Resurgence of Ebola Virus Disease in Guinea Linked to a Survivor With Virus Persistence in Seminal Fluid for More Than 500 Days

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We report on an Ebola virus disease (EVD) survivor who showed Ebola virus in seminal fluid 531 days after onset of disease. The persisting virus was sexually transmitted in February 2016, about 470 days after onset of symptoms, and caused a new cluster of EVD in Guinea and Liberia.

Keywords. Ebola virus; sexual transmission; seminal fluid; real-time sequencing; Ebola virus persistence.

On 29 December 2015, the World Health Organization declared the end of Ebola virus (EBOV) transmission in the Republic of Guinea. On 16 March 2016, the health authorities of N’Zérékoré, Guinea, classified 3 community deaths that had occurred between 27 February and 15 March 2016 in the Koropara subprefecture as probable Ebola virus disease (EVD) cases (Figure 1A, cases 1–3) [1]. A national investigation team was deployed on 17 March in the region. Subsequently, several contacts of probable cases 1, 2, and 3—mostly family members in Koropara and Macenta prefecture—were diagnosed with EVD by EBOV real-time reverse-transcription polymerase chain reaction (RT-PCR) (Figure 1A, cases 4–10). In addition, the disease further spread to Liberia.

As of 29 April 2016, Guinea had recorded 3 probable and 7 confirmed cases, of which 6 were admitted at an Ebola treatment unit (ETU). Four patients died in the community and 4 patients in the ETU. Thus, the overall fatality ratio among probable and confirmed cases in this cluster in Guinea was 80% (8/10).

The National Committee of Ethics in Medical Research of Guinea approved the use of diagnostic leftover samples and corresponding patient data for this study (permissions N°11/CNERS/14). All necessary consent required by applicable law from the patients whose information is included in the article was obtained in writing.

The long gap between the new cluster and previous cases in Guinea and the location of N’Zérékoré in the forest region of Guinea near the presumed source of the epidemic raised the possibility of a new spillover event from an animal reservoir. Alternative hypotheses included transmission from an EVD survivor or an undetected unbroken chain of human-to-human transmission. Virus genome sequencing can determine which of these scenarios are most likely. Therefore, blood samples from cases 4 and 5 were collected on 18 March and sent to the sequencing facility of the European Mobile Laboratory in Nongo, Conakry. Real-time sequencing was performed using MinION technology (Oxford Nanopore) as described by Quick et al [2], with results available on 20 March 2016. Validation sequencing was performed by the University of Makeni laboratory, Sierra Leone, on the Ion Torrent platform. A database of 1066 previously sequenced EBOV genomes was used to place the sequences into geographical and historical context. Viruses from cases 4 and 5 were genetically indistinguishable by both methods of sequencing. They were closely related to viruses from the 2014–2016 outbreak, ruling out a new introduction from an animal reservoir. Notably, the viruses did not belong to the GN1 or SL3 lineages that were circulating in Guinea in the second half of 2014 [2, 3], but instead to a cluster of cases from N’Zérékoré and Macenta that was last detected in 2014 (Figure 1B; Supplementary Figure 1) [3, 4]. The most closely related sequence in the database (EM_076610; accession number KR817153) had been obtained from a male patient on admission to the ETU in Guéckédou in November 2014 (he survived) (Figure 1B) [3].
Independently and in parallel, epidemiological investigation identified the same survivor as the likely source of the new EVD cluster. On 19 March, the investigation revealed that case 1 had sexual intercourse with a male EVD survivor from the village of Koropara Centre (Figure 1A, “survivor”). He had been treated in the ETU of Guéckédou from 3 to 14 November 2014. On admission, the cycle threshold (Ct) value in the RealStar Filovirus Screen RT-PCR (Altona Diagnostics) was 22 (the sequence of that sample [EM_076610; accession number KR817153] was available in the database). He reported sexual abstinence from discharge in November 2014 through August 2015 as recommended by current protocols. From September 2015, he had occasional sexual intercourse with various partners, including case 1 at the end of January 2016. Except for episodes of asthenia, he reported no post-EVD complications. In March 2016, a rapid diagnostic test for human immunodeficiency virus types 1 and 2 (Alere Determine HIV-1/2) was negative. A seminal fluid sample obtained on 21 March was positive for EBOV with a Ct value of 23.4 in the RealStar Zaire Ebolavirus RT-PCR (Altona Diagnostics). On 9 April 2016, seminal fluid still tested positive with a Ct value of 32.4.

