



Caryl, F., Shortt, N. K., Pearce, J., Reid, G. and Mitchell, R. (2019) Socioeconomic inequalities in children's exposure to tobacco retailing based on individual-level GPS data in Scotland. *Tobacco Control*, (doi:[10.1136/tobaccocontrol-2018-054891](https://doi.org/10.1136/tobaccocontrol-2018-054891)).

This is the author's final accepted version.

There may be differences between this version and the published version. You are advised to consult the publisher's version if you wish to cite from it.

<http://eprints.gla.ac.uk/187030/>

Deposited on: 02 August 2019

Enlighten – Research publications by members of the University of Glasgow
<http://eprints.gla.ac.uk>

1 **Socioeconomic inequalities in children's exposure to tobacco retailing based on**
2 **individual-level GPS data in Scotland**

3 Fiona M Caryl¹, Niamh K Shortt², Jamie Pearce², Garth Reid³, Rich Mitchell¹

4 1 MRC/CSO Social and Public Health Sciences Unit, University of Glasgow, Glasgow, UK

5 2 Centre for Research on Environment, Society and Health, School of GeoSciences,

6 University of Edinburgh, Edinburgh, UK

7 3 Department of Public Health Sciences, NHS Health Scotland, Edinburgh, UK

8 **Word count: 3474 (excluding title page, tables, figure, references, abstract and 'What**
9 **this paper adds').**

Accepted

10 **Abstract**

11 **Background:** Identifying factors shaping knowledge of and attitudes toward tobacco
12 products in pre-adolescence is a key component supporting tobacco control policies aimed at
13 preventing smoking initiation. This study quantified exposure to tobacco retailing
14 environments within the individual-level activity spaces of children across a socioeconomic
15 gradient.

16 **Methods:** One week of GPS tracking data were collected at 10 second intervals from a
17 nationally-representative sample of 10-11-year-olds (n=692). Proximity of GPS locations
18 (n~16M) to the nearest tobacco retailer (n=9030) was measured and exposure defined when
19 a child came within 10m of a retailer. Duration, frequency, timing, and source of exposure
20 were compared across income-deprivation quintiles, along with retail density within
21 children's home neighbourhoods.

22 **Results:** On average, children were exposed to tobacco retailing for 22.7 minutes (95%CI
23 16.8—28.6) per week in 42.7 (35.2—50.1) independent encounters. However, children from
24 the most deprived areas accumulated 6 times the duration and 7 times the frequency of
25 exposure as children from the least deprived areas. Home neighbourhood retail densities were
26 2.6 times higher in deprived areas, yet the average number of businesses encountered did not
27 differ. Most exposure came from convenience stores (35%) and newsagents (15%), with
28 temporal peaks before and after school hours.

29 **Conclusions:** By accounting for individual mobility, we showed that children in socially
30 disadvantaged areas accumulate higher levels of exposure to tobacco retailing than expected
31 from disparities in home neighbourhood densities. Reducing tobacco outlet availability,
32 particularly in areas frequently used by children, might be crucial to policies aimed at
33 creating 'tobacco free' generations.

34

35 **Background**

36 There is growing acceptance that tobacco ‘endgame’ strategies—which seek to end, rather
37 than control, the tobacco pandemic—are needed to reduce the global burden of preventable
38 disease^{1–3}. Endgame goals vary internationally, but typically set a target for reducing smoking
39 prevalence to less than 5% of the population⁴. A variety of tobacco-related interventions will
40 be required to achieve these ambitions, and will almost certainly have to include measures
41 designed to reduce the local supply of tobacco products⁴. Most adult smokers start during
42 adolescence⁵, so mitigating against risk factors connected to smoking initiation during
43 adolescence has been identified as a priority in tobacco control policies⁶. However, much of
44 the research into the availability of tobacco products has focused on adults and adolescents^{7–}
45 ¹², and less is known about exposure among younger children. This is a key omission
46 because pre-adolescence is a significant formative period during which knowledge and
47 attitudes to health-related behaviours, including smoking, become ‘hard-wired’¹³.

48 The availability of tobacco products has been identified as a potential causal factor in
49 promoting smoking initiation and as a barrier to cessation^{14,15}. It is well established that
50 tobacco retailing is disproportionately located in more socially deprived neighbourhoods^{16–20},
51 where smoking prevalence and premature deaths attributable to tobacco are also higher^{21,22}.
52 Research suggests that ubiquitous availability of tobacco normalises and reinforces smoking
53 in the local population, which in turn may make young people in the area more likely to
54 become smokers themselves^{2,15,16}. Early smoking experience is strongly linked to later
55 behaviour^{23–25}. Two-thirds of youths who initiate smoking aged 11 years become regular
56 smokers versus less than half of those who initiate aged 16²⁶. Even a single smoking
57 experience at age 11 is associated with an increased risk of smoking in the future compared

58 with those who never smoked at this age²⁷. Hence early childhood interventions, such as
59 those designed to de-normalise smoking behaviours by reducing tobacco availability in
60 socially disadvantaged areas, should benefit disadvantaged children who are already more
61 vulnerable to smoking²⁸.

62 Research linking exposure to tobacco retailing and youth smoking has typically quantified
63 exposure within local neighbourhoods delimited using fixed areal units, such as census tracts,
64 postcodes, or distance buffers from schools and/or homes^{12,17,19,29,30}. However, such methods
65 are potentially biased by the areal units for which data are reported, and may not account for
66 highly variable movements of individuals during their daily activities³¹. For example,
67 measuring exposure within an individual's residential neighbourhood can lead to
68 considerable underestimates compared to those based on an individual's daily
69 movements^{32,33}. To overcome this, researchers are increasingly quantifying environmental
70 exposures, such as to food or tobacco retail environments, within individual "activity spaces",
71 i.e. the set of locations visited in the course of daily activities and routes used to access
72 them³³⁻³⁶. Importantly, novel research linking individual-level mobility patterns to point-of-
73 sale tobacco marketing exposure has revealed substantial differences in when and where
74 individuals encounter tobacco^{35,36}. Kirchner et al. conclude that 1) fixed measures of
75 exposure environments fail to account for differences in the mobility, preferences, and
76 behaviour of individuals as they interact with the built environment; and 2) quantifying
77 individual-level exposure can identify previously unrecognized patterns of association among
78 individual mobility, the built environment, and behavioural outcomes^{35,36}.

