Collaborative European NeuroTrauma Effectiveness Research in Traumatic Brain Injury (CENTER-TBI): A Prospective Longitudinal Observational Study

BACKGROUND: Current classification of traumatic brain injury (TBI) is suboptimal, and management is based on weak evidence, with little attempt to personalize treatment. A need exists for new precision medicine and stratified management approaches that incorporate emerging technologies.

OBJECTIVE: To improve characterization and classification of TBI and to identify best clinical care, using comparative effectiveness research approaches.

METHODS: This multicenter, longitudinal, prospective, observational study in 22 countries across Europe and Israel will collect detailed data from 5400 consenting patients, presenting within 24 hours of injury, with a clinical diagnosis of TBI and an indication for computed tomography. Broader registry-level data collection in approximately 20,000 patients will assess generalizability. Cross-sectional comprehensive outcome assessments, including quality of life and neuropsychological testing, will be performed at 6 months. Longitudinal assessments will continue up to 24 months post-TBI in patient subsets. Advanced neuroimaging and genomic and biomarker data will be used to improve characterization, and analyses will include neuroinformatics approaches to address variations in process and clinical care. Results will be integrated with living systematic reviews in a process of knowledge transfer. The study initiation was from October to December 2014, and the recruitment period was for 18 to 24 months.

EXPECTED OUTCOMES: Collaborative European NeuroTrauma Effectiveness Research in TBI should provide novel multidimensional approaches to TBI characterization and classification, evidence to support treatment recommendations, and benchmarks for quality of care. Data and sample repositories will ensure opportunities for legacy research.

DISCUSSION: Comparative effectiveness research provides an alternative to reductionist clinical trials in restricted patient populations by exploiting differences in biology, care, and outcome to support optimal personalized patient management.

KEY WORDS: Clinical study, Comparative effectiveness research, Protocol, Traumatic brain injury

Supplemental digital content is available for this article. Direct URL citations appear in the printed text and are provided in the HTML and PDF versions of this article on the journal’s Web site (www.neurosurgery-online.com).

GENERAL INFORMATION

Short Study Title
CENTER-TBI Study

Protocol
Version 4.2

Version Date
28 August 2014
The Collaborative European NeuroTrauma Effectiveness Research in Traumatic Brain Injury (CENTER-TBI) core data study and CENTER-TBI registry (NCT02210221) form part of the CENTER-TBI project: a large-scale project supported by the European Union Framework 7 program (grant 602150). It is embedded within the framework of the International Initiative on TBI Research (InTBIR).1

Each year, approximately 2.5 million people will experience some form of traumatic brain injury (TBI) in Europe; of these, 1 million will be admitted to the hospital and 75,000 will die. TBI thus constitutes a major cause of death and disability, leading to personal suffering for victims and relatives and huge direct and indirect costs to society. In the United States, the annual burden of TBI has been estimated at $75 billion in patients with TBI.2 The lifetime cost-per-case is estimated at $396,000, with disability and lost productivity costs outweighing medical and rehabilitation costs by a factor of 4.3

TBI is considered the most complex disease in our most complex organ. It is characterized by great heterogeneity in terms of etiology, mechanisms, pathology, severity, and treatment, with widely varying outcomes. Falls and high velocity road traffic incidents cause different types of injury. TBI may consist of diffuse damage, contusional brain damage, or intracranial hematomas. Some structural abnormalities (particularly traumatic axonal injury) are poorly detected by conventional imaging. The clinical severity of TBI ranges from minor (minimal complaints, no visible structural damage) to virtually unsurvivable injuries. We have found large differences in outcome between centers with up to a 6-fold higher risk in poorer vs better centers after adjustment for chance effects and case mix.4 We now also recognize that TBI is not just an acute event, but can trigger a chronic process, with progressive injury over hours, days, weeks, months, and even years.5 The long-term sequelae related to behavior, emotion, and cognition, including early-onset dementia and psychiatric illness as well as later substance-use disorders particularly after repetitive mild TBIs, constitute an increasing societal and economic burden.6–8

While basic research has increased our knowledge of the mechanisms involved, improvements in clinical management have not kept pace. Guidelines for the treatment of TBI are available,9,10 but the evidence underpinning these recommendations is weak. Moreover, current approaches to the characterization of disease severity and outcome are unidimensional and have not undergone refinement for >3 decades. Treatment generally follows a one-size-fits-all approach and is not targeted to the needs of an individual. Clinical research in TBI is particularly challenging due to disease heterogeneity and has been further hampered by dispersion of efforts with little collaboration between researchers in acute and postacute settings, and by research that focuses on isolated disease mechanisms, testing highly specific neuroprotective agents in underpowered randomized clinical trials (RCTs). RCTs generally use strict enrollment criteria in order to study the investigational intervention in the cleanest setting. The downside of this approach is that results are only valid in such selected subpopulations and that generalizability to the real-world context is limited. Indeed, improvements in TBI care have come not from clinical trials, but rather from observational studies, guideline development, and meta-analysis of individual patient data.11

