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Variable Rotor Speed Strategy for
Coaxial Compound Helicopters with Lift-offset Rotors

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The coaxial compound helicopter with lift-offset rotors has been proposed as a concept for future high-performance rotorcraft. This helicopter usually utilizes a variable speed rotor system to improve the high speed performance and the cruise-efficiency. A flight dynamics model of this helicopter associated with rotorspeed governor/engine model is used in this article to investigate the effect of the rotor speed change and to study the variable rotor speed strategy. Firstly, the power required results at various rotor rotational speeds are calculated. This comparison indicates that choice of rotor speed can reduce the power consumption, and the rotor speed has to be reduced in high speed flight due to the compressibility effects at the blade tip region. Furthermore, the rotor speed strategy in trim is obtained by optimizing the power required. It is demonstrated that the variable rotor speed successfully improves the performance across the flight range, but especially in the mid-speed range, where the rotor speed strategy can reduce the overall power consumption by around 15%. To investigate the impact of the rotor speed strategy on the flight dynamics properties, the trim characteristics, the bandwidth & phase delay, and eigenvalues are investigated. It is shown that the reduction of the rotor speed alters the flight dynamics characteristics as it affects the stability, damping, and control power provided by the coaxial rotor. However, the handling qualities requirements are still satisfied with different rotor speed strategies. Finally, a rotor speed strategy associated with the collective pitch is designed for manoeuvring flight considering the
normal load factor. Inverse simulation is used to investigate this strategy on manoeuvrability in the Push-up & Pull-over Mission-Task-Element (MTE). It is shown that the helicopter can achieve Level 1 ratings with this rotor speed strategy. In addition, the rotor speed strategy could further reduce the power consumption and pilot workload during the manoeuvre.

I. Nomenclature

\( n_z \) = normal load factor

\( p, q, r \) = angular velocities in body axes (\( rad/s \))

\( u, v, w \) = translational velocities in body axes (\( m/s \))

\( u \) = control vector (\( rad \))

\( v_f \) = forward speed (\( m/s \))

\( \chi \) = the state vector

\( A \) = system matrix

\( B \) = control matrix

\( DOF \) = degree of freedom

\( R \) = rotor radius (\( m \))

\( T \) = rotor thrust (\( N \))

\( \mu \) = advancing ratio

\( \beta \) = rotor flapping angle (\( rad \))

\( \phi, \theta, \psi \) = Euler angle (\( rad \))

\( \gamma \) = glideslope angle (\( rad \))

\( \chi \) = track angle (\( rad \))

\( \Omega \) = rotor rotational speed (\( rad/s \))
II. Introduction

The coaxial compound helicopter with lift-offset rotors has gained a lot of research interests in recent years due to its outstanding performance \cite{1,2}. Except for the lift-offset feature, this type of helicopter adopts a variable rotor speed strategy to avoid the compressibility effect on the advancing blade tip, and consequently improves the rotor efficiency in high speed flight. This variable rotor speed system could also be a potential method to increase the cruise-efficiency of the helicopter according to related research \cite{3-5}.

However, as rotor speed is coupled with the flight dynamics characteristics, this strategy design process is made more complicated \cite{6}. This coaxial compound helicopter utilizes the coaxial rigid rotor to prevent the retreating side of the rotor from stalling, and consequently improve the performance in high speed flight. Thus, the hub moment of this helicopter is far more than that of other helicopters. On the other hand, the rotor speed directly influences the hub moment provided by the cyclic pitch \cite{7}, which would affect the trim, stability and manoeuvre characteristics to a large extent. These, in turn, change the power consumption and the optimized rotor speed strategy. In addition, based on the feature of the coaxial rigid rotor \cite{8}, the rotor lift-centre moves toward the advancing side as speed increases, often referred to as Lift-Offset (LOS) \cite{9-11}. A coaxial rotor with reasonable LOS can attain better efficiency, but the relationship between LOS and rotor performance is also influenced by the rotor speed. In other words, LOS should be taken into consideration in the design of the rotor speed strategy. Meanwhile, the coaxial compound helicopter with LOS rotors usually employs an auxiliary propeller to reduce the rotor loading in high speed range, which would further alter the variable rotor speed strategy. Also, the rotor speed strategy in manoeuvring flight should be carefully designed. In practice, the engine model should be taken into consideration when variable rotor speed strategy is adopted during manoeuvring flight, because it has a significant influence on the manoeuvre characteristics. Therefore, it is necessary to investigate the most effective variable rotor speed strategy for the coaxial compound helicopter in both trimmed and manoeuvre flight.

There has already been some research on variable rotor speed strategy for helicopters. D Han \cite{12-15} utilized a flight dynamics model to assess the performance change with the rotor rotational speed for conventional helicopters, indicating that with the reasonable rotor speed control strategy, there is a significant reduction in power consumption across the speed range. Steiner \cite{16} calculated the influence of variable rotor speed on trim, demonstrating that the variable rotor would have a further impact on the power consumption due to the change of trim features and it should be taken into consideration in variable rotor speed strategy design. Guo \cite{17} investigated the dynamic characteristics of
variable rotor speed for a conventional helicopter by real-time simulation. It illustrated that the helicopter performs well during a series of manoeuvres, such as climbing/descending flight, and steady turning. As for coaxial compound helicopters, some researchers [18-20] have analyzed the variable rotor speed strategy as a method to avoid the compressibility effect on the advancing blade tip. Compressibility effect is one of the limiting factors in determine maximum forward speed, and the variable rotor speed strategy could be a useful method to prevent this effect. In addition, the variable rotor speed can also be a potential way to reduce the power consumption at other flight ranges, which could improve the hover performance and other performance features, such as flight range and flight duration. The additional gear required for the variable rotor speed would increase the gross weight and complexity of the aircraft, however it is still worth investigating the adaptation the variable rotor speed system on the coaxial compound helicopter. There is an existing body of research related to the variable rotor speed helicopter, however there is few research associated with the coaxial compound helicopters. In particular, little is understood about the influence of the rotor speed on the flight dynamics characteristics of this helicopter, including the trim features and handling qualities. Meanwhile, the rotor speed strategy in manoeuvring flight is quite different from the trim flight, which also needs additional analyses.