79 The focus of this study is Scotland where recent tobacco control policies—including banning
80 point-of-sale tobacco product displays in shops; raising the legal purchase age to 18-years-
81 old; and making it an offence to buy tobacco for under 18s—have led to significant declines
82 in smoking in Scotland in the last decade^{37,38}. Adolescent smoking rates are at a historical

83 low, with just 2% of 13-year-olds and 9% of 15-year-olds reporting regular smoking³⁹.
84 However, rates of smoking in 13- and 15-year-olds remain higher in the most deprived
85 areas^{37,39}. If the government's aim of making Scotland tobacco-free by 2034 is to be achieved
86 it is clear that further action to reduce inequalities in smoking is necessary³⁸.

87 In this paper, we determine if individual mobility patterns of children exacerbate exposure to
88 tobacco retailing above what would be expected based on tobacco outlet density (TOD)
89 alone. To achieve this, we provide a nationally representative assessment of daily exposure to
90 tobacco retailing within the individual-level activity spaces of pre-adolescent children
91 (n=692) in Scotland. One limitation highlighted by Kirchner et al. was that the low frequency
92 of geospatial locations recorded (once every 15 minutes) in their study meant some exposures
93 may have been missed, and exposure duration could not be estimated³⁶. Here, we use location
94 data collected every ten seconds to quantify real-time exposure duration and make
95 comparisons across area-level income deprivation quintiles. We calculated traditional
96 measures of TOD in the home environment to determine if socioeconomic inequalities in
97 exposure duration reflect those in TOD. In addition, we quantify the frequency of
98 independent exposures, the number of unique retailers encountered per day, and the timing
99 and source (i.e. outlet type) of exposures.

100 **Methods**

101 Calculating individual-level exposure of children to tobacco retailing took the following
102 steps: i. geocoding tobacco retailer locations; ii. measuring proximity of children's GPS
103 locations to the nearest tobacco retailer; iii. calculating mean hourly exposure rates to derive
104 daily and weekly rates for comparison across area-level deprivation quintiles.

105 *Tobacco retail data*

106 The addresses of all premises registered for tobacco sales in 2015-2016 were obtained from
107 the Scottish Tobacco Retailers Register (n=9043) and cleaned to remove duplicates, resulting
108 in 9030 premises. The longitude/latitude coordinates for each address were geocoded using
109 the R package⁴⁰ `ggmap`⁴¹. Most addresses (91%) were geocoded to rooftop accuracy, but
110 those that failed (n=830; 9%) were manually geocoded using Google Maps.

111 *Neighbourhood deprivation*

112 We obtained an indicator of socioeconomic deprivation for the data zone (a commonly used
113 census data reporting unit comprising 500-1000 residents) containing each participant's home
114 address. The measure came from the Scottish Government's Scottish Index of Multiple
115 Deprivation (SIMD) 2016, a tool for measuring area-level deprivation. The SIMD is made
116 from 7 domains that characterise social, economic and physical environment in the area,
117 ranging from education to crime. Following previous precedent, we used the income
118 deprivation domain to measure area level deprivation¹⁹. This domain indicates the proportion
119 of population in each area experiencing income deprivation as measured by receipt of means-
120 tested benefits and government support. Eligibility for means tested benefits is based on
121 income and savings, and benefits are used to top-up income if it is below a certain level.

122 *Child activity space data*

123 We used data from participants in the 'Studying Physical Activity in Children's
124 Environments across Scotland' (SPACES) study⁴², who were recruited from the Growing Up
125 in Scotland (GUS) study—a nationally representative longitudinal cohort study originating in
126 2005. From a possible 2,402 children who participated in GUS sweep 8 interviews, 2,162
127 consented to be approached by SPACES researchers, of which 51% (n=1,096) consented to
128 take part. Participants were provided with an accelerometer (ActiGraph GT3X+) and a GPS
129 (QstarzSTARZ BT-Q1000XT; Qstarz International Co., Ltd, Taiwan) and asked to wear them

130 over eight consecutive days between May 2015 and May 2016, when the participants were
131 10-11-years old. SPACES inclusion criteria required at least four weekdays of accelerometer
132 data and 1 day of weekend data, resulting in a subset of 774 participants. Of these, 692
133 participants (381 female, 311 male) met our inclusion criteria of providing at least one hour
134 of GPS data (Table 1).

135 *Quantifying exposure*

136 The straight-line distance from each GPS location to every retailer location was measured
137 using the geosphere package⁴³ in R, and the nearest tobacco retailer retained along with
138 information regarding retailer outlet type. Locations were classed as “exposed” when distance
139 to nearest retailer was $\leq 10\text{m}$. The 10m threshold was used because this is the distance a child
140 walking at 1m sec^{-1} (3.6kph) would travel between each GPS location. Each exposed location
141 represented a 10-second epoch and duration of exposure in minutes was calculated by
142 multiplying counts of locations by 10, then dividing by 60. The frequency of independent
143 exposures was also quantified. Independent exposures occurred when an exposed location
144 was preceded by an unexposed location and thus gives a measure of encounter rates with
145 retailers. The unique identifier of retailers on the register was used to quantify the number of
146 unique retailers encountered by participants.