However, the large-scale international observational studies on TBI in Europe and the United States that underpin these improvements date back at least 20 years12 and do not reflect current clinical care. Recent advances in genomics, advanced neuro-imaging, and biomarker development provide unparalleled opportunities for refinements in clinical characterization, offering more accurate disease phenotyping. Improved disease characterization will aid precision medicine, a concept recently enunciated by the US National Academy of Sciences.13 Such improved characterization and stratification will allow for more targeted therapies. Furthermore, comparative effectiveness research (CER) provides a promising framework to identify best practices and improve outcome after TBI. CER is the generation and synthesis of evidence that compares the benefits and harms of alternative methods to prevent, diagnose, treat, and monitor a clinical condition or to improve the delivery of care. The purpose of CER is to assist consumers, clinicians, purchasers, and policymakers to make informed decisions that will improve healthcare at both the individual and population levels.14

A basic concept of CER is to study differences in care and outcome in observational studies, thus turning natural variability
into an asset. In CENTER-TBI, we will exploit the existing heterogeneity in structure, process, and outcome to compare treatments and interventions that are standard practice in some centers and countries but not in others. The aim is to discover underlying pathophysiology, to refine characterization, and to identify effective clinical interventions. Natural links exist between CER and individualized approaches, because CER aims to identify the best treatment for the individual patient, with a specific type of injury, severity, comorbidities, and other aspects that determine optimal treatment. We see a great potential for CER in TBI because of various unique features. First, there are large between-center and between-country differences in both outcome and management. Second, robust risk adjustment models have been developed specifically for TBI, providing the possibility to adjust for patient characteristics that affect outcome. Third, advanced statistical models, including random effect models, are available to analyze differences between centers.

The key driver of our research plan is to collect data from a large number of European centers and a sufficiently large cohort to enable CER analyses of differences in clinical care and management pathways in TBI. The CENTER-TBI population will be a unique and well-characterized resource, accessible for longer-term follow-up with continued funding. The integrated results of the project will be brought together in a process of translational outputs. We aim for real-world approaches to translating research outputs into practical information for patients, healthcare professionals, and policymakers. We will develop and sustain an international TBI knowledge community that integrates results of the project with high-quality living evidence reviews of the current state of knowledge, aiming to continuously provide evidence to underpin guidelines and treatment recommendations. The impact of CENTER-TBI will be enhanced by international collaborations within and beyond InTBIR. TBI is a global problem and requires a global approach. The CENTER-TBI database and repositories will be an invaluable resource for further research, which we wish to encourage. In this article, we present an abbreviated version of the CENTER-TBI protocol. The full version of the protocol is available as supplemental material (see Supplemental Digital Content, http://links.lww.com/NEU/A688).

STUDY GOALS AND OBJECTIVES

The study goals are

- To improve characterization and classification of TBI in Europe, with inclusion of emerging technologies.
- To identify the most effective clinical care and to provide high-quality evidence in support of treatment recommendations and guidelines.

The specific aims are

- To collect high-quality clinical and epidemiological data with repositories for neuro-imaging, DNA, and serum from patients with TBI.
- To refine and improve outcome assessment and develop health utility indices for TBI.
- To develop multidimensional approaches to characterization and prediction of TBI.
- To define patient profiles that predict efficacy of specific interventions (precision medicine).
- To develop performance indicators for quality assurance and quality improvement in TBI care.
- To validate the common data elements (CDEs) for broader use in international settings.

### TABLE 1. Inclusion and Exclusion Criteria of CENTER-TBI

<table>
<thead>
<tr>
<th>Inclusion Criteria</th>
<th>Exclusion Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>CENTER-TBI core study</td>
<td>Clinical diagnosis of TBI</td>
</tr>
<tr>
<td>Clinical indication for CT scan</td>
<td>Presentation within 24 hours of injury</td>
</tr>
<tr>
<td>CENTER-TBI registry</td>
<td>Clinical diagnosis of TBI</td>
</tr>
<tr>
<td>Clinical indication for CT scan</td>
<td></td>
</tr>
</tbody>
</table>

*CENTER-TBI, Collaborative European NeuroTrauma Effectiveness Research in Traumatic Brain Injury; CT, computed tomographic; TBI, traumatic brain injury.*
To develop an open database compatible with the Federal Interagency Traumatic Brain Injury Research (FITBIR).

To disseminate study results and management recommendations for TBI to healthcare professionals, policymakers, and consumers, aiming to improve healthcare for TBI at individual and population levels.

To develop a knowledge commons for TBI, integrating CENTER-TBI outputs into systematic reviews.

