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# 1 **The Force Awakens: the dark side of mechanosensing in bacterial pathogens**

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## 6 **Abstract**

7 For many bacteria, the ability to sense physical stimuli such as contact with a surface or a potential  
8 host cell is vital for survival and proliferation. This ability, and subsequent attachment, confers a wide  
9 range of benefits to bacteria and many species have evolved to take advantage of this. Despite the  
10 impressive diversity of bacterial pathogens and their virulence factors, mechanosensory mechanisms  
11 are often conserved. These include sensing impedance of flagellar rotation and resistance to type IV  
12 pili retraction. There are additional mechanisms that rely on the use of specific membrane-bound  
13 adhesins to sense either surface proximity or shear forces. This review aims to examine these  
14 mechanosensors, and how they are used by pathogenic bacteria to sense physical features in their  
15 environment. We will explore how these sensors generate and transmit signals which can trigger  
16 modulation of virulence-associated gene expression in some of the most common bacterial pathogens:  
17 *Pseudomonas aeruginosa*, *Proteus mirabilis*, *Escherichia coli* and *Vibrio* species.

18

## 19 **Introduction**

20 Most bacteria live in communities that are associated with a surface, and attachment has a wide range  
21 of benefits to the survival and spread of many species [1], [2]. It allows bacteria access to nutrients  
22 which settle or adsorb on surfaces in higher concentrations than the surrounding environment,  
23 allowing bacteria growth in low nutrient environments [3], [4]. This makes surface sensing and

24 attachment extremely important to both pathogenic and non-pathogenic bacteria. For pathogens  
25 within a host organism, attachment provides resistance to removal by fluid flow, while close contact  
26 to host cells ensures access to the host's resources and enables injection of virulence factors [5]–[7].  
27 Adhesion to a surface helps protect against antibiotics by reducing the net negative charge on the  
28 bacterial cells [8] and by enhancing the stability of the plasma membrane [9]. Attachment also allows  
29 for localised increases in bacterial cell concentration and for specialization of cells and other  
30 cooperative behaviours within that community [10].

31 Adhesion is the initial stage in the development of biofilms, bacterial communities suspended in an  
32 extracellular matrix. This matrix is composed of a mixture of polysaccharides, proteins and  
33 extracellular DNA to form a three-dimensional structure [11]. Biofilms are manufactured by bacteria  
34 to improve their survival and proliferation by conferring a series of benefits such as improved  
35 protection from mechanical removal (shear force of fluid flow or abrasion) and attack by chemical  
36 (such as antibiotics) and biological agents (such as phage or predators). Bacterial attachment can  
37 however be seriously detrimental to human interests, health in the case of pathogens or industrial  
38 output in the case of biofouling organisms attached to industrial surfaces [12], [13].

39 Bacteria can respond to a wide range of environmental cues such as nutritional gradients [14],  
40 osmolarity [15], [16] and the presence of host molecules [17]. They feed this information into complex  
41 regulatory pathways that control gene expression. In addition to chemical signals, bacteria can  
42 respond to physical cues in their environment. The ability to perceive when they are in contact with a  
43 surface is vital for the transition from a free-living planktonic lifestyle to a sedentary one comprising  
44 adhesion to a surface. This is an even more important consideration when bacteria need to survive  
45 within a host. Accordingly, the numerous environmental niches present within a host often require  
46 pathogens to use special tools to survive and prosper. These tools, or virulence factors, are highly  
47 diverse in their forms and functions.

48 Following the sensing of surface attachment, or indeed appropriate niche-specific metabolic cues,  
49 alteration in protein expression is facilitated through modulation of gene expression by transcription  
50 factors (TFs) [18]. Bacteria encode hundreds of diverse TFs to cope with the immense diversity of  
51 environmental signals that require modulation of gene expression [19]. These predominantly take the  
52 form of either two-component sensor kinase regulators that operate phospho-relay signal  
53 transduction pathways [20], or cytosolic TFs such as LysR and AraC type transcriptional regulators [20],  
54 [21]. Typically, a specific helix turn helix motif within the DNA-binding domain of TFs facilitate direct  
55 interaction with a consensus sequence upstream of the coding region of the target genes [21].  
56 Through modulation of DNA topology and interaction with RNA polymerase and other TFs, expression  
57 levels of the target genes can be manipulated [22]. In the case of cytosolic TFs, further selectivity and  
58 specificity is conferred by the binding of small molecules that are often niche-specific metabolites and  
59 serve as cofactors for TF activity [23].

60 It is important to understand the interaction between bacterial surface sensing systems and the  
61 regulation of virulence factors in order to develop a complete picture of pathogen behaviour within  
62 the host. Improved understanding of this has the potential to improve treatments of numerous  
63 infections and ultimately improve patient outcomes. Many of the mechanisms by which bacteria  
64 attach to surfaces, both living and inanimate, are relatively well studied [24]–[26]. Furthermore, the  
65 study of how proximity to surfaces is sensed and interpreted via signal transduction to allow for the  
66 appropriate expression of virulence factors is a rapidly evolving area with considerable recent  
67 advancements. In this review, we will discuss the colonisation factors mediating these attachment  
68 events, the signal transduction pathways that allow for interpretation of the surface signal, the  
69 regulatory proteins that mediate a change in virulence factor expression and the specific virulence  
70 factors reported to be regulated by these processes in specific pathogenic bacteria.

