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1 a larger sample of participants and examining other potentially relevant factors such as sex/gender, country  
2 and accreditation of laboratories.

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5 Keywords: cognitive bias; forensic toxicology; bias-minimizing procedure; contextual bias

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## 1. Introduction

Despite many technological and scientific advances in forensic science, decision-making remains primarily a subjective, human cognitive process. Consequently, errors and bias are likely to occur with the potential for serious deleterious consequences [1], which can ultimately undermine the value of the scientific evidence that the field of forensic science provides [2]. *Cognitive forensics* is the study of how fundamental cognitive processes, such as constructing, seeking and interpreting information, impact the way forensic science is conducted, and how cognitive knowledge can guide and enhance forensic work [3, 4].

Human perception and interpretation of the world is often influenced by one's expectations and desires [5], for example the more sharply we see an object, the closer we perceive it to be [6]. These 'mental shortcuts' are a fundamental component of human psychology and are often adaptive [7] because they enable the human brain to quickly process a sub-set of task-relevant information from the large amount of complex incoming information, and enable quick decision-making. Factors that influence this sub-selection of information and its interpretation can arise from explicit messages or from subtle cues [5], such as exposure to certain words or images [8]. Although perceptual processes such as tunnel vision, or being influenced by the views of others, occur frequently in everyday life, often with little consequence [9], they can also lead to erroneous judgements [10].

In forensic science disciplines that require humans to make perceptual judgements of similarity, *e.g.*, comparing two trace evidence patterns, such influences can be problematic [9]. This is because forensic experts' judgements can be significantly influenced by external factors, such as contextual information, or internal factors such as emotional state, uncertainty, expectations, and hopes [11, 12], fatigue, urgency, and workload [13]. Therefore, in the forensic context, *cognitive bias* refers to a psychological sway toward one opinion or conclusion versus another based on exposure to case information extraneous to the task at hand [14]. It has several manifestations, including:

- *Contextual bias*—the human tendency to draw conclusions in certain situations based on contextual information. For example, when a forensic scientist is given a great deal of information about the incident that gave rise to the evidence currently being analysed [15];
- *Confirmation bias or tunnel vision*—where the analyst gives more weight to information that is consistent with what they already believe [16, 17], and tends to reject, excuse or ignore evidence that could contradict their beliefs [18]. For example, where a forensic scientist checking a colleague's work is made aware of the first result before conducting the test(s) themselves; and
- *Expected frequency bias, expectation bias or base rate regularities*—where analysts have and apply existing expectations before the actual examination takes place [19]. For example, where the use of an automated fingerprint identification system (AFIS) results in examiners expecting to see positive results near the top of the list of potential 'matches' [10].

All of these cognitive biases can consciously or subconsciously influence the analysis procedures used by forensic scientists as well as the interpretation of their findings [15]. Thus, although extraneous or distracting information cannot change the physical nature of the evidence, it can subtly influence what is examined and the subsequent opinions formed [20].

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2 Given the potential impact of cognitive bias in forensic science, it is imperative that each forensic discipline examines  
3 the potential sources and effects of bias, and takes measures to minimise them [21, 22]. Whilst many disciplines  
4 such as document examination [4], odontology [14], bullet comparison [16], bloodstain pattern analysis [23],  
5 anthropology [21], and fingerprints [24] have already been subject to cognitive scrutiny, there is little research on  
6 the potential sources of cognitive bias within forensic toxicology.

7

### 8 1.1. Forensic toxicology

9 Forensic toxicology involves the detection of drugs and poisons in biological specimens and the application of this  
10 knowledge to meet the varied needs of the law [25]. Forensic toxicology cases can include driving under the influence  
11 (DUI) of alcohol or drugs, workplace drug testing, drug-facilitated sexual assault (DFSA), suspicious deaths, and  
12 sudden, unexpected or unexplained deaths referred to the Coroner. A typical case strategy starts with a set of drug  
13 tests on samples of body fluids, such as blood or urine, for a range of drugs or drug ‘families’ *e.g.*, amphetamines.  
14 These are known as *screening tests*. Depending on the results, the screen may be followed by specific *confirmation*  
15 and/or *quantification* of presumptively positive drugs. The case strategy can be re-evaluated during testing  
16 depending on the results [26], or if additional information on the case is received by the toxicology laboratory. Unlike  
17 other forensic disciplines, it is common in forensic toxicology for different scientists to request, carry out and report  
18 (and therefore interpret) tests on the same case.

19

20 Although toxicology is laboratory-based [22], comparisons of visual data and traces [8], subjective expert decision-  
21 making and interpretation of findings still form a substantial part of the process that is followed for a case. For  
22 example, during the selection of screening tests to be carried out on the case samples, a toxicologist will often use  
23 the case circumstances and the request from the customer (*e.g.*, the pathologist) to decide which drug tests are  
24 needed. In many laboratories, a standard set of screening tests is used that covers the most commonly encountered  
25 drugs. A small number of additional tests for less commonly encountered drugs (*e.g.*, antipsychotic medications) are  
26 then requested on a case-by-case basis. It is at this point that contextual information can be used transparently to  
27 develop the case strategy; the case circumstances are relevant to the decisions being made (*task relevant*). However,  
28 in some laboratories there is no standard set of screening tests, and the selection of all tests is made on a case-by-  
29 case basis. Crucially, these decisions can be affected by expected frequency bias, which occurs when, based on local  
30 patterns of drug prevalence, experienced forensic toxicologists become accustomed to drug use occurring at certain  
31 rates amongst certain populations (*e.g.*, by location, age, gender, cultural group, *etc.*), and thus expect it to recur at  
32 those rates [27]. This can therefore lead to errors in the case strategy because tests are requested based on past  
33 experiences or assumptions. For example, some toxicology laboratories use upper age cut-offs for testing for  
34 evidence of the use of illicit drugs such as cannabis, which may lead to drug use being missed in some older  
35 individuals (despite evidence that drug misuse in this age group is increasing [28]). If the samples in the case are  
36 limited in volume, prioritising tests based only on such ‘rules-of-thumb’ could lead to a case being incorrectly  
37 reported as negative.