In light of the proceeding discussion, this article firstly introduces the flight dynamics model of the coaxial compound helicopter associated with the engine model. Then, the power consumption results with various rotor speed are calculated to illustrate its effect on the power required. Based on the calculation, this article acquires the rotor speed control strategy in trim to minimize the overall power required at any flight range. The trim characteristics, the bandwidth and phase delay, and eigenvalue in both longitudinal and lateral channels with this strategy are assessed. Finally, this article proposes a rotor speed strategy in manoeuvre, and utilizes the inverse simulation method to evaluate this strategy with the Push-up & Pull-over manoeuvre.

III. Methodology

A. Model Overview

The coaxial compound helicopter model utilized in this article is based on the model described by Yuan [21], which has been verified with flight test data and simulation result from other researcher. The model is composed of five parts: rotor, propeller, horizontal tail, vertical tail, and fuselage.
In the rotor part, a conventional disc-type model is used to calculate the rotor forces and moments. The induced velocity model is based on the Pitt-Peters dynamic inflow model and assumes the induced inflow of the lower rotor does not affect the upper rotor’s ability to generate thrust, and the rotors are sufficiently close together that the wake from the upper rotor does not fully develop \(^{[20,22-24]}\). In addition, due to the rigidity of the coaxial rotor system, it is reasonable to assume in developing the rotor model, we ignore the pitching and lagging DOFs, and that the flap motion has the most influence on the flight dynamics characteristics. To simulate the flapping motion more precisely, the model utilizes the equivalent flapping offset and flapping spring method, and the detail of the simplify method is shown in reference \(^{[21]}\). According to this method, the rigidity of the equivalent flapping spring \(K_{10}\) can be written as:

\[
K_{10} = (\tilde{\varphi}_n^2 - 1 - \frac{\varphi_{RM}}{I_\beta})I_\beta \Omega^2
\]  

(1)

where: \(\tilde{\varphi}_n\) is the non-dimensional rotor flapping frequency, which is equal to \(\varphi_n / \Omega R\). It should be mentioned that \(\Omega\) is the rotor rotational speed, and it may change with forward speed based on the variable rotor speed strategy; \(\tilde{\varphi}\) is the equivalent flapping offset; \(R\) is the rotor radius; \(M_\beta, I_\beta\) are the blade mass static moment and blade moment of inertia, respectively. Based on the relationship between the rotor speed and the first-order flapping frequency of the coaxial rigid rotor\(^{[26]}\) (shown in Fig. 1), \(\tilde{\varphi}_n\) should be a variable with respect to \(\Omega\). Thus, using a fitting method, \(\tilde{\varphi}_n\) can be obtained by:

\[
\tilde{\varphi}_n = \tilde{\varphi}_{n,0}(1 + \eta \frac{\Omega_{ori} - \Omega}{\Omega_{ori}})
\]  

(2)

where: \(\tilde{\varphi}_{n,0}\) is the original non-dimensional flapping frequency of the coaxial rigid rotor, and \(\eta\) is the influence factor, which reflects the relationship between the non-dimensional flapping frequency and the rotor rotational speed, and its value can be obtained on the basis of Fig. 1. During the modelling process of the flapping feature, Eq. (2) is firstly calculated to determine the flapping frequency of the coaxial rigid rotor. Then, this frequency is put in Eq. (1), and consequently the effect of the rotor rotational speed is considered in the rotor flapping model.
Fig 1 Relationship between non-dimensional first-order flapping frequency and rotor speed \[26\]

Meanwhile, an airfoil aerodynamic look-up table is utilized in aerodynamic load calculation of the rotors. The aerodynamic modelling of the propeller is similar to that of the rotor except that no flapping motion is involved in the propeller section. In addition, 2-D representations of the horizontal and vertical tails with strip theory are incorporated into the model. The lift and drag coefficients can be obtained from 2-D airfoil aerodynamics look-up tables with given angles of attack and sideslip. The fuselage model uses data from wind tunnel tests \[27\]. The force and moment coefficients of the wind tunnel experiment are dependent on the fuselage angles of attack and sideslip.

The flight dynamics model of the coaxial compound helicopter contains 24 degree-of-freedoms (DOFs). The state-space equations of the model can be expressed as:

$$\dot{x} = f(x, u, t)$$

where $x = [E, F, G, H]^T$, $E = [u, v, w, p, q, r, \phi, \theta, \psi]^T$ represents the velocity, the angular velocity, and the Euler angle of the fuselage; $F = [\beta_{L0}, \beta_{Lc}, \beta_{Li}, \beta_{U0}, \beta_{Uc}, \beta_{Ui}]^T$ is the lower and upper rotors’ flapping angles; $G = [v_{L0}, v_{Lc}, v_{Li}, v_{U0}, v_{Uc}, v_{Ui}]^T$ is the lower and upper rotors’ induced velocities; $H = [v_{p0}, v_{pL}, v_{pU}]^T$ is the induced inflows of the propeller. $u = [\theta_0, \theta_{Lc}, \theta_{Li}, \theta_{U0}, \theta_{Uc}, \theta_{Uli}, \phi, \Omega]^T$ is the control inputs of the coaxial compound helicopter; $\theta_0$ is the collective; $\theta_{Lc}$ is the lateral cyclic pitch; $\theta_{Li}$ is the longitudinal cyclic pitch; $\theta_{U0}$ is the collective differential; $\theta_{Uc}$ is the differential lateral cyclic pitch; $\theta_{Uli}$ is the collective of the propeller.