147 Participants were asked to wear GPS devices during waking hours, leading to variation in
148 wear time per day. To account for this, we standardised rates of exposure (duration and
149 frequency) per hour of wear for weekdays and weekend days. Hourly exposure rates of each
150 participant were then averaged to provide the mean hourly rate per day type per child. Mean
151 hourly rates were multiplied by 16 hours to calculate the daily exposure in an average week
152 or weekend day (0600-2200) for each participant. Rates were average across week/end day
153 types and used to scale estimates per average week.

154 Comparison our sample with national level demographic distributions (Supplementary
155 material) indicate slight under-representation of children from low-middle-income
156 households (£10,000—£29,000) and the two most socially deprived quintiles (SIMD 1 and
157 2); and over-representation of high-income households (>£50,000) and the least socially
158 deprived quintiles (4 and 5). However, after applying individual-level cross-sectional weights
159 that were generated for all GUS respondents in sweep 8⁴², our sample could be considered
160 nationally representative. Hourly exposure rates were weighted by each participant's unique
161 weighting score and used as response variables in models against income-deprivation
162 quintile.

163 *Home environment TOD*

164 We calculated home neighbourhood TOD as the number of tobacco outlets within 800m of
165 each participant's geocoded home address⁹.

166 *Data analysis*

167 Mean weighted exposure rates (duration and frequency) of participants, home environment
168 TOD, and mean and maximum number of unique retailers encountered were compared across
169 income deprivation quintiles using one-way analysis of variance (ANOVA). Separate models
170 were run for week days, weekend days, and average weeks. We controlled for season (winter:
171 October—March) in all models, although 54-64% of participants in all income quintiles were
172 tracked in winter (Table 1). All analyses were conducted in R using the lme4 package⁴⁴. The
173 proportion of total daily exposure per hour of day and the proportion of total daily exposure
174 per retailer type were also quantified. Exposure by retailer type was compared against
175 availability in the environment with chi-square tests, as was the distribution between most
176 and least income deprivation quintiles. The distribution of exposure by time of day was

177 compared between most and least income deprivation quintiles. All means are presented with
178 95% confidence intervals.

179 **Results**

180 A total 52,166 hours of GPS data were collected from 692 participants, with an average 63.0
181 hours (61.7—64.2) of wear time per participant across an average 6.0 (5.6—6.4) days of
182 tracking, equalling an average 10.0 hours (9.9—10.1 hours) per participant per day (Table 1).

183 *Duration and frequency of exposure to tobacco retailing*

184 Our results showed that an average 10-11-year-old child was exposed to tobacco retailing for
185 2.7 minutes (1.9—3.4) per weekday and 4.7 minutes (3.4—5.9) per weekend day, totalling
186 22.7 minutes (16.8—28.6) per week (Table 2). However, a significant socioeconomic
187 gradient existed in which children from the most income deprived areas experienced 5 times
188 more exposure than children from the most affluent areas on weekdays, 6 times more on
189 weekend days, and 6 times more in an average week ($P<0.001$: Table 2). An even greater
190 disparity was apparent in the frequency of independent exposures (Table 3). While the
191 average child encountered exposures 5.2 (4.2--6.1) times per weekday, 8.5 (6.9--10.2) time
192 per weekend day, and 42.7 (35.2--50.1) times per week, children in the most income deprived
193 areas encountered exposures 7 times more frequently per weekday and week than children in
194 the least deprived areas (and 6 times on weekends: $P<0.001$: Table 3). The total number of
195 businesses encountered by each child was higher in the most deprived areas 6.7 (5.3—8.1)
196 than the least deprived 6.0 (5.3—6.7), but not significantly so ($P=0.63$).

197 *Tobacco outlet density in the home environment*

198 The average number of retailers within 800m of participant's homes was 6.2 (5.6—6.7).
199 Home environments of participants in the most deprived quintile had significantly more

200 retailers (11.8; 10.1—13.4) than those in the least deprived areas (4.5; 3.7—5.2; $P < 0.001$).

201 The mean density in the most deprived areas was 2.6 times greater than that in the least

202 deprived.

203 *Source of exposure by outlet type*

204 We found a significant difference between the distribution of exposure source across all

205 income-deprivation levels and the availability of those sources in the environment ($P < 0.001$).

206 Overall, most exposure during a week came from convenience stores (35.0%) and

207 newsagents (14.5%), although the level of exposure was roughly proportionate with the

208 availability of these outlets (37.5% and 15.3%, respectively: Table 4). Exposure from

209 supermarkets (9.8%) was significantly higher than expected given their availability (5.4%),

210 particularly on weekends (13.6%). Exposure from off-licences, hotels, and businesses classed

211 as “other retail” (e.g. discount stores) was also greater than expected given their availability.

212 We found significant differences between the distribution of exposure sources of children in

213 the most deprived areas compared to those in the least deprived areas, and with their

214 availability in the environment (both $P < 0.001$). Children in deprived areas got significantly

215 more exposure from convenience stores (41.0%) than children in the least deprived areas

216 (28.1%). However, this reflected differences in the availability of convenience stores, which

217 were 3 times more numerous in the most deprived areas ($n=929$) than the least ($n=306$).

218 Children in deprived areas also got almost three times more exposure from supermarkets

219 (13.2%), particularly on weekends (21.7%), than availability in these areas (4.8%) would

220 predict. Children in deprived areas got less exposure from newsagents (12.7%) or public

221 houses (3.9%) than expected given their availability (17.6% and 7.6%, respectively).

222 Whereas, children from the least deprived areas got more exposure from these two sources

223 (15.1% and 11.8%, respectively) than expected given their availability (11.1% and 9.7%,
224 respectively).