38

1 During screening, techniques such as immunoassay or gas chromatography-mass spectrometry (GC-MS) are used.  
2 As part of the latter, a comparison is made between the case sample and a known drug standard and/or mass  
3 spectral reference library. At this point, cognitive bias can occur if contextual information on drug use in the case  
4 circumstances (*e.g.*, prescriptions, evidence of drug use at the scene, *etc.*), or even test results from other sample  
5 types are known by the analyst. In this situation, a poor-quality chromatographic or mass spectral match for a drug  
6 could be consciously or subconsciously ‘upgraded’ to a positive result based on the expectation that the sample  
7 should be positive for that drug. Conversely, a similarly poor-quality match might be ‘downgraded’ [10] to negative  
8 if the analyst is not expecting the drug to be present, or its presence ‘does not fit the circumstances of the case’. In  
9 both situations, the context could give the illusion of a stronger basis for the decision than is warranted by the data  
10 [29]. Such scenarios could therefore lead to cases being incorrectly reported, with serious consequences *e.g.*, in a  
11 death investigation for any medical professionals involved in the care of the deceased prior to death. The case  
12 circumstances at this stage are not relevant to the decisions being made (*i.e.*, that information is *task-irrelevant*), as  
13 these are scientific decisions that should be made on the basis of consistently applied scientific criteria (*e.g.*,  
14 retention time, mass spectrum similarity, ion ratios, *etc.* [30] – *i.e.*, *task-relevant* information).

15  
16 The final stage of the case is interpretation, which, in forensic toxicology, depends on the purpose of the analysis  
17 and the samples analysed. For example, in DUI cases, ‘interpretation’ may mean providing an explanation for any  
18 driver impairment witnessed or comparing test results to proscribed legal drug or alcohol limits. For workplace drug  
19 testing, ‘interpretation’ usually means reporting the presence or absence of one or more of a list of commonly used  
20 drugs at or above a specified concentration [31] (above the specified concentration the case is ‘positive’, below it is  
21 ‘negative’). In DFSA cases, interpretation focusses on whether the complainant may have ingested one or more of  
22 a very wide range of sedative drugs [31]. In post-mortem forensic toxicology (the focus of this study) ‘interpretation’  
23 involves discerning what substances, if any, the deceased used prior to their death. A toxicologist also considers  
24 whether the concentration of drug present is consistent with therapeutic or normal use, or whether drugs have  
25 possibly contributed to the cause of death [32]. As there are many factors that affect post-mortem toxicology  
26 interpretation, one set of test results may have several different possible explanations. During interpretation, whilst  
27 some background information is task-relevant (see section 4.1 for examples) contextual bias can incline a forensic  
28 toxicologist towards only one interpretation of test results. This interpretation is then reported to the customer,  
29 without making them aware of the other possible explanations. For example, there is overlap for some drugs  
30 between therapeutic and potentially fatal post-mortem concentrations. If a case concentration falls within this  
31 overlap range, and the background reports an accusation of deliberate poisoning of the deceased, a toxicologist may  
32 be inclined towards a ‘fatal’ interpretation over a ‘therapeutic’ interpretation.

33  
34 As with other forensic disciplines, the methodology used in forensic toxicology can result in ambiguous data and  
35 subjectivity in decision-making, and toxicology cases are vulnerable to bias from the point of initial selection of tests  
36 to interpretation of the results. Statements such as the recent call for Courts to assess the measures taken by experts  
37 to mitigate bias [33], “make it increasingly difficult for forensic agencies and practitioners to simply ignore the  
38 potential for extraneous contextual information to have a biasing influence on their opinions.” [[23], p. 226].

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2 *1.2. Bias-minimizing strategies*

3 Following several high-profile erroneous forensic identifications where cognitive bias was a contributory factor [4],  
4 such as the Mayfield [34] and McKie [35] cases, approaches aimed at reducing the effect of bias have been suggested  
5 [19, 20, 23, 36-40]. These strategies are based on an understanding of the human tendency to interpret data in a  
6 manner that is consistent with one's expectations [41], and which aim to reduce prior expectations about a case by  
7 limiting examiners' access to information. They include context-information management (CIM) strategies [37] such  
8 as:

- 9 • *Working blind or blind testing*—where case information is concealed from the examiner that is conducting  
10 the tests [17];
- 11 • *Linear sequential unmasking*—which requires the latent or crime scene evidence to be examined in isolation  
12 before any reference material. A confidence level is specified, but this approach allows some changes to  
13 opinions to be made after the reference material is examined, if documented [36, 39, 42]; and
- 14 • *The context-manager model*—where another examiner known as the 'case manager' or 'context-manager'  
15 has access to all of the contextual information, but only passes onto the examiner the information that is  
16 relevant to the examination [19, 20, 37].

