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1 **Development and validation of urine-based peptide biomarker panels**  
2 **for detecting bladder cancer in a multi-center study**

3

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41

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59 **Translational relevance**

60 Urothelial bladder cancer (UBC) remains the second most frequent cause of mortality among  
61 genitourinary cancers. Due to high relapse rates, frequent patient monitoring is required,  
62 leading to augmented associated healthcare costs and diminished patient compliance. A  
63 prevailing need for non-invasive biomarkers which will facilitate the timely diagnosis of  
64 primary and recurrent UBC remains unmet to date. This study is focused on the investigation  
65 of biomarker panels based on urinary peptides, as screening tools for the diagnosis of  
66 urothelial bladder cancer. Two biomarker panels were developed for primary and recurrent  
67 UBC, by employing 1357 urine samples. Further validation of the peptide panels in patients  
68 representing primary and surveillance settings resulted in AUCs (area under the Receiver  
69 Operating Characteristic curve) of 0.87 and 0.75, respectively. In reference to the peptide  
70 biomarker model for detection of recurrence, combination with cytology increased the AUC  
71 to 0.87.

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79 **Abstract**

80 **Purpose:** Urothelial bladder cancer (UBC) presents high recurrence rates, mandating  
81 continuous monitoring via invasive cystoscopy. The development of non-invasive tests for  
82 disease diagnosis and surveillance remains an unmet clinical need. In this study, validation of  
83 two urine-based biomarker panels for detecting primary and recurrent UBC was conducted.

84 **Experimental Design:** Two studies (total n=1357) were performed for detecting primary  
85 (n=721) and relapsed UBC (n=636). Cystoscopy was applied for detecting UBC, while  
86 patients negative for recurrence had follow-up for at least one year to exclude presence of an  
87 undetected tumor at the time of sampling. Capillary electrophoresis coupled to mass  
88 spectrometry (CE-MS) was employed for the identification of urinary peptide biomarkers.  
89 The candidate urine-based peptide biomarker panels were derived from nested cross-sectional  
90 studies in primary (n=451) and recurrent (n=425) UBC.

91 **Results:** Two biomarker panels were developed based on 116 and 106 peptide biomarkers  
92 using support vector machine algorithms. Validation of the urine-based biomarker panels in  
93 independent validation sets, resulted in AUC values of 0.87 and 0.75 for detecting primary  
94 (n=270) and recurrent UBC (n=211), respectively. At the optimal threshold, the classifier for  
95 detecting primary UBC exhibited 91% sensitivity and 68% specificity, while the classifier for  
96 recurrence demonstrated 87% sensitivity and 51% specificity. Particularly for patients  
97 undergoing surveillance, improved performance was achieved when combining the urine-  
98 based panel with cytology (AUC of 0.87).

99 **Conclusions:** The developed urine-based peptide biomarker panel for detecting primary UBC  
100 exhibits good performance. Combination of the urine-based panel and cytology resulted in  
101 improved performance for detecting disease recurrence.

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103

104

## 105 **1. Introduction**

106 Urinary bladder cancer (UBC) remains the second most frequent cause of mortality among  
107 genitourinary cancers, including approximately 430,000 incident cases and 165,000  
108 attributable deaths annually worldwide (1). The striking majority of malignant bladder  
109 tumours are of epithelial origin. Depending on the degree of tumour infiltration in the vesical  
110 wall, 80% of neoplasms are classified as non-muscle invasive (NMIBC), while the remainder  
111 are muscle invasive (MIBC) tumours (2). Following initial treatment, up to 70% of NMIBC  
112 patients experience disease recurrence (3, 4). Current approaches for detecting both primary  
113 and recurrent disease rely on invasive cystoscopy. However, due to high UBC relapse rates  
114 (4) frequent patient monitoring is required (3), leading to diminished patient compliance and  
115 augmented associated healthcare costs (5). In an effort to reduce the frequency of  
116 cystoscopies conducted, several non-invasive biomarkers have been approved by the U.S.  
117 Food & Drug Administration, albeit with performance rates remaining insufficient to replace  
118 current diagnostic and monitoring practices relying on cystoscopy (6). Therefore, a prevailing  
119 need for non-invasive biomarkers which will facilitate the timely diagnosis of primary and  
120 recurrent UBC (6), including low-grade NMIBC (7, 8), remains unmet to date. Such  
121 biomarkers are likely to reduce the frequency of diagnostic cystoscopies conducted,  
122 particularly among patients undergoing monitoring for recurrent UBC.

123 Capillary electrophoresis coupled to mass spectrometry (CE-MS) has been applied for the  
124 investigation of peptides and low molecular weight proteins ( $\leq 20$ kDa) as urinary biomarkers  
125 (9, 10). The biomarkers can be subsequently sequenced and identified by employing CE-  
126 MS/MS and LC-MS/MS proteomics platforms (11). Taking advantage of existing ample sized  
127 peptide databases available for conducting in-depth biomarker assessment (10), support vector  
128 machines (SVM), shown to be more efficient in the analysis of such complex proteomics

129 datasets in comparison to unsupervised methods (12), are used to generate high-dimensional  
130 biomarker classifiers (namely biomarker panels) which exhibit superior accuracy to single  
131 protein markers (9, 11, 13-15).

132 Particularly for UBC, CE-MS based biomarker panels have been previously described,  
133 exhibiting discriminatory capabilities for primary UBC (15), nevertheless at advanced stages  
134 (13). The present multi-center study aims to expand upon these initial efforts targeting to  
135 discover and validate urinary biomarker panels for detecting primary and recurrent UBC.

136

## 137 **2. Patients and Methods**

### 138 **2.1 Patient enrollment and urine collection**

139 Two multi-center cross-sectional studies were conducted to investigate the study objectives  
140 according to the REMARK Reporting Recommendations (16) and the recommendations for  
141 biomarker identification and reporting in clinical proteomics (17). A schematic representation  
142 of the study design is depicted in **Figure 1**. The study was performed in accordance with the  
143 Declaration of Helsinki and ethical approval was obtained by local Ethics Committees. Proper  
144 informed consent procedures under Institutional Review Board approved protocols were  
145 followed. Urine samples were collected in the period 2003-2014 from eligible outpatients  
146 visiting the Hospital del Mar in Barcelona, Spain (n=526), Erasmus Medical Center in  
147 Rotterdam, The Netherlands (n=456), University Hospital of Virginia, USA (n=304), Laikon  
148 Hospital in Athens, Greece (n=47) and Hannover Medical School, Germany (n=24). Voided  
149 midstream urine was collected at outpatient visit and prior to any treatment, according to the  
150 standard protocol for urine collection defined by the European Kidney and Urine Proteomics  
151 (EuroKUP) and Human Kidney and Urine Proteome Project (HKUPP) networks. All urine  
152 samples were collected prior to cystoscopy and stored immediately following sample  
153 collection at -20°C until CE-MS analysis was performed. Presence of UBC was confirmed

154 with on-site cystoscopy. Among UBC patients, tumour stage and grade was defined according  
155 to the TNM (tumour nodes metastases) classification (18), following histological examination  
156 of biopsied tumor specimens. To avoid misclassification bias, all patients were re-evaluated  
157 for at least one year following baseline assessment.