225 *Timing of exposures*

226 Considerable peaks were seen in the timing of exposure for children from across all income
227 deprivation levels. On weekdays, 46% of total exposure occurred after immediately school
228 between 1500-1800, with 10% occurring before school between 0800-0900 (Figure 1a).
229 Rates of exposure were reduced during school hours (0900-1500). On weekends, exposure
230 was elevated between 1200-1700 when 59% of exposure occurred (Figure 1b).

231 [FIGURE 1 HERE]

232 Despite following a similar temporal trend, the hourly distribution of exposure was
233 significantly different on weekdays and weekend days between children from income
234 deprived and non-deprived areas (both $P < 0.001$). The weekday morning (0800-0900) and
235 afternoon (1500-1600) peaks were higher among children from income-deprived areas.
236 Weekend days also saw a higher peak in exposure during the hours 1200-1500 among those
237 from income deprived areas compared to those from non-deprived areas.

238

239 **Discussion**

240 This is the first large-scale (n=692 participants) study to quantify exposure to tobacco
241 retailing environments within the individual daily activity-spaces of pre-adolescent youths,
242 and socioeconomic associations therein. As such, it represents a significant advancement in
243 our understanding of how often tobacco retailers are encountered in an under-studied, yet
244 key, demographic group. We found that an average 10-11-year old child in Scotland is
245 exposed to tobacco retailing for 22.7 minutes (16.8—28.6) per week. Most notable, however,

246 was the significant socioeconomic gradient in exposure, in which children from areas with
247 the most income deprivation accumulated 6 times the duration, and 7 times the frequency, of
248 exposure than children from areas with the least income deprivation. In other words, children
249 in income deprived areas typically experienced more exposure in one weekend day (13.0
250 minutes: 5.8—20.2) as those from non-income deprived areas experienced in a whole week
251 (11.3 minutes: 7.4—15.1). From a public health perspective, this is a concern given that
252 exposure to tobacco products is a potential pathway to smoking initiation^{14,15}. It means that
253 children from income deprived areas, who are already vulnerable to smoking initiation⁴⁵,
254 experience the most exposure to tobacco products prior to adolescence, a critical period of
255 addiction vulnerability⁴⁶. Additionally, the magnitude of the socioeconomic inequality in
256 exposure revealed by our study is considerably larger than the 2.6-fold difference in tobacco
257 retailer density in the home neighbourhood. This strongly suggests that static aerial measures,
258 such as outlet density, may underestimate exposure inequalities compared with use of activity
259 spaces that account for interactions between individual mobility and environment^{35,36}.

260 Simulation studies show that socioeconomic inequalities in smoking prevalence will persist
261 in 2034 if the UK continues with “business as usual” tobacco control policies, with smoking
262 rates of <3% in the upper income quintile smoking compared to 15% in the lowest income
263 quintile⁴⁷. Radical actions are therefore required if the ‘tobacco free generation’ ambition is
264 to be realised. Our results suggest that targeting policies to address the timing and type of
265 retailer selling tobacco, or the spatial distribution of retailers, may be ways to reduce the gap.
266 We found that a third of all exposure came from convenience stores, rising to over 40% in
267 deprived areas, which reflected their availability. Exposure from supermarkets was
268 disproportionate to availability across all income deprivation levels, particularly on weekends
269 when children presumably accompany their parents grocery shopping. Interestingly, children
270 from deprived areas got less exposure from newsagents, while the opposite was true for the

271 least deprived, which may reflect differences in spending-power between quintiles. Clear
272 temporal trends were also apparent, with peaks just before and after school hours on
273 weekdays, and around midday into early afternoon on weekends. Extended exposure after the
274 morning peak into school hours among those from income deprived areas may suggest the
275 schools they attend have tobacco retailers close by.

276 *Policy implications*

277 Possible policy responses to our results are to prohibit sales of tobacco either in shops
278 frequented regularly by children (e.g. convenience stores, newsagents, supermarkets), or at
279 the times of day when children are more likely to visit (e.g. before and after school hours).
280 Previous studies suggest that such policies may be heavily resisted, however. In a feasibility
281 study to determine willingness of New Zealand convenience store owners to stop selling
282 tobacco, or restrict hours of sale, almost all (93%) refused to do so voluntarily⁴⁸. This was
283 primarily because tobacco is perceived as a key product for small local businesses for
284 generating footfall⁴⁸. Reducing the availability of tobacco in communities may therefore
285 require a combination of building public consensus and legislation to disincentivise retailers
286 from selling tobacco products. Encouragingly, policy options such as banning sale of tobacco
287 products near schools can be effective at reducing retailer density in lower income areas and
288 reducing socioeconomic disparities while receiving strong public support^{49,50}. Determining
289 policy interventions that are most effective in reducing overall exposure and socioeconomic
290 inequalities is therefore a priority for future research.

291 *Strengths and limitations*

292 The main strength of our study lies in our quantifying individual-level exposure within child
293 activity spaces using precise child and retailer location data from a large and nationally
294 representative sample of children. This offers a significant advantage over previous studies

295 adopting neighbourhood or density measures, which assume exposure by virtue of residential
296 or school location. Collecting GPS data at 10-second intervals allowed us to quantify
297 continuous real-time exposure, unlike previous studies quantifying exposure to tobacco
298 retailing with GPS data collected at 15- or 30-minute intervals^{35,36}. Our methodology takes
299 our understanding further by providing additional insight into the temporal distribution and
300 the sources of exposure. Additionally, we now have a baseline of tobacco exposure for our
301 sample who will be followed up longitudinally as part of GUS, allowing us to track their
302 future smoking trajectories. Our use of an area-based measure of income deprivation also
303 meant we were able to explore how differences in exposure are driven by the positive skew in
304 retailer density towards more deprived areas.

