Microwave-assisted synthesis of highly crystalline, multifunctional iron oxide nanocomposites for imaging applications†

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We report a reproducible single-step, microwave-assisted approach for the preparation of multifunctional magnetic nanocomposites comprising superparamagnetic iron oxide (Fe₃O₄) cores, a polyelectrolyte stabilizer and an organic dye with no requirement for post-processing. The stabilisers poly(sodium 4-styrenesulfonate) (PSSS) and sodium polyphosphate (SPP) have been thoroughly investigated and from analysis using electron microscopy, dynamic light scattering measurements, magnetic hysteresis and magnetic resonance (MR) imaging, we show that the higher degree of Fe₃O₄ nanoparticle crystallinity achieved with the PSSS stabiliser leads to enhanced magnetic behaviour and thus better contrast agent relaxivity compared to the less crystalline, poorly defined particles obtained when SPP is employed as a stabiliser. We also demonstrate the potential for obtaining a multifunctional magnetic-fluorescent nanocomposite using our microwave-assisted synthesis. In this manner, we demonstrate the intimate link between synthetic methodology (microwave heating with a polyelectrolyte stabilizer) and the resulting properties (particle size, shape, and magnetism) and how this underpins the functionality of the resulting nanocomposites as agents for biomedical imaging.

1 Introduction

The choice of synthetic approach employed for the preparation of nanoparticles is of crucial importance when designing materials for a specific function. Of growing recent interest has been the development of routes to nanoparticles which afford great control over particle shape and composition, vital in our efforts to realise an intimate understanding of their unique properties. One example is the field of magnetic nanoparticles, a class of materials whose size-dependent magnetic properties opens up their potential applications for hyperthermic cancer therapy, site-specific drug delivery and contrast enhancement in magnetic resonance (MR) imaging. Control over the magnetic properties is desirable in order to tailor the candidate nanoparticle for a specific biomedical application. Magnetic nanoparticles may be synthesised in a variety of ways, including by co-precipitation, hydrothermal methods, and the decomposition of precursors at elevated temperatures. Aqueous routes, such as co-precipitation, are advantageous in that the particles are prepared in biologically tolerated solvents, but often lead to polydisperse nanoparticles which may display some loss of particle crystallinity. Advances made in the high temperature decomposition of organometallic precursors have led to highly crystalline, monodisperse nanoparticles, with a great degree of control over particle size. These routes, where organic solvents are employed, generate hydrophobic nanoparticles, with additional work-up required to transfer the particles to aqueous environments for subsequent biomedical use. A synthetic approach which produces nanoparticles with high crystallinity without the need for surface post-processing to induce hydrophilicity is therefore highly desirable.

With these concerns in mind, we have employed microwave-assisted methods for the preparation of functionalised iron oxide nanoparticles, which are becoming increasingly attractive

in materials chemistry. Microwave approaches to particle synthesis have led to dramatic decreases in reaction times and greater control over product formation. For example, the Niederberger group has developed microwave-assisted methods to prepare a range of nanoparticles of controlled sizes within minutes. Since the first reports of the microwave-promoted hydrothermal synthesis of sub-micron haematite powders, methods have been developed to prepare nanoparticles of uniform size distribution. Nanoparticles of haematite (α-Fe₂O₃) have been reported from the irradiation of hydrolysed iron salts, while more exotic α-Fe₂O₃ morphologies (cubes, rings and spindles) have been realised by Yu and co-workers by tailoring the reaction conditions to provide thermodynamic control over particle growth. Superparamagnetic maghemite (γ-Fe₂O₃) nanoparticles may be prepared through a microwave-treated co-precipitation reaction with a typical particle size of 10 nm obtained. Increases in nanoparticle crystallinity have been observed upon aging under microwave conditions, with post-processing using stearic acid resulting in stable organic ferrofluids. Uptake in endothelial cells of superparamagnetic citrate-coated Fe₂O₃ nanoparticles prepared by microwave-assisted methods have also recently been reported. Variation of reactant concentration in the microemulsion synthesis of Fe₂O₃ under microwave irradiation has resulted in monodisperse composites of variable sizes. Reaction time for the polyol synthesis of cobalt ferrite nanoparticles has been decreased to just one hour by combining microwave heating, while a variety of MFe₂O₄ ferrites (M = Zn, Ni, Mn, Co) have also been reported from microwave-hydrothermal methods.

