A Quiescent, Regeneration-Responsive Tissue Engineered Mesenchymal Stem Cell Bone Marrow Niche Model via Magnetic Levitation

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ABSTRACT: The bone marrow niche represents a specialized environment that regulates mesenchymal stem cell quiescence and self-renewal, yet fosters stem cell migration and differentiation upon demand. An in vitro model that embodies these features would open up the ability to perform detailed study of stem cell behavior. In this paper we present a simple bone marrow-like niche model, which comprises of nanomagnetically levitated stem cells cultured as multicellular spheroids within a type I collagen gel. The stem cells maintained are nestin positive and remain quiescent until regenerative demand is placed upon them. In response to coculture wounding, they migrate and appropriately differentiate upon engraftment. This tissue engineered regeneration-responsive bone marrow-like niche model will allow for greater understanding of stem cell response to injury and also facilitate as a testing platform for drug candidates in a multiwell plate format.

KEYWORDS: mesenchymal stem cells, bone marrow niche, magnetic nanoparticles, tissue engineering, migration, scratch assay, wound homing, differentiation

The bone marrow is resident to multipotent mesenchymal stem cells (MSCs), which are localized in a niche environment regulating MSC quiescence, self-renewal, and differentiation.1,2 Aside from the benefits of multipotency, MSCs home to sites of cellular injury by migrating from the niche to the injured tissue on regenerative demand; these attributes make them key targets for potential clinical use and make modeling the niche to allow deeper understanding a major research drive.3,4 In this report, we present an in vitro niche model that is not only simple and quick to assemble but also mimics the MSC niche with the capacity to support viable, nestin+, quiescent MSCs within a low stiffness collagen I scaffold simulating bone marrow. The use of superparamagnetic nanoparticles (SPION) to achieve magnetic levitation allows us to generate multicellular MSC spheroids within a few hours rather than days as required by other established methods, e.g., hanging drop. However, and critically, the use of SPION allows ease of cell tracking, and thus we demonstrate that our nanoniches can respond to regenerative demand through cell migration, engraftment, and desired differentiation when we model neighboring tissue damage (reticular, bony, and cartilaginous). We note that an increasing number of in vivo studies have established that bone marrow MSCs selectively home to sites of injury.5 However, a reductionist, in vitro, model has remained elusive, and this has prevented greater understanding of MSC response to injury.

Our model draws on recent advances in 2D and 3D culture model design that validate the need for maintaining cell–cell and cell–matrix interactions in order to regulate MSC multipotency and self-renewal, thus mimicking the natural bone marrow microenvironment.6–9 An avenue of particular simplicity and, hence, promise is adopting multicellular spheroids.10 MSCs cultured as 3D multicellular spheroids are known to maintain cell–cell contacts and become quiescent.11 Using our SPION approach, we present an alternative...
methodology that speeds up niche formation and develops this further to introduce a 3D extracellular matrix environment. The bone marrow is a low-stiffness collagenous matrix, and it is notable that MSCs cultured in low-stiffness biomaterials express cell surface markers such as nestin. Nestin, normally considered a neural marker, is now recognized as being key in cell–cell interaction, motility, and signaling within the niche; within the marrow, hematopoietic stem cell (HSC) home to resident nestin+ MSCs. It is postulated that expression of such proteins may be due to the tendency of adult stem cell niches to be associated with adrenergic nerve fibers linking niches to circadian regulation. If MSCs do not express nestin in the niche, then HSCs mobilize to the spleen.

Figure 1. Monolayer and spheroid timeline culture of mNP labeled MSCs. (A) Images were taken at days 1 and 14 within media assessing; vertical panel 1 cell viability (green = living cells, red = dead cells, 10× objective), panel 2 and 3 phenotype (red = STRO-1/nestin, blue = nucleus, 20× objective) and panel 4 proliferation (red = proliferating, blue = nuclei). Scale bar = 50 μm. Note the decreasing MSC phenotype with time in monolayer, with increasing cell division and growth, while MSC phenotype is maintained in spheroid culture, with cessation of cell division. (B) Graph indicates quantitative analysis of STRO-1 and nestin in monolayer and spheroid culture at days 1, 3, 5, and 14 (n = 3 samples; 6 image from each). (Error bars denote standard deviation; * indicates statistical significance where p < 0.05, ** indicates p < 0.01 and *** indicates p < 0.001 as calculated using one way ANOVA.) Note progressive loss of marker in monolayer with retention in spheroid culture.
RESULTS AND DISCUSSION