158

## 159 **2.2 Study cohort for Primary UBC**

160 For assessing primary UBC, 721 eligible participants, including 509 primary UBC patients  
161 and 212 urological controls were evaluated. The latter included patients presenting with  
162 hematuria and patients suffering from other disorders of the genitourinary tract, such as acute  
163 cystitis and nephrolithiasis (**Supplementary Table S1**). Exclusion criteria were presence of  
164 adenocarcinoma and papillary carcinoma (n=5). Forty-seven urine samples (random-catch)  
165 were collected at Laikon Hospital in Athens, Greece; 304 urine samples were from patients  
166 enrolled in the Department of Urology of University of Virginia, Charlottesville, USA.  
167 Eighty-five urine samples were from patients undergoing cystoscopy at the Erasmus MC, the  
168 Netherlands; 267 from Hospital del Mar in Barcelona, Spain, and 18 samples were from  
169 patients visiting the Hannover Medical School, Germany. All patients were primary referrals,  
170 with no prior history of any urinary tract malignancy. The UBC patients received the  
171 following treatment: radical cystectomy (MIBC patients) and TUR-B (NMIBC patients). The  
172 primary cohort of 721 patients (mean age of 66±13 years) was randomly separated in  
173 discovery and validation sets of 451 (mean age of 66±13 years) and 270 (mean age of 68±12  
174 years) patients, respectively. The frequencies of the various stages were similar in the  
175 discovery and validation sets.

176

## 177 **2.3 Study cohort for patients undergoing surveillance**

178 For evaluating recurrent UBC, 763 patients undergoing UBC recurrence monitoring,  
179 according to the EORTC risk assessment and EAU guidelines (3), were evaluated

180 **(Supplementary Table S2)**. A total of 447 voided urine samples were collected from patients  
181 undergoing cystoscopy in at the Erasmus MC, the Netherlands. Similarly, 310 urine samples  
182 were derived from patients attending the Hospital del Mar in Barcelona and 6 urine samples  
183 from Hannover Medical School, Germany. Among the 763 patients undergoing UBC  
184 recurrence monitoring, UBC was confirmed by cystoscopy and histological diagnosis in 164  
185 cases. Out of these 164 relapses, 136 were NMIBC and 28 MIBC cases. Exclusion criteria  
186 were presence of adenocarcinoma and papillary carcinoma (n=9). Negative cystoscopy  
187 (n=599) was used to exclude recurrence and define controls in this population under  
188 surveillance. Controls with follow-up for less than 1 year or relapse within 1 year from  
189 sampling were excluded to rule out false negatives at the time of sampling. In total, 127  
190 patients had to be excluded based on the above criteria and the remaining 472 urine samples  
191 were included in the analysis. The surveillance cohort (164 confirmed UBC cases and 472  
192 eligible negative for recurrence controls) presented a mean age of 68 years (SD= $\pm$ 12) and was  
193 separated in a discovery set (n=425; mean age of 69 $\pm$ 12) and a validation set (n=211; mean  
194 age of 68 $\pm$ 13).

195 The distribution of the different disease stages was similar in the discovery and validation  
196 sets. In addition, 55 urine samples (out of the 211 validation set samples) originated from  
197 UBC positive cases, of which 14 or 6.6% were confirmed with MIBC.

198 Information on supplementary treatment [intravesical Bacillus Calmette-Guerin treatment  
199 (BCG), Epirubicin (Epi) or Mitomycin C (MMC)] prior to the urine collection was available  
200 for 371 patients undergoing UBC recurrence monitoring from those attending the Erasmus  
201 MC **(Supplementary Table S2)**. The distribution of these treatment modalities was similar in  
202 the discovery and validation sets [discovery set included 21.1% treated (out of which 1.6%  
203 was BCG, 1.6% MMC, and 17.9% EPI) and 78.9% non-treated; validation set included 21.0%  
204 treated (out of which 1.4% was BCG, 0.4 MMC, and 18.1% Epi) and 79.0% non-treated,  
205  $p=0.6229$ , Chi-squared test], as shown in the **Supplementary Table S2**.

206 Of the 211 subjects that were included in the validation phase, voided urinary cytology (VUC)  
207 results were available for 96 urinary samples.

208

#### 209 **2.4 Sample preparation and CE-MS analysis**

210 Sample preparation was performed according to a standardized protocol (19). Data acquisition  
211 was performed by employing a P/ACE MDQ capillary electrophoresis system (Beckman  
212 Coulter, Fullerton, USA) coupled on-line to a Micro-TOF MS (Bruker Daltonic, Bremen,  
213 Germany), following the previously described sample injection and acquisition protocol (15).  
214 Accuracy, precision, selectivity, sensitivity, reproducibility, and stability have been  
215 previously reported (15, 20). Mass spectral ion peaks representing identical molecules at  
216 different charge states were de-convoluted into single masses using the MosaiquesVisu  
217 software (21). Normalization of the CE-MS data was performed by using 29 internal peptide  
218 standards (10, 13). Detected peptides were deposited, matched, and annotated in a Microsoft-  
219 SQL database.

220

#### 221 **2.5 Statistical Analysis**

222 **Discovery Phase:** Statistical analysis was performed for identifying discriminatory  
223 biomarkers for primary and recurrent UBC, by analysing the two discovery sets separately.  
224 Peptide intensities were log-transformed, and their difference between cases and controls was  
225 evaluated by using the Wilcoxon rank-sum test. To eliminate potential center bias, the  
226 biomarkers were further analyzed for their correlation with primary or recurrent UBC across  
227 the various participating clinical centers. All the peptides fulfilling at least one of the two  
228 following criteria: a) significant after multiple testing adjustment using Benjamini-Hochberg  
229 and/or b) consistent in regulation in at least two clinical centers, were shortlisted. Considering  
230 that the significant biomarkers should display differences associated with UBC disease as a  
231 whole, and in order to increase the SVM statistical power, a pool of significant UBC

232 associated peptides were shortlisted. Using these later shortlisted peptides, two urine-based  
233 biomarker panels were optimized in the two separate training sets, using the SVM-based  
234 MosaCluster software (version 1.7.0) (12, 22). The MosaCluster software tool allows for the  
235 classification of samples in the high dimensional parameter space by using SVM algorithms,  
236 previously shown to be particularly effective in analyzing high dimensional proteomics  
237 datasets (22, 26). The software generates a classifier, based on predefined peptides. Each of  
238 these peptides allegorizes one dimension in the  $n$ -dimensional parameter space (23, 24).  
239 Specifically, the following SVM parameters were defined and further applied during  
240 validation: for the Primary UBC classifier:  $C=5.04494$ ,  $\gamma=0.008269$ ,  $\epsilon=0.001$ ; and  
241 for the Recurrent UBC classifier:  $C=6.40000$ ,  $\gamma=0.008000$ ,  $\epsilon=0.001$ .

242

243 **Validation Phase:** The urine-based biomarker panels were subsequently validated for  
244 detecting primary or recurrent UBC in the independent validation sets of 270 and 211  
245 samples, respectively. Sensitivity and specificity of the SVM-based classifier were estimated  
246 based on the number of correctly classified samples, as defined by cystoscopy (12). The  
247 biomarker score was calculated via SVM-based software, MosaCluster (version 1.7.0).  
248 Confidence intervals (95% CI) were based on exact binomial calculations and were calculated  
249 in MedCalc® Version 12.1.0.0 (Mariakerke, Belgium), as were the receiver operating  
250 characteristic (ROC) plots. The area under the ROC curve (AUC) was evaluated for  
251 estimating the overall accuracy (25). Statistical comparisons of the validation classification  
252 scores between the UBC patients and the control groups, was performed by the Kruskal-  
253 Wallis test using MedCalc®. For the UBC patients, the classification scores according to the  
254 tumor stages were also investigated. Negative and positive predictive values (NPV/PPV),  
255 were calculated accounting for the specific prevalence rates for primary and recurrent disease  
256 in this study.