17 As well as other strategies such as:

- 18 • *Checklists*—for forensic report writing [38], which may reduce bias by forcing the examiner to focus only on  
19 information that is predicted to be most essential to the decision at hand [1]; and
- 20 • *Blind peer review, blind verification or double blind testing* —an independent check or secondary analysis  
21 where the checker does not have access to the case information or the original examiner's conclusions [23,  
22 40]. This differs from a technical or administrative review [43] in that the examination is undertaken a second  
23 time, independently of the first.

24 Although a previous global study of forensic examiners and cognitive bias included responses from toxicologists,  
25 their responses were excluded from analysis due to low numbers [44]. In addition, no bias-minimizing or bias-  
26 reduction strategies have been published for general forensic toxicology casework.

27

28 *1.3. Aim*

29 Here, we address this knowledge gap by assessing the awareness of contextual bias and potential sources of  
30 contextual bias across an international group of forensic toxicologists. Our study also aims to highlight this issue and  
31 discuss aspects of forensic toxicology casework that are vulnerable to cognitive bias using the following main  
32 objectives:

- 33 1. Capture the contextual information reported to be used by forensic toxicologists when interpreting post-  
34 mortem toxicology results;
- 35 2. Survey the awareness forensic toxicologists on contextual bias;
- 36 3. Estimate the proportion of forensic toxicology laboratories that have taken steps to mitigate cognitive bias;  
37 and
- 38 4. Gather a list of possible bias-minimizing procedures from experts in the field.

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## 2. Methods

### 2.1. Procedure

We used questionnaires to survey the use of contextual information in forensic toxicology and to assess awareness of contextual bias among practitioners. Early studies in cognitive forensics, such as those conducted by Miller [45, 46], Kerstholt *et al.* [16], and Dror *et al.* [47, 48] involved asking experts to carry out an examination with or without potentially biasing contextual information (see Cooper and Meterko [29] for a detailed review). Whilst this is a useful approach, behaviour can be influenced by different experimental conditions or by observation [49]. For example, some participants may 'figure out' the point of the experiment and change their behaviour out of a desire not to fall prey to an obvious attempt to identify bias [50] and thus give more socially desirable answers (*social desirability response bias* [51]). In addition, for laboratory-based disciplines such as forensic toxicology, it is difficult to re-create a realistic working environment in such experiments. There is also a great deal of variation in work conditions and practices across forensic toxicology laboratories, making it difficult to apply the results of such experiments more generally [7]. The current study did not aim to measure error rates (there are not always 'correct' or 'incorrect' interpretations of toxicological findings), but rather to examine the experiences and opinions of examiners. We therefore used a questionnaire-based design.

### 2.2. Participants

We collected data from delegates attending the 54th conference of The International Association of Forensic Toxicologists (TIAFT), which took place in Brisbane, Australia from 28 August to 1 September 2016. Five-hundred and ten delegates from 46 countries attended. We approached a random opportunity sample of delegates during the conference and recruited only those who had a reporting role, specifically reporting post-mortem results, and excluded those whose role did not involve routine casework interpretation (*e.g.*, analytical scientists, graduate students, researchers and senior managers) or who were involved in limited types of forensic toxicology testing in their laboratory (*e.g.*, only workplace drug testing). In total, thirty-six participants from 23 different countries participated (see Fig. 1 for a map of the countries represented). Some countries were represented by more than one participant (Australia:  $n = 5$ , UK:  $n = 4$ , USA:  $n = 3$ , and Brazil, Germany, New Zealand, South Korea:  $n = 2$ ). We did not collect data on other demographic characteristics such as age or sex/gender, which have not yet been shown to play an important role in cognitive forensic studies.

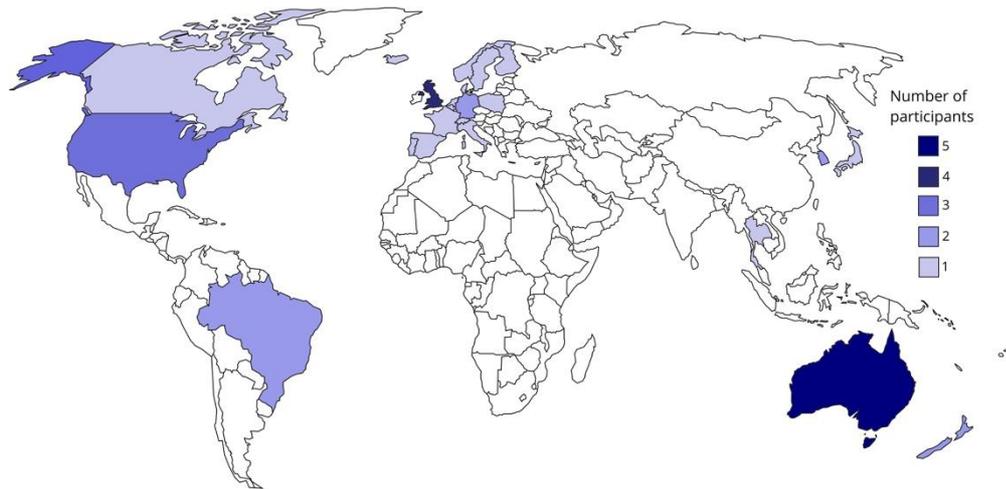


Fig. 1. Location of the laboratories where participants worked. Shading indicates the number of participants from each country.

