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1 Ice surface changes along the Jutulstraumen and Penck Trough ice streams  
2 in western Dronning Maud Land, East Antarctica, during recent glacial  
3 cycles

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23

24 **Keywords:** Antarctica; Glaciation; Quaternary; Cosmogenic isotopes; Dronning Maud Land

## 25 **Abstract**

26       Reconstructing past ice-sheet surface changes is key to test and improve ice-sheet models. Data  
27       constraining the past behaviour of the East Antarctic Ice Sheet are sparse, limiting our  
28       understanding of its response to past, present and future climate change. Here, we report the first  
29       cosmogenic multi-nuclide ( $^{10}\text{Be}$ ,  $^{26}\text{Al}$ ,  $^{36}\text{Cl}$ ) data from bedrock and erratics on nunataks along the  
30       Jutulstraumen and Penck Trough ice streams in western Dronning Maud Land, East Antarctica.  
31       Spanning elevations between 751 and 2387 m above sea level, the samples record apparent  
32       exposure ages between 2 ka and 5 Ma. The highest-elevation bedrock sample indicates (near-)  
33       continuous minimum exposure since the Pliocene, with a low apparent erosion rate of  $0.15\pm 0.03$  m  
34        $\text{Ma}^{-1}$ , similar to results from eastern Dronning Maud Land. In contrast to studies in eastern  
35       Dronning Maud Land, there are clear indications of a thicker-than-present ice sheet within the last  
36       glacial cycle, with a thinning of  $\sim 35\text{--}120$  m towards the present ice surface on several nunataks  
37       during the Holocene ( $\sim 2\text{--}11$  ka). Owing to difficulties in retrieving suitable sample material from  
38       the often rugged and quartz-poor mountains, and because of inherited nuclides in many of our  
39       samples, we are unable to present robust thinning estimates from elevational profiles. Nevertheless,  
40       the results clearly indicate ice-surface fluctuations of several hundred meters between the current  
41       grounding line and the edge of the polar plateau for the last glacial cycle, a constraint that should be  
42       considered in future ice-sheet model simulations.

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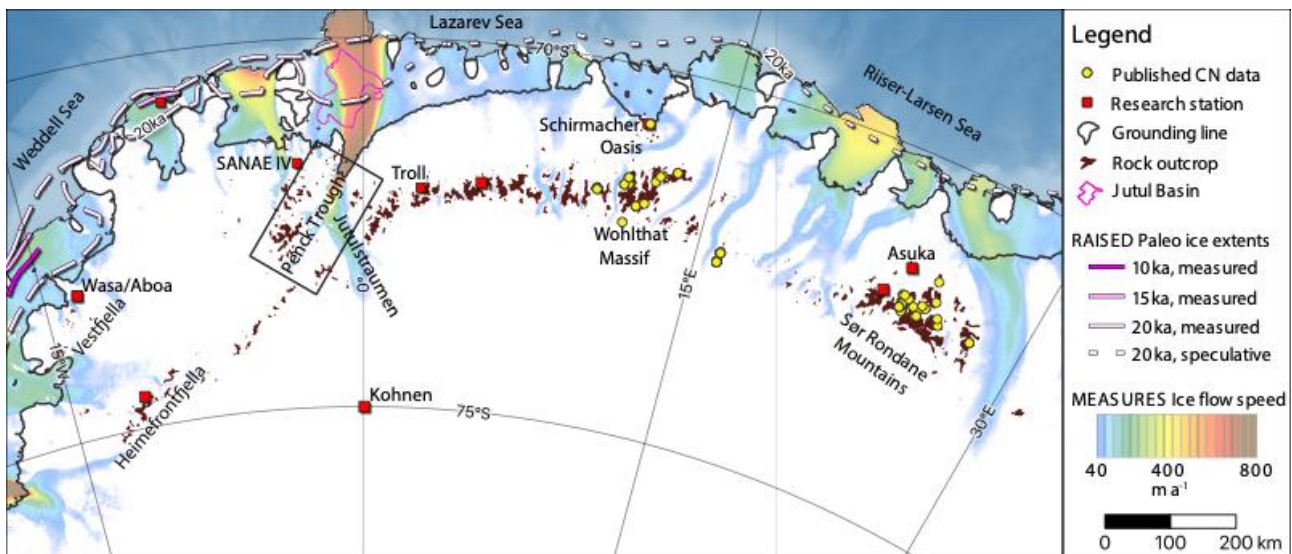
## 44 **1. Introduction**

45       Constraining the sensitivity of the East Antarctic Ice Sheet (EAIS) to climate changes is an  
46       important challenge to the scientific community, as even modest variations in this vast ice mass  
47       impacts global sea level and climate dynamics (DeConto and Pollard, 2016; Mengel et al., 2018).  
48       Delineating EAIS configuration changes during the last glacial cycle will help minimize

49 uncertainties in estimates of ongoing glacial isostatic adjustment that obscures present-day mass  
50 balance budgets derived from satellite gravimetry (Velicogna and Wahr, 2006, 2013; Riva et al.,  
51 2009; Thomas et al., 2011). Yet, observational constraints on past EAIS volume variations and  
52 dynamics are scarce owing to a combination of remote and harsh working conditions, and a lack of  
53 materials readily available for dating because 98% of the Antarctic continent is covered by ice.

54 First order changes in the large-scale configuration of the EAIS during the last glacial cycle  
55 have been reconstructed using ice-core and marine records. While ice-core records indicate that  
56 interior domes thinned by 110–120 m in response to climate cooling towards the Last Glacial  
57 Maximum (LGM, ~27–20 ka; Parrenin et al., 2007), marine records show that ocean-terminating  
58 margins concurrently advanced to the continental shelf break along most sectors (Bentley et al.,  
59 2014). The pattern of thinner, yet more extensive ice, indicates that colder ocean temperatures and  
60 more extensive sea-ice cover may have reduced inland precipitation and thereby thinning the  
61 interior parts of the ice sheet during glacial periods (Suganuma et al., 2014; Yamane et al., 2015),  
62 while simultaneously allowing ice-sheet margins to advance in most areas under the influence of  
63 global sea level fall. Scattered marine and terrestrial records point to a large variability in the  
64 response of various East Antarctic sectors during the last glacial cycle. These records show that  
65 several East Antarctic sectors (e.g. Bunger Hills, Larsemann Hills, Sôya coast in Lützow-Holm  
66 Bay) experienced only limited ice-sheet margin advances during the LGM (Fig. 2; Miura et al.,  
67 1998; Gore et al., 2001; Hodgson et al., 2001; Mackintosh et al., 2014) and that the timing of post-  
68 LGM ice-sheet recession varies markedly between individual sectors, with ice receding as early as  
69 18 ka in some areas (Lambert-Amery glacial system) but much later in other areas (e.g. Bunger  
70 Hills, Lützow-Holm Bay, Framnes mountains) where the main ice recession occurred during the  
71 Early- to Mid-Holocene (Mackintosh et al., 2014).

72       Cosmogenic nuclide exposure dating of coastal islands and nunataks protruding through the ice  
73 sheet in coastal, mountainous areas are key to constraining the timing of ice-sheet retreat and  
74 thinning, and thus marginal ice-sheet surface gradients and volume changes of the ice sheet. To  
75 improve our understanding of the response of coastal sectors of the EAIS to past climate changes, it  
76 is critical to increase the density of well-dated records by filling the data gaps around the EAIS.  
77 One such data gap exists in western Dronning Maud Land, where few chronological constraints of  
78 past EAIS behaviour exist (Fig. 1). In this study, we combine  $^{10}\text{Be}$  ( $t_{1/2}=1.39$  Myr; Chmeleff et al.,  
79 2010; Korschinek et al., 2010),  $^{26}\text{Al}$  ( $t_{1/2}=0.705$  Myr; Nishiizumi, 2004), and  $^{36}\text{Cl}$  ( $t_{1/2}=0.301$  Myr;  
80 Holden, 1990) measurements in bedrock and erratic samples from nunataks protruding through the  
81 EAIS along the Jutulstraumen and Penck Trough ice streams in western Dronning Maud Land, East  
82 Antarctica ( $\sim 0\text{--}4^\circ\text{W}$ ,  $71.5\text{--}73^\circ\text{S}$ ), in an effort to understand how the ice sheet responded to climate  
83 changes during recent glacial cycles.



84  
85 **Fig. 1.** Overview map of Dronning Maud Land with published cosmogenic nuclide (CN) data and  
86 localities mentioned in text. The black rectangle outlines the study area. RAISED Paleo-ice extents  
87 by Bentley et al. (2014), and MEASURES present-day ice flow speed by Rignot et al. (2017). The  
88 Jutul Basin is outlined in pink with the 600 m contour of water depth below the Fimbulisen Ice  
89 Shelf, derived from Fretwell et al. (2013). Published cosmogenic nuclide data are from Heyman  
90 (<http://expage.github.io>, accessed 20.02.20), all other data acquired through the Quantarctica  
91 package (Matsuoka et al., 2018).

## 92 2. Study Area

93 Dronning Maud Land is considered to be one of the main nucleation points of the EAIS when it  
94 formed in the Late Eocene, and ice-sheet models indicate a continuous but variable presence of ice  
95 in this region since then (DeConto and Pollard, 2003). The Dronning Maud Land margin is  
96 characterised by a 1500 km long and up to 3 km a.s.l. (above sea level) high escarpment stretching  
97 along parts of the Atlantic and Indian sectors of the Southern Ocean (Fig. 1; Fretwell et al., 2013).  
98 The escarpment obstructs ice flow from the inland polar plateau (Rignot et al., 2011, 2017), while  
99 simultaneously acting as a barrier for moisture transport from the Southern Ocean leading to a sharp  
100 inland decrease in precipitation from 0.2–0.7 m a<sup>-1</sup> (ice equivalents) in the coastal region to <0.1 m  
101 a<sup>-1</sup> above the escarpment (Arthern et al., 2006; van de Berg et al., 2006). Only a few topographic  
102 troughs dissect the escarpment in Dronning Maud Land, facilitating ice flow from the higher polar  
103 plateau to the lower coastal part of the EAIS (Fig. 1). The most prominent of these troughs, up to 50  
104 km wide and more than 1.6 km below present sea level (Fretwell et al., 2013), contains the  
105 Jutulstraumen ice stream, which drains the EAIS with velocities up to 760 m a<sup>-1</sup> at the grounding  
106 line (Fig. 1; Rignot et al., 2017). As Jutulstraumen enters the structurally-controlled Penck Trough  
107 within our study area, it makes a ~60° turn changing from a NW to a NE direction of ice flow (Figs.  
108 1, 2). Beyond the present-day grounding line, the trough extends into the ‘Jutul Basin’, covered by  
109 the Fimbulisen Ice Shelf which is ~100–200 km wide and extends close to the continental shelf  
110 break (Fig. 1; Smedsrud et al., 2006; Fretwell et al., 2013). The maximum water depth below  
111 Fimbulisen exceeds 800 m in the Jutul Basin, whereas zones of grounded ice flank the trough on  
112 both its sides, and the Jutul Sill at ~70° S limits water depths to ~300 m towards the Southern  
113 Ocean (Smedsrud et al., 2006; Fretwell et al., 2013). In an inland direction, the NE–SW-striking  
114 Penck Trough becomes approximately tangential to the escarpment ~270 km from the grounding

115 line, whereas the nearest part of the escarpment is only ~100 km from the grounding line in a S-SE  
116 direction (Fig. 2).