MSC Spheroids are Viable, Quiescent and Express STRO-1 and Nestin. To produce our MSC spheroids, primary human bone marrow MSCs were initially labeled with fluorescent magnetic nanoparticles (Supplementary Figures 1–4) in monolayer, with the particles being retained within the cells post-trypsinization (Supplementary Figure 4). Once labeled, the cells were trypsinized and levitated in cell media within a 24-well plate via an external magnet above the plate; this coaxes the cells together to form a multicellular spheroid via “magnetic levitation”. The magnetic field has been previously characterized and is sufficient to permit spheroid generation at the media/air liquid interface.\(^{17,18}\) Aside from the original cell seeding density, spheroid generation via magnetic levitation does not permit exact control over spheroid size and shape, however spheroids form with a mean diameter of 259 \(\mu m\) (Supplementary Figure 5). After formation (~3 h), the external magnets were removed, and the spheroids were subsequently transplanted into a soft type I collagen gel (Supplementary Figure 6), with a modulus akin to bone marrow (Supplementary Figure 7; 40 Pa Young’s Modulus). The MSCs were viable, maintained high expression of the stem cell markers STRO-1 and nestin, and were quiescent within their magnetic spheroids for up to day 14, as compared to standard cultures in monolayer where MSCs proliferated and stem cell markers were lost by day 3 of culture (Figure 1). Furthermore, the MSCs cultured in spheroids remained multipotent and were capable of differentiation into both osteoblasts, adipocytes, with expression of chondrogenic transcription markers after spheroid dissociation and culture in monolayer (Supplementary Figures 8, 9) and secreted increasing levels of CXCL12 with time in culture (Supplementary Figure 10).

MSCs Transmigrate from the Spheroid Niche Toward Cocultured Wound Sites. With a view to assessing the MSCs potential to home and engraft from the niche model to sites of

Figure 2. Control (upper) and activated (lower) fibroblast and osteoblasts monolayer wound healing assay, with spheroid coculture above. MSC spheroids cultured in a type I collagen gel directly over both an intact fibroblast and primary osteoblast monolayer (upper panel) and a scratched (activated) monolayer (lower panel); dashed line indicates wound edge. (A) Light microscopy images of spheroids; (B) immunofluorescent images of spheroids and monolayer cells (red = actin, green = mNPs, blue = nucleus). 10x objective, scale bar = 50 \(\mu m\). Note the lack of MSC migration in control cultures, with MSC migration from the spheroid toward the wound in activated cultures. Arrowheads denote examples of migrations cells (labeled green with NPs in fluorescent image).
injury, the MSC spheroids were cocultured with a simple wound healing model. Briefly, this entailed either human fibroblasts or osteoblasts being cultured in multiwell plates in monolayer and scratched with a pipet tip to create a wound (Supplementary Figure 11), and the spheroids contained within collagen gels being immediately overlaid. MSC response was initially gauged over 3 days of culture. When the spheroids were cocultured over intact fibroblast and osteoblast monolayers (i.e., unscratched controls), the MSCs remained within the spheroids (Figure 2). However, when cocultured over wounded fibroblast and osteoblast monolayers (i.e., activated cultures in need of regeneration), the MSCs migrated out of the spheroids toward the wound, appearing to incorporate and engraft into the underlying monolayer (Figure 2). This MSC migration and incorporation into the fibroblast and osteoblast monolayers closely reflect the in vivo situation of MSC homing and engraftment in response to injured tissues.

Following Transmigration, MSCs Differentiate Appropriately to Assist Tissue Regeneration. We subsequently determined whether the MSCs were changing phenotype during transmigration toward the wound. This was assessed by repeating the MSC spheroid coculture with the fibroblast, osteoblast, and additionally chondrocyte wound models. Osteoblast differentiation analysis of early and late osteoblast
phenotype markers, phosphorylated runt-related transcription factor 2 (p-runx2, a transcription factor involved in activation of bone related genes), and osteopontin (a mature bone extracellular matrix protein) were carried out, respectively, at days 3 and 14, as we have previously shown these to be expressed at these time points during MSC differentiation to osteoblasts. As before, no MSC migration was noted when spheroids were cocultured with control models (i.e., no scratch), while migration was clearly observed toward the wound activated models (i.e., scratched) (Figure 3A). With regard to MSC differentiation, no osteoblast markers were noted with spheroids coculture with fibroblast monolayers. However, there was evidence for early p-runx2 staining at day 3 (Supplementary Figure 12) and clear expression of the mature bone marker, osteopontin, and staining at day 14 (Figure 3A).

