired immunity (Tella et al. 2008), NAb titers reflect a well-defined component
394 of the innate immune response not induced by an experimental infection (Matson et al. 2005).
395 These findings support the notion that different ornaments may signal different components
396 of immunity in breeding birds (Kelly et al. 2012).

397

398 **Mutual ornamentation and body condition**

399 Acquiring information on body condition should be especially important to mate choice in
400 breeding seabirds that undergo extended periods of fasting while caring for the egg or chick

401 (Groscolas and Robin 2001). Surprisingly, we found that body condition was related to beak
402 spot coloration differently in males and females. Better body condition was associated with
403 lower UV brightness and higher YO chroma (both strong effects) in females, but higher UV
404 brightness (moderate effect) in males. These results are consistent with previous findings of
405 lower UV brightness for females in better body condition (Dobson et al. 2008), but at odds
406 with the idea that mutual selection for high UV reflectance occurs in both sexes (Nolan et al.
407 2010, Keddar et al. 2015b). One explanation is that males and females use beak spot signals
408 differently. As males have to endure the longest reproductive fast (Stonehouse 1960),
409 including courtship and the first incubation shift, choosing mates of high body condition
410 should be especially important for females. In females, poor body condition to an extent could
411 reflect greater investments into reproduction to the detriment of self-maintenance, which
412 should be favored by males. In females, body condition was negatively associated with
413 increasing UV brightness but positively associated with increasing YO chroma, raising
414 questions about the interactions between carotenoid and structural signals (Shawkey and Hill
415 2005, Mougeot et al. 2007, Dugas and McGraw 2011). For instance, in red grouse (Mougeot
416 et al. 2007) and nestling house sparrows (Dugas and McGraw 2011), carotenoid pigments
417 appear to act as a mask, decreasing UV reflectance in soft structures. There is some
418 suggestion that carotenoid pigments are also found in the beak of king penguins (see McGraw
419 et al. 2007), and similar interactions might explain the opposite relationships we find for beak
420 YO chroma and UV brightness. Further, only high condition females may have been able to
421 allocate carotenoid pigments to their beak spots to function as signals (Blount et al. 2003,
422 Mougeot et al. 2010).

423

424 **Mutual ornamentation and metabolic rate**

425 We found that beak UV brightness was positively (medium effect size) associated with
426 resting HR levels (a proxy for resting metabolic rate; Viblanc et al. 2014) in both sexes. High
427 resting metabolic rates may reflect increased capacities to engage in a suite of challenging
428 activities such as foraging, caring for the young or competing for resources, and might be
429 honestly reflected by color ornaments (Biro and Stamps 2010, Kelly et al. 2012). The links
430 between UV coloration and metabolic rate may lie within the energy costs of
431 producing/maintaining structural colors (Siefferman and Hill 2005, Doutrelant et al. 2012).
432 For example, Siefferman and Hill (2005) showed that experimentally reducing the energy cost
433 of reproduction by reducing brood size in bluebirds (*Sialia sialis*) allowed males to increase
434 their investment into plumage UV in the subsequent year. Rather than a long-term energy
435 trade-off between competing functions (conserving energy for ornament production vs.
436 expanding it for current reproduction), our results suggest possible indirect metabolic costs,
437 such as keeping the beak clean, for UV maintenance.

438

439 **Mutual ornamentation and stress**

440 Glucocorticoid hormones (GC) play key roles in mediating physiological trade-offs and
441 energy allocation, and baseline GC levels have been suggested to ensure signal honesty
442 (Husak and Moore 2008, Weiss et al. 2013). Whereas we found no link between baseline
443 CORT and ornaments in our study, UV hue was moderately and negatively associated with
444 the birds' CORT response to acute stress ($Zr = -0.37$; $CI_{95} = [-0.69, -0.06]$). Birds with more
445 UV hued beaks mounted a greater stress response to capture. Because stress responses are
446 energy costly, this is consistent with the idea that the ability to mount stress responses while
447 fasting is reflected in ornamentation, which may be particularly relevant in the context of
448 colonial breeding during exposure to overt social aggressiveness (Côté 2000). In contrast, we
449 did not observe a link between ornaments and the acute HR response to stress, suggesting that

450 HPA and sympathetic stress pathways may be modulated and signaled independently in
451 breeding birds (e.g. Nephew et al. 2003). We found that birds up the valley mounted slightly
452 higher HR responses to capture, and had higher baseline CORT levels than birds breeding
453 close to the beach. These results suggest two alternatives: that birds breeding close to the
454 beach might have habituated to chronic human disturbance (Viblanc et al. 2012b), and that
455 birds up the valley may have been more exposed to parasites (Bize P., Schull Q., Pardonnet
456 S., Handrich Y., Criscuolo F., Viblanc V.A., Robin J.P., unpubl. data), Manipulating
457 circulating CORT levels in breeding birds may allow further exploration of the interplay
458 between ornamentation, glucocorticoids, and cardiovascular function. For instance, chronic
459 experimental increases in baseline stress levels (via CORT implants) have been shown to
460 negatively affect UV and orange-red reflectance in female striped plateau lizards (*Sceloporus*
461 *virgatus*) (Weiss et al. 2013).

462

463 **Mutual ornamentation and oxidative stress**

464 We observed sex-related differences in UV advertising for oxidative stress. In females, lower
465 UV hue (i.e., hue more strongly embedded in the peak UV wavelengths) was strongly and
466 positively associated with higher pro-oxidant levels (higher ROM but not higher OXY levels),
467 whereas the opposite occurred in males (a moderate effect and the CI overlapped zero). This
468 result was surprising for a structural color, as links between ornamentation and oxidative
469 status are expected for yellow-orange colors, because of the allocation trade-off of carotenoid
470 pigments to either anti-oxidant or ornamental functions (von Schantz et al. 1999, Mougeot et
471 al. 2010). However, the interplay between UV and yellow-orange color reflectance might also
472 convey information on carotenoid availability (Jacot et al. 2010). Carotenoids absorb
473 wavelengths of short to medium wavelengths (400-515 nm), and greater deposition of
474 carotenoids in feathers has been experimentally shown to cause a shift in the UV peak to

475 shorter wavelengths in great tits (Jacot et al. 2010). The precise link between carotenoid
476 concentration and beak reflectance both in UV and YO wavelengths remains to be determined
477 in king penguins. But our result may suggest that females depositing more carotenoids in their
478 beak suffered from greater oxidative stress, highlighting a trade-off between pigment
479 allocation to anti-oxidant defenses or beak coloration. The exhaustive measurement of
480 oxidative status of breeding birds requires supplementary markers of oxidative damage and
481 antioxidant defense (*e.g.* lipid peroxidation, antioxidant enzymatic activity), and preferentially
482 in different tissues (Selman et al. 2012). However, our results add to the evidence that
483 condition-dependent UV signals indeed occur in many bird species (Keyser and Hill 2000,
484 Bize et al. 2006, Mougeot et al. 2010), likely in interaction with carotenoid signaling.