257

## 258 **2.6 Sequencing of peptides**

259 Urine samples were analyzed on a Dionex Ultimate 3000 RSLC nanoflow system (Dionex,  
260 Camberly UK) coupled to an Orbitrap Velos instrument (Thermo Scientific) (26). The data  
261 files were analyzed using Proteome Discoverer 1.2 (activation type: HCD; min-max precursor  
262 mass: 790-6000 Da; precursor mass tolerance: 10 ppm; fragment mass tolerance: 0.05 Da;  
263 S/N threshold: 1) and were searched against the Uniprot human non-redundant database  
264 without enzyme specificity. No fixed modifications were selected, oxidation of methionine  
265 and proline were selected as variable modifications. The criteria for accepting sequences were  
266 high confidence ( $X_{\text{corr}} \geq 1.9$ ), absence of unmodified cysteine and absence of oxidized proline  
267 in protein precursors other than collagens or elastin. For further validation of obtained peptide  
268 identifications, the strict correlation between peptide charge at the working pH of 2.0 and CE-  
269 migration time was used to prevent false identifications (27).

270

## 271 **3. Results**

### 272 **3.1 Identification of significant urinary biomarkers for UBC**

273 For assessing primary UBC, a case-control comparison was conducted in the 451 urine  
274 samples of the discovery set, between 341 primary UBC cases and 110 urological controls.  
275 The statistical comparison enabled the identification of 329 apparently significant peptides  
276 ( $p < 0.05$ , Wilcoxon rank-sum test), shown in **Supplementary Table S3**. Among those 329, 9  
277 peptides were statistically significant after adjustment for FDR by using Benjamini Hochberg  
278 test (**Supplementary Table S3**). To further increase the validity of the findings, the 329  
279 biomarkers were assessed for concordant regulation across the different clinical centers. For  
280 the primary cohort, 62 potential biomarkers were identified as being concordant in the  
281 regulation trend in at least two clinical centers (**Supplementary Table S3**). Combination of  
282 the 9 peptides significant after multiple testing adjustment and the 62 peptides that were  
283 identified with concordant regulation in at least two clinical centers resulted in 66 unique

284 peptide biomarkers, apparently significantly associated with the disease. These were included  
285 in a peptide panel using the SVM-based software. The biomarker panel exhibited 76%  
286 diagnostic accuracy and an estimated AUC value of 0.77 after complete take-one out cross-  
287 validation in the training set of 451 samples. For investigating recurrent UBC, comparison  
288 was performed between the 109 recurrent UBC cases and 316 negative for recurrence  
289 controls. In detail, 327 biomarkers were identified as apparently significantly altered. Among  
290 the latter, 51 were significant after multiple adjustment using the Benjamini Hochberg test. As  
291 described above, the regulation of the 327 potential biomarker peptides was subsequently  
292 examined for their regulation in the different clinical cohorts (**Supplementary Table S4**). In  
293 total, 25 peptides were identified as concordantly regulated in the different clinical centers, as  
294 shown in **Supplementary Table S4**. Among the 25 with concordant regulation in the  
295 recurrent cohort, 13 had already been shortlisted as remaining statistical significant after  
296 multiple adjustment using Benjamini Hochberg. Therefore, the combination of the 25  
297 consistently regulated peptides with the 51 peptides remaining significant after multiple  
298 comparison adjustment resulted in 63 unique peptide biomarkers. These were subsequently  
299 combined in a multiple-peptide SVM-based panel. The diagnostic accuracy was initially  
300 assessed using cross-validation in the training set of 425 urine samples. The estimated AUC  
301 value was 0.70 after complete take one out cross validation. Both the biomarker panels  
302 apparently exhibited satisfactory performance when cross-validated in the two separate  
303 training sets. Considering that classifiers based on a higher number of biomarkers regularly  
304 show increased stability and performance (12), in the next step all possible available  
305 biomarkers (pooling all potential peptide biomarkers defined above, 66 for primary and 63 for  
306 recurrent UBC (including 4 overlapping peptides) were employed aiming to establish SVM-  
307 based UBC-specific classifiers with superior performance. Using the pool of these 125  
308 biomarkers and the SVM-based MosaCluster software, two biomarker panels were generated  
309 and optimised using a take-one-out procedure and the two separate training sets of 451

310 (primary) and 425 (surveillance) urine samples, respectively. In the former (discovery set of  
311 451 urine samples from patients with primary UBC), 116 peptides were employed to form an  
312 optimized SVM-based biomarker classifier (**Supplementary Table S5**). Similarly, during the  
313 optimization of the SVM model for recurrence, out of the 125 peptides, a peptide panel based  
314 on 106 peptides (coinciding with 116-peptide model for primary UBC minus ten hemoglobin  
315 peptide sequences that were proven to carry no value in detecting recurrence) was developed.  
316 Both the aforementioned peptide panels (116-peptide model for primary and 106-peptide  
317 model for recurrence) exhibited better diagnostic accuracies than the initially developed panels  
318 (66-peptide model for primary and 63-peptide model for recurrence). This was indicated by  
319 AUC value of 0.88 for detection of primary UBC after cross-validation in the training set and  
320 AUC value of 0.76 after cross-validation in the recurrent training cohort. Based on these  
321 results, the 116-peptide panel for detecting primary UBC and the 106-peptide panel for  
322 detecting recurrent UBC were chosen for further validation in the independent validation sets.

323

### 324 **3.2 Validation of the UBC biomarker panel for detecting primary UBC**

325 Subsequent validation of the 116 peptide biomarker panel was conducted in an independent  
326 set of 270 samples (including 168 primary UBC cases and 102 controls) resulting in an AUC  
327 of 0.87, (95% CI: 0.83-0.91). At a cut-off level of -0.27, which was selected to allow for high  
328 sensitivity in UBC detection, the biomarker panel's sensitivity was estimated at 91% with  
329 specificity of 68%, respectively (**Figure 2A**). Considering a prevalence rate of 63.5%, as  
330 estimated based on the participating centers, NPV was estimated at 81.3% (68-91%; 95% CI)  
331 and PPV at 83.2 (75-89%; 95% CI). Notably, the 116 biomarker panel enabled significant  
332 discrimination of UBC cases from controls regardless UBC TNM stage (**Figure 2B**;  $p < 0.001$ ,  
333 Kruskal-Wallis test, **Table 2**).

334 Out of the 116 CE-MS derived peptide biomarkers, sequence could be obtained for 105  
335 peptides (i.e. 90.5%) listed in **Supplementary Table S5**. Most of the peptide sequences

336 (48/116 or 41%), were collagen fragments, possibly attributed to cancer-related processes  
337 (e.g. increased protease activity, extracellular matrix remodeling and increased collagen  
338 cleavage). The second most frequent sequences (14/116 or 12%) originated from hemoglobin  
339 chains probably due to the presence of hematuria. Additional prominent peptides were derived  
340 from apolipoprotein A (5%), CD99 antigen (3%), fibrinogen A (2%), beta-2-microglobulin  
341 (2%), and single peptides from small proline-rich protein 3, insulin and histidine-rich  
342 glycoprotein.

343

### 344 **3.3 Validation of UBC biomarker panel for detection of recurrent UBC**

345 The 106 peptide biomarker panel for detection of recurrence was validated in 211 independent  
346 samples (including 55 UBC recurrent cases and 156 recurrent controls), with an AUC of 0.75,  
347 (95% CI: 0.68-0.80) (**Figure 3A**). At the ideal cut-off of -0.63, sensitivity and specificity  
348 values were 88% and 51%, respectively, while NPV was estimated at 93.6% (85-98%; 95%  
349 CI) and PPV at 32.32% (23-43%; 95% CI), accounting for a prevalence of 21.2% in the  
350 population investigated.