In order to calculate the handling qualities, Eq. (3) can be linearized as: \[20\]

$$\dot{x}_{\text{linear}} = A x_{\text{linear}} + B u_{\text{linear}}$$
where: \( x_{linear} = [u, v, w, p, q, r, \phi, \theta]^T \) is the state vector in linearization; \( u_{linear} = [\theta_0, \dot{\phi}, \dot{\theta}, \dot{\phi}_0]^T \) is the control vector in linearization in this article. The system matrix, \( A \), contains the stability derivatives whereas the control derivatives define the control matrix, \( B \). The elements in these two matrixes can be obtained using numerical differentiation method with Eq. (5) and Eq. (6), which are:

\[
A = \left. \frac{\partial f}{\partial x_{linear}} \right|_{x=x_0} \quad (5)
\]

\[
B = \left. \frac{\partial f}{\partial u_{linear}} \right|_{x=x_0} \quad (6)
\]

where: \( x_0 \) represents the state vector at given flight range, and the detail of this reduction process is shown by Padfield [7].

The aircraft data used in this article is based on the XH-59A helicopter. The primary data for the XH-59A helicopter is shown in Table.1 [23, 28]. The related parameters are in the body coordinate, which origin point is at the center of gravity. The X direction of this coordinate points at the nose of the vehicle, and the Y direction points at the right. The Z direction is set based on the right-hand rule.

**Table 1 XH-59A helicopter parameters**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rotor radius/m</td>
<td>5.49</td>
</tr>
<tr>
<td>Number of blades</td>
<td>3×2</td>
</tr>
<tr>
<td>Pre-twist/(°)</td>
<td>-10</td>
</tr>
<tr>
<td>(Original) Rotor rotational speed/(rad/s)</td>
<td>35.9</td>
</tr>
<tr>
<td>(Original) Rotor tip speed/(m/s)</td>
<td>197.1</td>
</tr>
<tr>
<td>Taper ratio</td>
<td>2</td>
</tr>
<tr>
<td>Flapping frequency/Ω</td>
<td>1.4</td>
</tr>
<tr>
<td>Shaft spacing/m</td>
<td>0.77</td>
</tr>
<tr>
<td>Horizontal tail area/m²</td>
<td>5.57</td>
</tr>
<tr>
<td>Vertical tail area/m²</td>
<td>2.79</td>
</tr>
<tr>
<td>Takeoff mass/kg</td>
<td>5500</td>
</tr>
<tr>
<td>Lower rotor position/m</td>
<td>(0.00,0.00,-0.89)</td>
</tr>
<tr>
<td>Centre of gravity/m</td>
<td>(0.00,0.00,0.00)</td>
</tr>
</tbody>
</table>
The XH-59A helicopter utilized an auxiliary propulsion unit rather than a propeller to provide the thrust in high speed flight. This article uses a propeller instead, which is more in line with the development of coaxial compound helicopters in recent years. The parameters of the propeller are shown in Table 2.

### Table 2 Parameters of Compound Propeller

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Propeller radius/m</td>
<td>1.3</td>
</tr>
<tr>
<td>Propeller rotor speed/(rad/s)</td>
<td>162</td>
</tr>
<tr>
<td>Propeller tip speed/(m/s)</td>
<td>210.6</td>
</tr>
<tr>
<td>Pre-twist/(°)</td>
<td>-30</td>
</tr>
<tr>
<td>Solidity</td>
<td>0.2</td>
</tr>
<tr>
<td>Position/m</td>
<td>(-7.66,0.00,0.00)</td>
</tr>
</tbody>
</table>

B. Engine Model

In this article, the manoeuvre characteristics with a variable rotor speed strategy will be investigated. Therefore, a rotorspeed governer/engine model should be included in the flight dynamics model during the manoeuvre investigation. The simplified model and parameters used in this article are described by Padfield [7], where the transfer function between rotor torque and rotor speed can be expressed as follow:

\[
\frac{\tilde{Q}_e(s)}{\tilde{\Omega}(s)} = G_e(s)H_e(s)
\]

(7)

where: \( \tilde{Q}_e \) is the non-dimensional turbine engine torque output at the rotor gearbox. \( G_e(s) \) is related to the change in rotor speed with the fuel flow, which can be represented as a first-order lag:

\[
G_e(s) = \frac{K_{el}}{1 + \tau_{el}s}
\]

(8)

where: the time constant \( \tau_{el} \) determines the speed of the fuel being pumped into the turbine, it can be set as 0.1s [7]. The gain \( K_{el} \) can be selected to give a prescribed rotorspeed droop from flight idle fuel flow to maximum contingency fuel flow. \( H_e(s) \) is the transfer function between the fuel and the required engine torque, which is shown as follow:
$$H_e(s) = K_{e2} \frac{1 + \tau_{e2}s}{1 + \tau_{e3}s}$$  \hfill (9)

where: gain $K_{e2}$ can be set to give 100% $\bar{Q}_e$ at some value of fuel flow, thus allowing a margin for maximum contingency torque. $\tau_{e2}$, $\tau_{e3}$ are the engine lead and lag time. $\tau_{e2}$ is assumed to be invariable with torque, and its value is set as 0.08 s \(^7\). $\tau_{e3}$ can be expressed as a function of the rotor torque \(^7\):

$$\tau_{e3} \approx \tau_{e30} + \tau_{e31}\bar{Q}_e$$  \hfill (10)

In this equation, the value of $\tau_{e30}$ is 0.6 s and $\tau_{e31}$ is -0.4 s \(^7\).

Therefore, Eq. (10) can be written as Eq. (11) in time domain:

$$\dot{\bar{Q}}_e = -\frac{1}{\tau_{e1}\tau_{e3}} \{(\tau_{e1} + \tau_{e3})\dot{Q}_e + Q_e + K_3(\Omega_i - \Omega_s + \tau_{e2}\dot{Q})\}$$  \hfill (11)

where: $K_3 = K_{e1}K_{e2}$. Therefore:

$$\dot{\Omega} = \ddot{\theta} + \frac{1}{I_R}(Q_e - Q_s - g_{\theta}Q_s)$$  \hfill (12)

where: $\ddot{\theta}$ is the angular acceleration around the yaw axis; $I_R$ is the combined moment of inertia of the rotor hub and blades and rotating transmission to the free turbine; $g_{\theta}$ is the propeller gearing, and $\bar{Q}_s$ is the propeller torque.