305 Our study was limited, however, in that we do not know whether the children entered a shop
306 or what the prominence and visibility of tobacco products was within shops. We also did not
307 remove GPS locations at speeds indicative of travel by bicycle or motor-vehicle. We do not
308 know how successive exposures accumulate and influence subliminally—or what a suitable
309 threshold speed would be. Instead we assume that all exposure adds environmental cues to
310 the social normalising process of tobacco availability. In addition, we know little of how a
311 spatial concentration of outlets may relate to other smoking stimuli in the environment to
312 further normalise smoking behaviours. Finally, children from income deprived areas were
313 less well represented in the sample than those from less-deprived areas due to non-responses
314 by those approached to be involved in the study.

315 **Conclusions**

316 Our study highlights how exposure can be more precisely quantified in tobacco studies to
317 better understand everyday encounters with tobacco retailing. In doing so, our findings raise
318 important questions regarding children's exposure to the tobacco retailing environment, and

319 the significant inequalities therein. Understanding of the timing, frequency, duration, and
320 source of tobacco retail exposure provides some of the evidence required to open the debate
321 on tobacco retailing in Scotland. Reducing exposure through licensing, restricting sales in
322 ‘child spaces’, or restricting sale times may become essential elements of a strategy to
323 eliminate the tobacco epidemic.

324 **What this study adds**

325 This study is significant because it reveals how much greater socioeconomic disparities in
326 tobacco retail exposure become when individual mobility is accounted for. By implementing
327 cutting-edge methodology for measuring continuous real-time exposure to tobacco retailing
328 we were able to identify socioeconomic inequalities of greater magnitude than disparities in
329 neighbourhood measures of density would indicate. This forms a significant contribution to
330 the policy debate on tobacco availability. Our findings highlight a need to take interactions
331 between individual patterns of mobility and the retail environment into account when
332 considering any supply-side intervention. However, the observed socio-economic gradient in
333 exposure (as measured by income deprivation level) suggests that any moves to either reduce
334 retail outlets, or restrict time of sales, will have a greater impact on, and indeed benefit to,
335 more deprived income groups who suffer the greatest amount of tobacco-related harm.

336 *Acknowledgements* The authors thank Linsay Gray, Rebecca Mancy, Jon Olsen, Laura
337 MacDonald, and Natalie Nicholls for comments that greatly improved previous drafts of this
338 manuscript.

339 *Contributors* FC, NS, JP and RM designed the study. FC devised methodology, extracted
340 data, conducted analysis, and wrote the manuscript. All authors contributed to draft revision
341 and approved the final manuscript.

342 *Funding* This research was funded by NHS Health Scotland. FC and RM are part of the
343 Neighbourhoods and Communities Programme supported by the Medical Research Council
344 (MC_UU_12017/10) and the Chief Scientist Office (SPHSU10).

345 **References**

- 346 1. McDaniel PA, Smith EA, Malone RE. The tobacco endgame: A qualitative review and
347 synthesis. *Tob Control*. 2016. doi:10.1136/tobaccocontrol-2015-052356
- 348 2. Malone RE. Tobacco endgames: what they are and are not, issues for tobacco control
349 strategic planning and a possible US scenario. *Tob Control*. 2013;22 Suppl 1(suppl
350 1):i42-4. doi:10.1136/tobaccocontrol-2012-050820
- 351 3. Beaglehole R, Bonita R, Yach D, Mackay J, Reddy KS. A tobacco-free world: A call
352 to action to phase out the sale of tobacco products by 2040. *Lancet*. 2015;385(9972).
353 doi:10.1016/S0140-6736(15)60133-7
- 354 4. Moon G, Barnett R, Pearce J, Thompson L, Twigg L. The tobacco endgame: The
355 neglected role of place and environment. *Health Place*. 2018;53:271-278.
356 doi:10.1016/j.healthplace.2018.06.012
- 357 5. U.S. Department of Health and Human Services. *Preventing Tobacco Use Among*
358 *Youth and Young Adults. A Report of the Surgeon General.*; 2012.
359 doi:10.1056/NEJMsa1405092
- 360 6. WHO. *WHO Report on the Global Tobacco Epidemic: Raising Taxes on Tobacco.*;
361 2015.
- 362 7. Frohlich KL, Potvin L, Chabot P, Corin E. A theoretical and empirical analysis of
363 context: Neighbourhoods, smoking and youth. *Soc Sci Med*. 2002. doi:10.1016/S0277-

364 9536(01)00122-8

365 8. Henriksen L, Feighery EC, Schleicher NC, Cowling DW, Kline RS, Fortmann SP. Is
366 adolescent smoking related to the density and proximity of tobacco outlets and retail
367 cigarette advertising near schools? *Prev Med (Baltim)*. 2008;47(2):210-214.

368 doi:10.1016/j.ypmed.2008.04.008

369 9. Lipperman-Kreda S, Grube JW, Friend KB. Local Tobacco Policy and Tobacco Outlet
370 Density: Associations With Youth Smoking. *J Adolesc Heal*. 2012;50(6):547-552.

371 doi:10.1016/j.jadohealth.2011.08.015

372 10. Pearce J, Rind E, Shortt N, Tisch C, Mitchell R. Tobacco retail environments and
373 social inequalities in individual-level smoking and cessation among Scottish adults.

374 *Nicotine Tob Res*. 2016;18(2):138-146. doi:10.1093/ntr/ntv089

375 11. Mennis J, Mason M, Way T, Zaharakis N. The role of tobacco outlet density in a
376 smoking cessation intervention for urban youth. *Heal Place*. 2016;38:39-47.