351 The classification scores of patients with recurrent UBC significantly differed from the  
352 negative for recurrence controls ( $p < 0.001$ , Kruskal-Wallis test) (**Figure 3B**). The biomarker  
353 panel for detecting UBC recurrence also presented significant discriminatory ability between  
354 patients presenting with NMIBC (Ta, T1 and CIS:  $n = 41$ ,  $p < 0.0001$ ) and MIBC (T2-T4:  $n = 14$ ,  
355  $p < 0.0001$ ), respectively (**Table 2**).

356 For a substantial fraction of patients undergoing surveillance, data from the cytological  
357 examination of urine samples to evaluate presence of malignant cells, were available. Out of  
358 211 patients included in the validation phase, cytology had been performed in 96. Sensitivity  
359 and specificity of cytology for detecting recurrence was estimated at 31% and 100%  
360 respectively, while sensitivity of the classifier was 92% with a specificity of 53% in this  
361 subset of samples. Multivariate analysis, accounting for the available demographical variables

362 (age and gender) showed a superior AUC value of 0.80 for the classifier for detection of  
363 recurrence, compared to an AUC value of 0.69 obtained for cytology. Combination of both  
364 tests increased the performance, as assessed by an AUC of 0.87, compared to the  
365 performances of any single test alone (0.69 for cytology and 0.80 for the classifier -  
366 **Supplementary Table S6**).

367 The 106 peptide biomarker panel was further evaluated for detecting low risk recurrent UBC,  
368 as this represents a highly relevant biomarker context-of-use during disease surveillance of  
369 major anticipated added value to regular clinical practice (potentially decrease in number of  
370 cystoscopies [8]). For this assessment, 182 samples were available, including 26 UBC  
371 recurrent cases and 156 recurrent controls. An AUC of 0.72 (95% CI: 0.65-0.78) was  
372 observed (**Supplementary Table S6**). Cytological examination was available for 88 out of  
373 182 samples. The 106 peptide biomarker panel outperformed cytology, with an AUC of 0.79  
374 compared to an AUC of 0.64 for cytology. Combination of both tests increased the  
375 performance, as assessed by the given AUC of 0.90, compared to the performances of any  
376 single test alone, 0.64 for cytology and 0.79 for the classifier.

377 Data on supplementary treatment (e.g. BCG or chemotherapy) administered prior to the urine  
378 collection were available for a total of 123 patients included in the validation set. Logistic  
379 regression analysis indicated that the classification score based on the 106 peptide biomarker  
380 was not affected by supplementary treatment (**Supplementary Table S7**).

381 Out of 106 peptides included in the biomarker panel, 95 (89.6%) sequences were obtained  
382 (**Supplementary Table S5**). The majority (57%) were collagen fragments, while  
383 Apolipoprotein A-I peptides accounted for the second most frequent peptide sequences (6%).  
384 Other peptide biomarkers corresponded to fragments of basement membrane-specific heparan  
385 sulfate proteoglycan core protein (HSPG2), a disintegrin and metalloproteinase domain-  
386 containing protein 22 (ADAM22), disintegrin and metalloproteinase with thrombospondin  
387 motifs 1 (ADAMTS1).

388

#### 389 **4. Discussion**

390 The present multi-center study optimized and validated two unique urinary peptide-based  
391 biomarker panels for detecting primary and recurrent UBC. The findings presented  
392 demonstrate the value of a multiple-marker approach for facilitating UBC diagnosis,  
393 particularly considering the increased variability which is likely caused in part by biological  
394 variability and by the high intra-tumor heterogeneity.

395 The two classifiers were developed based on a pool of statistically significant different  
396 peptides. Even though these initial sets of shortlisted peptides did not largely overlap between  
397 the two cohorts, likely due to the applied stringent thresholds in each case (e.g. significant  
398 after BH adjustment, being consistent among centers), the final selected peptides forming the  
399 two classifiers are identical, with the exception of 10 hemoglobin fragments included solely in  
400 the “primary” classifier. Interestingly, out of these 116 peptide biomarkers, 56 were  
401 significantly correlated with disease stage and 32 with disease grade (**Supplementary Table**  
402 **S8**). Moreover, both peptide biomarker panels exhibited superior discriminatory ability in  
403 detecting MIBC compared to NMIBC (AUC of 0.94 for MIBC versus 0.84 for NMIBC for  
404 the 116 primary panel; AUC of 0.90 for MIBC and 0.70 for NMIBC for the 106-recurrent  
405 panel; **Supplementary Table S8**). Collectively these data suggest that the peptide biomarkers  
406 in their vast majority are reflective of changes associated with cancer progression, regardless  
407 whether that corresponds to a primary or relapsed event.

408 Several of the biomarkers included in the classifiers were previously reported as biomarkers  
409 for the detection of UBC. Apolipoprotein A-I peptide fragments were found up-regulated in  
410 both primary and recurrent disease in line with earlier reported findings on this protein in  
411 UBC following application of two-dimensional electrophoresis (2-DE), or iTRAQ/LC-  
412 MS/MS-based proteomics analysis (28-35). In addition, Fibrinogen chains  $\alpha$  and  $\beta$ , well  
413 known urinary biomarkers for the detection of bladder cancer (30, 31, 33-35), were also

414 found at increased levels in urine from patients with UBC and included in the classifiers.  
415 Beta-2-macroglobulin and Basement membrane-specific heparan sulfate proteoglycan core  
416 protein (HSPG2) were also confirmed with decreased excretion levels in urine from patients  
417 with UBC, in line with previously reported proteomics data (28, 31, 33). Moreover,  
418 PGMRC1 (Membrane-associated progesterone receptor component 1) has been previously  
419 included as a peptide biomarker in a CE-MS classifier discriminating between NMIBC and  
420 MIBC patients (13). In the presented study, the same PGMRC1 peptide was detected at  
421 increased levels in urine of UBC patients, in comparison to controls.

422 Of note, in the two biomarker panels for detection of primary and recurrent UBC, most  
423 peptide sequences were derived from collagen fragments. This likely reflects increased  
424 extracellular matrix (ECM) turnover, related to the activation of collagen-degrading proteases  
425 during tumor invasion (36). Several hemoglobin fragments were significantly associated with  
426 primary UBC, but not found to be significantly altered in the urine from patients presenting  
427 recurrence. This observation is in accordance with the hypothesis that hemoglobin fragments  
428 most likely indicate hematuria, which is frequently present in the urine of patients with  
429 primary tumours, but rarely in recurrence.

430 Several peptide biomarkers included in the classifiers originate from proteins reported as  
431 associated with cancer initiation and/or progression. Small proline-rich protein 3 (SPPR3)  
432 was detected at higher levels in the urine of both primary and recurrent UBC patients, in  
433 comparison to controls. SPRR3 protein has not been characterized in the context of bladder  
434 cancer yet, however, up-regulation of SPRR3 protein levels promotes colorectal  
435 tumorigenesis (37) and is associated with tumour cell proliferation and invasion in  
436 glioblastoma (38). Additionally, 14-3-3 sigma protein is frequently down-regulated in a  
437 variety of human cancers including invasive UBC tumours, particularly in lesions  
438 undergoing Epithelial to Mesenchymal transition (39) and this down-regulation is attributed  
439 to increased methylation of its promoter (40). In the present study, fragments of 14-3-3

440 sigma were detected at lower urinary levels in patients with either primary or recurrent UBC  
441 in comparison to controls. Similarly, CD99 low protein expression levels, likely due to gene  
442 promoter hyper-methylation, have been also reported in UBC (41). In the present study,  
443 several peptides of CD99 protein were detected at lower levels in urine from patients with  
444 UBC, compared to controls.