C. Trim Strategies

In this article, the performance, handling qualities, and manoeuvre characteristics will be analyzed. The starting point of these analysis is the trim state. The trimming process for a coaxial compound helicopter is slightly different from conventional helicopter as the trim strategy of the propeller and LOS have to be included.

The auxiliary propeller is used to provide thrust at high speed flight range to improve the performance of the coaxial compound helicopter. The propeller thrust is, therefore, an additional unknown variable in the trim process. This coaxial compound helicopter utilizes the propeller collective $\theta_p$ to control the thrust provided by the auxiliary propeller. Thus, a fuselage pitch attitude schedule \(^{[23]}\) is used in the trim strategy, and the propeller collective can be used as a trim target during the trim process.

Since LOS is adopted in the coaxial compound helicopter, the lift-centre moves towards the advancing side and consequently, the dynamic stall problem can be prevented. The LOS value can be defined as Eq. (13) \(^{[8]}\).
\[ LOS = \frac{M_{x,y} - M_{x,y}'}{TR} \]  

(13)

where \( M_{x,y} \), \( M_{x,y}' \) are the rolling moment of lower and upper rotors respectively, and \( T \) is the thrust of the coaxial rotor system.

LOS can be regulated by differential lateral cyclic pitch, \( \dot{\theta}_c \). Therefore, this control input is used to guarantee LOS value to follow Eq. (14) in different forward speeds \(^{[23]}\).

\[ LOS = 0.00002v_f^2 \]  

(14)

Eq. (14) derives from the wind tunnel and flight test of X2TD helicopter \(^{[29]}\), in which the different LOS value have been evaluated as forward speed increases. The results indicate that the LOS should increase with the forward speed. Therefore, reference 23 concludes this trend using Eq. (14), which could guarantee the rotor efficiency at various flight ranges. When the helicopter is in hover and low speed forward flight, the dynamic pressure of the advancing and retreating sides are similar. The LOS value should remain relatively low to improve the efficiency of the rotor. As forward speed increases, the dynamic pressure of the advancing side is higher, and LOS should also increase to avoid the dynamic stalling at the retreating side.

The main research objective of this article is to investigate the effect of an improved variable rotor speed strategy. Thus, the original variable rotor speed strategy (Fig 2) can be used for comparison \(^{[19, 22]}\).

![Fig 2 Original variable rotor speed strategy](image)

As indicated in Fig 2, the original rotor speed strategy is designed to avoid compressibility effects at the advancing blade tip in high speed flight.
D. Inverse Simulation Method

Inverse simulation is an efficient method to investigate the manoeuvre characteristics of a helicopter. This method is explained widely in the literatures by various authors [30-33]. Therefore, only a brief overview of this method is shown in this article.

The forward time response solution of inverse simulation is readily available when the flight dynamics model is constructed. The inverse simulation can be represented as a “trim process” with respect to each time steps through a predefined trajectory or manoeuvre. At the new time increment, the control input must be varied to maintain the correct flight path, which is given by the requirement of the Mission-Task-Element (MTE) [34].

To process the inverse simulation algorithm, this article executes the following steps with respect to the characteristics of the coaxial compound helicopter with LOS rotors:

1) Calculate trim control inputs

The trim state is the initial point of the manoeuvres. The trim variables of the conventional helicopter are equal to the trim target equations. However, the coaxial compound helicopter has redundant control inputs, which further complexes the trim process. Thus, the trim strategies mentioned above are utilized here to determine the initial point of MTE.

2) Define the manoeuvre

The manoeuvre can be defined simply by polynomial representations of position or other flight path variables and is then discretized into a series of discrete time points. The redundant controls of the helicopter may affect the definition of the manoeuvre as they may need additional boundary conditions to determine the control inputs in every time step. Therefore, the strategies of redundant control inputs utilizes the trim strategies mentioned above at each time step.

3) Calculate control vector

This inverse simulation model uses a Newton-Raphson technique to calculate the controls required to maintain the helicopter’s states in accordance with the manoeuvre mathematical description. This process is repeated throughout each time-step until the manoeuvre has been completed.

IV. Variable rotor speed Strategy

A. Performance Investigation
The power required results with different rotor rotational speeds at various forward speeds are shown in Fig. 3, in which the rotor speed ratio means the ratio between the rotor speed adopted, $\Omega$, and the original rotor speed, $\Omega_{or}$, from Table. 1.

![Graph showing power required vs. forward speed](image)

**Fig 3 Overall power required (rotor and propeller) with different rotor speed**

As indicated in Fig 3, the helicopter cannot trim in high speed flight with the rotor speed of 35.9 rad/s due to the compressibility effect on the advancing blade tip. It also accounts for the decrease in the original rotor speed strategy at high speed flight range. In addition, the power consumption is reduced with variable rotor speed, which is more significant in the low to mid forward speed range, but not obvious in high speed flight. In order to understand this phenomenon, the rotor power consumption of the coaxial rotor system is shown in Fig. 4.

Fig 4 shows that the power consumption of the rotor is reduced in high speed flight and the propeller mainly provides the thrust that the helicopter needs to trim. This figure demonstrates that although reducing rotor speed drops down the rotor power required, the overall power required does not change significantly as the propeller requires significant power in this flight range. In addition, the variable rotor speed couples with the propeller, and the thrust provided by the propeller may also change with the rotor speed. Thus, the variable rotor speed may also influence the power consumption of the propeller.
B. Rotor Speed Strategy in Trim Flight

The aim of the variable rotor speed for the coaxial compound helicopter is to reduce the power consumption across the flight range. Therefore, the rotor speed strategy is formulated to a single input and single output (SISO) problem at every speed point.