377 doi:10.1016/j.healthplace.2015.12.008

378 12. Schleicher NC, Johnson TO, Fortmann SP, Henriksen L. Tobacco outlet density near
379 home and school: Associations with smoking and norms among US teens. *Prev Med*

380 (*Baltim*). 2016;91:287-293. doi:10.1016/J.YPMED.2016.08.027

381 13. Marmot M, Friel S, Bell R, Houweling TA, Taylor S. Closing the gap in a generation:
382 health equity through action on the social determinants of health. *Lancet*. 2008.

383 doi:10.1016/S0140-6736(08)61690-6

384 14. Pearce J, Barnett R, Moon G. Sociospatial inequalities in health-related behaviours:
385 Pathways linking place and smoking. *Prog Hum Geogr*. 2012;36(1):3-24.

386 doi:10.1177/0309132511402710

- 387 15. Tunstall H, Shortt NK, Niedzwiedz CL, Richardson EA, Mitchell RJ, Pearce JR.
388 Tobacco outlet density and tobacco knowledge, beliefs, purchasing behaviours and
389 price among adolescents in Scotland. *Soc Sci Med.* 2018;206:1-13.
390 doi:10.1016/j.socscimed.2017.11.046
- 391 16. Loomis BR, Kim AE, Goetz JL, Juster HR. Density of tobacco retailers and its
392 association with sociodemographic characteristics of communities across New York.
393 *Public Health.* 2013. doi:10.1016/j.puhe.2013.01.013
- 394 17. Robertson L, McGee R, Marsh L, Hoek J. A systematic review on the impact of point-
395 of-sale tobacco promotion on smoking. *Nicotine Tob Res.* 2015;17(1):2-17.
396 doi:10.1093/ntr/ntu168
- 397 18. Wood L, Pereira G, Middleton N, Foster S. Socioeconomic area disparities in tobacco
398 retail outlet density: a Western Australian analysis. *Med J Aust.* 2013.
399 doi:10.5694/mja12.11539
- 400 19. Shortt NK, Tisch C, Pearce J, et al. A cross-sectional analysis of the relationship
401 between tobacco and alcohol outlet density and neighbourhood deprivation. *BMC*
402 *Public Health.* 2015;15(1):1014. doi:10.1186/s12889-015-2321-1
- 403 20. Macdonald L, Olsen JR, Shortt NK, Ellaway A. Do 'environmental bads' such as
404 alcohol, fast food, tobacco, and gambling outlets cluster and co-locate in more
405 deprived areas in Glasgow City, Scotland? *Heal Place.* 2018;51:224-231.
406 doi:10.1016/j.healthplace.2018.04.008
- 407 21. Taulbut M, Gordon D MK. *Tobacco Smoking in Scotland: An Epidemiology Briefing.*
408 *In. Edinburgh: NHS Health Scotland and Scottish Public Health Observatory.;* 2008.
- 409 22. The Scottish Government. *Scottish Health Survey 2016: Volume 1: Main.;* 2016.

- 410 23. Patton GC, Carlin JB, Coffey C, Wolfe R, Hibbert M, Bowes G. The course of early
411 smoking: A population-based cohort study over three years. *Addiction*. 1998.
412 doi:10.1046/j.1360-0443.1998.938125113.x
- 413 24. Choi WS, Gilpin EA, Farkas AJ, Pierce JP. Determining the probability of future
414 smoking among adolescents. *Addiction*. 2001. doi:10.1046/j.1360-
415 0443.2001.96231315.x
- 416 25. Jackson C, Dickinson D. Cigarette consumption during childhood and persistence of
417 smoking through adolescence. *Arch Pediatr Adolesc Med*. 2004.
418 doi:10.1001/archpedi.158.11.1050
- 419 26. Lynch BS, Bonnie RJ. *Growing up Tobacco Free: Preventing Nicotine Addiction in*
420 *Children and Youths*. Washington DC: National Academy Press; 1994.
421 doi:10.1001/jama.1995.03520410020006
- 422 27. Fidler JA, Wardle J, Brodersen NH, Jarvis MJ, West R. Vulnerability to smoking after
423 trying a single cigarette can lie dormant for three years or more. *Tob Control*.
424 2006;15(3):205-209. doi:10.1136/tc.2005.014894
- 425 28. Purcell KR, O'Rourke K, Ravis M. Tobacco control approaches and inequity-how far
426 have we come and where are we going? *Health Promot Int*. 2015.
427 doi:10.1093/heapro/dav075
- 428 29. Shortt NK, Tisch C, Pearce J, Richardson EA, Mitchell R. The density of tobacco
429 retailers in home and school environments and relationship with adolescent smoking
430 behaviours in Scotland. *Tob Control*. 2016;25(1):75-82. doi:10.1136/tobaccocontrol-
431 2013-051473
- 432 30. Finan LJ, Lipperman-Kreda S, Abadi M, et al. Tobacco outlet density and adolescents'