EBOV in seminal fluid from 21 March was sequenced in Guinea and in Sierra Leone as described above. On 23 March, the results revealed that the virus was identical to that of acute cases 4 and 5 (Figure 1B), supporting the epidemiological evidence of sexual transmission. Additional sequencing and phylogenetic analysis of 7 acute cases confirmed that the entire cluster is linked with the survivor. The sequences are either identical to or only differ by up to 1 nucleotide from that of the survivor’s semen (Figure 1B; Supplementary Table 1).

The PCR and sequencing data strongly suggest that EBOV persisted in the survivor from 26 October 2014 (date of
onset) to 9 April 2016 (last EBOV RNA–positive semen sample)—that is, for 531 days. Remarkably, the virus in blood from 3 November 2014 differed from that in semen from 21 March 2016 by just 5 novel mutations (Supplementary Table 1) despite being collected 504 days prior to the collection of the semen sample. This equates to an evolutionary rate of $0.19 \times 10^{-3}$ substitutions per site per year, roughly 6 times slower than the average evolutionary rate seen during human-to-human transmission in this outbreak with reported mutation rates of $1.19 \times 10^{-3}$ and $1.42 \times 10^{-3}$, respectively (Supplementary Figure 2) [2, 3, 5]. The predicted effects on proteins encoded by the EBOV genome are shown in Supplementary Table 1. Notably, one mutation is predicted to encode a premature stop codon in the VP30 gene, truncating the expected gene product by 7 amino acids.

We report on an EVD survivor in whom EBOV RNA was detected in seminal fluid 531 days after onset of disease, the longest reported period of filovirus persistence in an individual. Furthermore, we provide evidence that the persisting virus remains viable and infectious during the long-term persistence. Evidence for sexual transmission of the persisting EBOV in February 2016, about 470 days after onset of symptoms in the survivor, is compelling. The absence of other cases in Guinea around this time, the epidemiological link between the survivor and case 1, and the identity of strains in the survivor’s seminal fluid and the acute cases strongly argue for the survivor being the source of the new infections. EBOV persistence in seminal fluid is a known phenomenon, and previous reports have also indicated that persisting virus may be sexually transmitted [6–8]. However, so far the longest reported period of virus RNA persistence in semen was 284 days [6], and reported likely transmission events have been observed a maximum of 179 days after onset of acute illness [7].

The reduced evolutionary rate of the virus during persistence is plausible, given the presumed low level of replication in immune-privileged sites such as the testes in the absence of detectable viremia. The few mutations that accumulated during the 500 days are of interest and deserve further functional investigation. Nevertheless, the data presented here indicate that this strain retained its pathogenic properties during persistence, as evidenced by transmissibility, replication capacity (Ct values around 20 in the acute cases of the cluster), and fatality ratio of 80%. We cannot rule out the possibility that the survivor was silently infected with Ebola after recovery. However this seems unlikely as there have been no laboratory-confirmed cases of Ebola virus reinfection [9]. Additionally, no cases of EVD had been detected in the N’Zérékoré region since January 2015 until the cluster of cases reported here. In the event of re-infection, the lower-than-expected number of mutations seen would make it unlikely that this case was the result of an undetected continuation of a chain of human-to-human transmission among acute cases.

The case is also a great example demonstrating the yield of enhanced surveillance activities in the affected countries, cross-border cooperation, and improved capabilities to rapidly diagnose and manage EVD patients. In addition, the report underlines the value for outbreak response of combining field epidemiology with real-time molecular epidemiology as well as the availability of an up-to-date virus genome repository for the outbreak.

Supplementary Data

Supplementary materials are available at http://cid.oxfordjournals.org. Consisting of data provided by the author to benefit the reader, the posted materials are not copyrighted and are the sole responsibility of the author, so questions or comments should be addressed to the author.

Notes

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