On the other hand, a correction needs to be made for the LOS trim strategy based on Eq. (14). The change of the rotor rotational speed could influence the dynamic pressure difference between the advancing and retreating sides. Therefore, it would be better to use the advancing ratio to calculate the LOS value at different flight speeds, which could take the effect of rotor rotational speed into account. As the rotor tip speed in the original state is around 200 m/s, the LOS control strategy can be obtained considering the rotor rotational speed, which is shown in Eq. (15).

\[
LOS = 0.00002v_f^2 = 0.8\left(\frac{v_f}{\Omega R}\right)^2 = 0.8\mu^2
\]  

(15)

The aim of Eq. (15) is to improve the efficiency of the coaxial rotor system at various flight velocities considering the variable rotor speed. The LOS value is decided by the dynamic pressure difference between the advancing and retreating rotors. In fact, this difference is determined by both the forward speed and rotor rotational speed. In other words, when the rotor rotational speed decreases, the retreating side has more possibility to be in the dynamic stalling at given LOS value. Therefore, the advancing ratio should be utilized to define the LOS setting. Based on Eq. (15), the optimized rotor speed is shown in Fig 5. Also, the trim limits of the variable rotor speed are also given in this figure.
The trend of the final rotor speed strategy is similar to that observed in other research [13, 15]. These references are based on the conventional helicopter, but the similarity helps verify the results in this article. On the other hand, the rotor speed limit changes significantly across the flight range. The lower limit line is due to the dynamic stall. When the rotor speed is lower than this limit, the flapping effect is significant due to the increase of the collective pitch and advancing ratio. Therefore, most blade elements on the retreating side will be in the stalled condition and insufficient thrust is provided to maintain the trimmed state. The upper limit in high speed is to prevent the advancing side of the rotor disc from the compressibility effect. When the rotor speed is relatively high, the Mach number of the advancing blade tip would be close to the limit of the compressibility, which increases the overall power consumption and lead the helicopter to be unable to achieve the trim status. Meanwhile, the trend of upper limit is similar to the original rotor speed strategy in Fig 2, which further proves the accuracy of the results in Fig.5.

Based on the rotor speed change, the rotor speed strategy can be divided into three phases for analysis.

*Phase I (Hover and low speed forward flight)*:

At this flight range, the rotor speed is basically constant. The induced velocity effect on the rotor performance is significant at this flight range, and it would decrease rapidly with forward speed. The change of the induced velocity is similar at different azimuth angle and radius directions on the rotor disc, and the reduction of the collective pitch could fully compensate it and maintain the effectiveness of the coaxial rotor. Thus, the rotor speed is almost constant in this range.
Meanwhile, the lower limit is close to the optimal variable rotor speed in this region. Based on the airfoil aerodynamic features, the optimum incidence is close to the scope boundary of the effective incidence. In other words, when helicopter is performance optimized in this flight range, most of the blade elements on the rotor disc are close to the stall condition, which would be the limit of the rotor speed strategy. In practical terms, this could affect the climbing characteristics if the collective is not associated with the rotor speed, which is similar with other variable rotor speed helicopters\textsuperscript{[35]}. Therefore, the rotor speed strategy in manoeuvring flight should also be investigated, which will be presented in Section VI.

\textit{Phase II (Mid speed forward flight):}

The rotor speed needs to increase at this flight range to optimize the power required. There are two major factors to influence the rotor speed strategy in mid speed flight. First is the forward speed, which would bring about asymmetric velocity on the advancing and retreating sides. The increase of rotor speed reduces this effect and improves the overall lift-to-drag ratio. The other factor is LOS. According to Eq. (15), the rotor speed changes the LOS value and consequently alters the performance characteristics.

\textit{Phase III (High speed forward flight):}

In this flight range, the rotor speed stops increasing and drops down slightly with forward speed. Firstly, the compressibility effect requires the rotor speed to reduce. In addition, the efficiency of the propeller becomes higher with forward speed increases, and the thrust of the rotor is reduced, which would further influence the optimized rotor speed. It also should be mentioned that the upper limit only takes effect at this flight range because the compressibility effect only occurs when the Mach number is above 0.75.

With the rotor speed strategy in Fig 5, the power required comparison with the original strategy is shown in Fig 6. According to the power required comparison results, this rotor speed strategy could reduce the power consumption, especially in mid speed forward flight. In other words, the cruise-efficiency and flight duration can be improved by this rotor speed strategy. It demonstrates that the power required could be reduced by around 15% compared with the original strategy when the forward speed is around 35m/s. In the high speed flight, the effect is not obvious. The reduction is only 1.2% when the speed is around 100m/s. Furthermore, the reduction of the power consumption is around 10% of the original power required in hover and low speed forward flight. However, the rotor speed is close to the limit at this flight range and so there could be degradation in the manoeuvrability if the collective is not
associated with the rotor speed. Meanwhile, according to Fig. 5, the optimized range of the rotor speed change is not significant. It may be argued that a fixed rotor speed would be sufficient for this helicopter. Thus, the power required of 85% $\Omega_{st}$ is also added in Fig 6 as a comparison. The results indicate that the proposed variable rotor speed strategy could further reduce the overall power required compared to the 85% $\Omega_{st}$ case, especially in hover and low speed forward flight. It should be mentioned that if the rotor speed is fixed at 85% $\Omega_{st}$ across the flight range, the maneuverability of this helicopter would be degraded to a large extent because the coaxial rotor is close to the stalling condition and cannot use the variable rotor speed strategy to provide sufficient thrust in manoeuvring flight.

![Fig 6 Power required comparison](image)

Although the variable rotor speed strategy could reduce the power required, the additional gearing system would increase the overall gross weight and decrease this benefit to some extent. However, these investigations still provide an additional possibility for the further improvement of the coaxial compound helicopter with LOS.