- 433 cigarette smoking: a meta-analysis. *Tob Control*. 2018;0:1-7.
434 doi:10.1136/tobaccocontrol-2017-054065
- 435 31. Fotheringham AS, Brunson C, Charlton M. *Quantitative Geography : Perspectives on*
436 *Spatial Data Analysis*. SAGE Publications; 2000.
437 https://books.google.co.uk/books/about/Quantitative_Geography.html?id=semXiMy6T
438 [ToC&redir_esc=y](https://books.google.co.uk/books/about/Quantitative_Geography.html?id=semXiMy6T). Accessed April 10, 2019.
- 439 32. Shareck M, Kestens Y, Vallée J, Datta G, Frohlich KL. The added value of accounting
440 for activity space when examining the association between tobacco retailer availability
441 and smoking among young adults. *Tob Control*. 2016;25(4):406-412.
442 doi:10.1136/tobaccocontrol-2014-052194
- 443 33. Lipperman-Kreda S, Morrison C, Grube JW, Gaidus A. Youth activity spaces and
444 daily exposure to tobacco outlets. *Health Place*. 2015.
445 doi:10.1016/j.healthplace.2015.03.013
- 446 34. Christian WJ. Using geospatial technologies to explore activity-based retail food
447 environments. *Spat Spatiotemporal Epidemiol*. 2012;3(4):287-295.
448 doi:10.1016/J.SSTE.2012.09.001
- 449 35. Kirchner TR, Vallone D, Cantrell J, et al. Individual mobility patterns and real-time
450 geo-spatial exposure to point-of-sale tobacco marketing. In: *Proceedings of ACM*
451 *Wireless Health 2012; New York NY, ACM, 2012.* ; 2013:1-8.
452 doi:10.1145/2448096.2448104
- 453 36. Kirchner TR, Cantrell J, Anesetti-Rothermel A, Ganz O, Vallone DM, Abrams DB.
454 Geospatial Exposure to Point-of-Sale Tobacco Real-Time Craving and Smoking-
455 Cessation Outcomes. *Am J Prev Med*. 2013;45(4):379-385.

456 doi:10.1016/j.amepre.2013.05.016

457 37. Mclean J, Christie S, Hinchliffe S, et al. *The Scottish Health Survey 2017 Edition.*
458 *Valoume 1: Main Report.* Vol 1.; 2017.
459 <https://www2.gov.scot/Resource/0054/00540654.pdf>.

460 38. Reid G, Rennick L, Laird Y, Arnot J, Mcateer J. *Review of ‘Creating a Tobacco-Free*
461 *Generation: A Tobacco Control Strategy for Scotland.’*; 2017.
462 [http://www.healthscotland.scot/media/1545/review-of-creating-a-tobacco-free-](http://www.healthscotland.scot/media/1545/review-of-creating-a-tobacco-free-generation-a-tobacco-control-policy-for-scotland.pdf)
463 [generation-a-tobacco-control-policy-for-scotland.pdf](http://www.healthscotland.scot/media/1545/review-of-creating-a-tobacco-free-generation-a-tobacco-control-policy-for-scotland.pdf). Accessed April 19, 2019.

464 39. NHS. *Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS)*
465 *National Report: Smoking, Drinking and Drug Use among 13 and 15 Year Olds in*
466 *Scotland in 2013.*; 2015. [https://www.isdscotland.org/Health-Topics/Public-](https://www.isdscotland.org/Health-Topics/Public-Health/Publications/2014-11-25/SALSUS_2013_Smoking_Report.pdf)
467 [Health/Publications/2014-11-25/SALSUS_2013_Smoking_Report.pdf](https://www.isdscotland.org/Health-Topics/Public-Health/Publications/2014-11-25/SALSUS_2013_Smoking_Report.pdf). Accessed April
468 8, 2019.

469 40. R Development Core Team R, R Core Team. R: A language and environment for
470 statistical computing. *R A Lang Environ Stat Comput.* 2017.
471 doi:10.1016/j.jssas.2015.06.002

472 41. Kahle D, Wickham H. ggmap : Spatial Visualization with ggpl. *R J.* 2013.
473 doi:10.1023/A:1009843930701

474 42. Mccrorie P, Mitchell R, Ellaway A. Comparison of two methods to assess physical
475 activity prevalence in children: an observational study using a nationally representative
476 sample of Scottish children aged 10-11 years. *BMJ Open.* 2018;8:18369.
477 doi:10.1136/bmjopen-2017-018369

478 43. Hijmans RJ, Williams E, Vennes C. geosphere: Spherical Trigonometry. R package

- 479 version 1.2–28. *Packag Geosph.* 2012.
- 480 44. Bates D, Maechler M, Bolker B, et al. Package “lme4.” *R Found Stat Comput Vienna,*
481 *Austria.* 2018. doi:10.18637/jss.v067.i01
- 482 45. Levin KA, Dundas R, Miller M, McCartney G. Socioeconomic and geographic
483 inequalities in adolescent smoking: A multilevel cross-sectional study of 15 year olds
484 in Scotland. Advance Access published in: *Social Science & Medicine. Soc Sci Med.*
485 2014;107:162-170. doi:http://dx.doi.org/10.1016/j.socscimed.2014.02.016
- 486 46. Chambers RA, Taylor JR, Potenza MN. Developmental Neurocircuitry of Motivation
487 in Adolescence: A Critical Period of Addiction Vulnerability. *Am J Psychiatry.*
488 2003;160(6):1041-1052. doi:10.1176/appi.ajp.160.6.1041
- 489 47. Hunt D, Knuchel-Takano A, Jaccard A, et al. Modelling the implications of reducing
490 smoking prevalence: the public health and economic benefits of achieving a ‘tobacco-
491 free’ UK. *Tob Control.* 2017;27(2):tobaccocontrol-2016-053507.
492 doi:10.1136/tobaccocontrol-2016-053507
- 493 48. Paynter J, Glover M, Bullen C, Sonia D. An intervention to reduce the number of
494 convenience stores selling tobacco: feasibility study. *Tob Control.* 2016;25(3):319-
495 324. doi:10.1136/tobaccocontrol-2014-052045
- 496 49. Ribisl KM, Luke DA, Bohannon DL, Sorg AA, Moreland-Russell S. Reducing
497 disparities in tobacco retailer density by banning tobacco product sales near schools.
498 *Nicotine Tob Res.* 2017;19(2):239-244. doi:10.1093/ntr/ntw185
- 499 50. Whyte G, Gendall P, Hoek J. Advancing the retail endgame: public perceptions of
500 retail policy interventions. *Tob Control.* 2014;23(2):160-166.
501 doi:10.1136/tobaccocontrol-2013-051065

503

Table 1: Unweighted sociodemographic characteristics and summary of GPS data of 692 study participants.