71

72 **Non-pathogenic mechanosensing**

73 While this review focuses on the mechanosory mechanisms of pathogenic bacteria it is important to  
74 highlight that these and other mechanisms are not limited to pathogens. One of the best studied  
75 examples is *Caulibacter crescentus* which possesses a tight adherence (Tad) pilus that shares a number  
76 of common features to the type IV pilus. Ellison et al. observed that the Tad pilus appeared to perform  
77 a similar mechanosensory function to the type IV pilus, with the Tad pilus undergoing cyclical extension  
78 and retraction [27]. Upon contact with a surface the Tad pilus attaches resulting in resistance to pilus  
79 retraction. After attachment extension and retraction cycles stopped and synthesis of the holdfast  
80 adhesin (an important factor in the attachment process) increased. It is thought that retraction of the  
81 Tad pilus is used as a mechanosensory mechanism to initiate changes in attachment related gene  
82 expression allowing *C. crescentus* to react dynamically to its physical environment [27]. This and other  
83 examples of mechanosensing in non pathogens have recently been covered, hence the focus of this  
84 review are specific mechanisms used by pathogens [28].

85

## 86 **Colonisation factors with roles in surface sensing**

### 87 **Flagella**

88 The sensing of physical cues by mechanical sensory systems forms an important part of environmental  
89 recognition. These mechanosensors allow bacteria to respond to shear forces exerted by flow [29],  
90 [30], gravity [31] and the physical interaction with surfaces and other objects in their environment  
91 [32]. For pathogenic bacteria, the sensing of physical interactions with surfaces is vital for their survival  
92 and success within the host. Flagella are whip-like organelles, ranging from 1-9  $\mu\text{m}$  in length [33],  
93 anchored to the bacterial cell surface and used primarily for cell motility [34]. Despite their central  
94 role in motility, flagella of many bacterial species have been shown to play roles in surface sensing,  
95 adhesion and biofilm formation [32], [34]–[36]. Bacterial surface sensing can be mediated by the  
96 interference in the rotation of the bacterial flagella by a proximal surface [37]. This interference is  
97 often termed flagella impedance. Flagella have been observed to function as mechanosensors capable

98 of detecting surface contact in several organisms including *Vibrio parahaemolyticus* [38], *P.*  
99 *aeruginosa* [39] and *Bacillus subtilis* [40].

## 100 **Type IV pili**

101 The use of motility organelles as mechanosensors does not appear to be unique to flagella. Type IV  
102 pili are long (1-4  $\mu\text{m}$ ), thin (50–80 Å) [41], membrane-bound filamentous structures utilised by a wide  
103 range of organisms for a variety of functional purposes including roles in motility and attachment [42]–  
104 [44]. They are extended via polymerisation by an assembly ATPase, can attach to a surface and retract  
105 via depolymerisation powered by a retraction ATPase [45]. This gives rise to what is known as  
106 twitching motility [46] and allows bacteria that employ it to spread swiftly across surfaces [47]–[49].  
107 Twitching motility has been observed in several bacterial species and is particularly well studied in *P.*  
108 *aeruginosa* [50]. While acting as virulence factors in their own right, like flagella, type IV pili play an  
109 important role as mechanosensors.

110

## 111 **Molecular mechanisms of surface sensing and virulence regulation in bacterial pathogens**

### 112 ***Pseudomonas aeruginosa***

113 *P. aeruginosa* is an opportunistic pathogen causing both chronic and acute infections in a wide range  
114 of hosts and at many different sites within the body. In humans, acute disease caused by *P. aeruginosa*  
115 is often characterised by cytotoxicity, invasion of host tissue and can progress to systemic infection  
116 and sepsis. This pattern of pathogenesis is the results from expression of numerous proteases, toxins  
117 and type III secretion system (a needle-like complex that allows injection of specific effectors into a  
118 host cell [51], [52]) activity. This can be manifested by infection of burn injuries on the skin and  
119 ventilator-associated pneumonia. Chronic infection on the other hand is noncytotoxic, far less invasive  
120 and does not typically lead to systemic infection. This pattern of pathogenesis is commonly seen in  
121 patients with cystic fibrosis where *P. aeruginosa* forms a biofilm that cannot be cleared and results in

122 damaging long-term inflammation in the lungs [53]–[56]. The diversity of these infections is  
123 orchestrated by accurate sensing of the environment and the production of an appropriate virulence  
124 response.