For their use as imaging agents, tailoring the surface chemistry of magnetic nanoparticles is essential. For example, Liong et al. have reported the preparation of a multifunctional nanocomposite for imaging and targeted drug delivery where iron oxide nanoparticles are phase transferred from an organic to an aqueous solution before silica coating and co-condensation of a fluorescent moiety render them multifunctional. Recently, Liu et al. have reported the use of polyacrylic acid in the synthesis of Fe₂O₃ nanoparticles to achieve tuneable particle cluster sizes of between 100 nm and 400 nm, which display good biocompatibility. We have previously reported the use of polyelectrolytes for the in situ stabilisation of magnetic nanoparticles during a co-precipitation reaction, which has led to new developments in magnetic fluid preparation. Employing polyelectrolyte stabilisers in situ during nanoparticle nucleation and growth confers a high degree of stability induced by strong affinity of the anionic groups to the metal cations, with stable aqueous suspensions in the presence of a 0.5 T magnetic field obtained.

Here, we report the reproducible, repeatable preparation of bare Fe₃O₄ nanoparticles and the first use of microwave synthesis to obtain multi-coordinating polyelectrolyte-stabilised Fe₃O₄ nanoparticles and polyelectrolyte-stabilised magnetic fluids functionalised with a fluorescent dye according to Fig. 1. We are particularly interested in what effect, if any, the choice of polyelectrolyte stabiliser has on the resulting nanoparticle shape, size and crystallinity. The polyelectrolytes used were poly(sodium 4-styrenesulfonate) (PSSS), which has been employed previously as a stabiliser in a traditional co-precipitation reaction, and sodium polyphosphate (SPP) which was employed as an in situ stabiliser for the first time, where the sulfate and phosphate groups, respectively, bind to the iron ions in solution prior to particle precipitation. In this manner, the polyelectrolytes act as stabilisers preventing the further growth of the nanoparticles, while at the same time promoting colloidal stability of the particles in water.

2 Results and discussion

A modified co-precipitation technique has been employed, wherein a precursor solution of ferric and ferrous chlorides in the presence of polyelectrolyte solution was first prepared. The co-precipitation method involves several processes: nucleation, seed formation and growth. Rapid particle nucleation follows the addition of ammonia base, after which the particle suspension is transferred to a microwave cavity and particle growth occurs under microwave irradiation at 150 °C for 20 min. All samples were washed until neutral. In the case of the bare particles, the sample was dried for further analysis. For the polyelectrolyte samples, the final, neutral fifth washings were highly stable colloidal suspensions, which have been characterised using dynamic light scattering (DLS), transmission electron microscopy (TEM), and MR imaging, and their cellular interactions were analysed. The remaining solids were dried and analysed using X-ray diffraction (XRD), X-ray absorption spectroscopy (XAS), SQUID magnetometry, thermogravimetric analysis (TGA) and IR.