### 2.3. Materials

Prior to testing, we gave each potential participant a Participant Information Sheet that detailed the task involved and gave each potential participant the opportunity to ask questions. Those who met the inclusion criteria and were willing to participate then signed an informed consent form before participating in the task. In the first part of the study, we asked participants to read a set of simple post-mortem toxicology results (see Box 1) and then indicate what information they would normally use to interpret these results in their day-to-day casework. Participants could select from a list of options and/or provide examples freely. These options were not intended to be exhaustive and included the most common types of information received by forensic toxicologists, according to the first author's professional experience. On finishing the first task, participants then completed a questionnaire on contextual bias (see Box 2). We ordered the tasks in this way to minimize lack of participant naïveté to the purpose of the study while completing the first part. Specifically, the first question in the questionnaire surveyed general familiarity with contextual bias, with two further questions (Q2 and Q4) designed to test understanding and knowledge of this concept. We defined 'contextual bias' in Box 2 to ensure clarity across all participants on the concept being examined in the questionnaire before they responded, to control for any inconsistent use of terminology within cognitive forensics [52]. Questions 3, 5 and 6 recognise that most forensic toxicologists work within quality-controlled environments and were designed to capture the procedures and processes in place in laboratories. As some participants may have been the only representative of a national forensic laboratory at the conference (and hence identifiable), supplying their country was optional (however, all participants did complete this section). We collected all data in paper format and manually transferred the data to MS Excel for later analysis. Before collecting data from participants, we collected pilot data from two forensic toxicologists on the application and use of the scenario and questionnaire and later refined each based on their responses.

#### Box 1. The Scenario

Following full drug and alcohol analysis in a post-mortem case, the toxicology results in preserved femoral whole blood were:

(Free) morphine: 0.15 mg/L  
Codeine: 0.09 mg/L

No other drugs or alcohol were detected.

Please indicate below what information about this case you would NORMALLY use to interpret these results in your day-to-day casework. Please TICK (✓) as many options as you deem necessary.

- No case information required
- Circumstances of the death:
  - Date
  - Time
  - Location
  - A description of the scene
  - A post-mortem/autopsy report
- Personal details about the deceased:
  - Age
  - Profession
  - Sex
  - Ethnicity
  - Personal relationships
  - Recent periods spent in custody
- Medical information on the deceased:
  - Medications prescribed
  - Emergency medical treatment received
  - Medical history, such as pre-existing disease
  - History of illicit drug use
- Other (please specify and continue overleaf if necessary)

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1 **Box 2. The Questionnaire**

**“Contextual bias” can occur when a forensic scientist is given information about a case that can subconsciously affect their interpretation of test results.**

Question	Yes	No	Not sure
1. Are you familiar with this concept?			
2. Would you feel comfortable explaining it to another forensic toxicologist?			
3. Does your laboratory have a policy on contextual bias?			
4. Have you received any information on contextual bias? <i>e.g., attended a seminar.</i>			
5. Are you aware of any bias-minimizing procedures that would be suitable for forensic toxicology casework? <i>If Yes, please describe below</i>			
6. Does your laboratory use any of these? <i>If Yes, please describe below</i>			

*Please give the following information:*

Years of experience as a reporting forensic toxicologist \_\_\_\_\_

Country where your laboratory is based \_\_\_\_\_ (optional)

Country where you were trained (if different to above) \_\_\_\_\_

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3 **3. Results**

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5 **3.1. Data analysis**

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Experiences influence our memories and conceptualizations, which can result in biased or inaccurate opinions [53], and a previous study investigated whether forensic examiners differ in their beliefs about bias as a function of their experience [44]. Therefore we first examined the data collected from the questionnaire for any correlation between years of forensic toxicology experience and response (‘Yes,’ ‘No’ or ‘Not sure’) to Q1, Q2, Q4 and Q5. A linear model was fitted using R to predict years of experience based on response. We also analyzed data from the scenario according to the number and types of contextual information used during interpretation and the bias-minimizing strategies suggested. We did not analyse the data stratified by country due to small sampled sizes per country.

**3.2. Forensic toxicology experience**

The number of years of experience as a reporting forensic toxicologist of the participants ranged from 1–35 years (median ± SD = 12.5 ± 8.9 years), see Fig. 2 for the distribution. Here, we found no correlation ( $p = 0.9844$ ) between years of experience as a forensic toxicologist and response to any of Q1, Q2, Q4 or Q5, although it should be noted that the sample size is small. We excluded Q3 and Q6 from this analysis because they focussed on the laboratory rather than the individual examiner.

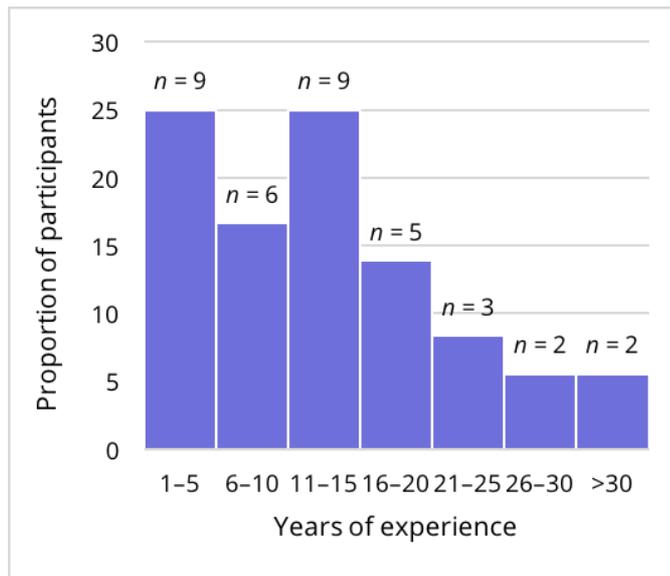


Fig. 2. Distribution of years of experience as reporting forensic toxicologists across participants.