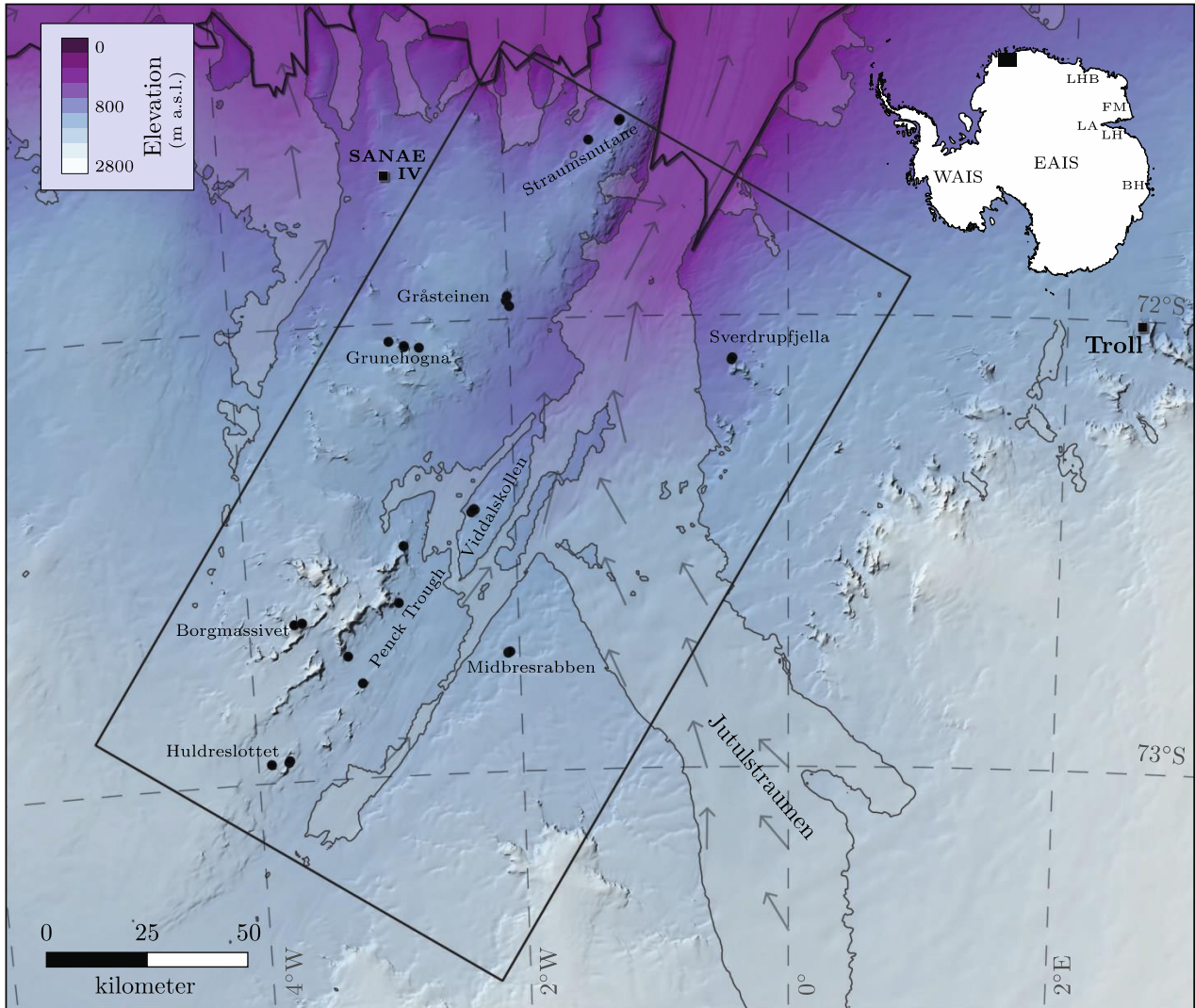
117 Mean annual surface air temperatures are -30 to -14 °C within our study area on the coastal ice  
118 below the escarpment (1979-1998; Comiso, 2000), while the temperature increase in Dronning  
119 Maud Land observed at the Kohnen Station (Fig. 1, 75°S, 0.04°E, 2892 m a.s.l.) above the  
120 escarpment is outpacing any other East Antarctic regions with instrumental records ( $1.15 \pm 0.71$  °C  
121 decade<sup>-1</sup> since 1997; Medley et al., 2018). Meanwhile, satellite records indicate that the ice surface  
122 in Dronning Maud Land has thickened by up to a decimetre per year over the last 25 years  
123 (Schröder et al., 2019), although this estimate is strongly influenced by large snowfall events in  
124 2009 and 2011 (Lenaerts et al., 2013). If snow accumulation continues to increase at these rates, it  
125 is possible that Dronning Maud Land snowfall could mitigate sea-level contributions from ice loss  
126 in West Antarctica and the Antarctic Peninsula (Medley et al., 2018).

127 Estimates of the ice-sheet extent offshore from Dronning Maud Land during the LGM remain  
128 speculative (Anderson et al., 2002; Livingstone et al., 2012; Bentley et al., 2014), although scattered  
129 sedimentological and radiocarbon data indicate ice-sheet advance to the continental shelf break  
130 towards the eastern Weddell Sea sector around 21 ka (Fig. 1; Elverhøi 1981; Anderson et al., 2002;  
131 Bentley et al., 2014).

132 In eastern Dronning Maud Land, cosmogenic nuclide exposure data indicate long-term lowering  
133 of the ice-sheet surface since the Pliocene, and limited ice-sheet thickening during the LGM.  
134 Studies from the Sør Rondane Mountains (Fig. 1) constrain ice thickening during the LGM to <100  
135 m for samples 65–135 km inland from the present-day ice-sheet margin (Matsuoka et al., 2006;  
136 Suganuma et al., 2014; Yamane et al., 2015), whereas data from the Wohlthat Massif (Fig. 1)  
137 indicate <50 m thickening during the LGM, 80–160 km inland from the present ice-sheet margin  
138 (Altmaier et al., 2010; Strub et al., 2015). Surface exposure data adjacent to the present grounding

139 line in Schirmacher Oasis (Fig. 1) indicate thicker ice during the LGM, although the magnitude of  
140 ice thickening is uncertain since the oasis is nearly flush with the present-day ice surface (Altmaier  
141 et al., 2010). There is a paucity of cosmogenic nuclide exposure data in western Dronning Maud  
142 Land. However, observations of spatially uniform glacial striation directions and of relatively  
143 unweathered lodgement-till deposits in the Vestfjella and Heimefrontfjella mountains (Fig. 1)  
144 indicate that the EAIS was thicker than today with magnitude of ice-sheet thickening increasing  
145 from <50 m in the area around Scharffenbergbotnen in Heimefrontfjella (ca. 130 km inland from  
146 the present-day grounding line; Lintinen and Nenonen, 1997; Hättestrand and Johansen, 2005), to  
147 >700 m above present ice surface at the coastal nunatak Plogen, Vestfjella (Lintinen 1996; Lintinen  
148 and Nenonen, 1997). Radiocarbon dates on the basal layers of regurgitated stomach oil deposits  
149 (mumiyo) from snow petrel (*Pagodroma nivea*) nesting sites indicate ice-free conditions since at  
150 least 0.7–7.8 cal ka BP (reported conventional radiocarbon ages: 2.1–8.2 ka; Lintinen and Nenonen,  
151 1997) at nesting sites 100–230 m above the present ice surface at Skuafjellet in Vestfjella, while  
152 sites 30–200 m above the ice in Scharffenbergbotnen were ice free from at least 4.2–8.3 cal ka BP  
153 (reported conventional radiocarbon ages: 4.9–8.7 ka; Lintinen and Nenonen, 1997). We calibrated  
154 these ages using CALIB REV7.1.0 with the Southern Hemisphere calibration (Stuiver and Reimer  
155 1993; Hogg et al., 2013), and deducted an Antarctic marine reservoir effect of ~1.3 ka (Steele and  
156 Hiller, 1997). The ages are similar to those of basal mumiyo from snow petrel nesting sites near the  
157 Penck Trough and the Troll research station (Figs. 1, 2), which indicate ice free conditions 1–100 m  
158 above present ice level since 1.4–8.0 cal ka BP (reported conventional radiocarbon ages corrected  
159 for 1.3 ka marine reservoir effect: 0.8–7.0 ka; Steele and Hiller, 1997).





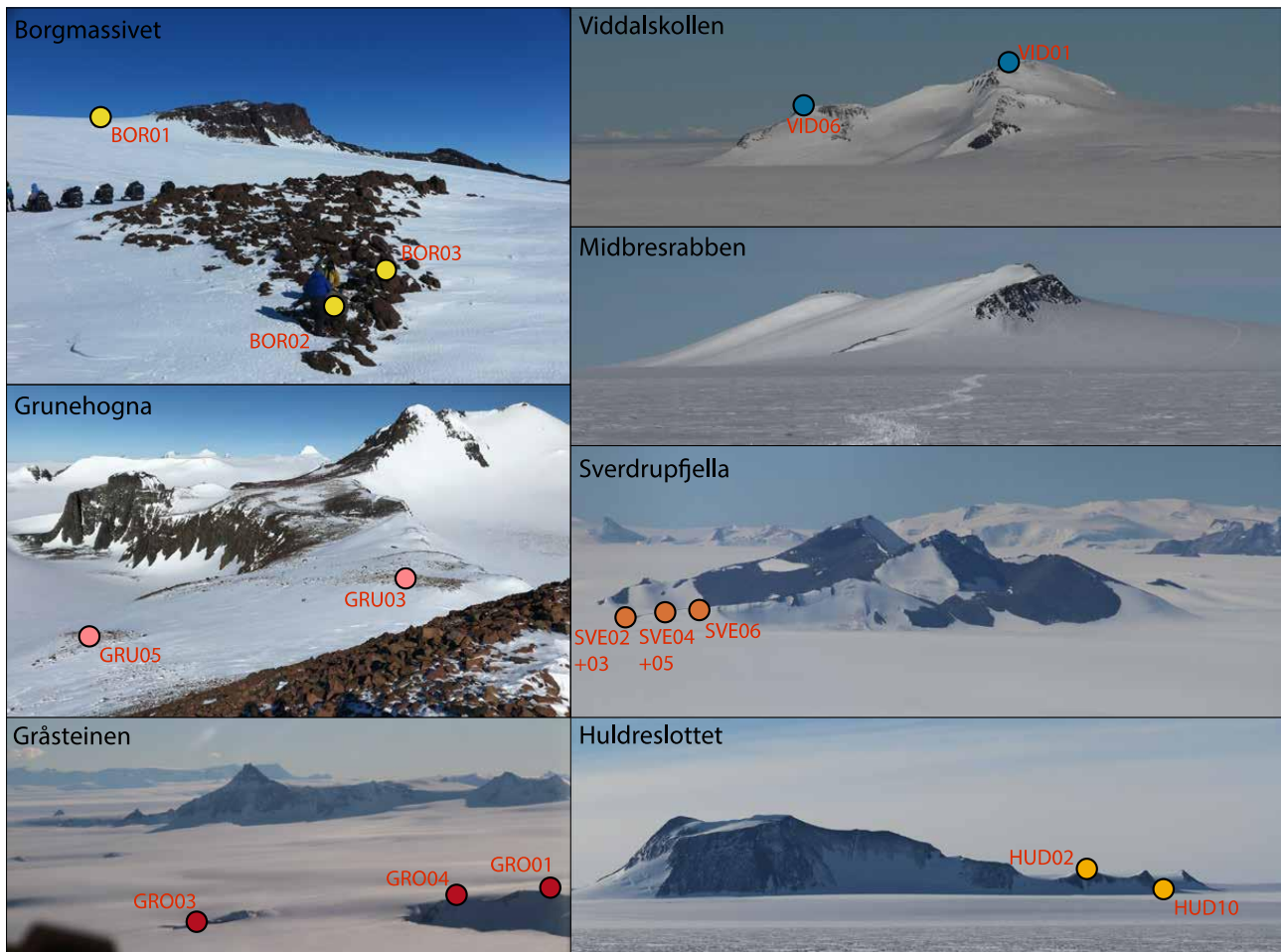
160  
 161 **Fig. 2.** Sample site locations along the Penck Trough. Inset indicates the extent of the map in  
 162 Antarctica (filled black rectangle), with place names mentioned in text: WAIS=West Antarctic Ice  
 163 Sheet, EAIS=East Antarctic Ice Sheet, LHB: Lützow-Holm Bay, FM: Framnes Mountains, LA:  
 164 Lambert-Amery glacial system, LH: Larsemann Hills, BH: Bunger Hills. On the main map, Troll  
 165 (Norwegian) and Sanae (South African) research stations are marked for orientation. Sample sites  
 166 are marked with black dots and nunatak name. Note that the ‘Penck Trough Assemblage’ consists  
 167 of four single samples collected from four nunataks all proximal to the Penck Trough. The  
 168 grounding line is traced in black, and areas where current ice flow exceeds  $40 \text{ m a}^{-1}$  are outlined in  
 169 black with transparent white fill, arrows within these regions indicate direction and magnitude of  
 170 present-day ice flow (Rignot et al., 2017). The black rectangle outlines the area used for the swath  
 171 profile shown in Fig. 5. Topographic data are sourced from REMA (Howat et al., 2019), all other  
 172 data acquired through the Quantarctica 3 package (Matsuoka et al., 2018).