STUDY DESIGN

Overall Design and Project Management

CENTER-TBI is a prospective longitudinal nonrandomized observational study across the severity spectrum of TBI in up to 80 sites from 22 countries for 18 months. A detailed overview of the distribution of sites is provided in Figure 1. With a large number of centers participating, it is to be expected that some changes may occur during the course of the project. Updated information will be provided on the CENTER-TBI website: www.center-tbi.eu. We will characterize centers with regard to their structural profile in order to explore effects of organizational aspects. The study will consist of 2 parts: CENTER-TBI core data study (n = 5400) and CENTER-TBI registry (n = 15 000-25 000). Inclusion and exclusion criteria are summarized in Table 1. The CENTER-TBI registry will be based on pragmatic data collection of all patients with TBI seen in participating centers, aiming to establish the internal generalizability of our study, and to establish the external generalizability by comparison with national trauma registries. In the core data study, we will create and maintain well-curated biorepositories for analysis by the participants and to provide for legacy research with future new methodologies or longer follow-up of outcome (supported by future grant funding).

The CENTER-TBI study will be overseen by the Coordinators of the CENTER-TBI project, Prof Andrew I.R. Maas (University Hospital Antwerp) and Prof David Menon (University of Cambridge), supported by the project management committee. National coordinators have been designated to streamline study efforts in each country. The logistics and quality of the data collection will be overseen by ICON, Plc, a professional contract research organization. Source data verification will be performed in 10% of the subjects. The data entry and analysis platform are developed by Quesgen Inc in collaboration with Karolinska Institutet International Neuroinformatics Coordinating Facility (KI-INCF), with additional support from One Mind for Research (http://www.onemind.org/).

CENTER-TBI Core Data Study

In the CENTER-TBI Core data study, we will follow the disease course with detailed data collection up to 2 years postinjury for the most severely injured patients, thus bridging the acute and postacute phases. Patients will be stratified upon enrollment into 3 clinical groups differentiated by clinical care path:

- Emergency room (ER) stratum: patients evaluated in the ER and discharged (n = 1800).
- Admission stratum: patients admitted to the hospital but not to the intensive care unit (ICU; n = 1800).
- ICU stratum: patients admitted directly from ER or other hospital to the ICU (n = 1800).

We aim for an equal balance in numbers between the strata: approximately 1800 patients per stratum.

CENTER-TBI Registry

The CENTER-TBI registry will serve 2 important purposes: 1) assessing representativeness of the CENTER-TBI core study and 2) providing opportunities for comparative effectiveness analysis of organization of care. Elementary data from all patients excluded from the core data collection for whatever reason, but who do have a clinical diagnosis of TBI and undergo CT scanning, will be recorded in the registry.

Time Frames

The setup phase of the project (currently underway) will last approximately 1 year. Recruitment will be initiated across the participating study centers between November 2014 and January 2015. Recruitment is expected to last about 18 months, but may be extended in case of slower recruitment. The index follow-up for outcome assessment will be at 6 months. Allowing for data verification and cleanup, we expect definitive analyses on the complete database to start in 2017.

Sample Size Calculation and Statistical Analyses

The sample size estimate is based on:

- Practical logistic considerations.
- Power calculations for the different strata, targeting comparative effectiveness analyses, assuming a between-center and between-country heterogeneity as identified in previous research (expressed by variance parameter from a random effects model, $\tau^2$ of 0.431).
- Postulated odds ratios for intervention effects of approximately 5% improvement in outcome.

Overall, these calculations provide a statistical power to detect odds ratios of ~1.2 associated with differences in process characteristics of specific interventions across the core dataset with a power of 80%. Somewhat larger odds ratios are required for interventions applicable in only 1 of the 3 individual strata in the core dataset. In the registry we expect to be able to detect differences (predominantly in organizational or system characteristics) with an odds ratio of 1.2 with a power of 82%.

Statistical analyses for the CER questions will primarily apply random effects modeling, in which the center is included at the higher level, and patients are considered clustered within centers. In some analyses, higher levels of clustering will also be considered (eg, country or European region) or lower levels (eg, physicians).
within hospitals. Confounding factors as measured at the individual patient or center level will be considered extensively and will be targeted to the specific research question.

The analyses for better characterization of TBI will be exploratory, aiming to better understand the complexity of the disease and to discover new associations. In addition to standard descriptive and inferential techniques, we will also use novel machine learning techniques as appropriate.

Prognostic analyses will consider a range of variables, including genetic, demographic, and clinical data, physiological signals, imaging results, and biomarkers as predictors of early endpoints and physiologic derangement (eg, raised intracranial pressure), and late outcome, including mortality, functional outcome, quality of life, and neuropsychological performance. Previously and newly developed prediction models will be validated by comparison of observed to predicted outcome risks, with predictive performance summarized by measures for discrimination and calibration.