485

486 **Conclusion**

487 Taken together our results suggest that monomorphic ornamentation reflects several aspects
488 of physiological quality in king penguins, supporting the mutual selection hypothesis.
489 Interestingly, the qualities signaled by mutual ornamentation may nonetheless differ (in fact
490 be opposite) between the sexes, likely due to physiological differences and varying selection
491 pressures. Because we collected the physiological and ornamental measures only at only one
492 point in time, it remains to be explored if some of those traits are dynamic (*e.g.* beak
493 coloration: Faivre et al. 2003, Pham et al. 2014) and whether birds may use them for short-
494 term behavioral decisions. The further study of monomorphic species should shed new
495 insights on the maintenance, information and costs of sexual signals.

496

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507 **FIGURE CAPTIONS**

508 **Fig 1. Reflectance curve obtained from the beak spot of a breeding king penguin**
509 **(*Aptenodytes patagonicus*).** Note the typical bi-modal pattern with a UV-peak around 380-
510 390 nm and a yellow-orange plateau from 500-700 nm.

511 **Fig 2. Effect sizes and 95% confidence intervals for ornamental and structural size**
512 **dimorphism between king penguin males and females.** Effect sizes and 95% CI were
513 calculated after Nakagawa & Cuthill 2007. Effects are considered significant if their 95% CI
514 does not overlap zero.

515 **Fig 3. Relationships between beak coloration and body condition in breeding king**
516 **penguins.** Relationships are given for (A) beak UV brightness, and (B) beak yellow-orange
517 chroma. Females are depicted by open circles and a full line, males by filled circles and a
518 dashed line. The right panel provides effect sizes and 95% CI calculated after Nakagawa &
519 Cuthill 2007. Effects are considered significant if their 95% CI does not overlap zero.

520 **Fig 4. Relationship between beak coloration and standardized plasma concentration of**
521 **reactive oxygen metabolites [ROM] in breeding king penguins.** Females are depicted by
522 open circles and a full line, males by filled circles and a dashed line. The lower panel provides
523 effect sizes and 95% CI calculated after Nakagawa & Cuthill 2007. Effects are considered
524 significant if their 95% CI does not overlap zero.

525 **Fig 5. Relationship between beak coloration, auricular patch surface and innate**
526 **immunity in breeding king penguins.** Relationships are given for (A) plasma lysis titers and
527 yellow-orange chroma, and (B) plasma Nab titers and auricular patch surface. On the left
528 panel, males are depicted by filled circles, females by open circles. The right panel provides
529 effect sizes and 95% CI calculated after Nakagawa & Cuthill 2007. Effects are considered
530 significant if their 95% CI does not overlap zero.

531 **Fig 6. Relationship between beak UV brightness and daily resting HR levels (bpm) in**
532 **breeding king penguins.** On the left panel, males are depicted by filled circles, females by
533 open circles. The right panel provides effect sizes and 95% CI calculated after Nakagawa &
534 Cuthill 2007. Effects are considered significant if their 95% CI does not overlap zero.

535 **Fig 7. Relationship between the relative corticosterone increase in response to a**
536 **standardized 30 minute capture and beak UV hue in breeding king penguins.** On the left
537 panels, males are depicted by filled circles, females by open circles. The right panel provides
538 effect sizes and 95% CI calculated after Nakagawa & Cuthill 2007. Effects are considered
539 significant if their 95% CI does not overlap zero.

540

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742

743

TABLES

	Estimate	Std. Error	t value
Intercept	-2.00	0.53	-3.73
Sex[M]	2.46	0.55	4.45
UV brightness	-1.59	0.45	-3.51
YO chroma	1.71	0.47	3.61
Colony area [A1]	0.82	0.58	1.41
Sex[M]*UV brightness	2.34	0.59	3.99
Sex[M]*YO chroma	-1.85	0.59	-3.11

Table 1. Model estimates for the influence of beak color variables on body condition in breeding king penguin (*Aptenodytes patagonicus*). The sex effect is given in reference to the female level [F]. The colony area effect is given in reference to area [A2]. See Fig. 3 for effect sizes with 95% CI.

	Estimate	Std. Error	t value
Intercept	2.43	0.20	12.10
Sex[M]	0.18	0.27	0.66
UV hue	-0.50	0.16	-3.20
Sex[M]*UV hue	0.93	0.27	3.48

Table 2. Model estimates for the influence of beak UV hue on plasma reactive oxygen metabolite levels in breeding king penguin (*Aptenodytes patagonicus*). The sex effect is given in reference to the female level [F]. See Fig. 4 for effect sizes with 95% CI.

	Estimate	Std. Error	t value
Intercept	3.33	0.14	23.13
YO chroma	-0.15	0.09	-1.70
Colony area [A1]	-0.65	0.18	-3.55

Table 3. Model estimates for the influence of beak YO chroma on plasma lysis titers in breeding king penguin (*Aptenodytes patagonicus*). The colony area effect is given in reference to area [A2]. See Fig. 5A for effect sizes with 95% CI.

	Estimate	Std. Error	t value
Intercept	5.46	0.24	22.32
Patch surface	-0.47	0.16	-2.94
Colony area [A1]	-0.85	0.31	-2.70

Table 4. Model estimates for the influence of auricular patch surface on plasma NAb titers in breeding king penguin (*Aptenodytes patagonicus*). The colony area effect is given in reference to area [A2]. See Fig. 5B for effect sizes with 95% CI.