### 3.3. Scenario responses

Fig. 3 shows the proportion of participants who reported using different types of information (see Box 1) to interpret the post-mortem forensic toxicology results. The number of pieces of information used ranged from 3–15 (median  $\pm$  SD =  $11 \pm 3$ ) with only two participants (6%) stating that they used no information during interpretation, because their submitting authorities did not provide any. The most common pieces of background information used were medications prescribed to the deceased ( $n = 31, 86\%$ ), and history of illicit drug use ( $n = 30, 83\%$ ), followed by a description of the scene, and emergency medical treatment received by the deceased (both  $n = 29, 81\%$ ).

We also asked participants to provide any additional information not listed in Box 1, which they would routinely use to interpret post-mortem forensic toxicology results. These are listed in the appendix.

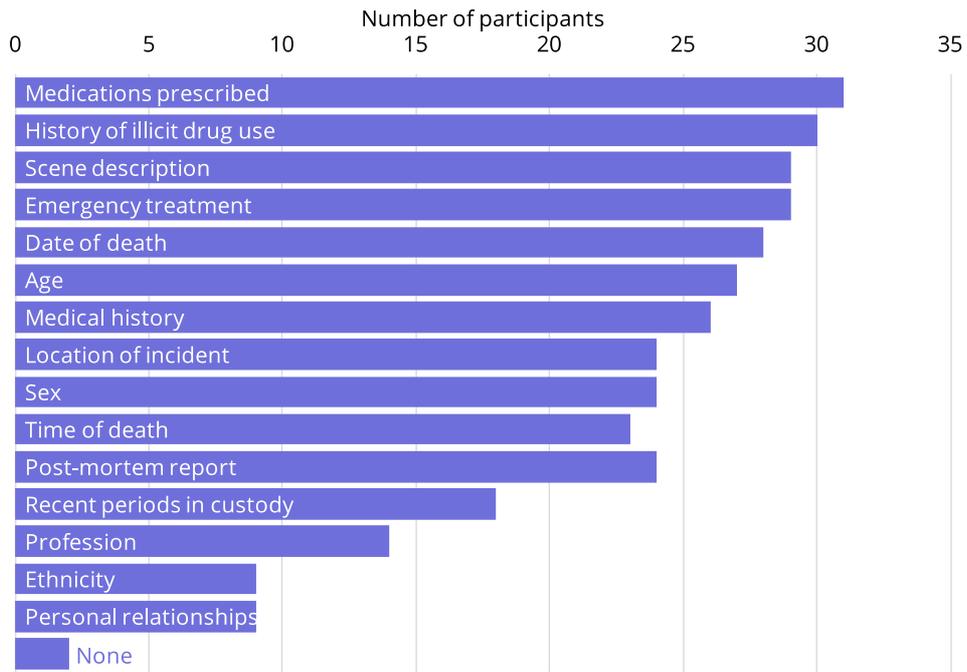


Fig. 3. Information that participants reported to use when interpreting the post-mortem forensic toxicology results.

### 3.4. Questionnaire responses

In the second part of the study, we administered a questionnaire to assess the general level of familiarity with contextual bias among forensic toxicologists, and to capture any suggested bias-minimizing procedures. Fig. 4 shows the results. Most participants ( $n = 30$ , 83%) reported being familiar with the concept of contextual bias, with six participants either not sure or stating no familiarity with the concept. Most participants (78%,  $n = 28$ ) also understood the concept to the extent that they would feel comfortable explaining it to another forensic toxicologist. Just over half of participants (53%,  $n = 19$ ) had received information on contextual bias from a formal source such as a seminar, with the other participants having either received no information (8%,  $n = 3$ ), or having obtained information informally from books or journal articles. A minority group of participants (14%,  $n = 5$ ) stated that their laboratory had a policy on contextual bias, with most participants (61%,  $n = 22$ ) stating that no policy existed, and 25% ( $n = 9$ ) responding 'Not sure'. Over half of participants (56%,  $n = 20$ ) knew of one or more bias-minimizing procedure(s) that could potentially be applied to forensic toxicology casework (but were not necessarily in use in their laboratories). These are listed in Table 1. We broadly categorized responses to this question into procedures that affect laboratory work, and those that affect interpretation. Note that multiple participants suggested the same procedure, with the most common being anonymization of case samples. One quarter of participants (25%,  $n = 9$ ) reported actually using bias-minimizing procedures in their laboratory routinely. One participant stated on the questionnaire that debate about contextual bias was ongoing in their place of work.