**Data Management**

Prior to upload to the study database, acquired data will be stored locally. All patients will be allocated a random Global Unique Personal Identification number (GUPI), which will be linked locally to hospital identifiers. Uploaded data will be de-identified and images will be defaced prior to upload. While blood samples and clinical data will be linked, both sets of data will be kept confidential and anonymized beyond the initial stage of correlation for analysis. Imaging and electronic data will be kept on individually password-protected servers. Clinical data will be entered into electronic Case Report Forms (eCRFs) and managed by the QuesGen data management platform, which will be developed in collaboration with KI-INCF. Data collection is based upon the CDEs, thus

Prognostic analyses will consider a range of variables, including genetic, demographic, and clinical data, physiological signals, imaging results, and biomarkers as predictors of early endpoints and physiologic derangement (eg, raised intracranial pressure), and late outcome, including mortality, functional outcome, quality of life, and neuropsychological performance. Previously and newly developed prediction models will be validated by comparison of observed to predicted outcome risks, with predictive performance summarized by measures for discrimination and calibration.

**Ethical Considerations**

Informed consent procedures will follow local and national requirements in all cases. We anticipate that many potential patients will not be able to consent to their participation in this project. The nature of TBI means that some patients may lack the capacity to decide to participate in this study especially at the earliest time point. It is important to try and include these patients to ensure that representative samples of patients are included to avoid bias in the study findings. Every step will be taken to ensure that a test of capacity is undertaken before a decision on a person’s capacity to consent or not to consent to participate in research is taken. If the subject is not capable of self-consent, all efforts will be made to locate a legally acceptable representative to act on behalf of the subject. When a legally acceptable representative (eg, consultee/proxy) is identified, an opinion will be sought about the potential participant’s wishes and feelings in relation to the project, and whether he or she would have wanted to take part in the study.

Subjects are free to withdraw, or be withdrawn by their consultee/proxy if appropriate, at any point in the study, and they need not state a reason. All individual patient identifiers will be stripped from data before storage on the study database (see details under Data Management). The study will adhere to national and European regulatory requirements. We recognize that these may vary between European Union member states, and one of the aims of CENTER-TBI is to map this variance in the course of the study.
Subject Risks and Benefits

No structured adverse event reporting will be implemented, as this is an observational study without any therapeutic intervention. However, we will capture any serious complication that may occur during the clinical course in the CRF. Diagnostic interventions include blood sampling, outcome assessments, and, in selected sites, magnetic resonance (MR) imaging, high-resolution ICU monitoring, and extended blood sampling. The potential risks to the subject are minimal across all domains of data collection.

No direct benefit to study participants is expected, other than by enhanced contacts and more detailed study assessments. The results will be directly relevant to society in general and to future patients who have TBI.

METHODOLOGY

CENTER-TBI Registry

Data collection will be elementary and based on retrospective extraction from clinical records of data that are routinely collected clinically. No specific study interventions will be performed.

No target recruitment number has been set for the CENTER-TBI registry. We anticipate inclusion of approximately 15,000 to 25,000 subjects.

CENTER-TBI Core Study

A total of 5,400 patients will be recruited and differentiated into 3 equal strata of approximately 1,800: ER, admission, and ICU strata, as described above. Balance in numbers between the strata will be aimed for, but sites will be allowed to arrange recruitment strategies to best suit their local requirements. We would anticipate a far larger number of eventual subjects in the ER and admission strata than in the ICU stratum. Options for achieving balance would be to limit the recruitment in the ER and admission strata to certain days per week or certain periods of time. It would be essential to maintain balance of recruitment across the days of the week.

A maximum cap of enrollment will be implemented per center in order to prevent overrepresentation. The cap is currently fixed at a maximum of 100 patients per stratum with a total number per center of no more than 250. The following broad categories of clinical data will be prospectively collected from all enrolled patients through medical records and personal interview:

- Baseline demographics: age, sex, race, ethnicity, and handedness.
- Baseline socioeconomics: education, employment, living situation, and types of support.
- Baseline medical history by system including substance abuse, prior TBI, and medications.
- Mechanism of injury, location, and surrounding circumstances.
- Prehospital clinical course variables: vital signs, transport times, and Glasgow Coma Scale score.
- Abbreviated injury scale (AIS) score and injury severity score (ISS).
- Brain computed tomographic (CT) report including presence of skull fracture and intracranial abnormalities.
- Emergency department clinical course: vital signs, GCS, fluids, labs, toxicology, and complications.
- Hospital admission clinical course: vital signs, GCS, fluids, labs, complications, and medications.
- Hospital surgeries and neuromonitoring.
- Reasons for clinical decisions.
- Physician-based satisfaction with care and prognostic estimates.
- Admission and discharge dates and times throughout full clinical course.
- Discharge destination and acute care outcome evaluation.

Source data can include patient medical records (paper and electronic), ambulance records, online test results, and information.