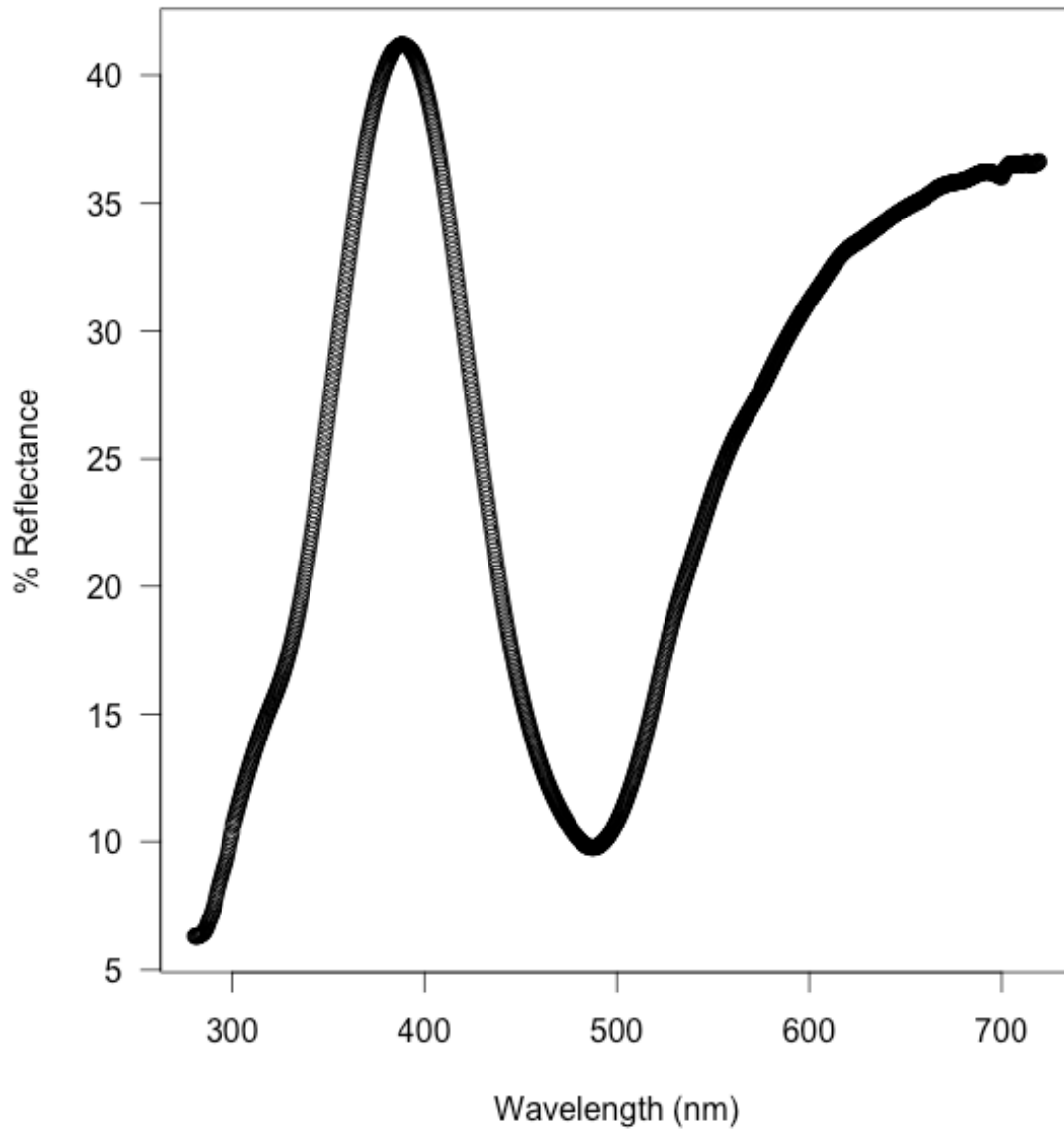
	Estimate	Std. Error	t value
Intercept	5.97	0.07	83.36
UV brightness	0.11	0.05	2.40
Colony area [A1]	-0.07	0.09	-0.72

Table 5. Model estimates for the influence of UV brightness on daily resting heart rate in breeding king penguin (*Aptenodytes patagonicus*). The colony area effect is given in reference to area [A2]. See Fig. 6 for effect sizes with 95% CI.

	Estimate	Std. Error	t value
Intercept	2.42	0.24	10.25
UV hue	-0.36	0.15	-2.45
Colony area [A1]	-1.16	0.31	-3.74

Table 6. Model estimates for the influence of beak UV hue on the acute relative increase in plasma total corticosterone levels in response to a standardized 30-min capture in breeding king penguin (*Aptenodytes patagonicus*). The colony area effect is given in reference to area [A2]. See Fig. 7 for effect sizes with 95% CI.

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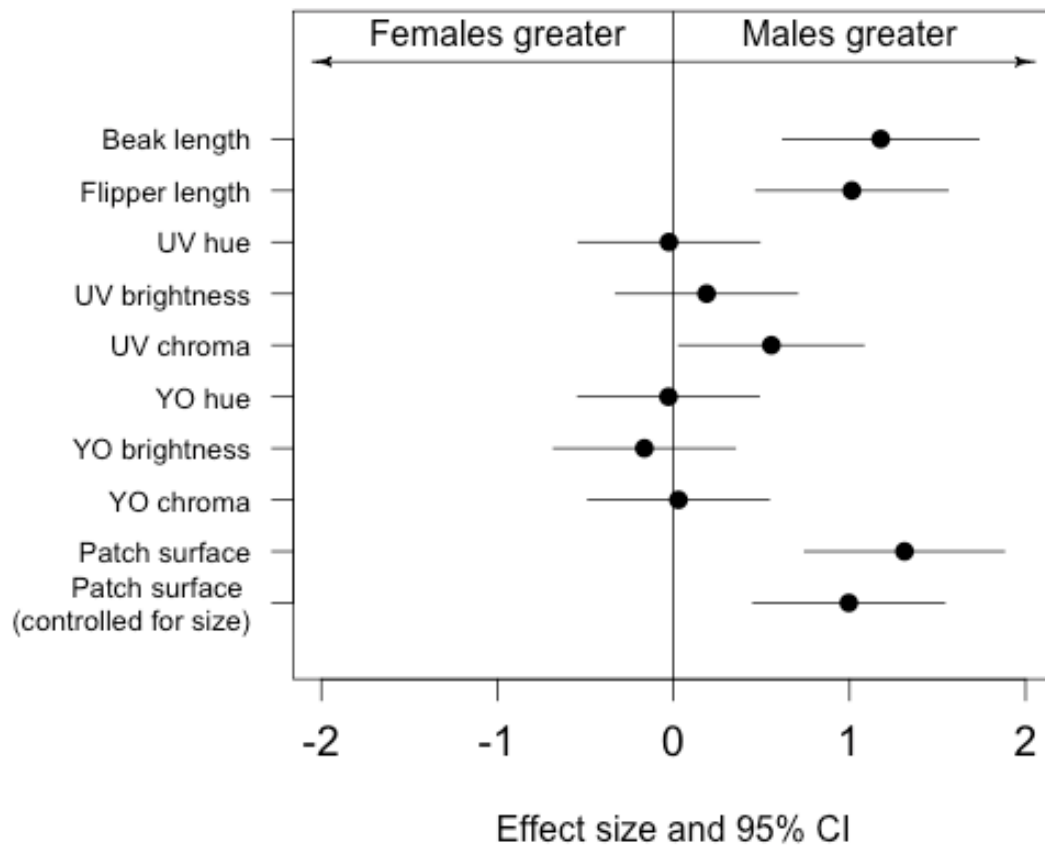