125 The polar flagellum of *P. aeruginosa* has been shown to play a central role in the attachment process  
126 as a part of a mechanosensory system. *P. aeruginosa* cells have been observed to initially attach to a  
127 surface, often only temporarily, with many cells quickly detaching. However, those that remain  
128 attached, bind irreversibly to the surface rapidly halting the rotation of their polar flagella [57], [58].  
129 Impedance of rotation occurs via the interaction of the signal recognition particle (SRP)-type  
130 guanosine triphosphatase (GTPase) FlhF with FliG (a component of the flagellar motor machinery) and  
131 FimV, (a peptidoglycan binding protein which forms part of the structural complex of the *P. aeruginosa*  
132 type IV pilus and has been shown to increase the production of cyclic adenosine monophosphate  
133 [cAMP]) [39]. This interaction triggers an increase in intracellular cAMP which activates further  
134 downstream regulatory events, altering flagellar rotation [39]. FlhF is a known regulator of flagellar  
135 positioning, is conserved between other bacterial species with polar flagella [59] and, when deleted,  
136 results in flagella being positioned in areas other than the cell pole [60]. Schniederberend et al. [39]  
137 found that the flagella of *P. aeruginosa*  $\Delta flhf$  mutants continued to spin even after flagellar attachment  
138 but could have the wild-type phenotype restored by 23 independent suppressor mutations which  
139 were mapped to the cAMP-dependent transcriptional regulator Vfr.

140 Vfr has been shown to control the expression of over 200 *P. aeruginosa* virulence genes [61], [62].  
141 These Vfr regulated genes include surface localised virulence factors such as the type II and type III  
142 secretion systems [61] (T2SS and T3SS), the former of which is used by *P. aeruginosa* to transport  
143 virulence molecules such as proteases, the latter can inject specific effectors that modulate their  
144 eukaryotic hosts to promote bacterial survival and proliferation [51], [52]. Additionally, Vfr positively  
145 regulates the production of proteases, toxins and the type IV pilus, a motility organelle and major  
146 surface adhesin [61], [63]–[65], while downregulating flagellar genes [66]. These virulence factors are

147 primarily associated with acute *P. aeruginosa* infection phenotypes as opposed to the chronic  
148 infection phenotype commonly seen in the lungs of cystic fibrosis (CF) patients [67].

149 In addition to the flagella, *P. aeruginosa* can sense contact with surfaces using their type IV pili [29],  
150 [68], [69]. Persat et al. [69] and Inclan et al. [70] demonstrated that once type IV pili have attached, a  
151 signal is generated when the organelle attempts to retract. This resistance to retraction triggers the  
152 Pil-Chp chemosensory system, leading to increased production of cAMP which in turn activates the  
153 expression of virulence-related genes. This signal transduction happens via an accessory protein FimL,  
154 which is part of the Pil-Chp system, interacting with FimV. As mentioned earlier FimV is a type IV  
155 structural protein shown to increase the production of cAMP. It is thought that FimL, along with PilG,  
156 localises at the cell poles via FimV. This allows PilG to be phosphorylated, activating the Pil-Chp system  
157 which regulates the membrane-bound adenylate cyclase CyaB [71], [72]. CyaB is a major source of  
158 cAMP which, similar to the mechanosensing pathway activated by the flagella, binds to the Vfr  
159 virulence regulator and increases expression of proteins associated with acute virulence [61]. The  
160 surface sensing signal generated by the type IV pili in *P. aeruginosa* is relatively short-lived but results  
161 in further promotion of type IV pilus activity, giving rise to a positive feedback loop which promotes a  
162 stronger signal for activation of virulence and biofilm pathways [69]. Phylogenetic comparison  
163 between *P. aeruginosa* and other gamma-proteobacteria show that the components of this system  
164 (FimL and FimV) are conserved in species that encode type IV pili and a Chp-like sensory system,  
165 suggesting that this mechanosensory mechanism might be a common approach utilised in other  
166 organisms of that group like *Acinetobacter baumannii*, *Vibrio cholerae* and *Vibrio vulnificus* [70].

167 In addition to flagellar impedance and interference with type IV pili retraction, *P. aeruginosa* is also  
168 thought to possess a third surface sensing mechanism which acts upon contact with a host cell surface.  
169 This system is thought to utilise the product of the *pilY1* gene, which encodes a putative  
170 mechanosensory protein and adhesin [73] that is a stimulator of virulence and biofilm formation in  
171 response to surface attachment. PilY1 is normally expressed on the cell surface and upregulated