V. Flight Dynamics Analysis

A. Trim Characteristics

Fig. 6 shows the trim characteristics with the rotor speed strategy proposed above, and the original rotor speed strategy is set as a comparison.
Fig 7 Trim results with the rotor speed strategy
As demonstrated in Fig. 7, there are three differences due to the change of the rotor speed. Firstly, the collective pitch is higher across the flight range. The dynamic pressure on the rotor is lower when the strategy in Fig. 5 is adopted, which means that the extra collective pitch is needed. Secondly, the longitudinal cyclic pitch drops slightly in high speed flight. In this flight range, the aim of the longitudinal cyclic pitch is mainly to balance the pitching moment as the forward thrust is mainly provided by the propeller. The pitching moment is composed of three parts, the wind flapping effect (nose-up moment), the control flapping effect (nose-down moment), and the moment from the fuselage and tails (nose-down moment). The decrease of the rotor speed would reduce the wind and control flapping effect proportionately if the longitudinal cyclic pitch is fixed. However, the moments from the fuselage and tails are independent from the rotor speed and the reduction of the rotor speed lowers the control power of the cyclic pitch. Thus, the longitudinal cyclic pitch should reduce slightly to keep the helicopter in balance. Meanwhile, the propeller collective results with different rotor speed strategies are similar across the flight range. The propeller collective is utilized to balance the drag of the fuselage and the coaxial rotor system. The minor change of the propeller collective with different rotor speed strategies is due to the rotor speed effect on the coaxial rotor drag. In conclusion, the rotor speed strategy has an effect on the trim characteristics. However, it does not induce any discontinuity in control inputs, which would satisfy the related requirement in handling qualities specification.

B. Longitudinal Channel Analysis

This article assesses the short-term response characteristics (bandwidth & phase delay), and the mid-term response characteristics (eigenvalues) with the handling qualities specification ADS-33E-PRF [34]. In addition, to obtain the bandwidth & phase delay, the dynamic models of control mechanism and actuator are needed, this paper utilizes standard transfer functions of Eq. (16) and Eq. (17) to simulate them [22].

\[
S_{\text{Control}} = \frac{16.9747}{s^2 + 44.4s + 986} \tag{16}
\]

\[
S_{\text{Actuator}} = \frac{1}{0.2s + 1} \tag{17}
\]

where: \( S_{\text{Control}} \) is the dynamic model of the control mechanism; \( S_{\text{Actuator}} \) is the dynamic model of the actuator.

The bandwidth & phase delay and eigenvalue results in the longitudinal channel with various speeds are shown in Fig 8, in which the results obtained by the original strategy in Fig. 2 are also added as a comparison.
Rotor Speed Strategy
Original Strategy
Level 3
Level 2
Level 1

(a) Bandwidth & Phase Delay

Rotor Speed Strategy
Original Strategy
LEVEL 2
LEVEL 1

(b) Phugoid Mode Eigenvalue

Rotor Speed Strategy
Original Strategy
LEVEL 3
LEVEL 1

(c) Short Period Pitch Mode Eigenvalue

Fig 8 Longitudinal Channel Results
As indicated in Fig. 8 (a), the bandwidth increases and the phase delay drops slightly with forward speed increases. The Level 2 rating of the bandwidth & phase delay results only occurs when the forward speed is relatively low. These characteristics are similar to other helicopters [24]. The eigenvalue trend demonstrates that the stability increases with speed. The longitudinal phugoid mode eigenvalue is in Level 2 in hover and low speed flight, and the short period pitch mode eigenvalue is in Level 1 across the flight range.

The rotor speed mainly increases the value of the phase delay. As suggested by the analysis above, the decrease of the rotor speed can reduce control power and make it more difficult for the pilot to adapt the control strategy for even a small change at a relatively high frequency. Meanwhile, the rotor speed would influence the velocity and incidence stability and the pitching damping. The phugoid mode rating is better with the rotor speed strategy proposed in this article. In practice, this stability of the phugoid mode is affected by two stability derivatives, which are the velocity stability and the incidence stability. The velocity stability is usually high for the coaxial compound helicopter, as the coaxial rigid rotor provides sufficient stability across the flight range. The incidence stability of the coaxial compound helicopter is low because the rotor hub moment provides the negative incidence stability. Therefore, the reduction of the rotor speed would improve this stability because this negative incidence stability is dependent on the rotor speed. As indicated in Fig. 8. (c), the rotor speed strategy also influences the longitudinal short period mode. The influence of this mode is mainly due to the rotor speed effect on the aerodynamic damping. This damping is reduced when the rotor speed is decreased, which brings about the instability to the helicopter in this mode. Despite the fact that the rotor speed strategy has a destabilizing effect on the short period mode, it still remains in the level 1 region.

It should be mentioned the results become closer at high speed flight range as the original rotor speed strategy also drops down in high speed flight. Overall, the proposed rotor speed strategy can still obtain effective stability and controllability in longitudinal channel.

C. Lateral Channel Analysis

Fig. 9 shows the bandwidth & phase delay and the eigenvalue results in the lateral channel with variable rotor speeds. Also, the original strategy results are included as a comparison.
As demonstrated in Fig 9, the lateral bandwidth & phase delay results are improved with forward speed increases. The level 2 bandwidth & phase delay situation only occurs in hover and low speed forward flight. The rotor speed influences the control power and the damping characteristics, which would change the bandwidth & phase delay results.

Both the bandwidth and phase delay are lower using the optimal rotor speed strategy due to the reduction of the control power in lateral axis. The effect of the rotor speed is more significant compared with the longitudinal axis. The reduction of the rotor speed would decrease the dihedral stability, rolling damping and the control derivative of...
the lateral cyclic pitch, which degrades the results of the bandwidth and phase delay. According to the eigenvalue results, the spiral subsidence results move to the left on the complex plane (become more negative) indicating a stabilizing effect. The coaxial compound helicopter utilizes the vertical tail rather than the tail rotor to provide the heading stability, and its effectiveness is poor at the low speed range, leading to a degraded spiral subsidence mode at this flight range. The roll subsidence eigenvalue moves to the right, which leads to an additional instability. This mode can be affected by the aerodynamic damping in rolling axis, which is dependent on the rotor speed. The decrease of the rotor speed would lead to the degradation of this mode stability. In addition, the rotor speed has a slight influence on the Dutch-roll stability, which is decreased when the rotor speed strategy is utilized. The reduction of the Dutch-roll stability is due to the rotor speed effect on the rolling damping and related stability derivatives.