	Overall	Income deprivation quintile				
		1 (Most Deprived)	2	3	4	5 (Least Deprived)
Sex: male	311 (45%)	26 (44%)	33 (39%)	58 (41%)	85 (46%)	109 (48%)
Sex: female	381	33	52	82	98	116
Season: winter	450 (63%)	38 (64%)	59 (69%)	76 (54%)	106 (58%)	151 (67%)
Season: summer	262	21	26	64	77	74
Urban: 1	176 (25%)	18 (31%)	20 (24%)	17 (12%)	37 (20%)	84 (37%)
2	248	36	42	48	48	74
3	83	1	10	24	17	31
4	20	2	2	8	6	2
5	106	2	6	20	48	30
Rural: 6	59 (9%)	0 (0%)	5 (6%)	23 (16%)	27 (15%)	4 (2%)
Tracking effort: wear hours (mean ± 95% CI)	63.0 (61.7--64.2)	57.9 (53.4--62.4)	58.0 (53.6--62.4)	65.0 (62.4--67.6)	63.9 (61.5--66.3)	64.1 (62.0--66.3)
Tracking effort: wear days (mean ± 95% CI)	6.0 (5.6--6.4)	6.0 (5.8--6.3)	6.3 (6.1--6.5)	6.1 (6.0--6.3)	6.2 (6.1--6.4)	6.2 (6.1--6.3)

504

505

506

Table 2: Mean duration of exposure per average day and week with 95% confidence intervals in parenthesis.

Income deprivation quintiles	Weekday	Weekend	Week
All income levels	2.7 (1.9--3.4)	4.7 (3.4--5.9)	22.7 (16.8--28.6)
1 (most deprived)	7.3 (4.6--10.0)	13.0 (5.8--20.2)	63.4 (38.7--88.1)
2	5.8 (1.9--9.7)	9.2 (4.1--14.3)	45.6 (17.6--73.7)
3	2.4 (0.1--4.7)	4.5 (1.1--7.9)	21.1 (2.5--39.8)
4	1.5 (0.9--2.2)	3.1 (1.5--4.7)	14.0 (9.3--18.7)
5 (least deprived)	1.4 (0.8--1.9)	2.2 (1.4--3.0)	11.3 (7.4--15.1)
ANOVA	$P < 0.001$	$P < 0.001$	$P < 0.001$

507

Table 3: Mean frequency of independent exposures per day and week with 95% confidence intervals in parenthesis.

Income deprivation quintiles	Weekday	Weekend	Week
All income levels	5.2 (4.2--6.1)	8.5 (6.9--10.2)	42.7 (35.2--50.1)
1 (most deprived)	18.1 (11.6--24.5)	27.3 (15.3--39.3)	149.2 (96.5--201.9)
2	8.2 (5.1--11.3)	12.9 (7.8--17.9)	63.3 (42.8--83.8)
3	3.4 (1.6--5.2)	7.0 (3.1--10.9)	30.5 (14.8--46.2)
4	4.0 (2.2--5.8)	5.9 (4.1--7.8)	32.5 (20.3--44.7)
5 (least deprived)	2.7 (2.0--3.4)	5.0 (3.8--6.3)	22.8 (18.4--27.3)
ANOVA	$P < 0.001$	$P < 0.001$	$P < 0.001$

508

509

510

Table 4: The percentage of independent exposures by retailer type and availability of retailer types by income deprivation.

Retailer type	All income quintiles				Most deprived income quintile				Least deprived income quintile			
	Weekday	Weekend	Week	Availability	Weekday	Weekend	Week	Availability	Weekday	Weekend	Week	Availability
Convenience Store	40.9	25.5	35.0	37.5	45.4	34.6	41.0	42.9	34.3	18.6	28.1	35.8
Newsagent	14.5	14.6	14.5	15.3	15.1	9.2	12.7	17.6	14.1	16.8	15.1	11.1
Public House	9.2	12.3	10.4	10.6	5.1	2.0	3.9	7.6	10.4	14.0	11.8	9.7
Supermarket	7.5	13.6	9.8	5.4	7.3	21.7	13.2	4.8	11.0	16.6	13.2	7.3
Off-licence	8.1	8.8	8.4	5.9	9.3	10.8	9.9	8.7	6.4	5.6	6.1	4.8
Hotel	5.9	5.3	5.7	3.9	0.4	0.4	0.4	0.6	10.3	6.4	8.7	8.0
Other retail	4.2	7.1	5.3	4.2	6.4	9.2	7.6	4.5	3.5	7.0	4.9	2.3
Forecourt Garage	3.6	5.9	4.5	6.9	4.6	7.4	5.7	3.9	3.8	4.1	3.9	10.2
Other catering	2.8	2.5	2.7	4.2	4.0	2.2	3.3	5.4	2.6	3.8	3.1	3.5
Restaurant	0.6	1.4	0.9	1.2	0.3	0.4	0.3	1.1	0.3	2.9	1.3	1.8
Nightclub	0.7	0.8	0.7	0.8	0.4	1.2	0.8	0.4	0.6	0.8	0.7	0.9
Entertainment venue	0.6	0.6	0.6	1.2	0.7	0.2	0.5	0.8	0.8	1.4	1.0	2.1
Private Club	0.5	0.5	0.5	1.1	0.3	0.4	0.3	0.7	1.1	0.8	1.0	1.3
Specialist tobacconists	0.2	0.3	0.2	0.3	0.3	0.0	0.2	0.3	0.5	0.2	0.4	0.0
Sports Club	0.3	0.1	0.2	0.9	0.3	0.2	0.3	0.5	0.3	0.2	0.3	1.3
Mobile trader	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0

511

512

513