To analyze this further, spheroids were extracted from the gels (as so not to include monolayer information in the analysis), and RNA was isolated at days 1 and 3 from both control and activated osteoblast wound cocultures and analyzed via fluidigm quantitative PCR with respect to various stem cell and early osteoblast markers, including runx2. Results demonstrated a large increase in MSC runx2 expression at day 3 in the activated osteoblast model, with no elevation in the control model (Figure 3B; Supplementary Figure 13). Meanwhile, chondrocyte differentiation was assessed via collagen type II immunostaining and parallel spheroid RNA isolation and analysis via fluidigm for early chondrocyte markers at day 3. MSC migration was again evident when cocultured with wounded cocultures (Figure 4A), and evidence for collagen type II expression in spheroids was identified (Figure 4A subset). Fluidigm data supported chondrocyte differentiation in spheroids, with a trend toward early chondrocyte markers (COL1A1, ACAN, COMP, and SOX9) at day 3 (Figure 4B).

**IL-6 Identified as Key Paracrine Signal for MSC Migration from the Spheroid Niche.** Finally we identified the MSC migratory signal released by the fibroblasts, osteoblasts, and chondrocytes during the wound healing process. Following a literature search, an initial luminescence multiplex assay of five potential cytokine candidates was run on media isolated from activated and nonactivated fibroblast and osteoblast monolayers (IL-1b, IL-2, IL-6, TNF-α, and IL-12p70). The only cytokine increased in all cultures was IL-6 (Figure 5A). IL-6 was subsequently added to spheroid cultures at physiological concentrations detected in the luminescent assay (450 pg/mL) to assess for MSC migration on demand; cells were noted to begin migrating from the spheroid following 12 h IL-6 treatment and were clearly visible by 24 and 48 h. MSCs in control conditions (no IL-6 treatment) remained within their spheroids (Figure 5B).

**CONCLUSIONS**

In conclusion, we have developed a MSC regeneration responsive, functional tissue engineered MSC bone marrow niche in vitro. The primary MSC spheroids clearly express STRO-1 and nestin and remain quiescent up to day 14 in culture. During culture they can be stimulated to transmigrate from the “niche” in response to injury and differentiate on engraftment, in particular to IL-6 migratory signals. Further work will confirm that differentiation is truly tissue specific and not generic osteochondral differentiation. This in itself is a very simple, efficient, and cost-effective model to produce and maintain. The presence of the magnetic nanoparticles not only facilitates rapid formation of spheroids in culture but also will permit cell tracking and monitoring post spheroid formation via either light microscopy or fluorescent microscopy (due to a conjugated fluorescent tag), with the potential for magnetic resonance imaging in vivo.

Such models will be invaluable for stem cell biology and in new clinical developments. For example, this model will facilitate the understanding of homing mechanisms and subsequent engraftment of MSCs in the target-injured tissue. This area of research is currently difficult to study due to the lack of robust, reproducible humanized in vitro model systems. Specifically, while integrins are known to play a key role in MSC motility (adhesion and migration), the participation of additional factors involved in transmigration such as growth factors, matrix metalloproteinases, and chemokines (e.g., CXCR4-SDF-1 axis) remains largely unknown. The unravelling of the roles of these and other factors will be crucial in enhancing MSC homing and engraftment in clinical use. Furthermore, functional nanoniches cultured in tissue plastic wells will permit drug screens to find new leads to aid regeneration. For example, testing of drugs to promote osteogenesis to aid in therapy, such as for osteoporosis, where reduction in bone density results in weakened bones.

Overall our in vitro tissue engineered MSC bone marrow niche provides the potential to study MSC regeneration response to both injury and disease conditions, thus facilitating the study of natural repair mechanisms and the processes involved in replacing diseased tissues.
METHODS/EXPERIMENTAL

Magnetic Nanoparticles. The mNPs employed were 200 nm in diameter, with an iron oxide core (Fe$_3$O$_4$) coated in polydimethylamine, with or without a FITC fluorescent tag (green) (Chemicell, Germany).