445 A small number (about 10%) of the CE-MS ion peaks included in the classifiers could not be  
446 identified by MS/MS. Failure to obtain sequence from these peptides is generally due to either  
447 peptides not fragmenting well, or due to unknown post-translational modifications that  
448 prevent mapping to the available sequence databases (42). Since a higher number of  
449 biomarkers confers increased stability of the test (12), the presented biomarker panels include  
450 all significant biomarkers identified, irrespective of whether the sequence was obtained, or  
451 not. Efforts are ongoing to obtain sequences from all peptides included in the discriminatory  
452 panels.

453 For primary UBC, CE-MS derived urinary peptide biomarker panels were previously reported  
454 and assessed for detecting UBC (13). These studies, however, included lower number of  
455 samples and mostly MIBC cases (13). When investigating the performance of the previously  
456 reported classifier in additional cohorts mainly composed of NMIBC patients (13), the  
457 classifier exhibited 71% sensitivity and 40% specificity (data not shown), insufficient for  
458 clinical implementation.

459 In our study, the source population and recruitment procedures very closely represent typical  
460 clinical situations. In such settings, high risk patients (e.g. with hematuria at primary  
461 diagnosis and/or under surveillance) are most likely to potentially benefit from the adoption of  
462 a non-invasive urine test, with a high NPV value, which could accurately guide cystoscopy (3,  
463 8). Considering the prevalence rates for the specific cohorts, the developed biomarker panels  
464 present an NPV value of 81.3% (68-91%; 95% CI) and PPV value of 83.2 (75-89%; 95% CI)  
465 for the primary and NPV of 93.6% (85-98%; 95% CI) and PPV of 32.32% (23-43%; 95% CI),

466 for the follow-up cohorts. These performance rates are at least as good as those of other UBC  
467 molecular markers which are FDA approved and/or are currently under investigation (6). A  
468 direct comparison of different markers and their performance, as reported in various studies is  
469 difficult, mainly due to differences in the clinical design of the respective studies. A 10-  
470 biomarker ELISA-based assay (IL8, MMP9, MMP10, SERPINA1, VEGFA, ANG, CA9,  
471 APOE, SDC1, and SERPINE1) provided an overall AUC of 0.85 (95% CI, 0.80-0.91) in  
472 discriminating UBC patients from healthy and benign controls (45), slightly lower than the  
473 rates received from the CE-MS classifier for primary UBC (AUC=0.87; 95% CI 0.83-0.91). A  
474 three-gene methylation panel (*OTX1*, *ONECUT2*, and *OSR1*) detected low/ intermediate risk  
475 UBC with a sensitivity of 74% and specificity of 90% (43). In the present study, when  
476 investigating the sub-population of low/intermediate risk patients (NMIBC G1/G2; n=25), the  
477 CE-MS based classifier provided a sensitivity of 89% in UBC detection at the pre-selected  
478 cut-off (AUC of 0.72). For those low-intermediate risk patients where information on  
479 cytology was available (n=7), an increased sensitivity upon combination of the classifier with  
480 cytology could be obtained (AUC of 0.90; 100% sensitivity, 63% specificity). Even though  
481 promising, this result is from a small subset of samples, therefore, its further validation is  
482 required.

483 The strengths of the present investigation include that it is the largest multi-center study  
484 conducted to date for identifying and validating biomarker panels for primary and recurrent  
485 UBC. The presented urine-based biomarker panels hold promise for facilitating UBC  
486 diagnosis non-invasively in outpatient settings. The proteomics approaches applied for the  
487 biomarker panel development including use of an analytically validated platform (19)  
488 represent the current state-of-the-art, securing optimal diagnostic performance. The study  
489 design employed has diminished the potential effects of both source population and selection  
490 biases. Additionally, patient classification according to the standard of care, cystoscopy,

491 deters misclassification bias whilst enhancing the external validity and translational potential  
492 of study findings.

493 However, several limitations are present in this study and warrant further consideration.

494 Adjustment for potential confounding effects, including patient characteristics, clinical, and/or  
495 treatment variables, upon biomarker panel performance could not be conducted due to data  
496 limitations. In detail, clinical variables such as tumour size, multiplicity, presence of  
497 hematuria were not available for all samples.

498 Moreover, multivariable regression analyses to predict UBC could not be performed, since  
499 known risk factors for UBC, including smoking history, previous upper tract cancer, and  
500 history or presence of macroscopic hematuria were also not recorded for all patients.

501 Collectively, through the present study we aimed to meet a very clear clinical need in bladder  
502 cancer management: the development of biomarker assays to be used for diagnosis of bladder  
503 cancer and detection of disease recurrence, particularly among non-muscle invasive bladder  
504 cancer patients. Non-muscle invasive bladder cancer patients represent the largest bladder  
505 cancer subtype and also the group that would benefit most from improvement in recurrence  
506 monitoring procedures, as existing approaches are invasive. The specific impact of the non-  
507 invasive biomarker classifiers would primarily be to guide cystoscopy and in combination  
508 with cytology as suggested by our results, and/or other molecular assays, reduce the number  
509 of surveillance cystoscopies. Moreover, in view of a positive test, urologists may be alerted to  
510 perform a more thorough investigation of the bladder hence increasing the overall accuracy in  
511 disease detection.

512 Due to the applied cross-sectional study design, the presented findings should be confirmed in  
513 a prospective study. Further longitudinal investigations, accounting for potential confounding  
514 effects on biomarker performance could confirm the value of the present findings, and  
515 possibly allow detecting additional benefits (e.g. value in prognosis of progression).

516

517 **5. Conclusions**

518 Two urine-based biomarker panels for detecting primary and recurrent UBC were developed  
519 to support patient screening and monitoring. The urine-based biomarkers for primary UBC  
520 hold promise for facilitating UBC diagnosis non-invasively in outpatient settings. The urine-  
521 based panel for detecting recurrence in combination to cytology resulted in improved non-  
522 invasive UBC detection. Additional prospective investigations accounting for potential  
523 confounding effects are planned to evaluate potential clinical implementation.

524

525 **Figure Legends**

526 **Figure 1:** Schematic representation of the study design and the analytical workflow for the  
527 development of urine-based biomarker panels. As shown in the schema, a discovery and  
528 validation phase was followed for the urine-based biomarker panels, for detecting a) primary  
529 UBC, as shown in the left arm of the schema and b) recurrent UBC, as displayed in the right  
530 arm of the schema. *UBC= urothelial bladder cancer.*

531

532 **Figure 2: A)** Receiver operating characteristics (ROC) analysis performed in the independent  
533 validation cohort, displaying the performance of the UBC model for classifying the primary  
534 UBC cases and **B)** the respective classification scores, presented in Box-and-Whisker plots  
535 according to the NMIBC (n=115) and MIBC (n=53) stages of the primary UBC cases. The  
536 UBC model was constructed based on 116 bladder cancer specific peptides. Other ROC  
537 characteristics, such as area under the curve (AUC), 95% confidence intervals (CI), and *p*  
538 value are provided for the classification of UBC patients. *AUC, area under the curve; CI,*  
539 *confidence intervals, ROC, receiver operating characteristics; UBC, Urothelial bladder*  
540 *cancer.*