XRD patterns collected on dried powders of each sample are shown in Fig. 2(a). For comparison, a diffraction pattern was also collected of magnetite nanoparticles prepared using the traditional co-precipitation route without any microwave treatment (red line). The patterns obtained for all samples may be indexed to the cubic spinel, magnetite (Fe₃O₄). The broad peaks observed are typical for nanoparticles and the particle sizes, which may be obtained from the Scherrer equation, are included in Table 1. These are on the order of 10 nm. Also shown in Fig. 2 are the patterns obtained for polyelectrolyte-stabilised samples, labelled PSSS–Fe₃O₄ and SPP–Fe₃O₄.
that the XRD patterns for magnetite and maghemite are similar, Raman spectroscopy measurements were performed. Using Raman spectroscopy, it is possible to assign characteristic peaks for magnetite (which contains both Fe$^{3+}$ and Fe$^{2+}$ ions) and the oxidised iron oxides maghemite ($\gamma$-Fe$_2$O$_3$) and haematite ($\alpha$-Fe$_2$O$_3$). Fig. 2(b) shows the resulting Raman spectrum for the pure uncoated nanoparticles, displaying a strong peak at 664 cm$^{-1}$ which can be attributed to the A$_{1g}$ mode of magnetite. Also visible are the E$_g$ and T$_{2g}$ modes, centered at 301 and 527 cm$^{-1}$ respectively. No peaks for haematite or maghemite were observed.

Fig. 2 (a) Powder XRD patterns for samples prepared using microwave-assisted methods: bare magnetite (orange), PSSS–Fe$_3$O$_4$ (navy) and SPP–Fe$_3$O$_4$ (purple). For comparison, a pattern of magnetite nanoparticles prepared using traditional co-precipitation synthesis is included (red) together with a reference ICSD pattern. (b) Raman spectrum of pure Fe$_3$O$_4$ nanoparticles prepared using microwave-assisted method. Peak at 664 cm$^{-1}$ is assigned to A$_{1g}$ mode of magnetite, with E$_g$ and T$_{2g}$ modes centered at 301 and 527 cm$^{-1}$ respectively. No peaks for haematite or maghemite were observed.

Fig. 3 (a) HRTEM images of bare Fe$_3$O$_4$ nanoparticles prepared by microwave routes reveal aggregation of discrete nanoparticles. Each individual particle is highly crystalline, with lattice fringes clearly visible. (b and c) The interplanar spacings are indexed to the corresponding magnetite (hkl) reflection. (d) SAED pattern from an agglomerate of particles, with the pattern indexed to magnetite.

![Figure 2](image1.png)
![Figure 3](image2.png)

To determine the size of the nanoparticles, the Scherrer equation was employed. For the Fe$_3$O$_4$ sample, the average size calculated is 12 nm. For the SPP sample, the size is 16 nm. For the PSSS sample, the size is 10 nm. The size distribution was determined using DLS. The results are shown in Table 1.

Table 1  Average particle sizes calculated from the Scherrer equation using XRD patterns collected, TEM (N = 100 particles, size given in nm with standard deviation) and DLS where Z-ave is the hydrodynamic radius and PDI the polydispersity index

<table>
<thead>
<tr>
<th>Sample</th>
<th>XRD (size nm)</th>
<th>TEM (size nm)</th>
<th>DLS Z-ave [PDI]</th>
<th>Zeta potential (mV)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fe$_3$O$_4$</td>
<td>11.2</td>
<td>12 ± 2</td>
<td>N/A (N/A)</td>
<td>N/A</td>
</tr>
<tr>
<td>Fe$_3$O$_4$–PSSS</td>
<td>16.1</td>
<td>13.4 ± 1.5</td>
<td>94.74 (0.097)</td>
<td>−41.5</td>
</tr>
<tr>
<td>Fe$_3$O$_4$–SPP</td>
<td>10.9</td>
<td>10.1 ± 1.5</td>
<td>104.93 (0.158)</td>
<td>−46.9</td>
</tr>
</tbody>
</table>