### TABLE 2. Timing of Follow-up Assessmentsa

<table>
<thead>
<tr>
<th>Time Point</th>
<th>2-3 weeks</th>
<th>3 m</th>
<th>6 m</th>
<th>12 m</th>
<th>24 m</th>
</tr>
</thead>
<tbody>
<tr>
<td>ER stratum (1800)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outcome</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neuropsych</td>
<td>600b</td>
<td>600b</td>
<td>1150</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Questionnaires</td>
<td>1400</td>
<td>1300</td>
<td>1250</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Admission stratum (1800)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outcome</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neuropsych</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Questionnaires</td>
<td>1450</td>
<td>1300</td>
<td>1200 (non MR)</td>
<td>250</td>
<td></td>
</tr>
<tr>
<td>ICU stratum (1800)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outcome</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neuropsych</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Questionnaires</td>
<td>1450</td>
<td>1300</td>
<td>1200</td>
<td>250</td>
<td></td>
</tr>
</tbody>
</table>

aER, emergency room; ICU, intensive care unit; MR, magnetic resonance.
bOnly in patients undergoing magnetic resonance studies.

Numbers at follow up are estimated to be lower than the size of the original cohort to allow for mortality and for anticipated loss of follow up.
held on clinical systems. The Web-based data entry system will use secure, encrypted connections for data upload. Coding of records by the GUPI will ensure that names and other identifying information will not be linked to study data, in compliance with existing regulations. No data with personal identifiers will leave the study site.

**Blood Sampling**

Blood samples will be drawn in all patients upon presentation for routine laboratory testing as dictated by standard clinical procedures. Details of assays will be captured in the CRF. For study purposes, adult patients from all strata will also have 19 mL of blood drawn <24 hours of injury for biomarker and genetic analysis. While local research protocols may require the banking of additional volumes of blood, this should not exceed 40 mL at admission. The blood sample will be drawn from an arterial or (central) venous catheter placed as a part of standard care where possible. In other cases, patients will need to undergo a separate venepuncture. No more than 2 venepunctures will take place. Whenever possible, blood draws will be combined with those of routine clinical care.

The additional blood draws performed for purposes of the study will not exceed 40 mL upon presentation, 75 mL during the acute clinical course (only ICU stratum), and no more than 30 mL annually during a 2-year follow-up period. In pediatric patients, blood draws will be limited to a maximum of 3% of the circulating volume.

In the ICU stratum, more extended sampling will be performed in a subset of patients. Cross sectional sampling at follow-up will be performed at 6 months in the admission and ICU strata and at other time points in those subjects undergoing MR investigations (Table 2). Sampling kits will be provided to the sites. These will be in separate biohazard bags for the biomarker, genetic, and advanced hemostasis samples. All sample tubes will be color-coded. The sample tube colors will be finalized once current tendering processes are completed, and details will be specified in site study manuals. Sampling kits will be provided to centers by the University of Pecs, which will lead the biomarker work package.

**Processing of Samples for Protein Biomarker Sampling**

Time points for protein biomarker sampling are specified in Table 3. For each sample, 9 mL of blood will be collected into a serum separator tube, centrifuged after 45 ± 15 minutes of coagulation at room temperature, at 4000 rpm for 10 minutes, and aliquoted as 8 × 0.5 mL serum into the barcoded 1.2 mL cryovials. Aliquots should be deep-frozen at −80°C within 3 hours. If deep freezing is not directly possible for logistic reasons, samples may be stored at −20°C non-frost-free freezer for a maximum of 48 hours before being transferred to −80°C. Samples will be transferred to the central laboratory at the University of Pecs at regular intervals.

**Sampling for Genetic Analysis**

For genetic studies, two 4.9 mL samples of whole blood will be collected in potassium EDTA tubes at enrollment and stored at −80°C within 6 hours. The 2 samples will be stored in 2 different racks. One sample will be retained at the site, while the other will be shipped, in batches, to the central facility in the University of Pecs along with biomarker and other blood samples. We have opted for such duplicate sampling in order to have a reserve sample available in case any sample gets lost during transport or that DNA extraction process may not be optimal. Collated blood samples from multiple centers will be batch transferred from Pecs to the Clinical Genetics Laboratory at Addenbrooke’s Hospital in Cambridge, which will act as the repository for DNA samples, extract DNA, and provide aliquots for analysis.

**Neuro-Imaging**

All acute head CTs and at least 1 follow-up CT scan (if performed between day 2 and 7 for clinical care) will be collected and uploaded into the CENTER-TBI neuro-imaging repository. CT scans performed as part of clinical care will follow standard clinical practice of the hospital. This will generally include a follow-up scan in all patients treated surgically performed within 24 hours of surgery. We recommend 3-dimensional volumetric CTs with a multi-detector row scanner (32 rows or better).