541

542 **Figure 3: A)** Receiver operating characteristics (ROC) curve for the urinary biomarker panel,  
543 consisting of 106 peptides as performed in the independent validation cohort. The area under  
544 the curve (AUC), 95% confidence intervals (CI), and  $p$  value are also provided for the  
545 classification of UBC patients. **B)** Classification scores presented in Box-and-Whisker  
546 displaying the level of discrimination between the recurrent UBC cases and negative for UBC  
547 control and the distribution of classification values for NMIBC (n=41) and MIBC cases  
548 (n=14). A post-hoc rank-test was performed using Kruskal-Wallis test. The average rank  
549 differences were significantly different ( $p<0.05$ ) between the controls and the recurrent UBC  
550 case group. *UBC, Urothelial bladder cancer.*

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568 **Table 1** - Patient cohorts and samples sizes involved in the different study phases

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	Sample size n=1357 (%)	Age (SD) <sup>‡</sup>
<b>Study Arm I: Discovery and validation of biomarker panel for primary UBC</b>	<b>721</b>	<b>66(±13)</b>
Overall primary UBC patients	509 (71%)	68(±12)
Overall urological controls	212 (29%)	63(±15)
<b>Discovery Phase</b>	451	66(±13)
Primary UBC patients	341 (76%)	67(±12)
Urological controls	110 (24%)	60(±16)
<b>Validation Phase</b>	270	68(±12)
Primary UBC patients	168 (62%)	69(±11)
Urological Controls	102 (38%)	65(±14)
<b>Study Arm II: Discovery and validation of biomarker panel for recurrent UBC</b>	<b>636</b>	<b>68 (±12)</b>
Overall UBC patients with recurrent disease	164 (26%)	70± (11)
Overall UBC patients without recurrent disease ("recurrent controls")	472 (74%)	68± (12)
<b>Discovery Phase</b>	425	69(±12)
UBC patients with recurrent disease	109 (26%)	71± (10)
UBC patients without recurrent disease	316 (74%)	68± (12)
<b>Validation Phase</b>	211	68(±13)
UBC patients with recurrent disease	55 (26%)	69± (13)
UBC patients without recurrent disease	156 (74%)	68± (13)
<b>UBC; Urothelial Bladder Cancer</b>		
<b>‡Mean Value</b>		

570

571

572 **Table 2** - Classification scores of the biomarker panels for NNMIBC and MIBC, as obtained

573 during the independent validation phase. The urinary biomarker panel of 116 peptides was

574 developed for the detection of primary UBC patients and the urinary biomarker panel of 106

575 was optimized for detecting recurrent UBC patients.

576

577

578

(diagnosis) <sup>†</sup>	Urinary biomarker panel for the detection of Primary UBC			Urinary biomarker panel for the detection of Recurrent UBC		
	Sample Size n=270, (%) <sup>‡</sup>	Classification score mean value (SD)	p value <sup>¥</sup>	Sample Size n=211, (%)	Classification score mean value (SD)	p value) <sup>¥</sup>
<b>NMIBC (Ta, T1, CIS<sup>††</sup>)</b>	115 (42.6%)	0.29(0.54)	<0.0001	41 (19.4%)	-0.18 (0.48)	<0.0001
<b>MIBC</b>	53 (19.6%)	0.58(0.32)	<0.0001	14 (6.7%)	0.10 (0.50)	<0.0001
<b>Controls<sup>  </sup></b>	102 (37.8%)	-0.69(0.82)		156 (73.9%)	-0.56 (0.48)	

<sup>||</sup> For the primary UBC, the controls are referring to urological controls (hematuria, benign urological diseases), while in the recurrent group, the controls included are samples derived from patients negative for recurrence.

<sup>†</sup> According to the 2004 TNM system (18); <sup>††</sup> According to EAU guidelines (3, 44); <sup>‡</sup> Percentage over the number of UBC cases; <sup>¥</sup> Independent samples T-Test.

MIBC = muscle invasive bladder cancer; NMIBC = non muscle invasive bladder cancer; UBC = urothelial bladder cancer.

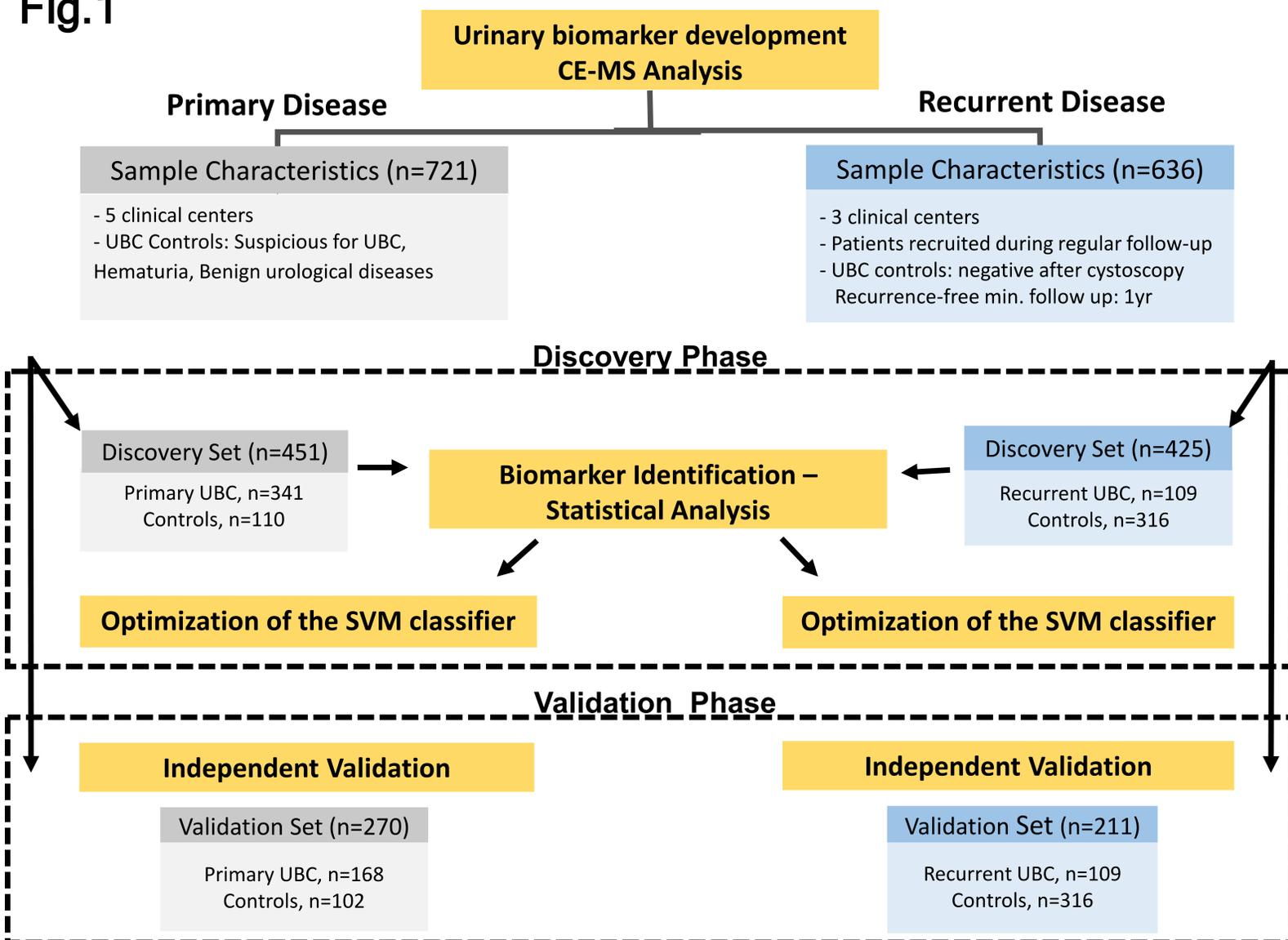
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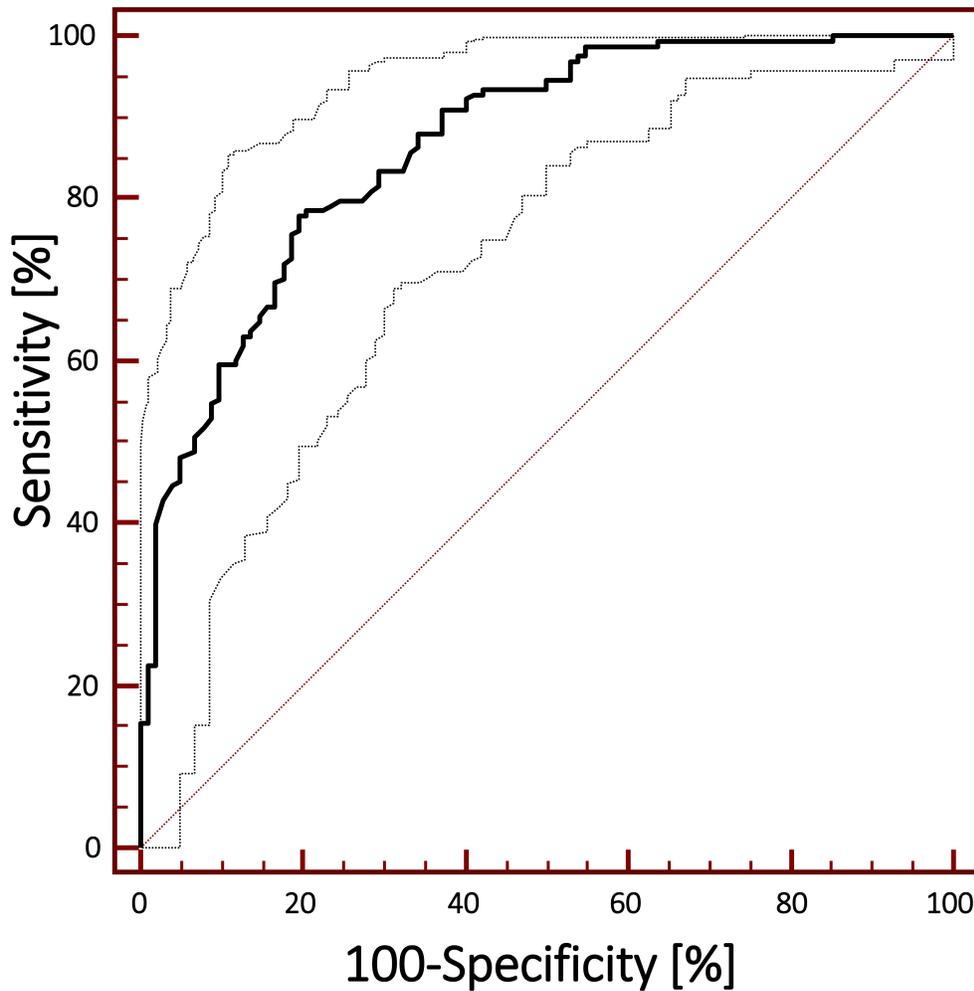
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Fig.1