* No measurements were carried out on pure Fe$_3$O$_4$ nanoparticles prepared using microwave methods as no stable suspension resulted.
bare magnetite, PSSS– and SPP–Fe₃O₄ nanoparticles are shown in ESI Fig. S2a.† The mass loss for pure magnetite is low at 3.4% and likely represents the loss of strongly adsorbed water and dehydration of surface hydroxyl groups. The mass losses are greater for the PSSS– and SPP–Fe₃O₄ samples, at 9.3% and 7.8% respectively, due to the removal of the polyelectrolyte surfactant at increasing temperatures. For both polyelectrolytes, the particles appear aggregated in the electron microscopy images (Fig. 4), with higher magnification images clearly showing each agglomerated region consisting of numerous discrete nanoparticles, which are clustered together. The shape of pure Fe₃O₄ and PSSS–Fe₃O₄ nanoparticles appear better defined than the SPP–Fe₃O₄ sample, whose particles appear smaller on average and irregular in shape (Fig. 4(f)). A high degree of crystallinity of these polyelectrolyte-stabilised nanoparticles is observed, where lattice spacings consistent with magnetite are identified. SAED patterns are in excellent agreement with these observations (shown in ESI Fig. S3†).

In order to probe the behaviour of these polyelectrolyte nanocomposites in the presence of a magnetic field, samples were dried in a 0.5 T magnetic field and analysed using microscopy. In the case of the PSSS-stabilised nanoparticles, linear assemblies are observed (Fig. 4(c)); reminiscent of previous reports for samples prepared by co-precipitation alone.48 Currently, we are focussing attention on understanding how the nature of the polyelectrolyte and the chain length affect the formation of these linear assemblies and the resulting implications on imaging behaviour of nanoparticulate contrast agents.

The aggregation of these stabilised nanoparticles has been investigated further by measuring the average hydrodynamic radii at 298 K using DLS (ESI Fig. S2(b)†). For both samples and for a range of reproduced reactions, this average is found to be close to 100 nm. The polydispersity of the SPP–Fe₃O₄ sample is greater than that for the PSSS–Fe₃O₄ sample, which is evidenced by the broader peak shape and the slightly higher polydispersity index (PDI) (0.158 for SPP–Fe₃O₄ and 0.097 for PSSS–Fe₃O₄). The low values obtained for the PDI values (<0.2) indicate a unimodal distribution of monodisperse clusters for both samples. Upon exposure to a 0.5 T magnetic field these values do not change, confirming the excellent water stability these polyelectrolyte stabilisers confer on the Fe₃O₄ nanoparticles prepared using microwave methods. Table 1 summarises the particle sizes as calculated from Scherrer broadening (XRD), average particle size (TEM), hydrodynamic radius and zeta potential (DLS). The observed zeta potentials are below −30 mV for both samples, which confirms the negative surface charge we postulate in Fig. 1 and reaffirms the excellent water stability of these suspensions, which was the case over a six month period as confirmed by DLS analysis.44

Magnetization curves were measured at 300 K and 10 K in a magnetic field of up to 2 × 10⁴ G and are shown in Fig. 5. There is negligible coercivity and remanence noted at 300 K, indicative of superparamagnetic, single-domain iron oxide particles. The magnetization is unsaturated up to 2 T, even at 10 K. Uncoated magnetite prepared using our microwave-assisted method gives a saturation magnetisation of 67.6 emu g⁻¹ at 300 K. While this is lower than the theoretical value for bulk magnetite of 98 emu g⁻¹ (most likely due to spin disorder on the particle surface), this value is higher than previously reported saturation magnetisation values for aqueous routes to iron oxide nanoparticles (40–50 emu g⁻¹).56,57 By employing polyelectrolytes as stabilisers we have found that primary particle sizes and morphologies change and this, in turn, has a marked effect on the resulting magnetic properties. The SPP-stabilised particles are smaller in size, with ill-defined shape, and this is reflected in the reduced Mₜ value of 53.9 emu g⁻¹ at 300 K. The PSSS-stabilised samples, on the other hand, have an Mₜ value of 77.1 emu g⁻¹ at 300 K and appear highly crystalline in HRTEM. Interestingly, the magnetisation value here is significantly higher than Mₜ values previously obtained from NMRD data for PSSS-stabilised Fe₃O₄ (30–50 emu g⁻¹) prepared without the additional microwave synthesis step.58