173 **3. Methods**

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175 *3.1. Cosmogenic nuclide exposure dating*

176       Cosmogenic nuclides accumulate *in situ* in bedrock and surficial debris near the surface of the  
177 Earth as a result of nuclear changes induced by high-energy particles from space (Gosse and  
178 Phillips, 2001). Cosmogenic nuclide exposure dating is commonly applied to glacial deposits and  
179 landforms. By employing nuclide-specific and temporally- and spatially- varying production rates,  
180 the inventory of cosmogenic nuclides measured in a rock surface can be converted into an apparent  
181 exposure age. The short attenuation length of the dominant spallation reaction ( $\sim 150\text{--}230\text{ g cm}^{-2}$ ;  
182 Marrero et al., 2016) results in measurable nuclide inventories mainly within the upper 3 m of  
183 bedrock. This means that a few meters of bedrock erosion can reduce surficial nuclide inventories  
184 to below analytical precision. If sufficient erosion takes place during a period of glacial cover to  
185 erode nuclides from prior exposure, an apparent exposure age of a sample then reflects the time  
186 since last deglaciation, in the absence of subsequent subaerial erosion or burial. However, the  
187 hyper-arid polar climate of East Antarctica leads to cold-based conditions beneath much of the ice  
188 sheet outside of major troughs (Näslund et al., 2000; Altmaier et al., 2010). Both Northern (e.g.  
189 Stroeven et al., 2002; Briner et al., 2014) and Southern (e.g. Nichols et al., 2019) Hemisphere  
190 studies demonstrate the inability of cold-based ice to erode sufficient material to remove nuclide  
191 inventories. This frequently leads to apparent exposure ages that overestimate the timing of last  
192 deglaciation, reflecting a complex history of exposure and burial (e.g., Stroeven et al., 2016). To  
193 distinguish between simple and complex exposure histories, multiple nuclides with different half-  
194 lives can be analysed (Gosse and Phillips, 2001; Altmaier et al., 2010); a strategy we employ in this  
195 study.



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**Fig. 3.** Photographs of sample sites with location of samples within view indicated by coloured circles. The fill colours for each site is maintained in the following figures. No good overview photos were obtained from the Penck Trough Assemblage or Straumsnutane sample sites. All samples from Midbresrabben and non-labelled samples from Viddalskollen were collected on the far side of the nunataks. One additional sample from Huldreslottet, and two samples from Grunehogna were collected at other nunataks in the area and are not shown.

### 3.2. Sampling campaign and sample selection criteria

We collected and analysed samples from bedrock (n=20) and erratics (n=15) on nunataks flanking a 190 km-long transect of the Penck Trough and Jutulstraumen ice streams in western Dronning Maud Land (Fig. 2), with the aim of constructing a series of elevation profiles between the escarpment and the present-day ice margin. Samples were collected using a battery-powered impact drill, hammer, and wedges in January 2018 on the following nunataks (listed in order of

210 increasing distance from the grounding line): Straumsnutane (n=4), Sverdrupfjella (n=5),  
211 Gråsteinen (n=3), Grunehogna (n=4), Viddalskollen (n=5), Midbresrabben (n=4), Penck Trough  
212 Assemblage (our name; n=4), Borgmassivet (n=3), and Huldreslottet (n=3; Figs. 2, 3). We primarily  
213 targeted quartz-bearing lithologies, although this proved difficult due to the widespread occurrence  
214 of mafic lithologies in this area (Groenewald et al., 1995). We principally sampled bedrock with  
215 glacial striations, and erratics resting firmly on bedrock, to avoid complications with post-  
216 depositional rotation and erosion (Fig. 4). All our samples were taken from wind-exposed sites,  
217 minimizing the risk of intermittent snow cover.

218 We recorded sample thickness, surface orientation, and topographic shielding for each sample  
219 in the field, and registered the position and elevation using a handheld GPS. We cross-checked  
220 registered site elevations against the Reference Elevation Model of Antarctica (REMA, 8 m spatial  
221 resolution and vertical errors typically <2 m, Howat et al., 2019), and find that GPS- and REMA-  
222 elevations differ by -12–33 m (mean  $15 \pm 8$  m). We use the GPS-derived elevation values for our age  
223 calculations, but the REMA-derived elevations to calculate the relative elevation of our samples  
224 above the surrounding ice sheet.

225 Owing to challenges with retrieving suitable samples from the often steep-sided nunataks, and  
226 difficulties in separating sufficient quartz for cosmogenic nuclide analysis, we struggled to establish  
227 robust multi-nuclide elevation profiles. However, we were able to analyse 3-5 samples from each  
228 site. For samples where we were able to retrieve quartz (n=28), we analysed  $^{10}\text{Be}$  and  $^{26}\text{Al}$ , while  
229 for a subset of the quartz-bearing samples we also analysed  $^{36}\text{Cl}$  in feldspar separates (n=6) or  
230 whole rock (n=1). For non-quartz bearing samples, we analysed  $^{36}\text{Cl}$  from whole rock (n=7).



231  
 232 **Fig. 4.** Photographs of samples collected along the Penck Trough, illustrating different sample  
 233 types: **a)** the bedrock-erratic pair SVE03 and SVE02, **b)** GRU03, this photo also illustrates our  
 234 sampling method using a rock-drill, hammer and wedges, **c)** bedrock sample BOR01 collected from  
 235 ventifacted bedrock, **d)** MID05 erratic resting on bedrock, **e)** VID04 by the person to the right, note  
 236 that this boulder is resting on a larger slab within a slope deposit and we cannot exclude post-  
 237 depositional movement for this sample, and **f)** KUL03 (marked by red arrow) resting on bedrock.  
 238

### 239 3.3. Laboratory methods and nuclide measurements

240 Mineral separation and Be, Al, and Cl chemical preparation took place at PRIME Lab, Purdue  
 241 University. Samples were crushed and quartz separated from the 250–500  $\mu\text{m}$  fraction via froth  
 242 flotation, magnetic separation, heavy liquid separation, and etching in dilute HF/HNO<sub>3</sub> for a

243 minimum of 3 days (Kohl and Nishiizumi, 1992). Purity of the quartz was tested through  
244 inductively coupled plasma-optical emission spectrometry (ICP-OES) analysis, before splits of the  
245 pure quartz were taken for analysis of  $^{10}\text{Be}$  and  $^{26}\text{Al}$ . The feldspar-rich float fraction from the froth  
246 flotation step, or 250-500  $\mu\text{m}$  whole rock in absence of feldspars, was leached three times in an  
247 ultrasonic bath in 5% nitric acid and used for  $^{36}\text{Cl}$  analyses.

248 Be and Al chemistry followed standard procedures (e.g. Ochs and Ivy-Ochs, 1997). All  
249 samples, including the processing blank that followed each batch of 4–7 field samples, were spiked  
250 with  $\sim 270$   $\mu\text{g}$  in-house prepared  $^9\text{Be}$  carrier and, if necessary, spiked with Al carrier (Acros  
251 Organics) up to a total Al content of at least 1 mg. Following digestion in concentrated HF, an  
252 aliquot was removed for total-Al determination on ICP-OES, before the sample was dried down in  
253 the presence of 1 mL  $\text{H}_2\text{SO}_4$ . Fe and Ti were precipitated and removed at pH  $\sim 14$  followed by Be-  
254 Al precipitation at neutral pH. The samples were taken up in oxalic acid to complex Al (von  
255 Blanckenburg et al., 2004) prior to anion- and cation chromatography. Finally, the Al and Be  
256 hydroxides were re-precipitated, washed, calcinated in a propane flame and mixed with niobium  
257 powder before loading into stainless steel cathodes for Accelerator Mass Spectrometry (AMS)  
258 analysis. Total-Al aliquots were dried down thrice in the presence of aqua regia and re-dissolved in  
259 5%  $\text{HNO}_3$  prior to ICP-OES analysis. Total Al in processing blanks averaged  $101 \pm 1.4\%$  of the  
260 added spikes ( $n=5$ ), while measurements of Be in the same aliquots returned  $101 \pm 1.1\%$  of Be spike  
261 values for blanks and field samples ( $n=36$ ). These measurements strengthen the reliability of total  
262 Al determinations and the Be carrier concentration.

263 For  $^{36}\text{Cl}$  measurements, approximately 30 g of acid-leached whole rock or feldspar separate  
264 were spiked with  $\sim 1$  mg isotopically enriched chlorine ( $^{35}\text{Cl}/^{37}\text{Cl} = 273$ ). Samples were dissolved  
265 in a HF/ $\text{HNO}_3$  mixture in a warm water bath (60  $^\circ\text{C}$ ). Chlorine was precipitated as AgCl and  
266 purified through  $\text{BaSO}_4$  precipitation and ion exchange chromatography before recovery through a

267 second AgCl precipitation. Bulk and target rock chemistry for  $^{36}\text{Cl}$  samples was commercially  
268 analysed at Bureau Veritas Commodities, Vancouver, Canada, using X-ray fluorescence (XRF) for  
269 major elements and ICP-OES for trace elements.

270 AMS analyses of  $^{10}\text{Be}$ ,  $^{26}\text{Al}$ , and  $^{36}\text{Cl}$  were performed at the 8 MV tandem accelerator at  
271 PRIME Lab, normalizing  $^{10}\text{Be}/^9\text{Be}$  ratios to 07KNSTD (Nishiizumi et al., 2007),  $^{26}\text{Al}/^{27}\text{Al}$  ratios to  
272 KNSTD (Nishiizumi, 2004), and  $^{36}\text{Cl}/\text{Cl}$  measurements to standards prepared from NIST reference  
273 material SRM 4943 (Sharma et al., 1990). Ratios of  $^{35}\text{Cl}/^{37}\text{Cl}$  were determined in the AMS on  
274 Faraday cups before acceleration, and total Cl determined through isotope dilution assuming binary  
275 mixing between natural chloride of known  $^{35}\text{Cl}/^{37}\text{Cl}$  and the  $^{35}\text{Cl}$  enriched spike (Desilets et al.,  
276 2006). All samples were corrected for background contamination using the processing blank  
277 following each batch of field samples. Total process and carrier blanks were  $38 \pm 17 \times 10^3$   $^{10}\text{Be}$  atoms  
278 ( $n=5$ ),  $61 \pm 45 \times 10^3$   $^{26}\text{Al}$  atoms ( $n=5$ ), and  $334 \pm 59 \times 10^3$   $^{36}\text{Cl}$  atoms ( $n=3$ ), accounting for  $<1.3\%$   
279 ( $^{10}\text{Be}$ ),  $<0.6\%$  ( $^{26}\text{Al}$ ), and  $<1.8\%$  ( $^{36}\text{Cl}$ ) of total atoms measured for most samples, but up to 2.7%  
280 ( $^{10}\text{Be}$ ) for the youngest, Holocene erratic. Reported uncertainties on the ratios and carrier  
281 concentrations were propagated through to the final reported results (the internal error). Complete  
282 analytical data appear in the supplementary tables.