---

**Table 3. Planned Sampling Points for Biomarkers**

<table>
<thead>
<tr>
<th>Time Point</th>
<th>Admission/Presentation</th>
<th>Day 1</th>
<th>Day 3</th>
<th>Day 4</th>
<th>Day 5</th>
<th>2-3 weeks</th>
<th>3 m</th>
<th>6 m</th>
<th>12 m</th>
<th>24 m</th>
</tr>
</thead>
<tbody>
<tr>
<td>ER stratum (1800)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Biomarkers</td>
<td>1800 (9)</td>
<td>600 (9)</td>
<td>200 (9)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Genetics</td>
<td>1800 (10)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Admission stratum (1800)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Biomarkers</td>
<td>1800 (9)</td>
<td>1200 (9)</td>
<td>300 (9)</td>
<td>250 (9)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Genetics</td>
<td>1800 (10)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ICU stratum (1800)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Biomarkers</td>
<td>1800 (9)</td>
<td>1000 (9)</td>
<td>250 (9)</td>
<td>250 (9)</td>
<td>250 (9)</td>
<td>600 (9)</td>
<td>1200 (9)</td>
<td>300 (9)</td>
<td>250 (9)</td>
<td></td>
</tr>
<tr>
<td>Genetics</td>
<td>1800 (10)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*ER, emergency room; ICU, intensive care unit. Figures in columns represent the number of subjects expected to provide samples at each time point, allowing for mortality and loss to follow up. Figures in parentheses represent provisional amount of the drawn blood in milliliters.
During upload, the images will be de-identified and defaced and will only be coded by the assigned GUPI code. All images will be read and coded by central reviewers at 4imetric in accordance with the neuro-imaging TBI CDE’s. No additional CT scans will be performed for study purposes.

**Outcomes**

All outcome measures will be obtained from the patient if they are cognitively able, supplemented as appropriate by information from a caregiver or other proxy. Assessments will be administered by telephone/postal questionnaire/Web-based questionnaire and face-to-face visits. In order to maximize the number of subjects in whom outcome data are obtained, face-to-face visits may be conducted within the local study site, in the patient’s home, or other residential/healthcare setting, as appropriate. Where subjects are resident within a long-term rehabilitation care facility, some assessments and neuropsychological evaluations (such as the JFK coma recovery scale—revised) may be available from the clinical record. A detailed overview of times of outcome assessments is provided in Table 2.

A prespecified neuropsychological evaluation will be performed in all strata at 6 months after injury and longitudinally at various time points in the 3 strata up to 24 months after injury. These additional assessments will focus on earlier outcome assessments in ER stratum and later assessments in Admission and ICU strata.

Two main types of patient follow-up are planned depending on whether only questionnaires are being used or whether a more complete neuropsychological assessment is being conducted (Table 4). The neuropsychological assessment involves face-to-face contact. Travel expenses of patients will be reimbursed according to local site policy. Assessment that only involves questionnaires/telephone follow-up will be conducted by a mixture of telephone follow-up and postal/Web-based questionnaires. If more convenient, these questionnaire assessments may be completed as part of a visit.

Outcome assessment will include functional outcome (as assessed by the Glasgow Outcome Scale extended), health-related quality of life, and patient questionnaires. The preferred method of assessing the Glasgow Outcome Scale extended is by interview, but postal/Web-based questionnaires will also be options. The face-to-face visits will include formal neuropsychological testing, including paper and pencil tests, and the Cantab neuropsychological assessment tests neuropsychological test battery, which is language independent and therefore admirably suited for a multinational study. Hardware and software for the Cantab neuropsychological assessment tests will be provided by the project organization to sites free of charge. A detailed overview of the instruments used in the various assessments is summarized in Table 4. Where applicable, license fees will be covered by the coordinator.

Formal neuropsychological testing will only be performed in patients considered testable. Assessment of testability will be based upon the Galveston Orientation and Amnesia Test. Patients with a score ≤65 will be considered untestable, and in these patients assessment will only consist of the JFK coma recovery scale.

Tests will be administered by trained study personnel. In case any clinically relevant problems are detected during outcome assessments, the research personnel will notify the medical staff according to local clinical policies and procedures. Any concerns related to a study participant will be discussed with the principal investigator or other senior clinical members of the research team to ensure appropriate arrangements for patient treatment or follow-up are in place. In nonurgent cases a letter may be sent to the patient’s general practitioner outlining these concerns, which will also be copied to the relevant hospital department.

**Extended Studies**

Sites have been given the opportunity to contribute to more extended data collection in the following domains:
- MR imaging
- Extended coagulation and biomarker studies
- High-resolution ICU monitoring
• Electrocorticographic monitoring
• Continuous electroencephalography monitoring

The selection of sites for such advanced data collection is determined by expression of interest and logistic considerations. In addition to data collected specifically as part of CENTER-TBI, we will also record additional data that are available at individual centers.

None of these data will be mandated as part of CENTER-TBI, acquisition will depend on local clinical judgment, and will only be collected if part of routine clinical management or another ethically approved study with appropriate consent. Such data could include (but are not limited to) electrocorticography, continuous electroencephalography, cerebral microdialysis, brain oxygen monitoring, and other imaging studies. These data will be used in combined analyses to address the goals of precision medicine and comparative effectiveness research.