The saturation magnetisation value is greatly affected by the crystallinity of the sample. For high temperature decomposition routes using organic surfactants, for example, the highly crystalline and uniform nature of the particles is manifested in similarly higher Mₜ values (~80 emu g⁻¹).59 For biological use, organic-surfactant coated particles require further post-processing to transfer into aqueous solutions to obtain stable

![Fig. 5: Magnetic hysteresis loops of pure Fe₃O₄, PSSS–Fe₃O₄ and SPP–Fe₃O₄ at (a) 300 K and (b) 10 K. Data are shown per gram of Fe₃O₄ which was determined from TGA results.](image-url)
suspensions.\textsuperscript{60,64} The microwave-assisted synthesis reported here achieves both properties in a single step: excellent magnetic properties combined with long-term aqueous stability. From these data, we have shown the combination of the PSSS stabiliser and microwave irradiation results in a water-stable crystalline material, without compromising the magnetic properties.

To evaluate the MR efficacy of the PSSS–Fe\textsubscript{3}O\textsubscript{4} and SPP–Fe\textsubscript{3}O\textsubscript{4} samples, \( T_1 \), \( T_2 \), and \( T_2^* \)-weighted images were collected at varying Fe concentrations using a 3 T clinical MRI scanner. Relaxivity values are reported in Table 2. Increasing Fe concentrations (\(-0.2 \text{ mM in H}_2\text{O}\)) were imaged and are displayed in Fig. 6. Higher relaxation rates are noted upon increasing Fe concentration, because PSSS–Fe\textsubscript{3}O\textsubscript{4} and SPP–Fe\textsubscript{3}O\textsubscript{4} shorten the \( T_2 \) relaxation time, which reduces the signal intensity, \textit{i.e.} negative contrast. Interestingly, the contrast displayed by the PSSS–Fe\textsubscript{3}O\textsubscript{4} sample is greater than that of the SPP–Fe\textsubscript{3}O\textsubscript{4}, particles. The increased crystallinity of these particles and their enhanced magnetic properties are the major factors for this behaviour. Since it is the magnetic moments of the particles interacting with the water protons that result in image contrast, the crystalline nature of the particles is vital in determining how efficiently this may occur. In the case of the SPP-stabilised nanoparticles, the irregular shape and decrease in saturation magnetization point to greater disorder of the surface spins in these particles which will play a role in decreasing the imaging efficiency. This is in good agreement with an extensive study reported by Vuong \textit{et al.}, who have proposed a method for predicting \( T_2 \) relaxation based on the nanocrystal size and magnetization values.\textsuperscript{48} For our PSSS–Fe\textsubscript{3}O\textsubscript{4} particles, the excellent magnetic properties and the crystalline nature of the primary particle indicate the promising potential for these contrast agents for MR imaging. MR contrast properties for several other reports of functionalised iron oxide nanoparticles are also included in Table 2.\textsuperscript{48,62,63}

Enhanced MR contrast has been previously noted for linear assemblies of iron oxide nanoparticles.\textsuperscript{48,58,64} In the current case, we observe relaxivities on the order of commercially available contrast agents and nanoparticle suspensions prepared by high temperature decomposition routes, with the added advantage here of no additional work-up required to transfer to aqueous conditions.\textsuperscript{65–67} Recently, Zboril and co-workers reported extraordinarily high relaxivities of 735 mM s\textsuperscript{-1} for iron oxide nanoparticles with a 1 nm terephthalic acid coating, postulating that effective spin-transfer to surrounding water protons is mediated \textit{via} \( \pi \)-conjugation pathways through the organic surfactant.\textsuperscript{68} It is enticing to consider the combined use of active spin-transfer surfactants with microwave processing to further optimise relaxivity behaviour.