283

#### 284 *3.4. Apparent age calculations, multi-nuclide data interpretation, and terminology*

285 Data used to compute the apparent exposure ages are shown in Supplementary Tables 1, 2 ( $^{10}\text{Be}$   
286 and  $^{26}\text{Al}$ ), 3 and 4 ( $^{36}\text{Cl}$ ), while a summary of apparent exposure ages for all nuclides and samples  
287 are shown in Table 1. Apparent exposure ages were calculated for all samples and nuclides using  
288 CRONUScalc (Marrero et al., 2016; <http://cronus.cosmogenicnuclides.rocks/2.0/>) with the LSDn  
289 scaling scheme, and assuming zero surface erosion, no inheritance, and continuous surface  
290 exposure. If all three of these assumptions are satisfied, apparent exposure ages reflect the true

291 exposure age of a site, i.e. in this study the time since a site was last covered by the East Antarctic  
292 Ice Sheet. To assess whether these assumptions are valid, it is useful to compare apparent ages from  
293 multiple samples collected in close proximity, as well as ages derived from multiple nuclides with  
294 different half-lives from the same sample. If several nearby samples yield the same apparent  
295 exposure ages, or samples in an elevation transect show systematically decreasing ages towards  
296 lower elevation, this adds strength to the inference that an apparent age represents the true  
297 deglaciation age of that site. This inference is also strengthened if apparent ages derived from  
298 multiple nuclides within the same sample overlap within uncertainty. However, it is important to  
299 note that short periods of burial by non-erosive ice or other surface cover can only be distinguished  
300 if the half-lives and analytical precision of the measured nuclides allow it. In the discussion, we  
301 evaluate the apparent exposure ages using these criteria for each of our sample sites.

302 Each sample within our dataset has 1–3 nuclides analysed. In the following, we use the term  
303 *minimum apparent exposure age* for the youngest apparent exposure age derived from the shortest  
304 half-life nuclide measured for each sample (typically  $^{36}\text{Cl}$  or  $^{26}\text{Al}$ ). We interpret this minimum  
305 apparent exposure age for each sample as the maximum length of the current ice-free period, i.e. the  
306 maximum time since last ice cover. This is only valid if a sample has experienced negligible post-  
307 glacial surface cover (of e.g. rock, sediment, or snow), and if erratics have experienced no post-  
308 depositional movement or rotation. Based on our strict sampling criteria (described in Sec. 3.2.), we  
309 estimate that these expectations are reasonable for most samples within this study. In the  
310 Discussion, we highlight samples where this may not be the case.



**Table 1. Summary of apparent exposure ages for all samples ordered by site in increasing distance to the grounding line.**

Site	Sample ID	Type	Elevation (m a.s.l.)	10Be age* (ka)	26Al age* (ka)	36Cl age* (ka)
Straumsnutane	STR01	bedrock (striated, q-vein)	751	138 +- 11 [2.6]	90 +- 10 [2.5]	
	STR03	bedrock (q-vein)	807			89 +- 11 [3.9]
	STR06	bedrock (q-vein)	797			158 +- 15 [3.6]
	STR07	bedrock (q-vein)	791			139 +- 8.6 [2.8]
Sverdrupfjella	SVE02	erratic	842	114 +- 9.5 [2.8]	99 +- 12 [3]	
	SVE03	bedrock	842	71.6 +- 5.9 [1.7]	41.7 +- 4.7 [1.2]	19.1 +- 2.4 [0.6]
	SVE04	erratic (boulder)	878	130 +- 11 [2.7]	96 +- 11 [2.5]	
	SVE05	erratic (boulder)	891	141 +- 12 [3]	111 +- 13 [3.2]	
	SVE06	bedrock	904	97.3 +- 8.2 [2.7]	56.9 +- 6.4 [1.8]	23.9 +- 2.8 [0.6]
Gråsteinen	GRO01	bedrock (striated, q-vein)	1083	61 +- 5 [1.1]	47.3 +- 5.3 [1.4]	
	GRO03	bedrock (striated, q-vein)	902	37.6 +- 3.1 [0.9]	30.3 +- 3.5 [1.2]	
	GRO04	bedrock (striated)	1000	39.6 +- 3.4 [1.4]	28.6 +- 3.3 [1]	
Grunehogna	GRU03	erratic (boulder)	1270	138 +- 11 [2.1]	120 +- 14 [2.5]	
	GRU05	erratic (boulder)	1274	40.1 +- 3.3 [1]	39.2 +- 4.6 [1.8]	
	GRU07	bedrock (striated)	1190	174 +- 16 [6.7]	147 +- 17 [4.8]	
	KUL03	erratic (cobble)	1353	11.8 +- 1 [0.3]	11.4 +- 1.3 [0.3]	
Viddalskollen	VID01	bedrock (striated)	1327	152 +- 13 [3.8]	90 +- 10 [2.7]	46 +- 14 [9.7]
	VID03	bedrock (striated)	1183	37.8 +- 3.9 [2.6]	32 +- 3.7 [1.4]	19.3 +- 9.6 [8.8]
	VID04	erratic (boulder)	1177	5.5 +- 0.5 [0.3]	5.1 +- 0.7 [0.3]	
	VID05	bedrock (striated)	1278			56 +- 15 [8.3]
	VID06	erratic (cobble)	1275	63.9 +- 5.4 [1.8]	57.3 +- 6.4 [1.7]	
Midbresrabben	MID01	bedrock (striated)	1631	327 +- 28 [5.4]	184 +- 22 [4.6]	74.8 +- 6.7 [1.7]
	MID02	bedrock (striated)	1661	399 +- 35 [6.5]	230 +- 28 [6.2]	107.8 +- 7.1 [1.9]
	MID03	erratic (cobble)	1629	100 +- 8.1 [1.6]	81.5 +- 9.2 [2.1]	
	MID05	erratic (cobble)	1563	2.8 +- 0.3 [0.3]	2.7 +- 0.3 [0.1]	
	MID05 (duplicate)			2.5 +- 0.3 [0.1]	2.7 +- 0.3 [0.1]	
Penck Trough Assemblage	HOG02	erratic (boulder)	1418	814 +- 84 [32]	760 +- 120 [31.2]	
	MOT01	bedrock (striated)	1621	48.7 +- 5.5 [4]	31 +- 4.6 [3.2]	16.1 +- 2.3 [0.4]
	TPK01	bedrock (striated)	1626			20.9 +- 1.6 [0.4]
	YST06	erratic (boulder)	1679	98.6 +- 8.1 [2]	93 +- 11 [2.6]	
Borgmassivet	BOR01	bedrock (ventificated)	2387	Saturated	2000 +- 1000 [230.6]	
	BOR02	erratic (boulder)	2144	170 +- 15 [6.5]	120 +- 14 [3.6]	
	BOR03	bedrock (striated)	2146	2170 +- 310 [64.1]	1450 +- 350 [77.2]	
Huldreslottet	HUD02	erratic (cobble)	2030			16.9 +- 2.8 [1.2]
	HUD06	erratic (cobble)	2089	56.5 +- 4.7 [1.3]	30.4 +- 3.4 [0.8]	
	HUD10	bedrock (striated)	1881			17.3 +- 2.3 [0.4]

\*Ages calculated with CRONUS Earth web calculators v 2.0 (Marrero et al. 2016), the global calibration dataset (Borchers et al. 2016), and the LSDn ('Sa') spallation scaling scheme. For further details see Section 3 and Supplementary Tables 1-4. Age uncertainties are external [internal].

311

### 312 3.5. Elevation above present ice

313 To gauge the amount of ice-sheet thickening necessary to cover each of our sample sites, the  
314 elevation of these sites relative to the present ice-sheet surface must be established. This is not  
315 straightforward since the nunataks tend to obstruct the ice flow, leading to large gradients in ice-  
316 sheet elevation across each nunatak. We extracted at least two elevation metrics for each sample to  
317 complement the elevation above sea level.

318 First, we subtracted the minimum Bedmap surface elevation within a 100 km wide swath zone  
319 along the Penck Trough from each sample GPS elevation above sea level, in order to detrend the  
320 data for the overall ice-surface gradients along the transect (Figs. 2, 5). This elevation metric

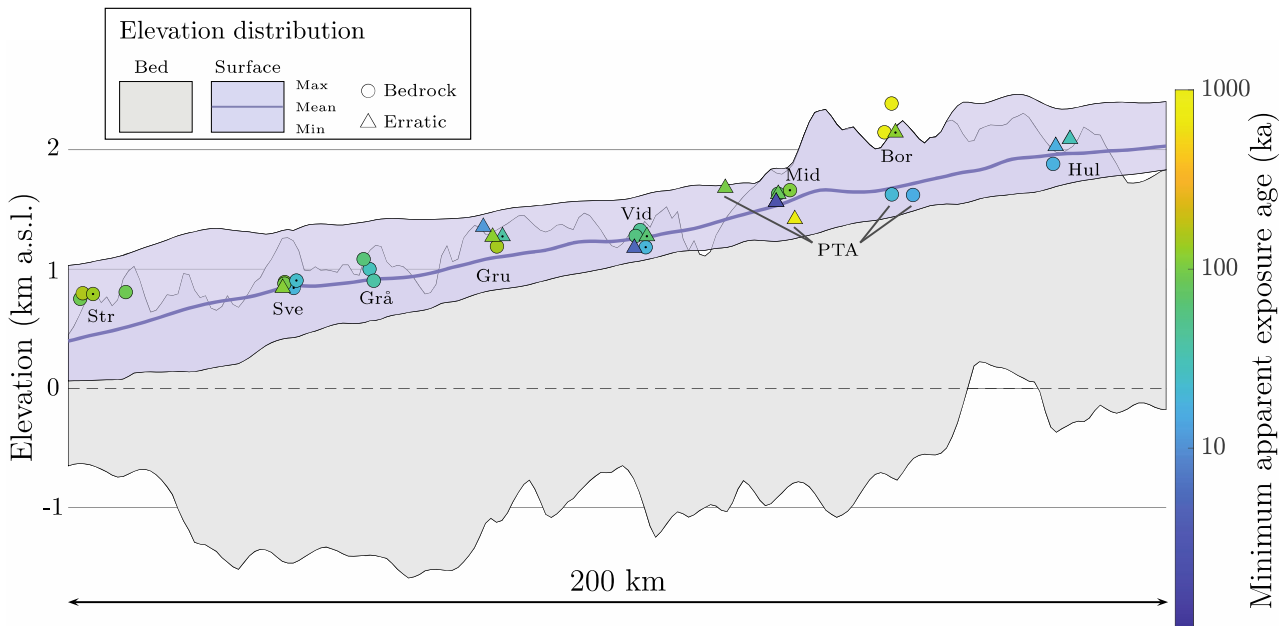
321 highlights how much each sample site protrudes above the ice stream, which in turn reflects how  
322 much the ice sheet would have to thicken in order to completely inundate the sampled nunataks.  
323 The metric emphasizes, for example, that Straumsnutane (our lowest elevation sample site with  
324 regard to sea level) is positioned among the sites highest above the ice stream surface (Fig. 5).

325       Second, we extracted the elevation of each sample above the regional ice sheet. This elevation  
326 metric was extracted from REMA (Howat et al., 2019). We manually identified the elevation of the  
327 samples above the elevation at a major break-in-slope between the ice sheet and the sampled  
328 nunataks (typically when surface slopes increase consistently to  $>2-3^\circ$ ), rather than at the bedrock-  
329 ice boundary visible in satellite imagery, because stagnant ice or snowfields often cover the lower  
330 slopes of nunataks. This metric reflects how much thicker the regional ice sheet would have to be to  
331 inundate our sample sites, which is less than the elevation above the trough, because the ice sheet  
332 slopes towards the trough.