Cell Culture. The MSCs (Promocell, Germany) were cultured in modified alpha-MEM media (10% FBS, 2% antibiotics) (Sigma-Aldrich, U.K.) at 37 °C with 5% CO$_2$. Once confluent, the cells were trypsinized, centrifuged, resuspended in fresh media, and seeded into appropriate wells for experiments.

Monolayer Culture System. The MSCs were seeded into a 24-well plate (3 x 10$^4$ cells/well) and incubated overnight in 1 mL of media. Fresh media containing mNPs (0.1 mg/mL) was then added to the cultures, and cells were incubated for a further 30 min in the presence of a magnetic field (Supplementary Figures 1–3). Cells were washed, trypsinized, centrifuged resuspended in fresh media, and seeded onto sterile glass coverslips (13 mm diameter) for the appropriate incubation period (Supplementary Figures 4 and 5). Media was changed every 3 days.

Spheroid Culture System. The MSCs were seeded at a concentration of 1 x 10$^4$ cells/well and, following incubation with the mNPs, were trypsinized, pooled together, and centrifuged. The cells were resuspended in fresh media (0.5 mL/sample), and 0.5 mL of cell suspension was added to 4 mL fresh media/well (6-well plate). A single neodymium magnet (15 x 5 mm, 3500 G/350 mT; First4Magnets, U.K.) was placed on top of the well, and the plate was incubated for the required experimental period. Cells levitated into spheroids within hours (Supplementary Figure 5). Media was changed every 3 days.

Cell Viability. After the appropriate incubation period, the cells were assessed for cell viability (LIVE/DEAD Viability/Cytotoxicity Kit, Invitrogen) by preparing 1 mL of fresh media containing 1 μL calcein AM and 1 μL ethidium homodimer (1 mL/sample). This media was added to the cultures for 1 h at 37 °C. The cells were washed three times with fresh media and analyzed immediately afterward.

Immunostaining. STRO-1/Nestin/Phosphorylated runx2/Osteopontin. Following mNP incubation, the cells were washed with PBS, fixed for 15 min with 4% paraformaldehyde/PBS, permeabilized for 5 min (10.3% sucrose, 0.3% NaCl, 0.06% MgCl$_2$, 0.5% HEPES, and 0.5% Triton X in PBS), and then 1% BSA/PBS was added to each well for 5 min. Subsequently, anti-STRO-1/antinestin/antiphosphorylated runx2/antiosteopontin (1:50 in 1% BSA/PBS) was added for 1 h at 37 °C, washed well with 0.5% Tween 20/PBS, followed by incubation with a relevant biotinylated secondary (1:50 in 1% BSA/PBS) for 1 h at 37 °C. The cells were washed, and finally streptavidin-Texas Red (1:50 in 1% BSA/PBS) was added to each well for 30 min at 4 °C. Following washing, cells were mounted with DAPI.

BrdU. Cells were assessed for quiescence via BrdU incorporation (Cell Proliferation Kit, GE Healthcare Life Sciences). Following mNP incubation, 6 h prior to fixing the cells, 1 mM BrdU solution in DMEM was added to each sample. The cells were washed, fixed, and permeabilized using the same method as the STRO-1/Nestin immunostaining protocol. Following permeabilization, 1% BSA/PBS was added for 10 min. Subsequently, anti-BrdU (1:100 in DNase) was added for 2.5 h, washed with 0.5% Tween 20/PBS, and a secondary Texas Red (1:50 in 1% BSA/1x PBS) was added and incubated for 1 h. The cells were washed and finally mounted with DAPI.

Figure 5. MSC migratory signal identified as IL-6. (A) Luminex data plot of IL-6 response from fibroblast, osteoblast, and chondrocyte control (unscratched) and activated (scratched) monolayers over 24 h (graph represents n = 3, mean ± SD; stats indicate one-way ANOVA significance (*) for activated compared to corresponding control). (B) Corresponding MSC migration from spheroids in response to 450 pg/mL IL-6 added to spheroid media.