172 during surface contact and attachment [74]. Siryporn et al. [74] found that  $\Delta pilY1$  mutants and  
173 mutants in genes encoding minor pilin proteins PilW and PilX showed poor virulence phenotypes in a  
174 eukaryotic amoeba infection model (*Dictyostelium discoideum*). This effect was shown to be  
175 independent of the loss of the type IV pilus as mutants in genes encoding other pilin proteins, such as  
176  $\Delta pilB$  and  $\Delta pilC$ , which failed to produce a functional type IV pilus filament still retained their virulence  
177 phenotypes. Virulence modulation through PilY1, PilW and PilX took place despite a weakened  
178 attachment phenotype in mutants that lacked the ability to produce type IV pili and appears to  
179 operate separately to the other functions of the pilus filament. The Pil-Chp pathway also involves the  
180 physical interaction of PilJ and FimS in response to surface-associated signals. FimS acts together with  
181 AlgR as a two-component system and is a transmembrane sensor kinase [75]. The FimS-AlgR system  
182 (its own expression promoted by cAMP-Vfr) upregulates *pilY1* gene expression. PilY1 along with the  
183 PilVWX minor pilins localize at the inner cell membrane and act via FimS-AlgR, PilJ and Vfr to  
184 autoregulate their expression [68]. PilY1 contains a mechanosensing Von Willebrand factor A domain  
185 similar to those produced by human endothelial cells to facilitate platelet aggregation [76]. This  
186 domain is stretched when exposed to shear force [77] and mutation can result in constitutive  
187 activation of *P. aeruginosa* virulence without surface attachment [74]. It is thought that PilY1 signals  
188 through the type IV pilus PilMNOP alignment complex and the diguanylate cyclase SadC, both localised  
189 at the inner membrane [68], [78]. This activates cyclic dimeric GMP (c-di-GMP) production and in  
190 addition to the aforementioned virulence against amoeba has been shown to influence swarming  
191 motility and early-stage biofilm formation [79]. In *P. aeruginosa* this surface sensing mechanism is  
192 important for attachment, colonisation and appropriate triggering of virulence in several host  
193 organisms, ranging from mammalian models to single-celled amoebae [80], [81].

194 The chemotaxis-like Wsp system has also been implicated in surface sensing. Signals are generated by  
195 growth on a surface and thought to be recognized by the membrane bound receptor WspA. While the  
196 exact nature of the signal remains unknown, it is believed to be the result of physical changes to the  
197 periplasmic environment, caused by either the mechanical strain of surface contact or the

198 physiological changes that accompany the transition to a biofilm state. This signal is transitted via the  
199 other components of the Wsp system (WspBCDEF), present in the cell cytoplasm, resulting in  
200 phosphorylation of WspR. Phosphorlyated WspR then synthesises c-di-GMP, activating biofilm  
201 formation, virulence gene expression and supressing motility [82].

202 Surface contact-induced virulence activation has been further explored by assaying virulence against  
203 *D. discoideum* following attachment of bacteria to a variety of surfaces of varying composition,  
204 including plastics, glass, polyacrylamide and agar [74]. It was found that the activation of virulence  
205 was similar on all surfaces and therefore appeared to require the physically rigid surface rather than  
206 any specific chemical surface composition. Siryaporn et al. [74] hypothesize that non-specific virulence  
207 activation, could allow *P. aeruginosa* to infect a wide range of host species despite differences in their  
208 individual surface receptors and tissue chemistries. Similar results were observed in mouse  
209 macrophages to those seen in *D. discoideum*, with surface-attached *P. aeruginosa* shown to be more  
210 virulent than planktonic bacteria as measured host cells lysis. Siryaporn et al. [74] also found that  
211 when bacteria were allowed to attach to the surface of the plant species *Epipremnum aureum* and  
212 grown in the presence of *D. discoideum* it resulted in secretion of virulence factors toxic to *D.*  
213 *discoideum*, further suggesting activation of virulence in response to non-specific surface attachment.

214 It has been proposed that regulation of surface sensing is integrated into other regulatory networks  
215 such as quorum sensing. Siryaporn et al. [74] grew bacteria to different growth phases, allowed them  
216 to attach to surfaces, exposed them to *D. discoideum* and measured host killing. Virulence was  
217 drastically increased between mid and late exponential phase. This suggested that increased cell  
218 density could be activating quorum sensing and in turn affecting virulence factor expression. Quorum  
219 sensing in *P. aeruginosa* is primarily regulated by the transcriptional activator LasR [83]. Siryaporn et  
220 al. [74] observed that *lasR* mutants showed a disrupted virulence phenotype. However, neither high-  
221 density planktonic *P. aeruginosa* cells nor over-expression of LasR quorum sensing in planktonic  
222 bacteria resulted in lysis of eukaryotic cells. From this the authors conclude that quorum sensing alone

223 is not sufficient for optimum virulence and that mechanosensing is also of crucial importance. As such,  
224 this indicates that PLY1 mechanosensing and LasR dependent quorum sensing act in concert to ensure  
225 appropriate virulence regulation in *P. aeruginosa*. This non-specific mechanosensing behaviour is  
226 believed to allow *P. aeruginosa* to infect a broad range of host species while maintaining carefully  
227 regulated virulence mechanisms.