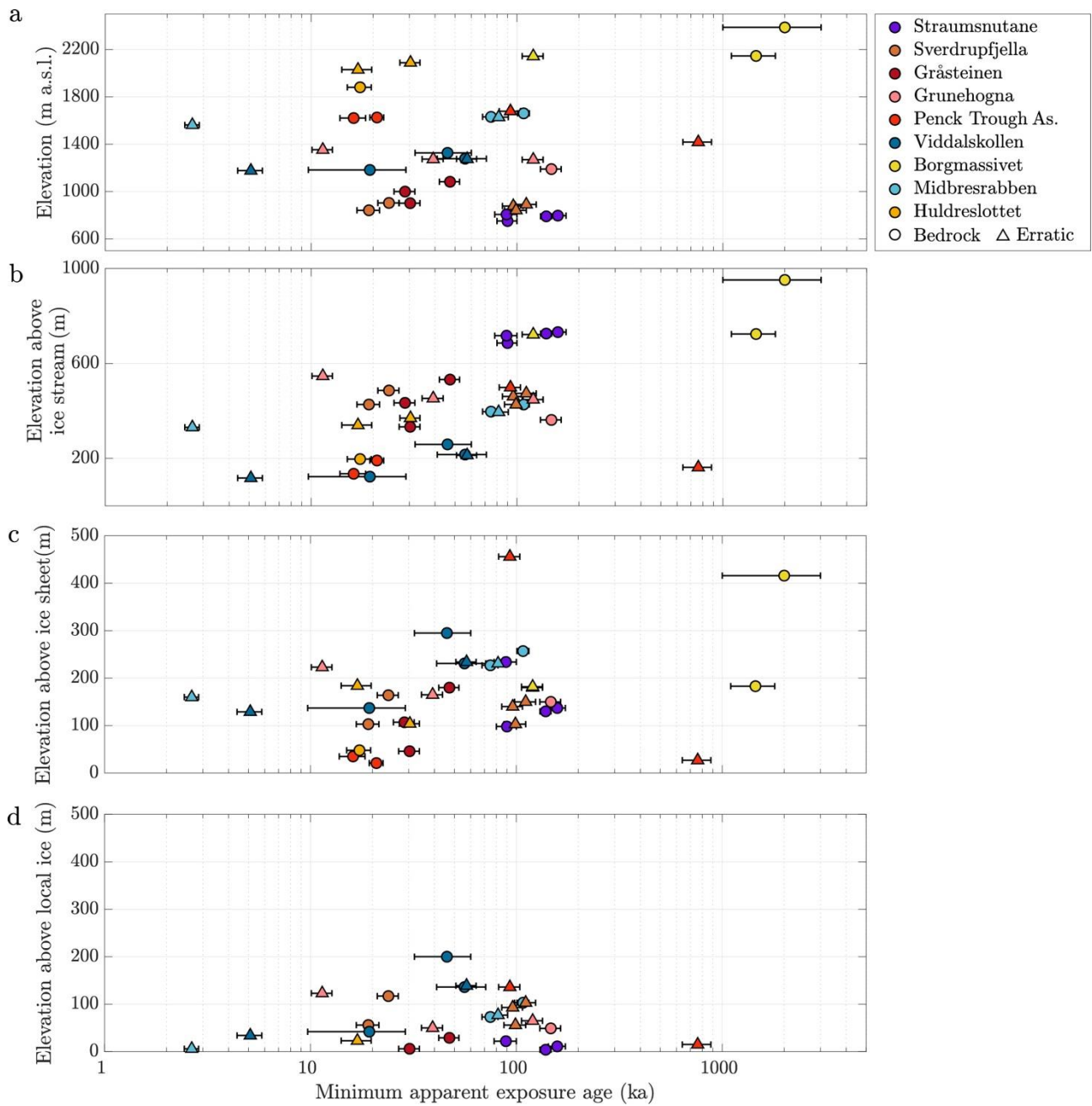
333       Finally, for samples on nunataks with large ice-surface gradients, we manually extracted the  
334 sample elevation above local depressions in the ice surface surrounding that nunatak from REMA.  
335 This metric reflects how much thicker the ice sheet would have to be locally to cover our sample  
336 sites.

337       The latter two metrics highlight the maximum and minimum ice-sheet thickening required to  
338 cover our sample sites locally and highlights the uncertainty in assessing the “elevation above ice”  
339 as a metric of use for ice-sheet modellers. The most appropriate elevation metric probably depends  
340 on whether ice-sheet thickening occurred as a result of (i) increased precipitation on the nunataks,  
341 in which case the elevation above local ice may be more representative, or (ii) dynamic thickening  
342 of the ice sheet by an outwards migration of the grounding line and a contemporaneous slow-down  
343 of the ice flow, in which case the elevation above the regional ice sheet may more accurately  
344 represent the ice thickening necessary to cover the sample site. In the following, these metrics are

345 referred to as elevations above local ice and the regional ice sheet, respectively. Elevation metrics  
 346 for each sample are listed in Supplementary Table 5.



347  
 348 **Fig. 5.** Topographic swath profile along the sample transect outlined in Fig. 2, showing maximum  
 349 and minimum bed (grey band), and surface (purple band) elevations, mean surface elevation  
 350 (purple line), and sample locations (circles and triangles) with minimum apparent exposure ages  
 351 indicated by the fill colour on a logarithmic scale. Location of sample sites are indicated by the first  
 352 three letters of the site names, except PTA = Penck Trough Assemblage. Samples with a black dot  
 353 in the centre are shifted 2 km to the right, to improve visibility. Topographic data is sourced from  
 354 Bedmap (Fretwell et al., 2013). Note that due to the low resolution of the Bedmap grid (1x1 km)  
 355 some samples appear above the bedrock. The minimum surface elevation along this transect is  
 356 subtracted from sample elevation above sea level to derive the 'elevation above ice stream' metric.



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**Fig. 6.** Minimum apparent exposure ages (note: logarithmic scale) as a function of elevation above **a)** present sea level, **b)** minimum ice surface elevation in the trough at the same distance from the grounding line as the sample, **c)** the present-day regional ice-sheet surface, and **d)** the local ice surface. Samples are coloured by sample site. Error bars show external uncertainties, which include cosmogenic nuclide production rate scaling uncertainties. Note that elevation above local ice surface was not determined for samples where local ice and the regional ice sheet is the same.

366 **4. Results**

367

368 *4.1. Data set overview and minimum ice thickening estimates*

369 The samples within our dataset span elevations between 751 and 2387 m a.s.l. and have  
370 minimum apparent exposure ages between  $2.6 \pm 0.2$  [0.1] and  $1450 \pm 350$  [77] ka ( $\pm 1\sigma$  external  
371 [internal] uncertainty). More than 90% of the samples have ages younger than 160 ka, while ~25%  
372 have ages younger than the LGM (Fig. 6a; Table 1). Further, at least one sample from each of our  
373 sites is younger than 120 ka. This indicates that the ice sheet covered most of our sample sites  
374 within recent glacial cycles.

375 If minimum apparent exposure ages of our samples reflect the gradual thinning of the last  
376 glacial cover, a positive relation between elevation and age is expected. While the oldest minimum  
377 apparent exposure age is from the highest elevation site, there is no clear relationship between  
378 minimum apparent exposure ages and elevations of samples above sea level (Fig. 6a). Furthermore,  
379 surface elevations increase with distance inland from the grounding line, so there is also little  
380 overlap between the elevation of samples above present sea level between different sites along the  
381 coast-to-inland transect. In contrast, there is a clear, although scattered, positive relationship  
382 between minimum apparent exposure ages and sample elevations above the ice-stream surface (Fig.  
383 6b), with the exception of a 750 ka old erratic from the Penck Trough Assemblage (HOG02). This  
384 pattern either indicates gradual ice thinning and/or decreased erosivity of the ice on peaks higher  
385 above the ice-stream surface, and thereby increased preservation of previously accumulated  
386 (inherited) nuclides. Excluding the Penck Trough Assemblage outlier, all samples <200 m above  
387 the ice-stream surface are <21 ka, while all samples <720 m above the ice-stream surface have  
388 minimum apparent exposure ages <150 ka. This indicates that, at face value, most sites below these

389 elevation intervals above the current ice stream surface, were covered by ice during the last (or  
390 within the last two) glacial cycle(s), respectively.

391 The relationships between minimum apparent exposure ages and elevations above either the  
392 present-day regional ice sheet or local ice on the nunataks are scattered with a large range of  
393 minimum apparent exposure ages at the same elevation intervals (Figs. 6c, 6d). All samples <25 ka  
394 are located at elevations below 123/223 m above present-day local/regional ice sheet surfaces,  
395 while samples <160 ka are located below 200/295 m above present-day local/regional ice sheet  
396 surfaces with the exception of YST06 at 456 m above the regional ice sheet surface, which we  
397 discuss below. This demonstrates that ice almost certainly covered sites up to these elevations  
398 during or following the LGM and the two most recent glacial cycles, respectively.

399 It is important to note that all estimates are minimum estimates of ice thickening because i) the  
400 approach is limited by the height of the nunataks; i.e. our data can only record ice-sheet fluctuations  
401 up to the elevation of the highest sample, and ii) cosmogenic nuclide inheritance from previous  
402 exposure implies that true exposure ages of the samples are younger than the calculated apparent  
403 ages.

#### 404 *4.2. Coast to inland gradients in minimum ice-sheet thickening*

405 Our samples form a series of elevation profiles along a transect from the grounding line to ~200  
406 km inland along the Penck Trough (Fig. 2). This configuration allows us to evaluate the regional  
407 variations in minimum ice thickening from the present grounding line and inland in terms of  
408 minimum ice thickening during the LGM and the last glacial cycle.

409 At Straumnsnutane near the present-day grounding line, none of the four bedrock samples yield  
410 ages younger than the LGM (minimum apparent ages ~90–160 ka, Fig. 7, Table 1) so we cannot  
411 ascertain whether the LGM ice sheet covered Straumnsnutane nunataks. Yet, our results indicate that  
412 at least two of the samples were covered within the last glacial cycle, among these the sample

413 highest above the ice (STR03, 22/234 m above local/regional ice). Because our samples from  
414 Straumnsnutane are situated higher above the ice stream than most of our other samples (Fig. 5), the  
415 absence of ages younger than LGM could be either due to an absence of ice coverage during the  
416 LGM or lack of erosion by a thin, non-erosive, ice sheet and thus more preservation of inherited  
417 nuclides in the bedrock.

418 Further inland, on the eastern side of Jutulstraumen, our highest bedrock sample (SVE06) from  
419 Sverdrupfjella (40 km from the grounding line) has a minimum apparent exposure age of  $24.0 \pm 2.8$   
420 [0.6] indicating that the nunatak probably was covered by the LGM ice sheet up to at least this level  
421 (117/164 m above local/regional ice). SVE06 was collected at the upper edge of a scattered till  
422 deposit, but whether this boundary represents the maximum extent of the LGM ice at this location  
423 remains unresolved, since we did not obtain good samples at higher elevation. The three erratics  
424 found at lower elevations at Sverdrupfjella all contain inherited nuclides and have minimum  
425 apparent exposure ages ranging from 96 ka to 111 ka, whereas the lower bedrock sample (SVE03,  
426 Fig. 4a) at 56/103 m above the local/regional ice sheet has a minimum apparent exposure age of  
427  $19.0 \pm 2.4$  [0.6] ka.

428 Our three bedrock samples at Gråsteinen, ~55 km from the grounding line have minimum  
429 apparent exposure ages ~30–50 ka, indicating ice cover during the last glacial cycle, though not  
430 necessarily during the LGM. However, considering the relatively young ages, and that sample sites  
431 at similar elevations above the ice sheet on both sides of Jutulstraumen (Sverdrupfjella and  
432 Grunehogna) were covered during the LGM (Fig. 7), it seems most plausible that our samples at  
433 Gråsteinen were also covered, but that bedrock erosion was insufficient to remove all the nuclides  
434 from previous exposure. This is further supported by  $^{10}\text{Be}$ - $^{26}\text{Al}$  inventories indicating complex  
435 exposure (Fig. 8). We infer that the LGM ice sheet did cover these samples, as indicated by the red  
436 dashed lines in Fig. 7.