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3 **Fig 1.**

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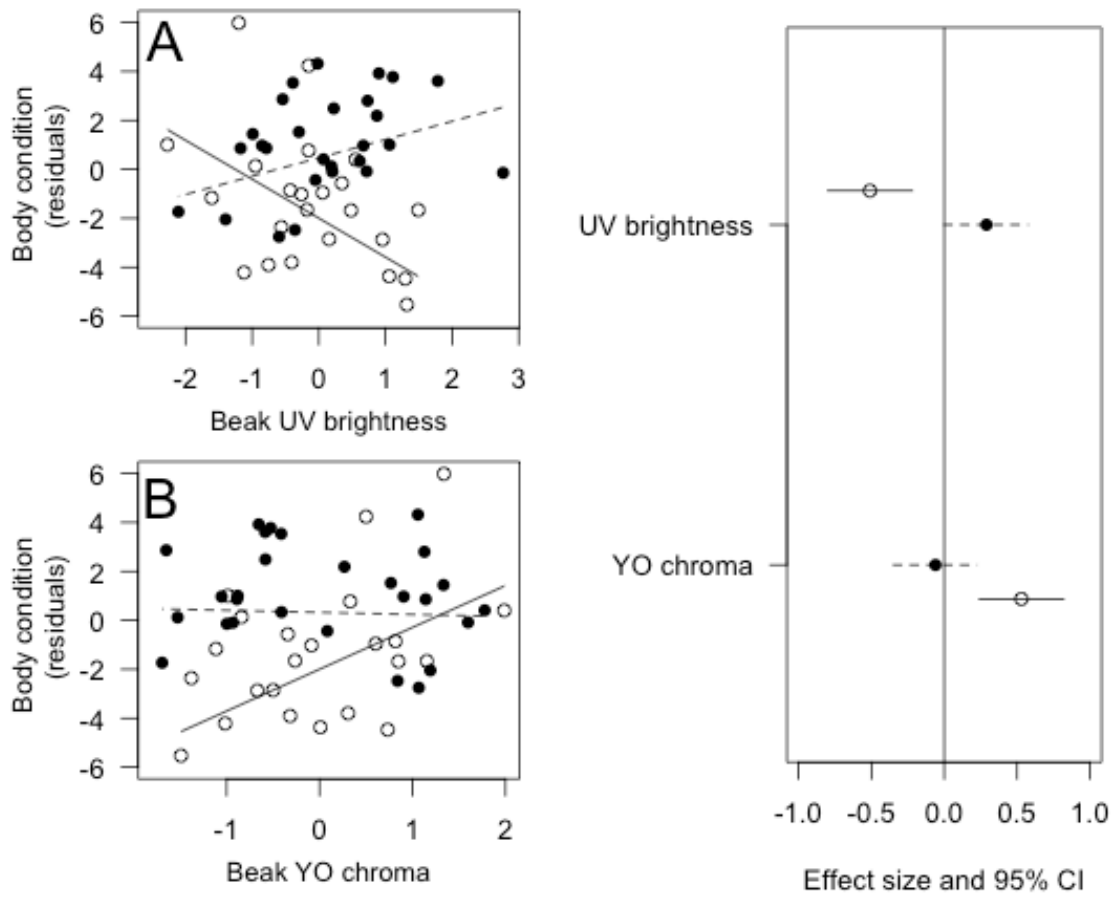
7 **Fig 2.**