228

### 229 ***Proteus mirabilis***

230 *Proteus mirabilis* is a pathogen associated with infections of the urinary tract. On contact with a  
231 surface *P. mirabilis* can undergo a phenotypic change from small swimmer cells, adapted to life in  
232 liquid, into longer swarmer cells expressing high numbers of flagella that promote persistence within  
233 the host [84]–[86]. This differentiation is a metabolically costly process and involves the expression of  
234 50 genes, including several known to encode virulence factors which improve *P. mirabilis* survival and  
235 mediate damage to the host [87].

236 It has been shown that, like *P. aeruginosa*, *P. mirabilis* uses flagellar impedance as a signal of surface  
237 contact [88]. Inhibition of the rotation of the flagellar motor can result from several different physical  
238 interactions. These include contact with solid surfaces, high viscosity liquids and the binding of  
239 flagellar components by specific antibodies [89]. Belas et al. [89] found that mutations in many  
240 flagellar genes resulted in *P. mirabilis* losing the ability to switch to a swarming phenotype. Surprisingly,  
241 it was also found that mutation of genes that encode for the flagellar basal structure (*fliF*, *fliG* and *fliL*)  
242 resulted in differentiation into swarmer-like cells in non-inducing liquid media and hyper-elongated  
243 swarmer cells when grown on solid agar. The constitutive activation of this swarmer differentiation  
244 pathway via specific flagellar components further reinforces the role of the flagella as a  
245 mechanosensory organelle capable of detecting proximity to a surface [90]. Activation of the flagellar  
246 sensory pathway via these mutations was shown to up-regulate the expression of *zapA* which encodes  
247 a metalloprotease, an enzyme that can degrade antibacterial peptides, such as LL-37 and  $\beta$ -defensin,

248 that are used by the immune system to help fight bacterial infection [87], [91]. Sensory pathway  
249 activation was also shown to up-regulate the expression of *hpmB* [89], the first gene in the *hpmBA*  
250 operon. This operon also encodes the HpmA hemolysin which is a major cytotoxin used by many  
251 clinical *P. mirabilis* strains to cause tissue damage and facilitate cellular invasion by the bacteria [87].  
252 Mechanosensing of surfaces via the flagella allows *P. mirabilis* to carefully regulate the differentiation  
253 process from swimmer to swarmer cells and so to more efficiently regulate the production of virulence  
254 factors needed for colonisation and persistence within its host.

255

## 256 ***Escherichia coli***

257 *Escherichia coli* are an extremely diverse species of commensal and pathogenic bacteria found in the  
258 GI tract of many organisms. Many *E. coli* strains are not harmful to their hosts, but certain strains can  
259 cause infections at various sites in the body including infections of the urinary and GI tract [92]. In  
260 addition to using numerous chemical sensory systems, *E. coli* has also been shown to regulate its  
261 virulence through the use of mechanosensors [30].

262 *Enterohemorrhagic E. coli* (EHEC) strain O157:H7 is a problematic pathogen that causes haemorrhagic  
263 colitis, and in more severe cases kidney damage in the form of haemolytic uremic syndrome (HUS).  
264 The development of HUS is linked with high morbidity and mortality [93]. EHEC infections are typically  
265 acquired by ingestion of foods contaminated by faecal material. EHEC uses a T3SS, several adhesins  
266 and Shiga toxins as virulence factors to mediate disease [94]–[96]. The T3SS is encoded on a  
267 horizontally acquired pathogenicity island, designated as the locus of enterocyte effacement (LEE) and  
268 consists of 4 polycistronic operons (LEE1-5), activated by the first of these (LEE1). LEE1 contains a  
269 critically important activator of the LEE, known as Ler, or LEE-encoded regulator [97]. The T3SS allows  
270 EHEC to inject effector proteins into the host cells that line the large intestine, remodelling the actin  
271 cytoskeleton to form pedestals on which the bacteria adhere tightly. These pedestals are known as  
272 attaching and effacing (A/E) lesions, are highly characteristic of EHEC infection and are very effective

273 at promoting their persistence in the intestinal environment [98], [99]. Expression of the LEE in EHEC  
274 is controlled by both chemical signals and physical forces acting on mechanosensory apparatus. The  
275 LEE has been shown to be induced by several environmental cues including temperature shifts as the  
276 bacteria travels through the gastrointestinal (GI) tract, neutral pH after exit from the stomach, reduced  
277 oxygen concentrations, quorum sensing molecules, bicarbonate, glucose and hormone signals from  
278 the host [100]–[104].