The effect of stabiliser on cell toxicity was examined using cell viability studies on suspensions of the polyelectrolyte-stabilised particles co-incubated at increasing concentrations (0.001–1000 \( \mu \) g L\textsuperscript{-1}) with a range of cell lines and these results are depicted in Fig. 7. Regardless of the stabiliser employed, all nanoparticle suspensions tested were found to be non-toxic to a variety of mammalian cell lines, demonstrating the non-toxic robustness of these materials. Iron concentration ranges were similar to previous reports.\textsuperscript{69} This is determined by the fact they did not affect the viability of U937-NL-3 neuroblastoma cells, primary human retinal pigment epithelial (RPE) cells, or primary human foreskin fibroblasts (HFF) even in concentrations up to 1 mg of iron per L.

To demonstrate uptake into mammalian cells, fluorescently-labelled samples were prepared by the addition of Rhodamine B

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**Table 2** Samples and corresponding relaxation properties in \( \text{H}_2\text{O} \) at 3 T

<table>
<thead>
<tr>
<th>Sample</th>
<th>Field</th>
<th>( r_1 ) (mM\textsuperscript{-1} s\textsuperscript{-1})</th>
<th>( r_2 ) (mM\textsuperscript{-1} s\textsuperscript{-1})</th>
<th>( r_2^* ) (mM\textsuperscript{-1} s\textsuperscript{-1})</th>
<th>( r_2/r_1 )</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fe\textsubscript{3}O\textsubscript{4}–PSSS</td>
<td>3 T</td>
<td>3.18 ± 0.10</td>
<td>26.02 ± 6.54</td>
<td>179.00 ± 22.75</td>
<td>8.18</td>
</tr>
<tr>
<td>Fe\textsubscript{3}O\textsubscript{4}–SPP</td>
<td>3 T</td>
<td>2.74 ± 0.51</td>
<td>17.04 ± 0.91</td>
<td>179.31 ± 10.66</td>
<td>6.21</td>
</tr>
<tr>
<td>Fe\textsubscript{3}O\textsubscript{4}–PSSS (ref. 48)\textsuperscript{a}</td>
<td>1.5 T</td>
<td>7.2</td>
<td>89.4</td>
<td>100.00 ± 10.66</td>
<td>0.08</td>
</tr>
<tr>
<td>Fe\textsubscript{3}O\textsubscript{4}–PEG–BP (ref. 62)</td>
<td>3 T</td>
<td>9.5</td>
<td>28.2</td>
<td>—</td>
<td>2.97</td>
</tr>
<tr>
<td>Fe\textsubscript{3}O\textsubscript{4}–PEG (ref. 63)</td>
<td>3 T</td>
<td>4.77</td>
<td>29.2</td>
<td>—</td>
<td>6.12</td>
</tr>
</tbody>
</table>

\textsuperscript{a} Note these measurements performed in 1.5 T field.
throughout the cell cytoplasm (Fig. 8(c)), rather than on the cell surface.

3 Conclusions

In conclusion, we have demonstrated a reproducible and reliable single step route to multifunctional magnetic nano-composite materials, using a microwave-assisted synthesis, in order to provide stable magnetic fluids for use as MR contrast agents. Here, the underpinning structure–property relationship in these materials is highlighted by the synthetic approach taken and the resulting outcome this has on the functional properties of the nanocomposites. The choice of stabilizer – polysulfate versus polyphosphate – has a substantial effect on the magnetic properties, which translates to their ability to enhance the relaxation mechanism of surrounding water protons in MR imaging. Whilst not the highest relaxivities reported for iron oxide nanocomposites, the comprehensive analysis presented here using a full range of characterisation techniques demonstrates PSSS as an excellent stabiliser for the preparation of multifunctional magnetic nanocomposite materials and our microwave-assisted synthetic approach can be applied to a full range of ferrite-based nanoparticles and polyelectrolyte-stabilised systems. Previous reports have shown that effective contrast agents can be obtained using PSSS as a stabiliser for iron oxide nanoparticles without any microwave treatment.\(^\text{46,58}\) In the case of the nanocomposites prepared without microwave heating, the hydrodynamic radius and polydispersity index is greater (136 nm and 0.21, respectively). Most interesting though is that the saturation magnetisation (obtained from NMR dispersion measurements) is consistently lower for samples prepared without the application of microwave heating (30–50 emu g\(^{-1}\)). This has a resulting implication on the contrast agent efficacy (values of \(r_1\) and \(r_2\) obtained are of the same order for both samples, but for the sample prepared without microwave treatment, the relaxation properties were measured only at 1.5 T). Therefore, the addition of this microwave heating step in the case of the PSSS stabiliser positively affects the subsequent properties and functionality of the nanocomposite. The direct link between particle crystallinity and the resulting magnetic behaviour and the governing effect this has on MR imaging capability is particularly interesting. We show that these nanocomposites are non-toxic to a range of mammalian cells, where their uptake can be confocally imaged. The ease of this approach allows for the preparation of extremely stable magnetic fluids for combined MR contrast efficacy and optical imaging and paves the way for a synthetic methodology which allows for greater control over final functionality.