**Fig. 2A**

**Biomarker Model for detection of Primary UBC**

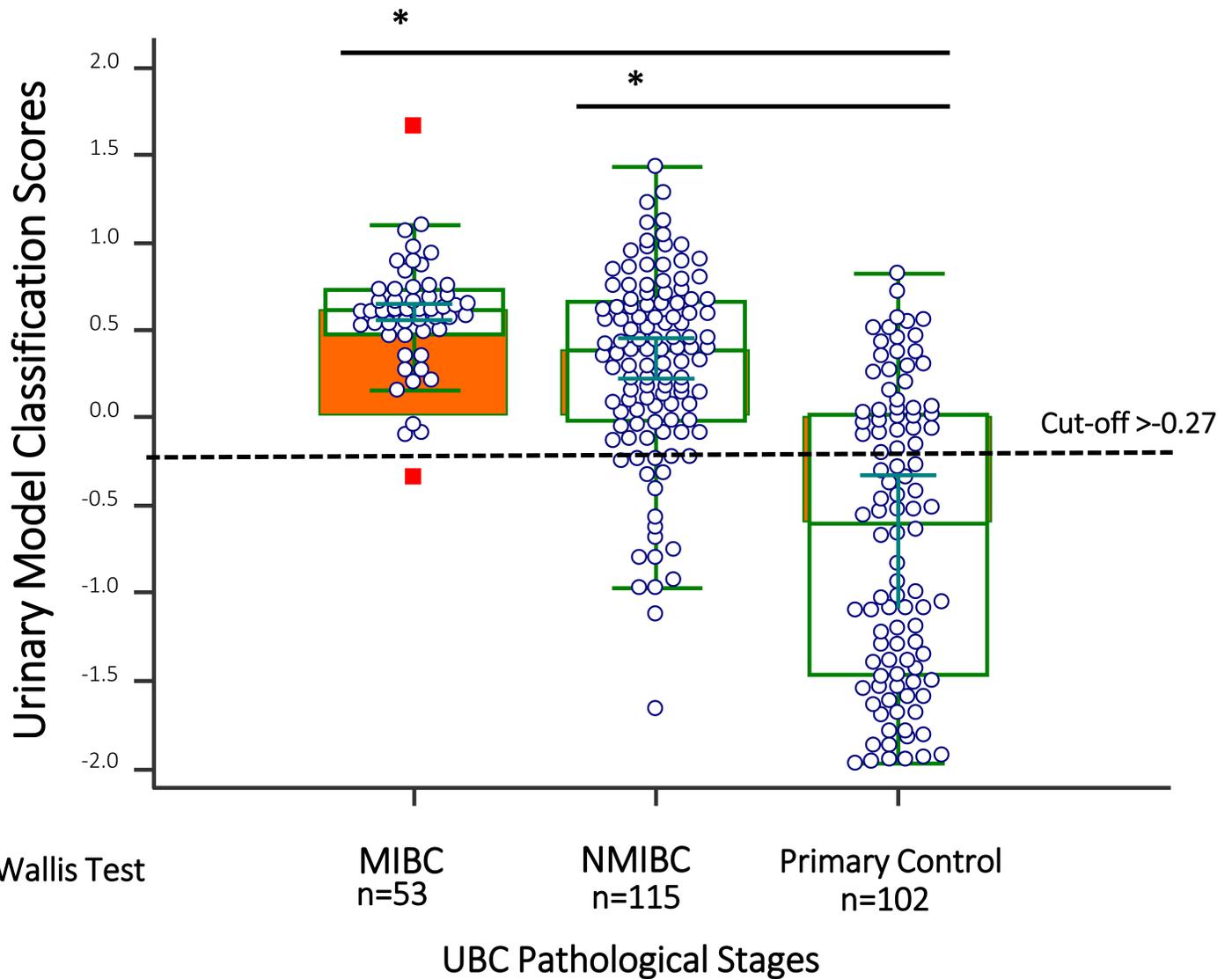


**Urinary UBC model**

ROC characteristics	Performance
Number of Peptides	116
Sample size (n)	270
Case/Control (n)	168 / 102
Area under curve (AUC)	0.87
95% Confidence Interval	0.83 to 0.91
Significance P	<0.0001