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13 **Fig 3.**

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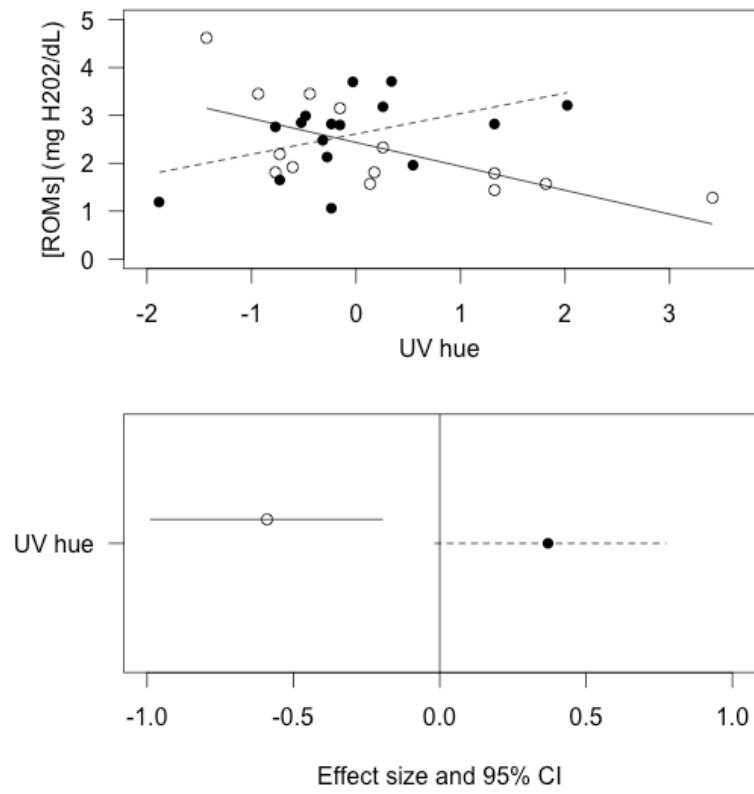
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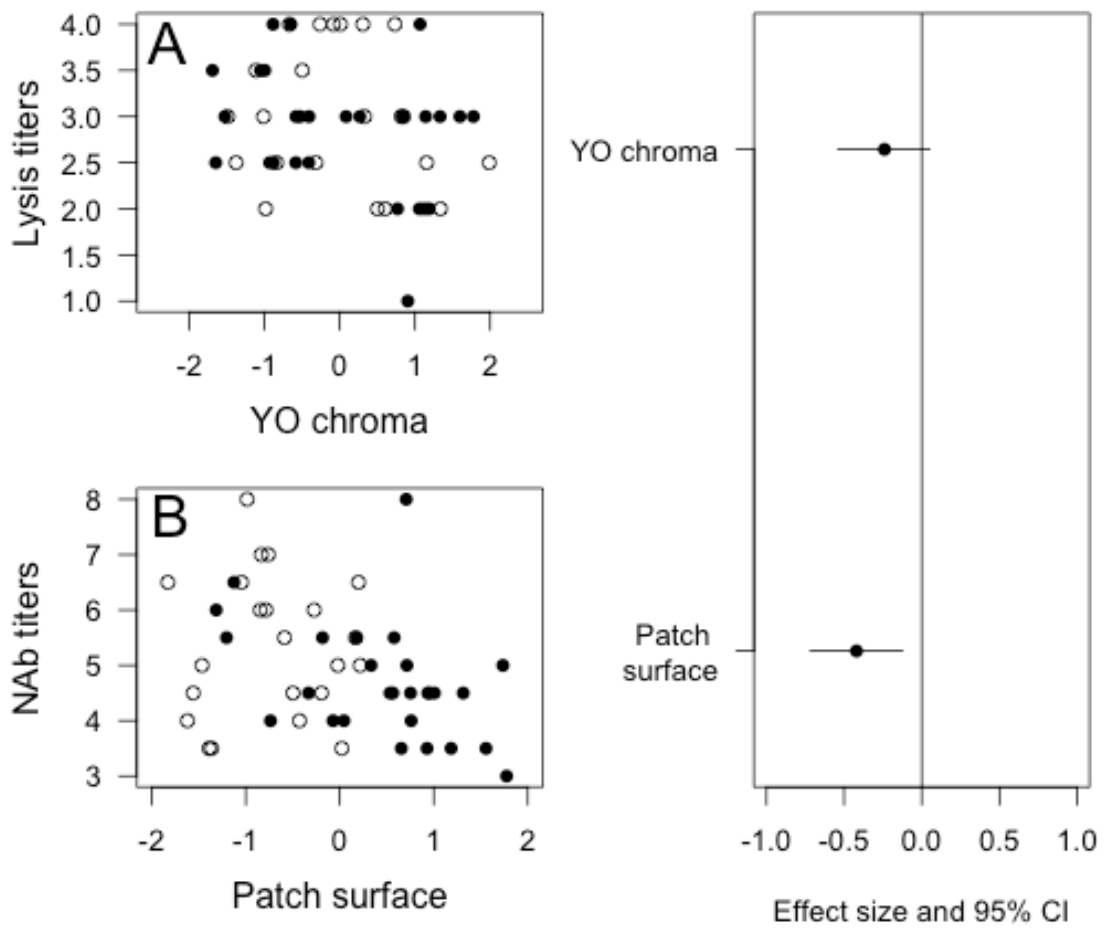


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22 **Fig 4.**

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27 **Fig 5.**

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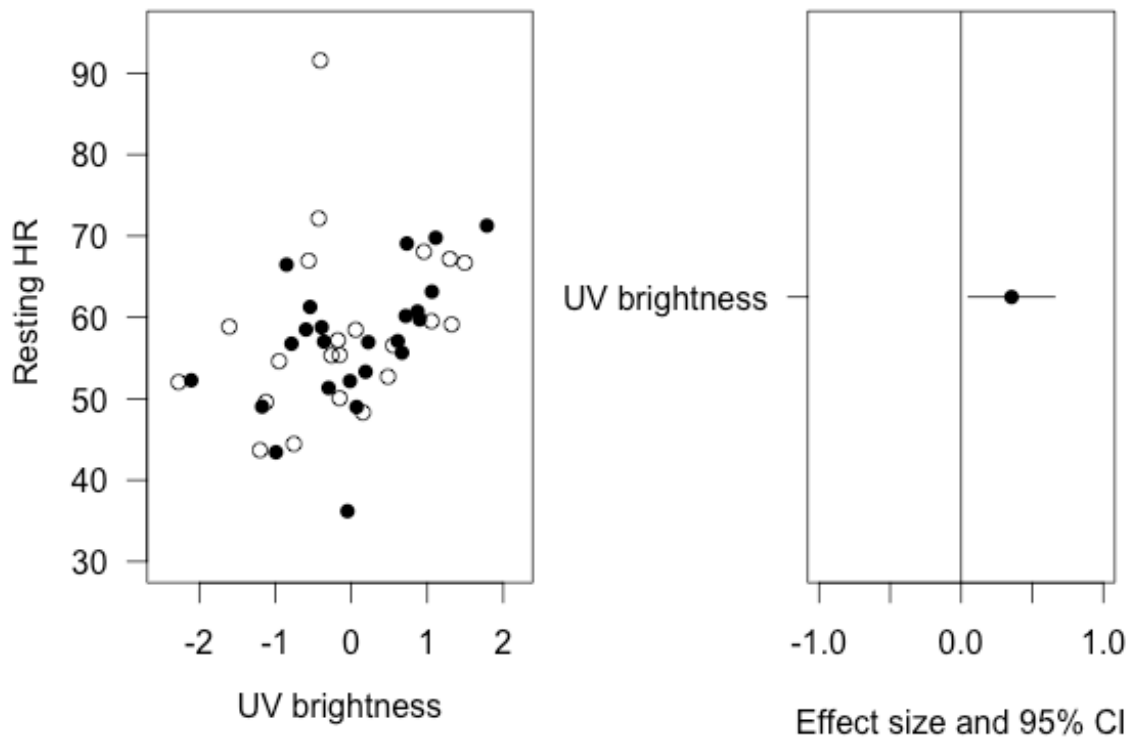
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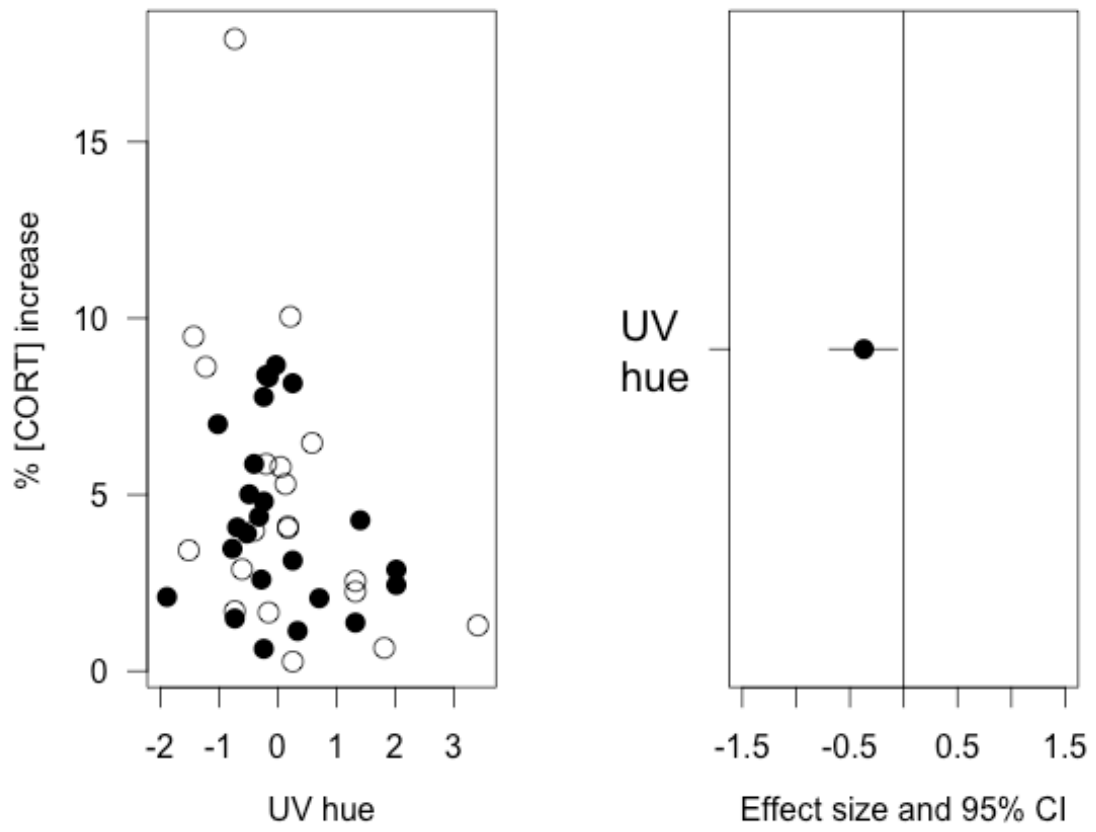
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39 **Fig 6.**