279 Alsharif et al. [30] showed that the LEE is only weakly induced by chemical environmental signals alone.  
280 Alsharif et al. [30] infected HeLa epithelial cells with EHEC and monitored LEE1 promoter activity using  
281 fluorescence microscopy and GFP producing reporter strains. Bacteria that attached to host cells  
282 displayed strong activation of *ler* and formation of the characteristic A/E lesions. However, bacterial  
283 cells that attached to glass rather than the host cell surface showed comparatively weak LEE activation  
284 even in Dulbecco's Modified Eagle Medium (DMEM) which has been previously shown to be an  
285 activator of *Ler* [105]. *Ler* is activated by GrlA (itself encoded on the LEE pathogenicity island) and in  
286  $\Delta$ *grlA* strains LEE1 was not strongly induced on host-attached nor unattached bacteria and significantly  
287 reduced formation of A/E lesions was observed. A recent paper by Sirisaengtaksin et al. [106] has  
288 shown that GrlA is also required to transition from the inner membrane of planktonic cells to the  
289 cytoplasm to efficiently activate virulence genes. Bacteria expressing GrlA-GFP fusion proteins were  
290 adhered to polylysine coated microfluidic channels before applying fluid shear. GrlA is a membrane-  
291 bound transcription factor under normal conditions but when shear forces are encountered by EHEC,  
292 GrlA is released into the cytoplasm. Here it binds and activates the LEE1 promoter triggering the  
293 expression of the LEE operon [106] and hence optimal T3SS activity.

294 These studies illustrate how *E. coli* senses changes in physical force and alters the expression of  
295 virulence factors in response (LEE operon genes). Despite the specific attachment factor responsible  
296 for binding to the polylysine coated substrate not being reported by Sirisaengtaksin et al. [106], the

297 flagellum of pathogenic *E. coli* have been shown to play a role in adhesion [107] and more recently in  
298 mechanosensing [108].

299 Laganenka et al. [108] show that the flagella of various pathogenic *E. coli* act as mechanosensors  
300 during infection, aiding in the regulation of motility to improve survival within the host. Laganenka et  
301 al. [108] compared motility of a variety of pathogenic and commensal *E. coli* strains by soft agar  
302 motility assays and single-bacterium movement tracking. Increased motility was observed in  
303 pathogenic strains when grown in low percentage agar plates compared to liquid media. This was not  
304 the case in commensal strains, which showed similar motility in both media forms. To examine the  
305 underlying regulatory mechanism, changes in flagellar gene expression were monitored using GFP  
306 fluorescence reporters. This revealed that in pathogenic strains *fliA* (encoding the sigma factor  
307 controlling flagellar genes) and *fliC* (encoding flagellin, the major flagellar structural protein) [109]  
308 were highly downregulated in liquid culture [108].

309 Laganenka et al. [108] hypothesize that increased flagellar impedance due to the porous structure of  
310 the low percentage agar compared to liquid media results in an increased physical load on the flagellar  
311 motor. *E. coli* flagella have been shown to respond to flagellar motor load by the recruitment of  
312 additional stators (the force generation units used to drive motor motion) [110]. Knockout mutants of  
313 the *fliC* and *motA* genes, which encode key components of the flagellar filament and the motor-stator  
314 complex respectively, were constructed. These mutants had either lower physical loads on the motor  
315 ( $\Delta fliC$ ) or non-functional motors ( $\Delta motA$ ). Both modifications resulted in pathogenic strains that were  
316 unable to activate motility in either liquid or agar media. As previously discussed in this review,  
317 impedance of the flagella can also take place due to attachment or contact with a surface [46], [111].  
318 Laganenka et al. [108] studied the effects of increasing flagellar load by forced surface contact during  
319 centrifugation and by growth on semi-solid agar, with both conditions resulting in increased  
320 expression of *fliC*.

321 These observations indicate that upregulation of flagellar genes and the associated motility phenotype  
322 is important in certain pathogenic but not commensal *E. coli* strains and that this is mediated by  
323 increased physical loads on the flagellar motor. During infection, flagella act as an antigen that the  
324 immune system can quickly recognise and mount a response to [112]. Laganenka et al. [108] therefore  
325 also hypothesize that flagellar mechanosensing aids in successful host colonisation by increasing  
326 expression of flagella in the early stages of infection when motility is useful in promoting contact with  
327 the epithelial cells. The authors expect decreasing flagella expression in later infection stages, possibly  
328 via quorum sensing, to reduce the hosts immune response to the flagella [108]. Mechanosensors such  
329 as flagella and their associated signalling systems allow for careful regulation of virulence,  
330 incorporating information from both chemical and physical cues. This allows pathogenic *E. coli* such  
331 as EHEC to produce the appropriate response to a highly dynamic and hostile host environment,  
332 promoting their survival and persistence.

333

### 334 ***Vibrio cholerae***

335 The Vibrionaceae represent a diverse family of marine bacteria that can exist in a free-living planktonic  
336 state in the water column and also in a surface-attached state in shellfish, copepods and  
337 phytoplankton (natural hosts) or indeed within human hosts where they are opportunistic pathogens  
338 [113]. As such, the sensing of surface attachment is of critical importance in determining appropriate  
339 changes in gene expression. In planktonic *Vibrio* cells, swimmer cell morphology predominates, with  
340 motility being driven by a single polar flagellum that is powered by the sodium motive force (SMF)  
341 [114]–[116].