4 Experimental

4.1 Materials

All materials were obtained from Sigma Aldrich. Millipore water was deoxygenated by boiling and then cooling under nitrogen gas. A CEM Discover SP system was used for microwave heating. FTIR spectra (400–2000 cm\(^{-1}\)) were recorded using a Shimadzu

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**Fig. 7** Cytotoxicity profiles of (a) PSSS–Fe\(_3\)O\(_4\) and (b) SPP–Fe\(_3\)O\(_4\) in three different cell lines of UKF-NB-3 neuroblastoma cells, primary human retinal pigment epithelial (RPE) cells and primary human foreskin fibroblasts (HFF) in concentrations up to 1 mg iron per L.

**Fig. 8** Immunofluorescence confocal microscopy imaging of UKF-NB-3 neuroblastoma cells treated with nanoparticles for 24 h. In all cells, the nanoparticle suspension was internalised (a) and particles appear punctated (b). Internalisation is confirmed when viewing slices through the cell (c).
IR Affinity-1 spectrophotometer. X-ray diffraction was performed on a Bruker D8 X-ray diffractometer and powder patterns were analysed using Rietveld refinement as embodied in the Fullprof suite. Thermogravimetric analysis was obtained with a Netzsch STA 409 PC Luxx TGA machine. All samples were heated in air to 700 °C. Dynamic light scattering measurements were performed using a Malvern Zetasizer nano-ZS. Transmission electron microscopy (TEM) images were taken on a JEOL JEM (200-FX) operating at 120 kV. Samples were prepared on a formvar coated copper grid. Some grids were dried over a 0.5 T magnet. High resolution TEM and selected area electron diffraction (SAED) were performed on an FEI Tecnai TF20 instrument fitted with a field emission gun, operated at 200 keV. TEM samples were prepared by dispersing the sample in deionised water and dropping the solution onto an amorphous holey carbon coated grid. TEM data were obtained and processed using either Digital Micrograph or IMAGEJ 1.41 software.

4.2 Preparation of magnetic nanocomposites

FeCl₃·6H₂O (2.70 g; 10 mmol) and FeCl₃·4H₂O (0.99 g; 5 mmol) were dissolved in 10 mL of deoxygenated water. Polyelectrolyte stabiliser (0.2 g of either PSSS or SPP) was dissolved in the iron solution. The solution was heated to 80 °C. Ammonia solution (10 mL; 28–30%) was injected at a rate of approximately 2.5 mL s⁻¹ and the solution was stirred for 20 minutes before transferring to the microwave cavity to be heated at 150 °C for 20 minutes. For fluorescently-labelled samples, Rhodamine B (2 × 10⁻⁴ g; 10 mmol) was dissolved in 2 mL of deoxygenated water and the PSSS polyelectrolyte (0.2 g) was added to this and stirred for two hours. This was transferred to 10 mL of Fe³⁺/Fe²⁺ solution (2.70 g; 10 mmol, and 0.99 g; 5 mmol respectively), before addition of 10 mL of ammonia solution at 80 °C. The resulting black precipitates were washed with Millipore water (5 × 20 mL) with the final two washings being used in TEM, DLS, FTIR, MRI and confocal measurements. The solid precipitate was analysed by XRD, TGA, HRTEM and SQUID measurements.