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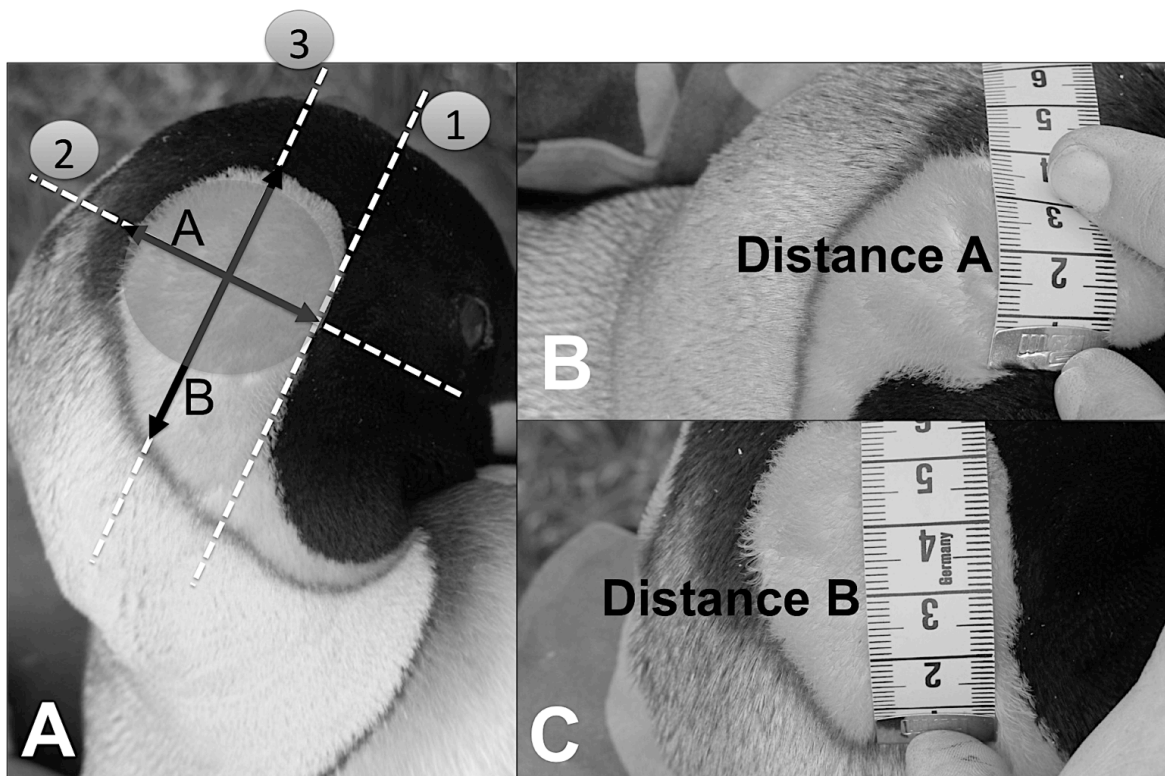