DISCUSSION

CENTER-TBI is a project embedded within the InTBIR,1 which was founded in 2011 as a collaboration between the European Commission, the US National Institute of Neurological Disorders and Stroke, and the Canadian Institute of Health Research and its national funding partners.26 This collaboration of international funding agencies is unique. However, perhaps even more unique is the fact that all the projects will undertake data collection to common standards based on the Common Data Elements scheme developed by the National Institute of Neurological Disorders and Stroke,20 with the database structure that is compatible with FITBIR.21

InTBIR was founded in recognition of the importance of TBI as a global pandemic, culminating in significant costs to all societies in terms of mortality, residual disability, health, economic costs, and reduced activity. Although initiated by 3 funding agencies, InTBIR is an open community and welcomes participation of other agencies and funding bodies. With the aim of advancing the care for TBI, the primary intent of InTBIR is to focus on collecting, standardizing, and sharing clinical TBI data for comparative effectiveness research. Within the InTBIR framework, there are currently 10 studies supported by the participating agencies (Table 5).

CENTER-TBI has interactions with several other studies within the InTBIR community and has particularly close collaboration with TRACK-TBI (Transforming Research And Clinical Knowledge in Traumatic Brain Injury; PI, Dr Geoffrey Manley), with extensive harmonization of study procedures and data collection. Pediatric recruitment to CENTER-TBI involves a close collaboration with ADAPT (Approaches and Decisions for Acute Pediatric TBI; PI, Dr Michael Bell). The concept of CENTER-TBI and TRACK-TBI has already attracted substantial international interest, and satellite projects are currently being set up in Australia, China, and India. Thus, the philosophy that TBI is a global problem that requires a global approach is now being translated into research practice. The InTBIR studies and satellite projects linked to these initiatives have the potential to provide long-needed evidence to support practice recommendations and to improve treatment.

Details on the CENTER-TBI project and scientific work plan are available on the CENTER-TBI website: www.center-tbi.eu.

TABLE 5. International Initiative on Traumatic Brain Injury Research Studies

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Project Acronym and Sample Size</th>
<th>Funding Agency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Collaborative European NeuroTrauma Effectiveness Research in TBI</td>
<td>CENTER-TBI (n = 5400)</td>
<td>European Commission</td>
</tr>
<tr>
<td>Collaborative Research on ACute Traumatic brain Injury in Intensive care Medicine in Europe</td>
<td>CREATIVE (n = 7000)</td>
<td>European Commission</td>
</tr>
<tr>
<td>Transforming Research And Clinical Knowledge in Traumatic Brain Injury</td>
<td>TRACK-TBI (n = 2700)</td>
<td>NIH/NINDS</td>
</tr>
<tr>
<td>Approaches and Decisions for Acute Pediatric TBI</td>
<td>ADAPT (n = 1000)</td>
<td>NIH/NINDS</td>
</tr>
<tr>
<td>Managing severe TBI without ICP monitoring—guidelines development and testing</td>
<td>(n = 780)</td>
<td>NIH/NINDS</td>
</tr>
<tr>
<td>Predicting and preventing postconcussive problems in paediatrics (SP) study protocol for a prospective multicentre clinical prediction rule derivation study in children with concussion.</td>
<td>5P (n = 2000)</td>
<td>CIHR/ONF</td>
</tr>
<tr>
<td>Improving the diagnosis and treatment of mTBI in children and youth: the power of common data</td>
<td>Common data (n = 1000)</td>
<td>CIHR/FRQS</td>
</tr>
<tr>
<td>A longitudinal prospective study of mTBI in youth ice hockey players</td>
<td>Safe to play (n = 1000)</td>
<td>CIHR/HBI</td>
</tr>
<tr>
<td>Post-concussion Syndrome in youth: assessing the GABAergic effects of melatonin</td>
<td>PLAYGAME (n = 166)</td>
<td>CIHR</td>
</tr>
<tr>
<td>Neurocare: a clinical decision-making tool in youth mTBI</td>
<td>NEUROCARE (n = 1400)</td>
<td>CIHR/OBI</td>
</tr>
</tbody>
</table>

1CIHR, Canadian Institute of Health Research; FRQS, Fonds de recherche du Quebec—Sante; GABA, gamma-aminobutyric acid; HBI, Hotchkiss Brain Institute; ICP, intracranial pressure; mTBI, mild TBI; NIDS, National Institute of Neurological Disorders and Stroke; NIH, National Institutes of Health; ONF, Ontario Brain Institute; OBI, Ontario Neurotrauma Foundation; TBI, traumatic brain injury.
Figure 2 presents a graphical representation of the components and ambitions of the CENTER-TBI project, for which the CENTER-TBI core data study and registry form the basis. We expect the CENTER-TBI project to bring benefits to patients, healthcare professionals, and policymakers.