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Actin. Following the addition of mNPs and after the appropriate incubation period, the cells were washed, fixed, and permeabilized using the same method as the STRO-1/Nestin immunostaining protocol. Following permeabilization, 1% BSA/PBS was added for 5 min. F-actin was stained using rhodamine-phalloidin (Invitrogen, U.K.) (1:500 in 1% BSA/PBS) for 1 h. The cells were washed with 0.5% Tween 20/PBS and mounted onto slides with DAPI. All fluorescent images were taken using a Zeiss Axiowertt 200 M fluorescent microscope.

Wound Healing Assay. Collagen Spheroid Preparation. All reagents were maintained on ice prior to use. 0.5 mL fresh media with 0.5 mL 10x DMEM (First Link, U.K.) and 0.5 mL FBS were mixed together. 2.5 mL acid solubilized collagen type I solution (First Link, U.K.) and 1 mL 0.1 M NaOH were prepared, mixed homogeneously, and then added to the FBS mixture. A dropwise addition of 0.1 M NaOH was then added to the mixture to neutralize the acid solution, until pH 7 (pink color change). The suspension was then added to the appropriate wells in a 24-well plate (0.5 mL), and preformed spheroids were placed in the collagen gel, which was then incubated for the required experimental period. Media was changed every 3 days.

Fibroblast and Primary Osteoblast Monolayer Wound Assay. Briefly, both h-TERT (telomerase altered human dermal fibroblasts (ATCC, U.K.)(1 × 10^6 cells/well) and primary osteoblasts (5 × 10^4 cells/well) (Promocell, Germany) were cultured as a confluent monolayer and left either unscratched or scratched with a P1000 pipet tip (Supplementary Figure 6). For the osteoblast monolayer culture, cells were seeded onto CellBind plates (VWR Chemicals, U.K.), and osteogenic induction media (DMEM, 10% FBS, 2% antibiotics, 350 mM ascorbate-2-phosphate and 0.1 μM Dexamethasone) was added every 2/3 days for 10 days prior to the scratch, and collagen spheroid was added immediately after the induced scratch and monitored for the appropriate period.

RNA Extraction. RNeasy micro kit (Qiagen, U.K.) and RNeasy-free water were used during this experimental setup. After the appropriate incubation period, cells were lysed with 1 mL of TRizol (Life Technologies, U.K.) for 10 min and then centrifuged for 15 min. The supernatant was transferred and mixed thoroughly with 200 μL chloroform and left for 3 min. The mixture was centrifuged for 15 min, the aqueous phase was removed, and glycolube (1 μL) and isopropanol (500 μL) were added to the solution. The Eppendorf tubes were inverted several times and left for 10 min, followed by centrifugation for 20 min. The supernatant was removed leaving a blue pellet, which was vortexed with 1 mL ethanol (75%aq) and then centrifuged for 5 min. The ethanol was removed to air-dry the pellet, and water (20 μL) was added to the samples, which were incubated for 10 min. Each sample was made up to 350 μL with buffer RLT and vortexed, followed by addition of 70% ethanol (350 μL). This was mix thoroughly and transferred to a spin column for centrifuging for 15 s. Buffer RW1 (350 μL) was added to the spin column and centrifuged for 15 s, and 80 μL DNsae I solution in buffer RDD (1:8 dilution) was added to the column for 15 min. 350 μL buffer RW1 was added to the column and centrifuged for 15 s. 500 μL buffer RPE was added to the spin column and centrifuged for 15 s, and 500 μL of 80% ethanol was added. The column was centrifuged at full speed for 2 min. The spin column was further centrifuged at full speed for 5 min. The dried spin column was placed in a 1.5 mL Eppendorf tube, and 14 μL water was added then centrifuged at full speed for 1 min. Analysis was conducted on confluent primary osteoblast monolayers, which were either left unscratched or scratched with a P1000 pipet tip. Cells were seeded onto CellBind plates, and osteogenic differentiation media was added for 10 days, prior to the addition of collagen spheroid implant cultures. After 24 or 72 h, the collagen gels containing the spheroids were removed from the wells ready for RNA extraction. Six samples were pooled for each replicate (n = 3).