437 Young apparent exposure ages from the highest erratic sample (KUL03; Fig. 4f) from the  
438 Grunehogna nunataks, ~75 km inland, indicate deposition by the LGM ice sheet, and that ice  
439 retreated from this site at  $11.6 \pm 0.8$  [0.2] ka. The erratic is located ~120 m above local ice to the  
440 east and ~220 m above the regional ice sheet to the NW, making this sample an important indicator  
441 of ice-sheet thickening during or following the LGM. The three other Grunehogna samples are from  
442 other nunataks within the same area, are collected at lower elevations above the ice sheet, (49-  
443 65/150–180 m above local/regional ice), are older (39–147 ka), and most likely contain some  
444 inheritance.

445 At Viddalskollen, a nunatak protruding through the ice sheet ~105 km inland from the  
446 grounding line in the middle of the Penck Trough, the two lower samples (34–42/129–137 m above  
447 local/regional ice) indicate LGM ice cover (5–19 ka), while the three higher samples (136–200/231-  
448 295 m above local/regional ice) indicate ice cover during the last glacial cycle (46–57 ka) or more  
449 recently. Similarly, at Midbresrabben, ~130 km inland, the lower erratic sample (MID05, Fig. 4d,  
450 6/160 m above local/regional ice) indicates ice cover during or following the LGM ( $2.6 \pm 0.1$  [0.1]  
451 ka), whereas the three higher samples (73–103/227–257 m above local/regional ice) indicate ice  
452 cover during the last glacial cycle (75–108 ka) or more recently.

453 Between Viddalskollen and Midbresrabben, a single erratic sample (YST06) from Ystenut  
454 nunatak (Penck Trough Assemblage) indicates ice cover within the last glacial cycle ( $93 \pm 11$  [2.6]  
455 ka). Because this sample is located 456 m above the ice sheet, it indicates a much thicker ice sheet  
456 than the surrounding samples (Fig. 7). However, the sample is collected on a ridge, only slightly  
457 protruding an ice-covered slope towards the ice sheet. A subtle thickening of the ice sheet may be  
458 enough to decrease the angle of this slope and thereby cover this sample. We thus suggest a lower  
459 minimum ice-sheet thickening during the last glacial period, schematically indicated by the blue  
460 dashed line on Fig. 7a.

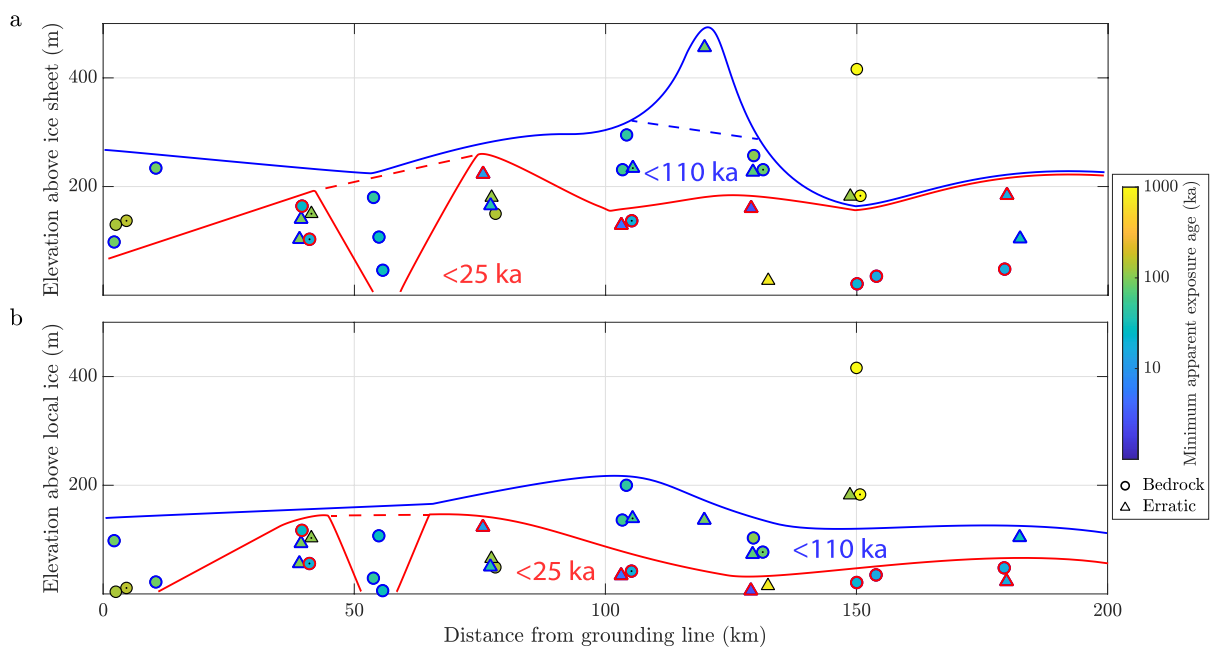


461 At Borgmassivet, ~150 km inland from the grounding line, two bedrock samples from the  
462 Penck Trough Assemblage indicate LGM ice cover (16–21 ka, 21–35 m above the adjacent Penck  
463 Trough Ice Stream), while two bedrock samples ~200–400 m above the ice sheet indicate near-  
464 continuous exposure for millions of years (Fig. 7). The lower of these bedrock samples is, however,  
465 found next to a much younger erratic ( $120 \pm 14.0$  [3.6] ka) indicating ice coverage within recent  
466 glacial cycles. The young minimum apparent exposure age of this erratic, dating from the end of the  
467 last interglacial period, and a complex history inferred from multi-nuclide inventories (Fig. 8)  
468 indicate that the erratic could easily have been deposited within the last glacial cycle. We return to a  
469 discussion of the significance of the old bedrock samples from Borgmassivet for EAIS glaciation  
470 history in Section 4.4.

471 Finally, the samples from Huldreslottet, ~180 km inland of the current grounding line, indicate  
472 ice coverage during or following the LGM up to elevations 23–48/48–184 m above the present  
473 local/regional ice sheet surface. A bedrock and an erratic sampled at the bottom (HUD10, 1881 m  
474 a.s.l.) and top (HUD02, 2030 m a.s.l.) of a steep slope on this nunatak (Fig. 3), both yield apparent  
475 exposure ages of ~17 ka (Table 1). A single erratic on a separate nunatak ~3 km further from the ice  
476 stream (HUD06) yields a minimum apparent exposure age of  $30.4 \pm 3.4$  [0.8] ka, but the multi-  
477 nuclide ( $^{26}\text{Al}$ ,  $^{10}\text{Be}$ ) inventories indicate a high degree of inheritance (Fig. 8).

478 Regional minimum ice-sheet thickening estimates can be constructed for LGM and last glacial  
479 cycle configurations by plotting the elevations above present local/regional ice sheet surface  
480 elevations against the sample distance from the grounding line along the trough (Fig. 7). This shows  
481 that minimum ice-sheet thickening for the LGM (exposure ages younger than 25 ka) ranges from  
482 175/220 m above the local/regional ice sheet at distances ~40–75 km from the grounding line, to  
483 50/190 m above the local/regional ice sheet 100–200 km inland. When using the elevations above  
484 the regional ice sheet, ice thickening is rather uniform along the transect (Fig. 7a), whereas for

485 elevations above the local ice surface, the minimum thickening decreases between 75 and 100 km  
 486 distance from the grounding line (Fig. 7b), and remains below 100 m. Correspondingly, the  
 487 minimum thickening for the last glacial cycle (exposure ages younger than 110 ka), varies from  
 488 175/234 m above the local/regional ice sheet at distances up to 75 km from the grounding line, to  
 489 200/300 m above the local/regional ice sheet (excluding YST06 at 456 m) 100–200 km inland, with  
 490 the highest minimum thickening ~100–140 km inland.



491  
 492 **Fig. 7.** Sample distance from grounding line as a function of elevation above **a)** the regional ice-  
 493 sheet surface, and **b)** the local ice surface. Samples are coloured by minimum apparent exposure  
 494 ages, note the logarithmic scale. Samples highlighted with a red outline are younger than 25 ka  
 495 (~LGM), while samples with a blue outline are younger than 110 ka (~last glacial cycle), and the  
 496 red and blue lines sketch the minimum thickening of the EAIS in this region necessary to cover  
 497 these samples within the last 25 and 110 ka respectively. Note that these are minimum estimates of  
 498 thickening. Dashed sections indicate smoother solutions discussed in Section 4.2.

499

500 **4.3. Timing of last ice thinning**

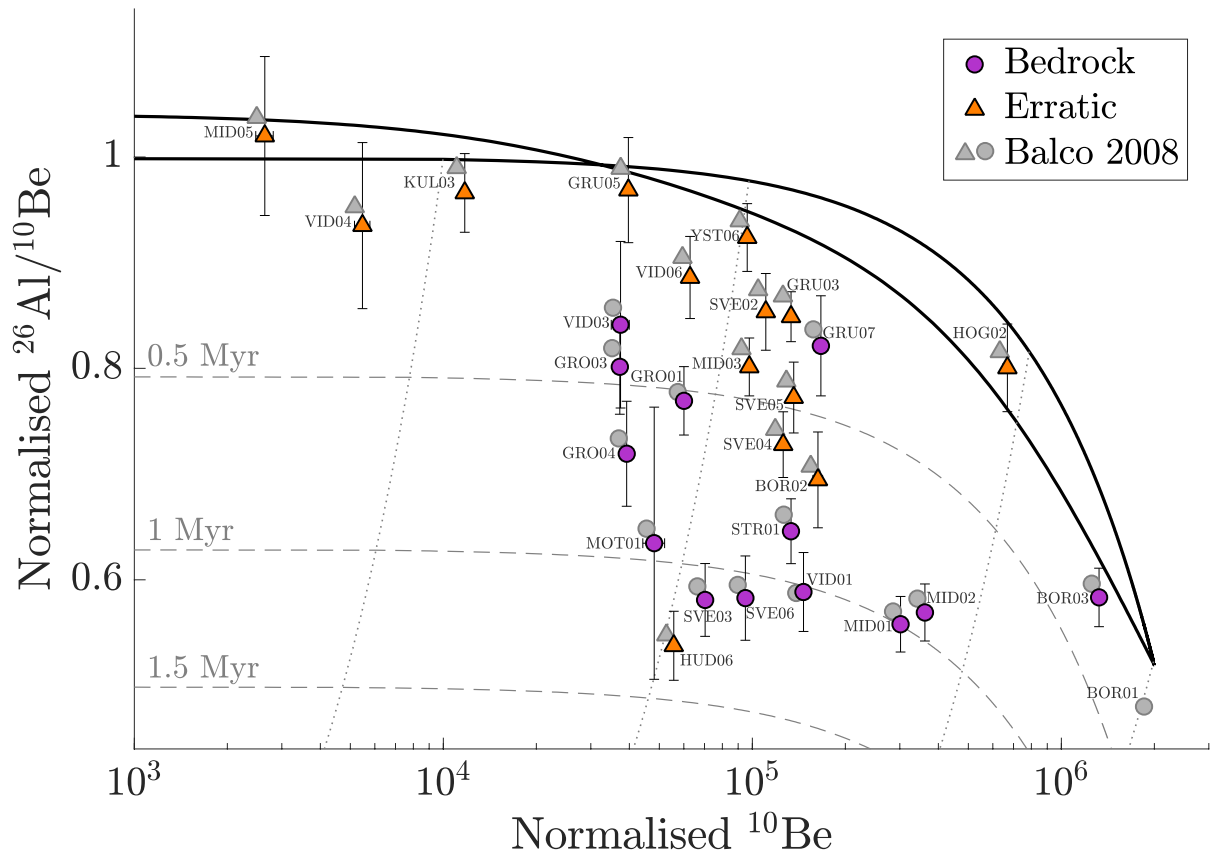
501 While minimum apparent exposure ages provide maximum estimates for the timing of last ice  
502 retreat, more data are needed to evaluate whether these ages represent the actual time of last ice  
503 cover. Unfortunately, samples in our dataset are too spatially scattered to allow for statistical outlier  
504 detection within groups of samples from the same site and elevation (Balco, 2011; Blomdin et al.,  
505 2016; Jones et al., 2019), or along elevation profiles (Small et al., 2019). Instead we use multiple  
506 nuclides with different half-lives measured in the same sample to evaluate this question.  
507 Concordance between apparent ages derived from different nuclides, and/or nuclide inventories  
508 falling on the simple exposure island in the two-isotope plot (Fig. 8), indicate a simple exposure  
509 history, which increases our confidence that the apparent ages reflect the last ice cover, while  
510 diverging results indicate complex histories characterised by one or more periods of burial beneath  
511 non-erosive ice or recent exhumation from beneath till or rock (Knudsen and Egholm, 2018).