Although, the rotor speed would influence the flight dynamics characteristics in the lateral channel. The rating results are still satisfied according to the handling qualities specification.

VI. Rotor Speed Strategy in Manoeuvre and Vertical Channel Analysis

According to the analysis above, the rotor speed strategy influences the flight dynamics characteristics. However, based on the handling qualities specification of ADS-33E-PRF, the coaxial compound helicopter with LOS rotors would still satisfy these handling qualities requirements. The investigation so far has not assessed the vertical control channel and the impact on manoeuvre capabilities. It was demonstrated earlier that control power can be reduced by the variable rotor speed strategy. The handling qualities in the vertical channel should be carefully assessed and the manoeuvre characteristics should also be involved. The rotor speed strategy should be designed to take into account the requirements of the manoeuvre to ensure performance is not degraded.

A. Rotor Speed Strategy in Manoeuvre

Using the rotor speed strategy described above, there is a possibility that manoeuvre capability may be damaged, especially in vertical flight, therefore, a dual rotor speed strategy will be required to ensure good manoeuvrability. The aim of the rotor speed strategy in manoeuvring flight can be divided into three aspects: the first aspect is to help the helicopter to achieve the manoeuvre requirements; the second aspect is to reduce the power consumption and pilot workload during the manoeuvre as much as possible; the third part is that it can avoid rotor dynamics problem by switching rotor rotational speed quickly.
The variable rotor speed strategy in the manoeuvre is set as a function of rotor normal loading $n_z^{[36-37]}$. The normal load factor $n_z$ is a measure of vertical acceleration and defined as:

$$n_z = 1 - \frac{z}{g}$$  \hspace{1cm} (18)

The normal load factor reflects the thrust that rotor needs to provide. The rotor speed should increase with this parameter to prevent the rotor from stalling. The proposed rotor speed strategy in manoeuvre can be expressed as:

$$\frac{\Omega}{\Omega_{ori}} = 1 + \alpha(n_z - 1)$$  \hspace{1cm} (19)

where $\Omega_{ori}$ is the rotor speed strategy in Fig.5. The factor $\alpha$ can be varied depending on the rotor aerodynamic characteristics. The main limit for the factor $\alpha$ is to prevent the advancing side of the rotor from experiencing compressibility effects across the flight range. This limit can be represented as follow:

$$0.9R(1 + \alpha(n_z - 1))\Omega_{ori} \leq (M_{critical} \cdot a_e - \nu_{max})$$  \hspace{1cm} (20)

where $M_{critical}$ is the critical Mach number of the airfoil; $a_e$ is the local sound velocity; $\nu_{max}$ is the maximum speed for this helicopter. Firstly, the aerodynamic performance of the rotor tip is reduced due to the tip loss effect. Meanwhile, a too large limit would weaken the manoeuvrability of the helicopter. Therefore, the 0.9R is set to be the reference point in this boundary condition. This setting could not only keep the most of the effective blade element away from the compressibility effect, but also guarantee the rotor performance and helicopter manoeuvrability across the flight range.

**B. Pull-up & Push-over MTE**

The objective of the Pull-up & Push-over MTE is to assess the handling qualities mainly in longitudinal and vertical channels. The mathematical description of this MTE has been explained widely in other literatures $^{[38, 39]}$. Therefore, only a brief overview of this method is shown in this article.

During the Pull-up & Push-over MTE, the helicopter starts at the trimmed condition at a flight speed equal to 120kt (approximately 60m/s). Then, it is required to achieve a positive normal load factor at given time (1s for level 1) and maintain this for a given period (2s for level 1). After that, the helicopter needs to transition to obtain a negative load factor (2s for level 1) and keep this load factor for a while (2s for level 1). Finally, the helicopter should recover to level flight as quickly as possible. The glideslope angle is defined by the following equation:

$$\gamma = -\sin^{-1} \frac{\dot{z}}{V}$$  \hspace{1cm} (21)
Combining Eq. (21) with Eq. (18), the time derivative of the glideslope angle can be expressed in terms of the normal load factor \( n_z \), which is:

\[
\dot{\gamma} = \frac{V^2 - V_g(1 - n_z)}{V^2 \cos \gamma}
\]  

(22)

As mentioned above, the maximum normal load factor of this coaxial compound helicopter could achieve 2.2. Thus, the load factor distribution that relates to the level 1 standard set in the specification is shown in Fig. 10.

![Graph showing Level 1 load factor throughout the Pull-up & Push-over MTE](image)

**Fig 10 Level 1 load factor throughout the Pull-up & Push-over MTE**

To represent this mathematically, the manoeuvre is split into six sections and fifth-order polynomials are formed to describe the load factor distribution at each section. The polynomial should guarantee the value of the load factor at every time point to satisfy the requirement and the transition between each of the sections will be smooth.

Except for the boundary condition of Eq. (22), there are three additional boundary conditions required for the helicopter. Firstly, the velocity in this MTE is assumed to be the function of the glideslope angle, which is based on the balance of energy:

\[
V = g \sin \gamma
\]  

(23)

Also, the track and heading angle should be fixed at zero during the manoeuvre, which formulates two boundary conditions:

\[
\chi = 0
\]  

(24)

\[
\psi = 0
\]  

(25)
Eqns. (22-25) compose the boundary conditions of this MTE, from which it can be utilized to calculate the control inputs during the manoeuvre using the inverse simulation method.