Fluidigm Analysis. The RNA was subjected to a reverse transcription using the SuperScript III Reverse Transcriptase (Invitrogen, U.K.). At all stages of the process, reactions were preformed at 4 °C unless stated. Eleven μL of each sample was added to 1 μL of oligo(dT) and 1 μL dNTPmix and then heated to 65 °C for 5 min. A mixture containing 4 μL 5X First Strand buffer, 1 μL 0.1 M DTT, 1 μL RNaseOUT Recombinant RNase inhibitor, 0.5 μL SuperScript III RT and 0.5 μL water was prepared and added to each sample and left for 5 min. The solution was then incubated at 50 °C for 30 min followed by 70 °C for 15 min providing cDNA. All 48 primers were pooled together (1 μL from each primer set pooled in 152 μL of DNA suspension buffer). A new solution was prepared with 1.25 μL of the cDNA of each sample, 2.5 μL TaqMan PreAmp Master Mix (Applied Biosystems), 0.5 μL pooled primer mix, and 0.75 μL water. This was vortexed, centrifuged, and subjected to 22 thermal cycles with the following program (Table 1):

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After the 22 thermal cycles, 1.4 μL water, 0.2 μL Exonuclease I Reaction Buffer, and 0.4 μL Exonuclease were added to each sample and vortexed, centrifuged, and incubated at 37 °C for 30 min and then 80 °C for 15 min. After heating, 18 μL of TE buffer was added to each sample. 2.7 μL of the exonuclease I treated sample was added to 3.0 μL 2X SsoFast EvaGreen Supermix (Bio-Rad) and 0.3 μL 20× DNA Binding Dye sample loading reagent (Fluidigm). Each mixture was vortexed and centrifuged ready to be loaded onto the chip. Additionally, 0.3 μL of each individual primer set was added to 3 μL 2X assay loading reagent and 2.7 μL 1X DNA suspension buffer that was vortexed and centrifuged, ready for loading on the chip and run on the Fluidigm Biomark HD system. A 48.48 Dynamic array IFC was used during this analysis.

Luminex 100 Analysis. As a confluent monolayer, either primary osteoblasts or h-TERTs were used and left either unscratched or scratched using a P1000 pipet tip. For the osteoblast monolayer culture, cells were seeded as a confluent monolayer onto CellBind plates, and osteogenic differentiation media was added every 2/3 days for 10 days and then either scratched or left unscratched. While for the h-TERTs monolayer, cells were seeded as a confluent monolayer and left for 24 h, then either scratched or left unscratched.

Fresh media was added, and the supernatant was removed after 3, 12, 24, and 72 h, and the Bio-Rad Bio-Plex Pro cytokine assay protocol was used to analyze the cytokines. All solutions used were prepared from the Bio-Rad Pro Human Cytokine Group I, 5-plex assay kit except for the fresh media. Each supernatant was centrifuged at 1000 g at 4 °C for 15 min, and the media was removed, ready for processing. The standard was reconstituted with fresh media, and 8 serial dilutions (1:4) were followed with fresh media to create a standard curve as described in the protocol. A control blank was prepared with fresh media. Each sample was additionally diluted (1:4) with fresh media. Stock solutions (10X) of conjugated coupled magnetic beads were pooled together with assay buffer to make a single 1X solution. The plate was prewetted with 100 μL assay buffer, which was removed, and 50 μL of the 1X magnetic beads solution was added. Prior to the removal of each solution from the plate, a magnetic plate was applied to pull the beads within the wells. The solution was removed, and the plate was washed twice with 100 μL of wash buffer. The standards, samples, and blanks (50 μL) were added to the appropriate wells and left covered, shaking at room temperature for 30 min. After the appropriate incubation period, the solution was removed and the wells were washed thrice with wash buffer (100 μL). Stock solutions (10X) of detection antibodies were mixed together and diluted to create a 1X solution with detection antibody diluent. The 1X solution was added to the wells (25 μL) and left covered, shaking at room temperature for 30 min. After the appropriate incubation period, the solution was removed, and the wells were washed thrice with wash buffer (100 μL). Stock solution (100X) of streptavidin-PE was diluted to create a 1X solution with assay buffer. The 1X solution was added to the wells (50 μL) and left covered, shaking at room temperature for 10 min. After the appropriate incubation period, the solution was removed, and the
wells were washed thrice with wash buffer (100 μL). The beads were resuspended with assay buffer (125 μL) ready for analysis.

**Primer Sequences (Fluidigm).** Primer sequences can be found in Table 2.

**ASSOCIATED CONTENT**

* Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsnano.6b02841.

Experimental details and data (PDF)

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**Notes**

The authors declare no competing financial interest.

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