342 Inhibition of flagellar rotation through surface contact is thought to disrupt ion flux through the  
343 flagellar motor, leading to a transient membrane hyperpolarisation [117]. In *Vibrio cholerae*, deletion  
344 of the flagellar motor and chemical disruption of the SMF prevent this hyperpolarisation, thereby  
345 blocking the ability of *V. cholerae* to form robust monolayers [117]. Importantly, it has been shown

346 that *V. cholerae* mutants with defective motility display enhanced expression of ToxT-regulated  
347 virulence factors including cholera toxin, cell-associated haemolysin and the toxin co-regulated pilus  
348 [118]. Chemical inhibition and deletion of the NADH ubiquinone oxidoreductase Nqr, which functions  
349 as a sodium extruding pump, were shown to hyperactivate *V. cholerae* ToxT [119]. Surface-attached  
350 *V. cholerae* produces biofilms encased in exopolysaccharide (EPS) matrix, the production of which is  
351 facilitated by two *vps* (*Vibrio* polysaccharide) gene clusters [120]. *V. cholerae* mutants lacking the  
352 major flagellin FlaA display constitutive production of EPS, through loss of the ability to sense surface  
353 contact, a phenotype which is mediated through phosphorylation of the biofilm master regulator VpsR  
354 [121]. Deletion of motor components MotB and MotY in the  $\Delta flaA$  background restored wild type  
355 levels of EPS production indicating that both a functional flagellum and the motor-produced SMF are  
356 required for fine control of EPS production. The authors observed that the non-flagellated, EPS  
357 overproducing  $\Delta flaA$  mutant produced reduced amounts of cholera toxin and toxin co-regulated pilus  
358 and was defective for colonisation in a mouse model, highlighting the importance of surface sensing  
359 for optimal virulence [121]. Regulation of the switch from swim to stick, with the aforementioned  
360 activation of virulence, is also subject to control via the nucleotide second messengers c-di-GMP and  
361 guanosine pentaphosphate ((p)ppGpp). C-di-GMP functions by synergistically activating VpsT an  
362 upstream activator of VpsR [122] and also manipulating the conformation of the VpsR/ $\sigma$ 70-RNAP  
363 complex at bound promoters [123]. All three (p)ppGpp synthases possessed by *V. cholerae*, RelA, SpoT  
364 and RelV were required for *vpsR* transcription, while only RelV was required for transcription of *vpsT*  
365 demonstrating that control of biofilm/attachment and virulence genes is also responsive to nutritional  
366 status through stringent response control [124].

367

### 368 ***Vibrio parahaemolyticus***

369 In the closely related pathogen *Vibrio parahaemolyticus*, swimmer cells behave similarly to those of *V.*  
370 *cholerae* with a single SMF driven polar flagellum propelling the bacterium through liquid media [115].

371 Growth on solid surfaces however induces a marked change in cellular physiology with the formation  
372 of filamentous, peritrichously flagellated cells [114]. Physical, chemical and genetic disruptions in polar  
373 flagellum driven motility lead to activation of the peritrichous lateral flagella, encoded by the *laf* genes  
374 [125]. In contrast to the polar flagellum, *laf* flagella are driven by the proton motive force [115].

375 Second messenger driven signalling has also been implicated in regulating the switch from planktonic  
376 to attached lifestyles in *V. parahaemolyticus*. For example, ScrC possesses both diguanylate cyclase  
377 and phosphodiesterase activity, with phosphodiesterase activity predominating in surface attached  
378 cells [126]. Two proximally encoded genes (*scrAB*) were found to be capable of modulating the  
379 function of ScrC, enabling reduction in the intracellular pool of c-di-GMP and facilitating the switch  
380 between swarming motility (*laf* expression) and biofilm associated EPS production via the *cpsA-J* gene  
381 cluster [126]. A screen for ScrABC regulated genes identified that in addition to the *laf* and previously  
382 identified *cps* genes, a regulator encoding gene *cpsQ* was affected [127]. It was found that *cpsQ*  
383 activated *cpsA-J* in a c-di-GMP-dependent manner. Lateral flagella and virulence factors including  
384 T3SS1 and the *N*-acetyl glucosamine binding protein GbpA were found to be oppositely regulated to  
385 *cpsA-J* indicating activation by ScrABC [127].

## 386 **Concluding remarks**

387 The investigation of mechanosensing is an exciting and developing field of inquiry that has great  
388 potential to improve our understanding of pathogenic bacterial behaviour within the host. In this  
389 review, we have discussed the main mechanisms bacteria use to sense mechanical stimuli. These  
390 include flagellar impedance, resistance to type IV pili retraction and specific surface-bound adhesins.  
391 These sensory mechanisms are known to feed into a variety of signal transduction pathways, often  
392 acting by varying the levels of intracellular second messengers such as cAMP in *P. aeruginosa* and c-  
393 di-GMP in *P. aeruginosa* and *Vibrio* species. Signals carried through these and other mechanosensing  
394 linked pathways act on a wide range of different virulence-associated genes. These include genes  
395 encoding additional attachment factors, toxins, secretory systems and motility organelles. These allow

396 the bacteria to spread rapidly across surfaces, invade host cells, and inject effector molecules and  
397 release toxins which improve the success of pathogenic bacteria.