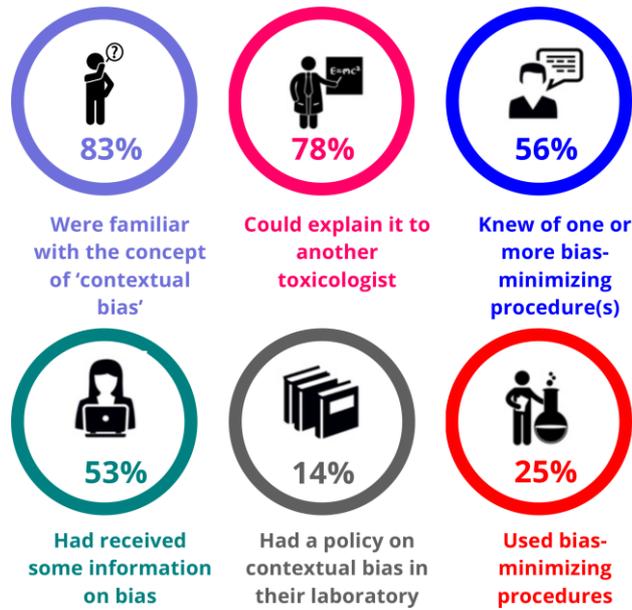


Fig. 4. Proportion of participants responding 'Yes' to Q1–Q6 of the questionnaire.

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Two of the participants expressed the view orally during the study or in writing on the scenario, that they were not affected by bias, or that such biases did not exist.

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**Table 1**

8

Responses to Q5 in Box 2 on bias-minimizing procedures that could be applied to forensic toxicology casework.

Procedures for interpretation
Not to use any background or personal information about the case
Restrict access to background on a case-by-case basis
Consult colleagues with less knowledge of the case – <i>ad hoc</i> or regularly
Stay away from information on the case in the media (internet/TV)
Try to interpret with only minimal information first <i>e.g.</i> , age and gender only
Basic procedures used in other pattern evidence fields
To state what contextual information you have received
Peer review without referring to the case circumstances
Keep to statements that can be supported by scientific evidence ( <i>e.g.</i> , published data, own studies)
Procedures for the laboratory
Use of anonymized samples – names replaced with barcodes or numbers
Contextual information concealed† until testing is complete
Analysts are unaware of the circumstances in the case
Use of strict criteria for identifying a compound
Use of a robust quality assurance program

†from laboratory analysts.

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**4. Discussion**

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Our study aimed to explore the extent of familiarity with contextual bias among forensic toxicologists, to capture the use of potentially biasing information in the interpretation of toxicology results, and gather examples of potential

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1 bias-minimizing strategies specifically for toxicology casework. Working with an international sample of participants,  
2 we collected data on the reported use of contextual information during interpretation with a scenario, and surveyed  
3 forensic toxicologists' familiarity with contextual bias using a questionnaire.

4  
5 It is important to note that the impact of cognitive bias on any particular case is larger when the evidence is more  
6 difficult to assess [54]. In simple cases, such as DUI of alcohol, where the alcohol concentration is compared to a  
7 proscribed limit, the data usually speaks for itself; it is the more difficult cases, where the evidence is borderline,  
8 ambiguous [17] or inconclusive, or where samples are of poor quality [48], that cognitive bias could be most  
9 problematic. A recent study also showed that cognitive bias is more apparent when forensic examinations are carried  
10 out under time pressure [55]—a reality in many forensic laboratories, where backlogs are common [56]—when  
11 examiners might inadvertently fall back on automatic decision-making. Another important consideration is that  
12 cognitive bias does not necessarily result in an incorrect interpretation of test results [57].

#### 13 14 *4.1. Use of contextual information*

15 The vast majority (94%) of participants reported using some contextual information in their interpretation of the  
16 post-mortem toxicology results. It should be noted that not all contextual information will lead to cognitive bias  
17 because, as mentioned in section 1.1, some information is task-relevant to interpretation. For example, the most  
18 common pieces of background information used were the drug and medication history of the deceased, which may  
19 be useful when considering factors such as tolerance and acute vs. chronic use of drugs; the same concentration of  
20 methadone (an opioid substitution drug) could be interpreted as consistent with fatal overdose in a drug-naïve  
21 individual, but consistent with therapeutic use in a chronic (long-term) user [58]. The next most commonly reported  
22 piece of information used was emergency medical treatment received by the deceased, which may be useful in  
23 excluding drugs administered in trauma cases, such as morphine, ketamine and midazolam, from interpretation. If  
24 ante-mortem hospital blood samples taken during treatment are submitted for analysis, the date and time these  
25 were taken is also important for both case strategy and interpretation. Emergency medical treatment was equally  
26 prevalent with a description of the scene. Whilst a description of the scene can be useful in determining which tests  
27 are appropriate (*e.g.*, in the case of empty medication packets), it can also reveal information that is potentially  
28 biasing during interpretation (*e.g.*, the presence or absence of drug paraphernalia such as syringes, needles, burned  
29 foil, *etc.*). This can lead to only one possible explanation of test results being reported to the customer, when in fact  
30 there are several. The wide variation in what or how much contextual information is being used during interpretation  
31 may be caused chiefly by what information is received from the submitting authority, rather than by individual expert  
32 preferences. The training system and management structure (*e.g.*, opinions of the most senior staff) of laboratories  
33 often also play a role in how results are interpreted.

#### 34 35 *4.2. Familiarity with contextual bias*

36 The majority of participants reported that they were familiar with the concept of contextual bias. In a previous global  
37 study across different forensic disciplines that also used a survey design, many examiners had only a limited  
38 appreciation of cognitive bias, or saw themselves as impervious to it [44]. Occasionally “some in the forensic

1 community respond in a defensive manner whenever the potential of context influencing decision-making is  
2 discussed” [[59], p. 1598], and two participants in this study fell into this category. Cognitive bias has been  
3 demonstrated as a potential issue across most forensic disciplines, and experts may be unaware that contextual  
4 information is influencing their judgements [60].