4.3 MR imaging

The tubes of different PSSS–Fe₃O₄ and SPP–Fe₃O₄ concentrations were placed in a rack in the centre of the magnet. MR imaging was performed with a standard extremity coil on a clinical 3 T MRI scanner (Achieva, Philips Healthcare, Best, The Netherlands). T₂ was determined with a 2D multi-spin-echo sequence (FOV = 120 × 120 mm², matrix = 432 × 432, measured slice thickness = 3 mm, echo train length = 5, TE = 10 ms, TR = 725 ms, flip angle = 90°). The acquired imaging data was transferred to a computer running Matlab and analysed using an in-house Matlab tool to receive the relaxation time T₂ for each Fe concentration. Excel was used to plot the relaxation rate R₂ over the concentration and the relaxivity value was determined using linear regression. Iron concentrations of all MRI scanned serial dilutions of SPIONs were determined using Inductively Coupled Plasma Mass Spectrometry (ICP-MS).

Briefly, samples were digested in 70% nitric acid overnight at room temperature, followed by dilution in deionized water. A standard curve was acquired with each sample set for iron concentration determination.

4.4 Investigating the effect of nanoparticles on cell viability

The effects of the nanoparticles on cell viability were determined in UKF-NB-3 neuroblastoma cells, primary human retinal pigment epithelial cells, and primary human foreskin fibroblast cells. UKF-NB-3 cells were cultivated in IMDM supplemented with 10% foetal calf serum (FCS), 100 IU mL⁻¹ penicillin, and 100 μg mL⁻¹ streptomycin. Retinal pigment epithelial cells were cultured in DMEM supplemented with 20% FCS, 100 IU mL⁻¹ penicillin, and 100 mg mL⁻¹ streptomycin. Fibroblasts were cultured in DMEM supplemented with 10% FCS, 100 IU mL⁻¹ penicillin, and 100 mg mL⁻¹ streptomycin. All cells were cultivated at 37 °C in humidified 5% CO₂ atmosphere as previously described. Cell viability upon the addition of nanoparticle preparations at different concentrations was determined by the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) dye reduction assay after 120 h of incubation as described previously.

4.5 Determination of cellular location of nanoparticles using fluorescence microscopy

UKF-NB3 cells were seeded at 2 × 10⁵ cells per well in a 24 well plate, containing a coverslip in each well, and grown at 37 °C for 48 hours. Rhodamine conjugated nanoparticles were diluted to 0.099 mg L⁻¹ iron concentration in media, 1 mL added to appropriate wells and incubated for 3 hours before aspirating and fixing with methanol at −20 °C for 5 minutes. Coverslips were mounted using mowiol and anti-fade and slides examined using a Leica confocal laser scanning (TCS 4; ×63 oil lens) microscope.

Acknowledgements

The authors gratefully acknowledge Prof. Ram Seshadri at UCSB for help, encouragement and for the use of SQUID facilities. These measurements were made possible through funding from the Royal Society of Chemistry Journal Grant for International Authors provided to SAC. SAC acknowledges funding by the EPSRC (EP/K029290/1) and the Royal Society (RG100301), SAC, ES and ERA gratefully acknowledge funding from the Leverhulme Trust (RPG-2015-134). RTMO is funded by The Centre of Excellence in Medical Engineering funded by the Wellcome Trust and EPSRC under Grant No. WT 088641/Z/09/Z. The authors acknowledge financial support from the Department of Health via the National Institute for Health Research (NIHR) comprehensive Biomedical Research Centre award to Guy’s & St Thomas’ NHS Foundation Trust in partnership with King’s College London and King’s College Hospital NHS Foundation Trust.

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