512 Whereas most of our samples indicate complex exposure (Fig. 8, Table 1), three erratic samples  
513 provide  $^{10}\text{Be}$  and  $^{26}\text{Al}$  data that are indistinguishable from a simple exposure scenario and have  
514 exposure ages younger than LGM. Of these, MID05 (6/160 m above local/regional ice surface  
515 elevations) provides a weighted average age (duplicate measurement of both  $^{10}\text{Be}$  and  $^{26}\text{Al}$ , using  
516 inverse squares of external [internal] uncertainty as weights) of  $2.6 \pm 0.2$  [0.1] ka, VID04 (34/129 m  
517 above local/regional ice surface elevations) provides an age of  $5.3 \pm 0.4$  [0.2] ka (weighted average  
518 of  $^{10}\text{Be}$  and  $^{26}\text{Al}$ ), and KUL03 (123/223 m above local/regional ice surface elevations) yields  
519  $11.6 \pm 0.8$  [0.2] ka (weighted average of  $^{10}\text{Be}$  and  $^{26}\text{Al}$ ). These samples stem from different nunataks  
520 situated on each side (Grunehogna and Midbresrabben) and in the middle (Viddalskollen) of the  
521 Penck Trough Ice Stream, on the western side of Jutulstraumen (Fig. 2). Unfortunately, we cannot  
522 exclude post-depositional movement of VID04 (Fig. 4e), as this sample was collected from the top  
523 of a large (1.2 x 0.8 x 0.7 m) boulder within a slope deposit, albeit in a stable position according to  
524 the field assessment. In contrast, MID05 (Fig. 4d) and KUL03 both were found on bedrock in stable

525 positions and furthermore were small enough (longest axes <15 cm) to allow for processing of the  
526 entire cobbles. Three additional erratic samples yield apparently simple exposure ages, but the ages  
527 predate LGM. Of these, HOG02 (15/27 m above local/regional ice surface elevations) yields  
528  $796 \pm 69$  ka, YST06 (136/456 m above local/regional ice surface elevations) yields  $96.6 \pm 6.5$  ka, and  
529 GRU05 (50/165 m above local/regional ice surface elevations) returns an age of  $39.8 \pm 2.7$  ka  
530 (weighted average ages of  $^{10}\text{Be}$  and  $^{26}\text{Al}$  using inverse squares of external uncertainties as weights).  
531 Because HOG02 is situated immediately adjacent to the Penck Trough Ice Stream, ~50 km up-  
532 stream of its junction with Jutulstraumen, we infer deposition of this sample during recent  
533 glaciations with a high degree of inheritance, although limited burial (Fig. 8). The minimum  
534 apparent exposure age of YST06 indicate deposition within the last glacial cycle, possibly during  
535 the LGM. GRU05 was collected 80 m lower than KUL03 which indicates glacial cover until ~11  
536 ka, but it was collected from a separate nunatak 3 km away, so we cannot exclude ice-free  
537 conditions during the LGM.

538 Seven additional samples provide  $^{36}\text{Cl}$  minimum apparent exposure ages (24–16 ka) close to or  
539 younger than LGM (Table 1). Four of these samples (SVE03, SVE06, VID03, MOT01) are known  
540 to have complex exposure histories based on results obtained from  $^{26}\text{Al}$  and  $^{10}\text{Be}$  from the same  
541 samples (Fig. 8). Their minimum apparent exposure ages are thus affected by inheritance. For the  
542 three additional samples, we only have  $^{36}\text{Cl}$  measurements on whole rock (no quartz could be  
543 obtained), and it cannot be assessed whether these ages have simple or complex exposure histories.  
544 Two of these samples come from Huldreslottet and have apparent ages overlapping within  
545 uncertainty (HUD02:  $16.9 \pm 2.8$  [1.2] ka and HUD10:  $17.3 \pm 2.3$  [0.4] ka), which requires both  
546 samples (one erratic, one striated bedrock) to either represent a simple exposure history or a similar  
547 level of  $^{36}\text{Cl}$  inheritance. The last of these samples, TPK01, immediately adjacent to the Penck  
548 Trough Ice Stream (bedrock, 21 m above local ice surface) returns an apparent exposure age of

549 20.9±1.6 [0.4] ka. The remaining samples in the dataset have apparent ages exceeding the LGM,  
 550 and do not aid us in constraining the timing of last ice thinning. In a forthcoming manuscript, we  
 551 explore the long-term exposure- and erosion history of the region through inverse modelling of  
 552 multi-nuclide inventories of complex bedrock samples (Andersen et al., in prep).



553  
 554 **Fig. 8.** Two-isotope diagram of  $^{26}\text{Al}/^{10}\text{Be}$  ratios versus  $^{10}\text{Be}$  abundances normalised by the site  
 555 production rates derived from CRONUScalc by Marrero et al. (2016; coloured markers) and the  
 556 calculators formerly known as the CRONUS-Earth calculators by Balco et al. (2008; grey markers,  
 557 error bars omitted for figure simplicity). Note that BOR01 is saturated with regard to CRONUScalc  
 558 derived production rates and thus is not displayed. The solid black lines represent the steady state  
 559 erosion island, whereas the dotted lines trace the decay-controlled burial paths below this island,  
 560 and the dashed lines indicate the duration of burial (0.5, 1.0, and 1.5 Myr) within a simple two-  
 561 stage exposure-burial scenario. Samples overlapping the steady erosion island indicate simple  
 562 exposure histories with limited burial beneath non-erosive ice or other surface covers. Samples  
 563 falling beneath this island indicate complex exposure-burial histories.

564

565 *4.4. Maximum LGM ice thickness*

566 Whereas the majority of samples within our dataset yield relatively young (<160 ka) apparent  
567 exposure ages, the two bedrock samples from Borgmassivet provide the oldest apparent exposure  
568 ages within our dataset (Table 1). Both samples are collected from bedrock ridges that flank the  
569 local ice cap on the Borgmassivet nunatak (Fig. 3a).

570 The highest of these samples (BOR01: 2387 m a.s.l., 416 m above the regional ice sheet), a  
571 bedrock surface with a ventifacted appearance (Fig. 4c), provides a minimum apparent exposure  
572 age of  $2.0 \pm 1.0$  [0.23] Ma ( $^{26}\text{Al}$ ) and a  $^{10}\text{Be}$  concentration above saturation given the LSDn scaling  
573 scheme in CRONUScalc (Marrero et al., 2016), whereas ages calculated by applying the same  
574 scaling scheme, but using the online calculator formerly known as the CRONUS-Earth online  
575 calculator (Balco et al., 2008, <http://hess.ess.washington.edu>) version 3, yield apparent ages of  
576  $2.1 \pm 0.63$  [0.16] Ma ( $^{26}\text{Al}$ ) and  $5.2 \pm 1.5$  [0.48] Ma ( $^{10}\text{Be}$ ). The high  $^{10}\text{Be}$  and  $^{26}\text{Al}$  inventories and the  
577 ventifacted appearance of BOR01 are indicative of long exposure duration with low erosion rates  
578 (Fig. 8). In fact, it may have been continuously exposed since the Pliocene, with steady erosion  
579 rates around  $0.15 \pm 0.03$  [0.009] m  $\text{Ma}^{-1}$  ( $^{10}\text{Be}$ ) to  $0.30 \pm 0.08$  [0.02] m  $\text{Ma}^{-1}$  ( $^{26}\text{Al}$ ) (calculated using  
580 Balco et al., 2008)). However, the two-isotope plot (Fig. 8) indicates that this sample experienced  
581 some burial. Given uncertainties in the  $^{26}\text{Al}/^{10}\text{Be}$  production ratio or possibly the  $^{26}\text{Al}$  half-life  
582 (Balco, 2019), we are not certain whether this is real. Owing to production and measurement  
583 uncertainties, and the long half-lives of the measured nuclides, we cannot determine whether this  
584 sample was ever covered by glacial ice. Assuming current production rate estimates, zero erosion,  
585 and a single burial event, the maximum burial duration this sample has experienced is ~150–200  
586 kyr if burial is recent, or ~500 kyr if burial is distributed through the last 1 Ma (Balco et al., 2014).  
587 Burial prior to 1 Ma would reduce these estimates.

588 High-elevation cosmogenic nuclide bedrock apparent exposure ages from eastern Dronning  
589 Maud Land also indicate near-continuous exposure with similarly-low erosion rates (Matsuoka et  
590 al., 2006; Altmaier et al., 2010; Sugauma et al., 2014; Strub et al., 2015; Yamane et al., 2015). As  
591 pointed out by Altmaier et al. (2010), the low erosion rates in Dronning Maud Land point to the  
592 longevity of the present polar, hyper-arid conditions. Partial or full burial adds to the total time  
593 these samples have spent near the surface, and thus the longevity of hyper-arid conditions.

594 The lower (striated) bedrock sample from Borgmassivet (BOR03: 2146 m a.s.l., 183 m above  
595 the regional ice sheet) provides an apparent  $^{10}\text{Be}$  age of  $2.2\pm 0.3$  Ma, and  $^{10}\text{Be}$  and  $^{26}\text{Al}$  inventories  
596 nearly consistent with continuous exposure and steady erosion (Fig. 8;  $0.30\pm 0.04$  [0.01]  $\text{m Ma}^{-1}$   
597 ( $^{10}\text{Be}$ ) and  $0.40\pm 0.09$  [0.02]  $\text{m Ma}^{-1}$  ( $^{26}\text{Al}$ )). However, a nearby erratic boulder (BOR02: 2144 m  
598 a.s.l.) displays complex, but much younger, apparent exposure ages (Fig. 8;  $^{10}\text{Be}$ :  $170 \pm 15.0$  [6.5]  
599 ka,  $^{26}\text{Al}$ :  $120 \pm 14.0$  [3.6] ka), indicative of more recent ( $< \sim 120$  ka), burial by non-erosive or  
600 weakly-erosive ice.

601

## 602 **5. Discussion**

603

### 604 *5.1. Indications of a thicker post-LGM ice sheet*

605 A number of samples within our dataset provide constraints on post-LGM ice-sheet fluctuations  
606 within the study area. Although scattered, these samples provide targets for ice-sheet models  
607 intended to capture first order trends in EAIS fluctuations in Dronning Maud Land.