C. Manoeuvre Results and Analysis

The control input results of this manoeuvre using the rotor speed strategy of Eq.(19) are shown in Fig.11. Also, the results of the original strategy (Fig. 2) are also calculated as a comparison.
Fig 11 Control Inputs of Pull-up & Push-over MTE manoeuvre
According to Fig 11, the coaxial compound helicopter with both the rotor speed strategies could achieve this manoeuvre. Meanwhile, the trend of the control inputs are similar with different rotor speed strategies, which illustrates that the change of the rotor speed would not significantly influence the basic manoeuvre characteristics once the rotor has the capability to accomplish this MTE. Also, it is worth noting that the rotor speed response has a significant difference compared with the rotor loading setting in Fig. 10 due to the lag effect of the rotorspeed governor/engine system.

Based on the comparison in Fig 11, there are two differences between them. First is the collective pitch. With the rotor speed variation during the manoeuvre, the change of the collective is much less. The change of the rotor speed variation could restrain the amplitude of the collective pitch during this manoeuvre. The second difference is the longitudinal cyclic pitch results during the manoeuvre time between 7s and 10s. At this time range, the helicopter is finishing this manoeuvre, and the stability of the helicopter plays a major effect. The incidence stability is relatively low for this helicopter, and the rigid rotor would aggregate this effect, which leads to the oscillation in the longitudinal cyclic pitch. On the other hand, the decrease of the rotor rotational speed would reduce the hub moment provided by the rotor, and consequently weaken this instability. Therefore, the oscillation is attenuated when the rotor speed strategy is adopted.

To assess the pilot workload of the helicopters during this manoeuvre, a time-domain pilot workload metric can be utilized, which is described in various articles [40, 41]. The pilot workload metric includes two evaluation indices, which are the aggressiveness and the duty cycle.

Aggressiveness is a measure of control deflection magnitude from the trim control input position over the MTE, which can be defined as:

$$J_a = \frac{100\%}{t_f - t_i} \sum_{t=t_i}^{t_f} \frac{|\delta(t) - \delta_{min}|}{\delta_{max} - \delta_{min}} \Delta t$$ \hspace{1cm}(26)$$

where: $J_a$ is the aggressiveness index; $t_f$ is the MTE completion time; $t_i$ is the MTE initial time; $\delta(t)$ is the control inputs during MTE; $\delta_{max}$ and $\delta_{min}$ are the maximum and minimum control deflection respectively.

Duty cycle is a measure of the frequency of the adjustment change across the MTE manoeuver, which can be calculated by the Eq. (27):

$$J_{DC} = \frac{J_{peaks}}{t_f - t_i}$$ \hspace{1cm}(27)$$
where: $J_{DC}$ is the duty cycle index. $J_{peaks}$ is the number of the peaks during the manoeuvre, which is defined as a change in magnitude greater than 0.5% of the total deflection range and in the direction opposite from the previous input.

Therefore, the pilot workload metric of this manoeuvre can be calculated, which are shown in Table. 3.

<table>
<thead>
<tr>
<th>Control Inputs</th>
<th>Aggressiveness Original</th>
<th>Duty cycle Original</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Aggressiveness Strategy Used</td>
<td>Duty cycle Strategy Used</td>
</tr>
<tr>
<td>Collective</td>
<td>9.01%</td>
<td>0.83</td>
</tr>
<tr>
<td></td>
<td>7.31%</td>
<td>0.75</td>
</tr>
<tr>
<td>Longitudinal Cyclic Pitch</td>
<td>5.39%</td>
<td>1.42</td>
</tr>
<tr>
<td></td>
<td>4.52%</td>
<td>1.08</td>
</tr>
<tr>
<td>Lateral Cyclic Pitch</td>
<td>0.95%</td>
<td>0.00</td>
</tr>
<tr>
<td></td>
<td>0.96%</td>
<td>0.00</td>
</tr>
<tr>
<td>Differential Collective</td>
<td>0.45%</td>
<td>0.00</td>
</tr>
<tr>
<td></td>
<td>0.44%</td>
<td>0.00</td>
</tr>
</tbody>
</table>

Based on Table. 3, the pilot workload is reduced when the rotor speed strategy is adopted as the change of the rotor speed would provide the additional thrust required in the manoeuvre. Therefore, the pilot workload is decreased. In addition, the variable rotor speed strategy could tune the control power of the cyclic pitch, and reduce the aggressiveness in longitudinal control input to a large extent.

The comparison in power required with different rotor speed strategies is shown in Fig. 12, which illustrates that the rotor speed strategy could further reduce the maximum transient power consumption during the manoeuvre.

![Comparison in power required with different rotor speed strategies](image)

**Fig 12** Comparison in power required with different rotor speed strategies
VII. Conclusions

This article utilized a flight dynamics model associated with the rotorspeed governor/engine model and the inverse simulation method to investigate the effect of the variable rotor speed on the flight dynamics characteristics of the coaxial compound helicopter with LOS rotors. Variable rotor speed strategy was developed for both trim and manoeuvre state in this article, and their impacts on the trim, stability and manoeuvrability were assessed. The results obtained from the investigation allow the following conclusions to be drawn.

1. The power consumption in trimmed flight can be reduced using the rotor speed strategy proposed in this article. A reduction of more than 15% in power consumption can be obtained in the mid speed flight range. However, the performance improvement is not significant in high speed flight.

2. The change of rotor speed influences the trim characteristics. The trim results of the collective pitch and longitudinal cyclic pitch are influenced when the rotor speed strategy is adopted due to the effect of the rotor rotational speed on rotor thrust and the cyclic pitch control power, respectively.

3. Analysis shows that the rotor speed strategy would degrade the bandwidth and phase delay results slightly, but the helicopter still satisfies the handling qualities requirements. In addition, the decrease of the rotor speed stabilizes the phugoid and spiral subsidence modes. However, the short period and roll subsidence modes are slightly destabilized by the rotor speed reduction.

4. The variable rotor speed may be detrimental to the vertical manoeuvrability, as the incidence of the rotor blade element is close to the stalling condition after rotor speed is optimized. Therefore, a combination strategy of the rotor speed and collective pitch is proposed for manoeuvring flight, which is evaluated by the inverse simulation method and the Pull-up & Push-over MTE. Results show that the pilot workload and the power consumption are both reduced with this rotor speed strategy.
References