#### 6 4.3. *Bias-minimizing strategies*

7 Awareness of bias is necessary in order to avoid what is known as the *bias blind spot*, where people perceive  
8 themselves as being less susceptible to bias than others [61]. However, awareness alone is not sufficient to reduce  
9 bias: active steps must be taken to address cognitive bias [57]. No single de-biasing strategy has emerged from the  
10 literature as being universally applicable [62], therefore, this study aimed to produce a list of bias-minimizing  
11 strategies for potential use in forensic toxicology laboratories. We did not record any suggested strategies for  
12 minimizing bias when requesting screening tests for a case. However, the move in some laboratories away from  
13 multiple drug-specific tests towards a single screening method for 100+ drugs of abuse and prescription/over-the-  
14 counter medications by liquid chromatography-mass spectrometry (LC-MS) [63] to be used as standard in all cases  
15 will naturally reduce test choices based on expectations. In laboratories where this is not in place, one option is to  
16 justify the choice of screening tests in the casefile, because, as Osborne *et al.* [64] discuss, accountability may lead  
17 to more cautious and informed decision-making. It should be noted that in some jurisdictions the choice of tests is  
18 decided by the submitting authority rather than the receiving laboratory, and may be limited by financial  
19 considerations or other local conditions.

21 At the point of screening, anonymization of samples and/or restriction of background information from analysts, as  
22 well as having strict scientific criteria for identification of a drug can help to minimize ambiguous or poor-quality  
23 chromatographic/spectral matches being deemed positive based on contextual bias. Applying the criteria  
24 consistently, and resisting the urge to ‘bend the rules’, should also prevent the converse situation, known as *selective*  
25 *attention to evidence* [21], where good-quality matches are deemed negative or ignored.

27 In terms of case interpretation, several participants suggested limiting the availability of background information to  
28 the person writing the expert report (the *reporting toxicologist*). However, because of the targeted nature of many  
29 forensic toxicology tests (*e.g.*, volatile solvents in ‘glue sniffing’ cases), which are often only carried out if the  
30 substance is indicated in the case information, the presence of such test results can reveal much of the background  
31 to the reporting toxicologist anyway. Contextual information regarding high-profile and well-publicised cases may  
32 also be difficult to avoid [23]. In addition, some contextual information is task-relevant during interpretation, and  
33 forensic toxicology professional membership organisations advise that some background information is necessary  
34 in order to produce a scientifically sound interpretation [30, 65]. Certain toxicologists also use the term *investigative*  
35 *forensic toxicology* where all sources of information in a case are consciously used and correlated with test results  
36 [26]. We propose therefore that contextual information not be disregarded completely during interpretation, but  
37 that forensic toxicologists should be cognizant that this information will likely be weighed again by the trier of fact,  
38 and it is therefore easy for evidence (*e.g.*, signs of intravenous drug use) to be counted multiple times [54]. This

1 phenomenon is known as *double counting* of evidence [66], *double impact* [5] or the *bias snowball* [67], and means  
2 that those using the information to form a judgement (*e.g.*, jurors) may believe they are receiving two independent  
3 pieces of evidence, and thus give them more weight than they should [66]. In some cases, the contextual information  
4 used by the forensic toxicologist during interpretation might be unreliable. For example, evidence of illicit drug use  
5 may be removed from a scene before the authorities are informed of the death. In others, the background  
6 information may be incomplete or inaccurate, *e.g.*, out-of-date medical records. The case information passed to  
7 toxicology laboratories is often that collected during the very early stages of an investigation and can therefore be  
8 liable to change as the case develops, without new information necessarily being passed onto the toxicology  
9 laboratory. Furthermore, the context may be legally inadmissible (*e.g.*, hearsay evidence that the deceased was a  
10 drug dealer), but this might not be apparent until there is an attempt to present such information as evidence in  
11 Court [68]. It is also important to note that the task of integrating multiple lines of evidence, or deciding what  
12 evidence is 'relevant' to a case is appropriate for the jury, judge or Coroner—not the scientific expert [69].

13  
14 If contextual information is to be made available to the reporting toxicologist for interpretation, a more practical  
15 approach may be to introduce a *bias check* during the peer-review process. In this step, the case is reviewed by  
16 another reporting toxicologist who has not seen the case background. As with all peer review, the case should be  
17 presented to the reviewer with care, avoiding the impression that they should simply seek to confirm the existing  
18 interpretation [55], and any changes/disagreements should be noted in the casefile [70]. As reviewers may be  
19 influenced by their opinion of the report's author (including their position in the laboratory hierarchy, qualifications,  
20 experience or past performance), the process can be strengthened by rotating or randomizing peer reviewers and,  
21 if feasible, making the review blind (*i.e.*, the reviewer does not know the identity of the report's author) [57].  
22 Another, related, procedure gathered from this study, is to have regular meetings to discuss cases with colleagues  
23 who are not familiar with the case circumstances. This may lead to alternative interpretations of the test results  
24 being suggested that the reporting toxicologist had not considered.

25  
26 Toxicologists should also be open-minded to alternative explanations for test results [71, 72]. For example, in the  
27 scenario given in Box 1 the combination of codeine and morphine present in the blood could be a result of the use  
28 of both drugs, or a result of the use of heroin (codeine is often seen as a contaminant in street heroin and a high  
29 morphine-to-codeine ratio (>1) in blood has been suggested as a marker of heroin use in post-mortem cases [73]).  
30 A conservative interpretation would include both possible explanations, thus overcoming contextual bias, *e.g.*, 'the  
31 results are consistent with the use of heroin, or with the use of morphine and codeine'. If a toxicologist considers,  
32 but decides not to report an alternative explanation, for reasons such as brevity or simplicity, a note could be made  
33 in the casefile recording the decision.