608 Only two samples (MID05, KUL03) from two different nunataks provide data that most likely  
609 record the timing of last glacial thinning ( $\sim 11.6$ – $2.6$  ka), while we cannot exclude that a third young  
610 sample with nuclide inventories indicating simple exposure (VID04;  $5.3\pm 0.4$  [0.2] ka) was impacted  
611 by slope processes. Although these samples point to thinning within the Holocene, no thinning rate

612 estimates can be calculated, and we also note the lack of statistical robustness from not having  
613 multiple samples in close proximity yielding similar results. However, the conclusion that the EAIS  
614 was thicker during or since the LGM in this region is supported by seven additional samples with  
615 minimum apparent exposure ages within or younger than the LGM. Since these samples either have  
616 multi-nuclide ages indicating a complex exposure-burial history, or only have one nuclide ( $^{36}\text{Cl}$ )  
617 measured, the ages represent Holocene exposure in addition to an unknown component of  
618 inheritance, and are thus maximum estimates of the timing of last ice cover. Two of these samples  
619 from the same nunatak at Huldreslottet (HUD02 and HUD10, 180 km from the grounding line),  
620 have apparent  $^{36}\text{Cl}$  ages overlapping within uncertainty, indicating ice-sheet thinning in this area  
621 since or after  $\sim 17$  ka.

622 The spatial distribution of samples with minimum apparent ages younger than the LGM  
623 provides some constraints on the minimum ice surface thickening during or following the LGM.  
624 The minimum ice thickening above the present-day ice sheet is thus  $\sim 100/200$  m, depending on  
625 whether we use the elevation above local ice or above the regional ice sheet. It is ambiguous which  
626 elevation is more representative of the actual ice-sheet thickening in this region, as the bedrock and  
627 ice-sheet topography are heavily entwined. Ice-surface changes are thus likely to depend on the  
628 evolving ice-sheet dynamics and the distribution of precipitation, and ice modelling simulations are  
629 needed to answer this question.

630 Sixteen samples yield minimum apparent ages older than the LGM ( $>25$  ka), but within the last  
631 glacial cycle ( $<110$  ka). These samples were possibly deposited or covered by the ice sheet at the  
632 LGM, in which case they contain inherited nuclides, but were certainly covered within the last  
633 glacial period ( $<110$  ka). The minimum thickening of the ice-sheet surface within the last glacial  
634 period based on these samples is  $\sim 150/300$  m above the local/regional ice sheet, with a grounding-



635 line to inland trend showing little variation, although the highest minimum thickness estimates are  
636 found ~100–140 km inland (Fig. 7).

637 Although no robust thinning estimates could be established, our results are consistent with  
638 radiocarbon ages derived from Mumiyo deposits from Snow Petrel nesting sites 30–60 km NW of  
639 SANAE IV research base, near the present grounding line (Fig. 2). These data indicate ice-free  
640 conditions at elevations ~1-100 m above the ice sheet during the latter half of the Holocene (<8.0  
641 cal ka BP, Steele and Hiller, 1997).

642

### 643 *5.2. Maximum ice thickness during recent glacial cycles*

644 The maximum ice-sheet thickening during recent glacial periods cannot be robustly resolved  
645 with our dataset. In fact, only our highest bedrock sample from Borgmassivet (BOR01: 2387 m  
646 a.s.l.) is indicative of long-term near-continuous exposure, while a bedrock-erratic pair at a few  
647 hundred meters lower elevation indicate short-lived burial by weakly erosive ice (BOR02 and  
648 BOR03: ~2145 m a.s.l.) within the last ~120 ka (assuming no erosion or post-depositional rotation  
649 of the erratic). It thus appears that the Borgmassivet near-summit ridge at 2387 m a.s.l. remained  
650 mostly ice-free throughout at least the Pleistocene and possibly much longer, although we cannot  
651 ascertain whether it was ice-free throughout the last glacial cycle, and non-erosive burial of a  
652 duration up to ~500 ka within the last million years remains possible. In contrast, the EAIS or a  
653 local ice cap covered our lower Borgmassivet site for short periods of time within recent global  
654 glacial cycles.

655 Whereas BOR01 indicates near-continuous exposure at high elevation 150 km from the  
656 grounding line, no maximum constraint on ice thickness could be established along the remainder  
657 of the transect. The only further constraint our dataset offers, is that most of our bedrock samples,  
658 and particularly those near the present grounding line (Straumsnutane, Sverdrupfjella), contain

659 inherited nuclides indicating limited erosion, and therefore cold-based conditions of recent  
660 overriding ice sheets. The ice thickness theoretically necessary for basal ice to reach the pressure  
661 melting point thus sets an upper limit to recent ice thickness above these nunataks (Näslund et al.  
662 2000). Basal temperatures are determined by the geothermal heat flow, the snow accumulation rate,  
663 surface temperatures, and the ice thickness. It is estimated that the majority of the ice sheet in  
664 Dronning Maud Land is currently cold-based and substantial ice thickening would be required to  
665 raise basal ice temperature to the pressure melting point (Näslund et al. 2000).

666

### 667 *5.3. Gradients in LGM ice-sheet thickening along the Dronning Maud Land coast*

668 In eastern Dronning Maud Land, the ice surface during the LGM was likely <100 m above the  
669 present-day ice-sheet surface 65–135 km from the present-day grounding line in the Sør Rondane  
670 Mountains (Matsuoka et al., 2006; Suganuma et al., 2014; Yamane et al., 2015), and <50 m above  
671 the present surface 80–160 km from the grounding line in the Wohlthat Massif (Altmaier et al.,  
672 2010; Strub et al., 2015). In contrast, our results point to at least ~200 m thickening above the  
673 present-day regional ice sheet 40–180 km inland along the Penck Trough (Fig. 7a). Our results thus  
674 indicate a thicker LGM ice sheet along the Penck Trough and the Jutulstraumen ice stream,  
675 compared to published data from eastern Dronning Maud Land. Furthermore, ice thickening seems  
676 to extend further inland than in eastern Dronning Maud Land. Our results from the Penck Trough  
677 are in line with undated records from Vestfjella mountains in the westernmost part of Dronning  
678 Maud Land (Fig. 1), which are suggested to imply more than 700 m thicker ice during the LGM  
679 near the present-day grounding line, although with diminishing magnitudes inland (Lintinen 1996;  
680 Lintinen and Nenonen, 1997). Furthermore, new *in-situ* <sup>14</sup>C records from the Shackleton Range  
681 indicate 350–650 m thicker ice along the Slessor glacier, near the present grounding line (Nichols et  
682 al., 2019). Together, these results point to a gradient in ice surface thickening during the LGM

683 along the coast of Dronning Maud Land, with increasing ice thickening towards the Weddell Sea.  
684 However, since several studies from eastern Dronning Maud Land only report a single nuclide  
685 ( $^{10}\text{Be}$ ), it remains possible that the inferred limited LGM ice thickening in this region is a result of  
686 prevalent nuclide inheritance in bedrock and erratics. Further analyses with *in-situ*  $^{14}\text{C}$  from all sites  
687 would help answering this question, as well as illuminate the rates and timing of post-LGM ice-  
688 sheet thinning.

689 In contrast to eastern Dronning Maud Land sites, the sites investigated in this study straddle the  
690 two largest ice streams in the area, the Jutulstraumen and Penck Trough ice streams which merge  
691 within our study area (Fig. 2). The location of both ice streams is structurally controlled, and they  
692 occupy deep troughs with a maximum depth of more than 1.6 km below sea level. Due to this  
693 topographic setting it seems likely that these ice streams remained active conduits for ice flow  
694 throughout most of the glaciated history of this margin. Additionally, the level of the ice surface  
695 within the ice streams probably acts as a base level for ice sheet thickness within adjacent areas. We  
696 suggest that the thickening of the ice sheet in the trough region during the last glacial cycle, which  
697 is demonstrated by our results, was coeval with grounding line progradation and controlled ice  
698 thickening within adjacent areas. We envisage the Jutulstraumen and Penck Trough ice streams as  
699 active conduits that were thicker, rather than the thickening being the result of the ice streams  
700 ‘switching off’ during cold periods. However, we note that the increased distance to the ocean,  
701 smaller vertical gradients of the ice surface, and a colder ice sheet, probably lead to a general  
702 reduction of ice velocities within our study area both within and outside current ice streams areas.

703 The escarpment plays an important role for the configuration of the ice sheet in Dronning Maud  
704 Land, as evidenced by changes in surface temperatures, snow accumulation, and elevation of the ice  
705 sheet across this boundary (see Background section). Since ice-core records indicate a thinner ice  
706 sheet on the polar plateau above the escarpment during global glacial periods, and because results

707 from cosmogenic nuclide studies across coastal ice sheet sectors indicate ice-sheet thickening  
708 (although of a more limited extent in eastern Dronning Maud Land), this topographic step in the ice  
709 surface was likely less prominent during the LGM. The ice discharge across this escarpment could  
710 thus have been lower during the LGM than at present owing to the combination of lower inland  
711 precipitation and lower ice surface gradients. Our reconstruction of ice surface changes below the  
712 escarpment, combined with future high-resolution ice-sheet models, will enable the investigation of  
713 the role of the escarpment on ice-sheet dynamics across glacial cycles.

714

## 715 **6. Conclusions**

716 Nunataks protruding through the East Antarctic Ice Sheet (EAIS) in western Dronning Maud  
717 Land preserve records of past ice-surface fluctuations that can be constrained with cosmogenic  
718 nuclide exposure dating methods. However, low erosion rates below the ice sheet lead to  
719 widespread occurrence of inherited nuclides in exposed rock, posing a methodological challenge.

720 In this study, we investigated the exposure history of nunataks fringing the Penck Trough and  
721 the lower reaches of the Jutulstraumen Ice Stream using a multi-nuclide approach ( $^{10}\text{Be}$ ,  $^{26}\text{Al}$ ,  $^{36}\text{Cl}$ ).  
722 Although many of our samples contain an inherited signal, indicating multiple cycles of exposure  
723 and burial beneath predominantly cold-based ice, minimum estimates of LGM and last glacial cycle  
724 thickening of the EAIS in this region were established. These estimates show that the ice sheet was  
725 at least 100-200 m thicker than present within the last 25 ka, and at least 150–300 m thicker within  
726 the last glacial cycle. The large range in minimum elevation estimates is a result of the highly  
727 topographically-controlled ice-sheet surface, complicating the determination of sample elevation  
728 above the present ice sheet. Our samples form a transect from the grounding line and ~200 km  
729 inland along the Penck Trough, demonstrating that ice-sheet thickening during the last glacial cycle  
730 had a regional character, although possibly with a decreasing magnitude of ice thickening inland.

731 Although a few samples from this study indicate ice-sheet thinning ~35–120 m towards the present  
732 ice sheet surface during the Holocene, questions remain regarding the exact timing of ice-sheet  
733 thinning within our study area that we hope to resolve with future *in-situ* <sup>14</sup>C measurements.

734 The maximum thickening of the ice sheet during the last glacial cycle is not well constrained by  
735 our results, as only our single highest sample (2387 m a.s.l., 150 km inland from the grounding line)  
736 indicates near-continuous exposure since at least the Pliocene. However, the measurement  
737 uncertainties and long half-lives of the measured nuclides (<sup>10</sup>Be and <sup>26</sup>Al) mean that we are unable  
738 to exclude ice cover during the last glacial period even for this sample.

739 Ice streams act as base levels for ice flow in the region. We suggest that progradation of the  
740 grounding line is the most likely explanation for ice thickening within the ice streams and adjacent  
741 areas. Compared to published results from eastern Dronning Maud Land, our data indicate more  
742 extensive ice thickening during the LGM and last glacial cycle, with ice thickening propagating  
743 further inland along the Penck Trough. Ice thickening of several hundred meters or more is  
744 consistent with undated records from Vestfjella mountains further west in Dronning Maud Land,  
745 and our results are also consistent with an east-west gradient in LGM ice thickening along the  
746 Dronning Maud Land coast towards the Weddell Sea.

747

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758

#### 759 **Author contributions**

760 The study was conceived by APS, JMH, IR, DF, OF, NFG, and NAL. Sample material was  
761 collected by JCN, RB, SES, DF, and JMH. Sample preparation and analysis undertaken by JLA,  
762 AJK, and JCN. JLA analysed the data, and wrote the manuscript with contributions from all  
763 authors.

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