**Patients**

TBI is not limited by any borders. The need for European action is dictated by national and regional differences in resource, treatment approaches, and healthcare delivery, which impact on outcome. These inequalities in treatment provision and outcome are not small: analysis of clinical trial data shows 3.8-fold differences in risk adjusted outcomes across Europe, and a recent EU report recognized that 100,000 lives could be saved annually if injury mortality rates across Europe could be reduced to the lowest observed national rate. CENTER-TBI will provide robust guidelines on best clinical practice, ensuring that every EU citizen obtains the best possible care, regardless of country or region of residence. This will improve outcome and quality of life for individual patients. We will also develop accessible information for patients and families, empowering them as partners in their own care. This will include information on early and reliable outcome prediction (providing hope and decreasing unrealistic expectations).

Variations in treatment and outcome are not small: analysis of clinical trial data shows 3.8-fold differences in risk adjusted outcomes across Europe, and a recent EU report recognized that 100,000 lives could be saved annually if injury mortality rates across Europe could be reduced to the lowest observed national rate. CENTER-TBI will provide robust guidelines on best clinical practice, ensuring that every EU citizen obtains the best possible care, regardless of country or region of residence. This will improve outcome and quality of life for individual patients. We will also develop accessible information for patients and families, empowering them as partners in their own care. This will include information on early and reliable outcome prediction (providing hope and decreasing unrealistic expectations).

**Healthcare Professionals**

We anticipate that our study will transform characterization of TBI and improve detection and understanding of disease processes, mirroring the recommendations of the National Academy of Sciences on the importance of developing a new taxonomy in the context of precision medicine. The expected impact of CENTER-TBI is displayed in Figure 3, adapted from the NAS report. We expect that improved disease characterization and identification of best practices will lead to therapies that are better targeted and more individually oriented (precision medicine). Knowledge gained from the CER analyses will be integrated with systematic reviews of the existing literature to produce improved and harmonized clinical guidelines, facilitating constant improvement by the clinical neurotrauma community.
Policymakers

Insight into current epidemiological patterns of TBI across member states will inform prevention campaigns, targeted to needs at national levels. Our focus on the impact of systems of care and organizational aspects of care delivery could yield substantial benefits: for example, introduction of the UK National Institute for Health and Care Excellence Guidelines for TBI management was associated with a 12% reduction in TBI mortality. More efficient and targeted care and improved outcome will reduce costs. New performance indicators and improved prognostic models will facilitate benchmarking and assessments of quality of care.

In summary, the CENTER-TBI project will contribute towards the overall goals of InTBIR, by identifying more effective and efficient treatment provision, thus improving outcome and reducing costs. The science in the project will provide novel information on disease processes, treatment, outcome, and prognosis in TBI, identifying new therapeutic targets and therapies, while the CENTER-TBI repositories will ensure opportunities for legacy research. Thus, the project has the potential to improve current healthcare and its delivery at both population and individual levels, deliver early scientific advances that could improve the care of patients with TBI, and provide a rich investment for future biomedical research.

Disclosures

The authors have no personal, financial, or institutional interest in any of the drugs, materials, or devices described in this article.

Funding of additional elements for this study has been provided by the Hannelore Kohl Foundation (Germany) and by the non-profit organization One Mind for Research (directly to International Neuroinformatics Coordinating Facility). The study registration is Clinicaltrials.gov: NCT02210221.

REFERENCES

Appendix. Collaborative European NeuroTrauma Effectiveness Research in Traumatic Brain Injury Participants and Investigators

Institutes that are scientific participants are in italics. Institutes that are investigating sites (sites for data collection) are in regular font. Institutes that are both scientific participants and investigating sites are in bold.


119MRC Biostatistics Unit, Cambridge Institute of Public Health, Cambridge, UK.

119Department of Rehabilitation and Brain Trauma, Turku University Central Hospital, Turku, Finland.
119Institute of Neuropsychology, University of Antwerp, Antwerp University Hospital and University of Antwerp, Antwerp, Belgium.
119Department of Radiology, University Antwerp Hospital and University of Antwerp, Antwerp, Belgium.
119Division of Anesthesiology, University of Cambridge, Cambridge, UK.
119INCF International Neuroinformatics Coordinating Facility, Karolinska Institutet, Stockholm, Sweden.
119Intensive Care and Department of Pediatric Surgery, Erasmus MC—University Medical Center Rotterdam, Sophia Children’s Hospital, Rotterdam, The Netherlands.
119Department of Medical Psychology and Medical Sociology, Universitätme dizin Göttingen, Göttingen, Germany.
119Department of Public Health, Tirasna University, Faculty of Health Sciences and Social Work, Tirasna, Slovak Republic.
119Department of Neurosurgery, University of Pecs and Clinical Neuroscience Image Center of Hungarian Academy of Sciences (HAS), Pécs, Hungary.

Copyright © 2013 of Neurological Sciences. Unauthorized reproduction of this article is prohibited.