34  
35 Another possible reporting strategy is the use of models to interpret toxicological and circumstantial findings  
36 together *e.g.*, for heroin-related deaths [74]. Such models enable contextual information to be used in an open and  
37 transparent way in case interpretation, and improve the consistency of decision-making [74]. One participant in this  
38 study suggested the use of a robust quality assurance (QA) programme as a bias-minimizing procedure (see Table

1) 1), as has been suggested previously [75]. Whilst quality management systems exist to ensure certain quality standards are met, not all decisions made for a case will fall under the QA programme, and not all forensic toxicology laboratories are accredited. In addition, a previous study showed that DNA experts disagreed as to whether or not a suspect could have contributed to a DNA mixture, even when they worked in the same laboratory and followed the same procedures and protocols [69].

6  
7 Finally, keeping to statements that can be justified with previously published or in-house data, rather than relying on case information, a 'hunch', or 'previous experience', should help forensic toxicologists to mitigate bias.

#### 9 10 *4.4. Limitations*

11 There are some limitations to this study. Firstly, the sample size is small, which limits the extent to which the results can be generalized. As mentioned previously, not all countries with forensic toxicology laboratories are represented among the data, and the list of countries is limited to laboratories with the resources to send staff to a large international conference. This could mean that the current study did not capture other practices used in smaller, less-well-funded, or more remote laboratories. Although the aim of using an international sample in this study was simply to capture as wide a range of practices as possible, *country* could be a significant source of variation with respect to the potential for cognitive bias and is worthy of more in-depth investigation. Secondly, the case scenario results may not have represented some laboratories' typical casework because the example case involved a single, relatively simple case of a deceased individual. We should therefore be cautious about generalizing the results of the study to the casework context. However, the purpose of the scenario was not to create an exact replica of a forensic toxicology case, but to set the scene before asking the participants about interpretation. Thirdly, biases may be introduced into a forensic toxicology case before it is even submitted to the laboratory. For example, police officers and pathologists can introduce bias with their requests and word choice in the paperwork accompanying samples, or even by their very decision to submit samples [76]. Police and prosecutors also sometimes respond to 'non-supportive' test results by requesting a re-examination [11]. However, investigative outcomes must never be a consideration for any forensic scientist [77].

27  
28 It should be noted that the bias-minimizing procedures outlined in this paper were suggestions from experts in the field, based on their casework experience and on procedures used in other forensic disciplines. They were not derived from empirical data and have not, to the authors' knowledge, been formally tested in forensic toxicology. Some may be unwieldy and would require a cognitively informed risk assessment [57], adaptation to workflow processes, as well as additional resources [7], which are challenging for many high-throughput laboratories at a time when backlogs are growing [60]. Finally, introducing bias-minimizing strategies to a laboratory will not guarantee that forensic toxicology results are error-free.

35  
36 Future work in this area could involve a larger study of forensic toxicologists using a web-based collection method in order to capture responses from a wider range of participants. This would enable the capture of an extended range of practices, including those from laboratories that are not usually represented at international conferences.

1 Other potentially relevant factors to examine, as mentioned earlier, could include the country/region, and the age,  
2 and sex/gender of the toxicologist and asking toxicologists to define bias concepts to examine variance in the  
3 concepts used across groups. The number of cases reported and times testifying in Court may also be relevant, as  
4 some forensic scientists have argued that their casework training and expertise render them immune to bias [44].  
5 The nature of any bias training received (*e.g.*, group seminar vs. individual reading) may influence understanding of  
6 cognitive bias, and, if accreditation includes the requirement for a policy on cognitive bias and/or strict  
7 interpretation procedures, this may reduce the effect of cognitive bias on casework.

## 8 9 **5. Conclusions**

10 Here, we explored the reported use of contextual information by forensic toxicologists during interpretation of a set  
11 of simple test results in a single case of a deceased individual. The majority of forensic toxicologists participating in  
12 our study reported using some potentially biasing contextual information in their interpretation of the results.  
13 Participants also showed a high level of familiarity with the concept of contextual bias among toxicologists, although  
14 few reported using bias-minimizing policies or procedures in their day-to-day casework. To address this, we also  
15 gathered a list of bias-minimizing procedures suggested by experts in the field. We anticipate that these results will  
16 provide forensic toxicologists with an opportunity to critically examine their practices and workflow, and make  
17 improvements where applicable [57], enabling them to demonstrate to the Court that steps have been taken to  
18 reduce the potential for bias in their casework [23].

19  
20 Declarations of interest: none

## 21 22 **Appendix: additional information used for interpretation from the scenario**

23  
24 If it is a death with a putrefied cadaver

25 Interval between the death and the date of autopsy

26 Conversation with pathologist

27 It is imperative that the toxicological interpretations not be performed in a vacuum. It should be done based on a  
28 preponderance of the available information

29 Information from police report

30 All info available. Not all info would necessarily be required

31 I wish to have more information about case[s] but mostly I do not have

32 The type of case: if it is a roadside or labour control?

33 Full access (in non-high-profile cases) to autopsy and investigation reports

34 Death circumstances

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8

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