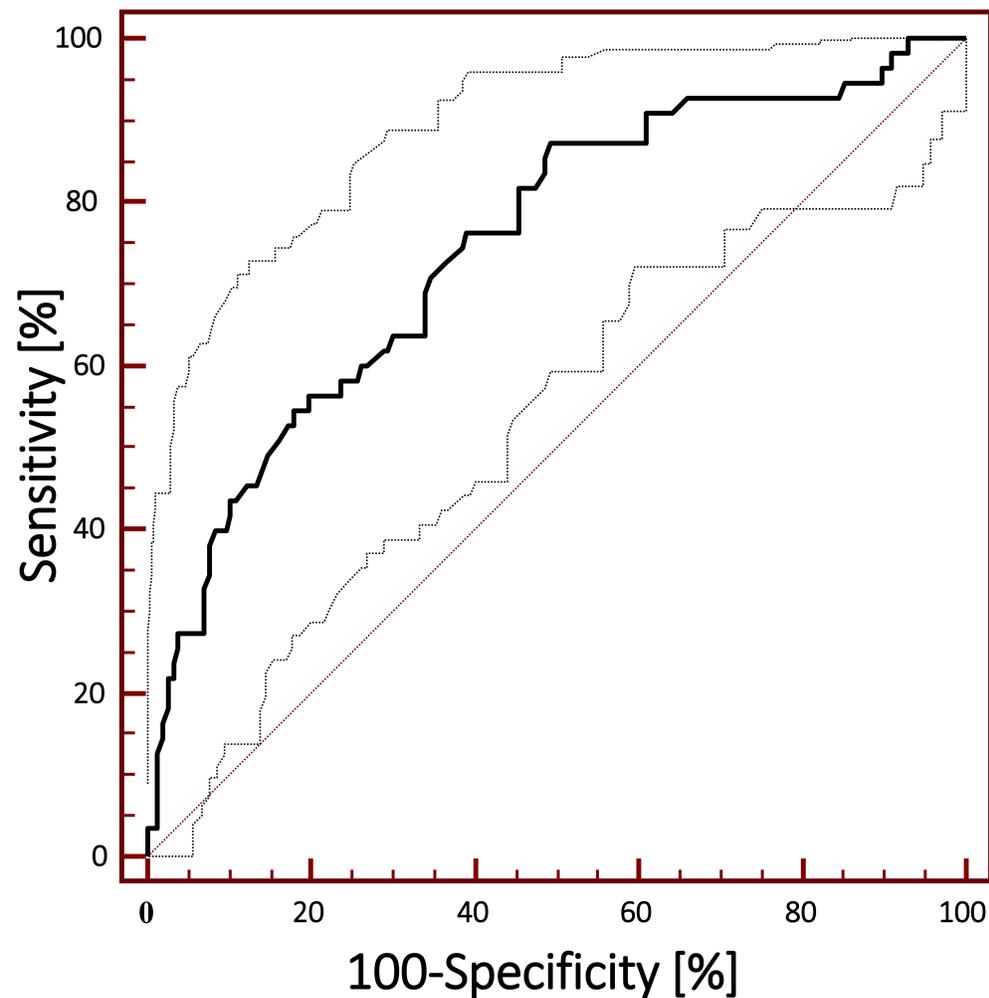
**Fig. 2B**

**Biomarker Model for detection of Primary UBC**



**Fig. 3A**

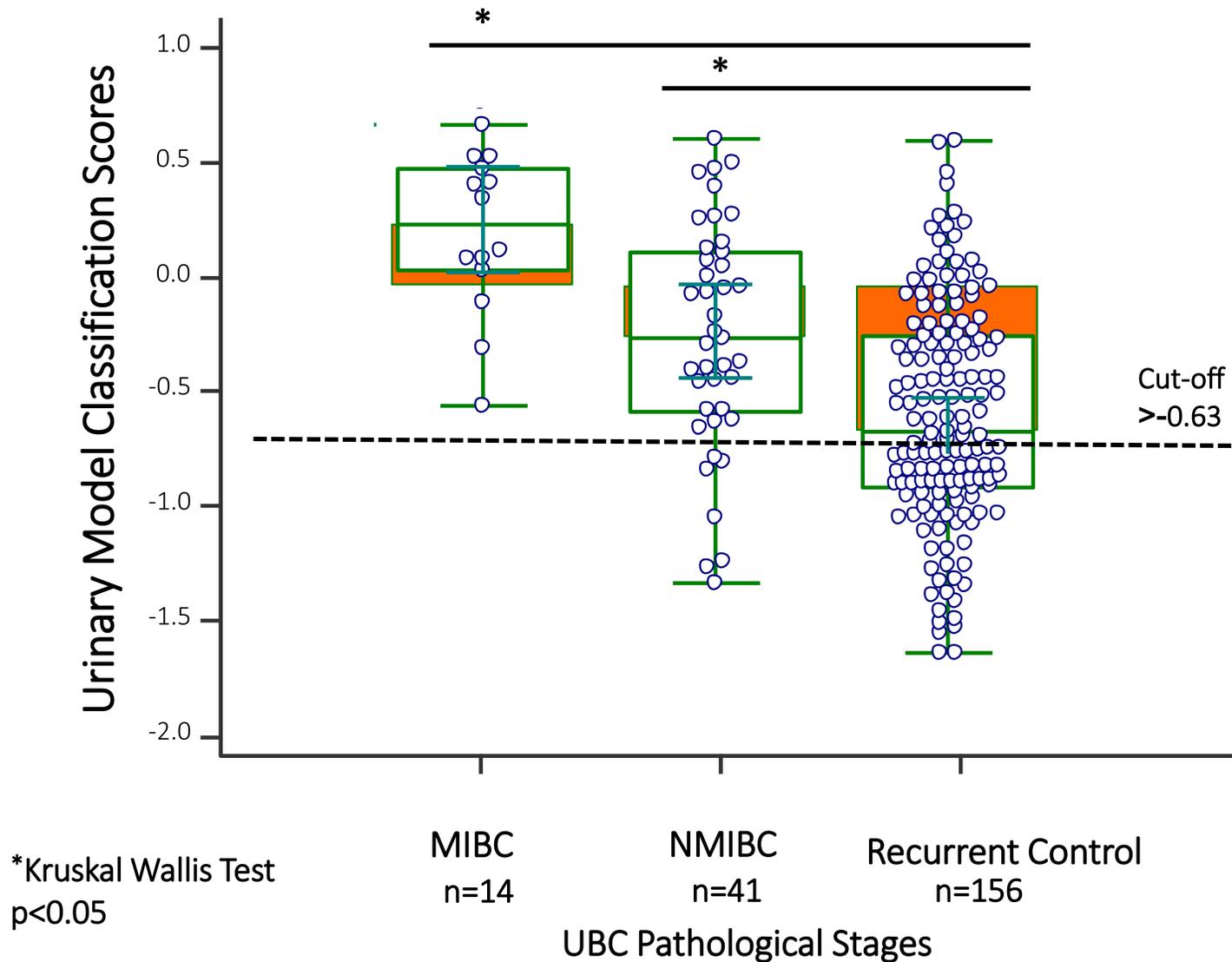
### Biomarker Model for detection of Recurrent UBC



#### Urinary UBC model

ROC characteristics	Performance
Sample size (n)	211
Case/Control (n)	55 / 156
Area under curve (AUC)	0.75
95% Confidence Interval	0.68 to 0.80
Significance P	<0,0001

**Fig. 3B** Biomarker Model for detection of Recurrent UBC



# Clinical Cancer Research

## Development and validation of urine-based peptide biomarker panels for detecting bladder cancer in a multi-center study

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