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44 **Fig 7.**

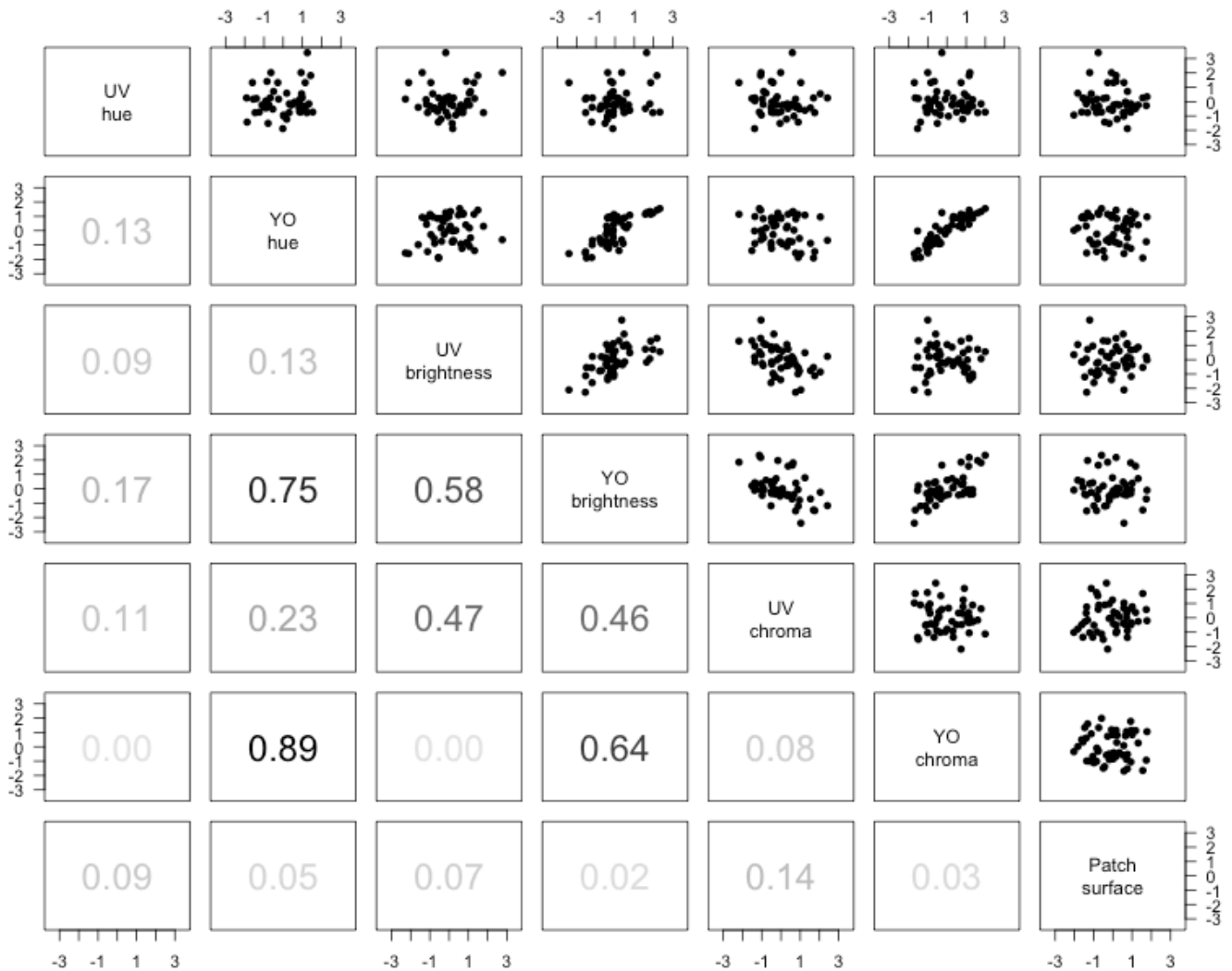
Online supporting information S1:

Standardized measures of the auricular patches of breeding king penguin (*Aptenodytes patagonicus*). The head of the bird was held such that its beak rested on the shoulder opposite to the side of the body where the auricular patch was measured (Fig. 1A). A virtual line was pictured along the side of the auricular patch closest to the eye (line 1; Fig 1A). Then, a second perpendicular line reaching the most distant point of the circle (diameter) was pictured (line 2; Fig 1A), and the width of the auricular patch was measured (distance A; Fig 1B). From the center of distance A (line 3; Fig 1A), the height of the auricular patch was measured at a 90° angle (distance B; Fig 1C).



Online supporting information S2:

Correlation matrix for the ultraviolet (UV) and yellow-orange (YO) beak coloration measures (hue, brightness and chroma), and auricular patch surface, of breeding king penguins (*Aptenodytes patagonicus*). The upper right panel presents the standardized data, the lower left panel the correlation value (colors from light grey to black representing weak to strong correlations).



Online supporting information S3:

Summary statistics of the structural size and ornamental data of breeding king penguin (*Aptenodytes patagonicus*) used in the study. Sample size is indicated in parentheses and varies across measures due to constraints during field sampling. The average percent difference between males and females is given. Beak mean brightness, hue and chroma were calculated both across the UV-blue peak and yellow-orange regions characteristic of king penguin beak spots (Jouventin et al. 2004).

Structural size	Variable	FEMALES		MALES		% Difference males - females
		Mean ± SD	Mean ± SD	Mean ± SD	Mean ± SD	
Structural size	Flipper length	317.4 ± 9.5 (30)	327.1 ± 9.6 (31)	327.1 ± 9.6 (31)	327.1 ± 9.6 (31)	3%
	Beak Length	124.2 ± 3.8 (30)	129.7 ± 5.4 (31)	129.7 ± 5.4 (31)	129.7 ± 5.4 (31)	4%
Ornaments	Beak UV-blue (320-450 nm)	Mean brightness (% reflectance)	18.1 ± 3.4 (23)	18.8 ± 3.6 (27)	18.8 ± 3.6 (27)	4%
		Hue (nm)	388.5 ± 9.9 (23)	388.3 ± 7.8 (27)	388.3 ± 7.8 (27)	-0%
	Beak yellow-orange (550-625 nm)	Chroma (ratio, % reflectance)	1.26 ± 0.17 (23)	1.35 ± 0.14 (27)	1.35 ± 0.14 (27)	7%
		Mean brightness	31.1 ± 6.7 (23)	30.1 ± 5.6 (27)	30.1 ± 5.6 (27)	-3%
Ornaments	Hue	Chroma	575.4 ± 26.8 (23)	574.7 ± 24.0 (27)	574.7 ± 24.0 (27)	-0%
		Surface (mm ²)	1.13 ± 0.22 (23)	1.14 ± 0.25 (27)	1.14 ± 0.25 (27)	1%
Auricular patch	Surface (mm ²)	1744.0 ± 185.0 (30)	1995.0 ± 198.3 (31)	1995.0 ± 198.3 (31)	14%	

Online supporting information S4:

Model selection for the effects of beak coloration and auricular patch surface on body condition (residuals, see Methods) in breeding king penguin (*Aptenodytes patagonicus*). Colony area in which the bird was sampled was fixed in all models to account for known differences in parasite loads and stress responses that may affect body condition. All models with a $\Delta AICc < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	UV brightness + YO chroma + patch surface + sex + sex*UV brightness + sex*YO chroma + sex* patch surface + colony area	0.58	7.06	10	-97.06	219.77	0.00	0.45
2	UV brightness + YO chroma + sex + sex*UV brightness + sex*YO chroma + colony area	0.52	7.75	8	-100.38	220.27	0.50	0.35
3	UV brightness + UV chroma + YO chroma + sex + sex*UV brightness + sex*YO chroma + sex* UV chroma + colony area	0.57	6.67	10	-97.88	221.41	1.64	0.20