398 The prospect of future study in this field is exciting and there are many areas we look forward to seeing  
399 developed further. These include a more detailed understanding of the conformational changes in  
400 flagellar components as they are exposed to physical loads and how these allow for signal generation,  
401 a more complete understanding of how mechanosensing is incorporated with other sensory  
402 information such as sensing of host molecules and nutrients to fit into the wider picture of bacterial  
403 virulence modulation, further exploration of other adhesins which may play similar roles to PilY1 as  
404 mechanosensors and an expansion of the range of organisms whose mechanosensory systems are  
405 studied to learn more about how well-conserved mechanisms are across different bacterial strains  
406 and species.

407 Accurate sensing of environmental conditions is vital to allowing both pathogenic and non-pathogenic  
408 bacteria to produce an appropriate behavioural response to their surroundings. Not only is this  
409 important to bacterial survival but improved scientific understanding of this area could lead to new  
410 treatments and therapies. A more complete picture of how mechanosensory systems in pathogens  
411 activate virulence gene expression could allow for the development of new anti-virulence  
412 interventions which target these systems, disrupting pathogenesis at the outset and improving patient  
413 outcomes.

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416

417 **Figure 1: Contact dependent sensing in *Pseudomonas aeruginosa*.** 1a) Contact with, and binding to,  
418 a surface triggers the halting of flagellar rotation via interaction between components of the flagellar  
419 machinery and FimV. 1b) Contact with a surface allows type IV pili to attach, causing resistance to  
420 rhythmic pili retraction. This activates the Chp chemosensory system, triggering an interaction with  
421 FimV. 2) FimV causes an increase in production of cAMP, increasing its intracellular concentration. 3)  
422 cAMP binds to the Vfr virulence regulator which regulates the activity of over 200 virulence genes. 4a)  
423 Genes positively regulated by Vfr include several proteases, toxins and surface localised virulence  
424 factors such as the type II and III secretion systems. 4b) The type IV pilus itself is also positively  
425 regulated by Vfr and so gives rise to a positive feedback loop of increased surface detection signal and  
426 virulence expression. 5) Vfr promotes expression of FimS-AlgR system. 6) AlgR upregulates expression  
427 of PilY1, which in turn feeds back into FimS-AlgR, PilJ and Vfr to autoregulate its expression. 7a) PilY1  
428 signals through SadC to increase c-di-GMP production. 7b) Surface growth signals are recognised by  
429 WspA and transmitted via the other components of the Wsp system (WspBCDEF) resulting in  
430 phosphorylation of WspR. Phosphorylated WspR then synthesises c-di-GMP. 8) C-di-GMP activates  
431 biofilm formation, suppresses cell motility and triggers virulence activation.

432 **Figure 2: Contact dependent sensing in *Proteus mirabilis*.** 1) Impedance of flagellar rotation signals  
433 surface contact. 2) This signal triggers the expression of 50 genes, resulting in the differentiation of  
434 small swimmer cells into elongated swarmer cells. These swarmer cells have increased virulence and  
435 numbers of flagella, improving their survival on a host surface. 3) ZapA is upregulated, producing a  
436 metalloprotease that is able to degrade antibacterial peptides utilised by the immune system of the  
437 host organism. 4) HpmB, the first gene in the HpmBA operon, is upregulated. This triggers the  
438 production of haemolysin, a major virulence factor responsible for aiding cell invasion and tissue  
439 damage of host cells.

440 **Figure 3: Contact dependent sensing in *Escherichia coli*.** 1) Shear forces result in GrlA transitioning  
441 from the inner cell membrane to the cytoplasm. 2) GrlA activates expression of Ler, which in turn  
442 activates expression of the rest of the LEE operon. 3) Expression of the LEE genes results in the  
443 assembly of the type III secretion system. This virulence factor allows the injection of specific effector  
444 molecules into a host cell, altering the host cytoskeleton and mediating disease. Remodelling of the  
445 host allows for close attachment of EHEC, improving survival.

446 **Figure 4: Contact dependent sensing in *Vibrio cholerae*.** 1a) Surface contact inhibits the rotation of  
447 the flagella, causing disruption to the flow of ions through the flagellar motor. This results in transient  
448 hyperpolarisation of the membrane. 1b) C-di-GMP also acts to control virulence gene regulation. C-di-  
449 GMP activates VpsT which in turn activates VpsR which binds with RNA polymerase to transcribe  
450 target genes. 1c) ((p)ppGpp) acts to control virulence regulation by regulating the expression of the  
451 aforementioned VpsT and VpsR proteins. 2) Genes are upregulated in response to these multiple  
452 sensory inputs. These include virulence genes encoding factors such as cholera toxin, haemolysin and  
453 attachment factors such as the toxin co-regulated pilus. 3) Motility associated genes such as those  
454 that encode flagellar components are downregulated by this signalling.

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