Online supporting information S5:

Model selection for the effects of beak coloration and auricular patch surface on plasma reactive oxygen metabolite (ROM) levels in breeding king penguin (*Aptenodytes patagonicus*). Colony area was not included in this analyses as ROM levels were only determined for birds in one location of the colony. All models with a $\Delta AICc < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	UV hue + sex + sex*UV hue	0.37	5.04	5	-31.34	75.20	0.00	0.71
2	UV hue + YO chroma + sex + sex*UV hue + sex*YO chroma	0.46	4.1	7	-28.94	77.00	1.78	0.29

Online supporting information S6:

Model selection for the effects beak coloration and auricular patch surface on plasma antioxidant capacity (OXY) in breeding king penguin (*Aptenodytes patagonicus*). Colony area was not included in this analyses as OXY levels were only determined for birds in one location of the colony. All models with a $\Delta AICc < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	Intercept only	0.00		2	-146.00	296.30	0.00	0.70
2	UV hue	0.02	0.76	3	-145.60	298.00	1.66	0.30

Online supporting information S7:

Model selection for the effects of beak coloration and auricular patch surface on plasma lysis titers in breeding king penguin (*Aptenodytes patagonicus*). Colony area in which the bird was sampled was fixed in all models to account for known differences in parasite loads and stress responses that may affect immune status. All models with a $\Delta AICc < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	YO brightness + YO chroma + colony area	0.33	7.26	5	-42.87	97.1	0.00	0.29
2	UV chroma + YO chroma + colony area	0.31	6.68	5	-43.52	98.4	1.29	0.15
3	UV brightness + YO brightness + YO chroma + colony area	0.34	5.61	6	-42.44	98.9	1.74	0.12
4	YO chroma + colony area	0.26	8.20	4	-45.07	99.0	1.91	0.11
5	YO brightness + YO chroma + patch surface + colony area	0.33	5.55	6	-42.54	99.1	1.94	0.11
6	YO brightness + YO chroma + UV hue + colony area	0.33	5.54	6	-42.56	99.1	1.97	0.11
7	YO brightness + YO chroma + UV chroma + colony area	0.33	5.53	6	-42.57	99.1	2.00	0.11

Online supporting information S8:

Model selection for the effects of beak coloration and auricular patch surface on plasma NAb titers in breeding king penguin (*Aptenodytes patagonicus*). Colony area in which the bird was sampled was fixed in all models to account for known differences in parasite loads and stress responses that may affect immune status. All models with a $\Delta\text{AICc} < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	Patch surface + colony area	0.24	7.31	4	-71.14	151.2	0.00	0.68
2	Patch surface + UV hue + colony area	0.26	5.15	5	-70.67	152.7	1.54	0.32

Online supporting information S9:

Model selection for the effects of beak coloration and auricular patch surface on daily resting heart rate in breeding king penguin (*Apfenodytes patagonicus*). Colony area in which the bird was sampled was fixed in all models to account for known differences in parasite loads and stress responses that may affect energy expenditure. All models with a $\Delta AICc < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	UV brightness + colony area	0.14	3.61	4	-9.84	28.6	0.00	0.71
2	UV brightness + sex + colony area	0.15	2.62	5	-9.47	30.4	1.78	0.29

Online supporting information S10:

Model selection for the effects of beak coloration and auricular patch surface on baseline plasma total corticosterone levels in breeding king penguin (*Aptenodytes patagonicus*). Colony area in which the bird was sampled was fixed in all models to account for known differences in parasite loads and stress responses that may affect corticosterone levels. All models with a $\Delta AICc < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	Patch surface + sex + colony area	0.29	5.54	5	-76.26	164.1	0.00	0.23
2	Patch surface + sex + UV chroma + colony area	0.33	4.73	6	-75.21	164.7	0.59	0.17
3	Sex + colony area	0.23	6.28	4	-78.03	165.1	0.99	0.14
4	Patch surface + sex + UV brightness + colony area	0.32	4.56	6	-75.46	165.2	1.10	0.13
5	UV chroma + sex + colony area	0.27	5.02	5	-76.88	165.3	1.24	0.12
6	Colony area	0.18	9.32	3	-79.50	165.6	1.50	0.11
7	UV brightness + sex + colony area	0.26	4.79	5	-77.16	165.9	1.80	0.09

Online supporting information S11:

Model selection for the effects of beak coloration and auricular patch surface on the relative corticosterone increase in response to a standardized 30 minute capture in breeding king penguin (*Aptenodytes patagonicus*). Colony area in which the bird was sampled was fixed in all models to account for known differences in parasite loads and stress responses. All models with a $\Delta AICc < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	UV chroma + UV hue + YO brightness + colony area	0.43	7.46	6	-57.96	130.2	0.00	0.24
2	UV chroma + UV brightness + UV hue + YO brightness + colony area	0.46	6.47	7	-56.91	130.9	0.75	0.16
3	UV hue + colony area	0.35	11.05	4	-60.98	131.0	0.79	0.16
4	UV hue + YO chroma + colony area	0.38	8.13	5	-59.99	131.6	1.37	0.12
5	UV chroma + UV hue + YO chroma + colony area	0.41	6.90	6	-58.69	131.7	1.47	0.11
6	UV chroma + UV hue + colony area	0.38	8.07	5	-60.05	131.7	1.49	0.11
7	UV brightness + UV hue + YO brightness + colony area	0.41	6.79	6	-58.83	131.9	1.74	0.10

Online supporting information S12:

Model selection for the effects of beak coloration and auricular patch surface on the relative heart rate increase in response to a standardized capture in breeding king penguin (*Aptenodytes patagonicus*). Colony area in which the bird was sampled was fixed in all models to account for known differences in parasite loads and stress responses. All models with a $\Delta\text{AICc} < 2$ compared to the best model are presented. The most parsimonious model retained is indicated in bold.

#	Model	R ²	F	df	logLik	AICc	delta	weight
1	Patch surface + colony area	0.11	2.27	4	-193.8	396.9	0.00	0.44
2	Colony area	0.05	1.87	3	-195.2	397.1	0.20	0.40
3	UV hue + colony area	0.07	1.26	4	-194.8	398.9	2.00	0.16